



Healthy & Sustainable Monterey Park



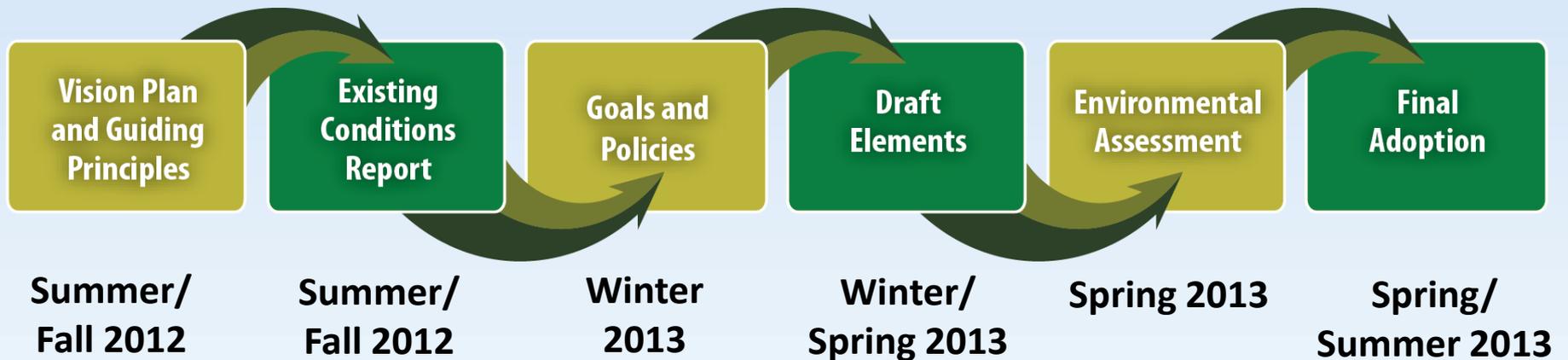
General Plan Advisory Committee Meeting #2 December 17, 2012

Agenda

- Overview of Existing Conditions Report
- Overview of Community Input
- Next Steps



Process and Schedule



OVERVIEW OF EXISTING CONDITIONS REPORT



General Background and Demographics

- Land area within City - 7.73 square miles
- Population – 60,269
- 15% of population under the age of 19
- 19% of the population over the age of 65
- Median household income - \$51,488
- 11.9% of households below poverty level
- 7.7% unemployment rate



Sustainability Topics

- Air Quality
- Electricity and Natural Gas Usage
- Solid Waste Disposal and Diversion
- Water Quality and Usage
- Flood Control and Hazards



Sustainability Topics

- Hazardous Material Sites and Generators
- Open Space and Natural Areas
- Transportation and Transportation Safety
- Green Building and Sustainability Policies and Programs



Sustainability Highlights

■ Energy

- 24% of Monterey Park greenhouse gas (GHG) emissions are from the consumption of electricity and natural gas
- Climate Action Plan Target - 11.1% GHG reduction from energy usage
- Climate Action Plan Reduction Measures
 - Adopt Tier 1 energy efficiency standards of 2008 Cal Green Bldg Code
 - Promote building retrofits
 - Promote appliance upgrades



Sustainability Highlights

- Waste Disposal
 - 0.74 tons per capita annually in Monterey Park
 - Lower than Rosemead, Montebello, and El Monte
 - Higher than Alhambra
- Waste Diversion
 - 35% of solid waste recycled or composted
 - Climate Action Plan Target – 50% diverted (based on AB 939)
 - State Target – 75% diverted by 2020



Sustainability Highlights

- Water Usage
 - 2.3 gallons per capita per day in Monterey Park
 - Climate Action Plan Target – 20% reduction by 2020

