



City of Monterey Park

Adopted October 2014

*Sustainable Community Element
and Healthy Community Element
Technical Appendices*





Appendix A:
Existing Conditions Report



1.0 OVERVIEW

1.1 Introduction

In early 2012, the City of Monterey Park initiated the development of two new General Plan Elements to address two topics that have emerged as priorities in the community - creating a healthier community and a more sustainable community. This report summarizes the current state of Monterey Park as related to health and sustainability. It is intended to provide information on key topics that may be addressed in the Healthy Community and Sustainability Community Elements and presents a baseline to which future conditions can be compared. This Existing Conditions Report will be used to inform the development of the policy framework in the Healthy Community and Sustainable Community Elements.

Sustainability and health go hand-in-hand, and sometimes cannot be distinguished from one another. Sustainability is often defined as meeting the needs of people today to ensure a healthy future for generations to come through the environment, economy, and society. Sustainable communities need adequate and good quality housing; access to public transit, good schools, and parks, safe routes for pedestrians and bicyclists; meaningful and productive employment with fair wages; unpolluted air, soil, and water; and cooperation, trust, and civic participation. Better access to these resources increases the chance of living a healthy, fulfilling life while avoiding preventable illness and disease. Increasingly, inter-disciplinary research indicates that the “built environment” (e.g., land use, transportation systems and community design) is associated with chronic health conditions – in particular asthma, diabetes and obesity (a risk factor for coronary heart disease) and other health status indicators.

Many of the topics addressed in this Existing Conditions Report are related to both health and sustainability. Where a topic could fit in either overarching topic, references are made between sections.

The Existing Conditions Report is organized into three major sections:

- **1.0 Overview** – includes general information about the City.
- **2.0 Sustainability** – focuses on topics related to sustainability in the City, primarily from an environmental perspective.
- **3.0 Health** – focuses on topics related to public health in Monterey Park.

1.2 Demographics

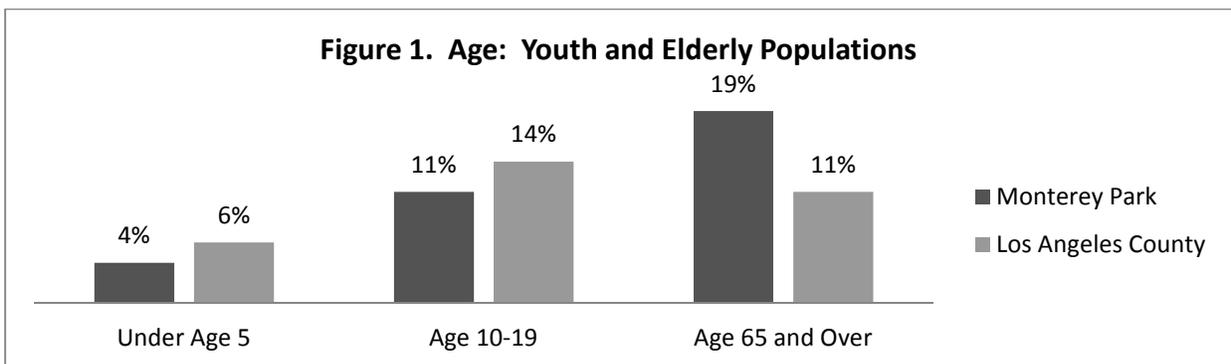
1.2.1 Population and Land Area

The City of Monterey Park spans 7.73 square miles in Los Angeles County with a total population of 60,269 and a population density of 7,796.8 people per square mile.¹ The City is generally “built out” and growth within the City is anticipated to occur through infill and redevelopment of existing uses.

Monterey Park encompasses a mixture of both hilly areas where development follows the topography and flat areas where the streets are laid out in a grid. The City is made up of a wide range of residential uses (multifamily, single family and mixed-use), as well as commercial corridors and institutional uses such as East Los Angeles Community College. See Exhibit 1, *Aerial Map*, Exhibit 2, *General Plan Land Use Map*, and Exhibit 3, *Zoning*.

1.2.2 Age

Approximately 4 percent of the City’s population is under the age of 5, 11 percent of the population is adolescent (10-19 years), and 19 percent of the population is elderly (65 years and over).¹ Below, Figure 1 shows that Monterey Park has a larger percentage of elderly residents than Los Angeles County as a whole. The three main races composing the Monterey Park elderly population are Asian (69.3%), Hispanic or Latino (22.2%), and Non-Hispanic White (7.5%).²



¹ 2006-2010 American Community Survey. American Factfinder. US Census Bureau. www.census.gov.

² 2007-2011 American Community Survey. S0103. American Factfinder. US Census Bureau. www.census.gov.

1.2.3 Household Income and Poverty Status

The median household income in Monterey Park is \$51,488 and 11.9 percent of households had an income below the poverty level in the past 12 months.³

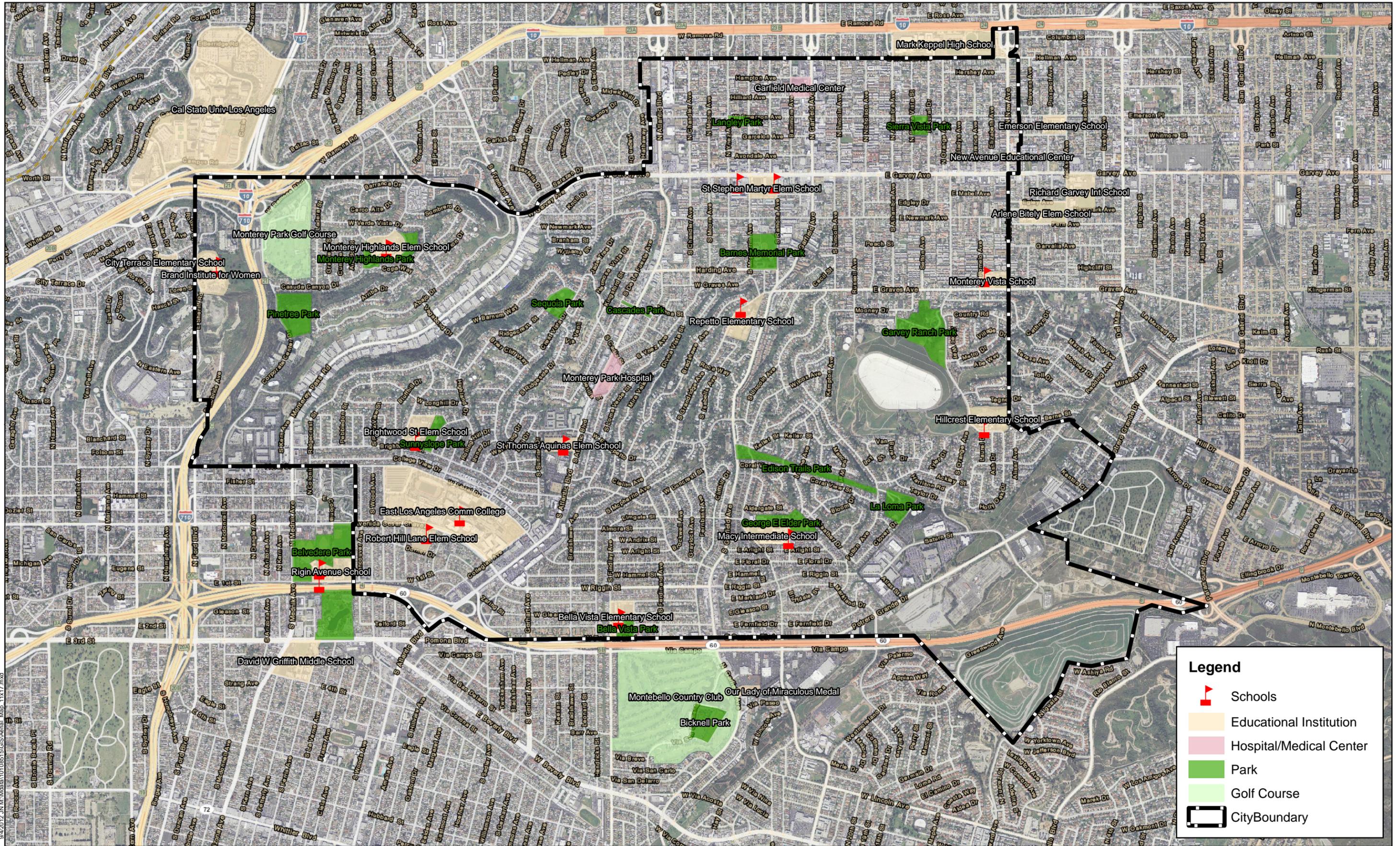
1.2.4 Employment

As of September 2012, a total of 26,600 Monterey Park residents age 16 years and over are employed. The unemployment rate in Monterey Park is 7.7 percent, lower than the 10.2 percent unemployment rate for the overall County.⁴

³ ESRI Community Analyst. US Census 2005-2009 American Community Survey. www.census.gov.

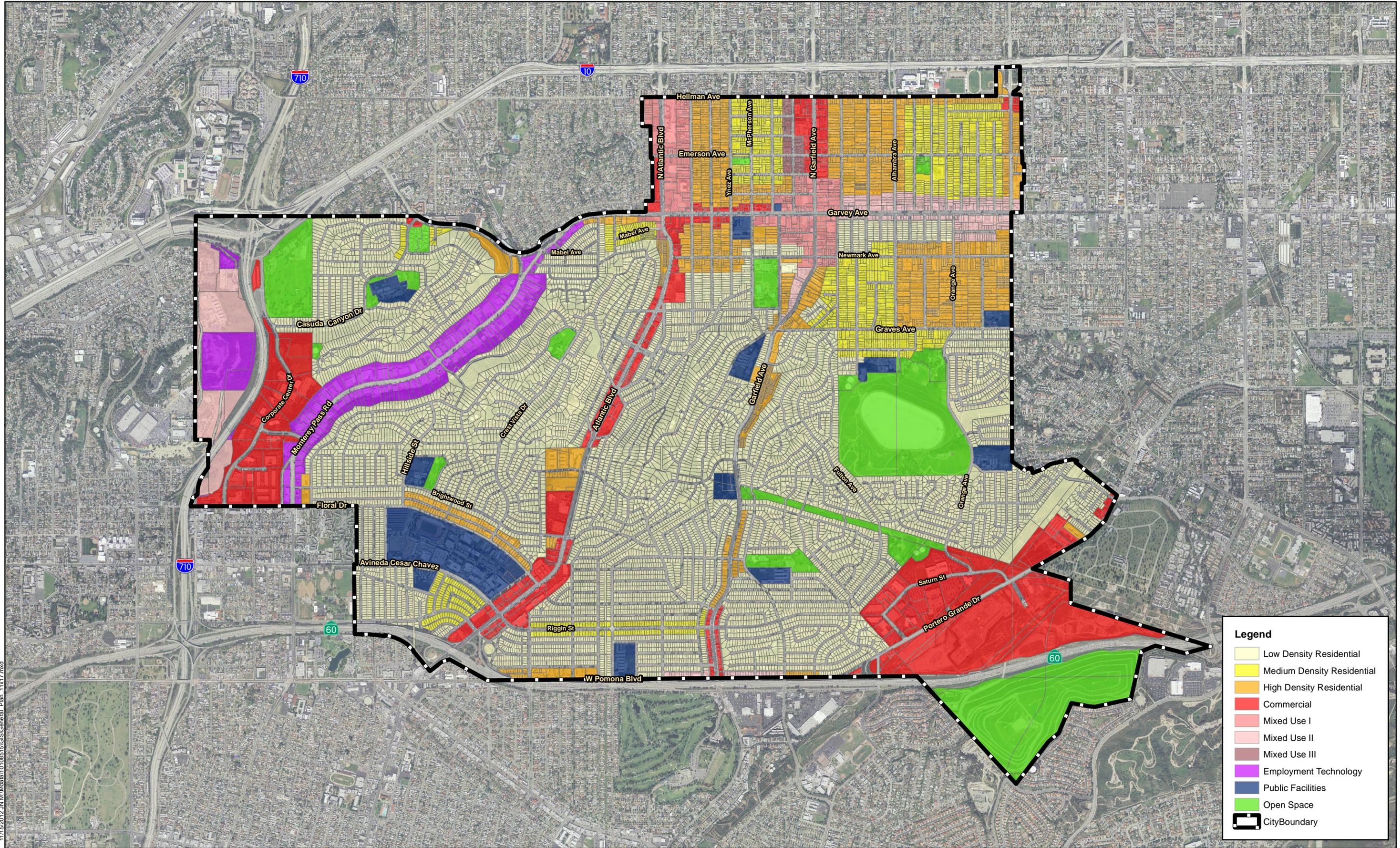
⁴ Labor Market Information. California EDD. www.labormarketinfo.edd.ca.gov

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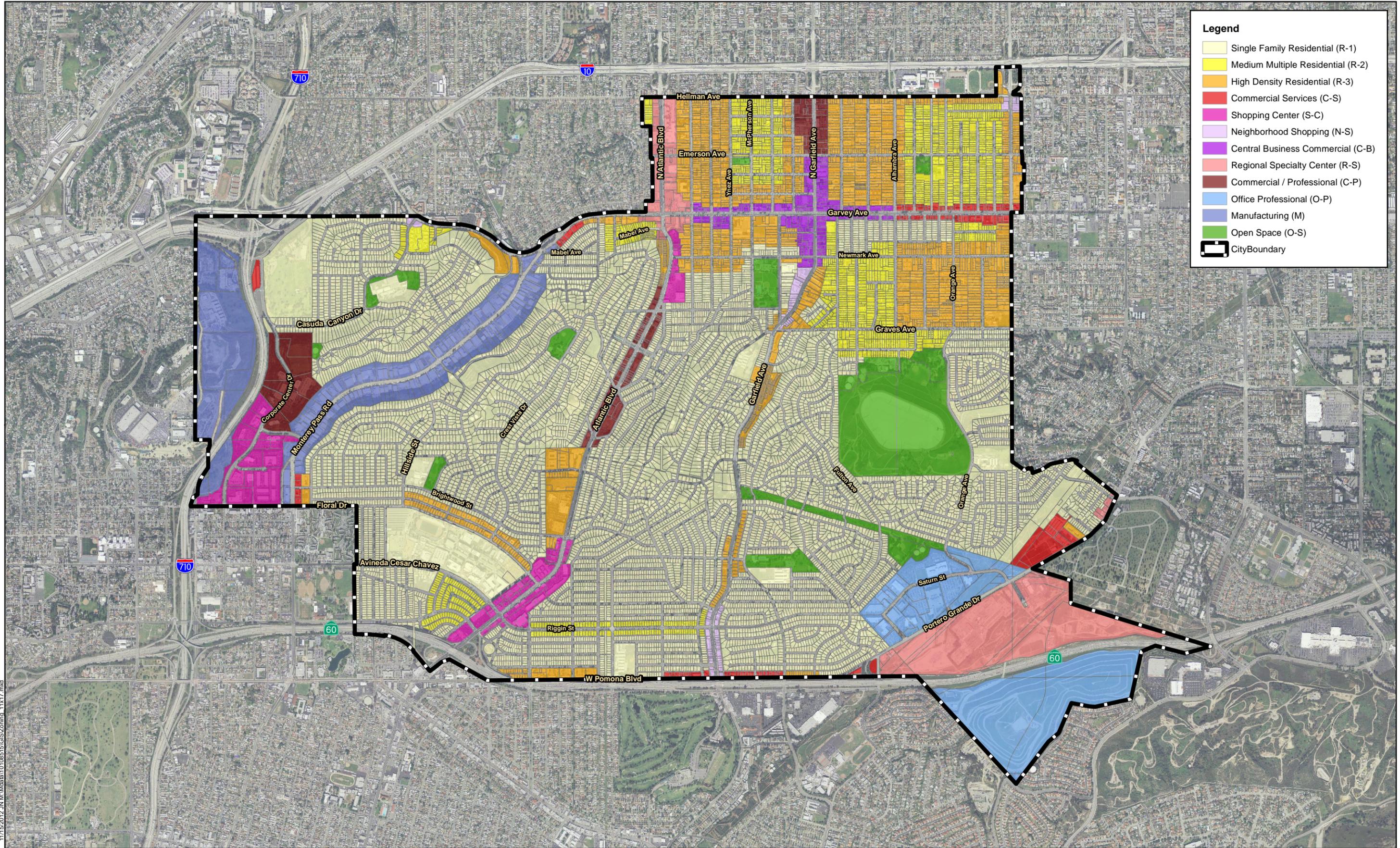
Legend

- Low Density Residential
- Medium Density Residential
- High Density Residential
- Commercial
- Mixed Use I
- Mixed Use II
- Mixed Use III
- Employment Technology
- Public Facilities
- Open Space
- City Boundary

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Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

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Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Zoning Districts

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2.0 SUSTAINABILITY

2.1 Introduction

Sustainability is often defined as meeting the needs of people today to ensure a healthy future for generations to come through the environment, economy, and society. This section provides information on the use of the natural resources; protection and access to the natural environment; disposal of solid waste and reuse of waste and contaminated sites; and the concentration of possible to exposures to environmental harms including air and noise pollution. This section also highlights human made impacts to the environment and associated human health effects.

This section covers the following key topics related to sustainability:

- Air quality;
- Energy usage (natural gas and electricity);
- Solid waste disposal and diversion, water quality and usage;
- Flood control and hazards;
- Hazardous material sites and generators;
- Open space and natural areas;
- Transportation and transportation safety; and
- Green building and sustainability policies and programs.

2.2 Air Quality

Human-made sources are the origin of most air toxics, including mobile sources (e.g., cars, trucks, buses) and stationary sources (e.g., factories, refineries, power plants), as well as indoor sources (e.g., some building materials and cleaning solvents). Volcanic eruptions and forest fires are some natural sources that release air toxics.

People exposed to toxic air pollutants at sufficient concentrations and durations may have an increased chance of getting cancer, damage to the immune system, as well as neurological, reproductive (e.g., reduced fertility), developmental, respiratory and other health problems. Additionally, some toxic air pollutants such as mercury can deposit onto soils or surface waters, where they are taken up by plants and ingested by animals and are eventually magnified up through the food chain. Animals may experience health problems like humans if exposed to sufficient quantities of air toxics over time.

According to the Environmental Protection Agency (EPA), people can be exposed to toxic air pollutants in more ways than just breathing contaminated air. The impacts of toxic air pollutants can impact human health through:

- Eating contaminated food products, such as fish from contaminated waters; meat, milk, or eggs from animals that fed on contaminated plants; and fruits and vegetables grown in contaminated soil on which air toxics have been deposited.
- Drinking water contaminated by toxic air pollutants.
- Ingesting contaminated soil. Young children are especially vulnerable because they often ingest soil from their hands or from objects they place in their mouths.
- Touching (making skin contact with) contaminated soil, dust, or water (for example, during recreational use of contaminated water bodies).⁵

Refer to Section 3.6 for more information about air quality impacts to health.

The air quality in the City of Monterey park exceeded California air quality standards for ozone (O) (8-hr) a total of 6 days in 2009 and 1 day in 2010; particulate matter 2.5 (PM_{2.5}) a total of 6 days over 24-hr national standard (2009) and zero days over 24-hr national standard (2010); and particulate matter (PM₁₀) a total of 24.1 days over 24-hr CA standard (2009) and insufficient data over 24-hr CA standard (2010).⁶ Table 1 shows the air quality readings from the nearest monitoring station to the City of Monterey Park (Pico Rivera-4144 San Gabriel Monitoring Station – located at 4144 San Gabriel River Parkway, Rosemead, CA).

Table 1. Air Quality – City of Monterey Park, California				
Pollutant	Number of Day Exceeded California Standards		Number of Day Exceeded National Standards	
	2009	2010	2009	2010
Ozone (O) (8-hr)	6	1	-	-
particulate matter 2.5 (PM _{2.5}) (24-hr)	-	-	6	0
particulate matter (PM ₁₀)	24.1	Insufficient data	-	-

Source: Pico Rivera-4144 San Gabriel measuring station.

⁵ EPA. (June 2012) Toxic Air Pollutants: About Air Toxics. Available at: <http://www.epa.gov/air/toxicair/newtoxics.html>

⁶ EPA CARB, Pico Rivera-4144 San Gabriel measuring station. <http://www.arb.ca.gov/adam/topfour/topfourdisplay.php>.

2.2.1 Mobile Sources

Urban areas tend to have higher estimates of cancer and non-cancer risks than rural areas. This is because in urban areas there are many emissions sources including mobile sources, and large and small industrial sources.⁷ One of the largest impacts to air quality in Monterey Park comes from mobile sources.

Of the 2,698.29 acres designated for residential or mixed-use in the City's General Plan, 644.87 acres (23.90 percent) are within 500 feet of a designated truck route. See Exhibit 4, *Residential Land Use Within 500 Feet of Truck Routes*. Approximately 145.18 acres (5.38 percent) are within 500 feet of a freeway or highway; refer to Exhibit 5.

2.3 Electricity and Natural Gas Usage

Electricity generated from fossil fuels produces air pollution in the form of particulate matter, nitrogen dioxides, volatile organic compounds, and toxic air contaminants. Air pollution from the combustion of fossil fuels can trigger cardiovascular deaths, heart attacks, strokes, heart failure and irregular heartbeats.⁸ Energy efficient buildings reduce emissions from the products of combustion, which include less particulates and pollutants that can improve health and outdoor air quality. On a carbon-equivalent basis, energy-related carbon dioxide emissions accounted for 81 percent of U.S. anthropogenic greenhouse gas emissions in 2010.⁹

Natural gas is a fossil fuel harvested from the earth. Although natural gas is cleaner burning than oil, the harvesting of natural gas is an ongoing controversy as it is damaging to the environment. The harvesting process involves "hydraulic fracking" which involves many chemicals and carcinogens being pumped into the ground. This can lead to the contamination of freshwater aquifers and air pollution.¹⁰ In addition, this practice can impact habitats for animals and plants. The combustion of natural gas produces both carbon monoxide and carbon dioxide.

Energy efficiency benefits reach far beyond environmental sustainability. Energy efficiency can have economic benefits for energy users by lowering utility bills. In addition, lower energy costs from energy efficient design and construction techniques can contribute to the long term affordability of housing.

⁷ EPA. (2005) National-Scale Air Toxics Assessment for 2005 Fact Sheet. Available at: http://www.epa.gov/ttn/atw/nata2005/05pdf/nata2005_factsheet.pdf

⁸ American Heart Association Scientific Statement. <http://newsroom.heart.org/pr/aha/1029.aspx>.

⁹ U.S. EPA. 2012 Draft U.S. Greenhouse Gas Inventory Report: Energy. (February 2012) Available at: <http://www.epa.gov/climatechange/emissions/downloads12/3.%20Energy.pdf>.

¹⁰ Yale Environment 360. (20 June 2011) Forum: Just How Safe Is 'Fracking' of Natural Gas? Available at: http://e360.yale.edu/feature/forum_just_how_safe_is_fracking_of_natural_gas/2417/

In Monterey Park, California, twenty four percent of total citywide greenhouse gas emissions (557,100 MTCO₂e) are from the consumption of electricity (16 percent or 89,136 MTCO₂e) and natural gas (8 percent or 44,568 MTCO₂e).¹¹

2.4 Solid Waste Disposal and Diversion

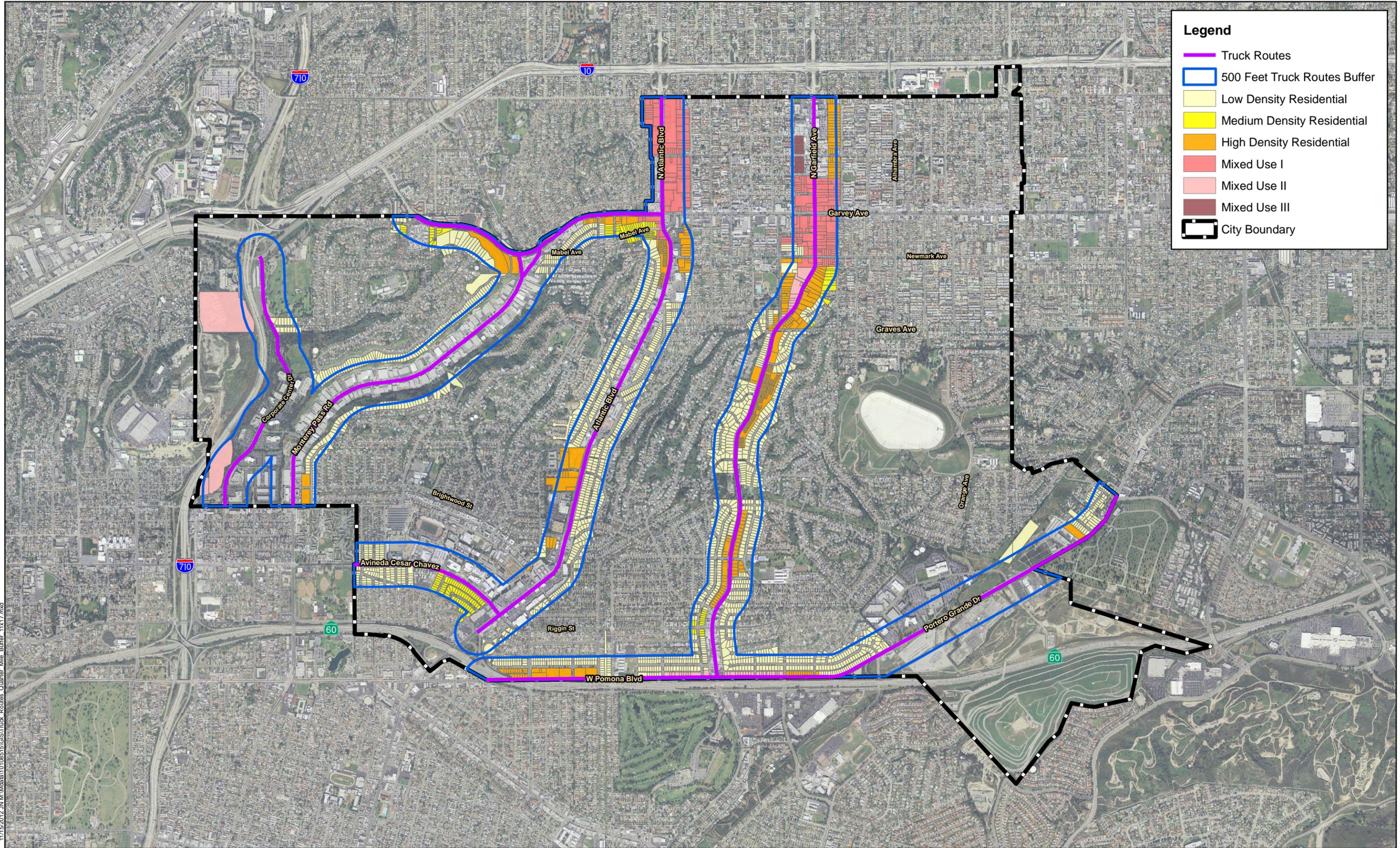
Environmental and health impacts from solid waste relate indirectly to the resources expended in the production of waste and the disposal and management of waste. Vast amounts of energy go into the products that are consumed and disposed. Energy goes into the collection, transport, diversion, recycling, and disposal of waste. The unnatural disposal of organic matter into landfills creates harmful greenhouse gas emissions while burying vital nutrients for the environment. Rodents and insects that are attracted to inappropriately handled organic waste may increase the spread of disease. Materials diverted for recycling are transported to recycling facilities – often times across the ocean and out of the country. Landfills are sites that are environmental hazards and pose threats to groundwater quality and air quality.

There is a reason for the order of the saying “Reduce, Reuse, Recycle”. After source reduction (or reducing the amount of waste produced), recycling and composting are the preferred waste management options of integrated solid waste management techniques. Recycling and composting help to reduce the potential risks to human health and the environment, conserve energy, slow depletion of non-renewable natural resources, while diverting waste from landfills and incinerators. Tables 2 shows the total waste disposed in Monterey Park and the surrounding cities as well as the waste per capita. Table 3 shows the amount of diversion through recycling and composting.

Table 2. Annual waste disposal (in tons) by jurisdiction of origin, Los Angeles Area, 2010				
Jurisdiction of origin (City)	Total Disposal (tons per day) ^a	Total Disposal (tons per year)	Total Population ^b	Annual Per Capita Waste Disposal
Alhambra	70	25,550	83,089	0.31
Rosemead	174	63,510	53,764	1.18
Montebello	189	68,985	62,500	1.10
Monterey Park	122	44,530	60,269	0.74
El Monte	338	123,370	113,475	1.09

Sources:
^a Los Angeles County DPW Solid Waste Information Management System. <http://dpw.lacounty.gov/epd/swims/disposal/reports.aspx>
^b US Census. <http://www.census.gov/popfinder/?s=06>

¹¹ City of Monterey Park Climate Action Plan. Adopted August 28, 2012.



Legend

- Truck Routes
- 500 Feet Truck Routes Buffer
- Low Density Residential
- Medium Density Residential
- High Density Residential
- Mixed Use I
- Mixed Use II
- Mixed Use III
- City Boundary

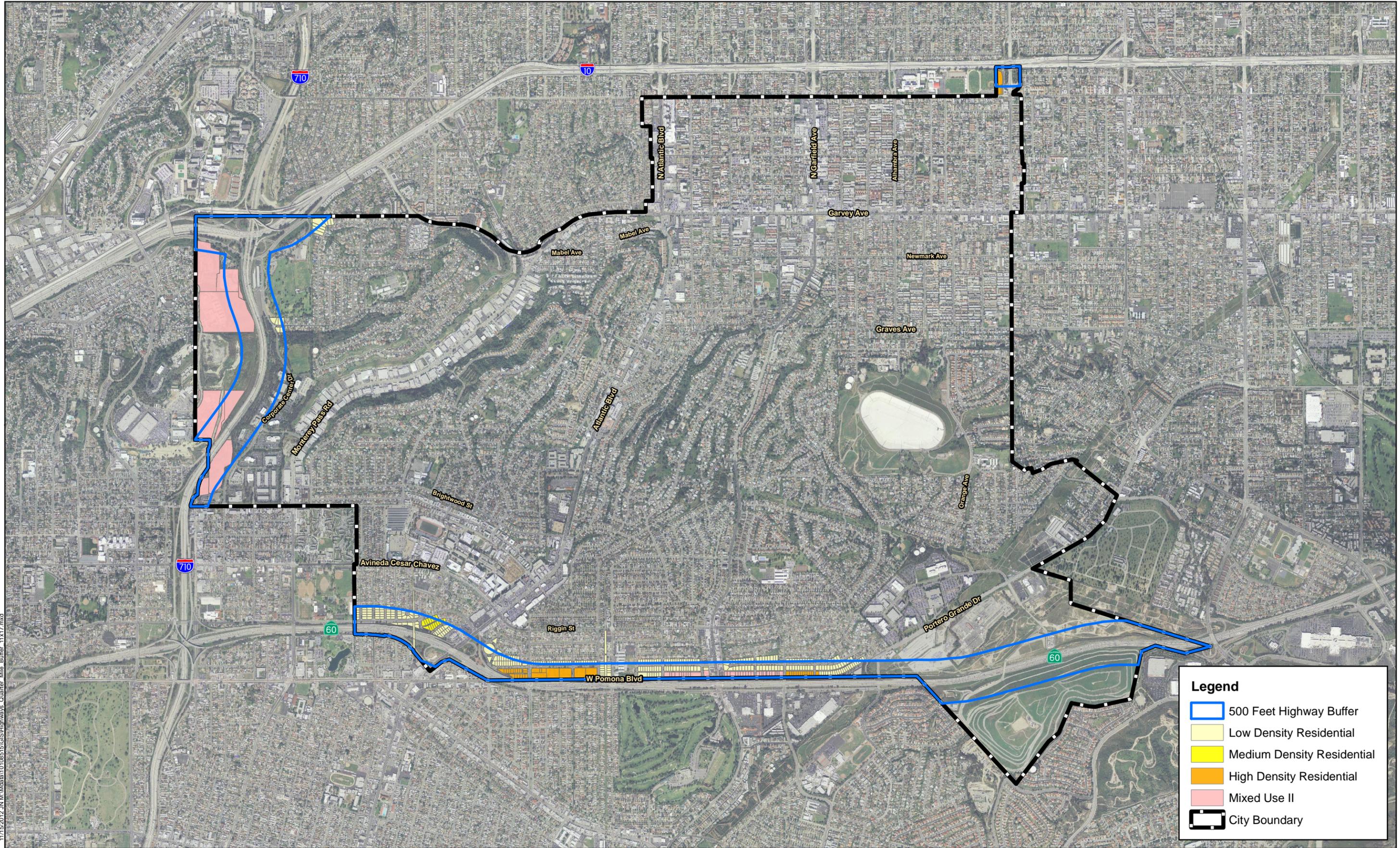
11/15/2012 JN.M:\data\10108515\GIS\Truck Routes Quarter Mile Buffer_11x17.mxd

0 1,000 2,000 4,000 Feet

Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Residential Land Use Within 500 Feet of Truck Routes

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Legend

-  500 Feet Highway Buffer
-  Low Density Residential
-  Medium Density Residential
-  High Density Residential
-  Mixed Use II
-  City Boundary



Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

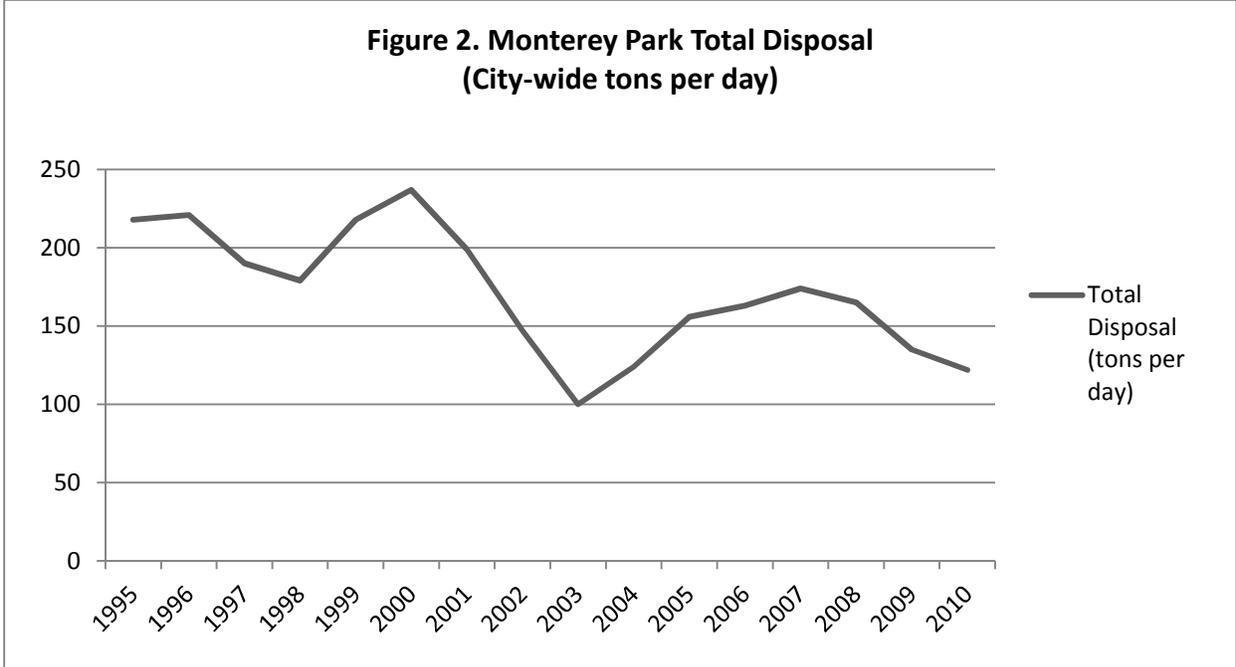
CITY OF MONTEREY PARK
Residential Land Use Within 500 Feet of Hwy

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Table 3. Proportion of Solid Waste Recycled or Composed in Monterey Park				
Year	Annual Generation ^a (tons)	Daily Diversion (tons)		Total percent diverted from landfill ^b
		Recycled	Composted	
2008	60,955	11,884	N/A	25%
2009	49,275	13,804	N/A	31%
2010	44,530	9,336	2,353	35%

Sources:
^a Los Angeles County DPW Solid Waste Information Management System.
<http://dpw.lacounty.gov/epd/swims/disposal/reports.aspx>
^b A portion of this includes materials sent to landfills from the transfer station and a small percentage of diversion can be attributed to biomass.

