

B I N G O

 <p>Call a family member or friend</p>	 <p>Do an Arts & Crafts Project</p>	 <p>Learn the lyrics to a song you love</p>	 <p>30 minutes Yoga session</p>	 <p>Surprise someone by sending a letter in the mail</p>
 <p>Watch your favorite movie</p>	 <p>Do a 15 minute Virtual workout</p>	 <p>Complete your US Census questionnaire</p>	 <p>Finish a puzzle</p>	 <p>Dance like no one is watching</p>
 <p>Take a Free Online course</p>	 <p>Enjoy a live Zoo webcam</p>	 <p>CITY OF MONTEREY PARK CALIFORNIA</p>	 <p>Listen to a Podcast or Audiobook</p>	 <p>Start an Indoor garden</p>
 <p>Take a Virtual Tour of a Museum</p>	 <p>Add 5 new songs to your playlist</p>	 <p>Enjoy a short walk outside (maintain social distancing)</p>	 <p>Read a Good book or 2</p>	 <p>Video chat with family or friends</p>
 <p>Meditate for 10 minutes or more</p>	 <p>Bird watch from your window or yard</p>	 <p>Play a board game with someone you live with</p>	 <p>Bake a delicious treat (you deserve it)</p>	 <p>Drink plenty Of water</p>