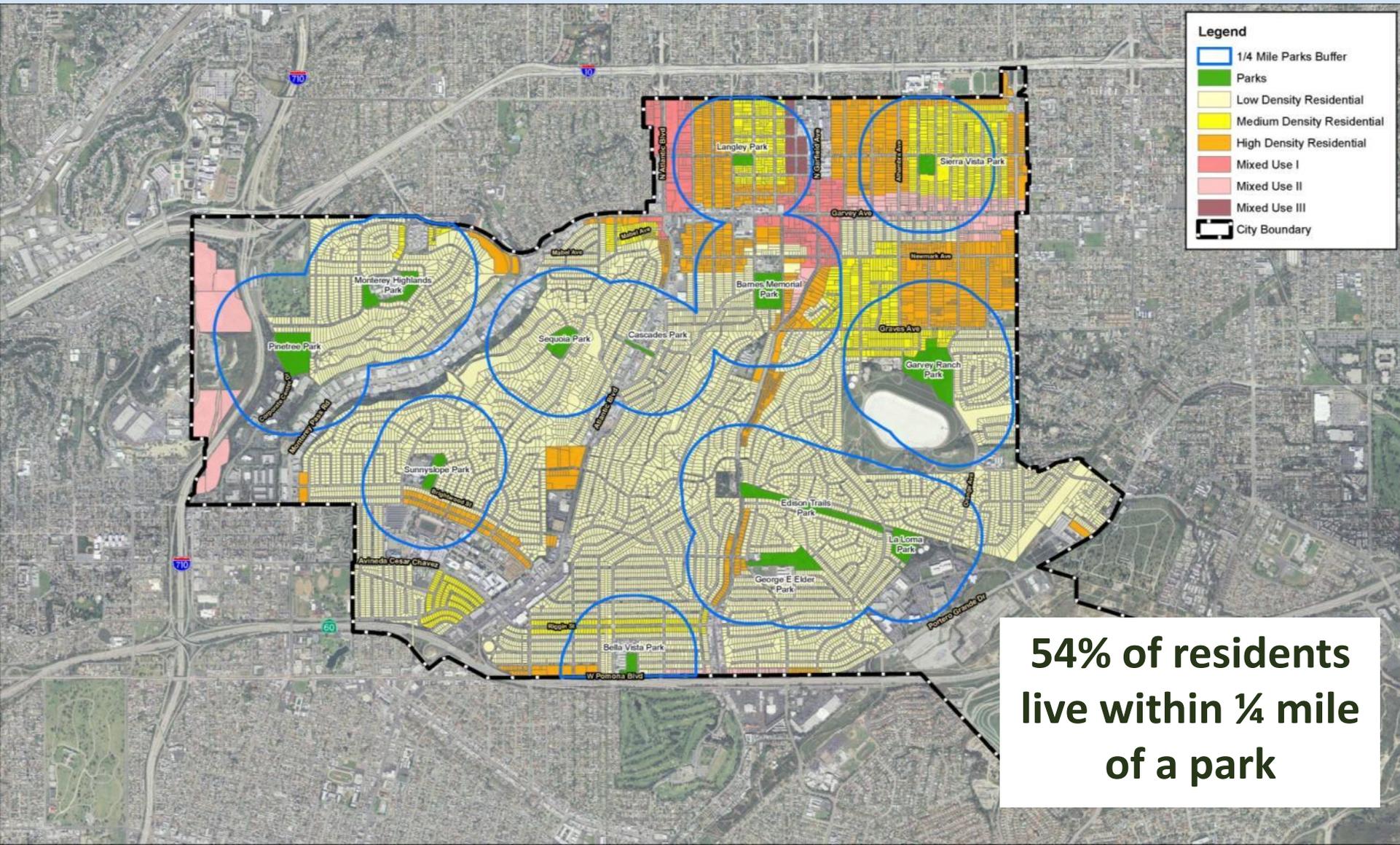


Sustainability Highlights

- Parks and Open Space
 - 1.5 acres of park space per 1,000 residents
 - National Recreation and Parks Association recommendation – 10 acres of park space per 1,000 residents