Figure 2 shows the decline in total waste disposed annually in Monterey Park. Approximately one percent (5,571 MTCO₂e) of total citywide greenhouse gas emissions are from recycling and the disposal of solid waste.¹² All solid waste is sorted at a material recovery facility (MRF) before disposal in a landfill which achieves a 50 percent landfill waste diversion. The City provides additional recycling programs and educational workshops for the public.¹³ The City is trending in the right direction as far as waste reduction and landfill diversion, however, there is room for improvement.



Sources: Los Angeles County DPW Solid Waste Information Management System.
<http://dpw.lacounty.gov/epd/swims/disposal/reports.aspx>

¹² Ibid.

¹³ City of Monterey Park. Trash and Recycling. <http://www.ci.monterey-park.ca.us/index.aspx?page=367>.

2.5 Water Quality and Usage

The City of Monterey Park Water System receives its water supply from local groundwater produced by 12 City-owned wells with a total capacity of 20 million gallons per day (mgd). The wells reach a depth of up to 1,800 feet and are located in the vicinity of the Rio Hondo, outside the city limits and in the Main San Gabriel groundwater basin. The Monterey Park Water System supplies an average of 10 mgd to its customers. On average, about 65 percent of the water used each year is supplied from local rainfall; the other 35 percent is imported from northern California and then percolated into the groundwater aquifers. The water is imported by the San Gabriel Valley Municipal Water District, a public agency, of which the City of Monterey Park is a member.¹⁴ Table 4, below, shows the average daily water use (gallons per day) per person.

Customer Type	Average Daily Water Use (Gallons/Day)^a	Population of Monterey Park^b	Estimated per-capita Water Use (gallons/per day)
Single Family Residential	1,525	60,269	2.3
Multiple Family Residential	33,910		
Commercial	65,907		
Institutional	12,726		
Irrigation	24,721		
<i>Total</i>	<i>138,739</i>		

Sources:
^a City of Monterey Park Water System Financial Evaluation and Water Rate Recommendations. September 17, 2012.
^b US Census. <http://www.census.gov/popfinder/?s=06>

The City's Water Utility Division is responsible for the production and distribution of the City's water supply and the maintenance of all water system facilities. The quality of the water in the City's system is tightly regulated by federal, state, and county agencies. The Division takes and tests over 250 water samples per month to make sure that the City's water is in compliance with State and Federal water quality standards.

The City's water system supplies water to over 95 percent of Monterey Park's residents and businesses. The water system is made up of:

- 12 deep wells located near the Rio Hondo River
- 14 storage reservoirs
- 5 treatment facilities
- 11 pumping stations

¹⁴ City of Monterey Park. Public Works - Water. Frequently Asked Questions. <http://www.ci.monterey-park.ca.us/Index.aspx?page=411>

- 134 miles of water main
- 13,400 water meters
- 1,000 fire hydrants¹⁵

Greenhouse gases associated with water usage is approximately 1 percent (5,571 MTCO₂e) of the City's total emissions. These emissions include the energy to pump the water to the users.¹⁶

2.6 Flood Control and Hazards

According to flood maps prepared by the Federal Emergency Management Agency, no part of Monterey Park lies within a 100-year flood zone. However, portions of the City would be impacted by flooding from dam failure from Garvey Reservoir and Laguna Basin located within the City limits.¹⁷ See Exhibit 6, Landslide and Liquefaction, Exhibit 7, Earthquake Faults, and Exhibit 8, Flood Inundation. A community that is negatively impacted from natural hazards, such as flooding or earthquakes, is less able to sustain itself and prosper due to the physical and fiscal impacts of property damage and loss of life.

2.7 Hazardous Material Sites and Generators

According to the EPA, brownfields are real property where the expansion, redevelopment, or reuse of the property may be complicated by the presence or potential presence of a hazardous substance, pollutant, or contaminant. Cleaning up and reinvesting in these properties protects the environment, reduces blight, and takes development pressures off green spaces and working lands.¹⁸

Underground storage tanks (UST) is a tank and any underground pipes connected to the tank that has at least 10 percent of its combined volume underground, for the storage of petroleum or certain hazardous substances. Leaks from USTs lead to the contamination of groundwater and soils. The EPA works with states, territories, and tribes to prevent and clean up releases from USTs, which are regulated by a Congressional mandate.¹⁹

Hazardous sites such as brownfields and underground storage tanks pose a threat to human and environmental health and sustainability. Toxins can contaminate the air, soil, and water, as well as plants and animals.

In Monterey Park, the EPA regulates the Operating Industries, Inc. (OII) Landfill within the City limits which accounts for 25 percent of all greenhouse gas emissions (139,275 MTCO₂e).²⁰ Approximately 23,000 people live within three miles of the site, and 2,100 people live within

¹⁵ City of Monterey Park. Public Works - Water. <http://www.ci.monterey-park.ca.us/index.aspx?page=399>.

¹⁶ City of Monterey Park Climate Action Plan. Adopted August 28, 2012. <http://www.ci.monterey-park.ca.us/index.aspx?page=1944>.

¹⁷ City of Monterey Park. Flood and Dam Inundation. <http://ci.monterey-park.ca.us/index.aspx?page=734>.

¹⁸ US EPA. Brownfields and Land Revitalization. <http://epa.gov/brownfields/index.html>.

¹⁹ US EPA. Underground Storage Tanks. (15 Aug 2012) <http://www.epa.gov/oust/aboutust.htm>.

²⁰ Ibid.

1,000 feet of the landfill.²¹ The Oil Landfill is a Superfund Site identified and regulated by the US EPA. The cleanup process began in 1984 and was completed on September 11, 2012. Current human exposure is controlled. However, contaminated ground water migration may continue. Types of contaminants at this site include: Base Neutral Acids, Inorganics, Metals, PAH, Persistent Organic Pollutants, Pesticides, and VOCs. The cleanup progress of this site is nearly complete as the final step is deletion from the National Priority List (NPL).²²

2.8 Open Space and Natural Areas

Trees and green space improve the physical environment by removing air pollution from the air and mitigating the urban heat island effects produced by concrete and glass. Natural open space and parks also promote physical activity and social interaction. Areas with natural vegetation have direct positive effects of physical and mental health. Refer to Section 3.5.2 for more information on the health benefits of open space and parks.

There are 14 parks within the City with a park to resident ratio of 1.5 acres of park space per 1,000 residents. With the addition of the Monterey Park Golf Course, there are total of 2.3 acres of active recreational facilities per 1,000 residents. Fifty four percent of the residents live within ¼ mile of a park and 55 percent of residents live within ¼ mile of active recreational facilities.²³ The nearest large open space to Monterey Park is the Whittier Narrows Recreation Area including the Bosque Del Rio Hondo. See Exhibit 9, *Residential Land Use within ¼ Mile of Parks*.

2.9 Transportation and Transportation Safety

Improving transit, walking, and bicycling infrastructure provides a variety of benefits related to improved air quality, decreased greenhouses gas emissions, and energy consumption. It also provides a host of public health benefits including, increasing physical activity, decreasing obesity and obesity-related diseases, decreasing social isolation and improving community cohesion, reducing crime, and creating a greater sense of safety.

Transportation involving driving and public transportation requires energy and results in air pollution emissions. Transportation by biking or walking does not emit air pollution. Transportation accounted for 63 percent of Communitywide emissions (264,922 MTCO₂e) and 28 percent of Municipal emissions (1,535 MTCO₂e) in 2009.²⁴ Access to alternative modes of transportation results in reducing vehicle miles traveled (VMT) as well as better health of the community and environment through increased physical activity and reduced air pollution.

²¹ US EPA. Pacific Southwest, Region 9: Superfund – Operating Industries, Inc. Landfill.

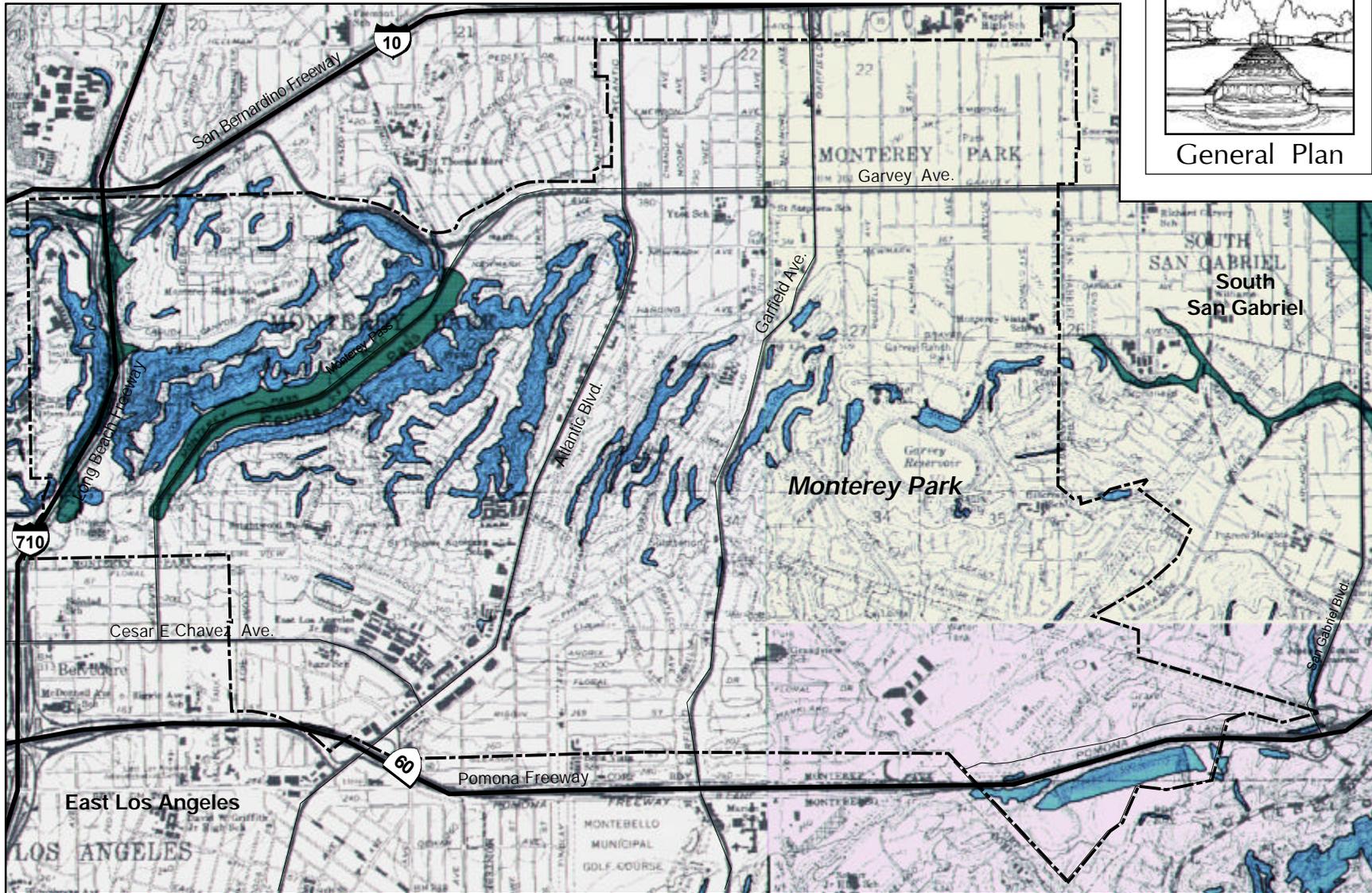
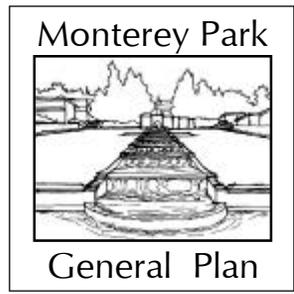
<http://yosemite.epa.gov/r9/sfund/r9sfdocw.nsf/ViewByEPAID/cat080012024?OpenDocument>.

²² Superfund Information Systems. <http://cumulis.epa.gov/supercpad/cursites/csitinfo.cfm?id=0902673>.

²³ City of Monterey Park Recreation and Community Services Department

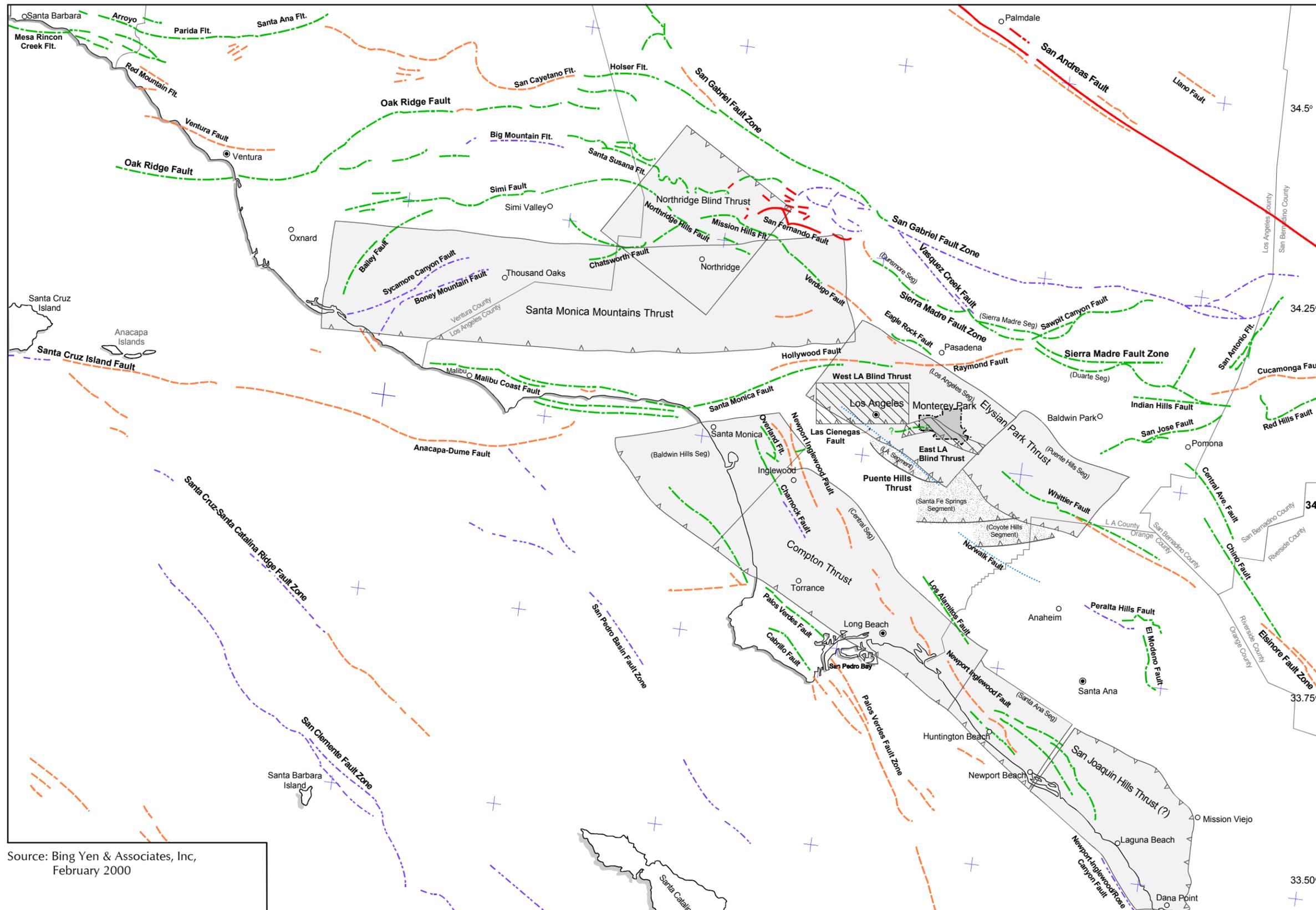
²⁴ City of Monterey Park Climate Action Plan. Adopted August 28, 2012. <http://www.ci.monterey-park.ca.us/index.aspx?page=1944>.

Earthquake-induced Landslides
 Liquefaction



Source: California Department of Conservation, Division of Mines and Geology, June 2001.

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Explanation

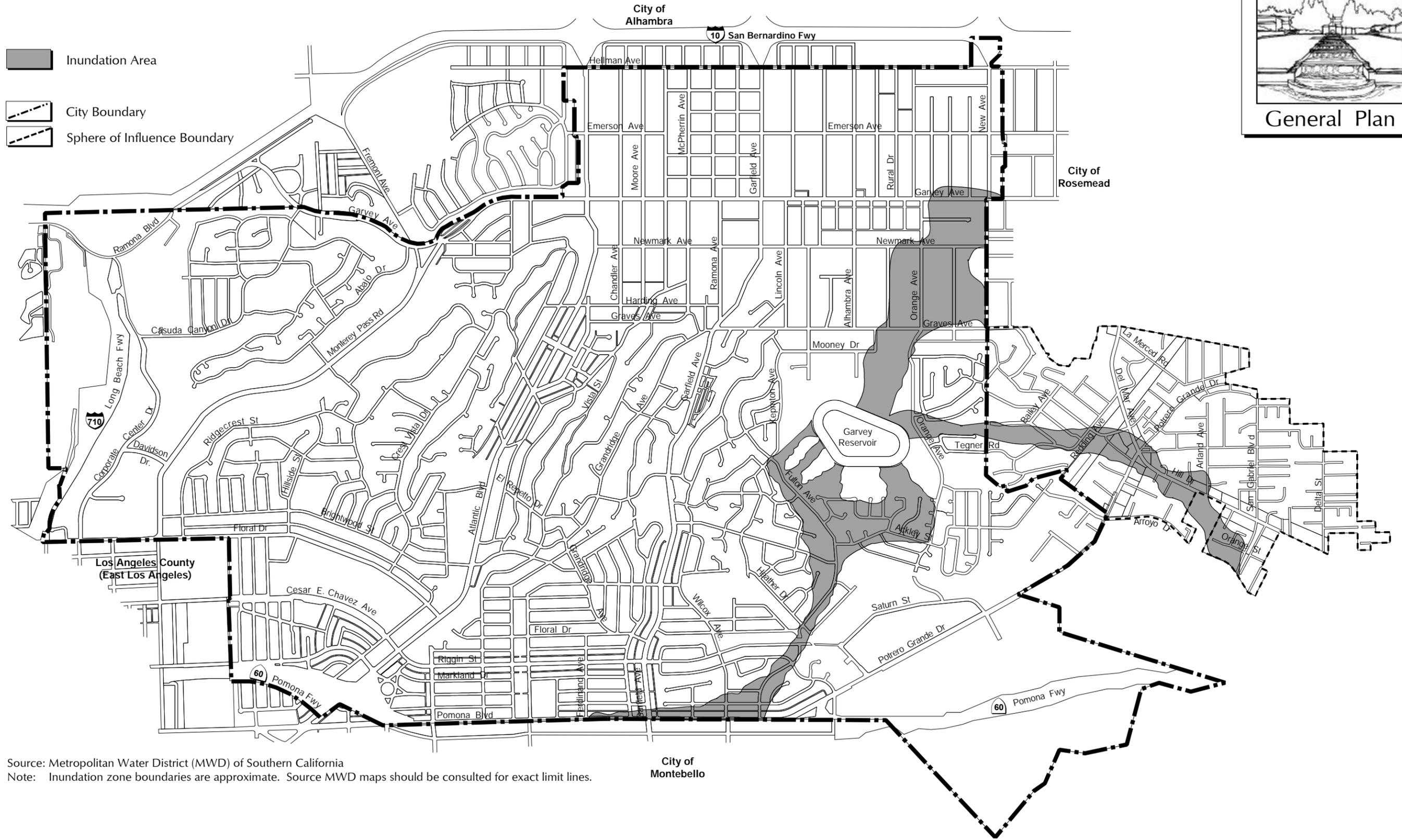
- Historic Fault - Ruptured Last 200 Years
- - - Holocene Fault
- - - Late Quaternary Fault - Ruptured Last 700,000 Years
- - - Quaternary Fault - Ruptured Last 1.6 Million Years
- - - Pre-Quaternary Fault

Blind Thrust Fault (Surface Projection);
 Open bars represent the upper edge of blind thrust fault ramp; bars point down dip

Fault locations based on; USGS (1988); Ziony and Jones (1989); Wright (1991); Jennings (1994); Dolan, et al. (1995); Shaw and Shearer (1999) and SCEC (1999).

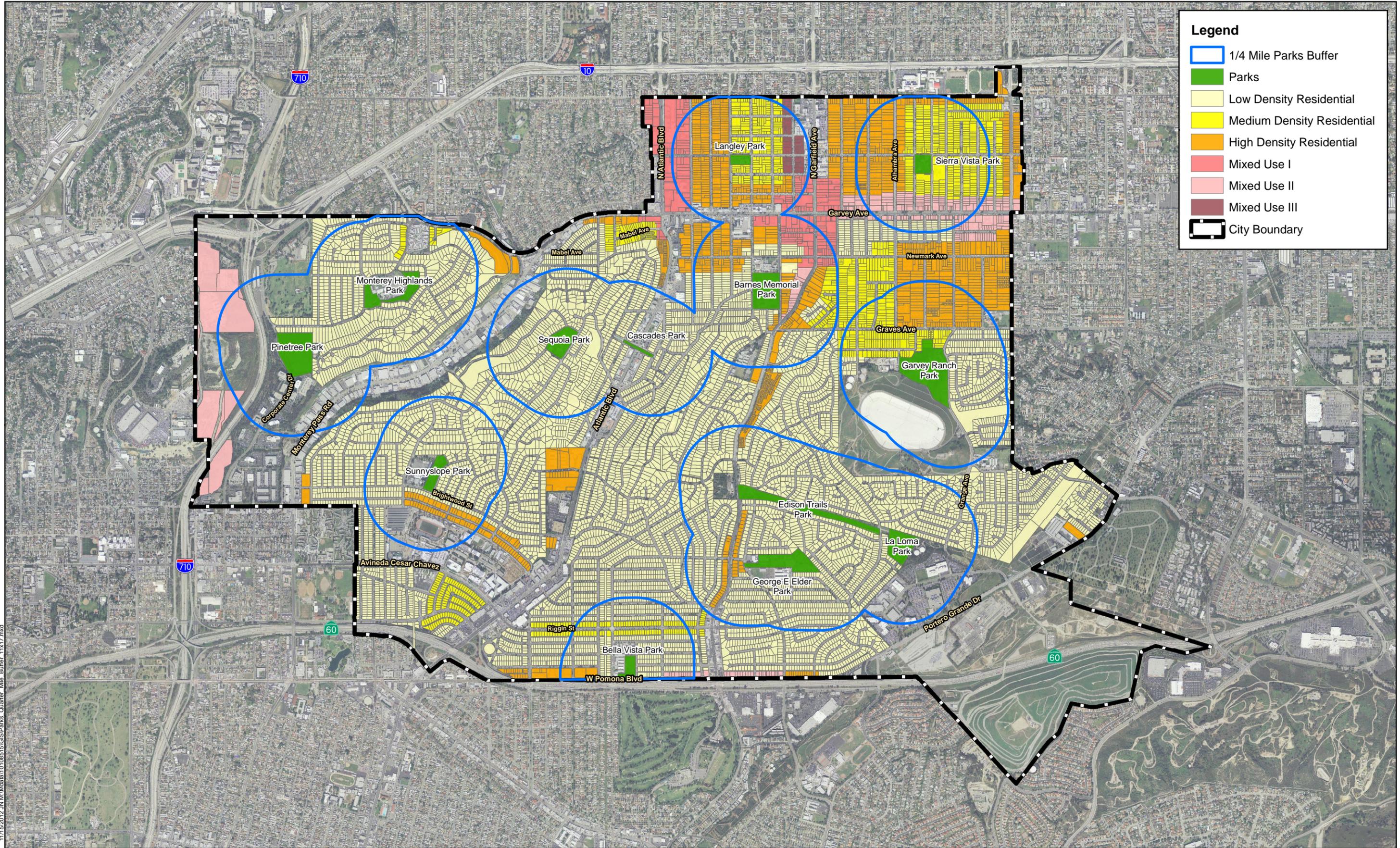
Source: Bing Yen & Associates, Inc, February 2000

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Source: Metropolitan Water District (MWD) of Southern California
 Note: Inundation zone boundaries are approximate. Source MWD maps should be consulted for exact limit lines.

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Legend

- 1/4 Mile Parks Buffer
- Parks
- Low Density Residential
- Medium Density Residential
- High Density Residential
- Mixed Use I
- Mixed Use II
- Mixed Use III
- City Boundary

11/15/2012 JN.M:\data\10108515\GIS\Parks_Quarter_Mile_Buffer_11x17.mxd

CITY OF MONTEREY PARK
Residential Land Use Within 1/4 Mile of Parks

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2.9.1 Commute to Work – Mode of Transportation

Four percent of the 26,423 employed persons age 16 and up commute to work by walking (614), biking, or other modes excluding public transportation and driving (494).²⁵ This means 96 percent of all employed persons age 16 and up commute to work by automobile.

2.9.2 Mean Travel Time to Work

The mean travel time to work for Monterey Park residents is 28 minutes, which is comparable to all of Los Angeles County at 29 minutes.²⁶

2.9.3 Collision Data

More than 30,000 Americans die in vehicle crashes each year.²⁷ In 2010, accidents were the fifth leading cause of death in the United States, and nearly 30 percent of those accidents were motor vehicle crashes.²⁸ Pedestrian injuries are the third leading cause of injury death among California children and pedestrians account for about 30 percent of motor vehicle-related deaths among children under the age of 15.²⁹ Safety of the walking and bicycling environment is a factor which can encourage use of alternative transportation.

The Transportation Injury Mapping System (TIMS) and California State Highway Patrol Statewide Integrated Traffic Records System (SWITRS) reported that 11 percent of vehicle collisions in Monterey Park involved pedestrians and 5 percent of vehicle collisions involved bicycles in 2010. In 2010, 26 pedestrians were injured in vehicle collisions and there were no fatalities. See Exhibit 10 for locations of pedestrian and bicycle-related collisions. Nine and a half percent of all collisions in Monterey Park in 2010 reported alcohol as a factor.³⁰ See Exhibit 11 for alcohol-related collisions.

Figure 3 and 4 show the frequency of collisions for each day of the week and for time of day. Figure 4 shows that there are an increased number of collisions during the late afternoon/early evening commute hours. See Exhibit 12 for locations of collisions by time of day.

2.9.4 Existing Bike Facilities

The City of Monterey Park bicycle plan includes routes delineated in the San Gabriel Valley Bicycle Master Plan, adopted by MTA to encourage the development of a unified bicycle system throughout the San Gabriel Valley. Many of the routes connect parks and the East LA Community College and the Monterey Pass Road technology corridor. The bicycle routes

²⁵ 2006-2010 American Community Survey. American Factfinder. US Census Bureau. www.census.gov.

²⁶ US Census Bureau, Census 2000 Summary File 3. www.census.gov.

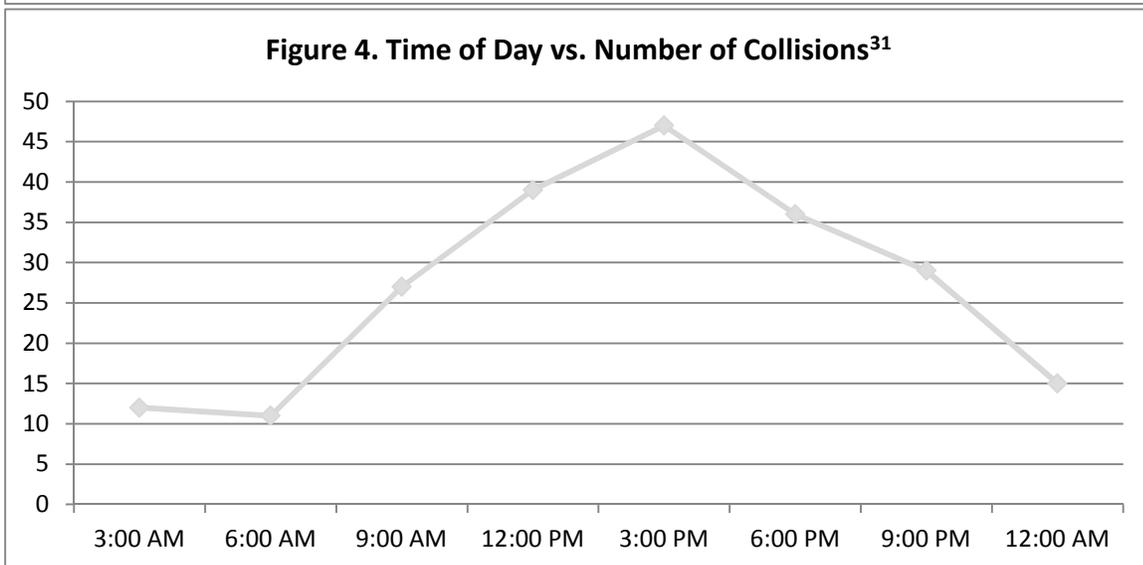
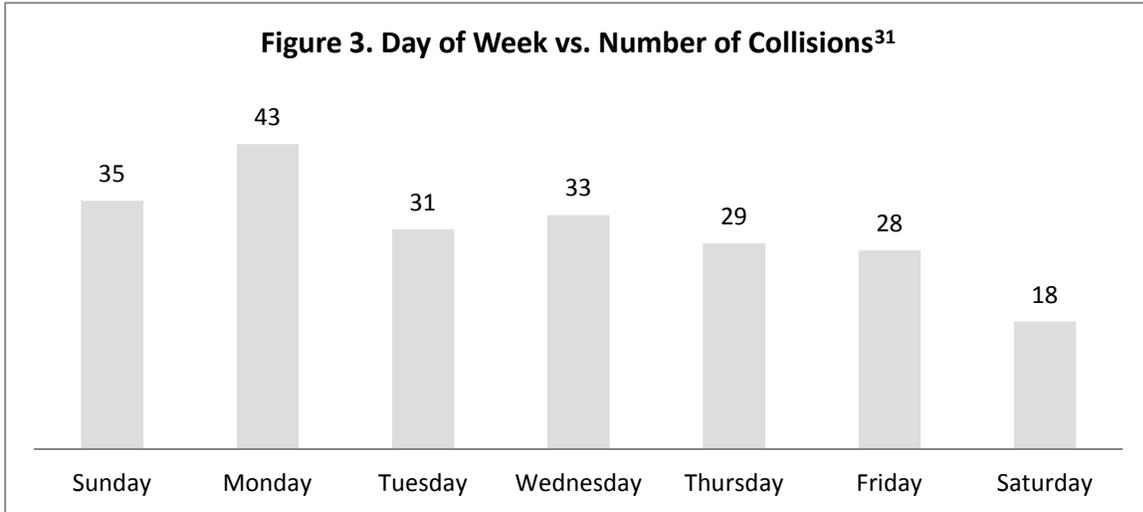
²⁷ US DOT. Traffic Safety Facts, State Motor Vehicle Fatalities, 2010. (Dec 2011) <http://www-nrd.nhtsa.dot.gov/Pubs/811554.pdf>.

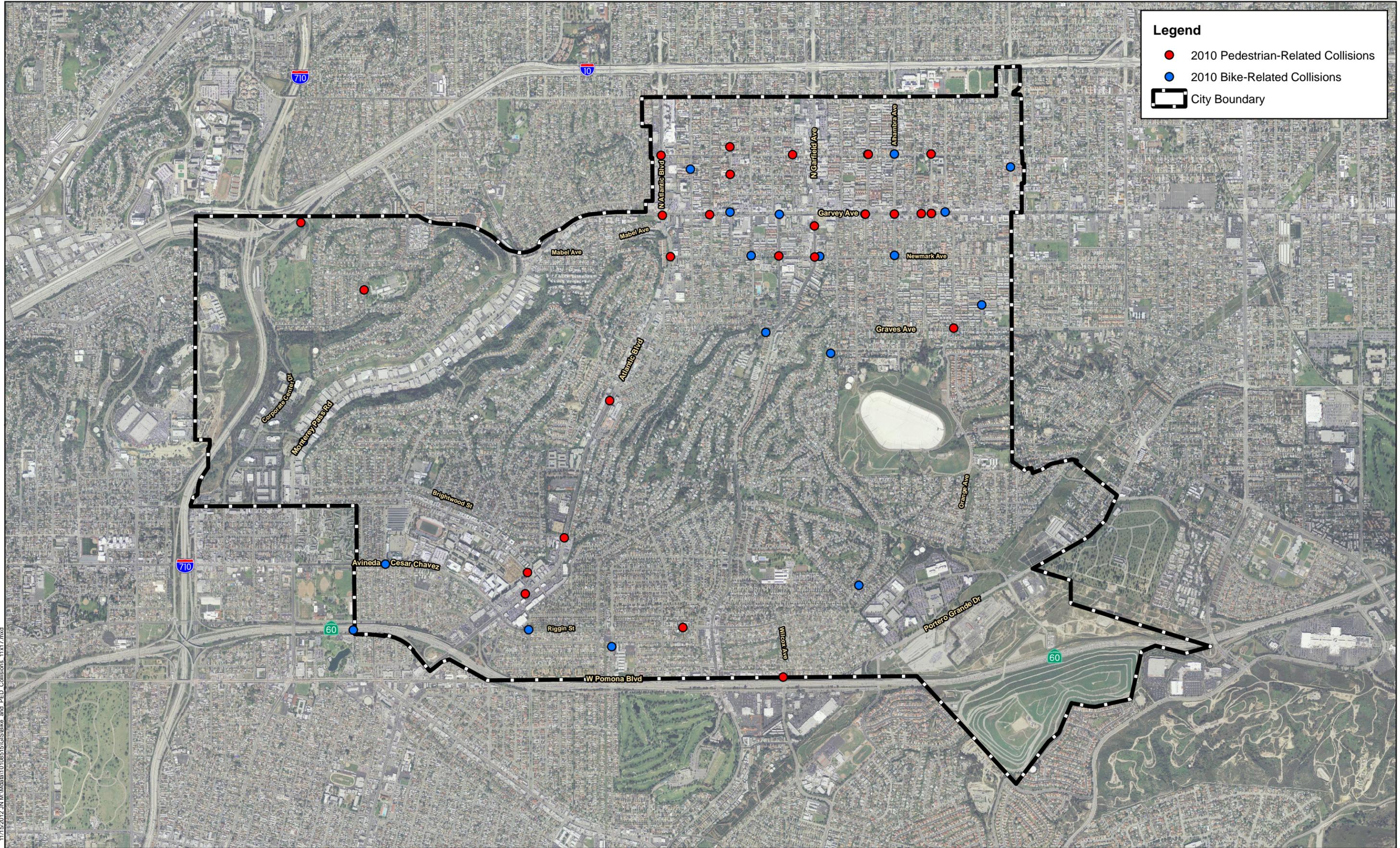
²⁸ National Vital Statistics Reports. Vol. 60, No.4. Deaths: Preliminary Data for 2010. (11 Jan 2012). Center for Disease Control. http://www.cdc.gov/nchs/data/nvsr/nvsr60/nvsr60_04.pdf.