Residential Uses within ¼ Mile of Parks



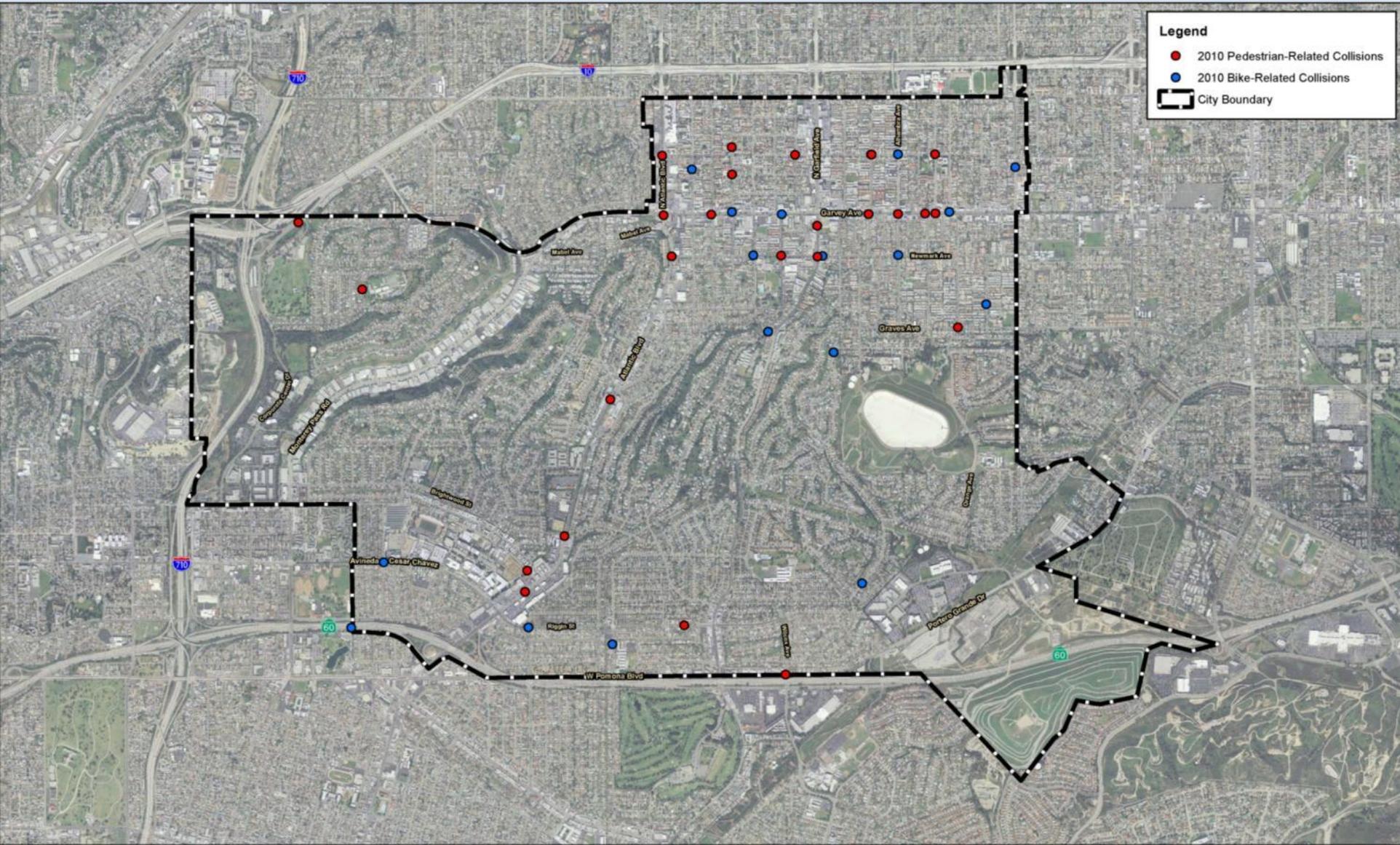
54% of residents live within ¼ mile of a park

Sustainability Highlights

- Transportation Safety
 - Highest number of collisions in late afternoon/early evening
 - Highest concentration of pedestrian and bicycle-related collisions on Garvey Avenue and within the Downtown