²⁹ California Department of Health Services EPIC Branch. EPICgram. May 2002, Report No. 5. <http://www.cdph.ca.gov/HealthInfo/injviosaf/Documents/epicgram5-Pedestrian.pdf>.

³⁰ TIMS. <http://tims.berkeley.edu/> and CHP-SWITRS <http://iswitrs.chp.ca.gov/Reports/jsp/userLogin.jsp>

consist almost exclusively of signed Class II and Class III routes, with bicycle lane striping provided only where adequate road right-of-way exists. Within Edison Trails Park, the largely unimproved paths are used both by cyclists and pedestrians. Refer to Exhibit 13, *Bike Routes*.





Legend

- 2010 Pedestrian-Related Collisions
- 2010 Bike-Related Collisions
- City Boundary

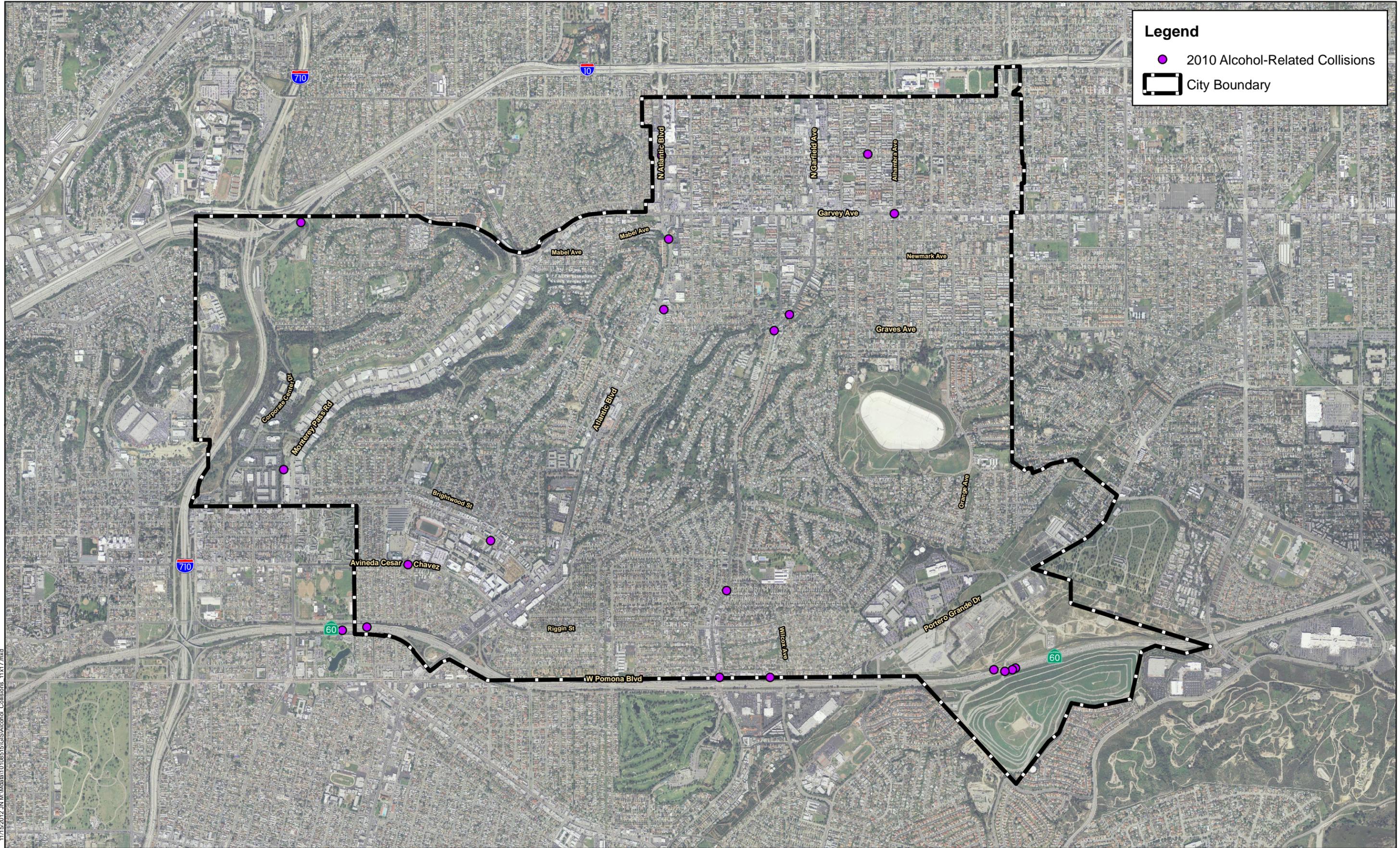
11/15/2012 JN.M:\data\10108515\GIS\Bike and PED Collisions 11x17.mxd



Source: Eagle Aerial - 2011, Esri Online, TIMS Transportation Injury Mapping System, City of Monterey Park

CITY OF MONTEREY PARK
Bicycle & Pedestrian Related Collision Year to Year

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Legend

- 2010 Alcohol-Related Collisions
- ▭ City Boundary

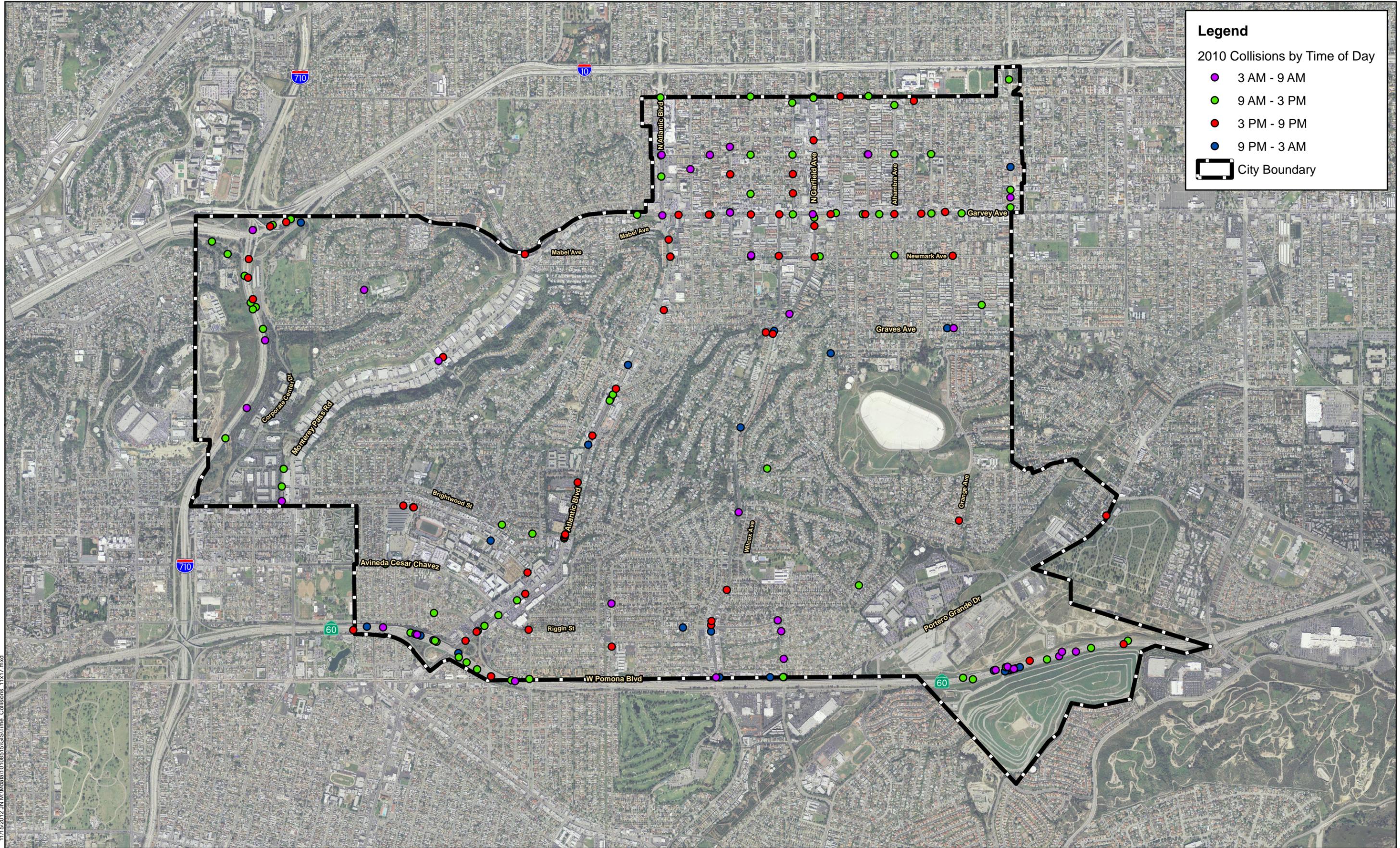
11/15/2012 JN.M:\data\10108515\GIS\Alcohol_Collisions_11x17.mxd



Source: Eagle Aerial - 2011, Esri Online, TIMS Transportation Injury Mapping System, City of Monterey Park

CITY OF MONTEREY PARK
Alcohol-Related Collisions Year to Year

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Legend

2010 Collisions by Time of Day

- 3 AM - 9 AM
- 9 AM - 3 PM
- 3 PM - 9 PM
- 9 PM - 3 AM

City Boundary

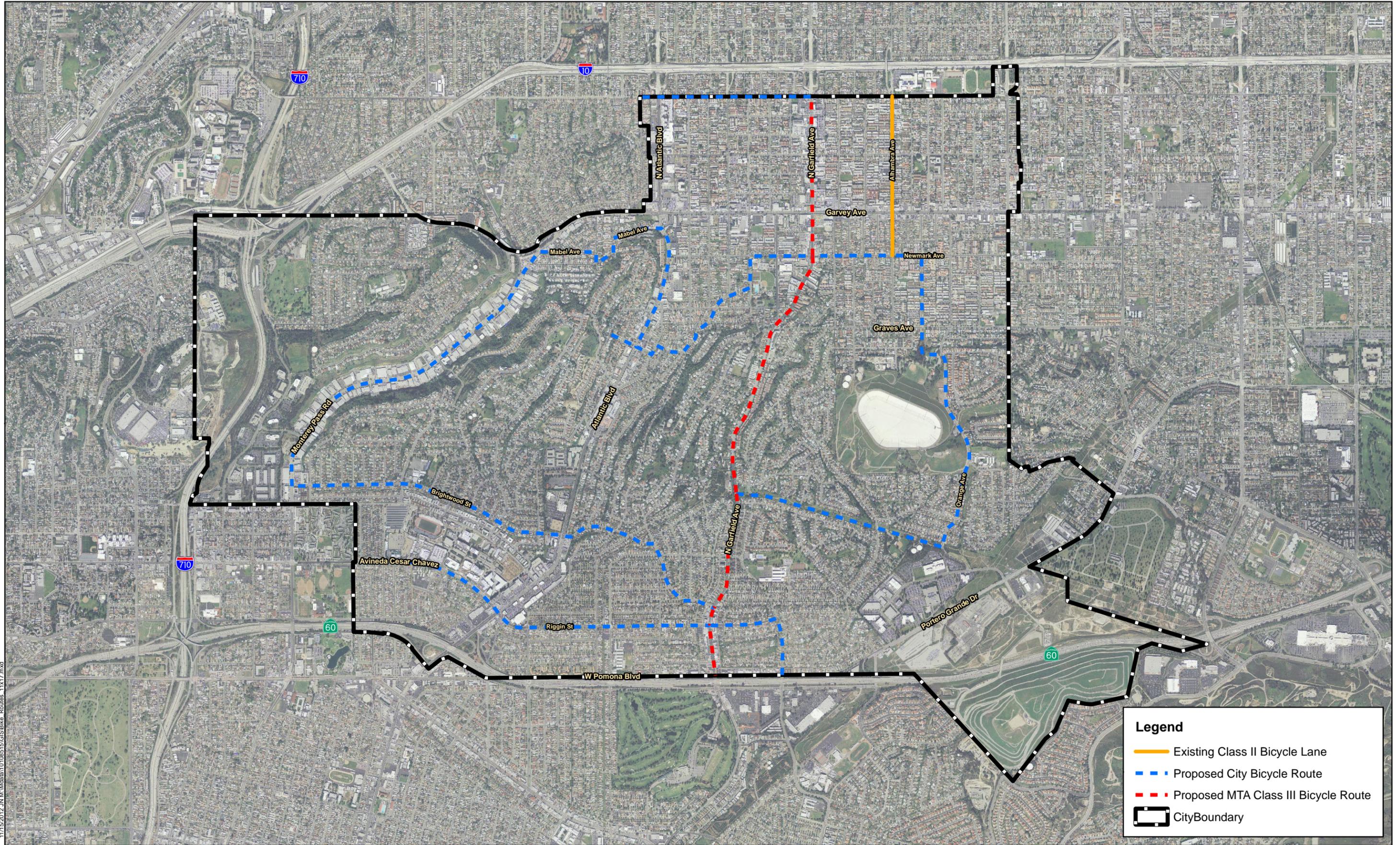
11/15/2012 JN.M:\data\10108515\GIS\Time_Collisions_11x17.mxd



Source: Eagle Aerial - 2011, Esri Online, TIMS Transportation Injury Mapping System, City of Monterey Park

CITY OF MONTEREY PARK
Collisions by Time of Day Year to Year

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11/15/2012 JN.M:\data\10108515\GIS\Bike_Routes_11x17.mxd

Legend

- Existing Class II Bicycle Lane
- - - Proposed City Bicycle Route
- - - Proposed MTA Class III Bicycle Route
- City Boundary

0 1,000 2,000 4,000 Feet

Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Bike Routes

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2.9.5 Existing Pedestrian Facilities

The City approved a Sidewalk Deficiency Master Plan in 1993. The City continues to provide for sidewalk improvements and enhancements, particularly in areas where sidewalks link residential neighborhoods to activity centers. An updated inventory of sidewalk deficiencies has not been conducted.

In 2010, a Pedestrian Safety Assessment was completed by UC Berkeley's Institute of Transportation Studies. The Pedestrian Safety Assessment analyzed collision data and existing conditions and recommended both physical improvements and policy changes. Based on the California Office of Traffic Safety ranking statistics, the City ranked 37th out of California cities in the same population group for the number of pedestrian collisions in 2008.³¹ The Safety Assessment identifies high collision areas and areas for improvements to increase pedestrian safety and walkability.

2.9.6 Access to Transit

The City is serviced by the Spirit Bus, County Metro Bus, Montebello Bus, Metrolink commuter rail, Dial-a-Ride, and regional paratransit service. Seniors are also offered free taxi coupons (two per month). Of the 2,698.29 acres designated for residential or mixed use in the City's General Plan, 2579.21 acres (95.59 percent) are within ¼ mile of a transit route.

Refer to Exhibit 14, *Residential Uses within ¼ Mile of Transit*.

2.9.7 Jobs to Housing Balance

The jobs to housing balance is the ratio of employees per dwelling unit. The City of Monterey Park had 28,907 employees per 20,862 dwelling units, which results in a ratio of 1.39 employees per dwelling unit.³²

2.10 Green Building and Sustainability Policies and Programs

Green building design and construction practices reduce impacts to the environment by conserving water and energy, using resources efficiently, providing a healthy environment (indoor air quality, etc.), ease of maintenance, durability, and integration of the site and its surroundings. The City encourages green building and other practices to promote sustainability through current municipal policies, regulations and programs.

The City of Monterey Park is involved in creating a more sustainable community through the following existing policies, practices and programs:

- The Monterey Park Environmental Commission was created to develop and implement policies, and promote and increase public awareness of environmental programs.
- The City joined ICLEI – Local Governments for Sustainability (International Council for Local Environmental Initiatives) in February 2008.

³¹ City of Monterey Park Pedestrian Safety Assessment, Sept. 2010

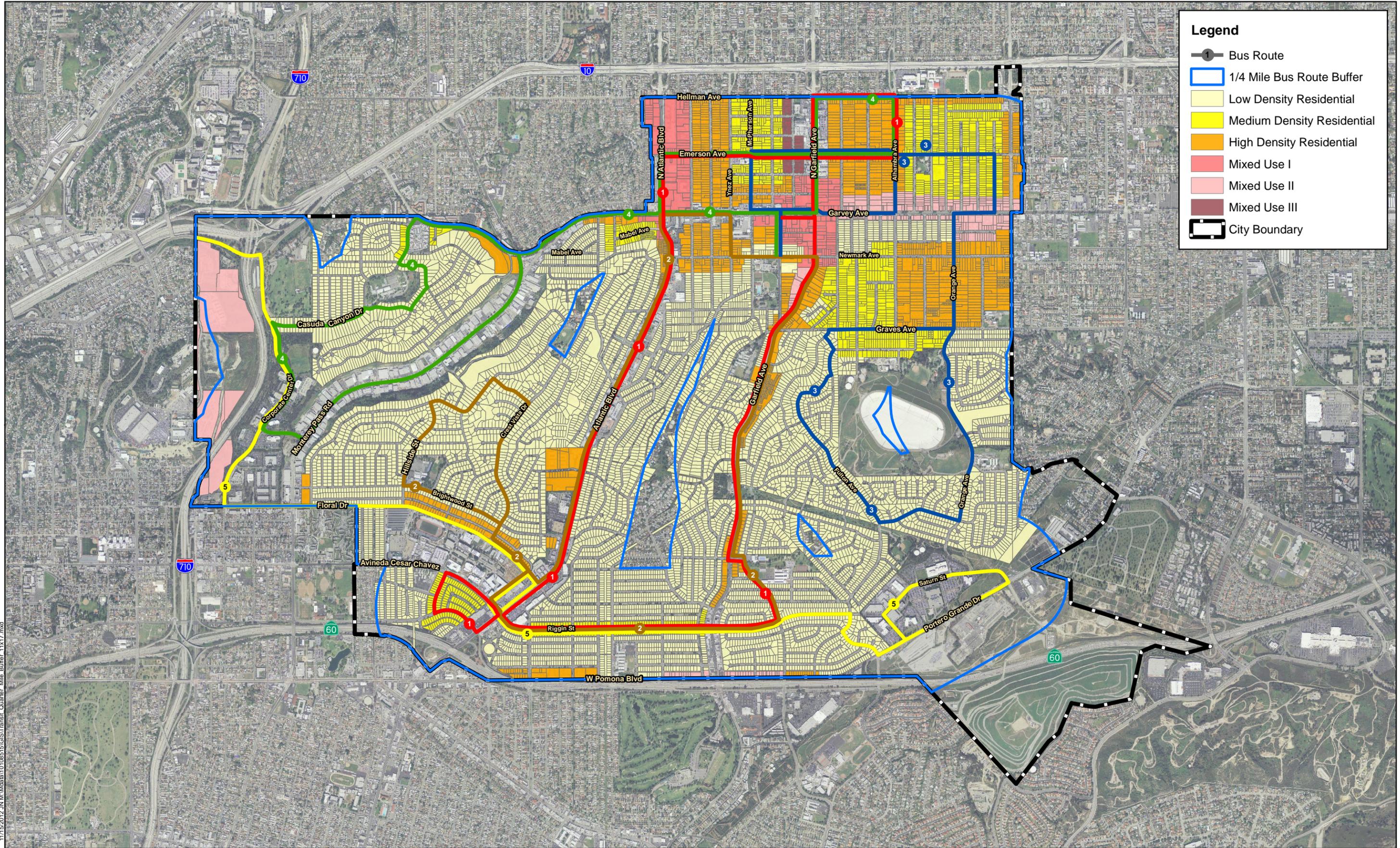
³² 2006-2010 American Community Survey. American Factfinder. US Census Bureau. www.census.gov.

- Green Activities Resolution - July 2, 2008, City Council adopted Resolution 11199 to support “green” activities in order to achieve environmental sustainability. Residents and businesses are encouraged to do their part by partaking in green activities such as recycling and composting food scraps and yard waste.
- Green Fest – 2007 event - to promote public awareness of environmental issues such as recycling, sustainability and air and water pollution.³³
- The City website provides Green Building links and resources. However, there are no specific programs or incentives.³⁴
- The City adopted Cal Green Tier 1, Residential Voluntary Measures, of the 2010 California Green Building Standards, making them mandatory for new construction.³⁵

³³ City of Monterey Park. Program Summary. <http://www.ci.monterey-park.ca.us/Modules/ShowDocument.aspx?documentid=4418>.

³⁴ City of Monterey Park. Green Building Tips and Resources. <http://ci.monterey-park.ca.us/index.aspx?page=1311>.

³⁵ Cal Green Building Standards. http://www.hcd.ca.gov/codes/shl/2010_CA_Green_Bldg.pdf



Legend

-  Bus Route
-  1/4 Mile Bus Route Buffer
-  Low Density Residential
-  Medium Density Residential
-  High Density Residential
-  Mixed Use I
-  Mixed Use II
-  Mixed Use III
-  City Boundary

11/15/2012 JN.M:\data\10108515\GIS\Transit_Quarter_Mile_Buffer_11x17.mxd



0 1,000 2,000 4,000 Feet

Source: Eagle Aerial - 2011, Esri Online, Spirit Bus, City of Monterey Park

CITY OF MONTEREY PARK
Residential Land Use within 1/4 Mile of Transit

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3.0 HEALTH

3.1 Introduction

The health of a community is influenced by a number of different factors ranging from individual factors such as individual behaviors to socio-economic, cultural and environmental conditions. The broader range of factors influencing healthy communities is referred to as the social determinants of health. These are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks. These factors are also where cities can work to influence and support the health of the community.

This section covers the following key topics related to community health:

- Overall health status
- Obesity and overweight
- Chronic disease
- Behaviors and environment affecting chronic disease
- Respiratory diseases
- Pneumonia/influenza
- Mental illness
- Noise
- Community
- Alcohol
- Education
- Housing
- Economy
- Healthcare Access

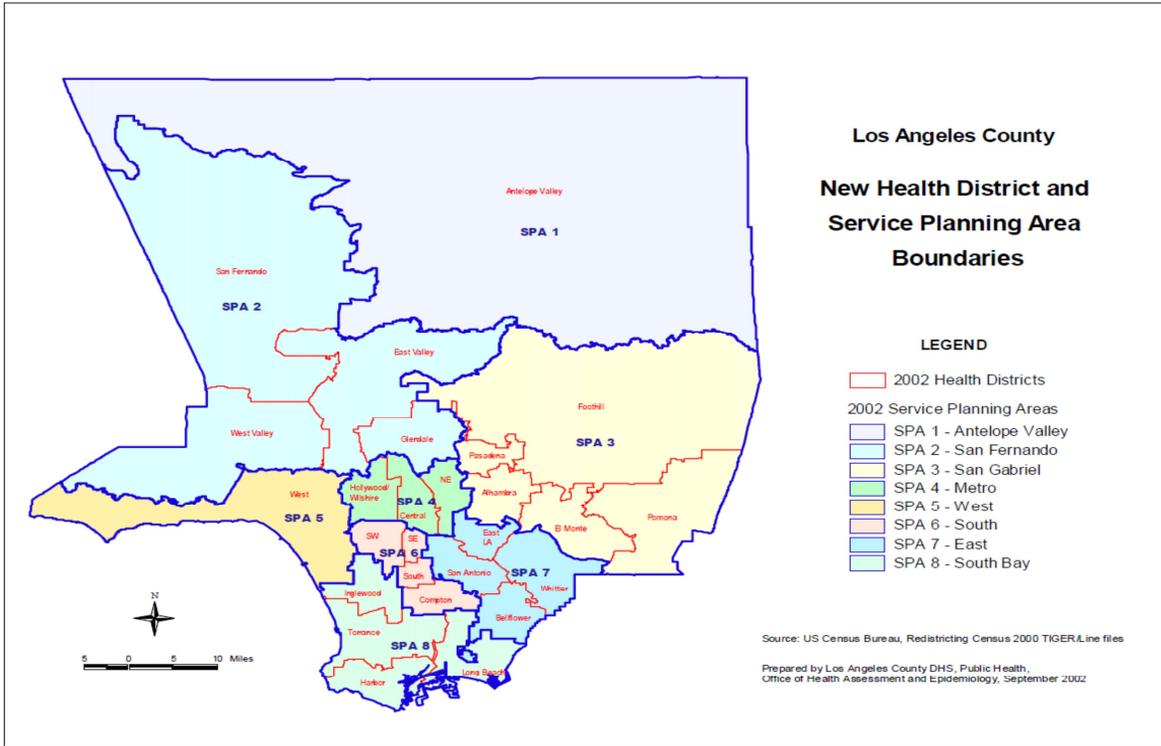
Local municipal–level data for many health indicators is currently not available for Monterey Park; therefore, this section may reflect outcomes for a larger regional area than the City of Monterey Park alone. The majority of all data is provided at the County, Service Planning Area (SPA), and Health District levels. Los Angeles County is divided into eight SPAs. Monterey Park is located in SPA 3, also known as the San Gabriel SPA. SPA 3 serves the communities of Alhambra, Altadena, Arcadia, Azusa, Baldwin Park, Claremont, Covina, Diamond Bar, Duarte, El Monte, Glendora, Irwindale, Monrovia, Monterey Park, Pasadena, Pomona, San Dimas, San Gabriel, San Marino, Temple City, Walnut, West Covina, and others. Health Districts are subsets of SPAs. The Alhambra Health District houses the City of Monterey Park, along with Alhambra, Rosemead, San Gabriel, Temple City, South Pasadena and San Marino, and is one of the County’s 26 health districts.

Table 5. Geographic Data Levels Used	
County	Los Angeles County
Service Planning Area	SPA 3
Health District	Alhambra
City	Monterey Park
Zip Code	91754, 91755
School Districts	Alhambra School District Garvey School District Los Angeles School District Montebello School District

Public health data provided in this report is primarily from the sources identified in Table 6. Occasionally, health data was also available for local schools through the California Department of Education Physical Fitness Test, FitnessGRAM.

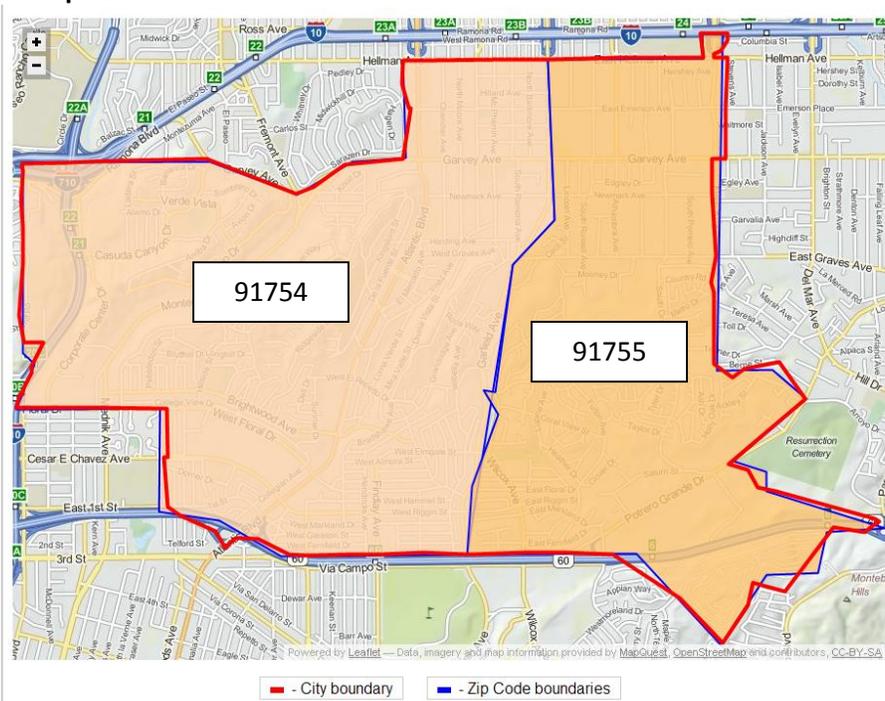
Table 6. Data Sources	
Los Angeles County Department of Public Health	L.A. County Healthy Survey (LACHS), 2002-2003, 2005, 2007
	Report: Mortality in Los Angeles County, 2008
	Report: Key Indicators of Health by SPA, 2009
	Report: Obesity and Related Mortality in Los Angeles County, 2011
UCLA Center for Health Policy Research	California Health Interview Survey (CHIS)
California Health and Human Services Agency	Office of Statewide Health Planning and Development (OSHPD)

Figure 5. Los Angeles County Health District



Source: Los Angeles Department of Health

Figure 6. Zip Codes



Source: www.city-data.com

3.2 Overall Health Status

3.2.1 Leading Causes of Death

Like many communities, Monterey Park is significantly affected by chronic disease. Chronic disease accounts for over 50 percent of all deaths worldwide and over 66 percent of deaths in Los Angeles County. Looking more closely, four specific chronic conditions account for the majority of these high death percentages; cancer, heart disease and stroke, diabetes, and pulmonary disease such as emphysema. Although deaths from coronary heart disease, the leading cause of death in the United States, and stroke have declined moderately in recent years, they remain the first and second leading causes of death in the County, SPA 3, the Alhambra Health District, and the City of Monterey Park.³⁶ As the third leading cause of death in Monterey Park, lung cancer affects city residents at significantly higher rate than at the SPA 3 or the Alhambra Health District data levels. Along with coronary heart disease, lung cancer also remains one of the leading causes of premature death (death before the age of 75 years) in the area. Whereas colorectal cancer, a disease disproportionately affecting persons over age 50, is the eighth leading cause of death in the county; it is of greater concern in Monterey Park, ranking fifth along with nephritis, a disease of the liver.³⁷ Table 7, below, shows the leading cause of death by area.

Table 7. Leading Cause of Death in Los Angeles County, SPA 3, Alhambra Health District and Monterey Park

Rank	Monterey Park	Alhambra Health District	SPA 3	Los Angeles County
1	Coronary Heart Disease	Coronary Heart Disease	Coronary Heart Disease	Coronary Heart Disease
2	Stroke	Stroke	Stroke	Stroke
3	Lung Cancer	Emphysema/COPD	Emphysema/COPD	Lung Cancer
4	Pneumonia/Influenza	Pneumonia/Influenza	Lung Cancer	Emphysema/COPD
5	Colorectal Cancer & Nephritis	Lung Cancer	Pneumonia/Influenza	Diabetes
6	--	--	--	Pneumonia/Influenza
7	--	--	--	Alzheimer's Disease
8	--	--	--	Colorectal Cancer
9	--	--	--	Liver Disease
10	--	--	--	Breast Cancer

Source: Los Angeles Department of Public Health, *Mortality in Los Angeles County, 2008*.

³⁶ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Obesity and Related Mortality in Los Angeles County: A Cities and Communities Health Report*; September 2011.

³⁷ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

3.2.2 Self-Reported Daily Health

While reporting a lower average number of unhealthy days (4.7) compared to Los Angeles County (5.4), more residents at the Alhambra Health District level (21.1 percent) self-reported their health status as ‘fair/poor,’ (an increase from 20.6 percent in 2005), than at the Los Angeles County level (18.5 percent).³⁸ Table 8, below, displays self-reported daily health for the area.

	Average unhealthy days reported per month	Health status report as fair or poor
Los Angeles County	5.4 days	18.5%
SPA 3	5.1 days	19.4%
Alhambra Health District	4.7 days	21.1%

Source: Los Angeles Department of Public Health, Los Angeles County Health Survey, 2007.

3.3 Obesity and Overweight

The U.S. Centers for Disease Control and Prevention report that more than one-third of U.S. adults (over 72 million people) and seventeen percent of American children are obese. In less than 20 years (1980 – 2008), obesity rates doubled for adults and tripled for children and teens.³⁹ According to the Los Angeles Department of Health the obesity epidemic has emerged as one of the “most significant public health threats in Los Angeles County.” Second only to tobacco use, obesity is the leading preventable cause of death in the United States and represents a prime contributor to rising health care costs and lost earnings.⁴⁰ Not only is obesity the primary preventable cause of type 2 diabetes, it represents a critical risk factor in the chronic diseases responsible for 66 percent of all deaths in Los Angeles County.⁴¹ Obesity can also contribute to liver and gallbladder disease, sleep apnea, and respiratory problems. In addition, studies have shown that obesity contributes to mobility limitation and disability among older adults.⁴²

³⁸ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. Los Angeles County Health Survey, 2007.

³⁹ U.S. Centers for Disease Control and Prevention. 2011. *Obesity: Halting the epidemic by making health easier at a glance*. 2011. Accessed on March 9, 2011 from <http://www.cdc.gov/chronicdisease/resources/publications/aag/obesity.htm>.

⁴⁰ The Healthy Communities Institute. 2012. Adult Fast Food Consumption Dashboard. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=12211>.

⁴¹ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *LA Health: Trends in Obesity: Adult Obesity Continues to Rise*. September 2012.

⁴² Yong V. 2012. Mobility Limitations. In: JH Stone, M Blouin, editors. *International Encyclopedia of Rehabilitation*. Retrieved on October 21, 2012 from <http://cirrie.buffalo.edu/encyclopedia/en/article/259/>.