Pedestrian and Bicycle Related Collisions (2010)

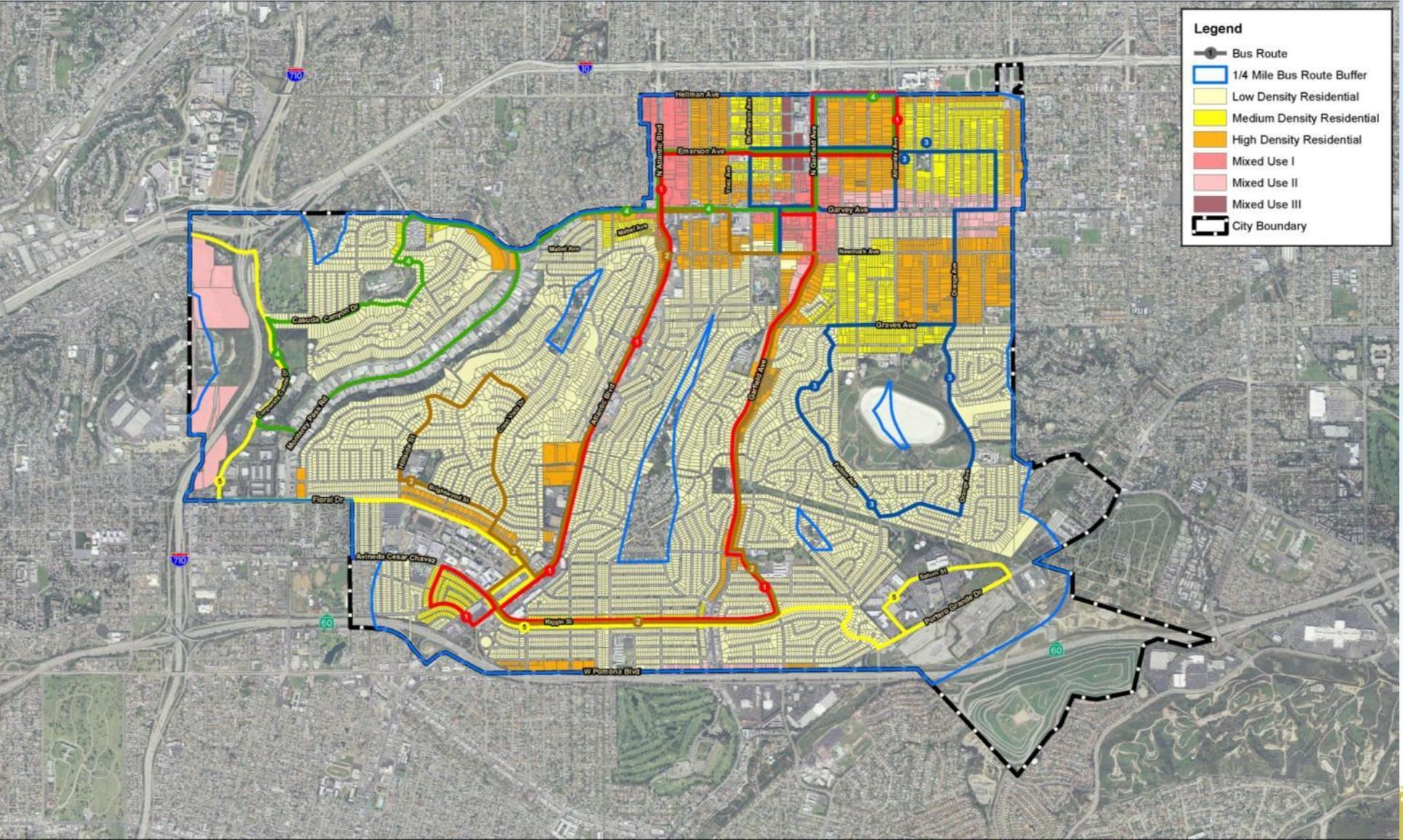


Sustainability Highlights

- Transit
 - 96% of residents are within $\frac{1}{4}$ mile of a transit route



Residential Uses within ¼ Mile of Transit Route



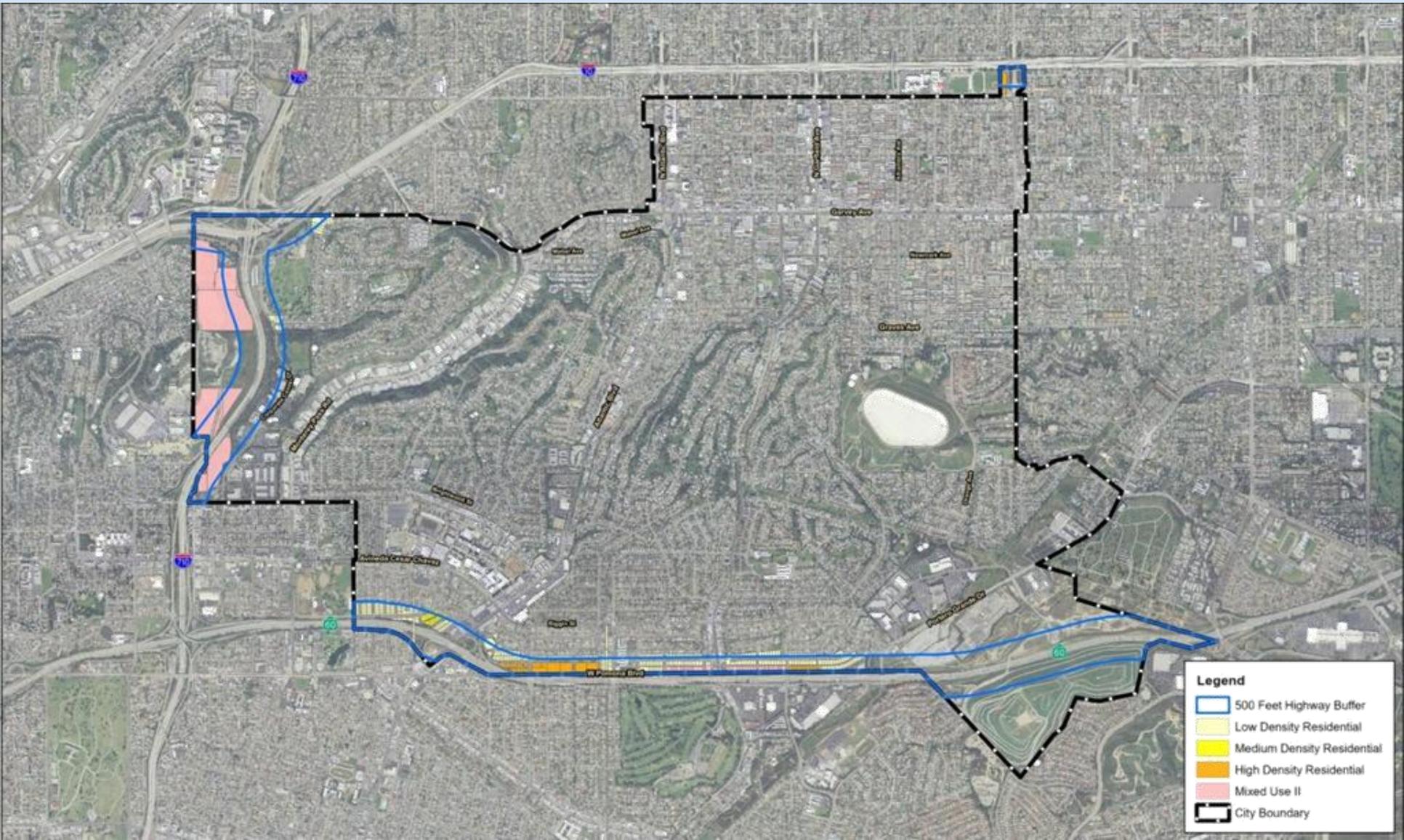
Sustainability Highlights

■ Air Quality

- 24% of residential land use is within 500 ft. of a designated truck route
- 5.4% of residential land use is within 500 ft. of a freeway or highway