In Los Angeles County, the prevalence of adult obesity nearly doubled from 1997 to 2010 -- increasing from 13.6 percent to 23.6 percent.⁴³ Among school-aged children, rates increased from 18.9 percent in 1999 to 23 percent in 2008.⁴⁴ SPA 3's obesity rate of 23.9 percent is not only higher than Los Angeles County's; it has been increasing at a much higher rate, up 78 percent since 1997.⁴⁵ The obesity rate among Los Angelinos with diabetes (43.5 percent) is more than double the obesity rate among those without diabetes (20.2 percent).⁴⁶

Among Los Angeles County residents, the highest rates of adult obesity are found among Latinos (31.6 percent) and African Americans (31 percent) and are lowest among Asians/Pacific Islanders (8.9 percent), yet in the past decade, this group experienced the largest increase in obesity (141 percent).⁴⁷ Asian persons make up nearly 70 percent of the city's population and vulnerable to increased obesity rates. Independent of age, persons living in poor socioeconomic conditions in the county are more likely to be overweight and obese.⁴⁸ While the obesity prevalence rate among Monterey Park adults is relatively low at 16.1 percent compared to Los Angeles County's 23.6 percent, its ranking of 30th among 128 Los Angeles area cities, City of Los Angeles Council Districts, and unincorporated areas in Los Angeles County remains noteworthy.⁴⁹ The city's childhood obesity rates do not follow far behind at 15.8 percent, ranking 31st among the 128 geographic designations in Los Angeles County.⁵⁰

Schools in Monterey Park have reported health concerns, such as obesity, among their student populations at disturbingly high rates. According to the 2010 – 2011 California Physical Fitness Report, at least one in four (24.6 – 37.2 percent) Monterey Park fifth graders had body compositions (based on skinfold measurement, bioelectric impedance analyzer, and BMI) that fell into the “needs improvement – high risk” category (roughly equivalent to a BMI in the 95th percentile or obese).⁵¹ County-wide, nearly 40 percent (38.8 percent) of Los

⁴³ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. LA Health: *Trends in Obesity: Adult Obesity Continues to Rise*. September 2012.

⁴⁴ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Obesity and Related Mortality in Los Angeles County: A Cities and Communities Health Report*; September 2011.

⁴⁵ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. LA Health: *Trends in Obesity: Adult Obesity Continues to Rise*. September 2012.

⁴⁶ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. LA Health: *Trends in Diabetes: A Reversible Public Health Crisis*. 2010

⁴⁷ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. LA Health: *Trends in Obesity: Adult Obesity Continues to Rise*. September 2012.

⁴⁸ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Obesity and Related Mortality in Los Angeles County: A Cities and Communities Health Report*; September 2011.

⁴⁹ Ibid.

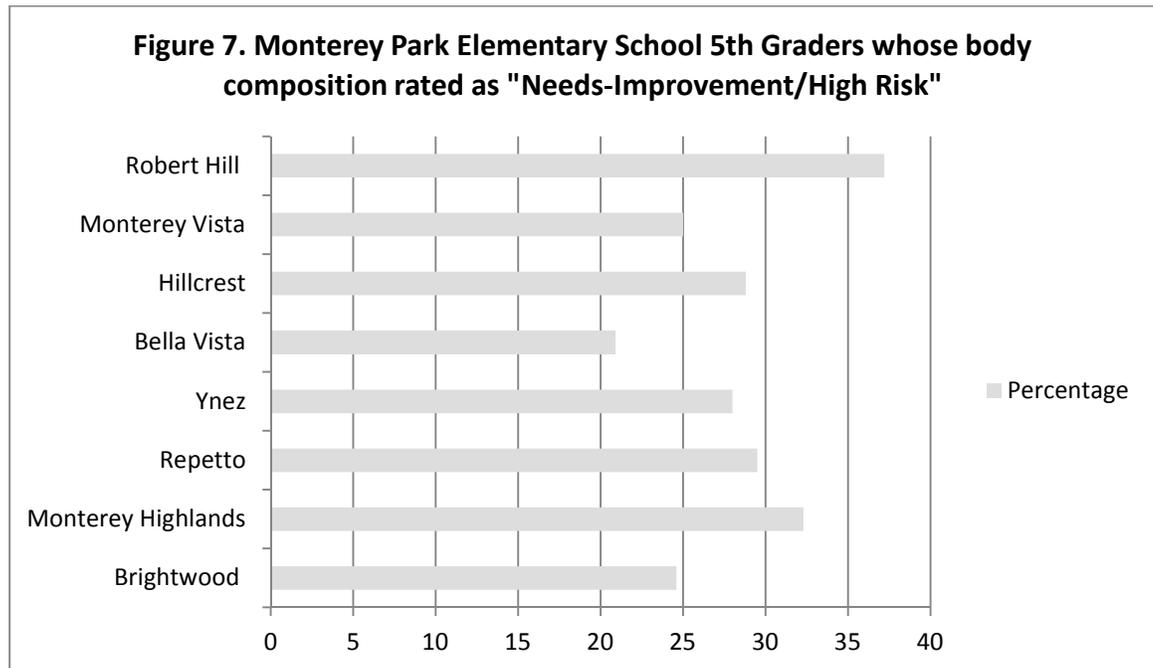
⁵⁰ Ibid.

⁵¹ California Department of Education. 2010 – 2011 California Physical Fitness Test, Dataquest Reports. Retrieved on October 8, 2012 from <http://www.cde.ca.gov/ta/tg/pf/pftresults.asp>.

Angeles fifth graders tested in the “needs improvement – high risk” category, almost 5 percent more than at the state level (34.2 percent).⁵²

According to the report, body composition refers to the major contributors to body weight; muscle, bone, and fat content. Studies have shown that excessive fatness is a leading contributor to cardiovascular disease. For children and adolescents it increases their likelihood of developing type 2 diabetes and other obesity-related chronic diseases as adults.

Figure 7 shows the Robert Hill Elementary School has a higher percentage of fifth graders who need to improve their physical fitness.



Source: California Department of Education, 2010-11 California Physical Fitness Report

Prevention and control of obesity will reduce both morbidity and mortality related to diabetes, stroke, CHD, and overall disability, increasing wellness and longevity among the Los Angeles County population, and potentially reducing related health care costs.⁵³

3.4 Chronic Diseases

3.4.1 Diabetes

Diabetes, a group of diseases marked by high blood glucose levels resulting from defects in insulin production, is the seventh leading cause of death in the United States.⁵⁴ For diabetes, in

⁵² Ibid.

⁵³ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Obesity and Related Mortality in Los Angeles County: A Cities and Communities Health Report*; September 2011.

particular, risk varies among populations. African Americans, Hispanic/Latino Americans, American Indians, and some Asian Americans and Native Hawaiians or other Pacific Islanders are at particularly high risk for type 2 diabetes, also known as adult-onset diabetes.⁵⁵

Additional risk factors include older age, obesity, and physical inactivity. The disease can have a harmful effect on organ systems in the human body; it is a frequent cause of renal disease and lower-extremity amputation, and a leading cause of blindness among working age adults.⁵⁶ Diabetes affects adults over the age of 65 (26.9 percent, 25.6 million) at significantly higher rates than any other age group in the United States.⁵⁷

Although diabetes does not rank among the five leading causes of death in Monterey Park it is a major cause of heart disease and stroke, the two leading causes of death in the city. Diabetes is also the leading cause of kidney failure, the fifth leading cause of death in the city. Diabetes is the fifth leading cause of death in Los Angeles County.⁵⁸ Diabetes was the second-leading cause of death for Hispanics compared with the fifth-leading cause of death for the county overall.⁵⁹

Diabetes hospitalizations are on the rise in the state, county, and Monterey Park, increasing significantly in just one year, from 2009 – 2010, as shown in Table 9, below.

	2009	2010
California	138.9	145.6
Los Angeles County	166.4	173.7
Monterey Park		
91754	169.3	238.2
91755	95	98.2

Source: Office of Statewide Health Planning and Development (OSHPD), 2010 Hospitalization rate for patients where diabetes was the condition established to be the chief cause of the admission of the patient to the facility for care per 100,000 people (population stats from Census 2010). Accessed via www.healthycity.org

⁵⁴ U.S. Centers for Disease Control and Prevention. 2011. Deaths: preliminary data for 2009. Retrieved October 4, 2012 from http://www.cdc.gov/nchs/data/nvsr/nvsr59/nvsr59_04.pdf

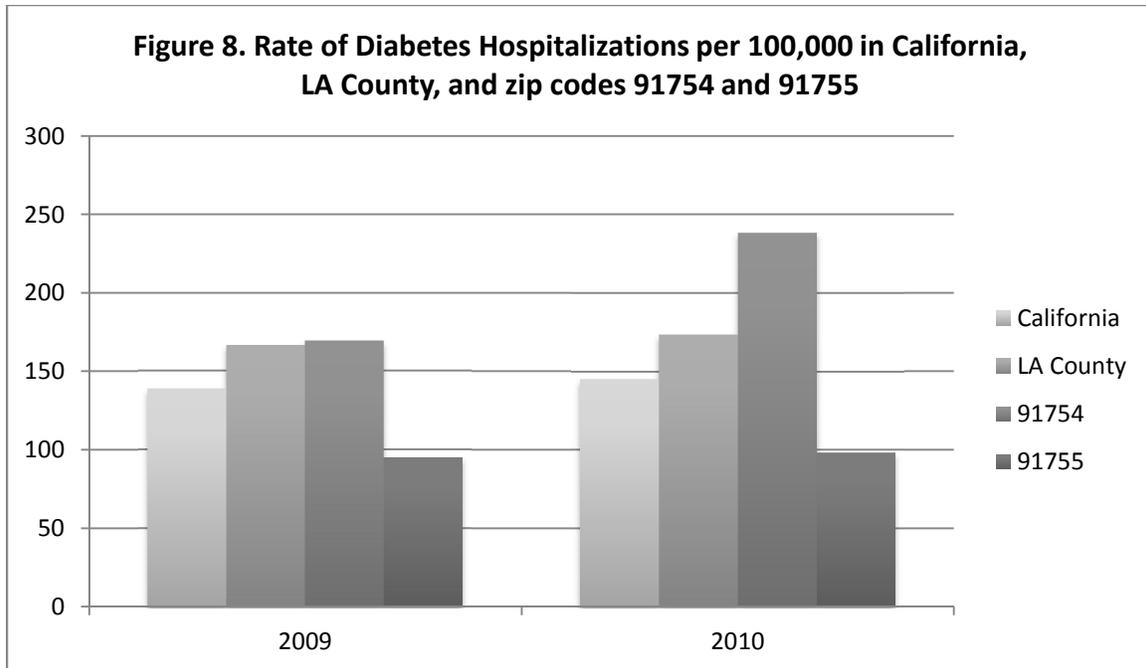
⁵⁵ U.S. Centers for Disease Control and Prevention. 2011. National diabetes fact sheet. Retrieved October 4, 2012 from http://www.cdc.gov/diabetes/pubs/pdf/ndfs_2011.pdf

⁵⁶ Ibid.

⁵⁷ Ibid.

⁵⁸ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

⁵⁹ Ibid.



Source: Office of Statewide Health Planning and Development (OSHPD) and U.S. Census 2010 via www.healthycity.org

3.4.2 Coronary Heart Disease

Coronary heart disease, the leading cause of death in the United States, is responsible for more than one in every four deaths in the nation. Risk factors for heart disease may include high cholesterol, high blood pressure, diabetes, cigarette smoking, overweight and obesity, poor diet, physical inactivity, and alcohol use.⁶⁰ In 2009, coronary heart disease was responsible for 23.5 percent of all deaths in Monterey Park; representing the leading cause of the death in the city.⁶¹ The number of deaths resulting from coronary heart disease in the City by race/ethnicity is unknown. However, in Los Angeles County, the death rate from coronary heart disease was the lowest among the Asian/Pacific Islander population.⁶²

The percent of adults diagnosed with coronary heart disease has increased at both the county (from 6.8 percent in 2005 to 7.7 percent in 2007) and SPA (from 7.2 percent in 2005 to 7.9 percent in 2007) levels, yet the Alhambra Health District has reported a decrease from 6.6 percent in 2005 to 5.4 percent in 2007.⁶³ Overall rate of diagnosis for chronic heart disease is

⁶⁰ U.S. Centers for Disease Control and Prevention. 2010. Heart disease fact sheet. Retrieved October 4, 2012 from http://www.cdc.gov/dhbsp/data_statistics/fact_sheets/fs_heart_disease.htm.

⁶¹ Los Angeles County Department of Public Health. Email Loren Leib.

⁶² Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

⁶³ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. Los Angeles County Health Survey, 2005, 2007.

perceived low in relation to the high rate of coronary heart disease related deaths, the number one leading cause of death at all geographic levels.⁶⁴

3.4.3 Stroke

Although stroke is the third leading cause of death in the nation, for the past ten years it has represented the second leading cause of death among Monterey Park and Los Angeles County residents. In 2009, stroke accounted for almost eight percent of all deaths in the city. With high blood pressure as the leading modifiable risk factor to stroke, the same behavior modifications required to limit high blood pressure likewise decreases stroke risks, including not smoking and maintaining a nutritious and physically active lifestyle.

3.4.3.1 Spotlight on High Blood Pressure

High blood pressure (hypertension) is the leading modifiable risk for stroke. It also increases the risks of heart disease and kidney failure,⁶⁵ both leading causes of death in Monterey Park. One in three U.S. adults has high blood pressure,⁶⁶ with similar numbers reflected in Los Angeles County and SPA 3, where high blood pressure diagnosis is on the rise. Between 2005 and 2009, rates of high blood pressure diagnosis in Los Angeles County increased from 23.6 percent to 27.6 percent, while SPA 3 experienced an even greater increase of almost five percent (from 25.2 percent in 2005 to 30.6 percent in 2009).⁶⁷

Due to the fact that there are little to no symptoms associated with high blood pressure, it is often considered the “silent killer,” requiring timely check-ups in order to identify unhealthy levels. It is particularly prevalent in African Americans, older adults, obese people, heavy drinkers, and women taking birth control pills. Lifestyle changes, including eating a heart-healthy diet, limiting alcohol, avoiding tobacco, controlling weight, and staying physically active can control high blood pressure. 68 See Figure 9, above for a comparison of High Blood Pressure diagnosis in Los Angeles County and SPA 3.

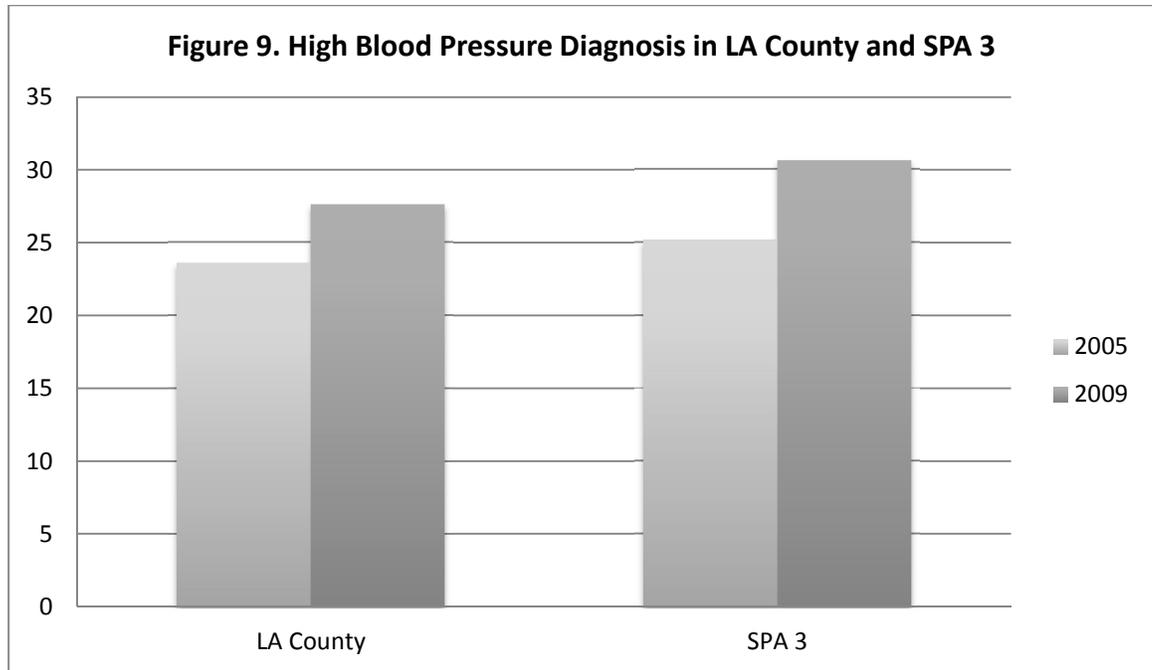
⁶⁴ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

⁶⁵ The Healthy Communities Institute. 2012. High Blood Pressure Dashboard. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=12499>.

⁶⁶ U.S. Centers for Disease Control and Prevention. 2011. High blood pressure fact sheet. Retrieved October 4, 2012 from http://www.cdc.gov/dhdsp/data_statistics/fact_sheets/fs_bloodpressure.htm

⁶⁷ CHIS, 2005, 2009

⁶⁸ The Healthy Communities Institute. 2012. High Blood Pressure Dashboard. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=12499>.



3.4.4 Cancer

Cancer is the second leading cause of death in the United States accounting for 1 in every 4 deaths.⁶⁹ In 2009, an estimated 1,479,350 American men and women (766,130 men and 713,220 women) were diagnosed with cancer and 562,340 died because of it. Cancer continues to be a serious problem in Los Angeles County. Monterey Park residents face a greater disease burden than most people in the county when it comes to lung and colorectal cancer.

3.4.4.1 Breast Cancer

In the United States breast cancer is the second leading cause of cancer death and the second most common type of cancer among women in the nation.⁷⁰ Breast cancer represents the second highest cause of premature death and eight cause of death among females in Los Angeles County (19.8 deaths per 100,000 age adjusted females).⁷¹ At the SPA and health district levels, breast cancer represents the second and third leading cause of death, respectively. Among Asian/Pacific Islanders females, breast cancer is the leading cause of premature death even though it is the group with the lowest breast cancer death rate

⁶⁹ American Cancer Society, Cancer Facts & Figures.2011. Accessed on October 10, 2012 from <http://www.cancer.org/acs/groups/content/@epidemiologysurveillance/documents/document/acspc-029771.pdf>

⁷⁰ The Healthy Communities Institute. 2012. Breast Cancer Dashboard. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=17955>.

⁷¹ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

compared with all other race/ethnic groups in the county.⁷² Although risk factors can include age, family history, and race, being overweight and physical inactivity have also been identified as contributing risks.

3.4.4.2 Colorectal Cancer

Colorectal cancer, a disease highly impacting persons over the age of 50 and related to heavy alcohol use, represents the fifth leading killer in Monterey Park, whereas it is the eighth in Los Angeles County. Colorectal cancer is the seventh-leading cause of premature death for Asian/Pacific Islanders within the county. In addition to alcohol abuse, physical inactivity, being overweight, and tobacco smoking represent contributing risk factors for colorectal cancer.⁷³

3.4.4.3 Lung Cancer

Lung cancer kills more people annually than breast cancer, colorectal cancer, and prostate cancer combined, making it the leading cause of cancer death in America. Strongly related to poor air quality and greatly affected by the duration and quantity of tobacco use, lung cancer is the seventh leading cause of death in Los Angeles County. As the third leading cause of death in Monterey Park, lung cancer affects city residents at a higher rate than at the SPA 3 and Alhambra Health District data levels.

3.5 Behaviors and Environment Affecting Chronic Disease

Chronic diseases are the most common and costly of all health-related problems. Frustratingly so, they are also the most preventable. Four behaviors have been identified as significant contributing factors to the four chronic diseases described above; poor diet, physical inactivity, tobacco use, and alcohol use. Studies show that affecting positive change within these behavioral categories significantly reduces the risk of illness, disability, and premature death as related to chronic diseases.

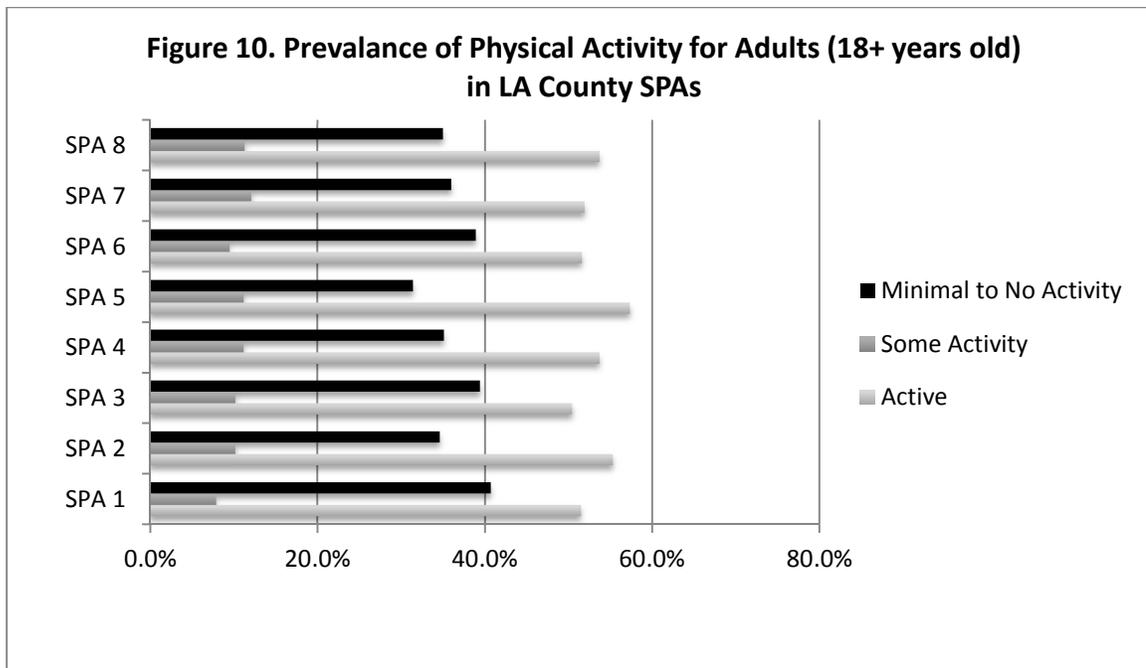
3.5.1 Physical Activity

SPA 3 residents record low levels of physical activity. Despite existing open space and recreational resources available throughout the SPA 3 area, nearly forty percent of the region's adults were physically inactive in 2007. In fact, SPA 3 adults were less likely to engage in moderate physical activity five or more days per week than other regions in the county and the least likely to engage in vigorous physical activity at least three days per week (50.4 percent).⁷⁴ Figure 10, below, shows that SPA 3 is slightly less active than other SPAs in Los Angeles County.

⁷² Ibid.

⁷³ Ibid.

⁷⁴ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007



Source: 2007 Los Angeles County Health Survey; Office of Health Assessment and Epidemiology, Los Angeles County Department of Public Health.

Only 27 percent of children and adolescents (6-17 years) in the Alhambra Health District reported physical activity of at least 60 minutes on 5 or more days a week, the lowest rate in the county.⁷⁵ In 2007, a higher percentage of children and adolescents (22.1 percent) reported not participating in any physical activity at all per week, compared to rates found in SPA 3 (18.9 percent) and Los Angeles County (15.2 percent).⁷⁶ Moreover, Alhambra Health District children and adolescents reported high amounts of TV viewing; one in four (24.7 percent) engaged in these activities for 3 hours on a typical day.⁷⁷

The 2010 – 2011 California Physical Fitness Report demonstrated that more than 23.5 percent and as much as 75.7 percent of Monterey Park 5th graders tested, were in need of aerobic capacity improvement.⁷⁸ According to the City’s Department of Parks and Community Services an estimated 3,325 youth (30 percent of total youth population) and 540 adults (1.09 percent of total adult population) participate in City-sponsored sports programs.⁷⁹ These numbers do not include rates of resident participation in informal recreational activities such as tai chi, an activity, which large numbers of Monterey Park seniors engage in daily through informal groups located in parks throughout the city.

⁷⁵ Ibid.

⁷⁶ Ibid.

⁷⁷ Ibid.

⁷⁸ California Department of Education. 2010 – 2011 California Physical Fitness Test, Dataquest Reports. Retrieved on October 8, 2012 from <http://www.cde.ca.gov/ta/tg/pf/pftresults.asp>.

⁷⁹ City of Monterey Park, Department of Parks and Community Services

The City offers the following youth sports organizations:

- Baseball
 - Monterey Park Sports Club
 - MP Casa Girls Fast Pitch
 - Monterey Park Angels
- Football
 - Xtreme Football and Cheer
- Basketball
 - Monterey Park Mustangs
 - Monterey Park Sports Club
 - Tiger Youth Club
 - Evergreen Youth Basketball
- Soccer
 - AYSO Region 60
- Aquatics
 - Monterey Park Manta Rays

3.5.2 Availability of Open Space

Access to green space correlates with lower rates of obesity among both children and adults. Availability of parks and recreational activities also improves physical and mental health, social cohesion, community building and investment, and provides youth an alternative from engaging in unhealthy and risky activities. Research has found that persons who live in communities with access to park space and recreational facilities are more likely to be active (+38 percent for low income neighborhoods) than those whose communities lack sufficient park and recreational opportunities.⁸⁰ According to the U.S. Centers for Disease Control and Prevention, one of the top ten reported reasons for lack of physical activity is the absence of parks, sidewalks, bicycle trails, or safe and pleasant walking paths convenient to homes or offices.

With 14 parks including Heritage Falls Park also known as “the Cascades;” 3 golf courses; and Bosque Del Rio Hondo, the riverfront park located southeast of the city in the Whittier Narrows Recreation Area, Monterey Park offers a variety of opportunities for recreation and physical activity within the natural environment. Yet, not all Monterey Park residents can easily access these open spaces and the many health and social benefits it offers. As a whole, Monterey Park is park poor with only 1.5 acres per 1,000 residents⁸¹ and is far from meeting the National Recreation and Parks Association recommendation of 10 acres of park space per 1,000 residents. Only 54 percent of residents live within ¼ mile from a local park.⁸² There are

⁸⁰ The City Project. 2011. Healthy Parks, Schools, and Communities. Retrieved on July 19, 2012 from www.cityproject.org.

⁸¹ City of Monterey Park, Department of Recreation and Community Services

⁸² Ibid.

joint-use agreements in effect between Monterey Park and the school districts located within the city to help respond to the deficiency and enhance open space and recreational opportunities. Refer to Exhibit 9, *Parks and Residential Land Use*.

A variety of year-round recreational programs are available to Monterey Park residents of all ages. The City's Department of Recreation and Community Services offers recreational opportunities at various community locations including city parks, community centers of which there are 8, and schools. Opportunities include youth and adult sports teams, tiny – tot programs, and special city-wide events. There are approximately 4.38 youth sports teams per 1,000 City population. The City's Langley Senior Citizens Center provides low cost and free services to Monterey Park's 11,000+ seniors. On a daily (Monday – Friday) basis, the Center serves 200-300 seniors, providing them with health screenings; physical opportunities such as dances and table tennis; and an opportunity to remain engaged in the community through social programs.⁸³

3.5.3 Nutrition

A healthy, balanced diet rich in fruits and vegetables is necessary in order to maintain a healthy weight and prevent chronic disease. Studies support a strong correlation between the amount and variety of fruit and vegetable consumption and rates of chronic disease.⁸⁴ The World Cancer Research Fund International reports that an estimated 35 percent of all cancers can be prevented through the increase of fruit and vegetable consumption. Studies have also shown that individuals who consume more than five servings of fruits and vegetables per day had an estimated 20 percent lower risk of coronary heart disease and stroke, compared with individuals who ate less than three servings per day.⁸⁵ Fruit and vegetable consumption is essential to fostering healthy growth and development in children and ensuring a life full of healthier nutrition choices.⁸⁶

Although children in Monterey Park are increasingly eating breakfast on a daily basis they are also consuming fast food at alarmingly high rates (Table 10). Close to half of all children in Los Angeles County and SPA 3 eat fast food one or more times a week, reporting much higher fast food consumption rates than their adult counterparts (Table 11). Similarly, children are consuming sugar-sweetened drinks at higher levels than adults in Los Angeles County and SPA

⁸³ City of Monterey Park, Department of Recreation and Community Services, <http://www.ci.monterey-park.ca.us/index.aspx?page=30>

⁸⁴ The Healthy Communities Institute. 2012. Adult Fruit and Vegetable Consumption. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=1170>

⁸⁵ Harvard School of Public Health. 2012. The Nutrition Source. Vegetables and Fruits: Get Plenty Every Day. Retrieved on October 10, 2012 from <http://www.hsph.harvard.edu/nutritionsource/what-should-you-eat/vegetables-full-story/>

⁸⁶ The Healthy Communities Institute. 2012. Child Fruit and Vegetable Consumption Dashboard. Retrieved on October 10, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=12182>

3.⁸⁷ Figure 11 shows a comparison of consumption of unhealthy food between children and adults in Los Angeles County and SPA 3.

Table 10. Percent of Children (2-17 years old) Who Ate Breakfast Daily in a typical Week in Los Angeles County, SPA 3, Alhambra Health District		
	2005	2007
Los Angeles County	77.2%	84.2%
SPA 3	76.3%	84.1%
Alhambra Health District	71%	88.2%

Source: Los Angeles County Department of Public Health, Los Angeles County Health Survey, 2005, 2007.

Table 11. Unhealthy Food Consumption in Los Angeles County, SPA 3, and Alhambra Health District				
	Fast Food Consumption (1x or more per week)		Sugar Sweetened Beverage Consumption (1x or more per day)	
	Adults (18 yrs of age and above)	Children	Adults (18 yrs of age and above)	Children
Los Angeles County	40.2	47.4	38.8	43.3
SPA 3	39.5	49.9	37.7	39.3
Alhambra Health District	31.3	37.9	-	-

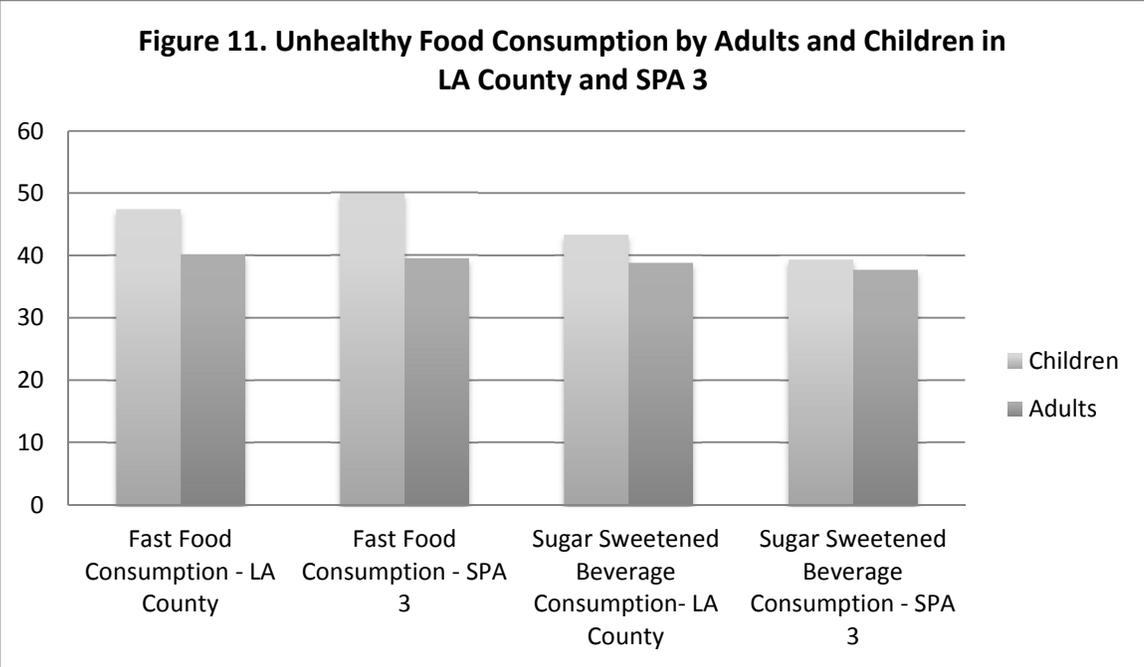
Source: Los Angeles County Department of Public Health, Los Angeles County Health Survey, 2007.

Paired with high rates of fast food and sweetened beverage consumption, Monterey Park adults are also reporting low levels of fruit and vegetables, a combination for poor diet that can lead to obesity and chronic disease. A low 13.9 percent of Monterey Park adults report consuming five or more servings of fruits and vegetables a day.⁸⁸ The USDA currently recommends one and one-half to two cups of fruits and two to two and one-half cups of vegetables per day.⁸⁹

⁸⁷ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007

⁸⁸ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007

⁸⁹ www.choosemyplate.gov



3.5.3.1 Access to Healthy Food/Prevalence of Unhealthy Food

Research shows that the availability and affordability of healthy food options can result in a higher consumption of fruits and vegetables. By the same token, a high density of unhealthy food outlets has been shown to be associated with higher rates of obesity. A study in Los Angeles County concluded that longer distances traveled to grocery stores were associated with an increased body mass index (BMI). For a person with a height of five feet and five inches, traveling 1.75 miles or more to get to a grocery store meant a weight difference of about five pounds.⁹⁰ See Exhibit 15, *Grocery Retailers and Residential Land use*.

For low-income urban populations, in particular, accessible and affordable nutritious food is often a significantly unmet need. More often than not, needy households buy less expensive but more accessible food at unhealthy fast food restaurants or highly processed food at local convenience stores, which typically charge about ten percent more for products than supermarkets.⁹¹ These types of foods are often higher in calories and lower in nutritional value.⁹²

⁹⁰ Ingami S, Cohen DA, Finch BK, Asch SM. 2006. You are where you shop: Grocery store locations, weight, and neighborhoods. *Am J Prev Med*;31(1):10-17.

⁹¹ Sarah Treuhaft and Allison Karpyn, "The Grocery Gap: Who Has Access to Healthy Food and Why It Matters," PolicyLink, 2010, p. 7, www.policylink.org/atf/cf/%7B97C6D565-BB43-406D-A6D5-ECA3BBF35AF0%7D/FINALGroceryGap.pdf

⁹² Ibid.

Nationally, low-income zip codes have 30 percent more convenience, corner, and liquor stores, lacking in healthy food choices, than middle-income zip codes.⁹³ There are 4.18 times as many fast food restaurants and convenience stores in California as supermarkets and produce vendors. In Los Angeles County there are 4.6 times as many.⁹⁴ A geospatial analysis of Los Angeles County found that public schools located in higher density, lower-income neighborhoods were more like to have fast food restaurants located in close proximity compared to wealthier neighborhoods.⁹⁵

A low percentage of Alhambra Health District and SPA 3 residents report the quality of fresh fruits and vegetables where they shop as very high (28.7 and 30.9 percent respectively).⁹⁶ Such reports may change in the future. As of summer 2012, Monterey Park hosts a weekly Farmer's Market featuring nine California farms, thereby offering critical access to fresh fruits and vegetables to city residents where it was once limited.

3.5.3.2 Food Insecurity

Food insecurity can negatively affect health. Persons who are food insecure are more likely to be malnourished and have little to no access to healthcare. These factors directly affect the development and prevention of medical conditions and disease.⁹⁷ Children who live in food insecure households are less able to resist illness and more likely to be hospitalized.⁹⁸ Teenagers who are food insecure are more likely to experience chronic stress, depression, and other mental health conditions.⁹⁹ Persons who are food insecure are more likely to consume high-fat, high-sugar, low-cost foods that taste good; therefore, they are more likely to be obese, overweight, and suffer from type 2 diabetes.¹⁰⁰

Although the total number of WIC participants has decreased in Los Angeles County over the last couple of years, participation in WIC programs is on the rise among Monterey Park residents as shown in Table 12, below.

⁹³ Ibid.

⁹⁴ California Center for Public Health Advocacy. 2007. Searching for Healthy Food: The Food Landscape in Los Angeles County. Retrieved on October 17, 2012 from <http://www.publichealthadvocacy.org/>

⁹⁵ Simon PA, Kwan D, Angelescu A, Shih M, Fielding JE. Proximity of fast food restaurants to schools: do neighborhood income and type of school matter? *Prev Med.* 2008;47(3):284-288.

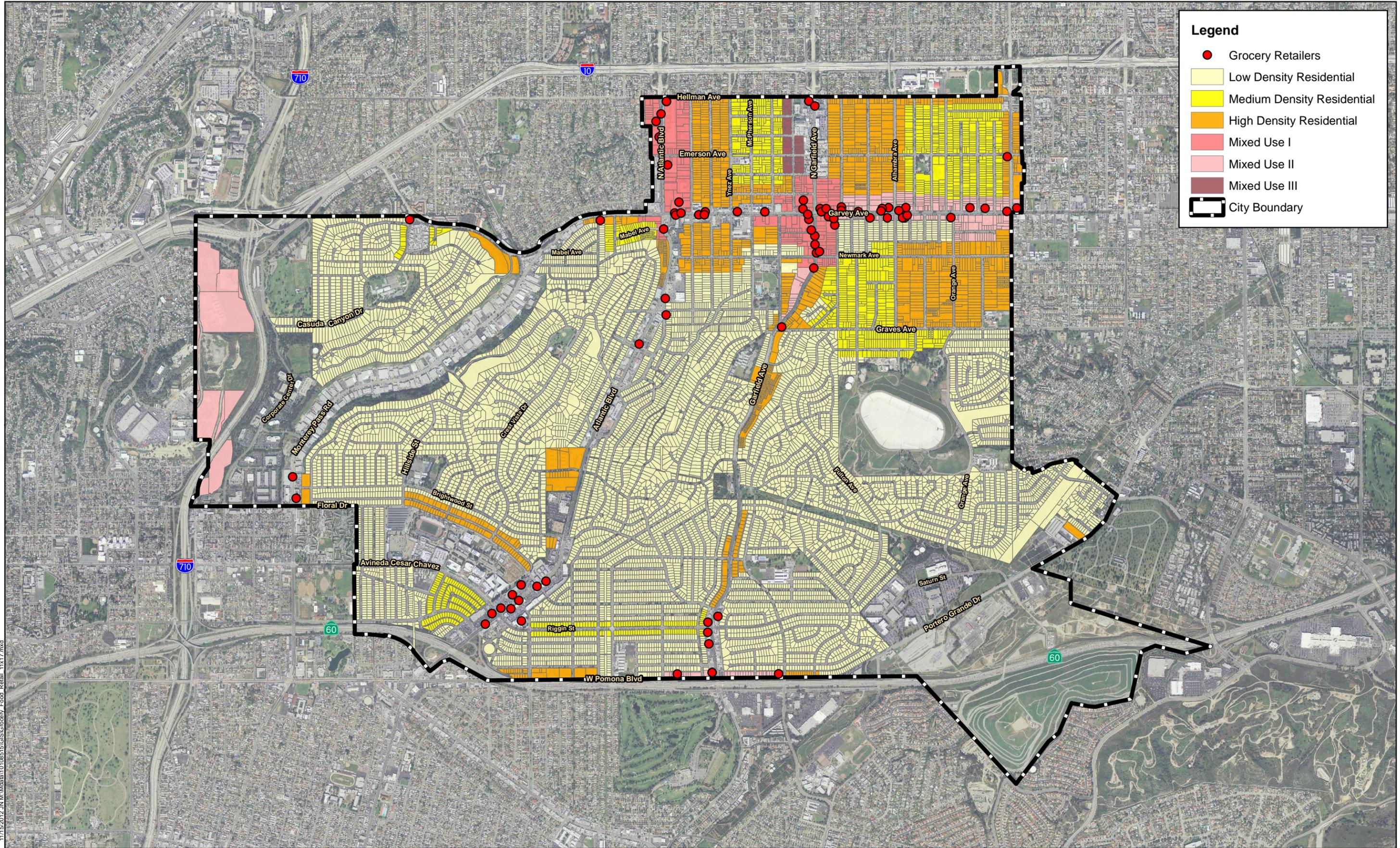
⁹⁶ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007

⁹⁷ Food Insecurity Harms Health, Well-being of Millions in the United States. *JAMA.* 2007; 298(16):1849-1857. doi:10.1001/jama.298.16.1851

⁹⁸ Los Angeles Department of Public Health. 2007. L.A. Health Trends. *Food Insecurity Increasing in Los Angeles County.* Retrieved on October 27, 2012 from http://publichealth.lacounty.gov/ha/docs/food_insecurity.pdf.

⁹⁹ Ibid.

¹⁰⁰ Food Insecurity Harms Health, Well-being of Millions in the United States. *JAMA.* 2007; 298(16):1849-1857. doi:10.1001/jama.298.16.1851



Legend

- Grocery Retailers
- Low Density Residential
- Medium Density Residential
- High Density Residential
- Mixed Use I
- Mixed Use II
- Mixed Use III
- City Boundary

11/15/2012 JN.M:\data\10108515\GIS\Grocery_Food_Retail_11x17.mxd

0 1,000 2,000 4,000
Feet

Source: Eagle Aerial - 2011, Esri Online, Spirit Bus, City of Monterey Park

CITY OF MONTEREY PARK
Grocery Retailers & Residential Land Use

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Table 12. WIC Participation in Los Angeles County and Monterey Park		
	Los Angeles County	Monterey Park
2012	498,611	1,719
2010	522,363	1,644
2008	526,931	1,682

Source: Public Health Foundation WIC Program. Available at www.phfewic.org/projects/DataMining.aspx

3.6 Respiratory Diseases

3.6.1 Asthma

In 2010, 1 in 12 (18.7 million) American adults and 1 in 11 (7 million) American children had asthma with the proportion of people with asthma growing by an estimated 15 percent in the last decade. In the United States, about nine people die from asthma each day. Asthma is a chronic inflammatory lung condition in which the severity of symptoms can range from mild to life-threatening. It is also a disease influenced by many factors, and in which genetic susceptibilities influence responses to environmental exposures including tobacco smoke and outdoor air pollution. Communities of color are disproportionately affected by asthma with multi-race and black adults more likely to have asthma than white adults.¹⁰¹

In California, Los Angeles County, and Monterey Park alike, the rate of asthma related hospitalizations is on the rise, significantly increasing in recent years. See Table 13, below.

Table 13. Rate of Asthma Hospitalizations per 100,000 in California, Los Angeles County, Monterey Park on the Rise				
	Adults		Children	
	2007	2010	2007	2010
California	86.2	94.3	102.5	112.3
Los Angeles County	101.4	110.5	105.4	114.8
Monterey Park				
91754	87.8	113	59.2	132.3
91755	51.5	58.2	45.8	82.1

Source: Office of Statewide Health Planning and Development (OSHPD) and U.S. Census 2010 via www.healthycity.org

¹⁰¹ U.S. Centers for Disease Control and Prevention. 2009. *Asthma's Impact on the Nation*. Retrieved on October 10, 2012 from <http://www.cdc.gov/asthma/faqs.htm>

3.6.2 Emphysema/COPD

As of 2008, chronic obstructive pulmonary disease (COPD) is the third leading cause of death in the United States; the same ranking is found in SPA 3 and the Alhambra Health District.¹⁰² The World Health Organization projects that by 2030 it will be the third leading cause of death in the world. COPD refers to two lung diseases, chronic bronchitis and emphysema. Both diseases cause airflow blockage and interfere with normal breathing. The primary risk factor for COPD is smoking. It is responsible for over 85 percent of COPD deaths in the United States. Air pollutants in the home and workplace, genetic factors, and a history of respiratory infections are also contributing risk factors to COPD.¹⁰³

3.6.3 Smoking/Tobacco Use

Smoking is not only the leading contributing risk factor to COPD, capable of significantly exacerbating asthma related symptoms; it also represents the leading cause of preventable death in the United States. Smoking is a major risk factor for cardiovascular disease, other respiratory diseases, and many cancers. It accounts for an estimated 80-90 percent of lung cancer deaths, 90 percent of deaths from COPD, nearly one of every five deaths in the nation each year, and one of every five in Los Angeles County.^{104 105} An estimated one third of tobacco users in the United States will die prematurely as a result of their use.¹⁰⁶ Smokers may expose people around them to secondhand smoke, which exacerbates a variety of health effects including asthma attacks and respiratory infections. In the United States, an estimated three thousand lung cancer deaths among adult nonsmokers per year are caused by secondhand smoke.¹⁰⁷ Table 14 shows the increased health risk due to smoking in the United States.

In 2007, close to 15 percent of Los Angeles County residents, more than one million adults reported being a current smoker.¹⁰⁸ SPA 3 reports the second lowest percentage of current smokers among all SPAs in the county while the Alhambra Health District reports the lowest

¹⁰² Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

¹⁰³ American Lung Association. 2011. Chronic Obstructive Pulmonary Disease (COPD) Fact Sheet. Retrieved on October 12, 2012 from <http://www.lung.org/lung-disease/copd/resources/facts-figures/COPD-Fact-Sheet.html>

¹⁰⁴ U.S. Centers for Disease Control and Prevention. 2012. Health Effects of Cigarette Smoking Fact Sheet. Retrieved on July 11, 2012 from _____

¹⁰⁵ Cigarette Smoking in Los Angeles County: Local Data to Inform Tobacco Policy. June 2010

¹⁰⁶ The Healthy Communities Institute. 2009. Adults who Smoke Dashboard. Retrieved on October 15, 2012 from <http://www.healthmattersinsf.org/modules.php?op=modload&name=NS-Indicator&file=indicator&iid=12178>

¹⁰⁷ U.S. Centers for Disease Control and Prevention.

¹⁰⁸ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007

percentage of all health districts in the county (11.9 percent and 8.8 percent respectively).¹⁰⁹ Roughly one in nine Monterey Park adult residents smoke (11.1 percent).¹¹⁰

Health Risk	Increased Risk
Coronary Heart Disease	2 x – 4x
Stroke	2x - 4x
Lung Cancer in Men	23x
Lung Cancer in Women	13x
Death from COPD	12x – 13x

Source: U.S. Centers for Disease Control and Prevention.

In the last two decades the State of California has enacted a variety of policies regarding smoke-free public spaces. In a 2010 cities and communities report, the Los Angeles County Department of Public Health urged city level policies to assist in curbing the prevalence of tobacco use in the county, especially among youth.¹¹¹ In 2012, Monterey Park adopted an anti-smoking ordinance prohibiting cigarette smoking in all publicly accessible areas, including but not limited to, public parks, outdoor dining areas, and public buildings.¹¹² This ordinance has the potential of affecting positive change on current tobacco use in the city by reinforcing community norms against tobacco use.

A 2011 study of 50 California cities found that in cities with higher tobacco outlet density, more youth smoked and smoked more than in cities where tobacco outlets were less dense.¹¹³ There are currently no local policies limiting the number of tobacco outlets in the City of Monterey Park. However, Monterey Park Municipal Code Chapter 9.100 regulates the sale and use of tobacco products and paraphernalia. Further, Ordinance No. 2112, adopted September 3, 2014, amends Municipal Code Section 6.20.020 and 9.100.020 to include electronic cigarettes as part of the prohibition on smoking in outdoor public areas and regulation of tobacco retailer licensing.

¹⁰⁹ Ibid

¹¹⁰ “Cigarette Smoking in Los Angeles County: Local Data to Inform Tobacco Policy.” June 2010

¹¹¹ Ibid.

¹¹² City of Monterey Park Ordinance No 2091

¹¹³ Sharon Lipperman-Kreda, Joel W. Grube, Karen B. Friend. *Local Tobacco Policy and Tobacco Outlet Density: Associations With Youth Smoking*. Journal of Adolescent Health - June 2012 (Vol. 50, Issue 6, Pages 547-552, DOI: 10.1016/j.jadohealth.2011.08.015). Retrieved from [http://www.jahonline.org/article/S1054-139X\(11\)00303-X/fulltext](http://www.jahonline.org/article/S1054-139X(11)00303-X/fulltext).

On October 1, 2014, the City adopted Ordinance No. 2113, an urgency ordinance prohibiting permits for construction or placement of vaping stores within the City's jurisdiction to consider amending the Monterey Park Municipal Code. The Ordinance establishes interim regulations for issuing permits pursuant to the Municipal Code for construction or operation of vaping stores. For a period of 45 days, the City will not issue a permit or land use entitlement to any person for constructing, placing, or operating new vaping stores within the City's jurisdiction. These interim regulations will allow the City to review, study, and revise provisions of the Municipal Code that may regulate the construction and placement of vaping stores in the City, as the current provisions fail to fully take into account the impacts related to the location and manner of construction of vaping stores, and the related public health, safety, and welfare concerns.

3.6.4 Air Quality

Like tobacco use, air quality plays a significant role in the prevalence of chronic disease. Specifically, air particulate pollution can have adverse impacts on health. Adverse health outcomes associated with poor air quality include exacerbation of respiratory diseases such as asthma and COPD, cardiovascular disease, and lung cancer. The California Air Resources Board (ARB) reports that over 90 percent of Californians breathe unhealthy levels of one or more air pollutants during some part of the year.¹¹⁴ The elderly, infants, pregnant women, and those persons already suffering from chronic diseases, including heart and lung disease, are more susceptible to air pollution's acute (i.e. eye irritation, headaches, and nausea) and chronic (i.e. decreased lung capacity) effects.¹¹⁵

Monterey Park air quality exceeds California air quality standards for ozone, as a result, City residents are at an increased risk of both acute and chronic health effects. Additional information on air quality in Monterey Park can be found in Section 2.2 of this report.

3.7 Pneumonia/Influenza

Often reported together, pneumonia and influenza are ranked eighth among the leading cause of death in the United States. Pneumonia is frequently a complication of influenza, a contagious disease caused by a virus. Pneumonia can also be caused by bacteria and other organisms as well as by the inhalation of food, liquid, gases, or dust. Pneumonia is often the result of a complication of a pre-existing condition/infection and triggered when the immune system is weakened. The elderly (over 65 years of age), the very young, and persons with autoimmune deficiencies are most at risk.¹¹⁶

¹¹⁴ California Environmental Protection Agency, Air Resources Board. 2009. ARB Fact Sheet: Air Pollution and Health. <http://www.arb.ca.gov/research/health/fs/fs1/fs1.htm>

¹¹⁵ U.S. Environmental Protection Agency. 2010. Effects of Air Pollution on Health. Retrieved on October 24, 2012 from <http://www.epa.gov/eogapti1/course422/ap7a.html>.

¹¹⁶ American Lung Association. 2011. Pneumonia Fact Sheet (COPD) Fact Sheet. Retrieved on October 12, 2012 from <http://www.lung.org/lung-disease/copd/resources/facts-figures/COPD-Fact-Sheet.html>

Chronic medical conditions such as those described herein, including asthma, emphysema, and other chronic lung problems are capable of worsening flu-related complications. Asthma is the most common medical condition among children and adults hospitalized with the flu.¹¹⁷ Diabetes, cancer, and obesity can also adversely affect a person’s ability to fight the disease. Persons with diabetes are three times more likely to die with flu and/or pneumonia.¹¹⁸

Death rates from pneumonia and influenza are ranked much higher in Los Angeles County, SPA 3, and the Alhambra Health District than the nation, where the diseases rank among the top six leading causes of death. In Monterey Park where the elderly make up the majority of the population, pneumonia/influenza is ranked as the fourth leading cause of death.¹¹⁹ Table 15 shows the percentage of adults who reported receiving flu shots.

Table 15. Percent of Adults (50+ and 65+) Who Reported Receiving a Flu Shot in the Past 12 Months in Los Angeles County, SPA 3, and Alhambra Health Districts				
	50+		65+	
	2005	2007	2005	2007
Los Angeles County	40.7%	60.5%	61.6%	71.3%
SPA 3	41.3%	49.5%	62.7%	69.3%
Alhambra Health District	41.4%	39.8%	60.6%	55.6%

Source: Los Angeles County Department of Public Health, Los Angeles County Health Survey, 2005, 2007.

The seasonal influenza vaccine can prevent serious illness and death. The Healthy People 2020 national health target is to increase the proportion of adults age 65 years and older who received an influenza vaccination to 90 percent.¹²⁰ Reports of Influenza vaccinations among Monterey Park area adults are alarmingly low, with percentages far below the 90 percent target and the national rate (66.6 percent).¹²¹

Although the rate of influenza vaccination among adults 50 years and older has significantly increased at both the county and SPA level, the opposite is true for the Alhambra Health District where rates have steadily decreased. Compared to all other Los Angeles County Health

¹¹⁷ U.S. Centers for Disease Control and Prevention. 2011. Flu and People with Asthma. Retrieved on October 21, 2012 from www.cdc.gov/flu/asthma/index.htm

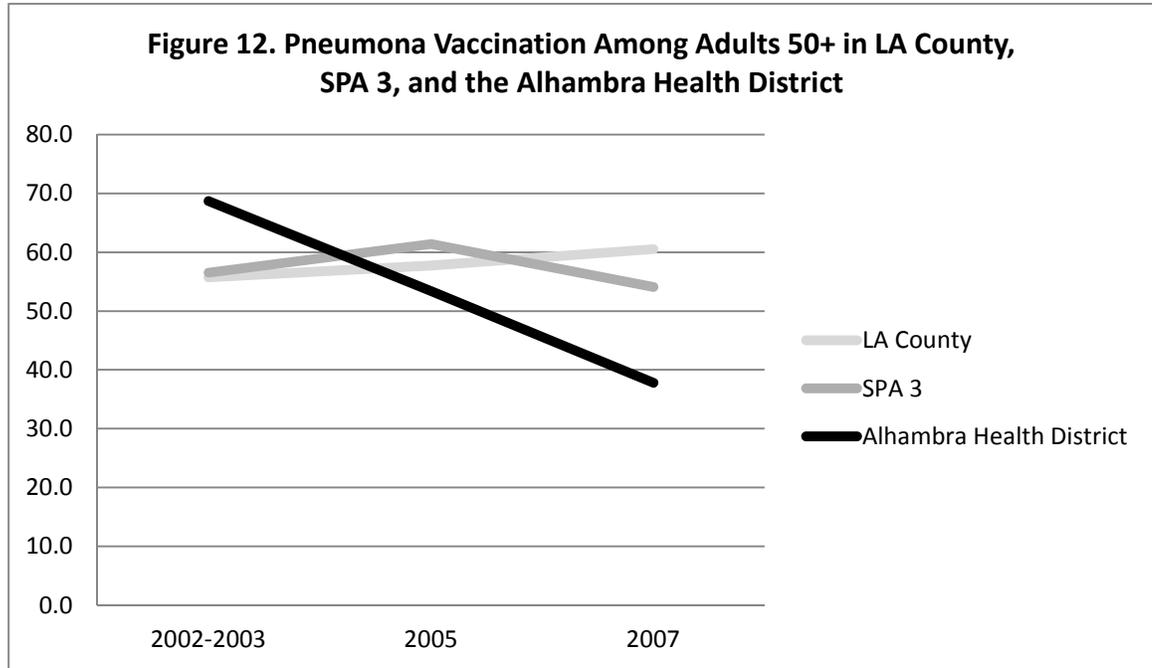
¹¹⁸ American Diabetes Association. 2012. Flu and Pneumonia Shots. Retrieved on October 21, 2012 from www.diabetes.org/living-with-diabetes/treatment-and-care/medication/flu-and-pneumonia-shots.html

¹¹⁹ Los Angeles Department of Public Health. Loren Leib email

¹²⁰ U.S. Department of Health and Human Services, 2012. Healthy People 2020 Objective IID-12.7. <http://healthypeople.gov/2020/topicsobjectives2020/objectiveslist.aspx?topicId=23>

¹²¹ U.S. Center for Disease Control and Prevention. National Health Interview Survey 2008. Seasonal flu vaccination among older adults (percent). Available at http://www.healthindicators.gov/Indicators/Seasonalfluvaccinationamongelderly_1035/Profile/Data.

Districts, Alhambra reports the third lowest rate of influenza vaccination among seniors and the lowest rate of pneumonia vaccination (37.8).¹²² Both factors may serve as dangerous contributors to the high rates of death due to influenza and pneumonia in Monterey Park. Figure 12 shows the decrease in pneumonia vaccinations in the area.



Source: Los Angeles County Public Health Department, LA Count Healthy Survey, 2002-2003, 2005, 2007

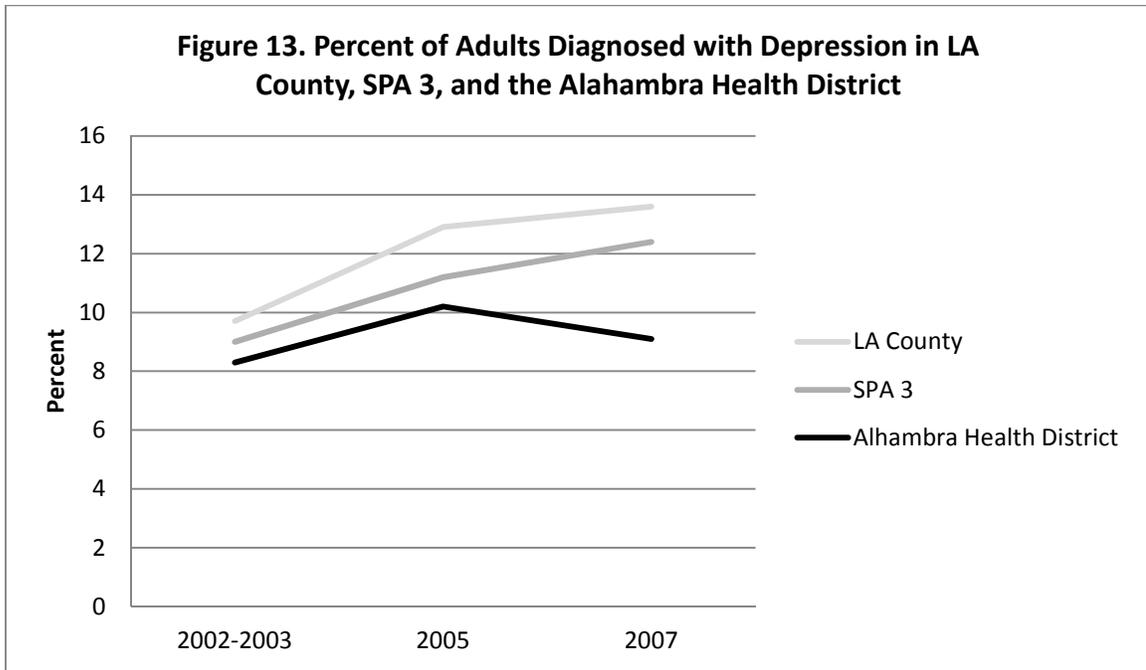
3.8 Mental Illness

Mental health disorders can be disabling conditions in terms of premature death and loss of productivity. Individuals struggling with these disorders often experience barriers to care, such as income, insurance coverage, stigma, or lack of awareness of treatment.

In 2007, residents in SPA 3 and in the Alhambra Health District reported the lowest prevalence of depression diagnosis among adults in the county.¹²³ While rates of depression continue to steadily increase at the county and SPA levels, between 2002-2003 and 2007, the Alhambra Health District has demonstrated a decrease of over three percent, as shown in Figure 13 and Table 16.

¹²² Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2007

¹²³ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2002-03, 2005, 2007.



Source: Los Angeles County Department of Public Health, Los Angeles County Health Survey 2002-2003, 2005, 2007

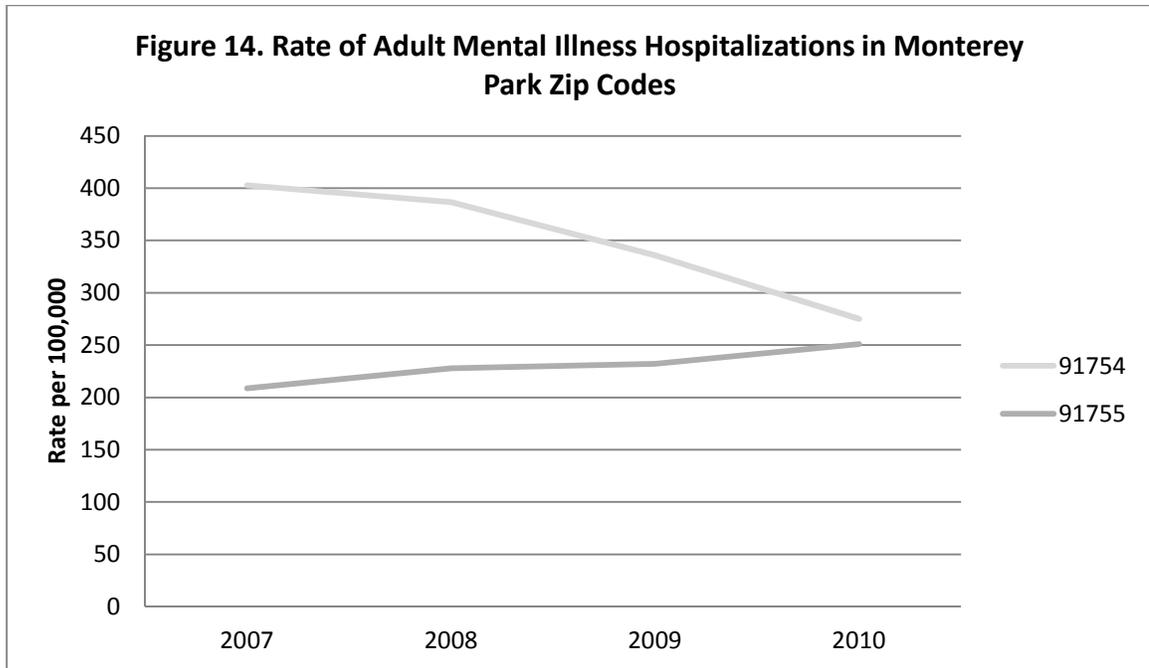
The decrease continues to be observed as the numbers and rates of mental illness hospitalizations decrease substantially in Monterey Park. These numbers drastically differ from trends in mental health experienced at both the county (rate increase from 555 in 2007 to 636.5 in 2010) and state (rate increase from 470.7 in 2007 to 551.7 in 2010) levels for unknown reasons.

Table 16. Number and Rate of Mental Illness Hospitalizations in Zip Codes 91754 and 91755

Year	91754		91755	
	Number	Rate per 100,000	Number	Rate per 100,000
2010	90	274.9	69	250.9
2009	115	335.7	66	232.2
2008	133	386.5	69	228.0
2007	133	402.9	65	208.6

Source: Office of Statewide Health Planning and Development (OSHPD), 2010. Hospitalization rate for patients with any schizophrenic, affective psychosis, neurotic disorder, or paranoid and senile state diagnosis per 100,000 people (population stats from Census 2010). Excludes all Alcohol-Drug Use and Alcohol-Drug Induced Mental Diseases. Accessed via www.healthycity.org

Unlike adults, teens at the state, county, and SPA levels have reported an increased need for help with emotional or mental health problems, such as feeling sad, anxious or nervous. See Figure 14 (above) and Table 17.



Source: Office of Statewide Health Planning and Development (OSHPD), 2010. Hospitalization rate for patients with any schizophrenic, affective psychosis, neurotic disorder, or paranoid and senile state diagnosis per 100,000 people (population stats from Census 2010). Excludes all Alcohol-Drug Use and Alcohol-Drug Induced Mental Diseases.

Table 17. Teens Needed Help for Emotional/Mental Health Problems in California, Los Angeles County, and SPA 3

	2007	2009
California State	12.9%	18.3%
Los Angeles County	11.7%	15.3%
SPA 3	13.5%	12.9%

Source: California Health Interview Survey, 2007, 2009

Suicide represents the fourth leading cause of premature death (death before the age of 75) in Los Angeles County.¹²⁴ In 2008, the Los Angeles County death rate of 7.8 suicides per 100,000 population, higher than the Healthy People 2010 Objective 18-1 of 4.8 suicides per 100,000 population.¹²⁵ Suicide was an important cause of death for whites, causing seven percent of the years of life lost, and the only race/ethnic group for which suicide was among the ten leading causes of death.¹²⁶

¹²⁴ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Mortality in Los Angeles County 2008: Leading causes of death and premature death with trends for 1999-2008*. December 2011.

¹²⁵ Ibid.

¹²⁶ Ibid.

3.9 Noise

Noise pollution is a significant problem in urban settings. At significant levels, exposure to noise pollution can result in noise-induced hearing loss, and adverse effects on mental health and the cardiovascular system. Noise adversely affects short and long-term memory and sleep patterns, affecting productivity in the workplace and school. Mental health, including interpersonal communication, quality of life, and work-life balance are also affected by higher levels of noise.¹²⁷

A recent study has connected traffic noise (40 dB and above) with higher risk of heart attack. The research reports that for every 10 –decibel increase in traffic noise, heart attack risk increases by 12 percent. Noise effects on stress, blood pressure, and insufficient sleep are considered direct risk factors for the augmented heart attack risk.¹²⁸

Monterey Park is impacted by noise from freeway traffic and airplanes approaching Los Angeles International Airport (LAX).¹²⁹ Nearby freeways include:

- Interstate 10 along the City’s northern boundary,
- State Route 60 along the City’s southern boundary, and
- Interstate 710 along the City’s western boundary.

3.10 Community

A variety of community factors can contribute to both mental and physical health. These include opportunities to develop social networks in formal settings, informal gathering places and leisure centers, entertainment and cultural activities and civic participation.

3.10.1 Social Networks

Social support networks significantly contribute to both mental and physical health. These networks can serve to provide individuals with a strong sense of belonging, self-worth, and security. Social networks are most critical in times of stress and can significantly improve how an individual responds to a stressful situation or recovers from illness or disease. In addition, community integration – as measured by degree of connection, support, and belonging among the residents of a block – can result in lower levels of perceived fear.¹³⁰

¹²⁷ UCLA Health Impact Assessment Clearinghouse. <http://www.hiaguide.org/sectors-and-causal-pathways/pathways/noise-pollution>.

¹²⁸ Sørensen M, Andersen ZJ, Nordsborg RB, Jensen SS, Lillelund KG, et al. (2012) Road Traffic Noise and Incident Myocardial Infarction: A Prospective Cohort Study. PLoS ONE 7(6): e39283. doi:10.1371/journal.pone.0039283. Retrieved on October 24, 2012 from <http://www.plosone.org/article/info%3Adoi%2F10.1371%2Fjournal.pone.0039283>.

¹²⁹ City of Monterey Park. Noise. <http://ci.monterey-park.ca.us/index.aspx?page=735>.

¹³⁰ Schweitzer JH, Kim JW, Mackin JR. 1999. *The impact of the built environment on crime and fear of crime in urban neighborhoods*. J Urban Technol; 6(3):59-74.

The City of Monterey Park hosts over 22 community events annually. These large-scale, special events include Chinese New Year and Cinco de Mayo celebrations, engaging anywhere from 50 to tens of thousands of city residents, including an estimated 27,000 youth and 16,000 seniors.¹³¹ A variety of social programs and organizations are available to county residents. A comprehensive list is provided in Table 18. Exhibit 17, *Churches and Faith-Based Organizations*, shows the places of worship within the city compared to residential areas.