Residential Uses within 500 ft. of Freeway



Sustainability Highlights

- Existing Programs
 - Environmental Commission
 - ICLEI membership
 - Green Activities Resolutions (2008)
 - Green Fest
 - Green building information on website
 - Cal Green Tier 1 of the 2010 Cal Green Building Code



Health Topics

- Overall Health Status
 - Leading Causes of Death
 - Self-Reported Daily Health
- Obesity and Overweight
- Chronic Disease
 - Diabetes
 - Coronary Heart Disease
 - Stroke
 - Cancer



Health Topics

- Behaviors and Environment Affecting Chronic Disease
 - Physical Activity
 - Availability of Open Space
 - Nutrition
- Respiratory Diseases
 - Asthma
 - Emphysema/COPD
 - Smoking/Tobacco Use
 - Air Quality
- Pneumonia/Influenza
- Mental Illness



Health Topics

- Noise
- Community
 - Social Networks
 - Voting/Volunteerism
 - Crime
- Alcohol
- Education
- Housing
- Economy
- Healthcare Access



Geographic Data Levels

County	Los Angeles County
Service Planning Area	SPA 3
Health District	Alhambra Health District
City	Monterey Park
Zip Code	91754, 91755
School Districts	Alhambra School District Garvey School District Los Angeles School District Montebello School District



Health Highlights

Leading Causes of Death				
Rank	Monterey Park	Alhambra Health District	SPA 3	Los Angeles County
1	Coronary Heart Disease	Coronary Heart Disease	Coronary Heart Disease	Coronary Heart Disease
2	Stroke	Stroke	Stroke	Stroke
3	Lung Cancer	Emphysema/COPD	Emphysema/COPD	Lung Cancer
4	Pneumonia/Influenza	Pneumonia/Influenza	Lung Cancer	Emphysema/COPD
5	Colorectal Cancer & Nephritis	Lung Cancer	Pneumonia/Influenza	Diabetes
6	--	--	--	Pneumonia/Influenza
7	--	--	--	Alzheimer's Disease
8	--	--	--	Colorectal Cancer
9	--	--	--	Liver Disease
10	--	--	--	Breast Cancer



Health Highlights

■ Obesity

- Growing epidemic nationwide
- Monterey Park adults – 16.1%
- LA County adults – 23.6%
- Monterey Park children – 15.8%
- LA County Asian/Pacific Islanders – 141% increase in past decade



Health Highlights

- Behaviors Affecting Health
 - Nearly 40% of adults reported not being physically active ¹
 - 22% of youth reported not having any physical activity ²
 - 31% of adults eat fast food at least once per week²
 - 48% of youth eat fast food at least once per week²

¹ SPA 3

² Alhambra Health District



Health Highlights

- Pneumonia/Influenza
 - 4th leading cause of death in Monterey Park
 - Only 40% of adults age 50+ and 56% of adults 65+ received an influenza vaccine
 - National target is 90% of adults 65+



Health Highlights

- Healthcare Access
 - 19.1% of LA County residents uninsured
 - 31% of adults in SPA 3 had difficulty accessing medical care
 - 11% of children in SPA 3 had difficulty accessing medical care



Health Highlights

- Existing Programs
 - Nutrition education programs in schools
 - Recreation programs through City, schools and private organizations
 - Monterey Park Health Fair
 - Farmers' Market
 - Back to School Health and Nutrition Event
 - Ask A Dietitian



QUESTIONS?