Table 18. Social Programs and Organizations	
Places of Worship/Religious Organizations	Shepherd of the Hills United Methodist Church Christ Lutheran Church Monterey Park Foursquare Church / Praise Alive Worship Center Good Shepherd Taiwanese Presbyterian Church Chinese Evangelical Free Church of Los Angeles Saint Thomas Aquinas Catholic Church Saint Gabriel’s Episcopal Church Home of Christians Los Angeles Chinese Grace Baptist Church Kingdom Causes Alhambra-Monterey Park Catalyst Monterey Park Ministerial Association
Youth Serving Organizations and Programs	Boys & Girls Club of West San Gabriel Girl Scouts-Mt. Wilson Vista Council Meher Montessori School First 5 L.A. Monterey Park Sports Club Monterey Park Casa Girls Fast Pitch Softball League Monterey Park Angels Baseball League Xtreme Football and Cheer League Monterey Park Mustangs Basketball League Monterey Park Sports Club Basketball League
Community Based Organizations and Programs	Eastside Optimist Club Kiwanis Club of Monterey Park LAMP Optimist Club Rotary Club of Monterey Park Farmers Market City of Hope, Monterey Park Chapter Club Cultural Cubano Monterey Park Woman’s Club United Way of Greater Los Angeles
Senior Serving Organizations and Programs	Langley Senior Citizen Center Japanese American Senior Citizens Club

¹³¹ Monterey Park Department of Recreation and Community Services

-  Existing CNEL 65
-  Street Centerlines
-  City Boundary
-  Sphere of Influence Boundary

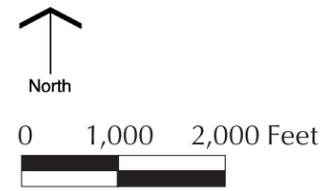
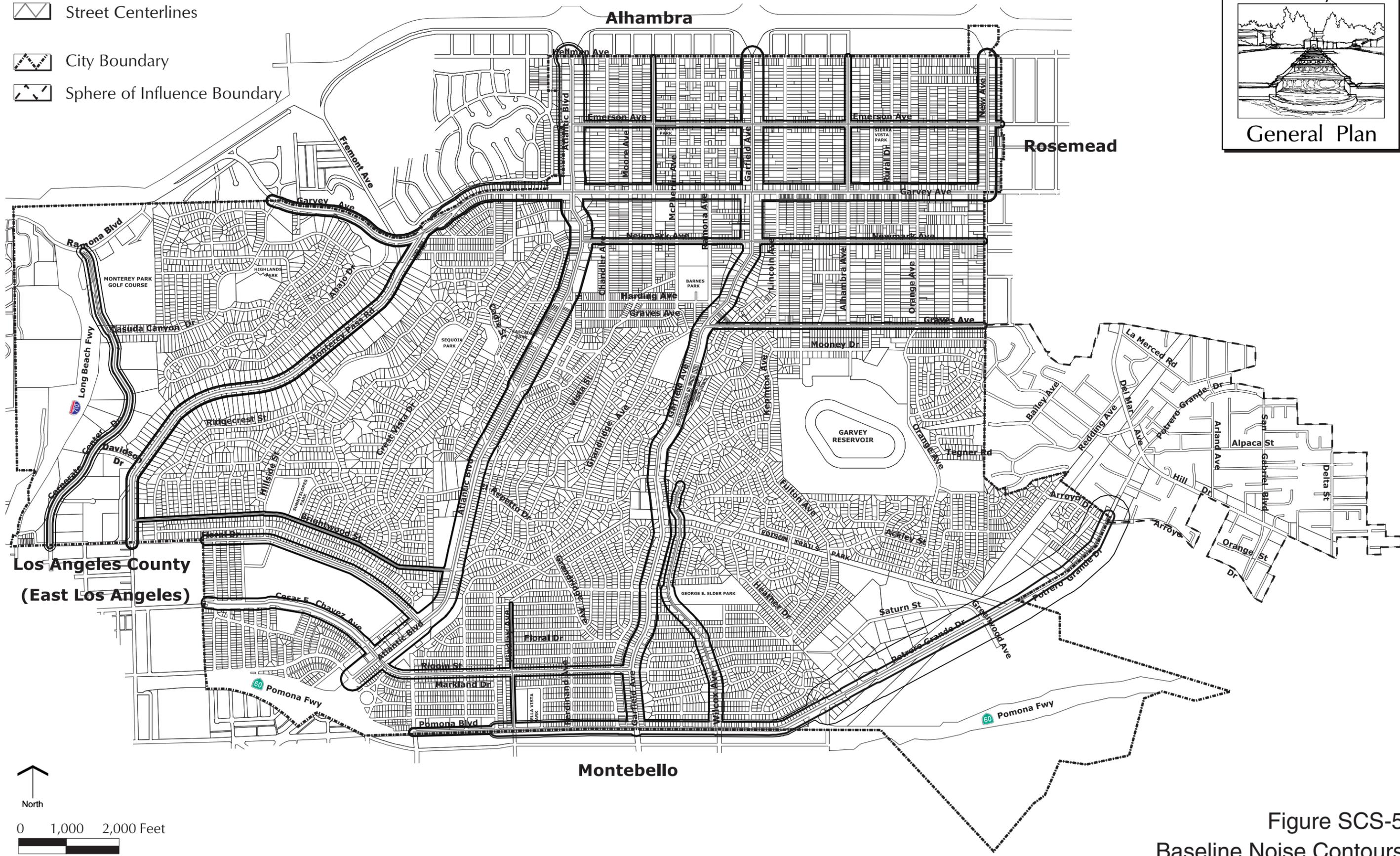
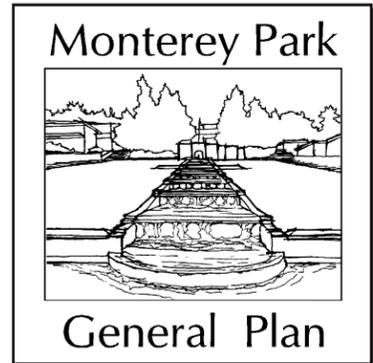
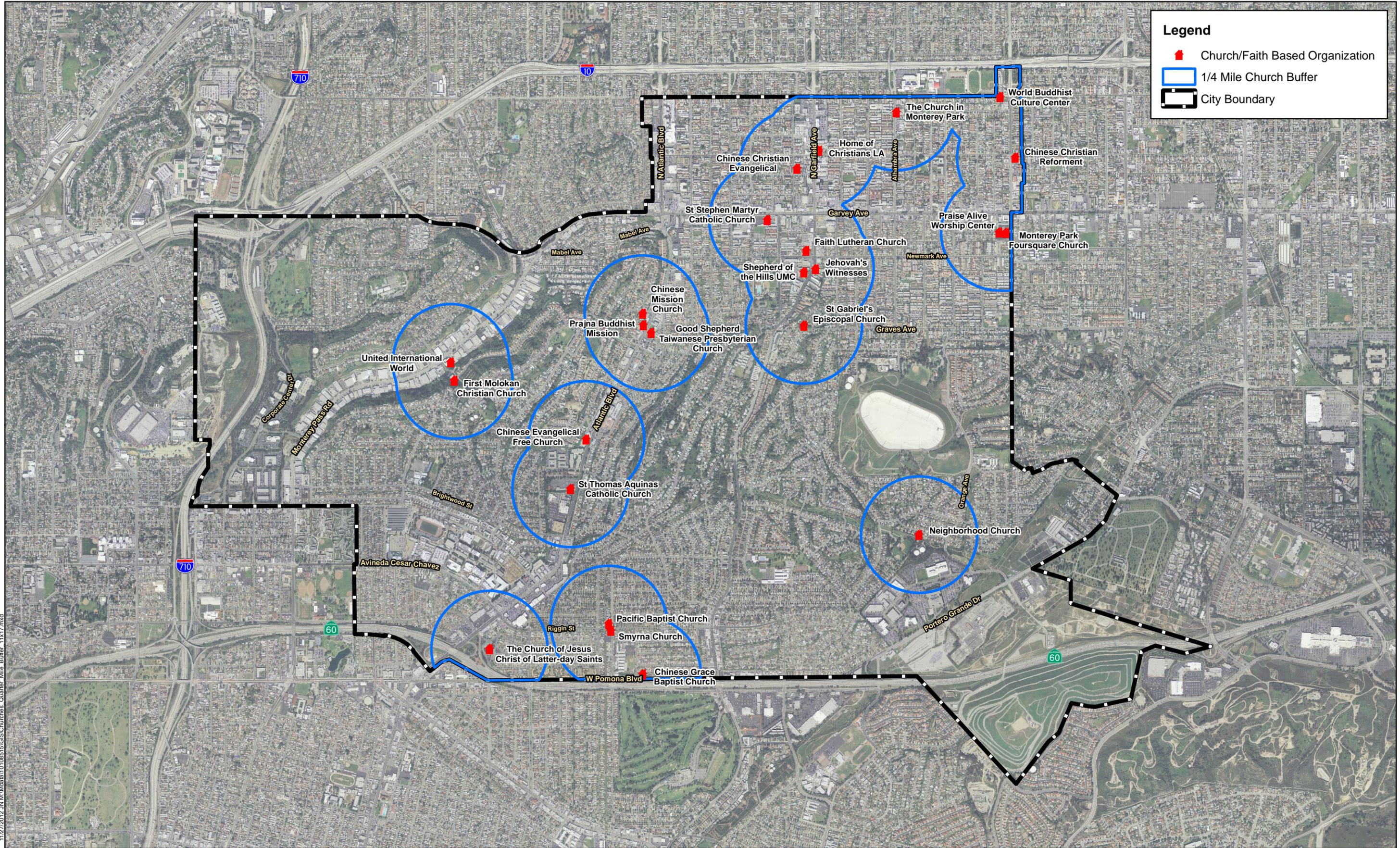


Figure SCS-5
Baseline Noise Contours

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Legend

- Church/Faith Based Organization
- 1/4 Mile Church Buffer
- City Boundary

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Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Churches & Faith Based Organizations

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3.10.2 Voting/Volunteerism

Nearly 47 percent of Monterey Park registered voters casted a ballot in the 2010 Gubernatorial General Elections.¹³² The City has 17 committees, commissions, and boards, including a Youth Advisory Board, totaling 128 seats. As of October 2012, an estimated one in four seats (23.4 percent) was vacant. According to the City website, there are over 40 organizations providing residents with both membership and volunteer opportunities in the city.

Studies show that active citizens can effectively address public problems by using public data, working together, and collaborating with government. Sustaining civic engagement ensures safer and healthier communities and improves the quality of life for all residents. Similarly, engaging youth in community development processes infuses them with a sense of ownership and civic responsibility for their city that leads to an increased desire to help their city progress now and into the future. Youth who are engaged in civic activities are more likely to do better in school, graduate from college, and vote.¹³³

3.10.3 Crime

The City of Monterey Park reported a total of 1,243 violent crimes in 2011 including homicide, forcible rape, robbery, assault, burglary, larceny theft, and motor vehicle theft. This number is slightly up from 2009 (1,195 crimes) and 2010 (1,112 crimes); however, these numbers are lower than the 2008 total of 1,434. Generally speaking, homicide, forcible rape, burglary, and motor vehicle theft are declining within the city. Larceny theft was decreasing before 2011 where it jumped. Assault has been consistently increasing over the past four years.

A lack of sense of safety, both from injury and crime, can deter residents from using parks and active transportation options. It also contributes to stress and anxiety, affecting overall mental health, and depletes social cohesion and networks within communities. The simple presence of a park or new street crossings is not enough to establish accessibility to green space or walkability; whether or not the park or street is safe or *perceived* as safe are key factors to use by residents.¹³⁴ When residents are afraid they will not only avoid parks but also will walk and bike infrequently, restrict outside play for their children and divert to convenience stores for food access. Addressing community crime and violence is a fundamental component in the promotion of physical activity, healthy eating and chronic disease prevention strategies.

A number of other factors in the community contribute to crime and violence or, at a minimum, foster a sense of fear and perceived risk. For example, high numbers of multi-

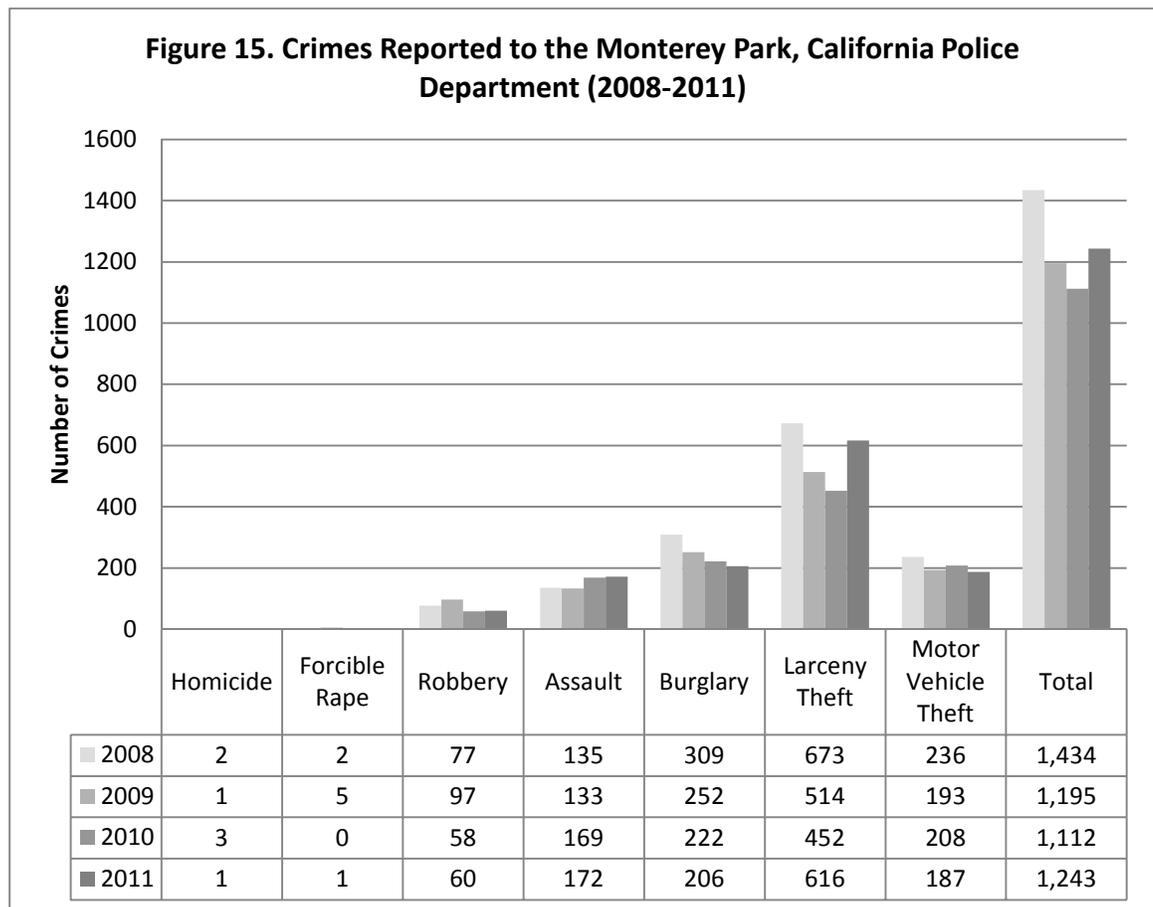
¹³² Los Angeles County Registrar-Recorder/County Clerk. Page 162
http://www.lavote.net/Voter/PDFS/STATEMENT_VOTES_CAST/11022010_COM.pdf.

¹³³ CIRCLE. (2010). Civic Skills and Federal Policy Fact Sheet. The Center for Information & Research on Civic Learning & Engagement. Medford: TUFTS University.

¹³⁴ The City Project. 2011. *Healthy Parks, Schools, and Communities*. Retrieved on July 19, 2012 from www.cityproject.org.

housing complexes without responsible property management policies and practices. These have been associated with increased levels of neighborhood crime and contribute to urban blight.¹³⁵ In addition, research has indicated a link between alcohol and violence, including a relationship between alcohol outlet density and youth gang activity.¹³⁶

Figure 15, shows the crimes reported in Monterey Park from 2008 to 2011. The total number of crimes has decreased from 2008 to 2011; however, crimes reported in 2011 were higher than 2009 and 2010. The most popular crimes are larceny theft, burglary, and motor vehicle theft.



3.11 Alcohol

Consumption of alcohol can have serious adverse effects on the physical and mental health of consumers while increasing stress and anxiety in families and the community at large. Each

¹³⁵ PolicyLink. 2002. Reducing health disparities through a focus on communities. A PolicyLink Report. Oakland, CA.

¹³⁶ Gruenewald PJ, Remer L. 2006. Changes in outlet densities affect violence rates. *Alcoholism: Clinical and Experimental Research* 30(7):1184-1193. Reid RJ, Hughey J, Peterson NA. 2003. Generalizing the alcohol outlet-assaultive violence link: Evidence from a US Midwestern city. *Substance Use & Misuse* 38(14):1971-1982.

year approximately 80,000 deaths are attributed to excessive alcohol use in the United States (over 9,700 in California).¹³⁷ As a result, excessive alcohol use is the third leading lifestyle related cause of death in the nation. In 2006, the economic cost of excessive alcohol consumption was estimated at \$223.5 billion.

The U.S. Centers for Disease control categorize the health risks related to alcohol consumption into immediate and long-term health risks, including several chronic diseases. See Table 19, below, for health risks from alcohol consumption.

Table 19. Immediate and long-term risks of alcohol consumption¹³⁸	
Immediate	Long-term
<ul style="list-style-type: none"> • Unintentional injuries (i.e. traffic injuries, falls, drownings, burns, and unintentional firearm injuries) • Violence including domestic abuse • Risky sexual behavior • Miscarriage and stillbirth • Alcohol Poisoning 	<ul style="list-style-type: none"> • Neurological problems (i.e. dementia, stroke and neuropathy) • Cardiovascular problems (i.e. myocardial infarction, cardiomyopathy, atrial fibrillation and hypertension) • Psychiatric problems (i.e. depression, anxiety, and suicide) • Cancer of the mouth, throat, esophagus, liver, colon, and breast. • Live diseases (i.e. alcoholic hepatitis, cirrhosis) • Gastrointestinal problems (i.e. pancreatitis, gastritis)

According to data from the California Department of Alcoholic Beverage Control, the City of Monterey Park has 84 places including restaurants that sell or serve alcohol (55 restaurants and 29 markets).¹³⁹

Studies have shown that neighborhoods with a high density of alcohol outlets including bars, restaurants, and liquor stores report higher rates of violent crime. Examples include increased rates of homicide, assault, drinking and driving, motor vehicle-related pedestrian injuries, and child abuse and neglect.¹⁴⁰ A study of 74 cities in L.A. County, found that the correlation between higher density of alcohol outlets and increased violent crime was present, even when levels of unemployment, age, ethnic and racial characteristics and other community characteristics were taken into account.¹⁴¹ Among victims of domestic violence, an estimated 35 percent of victims report that the offenders were under the influence of alcohol. Similarly,

¹³⁷ U.S. Centers for Disease Control and Prevention. Alcohol and Public Health: Alcohol-Related Disease Impact (ARDI) 2001-2005.

¹³⁸ U.S. Department of Disease Control and Prevention. 2012. Alcohol use and health fact sheet. Retrieved on October 26, 2012 from <http://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm>.

¹³⁹ CA Dept. of Alcoholic Beverage Control. <http://www.abc.ca.gov/datport/AHCity.asp>.

¹⁴⁰ Stewart, Kathryn. *How alcohol outlets affect violence*. Prevention Research Center. Retrieved on October 26, 2012 from <http://resources.prev.org/documents/AlcoholViolenceGruenewald.pdf>.

¹⁴¹ Scribner, R. et al. (1995) The risk of assaultive violence and alcohol availability in Los Angeles County, *American Journal of Public Health*, 85:335-340.

studies have shown that in child maltreatment cases, alcohol was the leading factor.¹⁴² See Exhibit 18, *Alcohol Retailers* and Exhibit 11, *Alcohol Related Collisions*.

3.12 Education

The City of Monterey Park elementary and secondary schools are served by the Alhambra, Garvey, Los Angeles, and Montebello School Districts. Monterey Park is also home to East Los Angeles College, a fully accredited college offering both a two-year vocational program and an undergraduate curriculum. Nearby California State University, Los Angeles offers extensive undergraduate, masters, and doctoral programs.¹⁴³ Table 20 shows the level of education of Monterey Park Residents compared to the County of Los Angeles.

Table 20. Level of Education of Residents		
	Monterey Park	County of Los Angeles
high school graduate or higher	74.7%	76.3%
bachelors degree or higher	28.2%	29.3%
<i>Source: US Census Bureau.</i>		

Research shows that schools play a critical role in not just educating children and youth, but also promoting student health and preventing chronic diseases such as childhood obesity. It is known that healthy students make better learners. They come to school more often and are better able to concentrate on their studies.¹⁴⁴

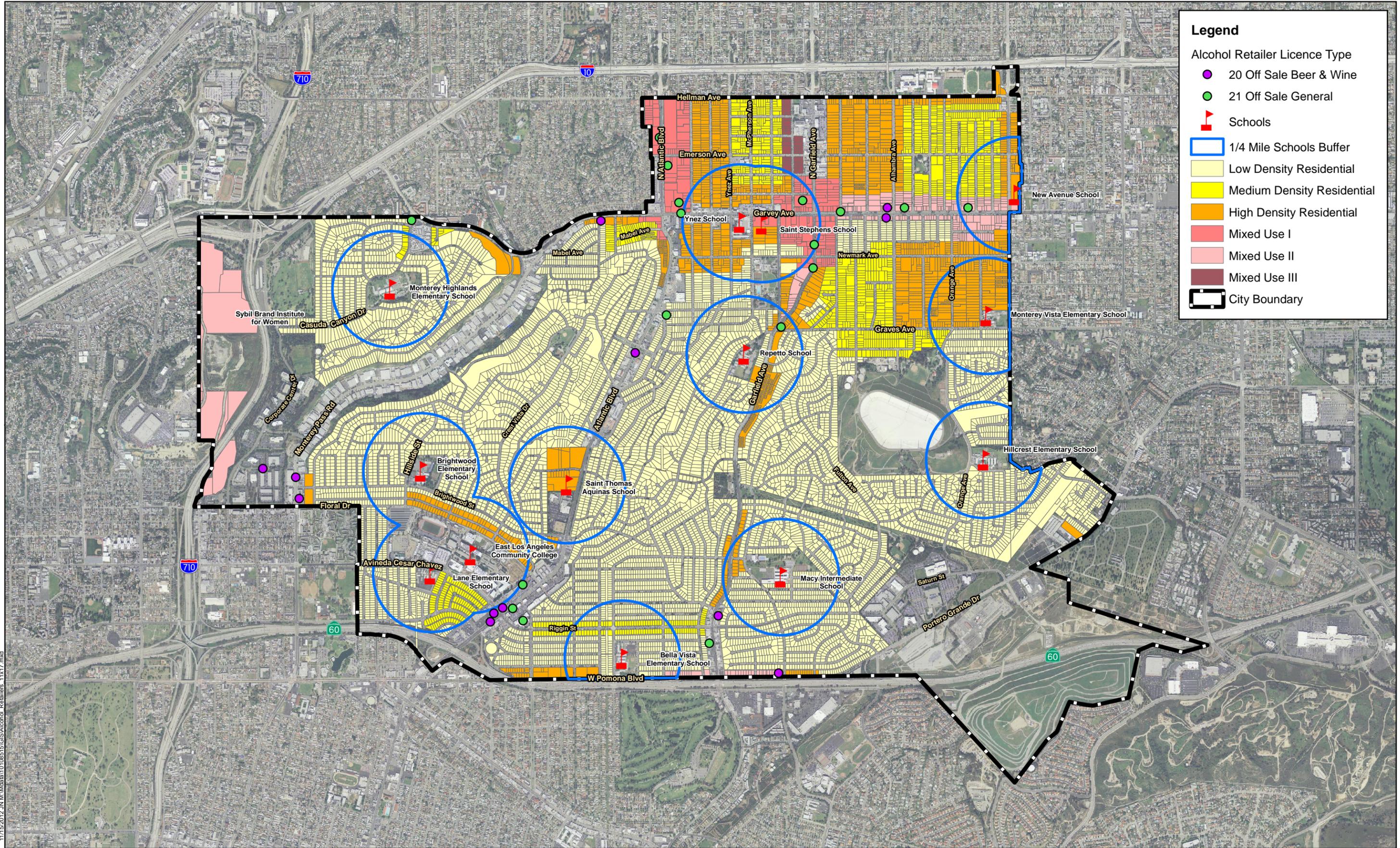
Through the Network for a Healthy California, school districts in Monterey Park have engaged staff, and students and their families in a variety of health education programs.

- **Harvest of the Month Tasting Trio:** Monthly featured produce and classroom sampling/recipe preparation.
- **Culinary Connections:** Chef Demonstrations to Nutrition Advisory Councils at each school site.
- **SPARK** (Grades 3-5, Options PreK Site Staff, After School Program/ASES) – Technical assistance for teachers.
- **Staff Development Opportunities:** Topics include, MyPlate, Healthy Classroom Parties.

¹⁴² U.S. Department of Disease Control and Prevention. 2012. Alcohol use and health fact sheet. Retrieved on October 26, 2012 from <http://www.cdc.gov/alcohol/fact-sheets/alcohol-use.htm>.

¹⁴³ School Districts Serving Monterey Park, <http://www.ci.monterey-park.ca.us/index.aspx?page=873>

¹⁴⁴ U.S. Center for Disease Control and Prevention. *School Health School Health Guidelines to Promote Healthy Eating and Physical Activity: Recommendations and Reports*. September 16, 2011 / 60(RR05);1-71



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- **Fight BAC:** Food Safety/Sanitation.
- **Altman Plants School Gardens Program**
- **Parent Nutrition Education**
- **Food & Nutrition Services/Food Fair:** Schools (administrators, teachers, students and parents) sample and evaluate foods offered by food vendors.
- **Family Nutrition Night:** Family Health Fairs at school sites.
- **Walk to School Week:** Participating schools include; Monterey Highlands, Ynez, and Repetto Elementary Schools.
- **AUSD Parent University:** Topics includes, nutrition education promotion through programs such as “Healthy Snacks” and “Brown Baggin.”
- **School-wide Salad Bowl Event:** Examples include the Monterey Highlands Husky Bowl, Repetto Roadrunner Bowl, and Ynez Salad Bowl.

Several Monterey Park schools participate in an annual safe walking event called “Walk This Way,” which is administered by the City’s Fire Department. An estimated 150 -200 Monterey Park students and their parents participate annually. Participants are escorted to their schools by Fire Department personnel while learning safe walking practices. “Walk this Way” is a national event aimed at promoting safe walking practices for children. The Fire Department provides educational literature regarding walking and biking to school as well as Halloween safety information.¹⁴⁵ There are currently no Safe Routes to Schools programs or related policies in place in the city. See Table 21 and Exhibit 19, *Proximity of Schools to Residential Land Uses*.

3.13 Housing

Overcrowding is defined as more than one person per room in a housing unit. A room is defined as any room within the housing unit that is not a kitchen or bathroom. Living rooms and dining rooms count as a room. In Monterey Park, the average household size is 3.01 persons out of 19,935 total households. In the County of Los Angeles the average household size is 3.03 persons out of 3,201,795 total households.¹⁴⁶

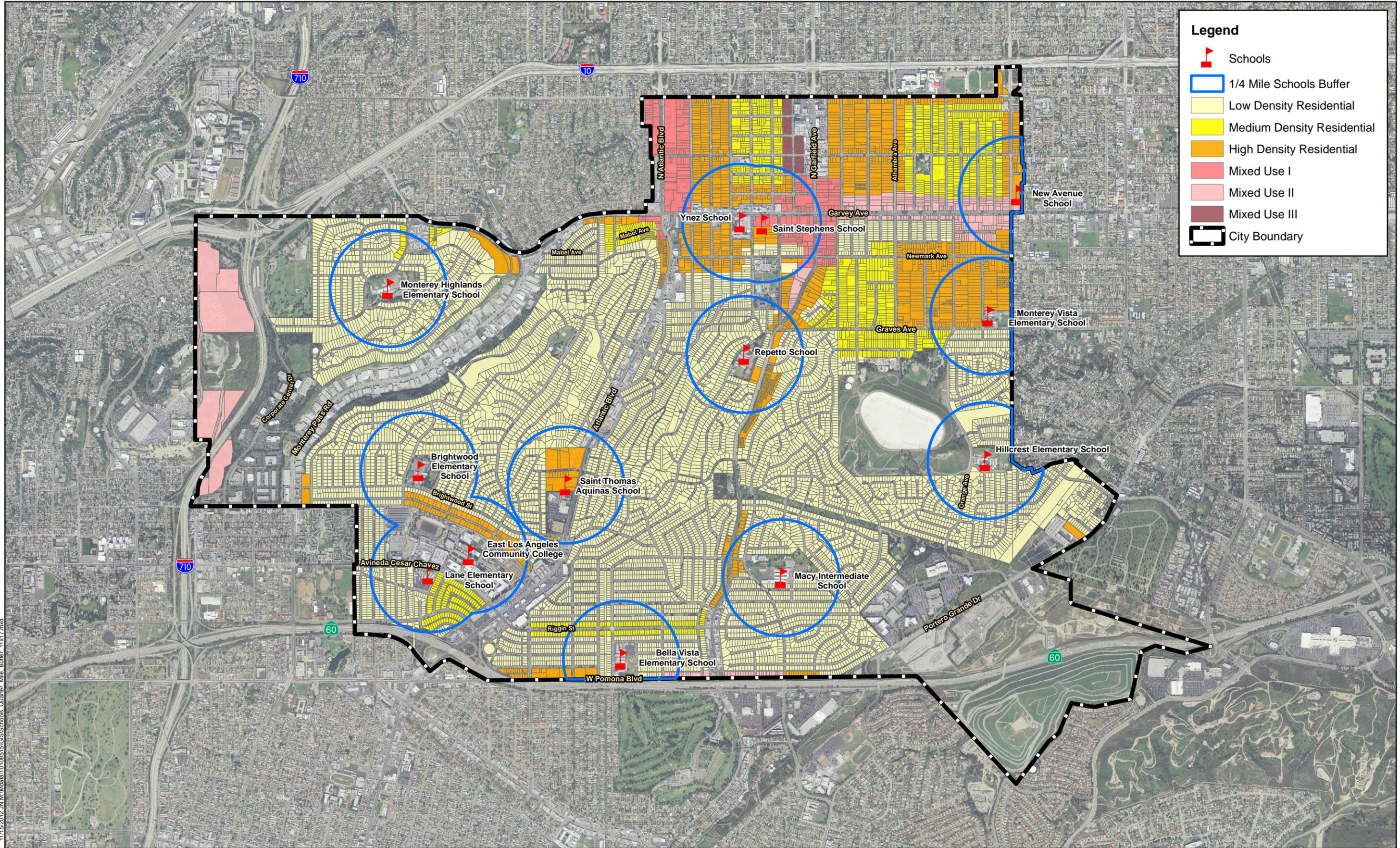
Overpayment is defined as paying more than 30 percent of the household income on housing. In Monterey Park, 65 percent of renters spent 30 percent or more of household income on housing.¹⁴⁷

¹⁴⁵ Email from Fire Department Engineer, Chris Thompson.

¹⁴⁶ Ibid.

¹⁴⁷ 2008-2010 American Community Survey. American Factfinder. US Census Bureau. www.census.gov.

Table 21. Schools in Monterey Park	
<u>Alhambra School District</u>	
Brightwood Elementary School 1701 Brightwood Street Monterey Park, CA 91754 (626) 308-2404 Principal: Ms. Colleen Underwood	Repetto Elementary School 650 Grandridge Avenue Monterey Park, CA 91754 (626) 572-2231 Principal: Ms. Jenny Cheng
Mark Keppel High School 501 E. Hellman Avenue Alhambra, CA 91801 (626) 572-2242 Principal: Mr. Russell Yamanaka	Ynez Elementary School 120 S. Ynez Avenue Monterey Park, CA 91754 (626) 572-2236 Principal: Me. Carla Danner-Powell
Monterey Highlands School 400 Casuda Canyon Drive Monterey Park, CA 91754 (626)308-2427 Principal: Mr. Joe Cash	
<u>Garvey School District</u>	
Hillcrest Elementary School 795 Pepper Street Monterey Park, CA 91755 (626) 307-3371 Principal: Mr. Robbin Libby	Monterey Vista Elementary School 901 Easte Graves Avenue Monterey Park, CA 91755 (626) 307-3300 Principal: Mr. Hing K. Chow
<u>Montebello Unified School District</u>	
Bella Vista Elementary School 2410 Findlay Avenue Monterey Park, CA 91754 (323) 721-4335 Principal: Mr. John Meyer	Macy Intermediate School 2101 Lupine Avenue Monterey Park, CA 91755 (323) 722-0260 Principal: Ms. Deborah De la Torre
<u>LA Unified School District</u>	
Robert Hill Lane Elementary School 1500 Avenida Cesar Chavez Monterey Park, CA 91754 (323) 263-3877 Principal: Ms. Emma Perez	Schurr High School 820 Wilcox Avenue Montebello, CA 90640 (323) 887-3090 Principal: Arthur Sanchez
<u>Los Angeles Community College District</u>	
East Los Angeles College 1301 Avenida Cesar Chavez Monterey Park, CA 91754 President: Mr. Ernest Moren	



Legend

- Schools
- 1/4 Mile Schools Buffer
- Low Density Residential
- Medium Density Residential
- High Density Residential
- Mixed Use I
- Mixed Use II
- Mixed Use III
- City Boundary

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0 1,000 2,000 4,000 Feet

Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Proximity of Schools to Residential Land Use

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Overcrowding is, more often than not, a result of housing affordability. Unable to afford their own home or one large enough for the whole family, people are often forced into overcrowded living arrangements. Persons who live in overcrowded conditions are more likely to suffer from adverse health outcomes. Ailments can affect both physical and mental health including chronic respiratory disease, heart disease, and depression.¹⁴⁸ Children who grow up in overcrowded homes are more likely to develop asthma, perform poorly in school, and experience developmental delays.¹⁴⁹

3.14 Economy

3.14.1 Employment

As of September 2012, a total of 26,600 Monterey Park residents (16 years and up) were employed.¹⁵⁰ The city’s rate of unemployment is lower than the county’s and slightly lower than the national unemployment rate of 7.8 percent.¹⁵¹ Refer to Table 22, below.

Area Name	Labor Force	Employment	Unemployment	Unemployment Rate (percentage)
Los Angeles County	4,807,000	4,317,900	489,000	10.2%
Monterey Park	28,900	26,600	2,200	7.7%

Source: Labor Market Information, California EDD

A high rate of unemployment has both mental and physical health effects. During periods of unemployment, individuals are likely to feel severe economic strain that can lead to increased levels of serious psychological distress.¹⁵² Due to its tie to employment, unemployed persons are less likely to have health care, adversely affecting their ability to access necessary medical care and prescriptions. In the United States, between 2009 and 2010, 48.1 percent of unemployed adults aged 18–64 years had health insurance compared with 81.4 percent of employed adults; among the insured, a higher proportion of the unemployed had public insurance. Fair or poor health doubles among unemployed persons compared to those with employment (11.3 percent vs. 5.3 percent respectively).

¹⁴⁸ Bashir SA. Home is where the harm is: inadequate housing as a public health crisis. *Am J Public Health*. 2002; 92(5):733-738.

¹⁴⁹ Ibid.

¹⁵⁰ Labor Market Information, California EDD

¹⁵¹ U.S. Department of Labor. Bureau of Labor Statistics. September 2012. Database, Tables & Calculators by Subject. Retrieved on October 24, 2012 from <http://data.bls.gov/timeseries/LNS14000000>.

¹⁵² Driscoll AK, Bernstein AB. Health and access to care among employed and unemployed adults: United States, 2009–2010. NCHS data brief, no 83. Hyattsville, MD: National Center for Health Statistics. 2012.

3.15 Healthcare Access

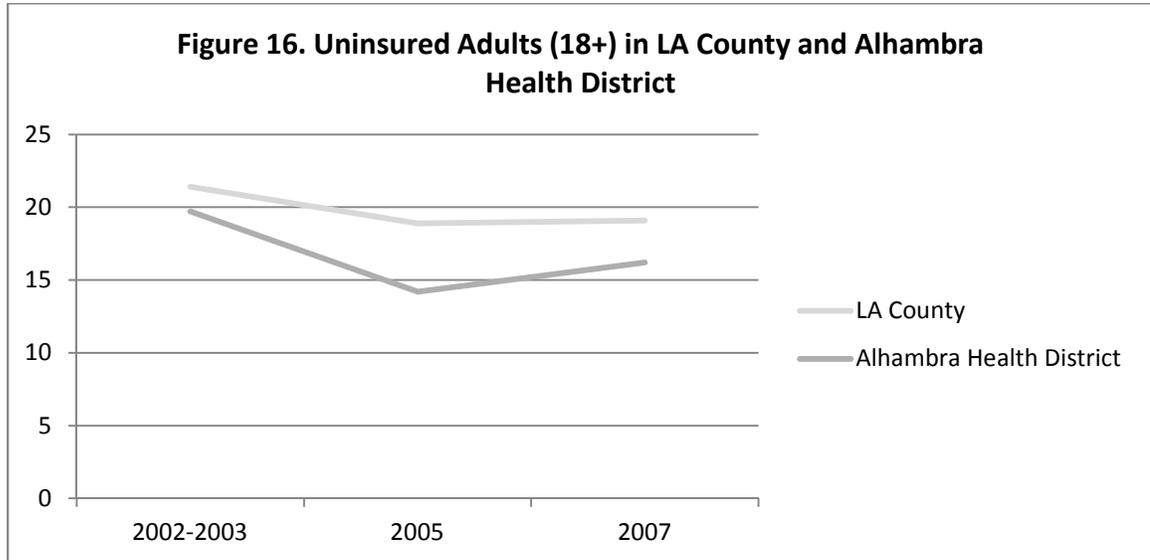
A large body of research points to the availability of, and access to, health services as a key component to the preservation of good public health. The type of health services in a community can impact the health outcomes of local residents. Individuals living in neighborhoods with greater health care resources are more likely to use primary care due to shorter travel distances required to see a provider and greater provider choice. Economically challenged neighborhoods are less likely to offer easily accessible health services, impeding residents from obtaining recommended preventive services.

See Exhibit 20, *Proximity of Hospitals/Clinics to Residential Land Use*.

3.15.1 Number of Insured

Although the rate of uninsured persons within Los Angeles County and the Alhambra Health District has decreased since 2002-03, numbers are slowly climbing back up with 19.1 percent of Los Angeles County residents uninsured.¹⁵³ At the SPA level, over 30 percent (30.6) of adults report difficult accessing medical care, the third highest reported percentage among all SPAs in the county; only 11.8 percent of children (0-17) reported such difficulty.¹⁵⁴

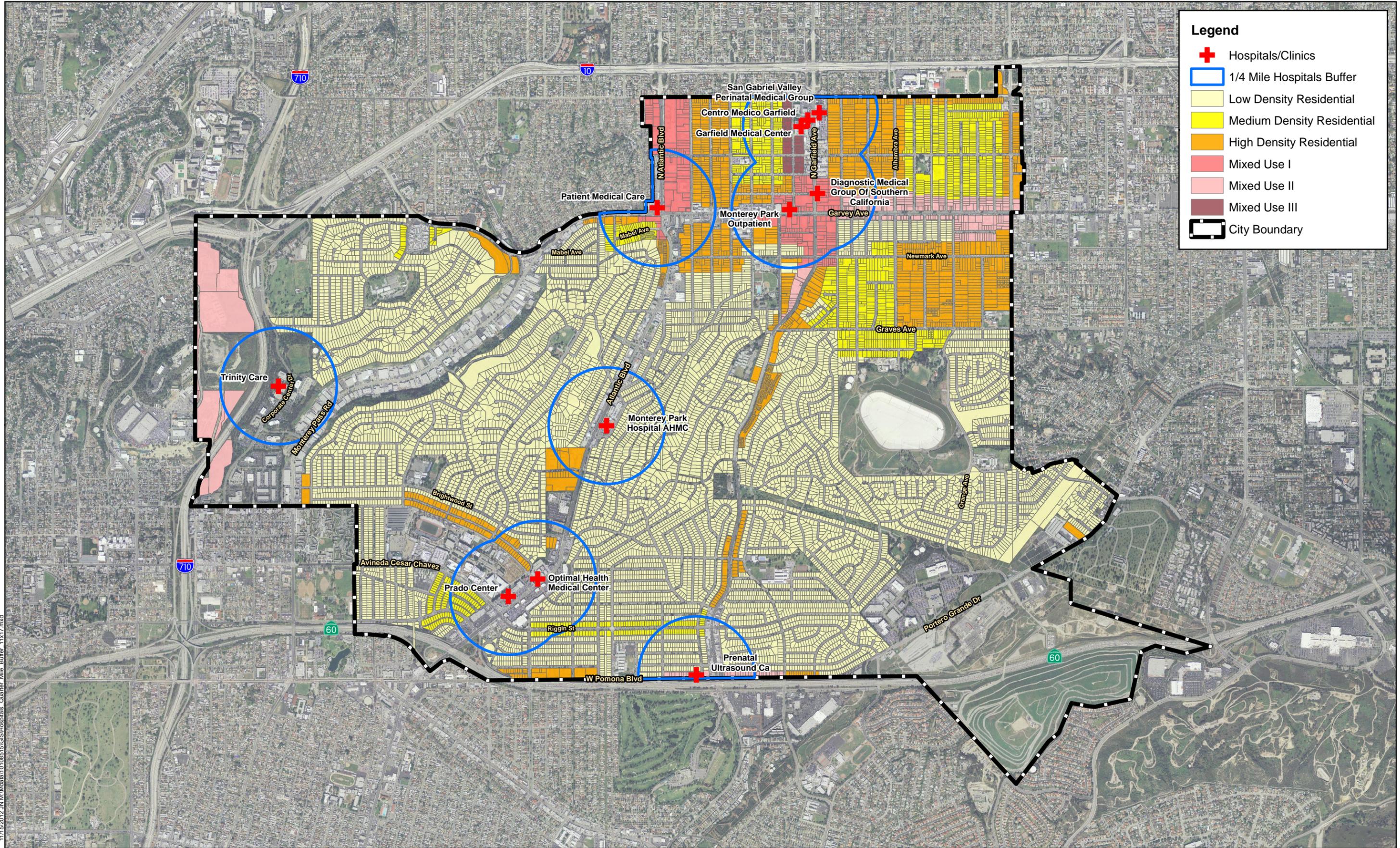
Refer to Figure 16 for trendlines showing uninsured adults in Los Angeles County and the Alhambra Health District. Figure 17 shows the percentage of adults reporting difficulty accessing medical care (see SPA 3).



Source: Los Angeles County Department of Public Health, Los Angeles Health Survey, 2002-03, 2005, 2007

¹⁵³ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology, Los Angeles County Health Survey, 2002-03, 2005, 2007.

¹⁵⁴ Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. *Key Indicators of Health by Service Planning Area*; June 2009.



Legend

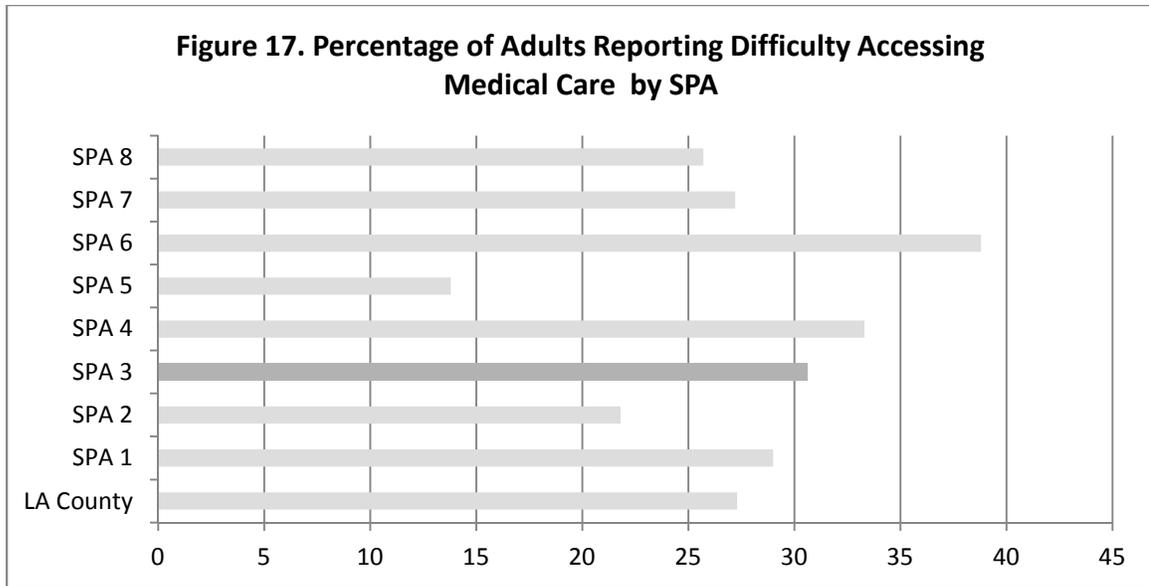
- + Hospitals/Clinics
- 1/4 Mile Hospitals Buffer
- Low Density Residential
- Medium Density Residential
- High Density Residential
- Mixed Use I
- Mixed Use II
- Mixed Use III
- City Boundary

11/15/2012 JN.M:\data\10108515\GIS\Hospitals Quarter Mile Buffer 11x17.mxd

Source: Eagle Aerial - 2011, Esri Online, City of Monterey Park

CITY OF MONTEREY PARK
Proximity of Hospitals/Clinics to Residential Land Use

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Source: Los Angeles County Department of Public Health, Office of Health Assessment and Epidemiology. Key Indicators of Health by Service Planning Area; June 2009

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Appendix B:
Vision Plan

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- Vision Themes 7**
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Appendix – Summaries and Notes from Visioning Activities

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INTRODUCTION

Purpose

The purpose of this Vision Plan is to provide direction on how the City of Monterey Park can better promote community health and sustainability. It summarizes input from Monterey Park community members, General Plan Advisory Committee members, and from Technical Advisors who were sought for their expertise or engagement in issues related to health or sustainability. The Vision Plan is based on issues and ideas that these various stakeholders brought up in several forums in the latter half of 2012, as described below in “Visioning Process”.

Along with the Existing Conditions Report, the Vision Plan serves as a foundation document for the development of the new Healthy Community Element and Sustainable Community Element of the Monterey Park General Plan. It may also stand alone as a guide to efforts that the City, community partners, and public can undertake to achieve a Healthy and Sustainable Monterey Park.

Visioning Process

The visioning process for the Monterey Park Healthy Community and Sustainable Community Elements included input from the General Plan Advisory Committee and Technical Advisors, outreach booths at community events, a community workshop, and an online survey, as described below. Participants represented a cross-section of residents and stakeholders—including people who have been involved in civic matters and people who have not been involved, and people of different ethnicities and ages.

General Plan Advisory Committee

The General Plan Advisory Committee consists of representatives from each of the City’s commissions, and will be providing guidance throughout the project. The first GPAC Meeting was held on October 9, 2012. Committee members helped brainstorm locations for outreach, questions to ask the public, and which community groups to reach out to. The members also provided their ideas about the definitions of



“sustainability” and “health” and identified the topics that they felt were important to address.

Technical Advisors

A meeting was held on July 26, 2012 with 15 “Technical Advisors” who had been sought for their expertise or engagement in issues related to health or sustainability. They represented local and regional agencies and organizations including the Los Angeles County Department of Health, school districts, YMCA, higher education research groups, Bike San Gabriel Valley, and local family/health service providers. These stakeholders provided feedback through a brainstorming exercise and discussion. The following questions were posed to the Technical Advisors:

- *What are the needs and priorities in Monterey Park?*
- *What are the top issues, opportunities, or topics the Elements should address?*

Besides this initial meeting, further input will be sought from the Technical Advisors as the Healthy Community and Sustainable Community Elements are developed.

Community Visioning Workshop, November 8, 2012

On the evening of November 8, 2012, a Community Visioning Workshop was held at the Langley Center. The workshop began with a brief introductory PowerPoint, followed by three interactive exercises.

Workshop participants were first engaged in a brainstorming exercise to identify challenges and opportunities regarding health and sustainability. Facilitators grouped these comments into themes and participants then joined small groups to discuss the top themes that emerged from the comments: Water and Air, Energy, Streets & Mobility, and Nutrition. The small groups produced visions, action steps, and key partners for those topic areas.

The workshop participants also answered several questions about themselves and their opinions during a live survey. When asked if they thought they were aware of most of the health- or sustainability-related programs in Monterey Park, their



response was largely negative. Participants seemed unsure whether Monterey Park was already healthy and sustainable, although responses were more positive regarding health and less positive regarding sustainability. These responses were mirrored in the online survey, discussed below.

Farmers' Market, September 7, 2012

On September 7, 2012, the City of Monterey Park hosted a community outreach booth at the Monterey Park Farmers' Market. On that day, the Farmers' Market was combined with a Back to School Health and Fitness Event. This special event brought additional community members to the venue. At the outreach booth, staff and volunteers provided information about the Healthy and Sustainable Monterey Park project, asked youth to draw their ideas related to these topics, and asked adults and older youth to provide thoughts responding to two questions:

- *How can Monterey Park become a more sustainable community?*
- *How can Monterey Park improve health in the community?*

A "quilt" of the children's drawings is presented on page 5 following this section.

Environmental Commission Meet and Greet, October 16, 2012

On October 16, 2012, the City of Monterey Park hosted an environmental meet and greet at El Encanto, the City's Chamber of Commerce. High school and community college students from Monterey Park and neighboring cities came to learn about environmental careers. Project team members staffed a table with information on environmental careers and the Healthy and Sustainable Monterey Park project. Students were asked to provide ideas about what would make the city healthier and more sustainable.



Other Opportunities

Lunar Festival, February 2013

The annual Lunar Festival/Chinese New Year Festival in Monterey Park will present another opportunity to obtain public input on the topics identified in this Vision Plan.

Online Survey, Ongoing

An online survey was available from the project website after the first workshop, allowing more people to answer the questions that were posed during the workshop. At the time this Vision Plan was completed, the survey was still receiving responses.

“Public Outreach Partners,” Ongoing

The project team has developed a number of materials that community members can use to gather input from clubs or groups that they are affiliated with. At the time this Vision Plan was completed, these materials were still available to interested community members.

Activity Summaries

More detailed summaries and notes from the visioning activities are provided in the Appendix.



My favorite fruit or vegetable.



Bahana

Things I do to help the ocean.
"We can clean it up"

Belinda, age 6



My favorite fruit or vegetable.



Alice Age 8
覃思睿

My favorite way to exercise.
I enjoy swimming!

Cristina Porras
Age: 10

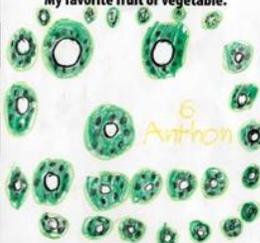


Things I do to help the earth.
RECYCLE cans and old newspapers!

Junie 8 years old



My favorite fruit or vegetable.



6
Anthony

My favorite way to exercise.

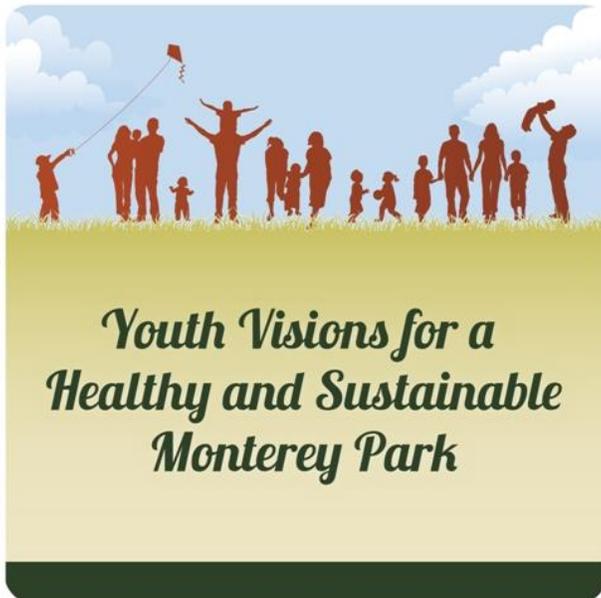


Brianna
5

My favorite fruit or vegetable.



Kaitlyn, age 9



**Youth Visions for a
Healthy and Sustainable
Monterey Park**

My favorite fruit or vegetable.



Kayden
age 2

One thing people can do to protect the environment.
"My family can help"

Serena, age 4



Things I do to help the earth.



Michelle
Age 9

My favorite fruit or vegetable.



mango

Things I do to help the earth.
"Everyone helps each other"

Erica, age 10



My favorite fruit or vegetable.

Oscar 7 cheng



My favorite fruit or vegetable.



orange

One thing people can do to protect the environment.
Picking up things in the ocean

Vanessa
7



My favorite fruit or vegetable.



ALICE

Things I do to help the ocean.
Kaylee Toilla fong
age: 9 years old

a person picking up trash in the ocean.



My favorite fruit or vegetable.

Krystal
Age 7



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VISION

Vision Statement

The following vision statement summarizes the 10 main themes in the comments received through the visioning process.

Vision for a Healthy and Sustainable Monterey Park

In a healthy and sustainable Monterey Park, community members are:

- *Breathing Clean Air*
- *Wisely Using Water and Energy*
- *Reducing Waste*
- *Being Physically Active and Enjoying the Outdoors*
- *Enjoying Our Neighborhoods and Gathering Places*
- *Eating, Selling, and Growing Healthy Food*
- *Walking and Biking Around Our Community*
- *Learning and Getting Involved*
- *Preparing for Emergencies and Maintaining Safety*
- *Accessing Health Care and Preventing Illness*

Through coordinated efforts, the City of Monterey Park, community organizations and businesses, and residents can make this vision a reality.

Vision Themes

In the following pages, each of the 10 themes in the Vision Statement is discussed in detail. For each theme, the discussion includes:

Guiding Principles – These statements describe a general approach for achieving or retaining a desired characteristic. They may be seen as a framework for policy or action.

Key Topics – This section organizes input into key topics that came up in comments. Each topic is broken into subtopics, with community suggestions listed for each subtopic. A section called “Potential Community Tools” suggests policy or regulatory tools for addressing each topic, including the Healthy Community Element or Sustainable Community Element.

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Breathing Clean Air

Guiding Principles

- *Limit impacts from second-hand smoke and encourage smoking cessation.*
- *Limit impacts from freeway pollution.*
- *Seek air quality improvements through integrated land use and transportation planning.*

Key Topics

- Air Quality, Land Use, and Transportation Planning
- Smoking

Air Quality, Land Use, and Transportation Planning

Subtopic: Freeway Impacts

Suggestion: Address air quality impacts and other impacts from freeways.

Subtopic: General Plan and Zoning

Suggestions:

- Look at land use / transportation in General Plan, especially parking and land use around transit
- Address suburban land use/density that makes people rely on cars
- Look at zoning ordinance

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – The Land Use Element includes direction to create several community focal points along Monterey Park’s major corridors with mixed uses and higher intensity development.
The Resources Element has a goal to improve air quality, with a policy to integrate air quality planning with land use and transportation planning. Other policies under this goal are aimed at improving traffic flow and promoting alternative-fuel vehicles, employer rideshare and transit incentives, pedestrian and bicycle circulation, and development of higher density housing near commercial service centers.
The Circulation Element has goals and policies to improve access to freeways and minimize freeway traffic impacts on the local street system, provide for increased vehicular flow through major City roadways and intersections, implement traffic calming in residential neighborhoods, improve public transportation, and provide for bicycle and pedestrian circulation.
- *Climate Action Plan* – The Climate Action Plan includes strategies for lessening air quality impacts from transportation.
- *Zoning Ordinance* – Recommendations related to this topic could be partly addressed

in the Zoning Ordinance of the Municipal Code.

Smoking

Subtopic: Second-Hand Smoke

Suggestions:

- Ban smoking in multi-unit housing
- Limit smoking in public places, particularly near children and elderly
- Use a public education effort to encourage compliance with smoking ban(s)
- More signage in public common spaces that are declared smoke-free

Subtopic: Health Impacts to Smokers

Suggestion: Smoking cessation classes

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Ordinance* - In 2012, Monterey Park adopted an ordinance prohibiting smoking in outdoor areas that are patronized by the public, which includes outdoor dining and outdoor shopping mall common areas. This expanded the 2005 ordinance which banned smoking in City parks. The new ordinance is expected to be self-enforcing, with a requirement for property owners/managers to post appropriate signage.

Wisely Using Water and Energy

Guiding Principles

- **Promote water conservation.**
- **Facilitate the use of reclaimed water.**
- **Protect water quality.**
- **Promote the installation of renewable energy systems on homes and commercial properties.**

Key Topics to Address

- **Water Recapture and Use**
- **Energy Generation and Conservation**

Water Recapture and Use

Subtopic: Grey/Reclaimed Water

Suggestions:

- Build a grey/reclaimed water system
- Collect rainwater
- Have a water-themed town hall forum on water quality and grey water

Subtopic: Water Efficiency

Suggestions:

- Revise regulations to allow hardscaping instead of lawns
- More water-efficient landscaping (residential & commercial)
- Watering at night
- Fix sprinklers
- Replace older inefficient faucets and toilets

Subtopic: Drinking Water

Suggestions:

- Cleaner/filtered public fountains
- Softer water to homes to prevent calcification

Potential Community Tools

- *Sustainable Community Element* – This is a topic that may be addressed in the new Sustainable Community Element.
- *Existing General Plan* – The Resources Element includes policies to promote water conservation through education, drought-tolerant landscaping, water-conserving technology, and reclaimed water use and production. It also addresses groundwater contamination.
- *Climate Action Plan* – The Climate Action Plan describes the City’s intent to promote more water-efficient landscaping, increase water recycling, and maximize water conservation. These actions are identified further in the Urban Water Management Plan which has a goal to reduce water consumption by 20% per capita by 2020.

Energy Generation and Conservation

Subtopic: Solar Panels (Photovoltaic Systems)

Suggestions:

- Make it easier for homeowners to install solar panels by offering educational materials that walk them through the process (pamphlet, web page, video, classes/workshops)
- Use regulation to address any aesthetic concerns
- Require roofs to be solar panel-ready, particularly commercial roofs

Subtopic: Energy Conservation

Suggestion: Free programs to help weatherize homes

Potential Community Tools

- *Sustainable Community Element* – This is a topic that may be addressed in the new Sustainable Community Element.
- *Existing General Plan* – The Resources Element includes a policy to promote energy conservation, under the Air Quality goal.
- *Climate Action Plan* – The Climate Action Plan addresses both energy generation and conservation. It indicates the City’s commitment to promoting photovoltaic system installations through outreach to developers and builders so that these systems will provide 5% of residential electricity and 2% of commercial electricity energy use by 2020. It also describes the City’s intent to promote building retrofits.

Reducing Waste

Guiding Principles

- **Reduce waste generation.**
- **Promote recycling.**
- **Discourage littering.**

Key Topics to Address

- **Recycling and Composting**
- **Plastic Packaging and Litter**

Recycling and Composting

Subtopic: Recycling and Composting

Suggestions:

- More recycling centers
- Used products and electronics center
- Permanent drop-off location for hazardous waste
- Recycling bins throughout the City and at each residence
- Recycling programs (City and schools)
- Recycling education
- Composting City-wide

Potential Community Tools

- *Sustainable Community Element* – This is a topic that may be addressed in the new Sustainable Community Element.
- *Existing General Plan* – The Safety and Community Services Element includes policies to reduce solid waste production and ensure proper handling of hazardous waste.
- *Climate Action Plan* – The Climate Action Plan describes the City’s intent to conduct outreach to increase participation in waste reduction, recycling, and composting.
- *Waste Removal Contract* – The City currently contracts with Athens Services for waste removal. Before taking the City’s waste to a landfill, the City requires Athens to process the waste through a sorting center for the removal of recyclables. This program allows the City to meet the state’s current 50% landfill diversion mandate.

Plastic Packaging and Litter

Subtopic: Plastic Packaging Bans

Suggestion: Styrofoam and plastic bag bans

Subtopic: Litter

Suggestions:

- Public trash cans
- Not littering

Potential Community Tools

- *Sustainable Community Element* – This is a topic that may be addressed in the new Sustainable Community Element.

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Being Physically Active and Enjoying the Outdoors

Guiding Principles

- *Improve comfort at parks and other areas where people can be physically active.*
- *Increase opportunities for physical activity.*
- *Seek opportunities to increase green space and active parkland.*
- *Increase recreational opportunities.*
- *Provide opportunities for residents to enjoy the outdoors with their pets.*

Key Topics to Address

- Physical Activity and Recreation
- Increasing Park Space
- Park Improvements

Physical Activity and Recreation

Subtopic: Physical activity

Suggestion: More opportunities for physical activity

Subtopic: Walking and Running

Suggestions:

- Walking clubs at different parks
- Walking clubs for moms with babies
- “Walk/run for health” event

Subtopic: Recreation Classes

Suggestions:

- Free Zumba
- Free P.E. classes
- More water aerobics

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Existing General Plan* – The Resources Element includes a policy to expand joint use agreements with schools, and a policy to seek a joint use agreement with East Los Angeles Community College.

Increasing Park Space

Subtopic: Recreation Space

Suggestions:

- Joint use agreements with schools
- Exercise stations/equipment (and fountains, seating) in medians

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – The Resources Element contains policies to create small passive recreation spaces such as plazas and public spaces in new development, and pocket parks and parkways in neighborhoods.

Park Improvements

Subtopic: Physical Activity

Suggestions:

- Running path around Cascade Park close to Chamber of Commerce
- Fix stairwells at Cascade Park
- Connect parks with bike lanes
- Exercise stations/equipment at Cascade Park
- Lit tennis courts until midnight
- Shade for school play areas

Subtopic: Dog Park and Dog Walking

Suggestions:

- Dog park by Gardenview Ranch Park tennis court
- Dog park at Garvey Ranch Park
- Outdoor pet activities
- Stations for dog waste bags and water

Subtopic: Restrooms, Fountains, and Vending

Suggestions:

- Cleaner bathrooms (e.g. at Barnes Memorial)
- Cleaner/filtered water in fountains
- Healthy vending options

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Existing General Plan* – The Resources Element contains a policy to periodically identify improvements for existing parks, and another policy to create a mechanism for new development to contribute to improving and maintaining existing recreation facilities.
- *Master Plan of Parks* – This 2002 document identified and prioritized improvements to parks in Monterey Park, noting a “critical lack of park space” and insufficient funds to address needs.

Enjoying Our Neighborhoods and Gathering Places

Guiding Principles

- *Look for opportunities to create community gathering places with complementary retail.*
- *Maintain a good quality of life in neighborhoods.*

Key Topics to Address

- **Businesses and Gathering Places**
- **Housing and Neighborhoods**

Businesses and Gathering Places

Subtopic: Retail and Gathering Places

Suggestions:

- Outdoor mall, a place to walk around
- Redesign Garvey: walkable, café, make it a place to hang out
- Close Ramona Street on Fridays and expand Farmers Market with spaces to sit and socialize
- Better dining
- More cafes (Juice It Up, Coffee Bean)
- More places to hang out

Subtopic: Economic Development

Suggestions:

- Attract big business to increase City revenue
- Make Monterey Park a “destination”

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – The Land Use Element and Economic Development Element both provide policies aimed at revitalizing Downtown as a vibrant gathering place and creating a retail/entertainment gateway in the North Atlantic focus area. The Land Use Element provides additional policies to create several mixed use and commercial community focal points, and to enhance the City’s image and identity. The Economic Development Element has policies regarding attracting and retaining businesses.
- *Downtown Monterey Park Mixed-Use and Pedestrian Linkages Plan* – This plan has recommendations for improving the downtown environment for pedestrians, providing community gathering places, and extending streetscape improvements along East Garvey.

Housing and Neighborhoods

Subtopic: Housing and Neighborhoods

Suggestions:

- Regulate home sizes in relation to lot size (prevent mansionization)
- Reduce impacts from single family housing being used as multifamily rentals

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – The Land Use Element includes direction to create several mixed use community focal points with housing and other uses along Monterey Park’s major corridors. It also has a goal to maintain the quality and character of Monterey Park’s residential neighborhoods, with policies about compatibility and code enforcement.

Eating, Selling, and Growing Healthy Food

Guiding Principles

- *Promote access to healthy and organic food.*
- *Encourage community gardens.*
- *Incentivize retail that offers affordable, healthy food.*
- *Promote healthy eating habits.*

Key Topics to Address

- **Healthy Food Access**
- **Nutrition and Cooking Education**

Healthy Food Access

Subtopic: Healthy Food Access

Suggestions:

- Access to healthy and organic food
- Lower prices for produce
- Eating more fruits and vegetables

Subtopic: Food Retail & Restaurants

Suggestions:

- More restaurant variety
- Healthy menus in restaurants
- Healthy food retail incentives
- Evaluate number of fast-food restaurants; regulate fast food
- Organic food market (Trader Joe's, Whole Foods, co-op)

Subtopic: Community Gardens

Suggestions:

- Community gardens and garden tours
- Vegetable gardens
- Trade and sell vegetables at farmers market

Subtopic: School Meals

Suggestions:

- Healthy school meals and snacks (during school year and summer)
- Greater parent awareness of school meal programs

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Existing General Plan* – The Land Use Element and Economic Development contain policies and language encouraging restaurants in focus areas. In these areas, the Land Use Element also discourages bars that are not associated with restaurants.

Nutrition and Cooking Education

Subtopic: Nutrition and Cooking Education

Suggestions:

- Nutrition education for adults and youths
- Healthy cooking classes for all ages and cultures
- Food fairs with demonstrations about eating veggies

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.

Walking and Biking Around Our Community

Guiding Principles

- *Promote walkability and bikeability.*
- *Provide sidewalks, shade, and amenities to encourage walking.*
- *Provide bikeways for people who are not comfortable riding on the street.*
- *Promote safe shared use of streets by people using different modes of transportation.*
- *Promote a well-maintained and pleasant street environment.*
- *Plant more trees and flowers.*
- *Promote use of transit and electric vehicles.*

Key Topics to Address

- Improving Streets for Walking, Biking, and Driving
- Bikeable Community
- Transit and Electric Cars

Improving Streets for Walking, Biking, and Driving

Subtopic: Bike and Pedestrian Facilities

Suggestions:

- Bike lanes
- Bike amenities
- Designate certain sidewalks as bikeways
- More shade trees and benches along sidewalks
- More sidewalks

Subtopic: Street Sharing and Safety

Suggestions:

- “Complete street” policies
- Traffic calming on collector streets
- Prohibit trucks on collector streets
- Address pedestrian collisions (e.g. Baltimore Ave. at Avondale and Garcelon Ave.)
- Address safety issues at Garvey and Alhambra, Avalon and Baltimore
- Bike safety

Subtopic: Trees, Shade, and Greenery

Suggestions:

- More trees and tree canopy
- More shade
- More flowers
- Fix sprinklers

Subtopic: Street Maintenance and Cleanliness

Suggestions:

- Cleaner streets and parking where casino buses are
- Fix potholes (e.g. New Avenue, Monterey Pass Road)
- Repair sidewalks

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Downtown Monterey Park Mixed-Use and Pedestrian Linkages Plan* – This plan provides recommendations for improving pedestrian and bicyclist comfort and safety in the downtown area.
- *Climate Action Plan* – The Climate Action Plan describes the City’s intent to increase walking and bicycling through traffic calming, pedestrian amenities, and safety improvements.
- *Existing General Plan* – The Land Use Element contains an Urban Design Plan to enhance Monterey Park’s arterial corridors with trees, decorative paving, street furniture, lighting, and other aesthetic improvements. The Land Use Element also includes policies to improve the pedestrian environment in Downtown and East Garvey. The Circulation Element has policies to establish and maintain a Neighborhood Traffic Control Program, to establish and maintain truck routes, and implement traffic calming along Garvey Avenue. It also provides several policies aimed at creating and maintaining a connected system for pedestrian and bicycle circulation.

Bikeable Community

Subtopic: Bikeable Community

Suggestions:

- Improve bikeability
- Bike access
- Bike lanes or paths between parks, with wayfinding signs

Subtopic: Bike Education

Suggestions:

- Bike education
- Educate drivers about bicycling

Subtopic: Bike Paths/Trails

Suggestion: Off-street bike trails or paths

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Climate Action Plan* – The Climate Action Plan describes the City’s intent to increase walking and bicycling by increasing the supply of bicycle parking, and encouraging employers to provide end-of-trip facilities such as showers, bike lockers, and changing rooms.

Transit and Electric Cars

Subtopic: Transit

Suggestions:

- Shelters at bus stops
- Expand shuttle service
- Small fuel-efficient shuttles
- Better transit connections (e.g. Spirit and Metro Gold Line)
- Public transportation improvements (e.g. routes, bike racks)

Subtopic: Electric Cars

Suggestion: Charging stations / outlets for electric cars

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – The Circulation Element includes several policies aimed at improving transit options, including expanding Spirit Bus services, linking bus service to transit centers in adjacent communities, encouraging additional Metro bus stops/routes, considering a multi-modal transit center at East Los Angeles Community College, and exploring public/private partnerships for additional transit and para-transit services.
- *Downtown Monterey Park Mixed-Use and Pedestrian Linkages Plan* – This plan includes recommendations for a downtown circulator shuttle, providing curb bump-outs for bus stops, and facilitating Metro Rapid bus service on Atlantic Boulevard and Garvey Avenue.
- *Climate Action Plan* – The Climate Action Plan describes the City’s intent to conduct outreach in order to promote the use of transit.

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Learning and Getting Involved

Guiding Principles

- *Provide information to community members about healthy and sustainable choices and actions they can take.*
- *Offer education on health and sustainability topics, tailored to different ages and cultures.*
- *Encourage community involvement in efforts to make Monterey Park a healthy and sustainable community.*

Key Topics to Address

- Education
- Communication and Involvement

Education

Subtopic: Education

Suggestions:

- Education with cultural diversity
- Educational events about sustainability
- Educational signage
- [See Key Topic *Recycling and Composting* for recycling education suggestion]
- [See Key Topic *Energy Generation & Conservation* for education suggestions regarding home installations of solar panels]
- [See Key Topic *Nutrition & Cooking Education*]
- [See Key Topic *Bikeable Community*, subtopic *Bike Education*]

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.

Communication and Involvement

Subtopic: Communication

Suggestions:

- Health awareness events
- Cost-effective ways to let residents know about “green” or “healthy” programs
- Target different age groups with different communication methods (social media, newspaper, flyers, mail)
- Use email
- Multi-lingual signage
- [See Key Topic *Healthy Food Access* for suggestion to increase parent awareness of school meal programs]

Subtopic: Community Involvement

Suggestions:

- More community involvement at parks
- Involve Monterey Park Youth Advisory Board
- Contests for ideas on making Monterey Park more sustainable
- [See Key Topic *Water Recapture & Use* for water-themed town hall forum suggestion]

Potential Community Tools

- *Healthy Community and Sustainable Community Elements* – This is a topic that may be addressed in the new Healthy Community Element and/or Sustainable Community Element.
- *Existing General Plan* – Several policies in the General Plan have to do with increasing public awareness and providing information to community members about earthquake preparedness, historical and cultural resources, Downtown, energy conservation and recycling, and hazardous household materials.