OVERVIEW OF COMMUNITY INPUT



Vision / Key Themes

- *Breathing Clean Air*
- *Wisely Using Energy and Water*
- *Reducing Waste*
- *Being Physically Active and Enjoying the Outdoors*
- *Enjoying Our Neighborhoods and Gathering Places*
- *Eating, Selling, and Growing Healthy Food*
- *Walking and Biking Around Our Community*
- *Learning and Getting Involved*
- *Preparing for Emergencies and Accessing Health Care*



Community Input Highlights

- Parks
 - Community garden
 - Dog park
 - Encourage physical activity
 - Improved maintenance
- Streets for Walking and Biking
 - People not comfortable biking in the street
 - Trees, greenery, shade
- Retail and Gathering Places
 - Dining, walking, “hanging out”
 - Healthy food retail

PLACES



Community Input Highlights

■ Residents and Sustainability

- Recycling and littering
- Solar panels
- Water conservation

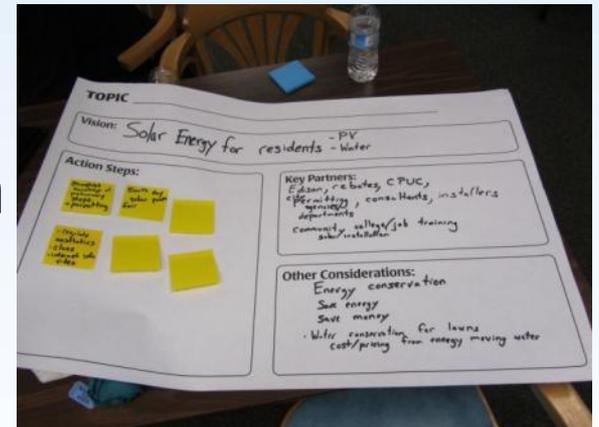
■ Smoking

- Second hand smoke

■ Physical Activity and Recreation

- More opportunities!

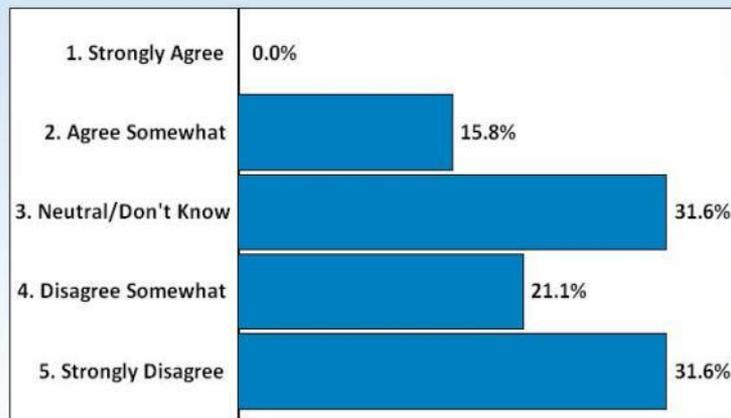
BEHAVIOR



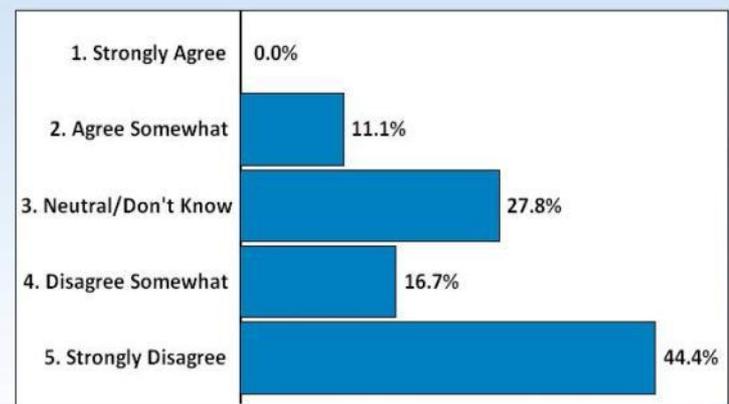
Community Input Highlights

- Communication, Education, Involvement
 - More information about programs/activities

I know about most of the sustainability-related programs in Monterey Park.



I know about most of the health-related programs in Monterey Park.



QUESTIONS?



Next Steps

- Return Questionnaire by Friday, December 21st
- Youth Workshop – January 12, 2013, 1 pm at the Langley Center
- Finalize Vision Report and Distribute to GPAC – late January
- Next GPAC Meeting – February
 - Review of Draft Goals, Policies and Actions