Preparing for Emergencies and Maintaining Safety

Guiding Principle

- *Promote community preparedness for emergencies and disasters.*
- *Promote public safety.*

Key Topics to Address

- **Emergencies and safety**

Emergencies and Safety

Subtopic: Safety and Emergencies

Suggestions:

- Posting addresses in alleys for better emergency response
- “Reverse 911” notification system for community-wide emergencies
- General Plan should include disaster preparation
- Public safety should be addressed

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Existing General Plan* – Fire and police protection and emergency preparedness are addressed in the Safety and Community Services Element. This Element states that the City participates in the Standardized Emergency Management System which provides a framework for coordinating multi-agency emergency responses. It also includes a goal to provide the community with a high level of protection from crime.

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Accessing Health Care and Preventing Illness

Guiding Principle

- *Promote early access to health care.*
- *Promote behavior that prevents the spread of communicable disease.*

Key Topics to Address

- Health care and communicable disease prevention

Health Care and Disease Prevention

Subtopic: Health Care

Suggestions:

- Health care access
- Early access

Subtopic: Disease Prevention

Suggestions:

- Hygiene and self-protection
- Preparedness against disease

Potential Community Tools

- *Healthy Community Element* – This is a topic that may be addressed in the new Healthy Community Element.
- *Existing General Plan* – The Land Use Element includes a goal to create a diverse medical district within the North Garfield Avenue corridor, with a supporting policy to expand opportunities for development of medical offices and facilities around the Garfield Medical Center.

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APPENDIX

Summaries and Notes from Visioning Activities

- **Notes from October 9, 2012 General Plan Advisory Committee Meeting**
- **Notes from July 26, 2012 Technical Advisors Committee (TAC) Meeting**
- **Community Visioning Workshop Summary – November 8, 2012**
- **Farmers Market Outreach Summary – September 7, 2012**
- **Environmental Commission Meet and Greet Outreach Summary – October 16, 2012**
- **Vision Survey Summary (SurveyMonkey) - Compiled January 21, 2013**



**City of Monterey Park
General Plan Sustainable Community and Healthy Community Elements**

General Plan Advisory Committee Meeting #1

Discussion Notes

October 9, 2012 6 pm to 7 pm

City Hall Community Room

Visioning Workshop Brainstorm

- List of questions, guiding
- What other cities are doing/models
 - Market place
 - Tai Chi
 - 650 People-Breast Cancer Walk
- Provide age-specific information/questions
- Prioritize items/projects
- Spanish translation
- Other outreach ideas - "Go to them"
 - Train students to go out into community
 - Boy scouts
 - Boys and Girls Club
 - Newspaper articles
 - Businesses-how to reach
 - BID
 - Restaurant group
 - Shopping centers & supermarkets
 - PTAs
 - Youth Advisory Board
 - Chamber –William to contact
 - HS Gardening Club
 - HS Presentation
 - Senior Center (Orchid)
 - Rotary (Patricia)
 - Optimists (Paul)
 - Lions (just started eye checks program)
 - Leos
- Book recommended by Paul - *You Are Where You Were When*

Potential Health & Sustainability Topics to Be Addressed

- Recycling program – City, schools
- Posting addresses in alleys (emergency response)
- Bike access, education and safety

- Increasing green space
- Increase recreational opportunities
- "Greening" the community
- Freeway impacts
- Incorporate bike amenities
- Expand shuttle service
- Overall public transportation improvements (routes, etc. bike racks)
- Nutrition education – adults, youths
- Evaluate number of fast-food restaurants
- Renewable energy – solar
- Recycling education

What is Sustainability?

- Viable situation
- "Fancy" – Urban forest
- Walkability – Efficiency
- Stay there for long time
- Surviving
- Reduced use of resource
- Longevity
- Environmentally friendly

What is Health?

- (practice, maintain & sustain an accept physical, mental, a psychological condition)
- Preparedness against disease, etc.
- Work-life balance (reduce stress)
- Prevention
- Access to early care
- No smoking
- Nutrition + eating right
- Healthy life style
- Mental health
- Fitness + physical activity
- Clean air, health land
- Hygiene
- Drug-free
- Harmonious family
- Self-protection
- Early/good habits
- Education (multiple levels)

Next Steps

- Monday 6 to 7 pm for GPAC Meetings

- Early-mid November - Visioning Workshop
- Lunar Festival in January – look at promoting next round of workshops

Monterey Park TAC Meeting on July 26, 2012

Post-It Notes Exercise

What are the needs and priorities in Monterey Park?

What are the top issues, opportunities or topics the Elements should address?

- Nutrition education
- Other opportunities for physical activity
- Public safety
- Access to healthy food
- Tobacco use
- Education with cultural diversity
- Personal hygiene concept
- General Plan include disaster preparation
- Water usage & conservation
- Access technical tools for estimating public health outcomes associated with policy and plan components.
- Look at land use transportation components in General Plan – especially parking and land use around transit.
- Parks in community (vending options?)
- Involve MPK student advisory group – What partnership can be formed?
- Parent awareness to school meal programmed (especially ready families)
- Access to healthy school meals (during school year & summer)
- Land Use
- (Joint use = schools)
- Improve walk-abilities / bikabilities
- Zoning
- Complete street policies
- Healthcare access
- Access to healthy food
- Street noise
- Shade especially sidewalks
- Green space
- Healthy food retail incentives
- Physical activity
- Support for community gardens in Monterey Park?



**City of Monterey Park
General Plan Sustainable Community and Healthy Community Elements**

**Community Visioning Workshop Summary
November 8, 2012**

On November 8, 2012, the City held a Community Visioning Workshop at the Langley Center. The workshop began with a brief introductory PowerPoint, followed by three interactive exercises. The following is a summary of the input received during the interactive exercises.

I. Challenges and Opportunities Post-It Note Exercise

Four pieces of butcher paper were placed on the wall- Healthy Community Challenges, Healthy Community Opportunities, Sustainable Community Challenges, and Sustainable Community Opportunities. Workshop participants were asked to write their ideas and thoughts for each category on Post-It Notes and place them on the wall under the appropriate heading.

The following comments were written on the Post-It Notes. Comments are provided verbatim.

Healthy Community/Sustainable Community Challenges

Communication

- Cost effective ways to let residences know of existing “green” or “healthy” programs
- All signage in English & ethnic preference
- Better community to the residents
- Informing residents of activities: target different age group w/several types of media i.e. twitter, Facebook, paper, flyers, mail.
- Email

Water

- City-owned water resources
- Review, adjust remove regulations that will be counter-productive to water conservation. Must have front lawn & not hardscape before permit _____.
- Reducing water waste – i.e. collecting rain water
- Sustainability more water efficient landscapes (residential, commercial)
- All stormwater going directly to storm drains



Parking

- R.V. parking on private property
- Cleaner streets & parking where casino (?) buses are

Air

- Improve air quality

Urban Form & Housing

- Home size & relationship to lot size
- Single family housing being used as multi-family rentals – causing parking problems & human traffic problems
- Suburban density – reliance on cars
- Mansionization

Transit & Electric Cars

- Shelter at bus stops
- 710 Freeway – air quality + traffic + poor Q of L
- Smaller fuel efficient shuttles around the City streets for short hops
- Access to public transit (inter connectiveness)

Healthy Community/Sustainable Community Opportunities

Sustainability Opportunities

- Improved Streets
- Prohibit trucks on collector streets
- Traffic calming on collector streets to encourage walking & biking

Waste

- Styrofoam ban
- Composting City-wide
- Community: education on recycling (used products & electronics center)
- Plastic bag ban

Energy

- Free programs to help weatherize homes
- Solar power workshop
- Electric outlets for electric cars



- Rooftops as solar energy generators
- Providing affordable solar panels for homeowners who wish to upgrade

Green space & parks

- More shading trees & benches for residences to relax along streets
- Dog park? Dog baggie station, water station
- More trees
- Canopy

Community

- Outdoor pet activities
- More community involvement at parks
- Walking clubs – different parks
- Healthy cooking classes for all age levels
- A walk/run for health MPK

Tobacco

- Smoke-free multi-unit housing
- Smoking cessation classes

Nutrition

- More community gardens
- Organic market, like Whole Food
- Is there a community garden space in MPK? If so, where? If not, how can one be started and maintained? Veggies to trade and sell at Farmer's Market.
- Community garden or vegetable garden
- Community gardens
- Health better access to healthy foods/regulation of fast food
- Access to organic food

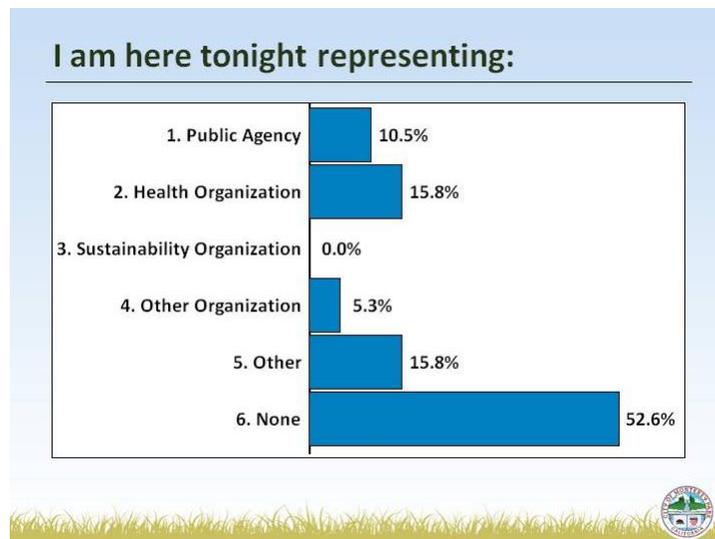
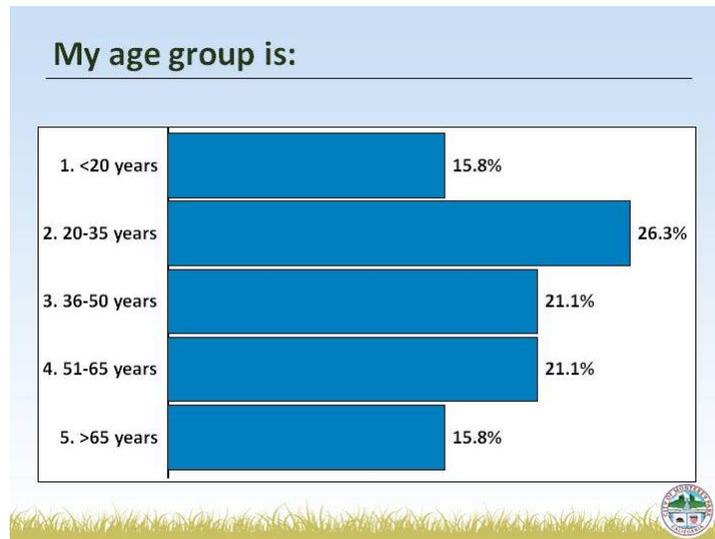
Bike/Ped

- Health - Improve walkability & bicycle routes in the City
- Designate certain sidewalks as bikeways
- Bike lanes/official recycle programs (paper)
- People are afraid to bike on Garvey and Garfield so they ride on sidewalk
- Sidewalk repair
- Improve walkabilities and bikabilities

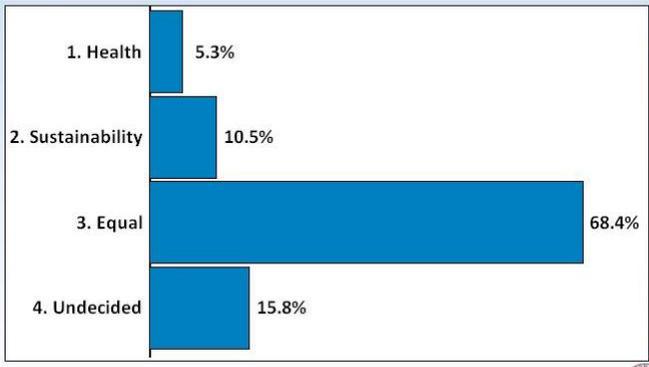


II. Who's in the Room? Survey

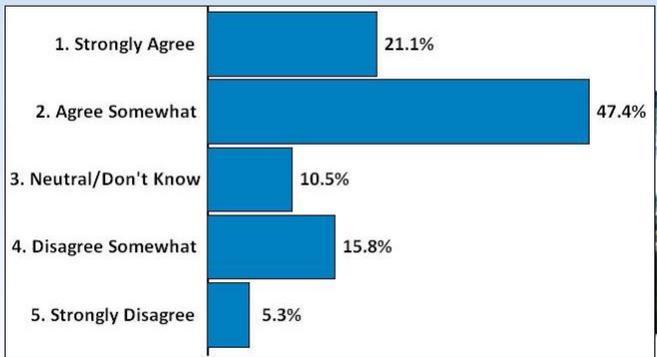
Using handheld polling devices, participants answered questions about themselves, interest level in sustainability or health, etc. The following were the results of the survey.

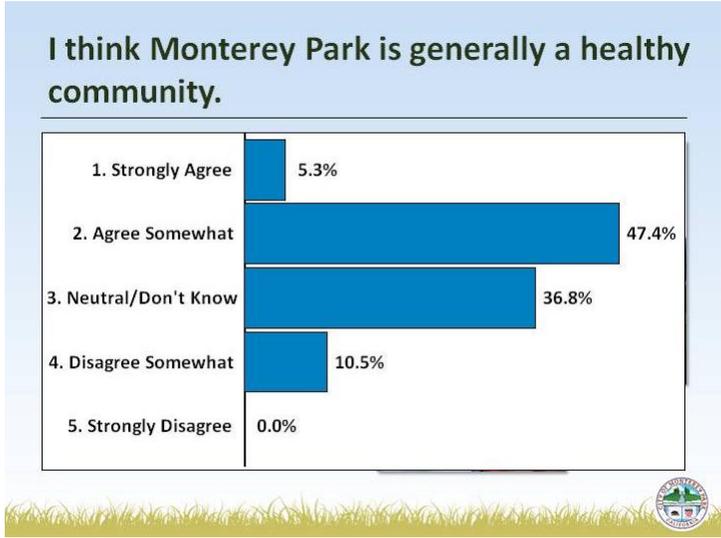
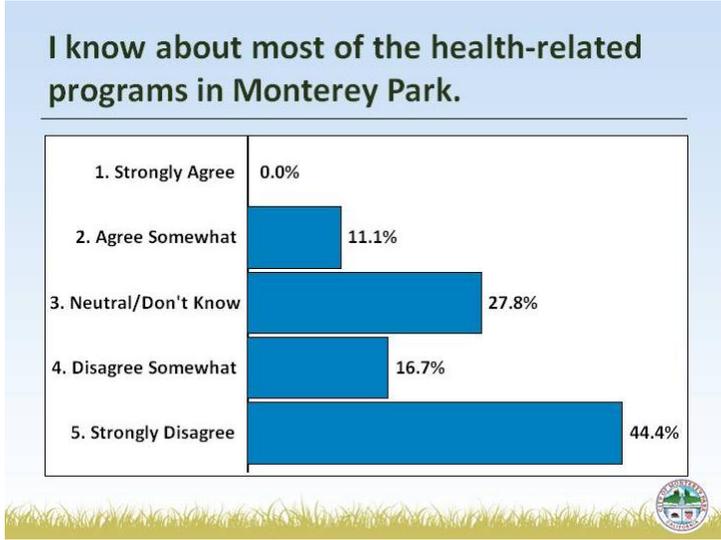


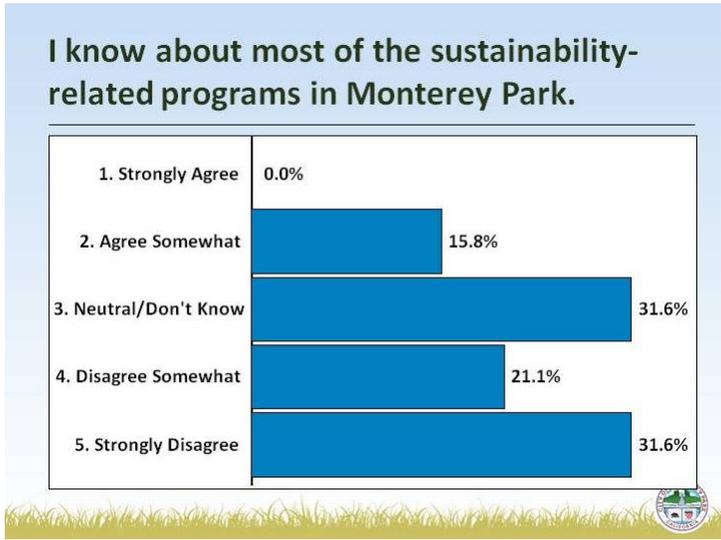
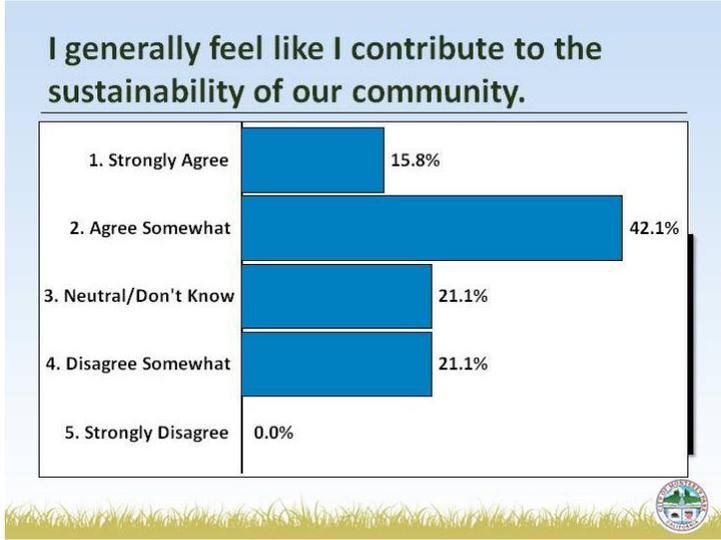
Of the two topics, the one that interests me most is:

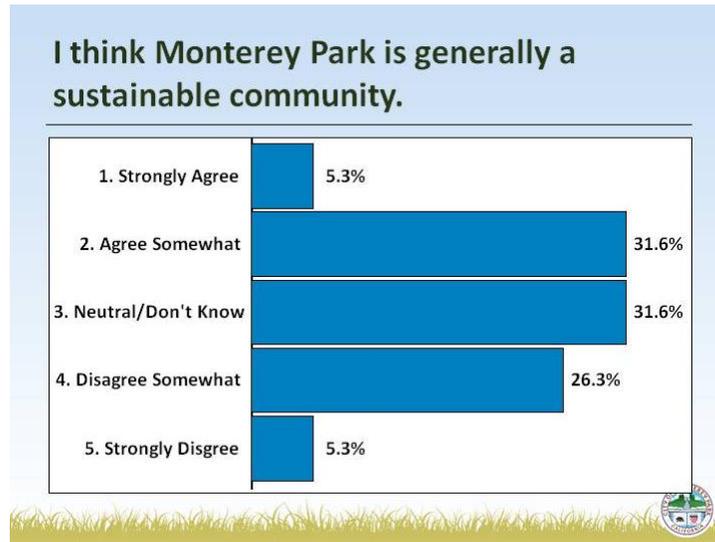


I generally feel like I make healthy choices.









III. **Small Group Breakout – Key Topics and Themes**

In small groups, participants discussed the key topics/themes derived from the Post-It Note exercise in greater detail. The following summarized the input received on worksheets for each topic.

TOPIC: Water & Air

Vision: All Monterey Park citizens have access to very healthy & clean water & air.

Action Steps: Have a water themed Town Hall forum – grey water system.
A multi-unit housing smoking ban.
Strong community education effort.

Key Partners: Water Board (go Thomas Wong!), City Council member(s), Voluntaries (ALA, AHA, ACS).

Other Considerations: Water companies/utilities.
Tobacco companies



TOPIC: Energy

Vision: Solar energy for residents – PV – Water

Action Steps: Pamphlet knowledge of preliminary steps + permitting
Regulate aesthetics
Class
Internet info.
Video
Create a reclaimed water infrastructure
Require roofs to structurally be PU-Ready (particularly flat commercial)

Key Partners: Edison, rebates, CPUC, City permitting, consultants, installers, agencies, departments, community college/job training, solar installation.

Other Considerations: Energy conservation, save energy, water conservation for lawns, costs/pricing from energy moving water.

TOPIC: Streets & Mobility

Vision: To promote clean air, quiet streets & reduced vehicle use by creating a bicycle & pedestrian friendly city, w/ calm streets & improved (P) & traffic flow.

Action Steps: Bike routes, designated truck & bike routes, bike racks, ADA improvements, make sidewalks more walkable, pedestrian crossing & signals.

Key Partners: Metro, Caltrans, downtown businesses/chamber/bid, City (spirit bus), schools, ELACC, SGV Bike coalition.

Other Considerations: Synergies: trees
shade, stormwater, combine trees & stormwater, quiet streets, clean air, reduce smog, reduce vehicle use, pedestrian/bicycle friendly, street calming, improve parking flow.



TOPIC: Nutrition

Vision: All MPK residents will have healthy choices accessibility.

Action Steps: Educate residents on nutrition, such as: GMO's, organic food, toxins, healthy menus, portion size, "cooking healthy" classes for adults and children, cooking classes for all age groups and cultures, work with School District's on school meals & snacks, health food store/market, limit fast food chains, variety of fresh food restaurants, community garden, edible gardens and/or workshops.

Key Partners: Political figures, media, residents, master gardeners, school districts/parents/students, nutritionists, health advocates/chefs, health conscious chefs, public health department, instructors, restaurants who use locally grown food.

Other Considerations: Space for gardens, volunteers, (college students) – internships, help create jobs, funding, knowledgeable individuals, funding like-minded people, create garden tours, co-op store.



**City of Monterey Park
General Plan Sustainable Community and Healthy Community Elements**

**Farmers' Market Outreach Booth
September 7, 2012**

On Friday, September 7th, 2012, the City of Monterey Park hosted a community outreach booth at the Monterey Park Farmers' Market. On that day, the Farmers' Market was combined with a Back to School Health and Fitness Event in partnership with the City of Monterey Park, Alhambra Unified School District, and the Asian Pacific Islander Obesity Prevention Alliance. This special event brought additional community members to the venue. At the project booth, consultant staff and volunteers provided information about the Healthy Community and Sustainable Community Elements, asked youth to draw their ideas related to the topics on paper "quilt squares," and asked adult and older youth to provide thoughts responding to two questions:



- How can Monterey Park become a more sustainable community? and
- How Can Monterey Park improve health in the community?

The following are the comments written on Post-It Notes in response to the two questions.

How Can Monterey Park Become a More Sustainable Community?

- Recycling bins throughout the City (like San Francisco!) (in Fire Station)
- Bike trails/paths (not on road – like rancho)
- Community garden
- Clean/maintain restrooms in parks! (Barnes Memorial)
- "Greener City": recycle bids, recycle reuse, reduce
- Getting everyone educated to recycle!
- Educate drivers about bicycling





- Not wasting water (using resources wisely)
- Monterey Park has “hard water” and showers get calcified
- Recycle
- Cascade Park – incorporate a running park around park closer to Monterey Park Chamber of Commerce
- Label bike paths connecting parks – “2 miles to next park”
- Not littering (cleaning up after yourself)
- Keep the trees – shade shelter, 02
- Ban plastic bags
- Recycle
- Throw trash in trash cans!

How Can Monterey Park Improve Health in the Community?

- Fix potholes (New Avenue, Monterey Pass Road...)
- Water aerobics – more!
- Bring in “Juice it Up” & “Coffee Bean”
- Connecting Parks (“it’s a great workout with the hills”) with Bike Lanes
- Attract big business to bring in revenue for city
- Reverse 911 (like OC)
- Outdoor Mall – walk around (like Victoria Gardens in Rancho)
- ZUMBA IN THE PARK! FREE (by donation)
- Make better use of Cascade Park
- “Redo Carvey” – Redo design, walkable – squeeze in café – make it a place to hang out “like Pasadena”
- Farmer’s Market – close Ramona St. on Fridays – and expand FM...make spaces to sit & socialize!
- Create walking median parks with exercise equipment stations/pieces – could do it at Cascades Park and seating places (fountains)
- Garvey / Alhambra, Avalon & Baltimore – traffic safety





- Price of produce – lower allows more people to buy
- Fix stairwells on Cascade Park (earthquake damage) – too dangerous to exercise!(We used to exercise there years ago)
- “Better dining” / restaurants – places to “hang out” – more options
- Community Garden
- Organic food – Trader Joes
- Monterey Park is not a “destination” ...how to make it a destination?
- Eat more fruits
- Patio covers / shade for school’s play area
- Walking Club (Moms with babies)
- Food Fairs – demonstrations to how to eat veggies
- Too many similar Asian restaurants (even though they’re always busy)
- No smoking in places near children & elderly especially
- Including vegetables in diet
- 4 way stop, speed bumps, traffic lights to prevent injuries!
- Healthy menus in restaurants (even vegetarian restaurants are fried food based)
- Dog Park (on South Orange by Gardenview Ranch Park by tennis court)
- I want more free P.E. classes
- Lit tennis courts – until midnight
- Build a dog park at Garvey Ranch Park
- High number of collisions involving pedestrians- Baltimore Ave. at Avondale Ave. and Garcelon Ave.



**City of Monterey Park
General Plan Sustainable Community and Healthy Community Elements**

**Environmental Meet and Greet
October 16, 2012**

On Tuesday, October 16th, 2012, the City of Monterey Park hosted an environmental meet and greet at “El Encanto”, the City’s Chamber of Commerce. High school and community college students from Monterey Park and neighboring cities came to learn about environmental careers. RBF staff members, Aaron Pfannenstiel and Carolyn Hernandez, were set up at a table with information on environmental careers and the City’s Sustainable Community and Healthy Community Elements. Students were asked to give their feedback on what would make their city healthier and more sustainable.



The following are the comments written on Post-It Notes in response to the two questions.

How Can Monterey Park Become a More Sustainable and Healthier Community?

- Fix damaged pavement and other stone objects
- More trees!
- Filter all public fountains
- Fix Sprinklers
- Cleaner parks – such as cleaner bathrooms in the parks
- More sidewalks
- Limit smoking in public places (thumbs up for this one)
- More bike lanes please! :) The single, lonely bike lane on Alhambra needs more friends, Thank you!
- Flowers



- Wildlife everywhere
- More trees / less traffic
- Grey water pumps and clean water pumps
- More electrical pumps (EV charging stations)
- Public trash cans so people don't litter
- Bike lanes! It's too dangerous on the streets!
- More flowers everywhere :)
- Tree huggers :)
- Cleaner water systems in parks
- More watering at night + more trees
- More trees please!
- Sprinklers to help dying plants
- More recycling centers



Healthy and Sustainable Monterey Park - Vision Survey



1. What is your age group?

		Response Percent	Response Count
Under 20 years old		20.0%	1
20-35 years old		40.0%	2
36-50 years old		40.0%	2
51-65 years old		0.0%	0
Over 65 years old		0.0%	0
		answered question	5
		skipped question	0

2. Are you taking this survey as a representative of an organization, public agency, or other entity? Please specify:

		Response Percent	Response Count
A public agency		0.0%	0
An organization focused on health		20.0%	1
An organization focused on sustainability		0.0%	0
Another community or special interest organization		0.0%	0
Other		20.0%	1
None of the above		60.0%	3
		answered question	5
		skipped question	0

3. Which of the two topics interests you most?

		Response Percent	Response Count
Health		20.0%	1
Sustainability		0.0%	0
Equally interested in both		80.0%	4
Undecided		0.0%	0
answered question			5
skipped question			0

4. I generally feel like I make healthy choices.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	60.0% (3)	20.0% (1)	20.0% (1)	0.0% (0)	0.0% (0)	1.60	5
answered question							5
skipped question							0

5. I know about most of the health-related programs in Monterey Park.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	0.0% (0)	40.0% (2)	20.0% (1)	40.0% (2)	0.0% (0)	3.00	5
answered question							5
skipped question							0

6. I think Monterey Park is generally a healthy community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	0.0% (0)	40.0% (2)	60.0% (3)	0.0% (0)	0.0% (0)	2.60	5
	answered question						5
	skipped question						0

7. I generally feel like I contribute to the sustainability of our community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	0.0% (0)	20.0% (1)	60.0% (3)	20.0% (1)	0.0% (0)	3.00	5
	answered question						5
	skipped question						0

8. I know about most of the sustainability-related programs in Monterey Park.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	0.0% (0)	20.0% (1)	40.0% (2)	40.0% (2)	0.0% (0)	3.20	5
	answered question						5
	skipped question						0

9. I think Monterey Park is generally a sustainable community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Response Count
	0.0% (0)	0.0% (0)	80.0% (4)	20.0% (1)	0.0% (0)	3.20	5
answered question							5
skipped question							0

10. Healthy Community CHALLENGES What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

		Response Percent	Response Count
Challenge 1:		100.0%	3
Challenge 2:		100.0%	3
Challenge 3:		100.0%	3
answered question			3
skipped question			2

11. Healthy Community OPPORTUNITIES What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

		Response Percent	Response Count
Opportunity 1:		100.0%	1
Opportunity 2:		100.0%	1
Opportunity 3:		100.0%	1
		answered question	1
		skipped question	4

12. Sustainable Community CHALLENGES What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

		Response Percent	Response Count
Challenge 1:		100.0%	2
Challenge 2:		100.0%	2
Challenge 3:		100.0%	2
		answered question	2
		skipped question	3

13. Sustainable Community OPPORTUNITIES What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

		Response Percent	Response Count
Opportunity 1:		100.0%	3
Opportunity 2:		66.7%	2
Opportunity 3:		33.3%	1
		answered question	3
		skipped question	2

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.

	Response Count
	0
answered question	0
skipped question	5

Page 2, Q10. Healthy Community CHALLENGES

**What challenges does Monterey Park face in becoming a healthier community?
What are the issues or needs that should be addressed?**

Challenge 1:

- | | | |
|---|--|----------------------|
| 1 | Actual enforcement of existing laws on health. | Jan 17, 2013 1:40 PM |
| 2 | Teaching the whole community the importance of being a healthy community | Jan 11, 2013 4:53 PM |
| 3 | Public transit (e.g. interconnect Spirit with Metro Gold Line) | Nov 10, 2012 7:51 PM |

Challenge 2:

- | | | |
|---|--|----------------------|
| 1 | Making sure that signages are placed in public common spaces that are declared smoke-free. | Jan 17, 2013 1:40 PM |
| 2 | Defining a healthy community | Jan 11, 2013 4:53 PM |
| 3 | Walkability | Nov 10, 2012 7:51 PM |

Challenge 3:

- | | | |
|---|---|----------------------|
| 1 | Making violators accountable | Jan 17, 2013 1:40 PM |
| 2 | How to contribute to building a healthier community | Jan 11, 2013 4:53 PM |
| 3 | Bicycle lanes | Nov 10, 2012 7:51 PM |

Page 2, Q11. Healthy Community OPPORTUNITIES

**What opportunities do you see to make Monterey Park a healthier community?
What would a healthy community look like?**

Opportunity 1:

- | | | |
|---|--|----------------------|
| 1 | Have "Health Awareness" Events with prizes as incentives | Jan 11, 2013 4:53 PM |
|---|--|----------------------|

Opportunity 2:

- | | | |
|---|--|----------------------|
| 1 | Make public "health awareness" signs and place at easy-to-see places | Jan 11, 2013 4:53 PM |
|---|--|----------------------|

Opportunity 3:

- | | | |
|---|-----------------|----------------------|
| 1 | Give statistics | Jan 11, 2013 4:53 PM |
|---|-----------------|----------------------|

Page 3, Q12. Sustainable Community CHALLENGES

**What challenges does Monterey Park face in becoming a more sustainable community?
What are the issues or needs that should be addressed?**

Challenge 1:

- | | | |
|---|--|----------------------|
| 1 | How to educate the community about the importance of being a sustainable community | Jan 11, 2013 4:55 PM |
| 2 | No garbage sorting bins | Dec 20, 2012 7:13 PM |

Challenge 2:

- | | | |
|---|--|----------------------|
| 1 | Defining sustainability | Jan 11, 2013 4:55 PM |
| 2 | Old faucets, big toilet flush tank. Especially older complex apartments. | Dec 20, 2012 7:13 PM |

Challenge 3:

- | | | |
|---|---|----------------------|
| 1 | Achieving sustainability | Jan 11, 2013 4:55 PM |
| 2 | Not enough community awareness of conserving. | Dec 20, 2012 7:13 PM |

Page 3, Q13. Sustainable Community OPPORTUNITIES

**What opportunities do you see to make Monterey Park a more sustainable community?
What would a sustainable community look like?**

Opportunity 1:

- | | | |
|---|--|----------------------|
| 1 | Recycling | Jan 17, 2013 1:41 PM |
| 2 | Educational events that teach the community about possible ideas for a sustainable community | Jan 11, 2013 4:55 PM |
| 3 | Each household will have recycling bin. | Dec 20, 2012 7:13 PM |

Opportunity 2:

- | | | |
|---|--|----------------------|
| 2 | Contests for how to make Monterey Park a sustainable community | Jan 11, 2013 4:55 PM |
| 3 | Permanent "too toxic to trash" drop off location | Dec 20, 2012 7:13 PM |

Opportunity 3:

- | | | |
|---|--|----------------------|
| 2 | Make public signs educating the community about sustainability | Jan 11, 2013 4:55 PM |
|---|--|----------------------|



Appendix C:
Post-Visioning Outreach Summary



Post-Visioning Outreach Summary

Initial public outreach for the development of the Healthy Community and Sustainable Community Elements of the Monterey Park General Plan solicited community ideas that were compiled and summarized in a Vision Plan. Outreach efforts continued after that plan was finalized, while the project staff developed the Elements. This document describes those outreach efforts and presents the comments received.

Contents

- **Keppel High School AP Environmental Science Class Workshop – January 2013**
- **Lunar New Year Festival Booth – February 2013**
- **Earth Day Festival – April 2013**
- **Survey – Online Responses – November 2012 to July 2013**
- **Survey – Paper Responses – July 2013**

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**Keppel High School AP Environmental Science Class Workshop
January 2013**

Students from the Keppel High School AP Environmental Science Class participated in group discussion activities focusing on specific topics in the vision plan for the new Healthy Community and Sustainable Community Elements of the General Plan. Groups developed goals for each topic, as well as actions for the community in general and youth in particular to take in support of those goals.

Topic 1: Health Care

Goal:

- *Health Care for everyone*
- *Free Health Care!*

Community Actions:

- Find ways to have healthcare for all families
- OBAMACARE
- fundraiser

Youth Actions:

- Try to stay healthy
- Eat your veggies
- Inform adults about health care through brochures, etc.
- Petition

Topic 2: Walking and Biking

Goal:

- *More bike lanes*
- *Bike more*
- *More trails*
- *Biking events*
- *Bike to your mom's house*
- *More bike/walking projects*

Community Actions:

- Not get mad at cyclists for using the street instead of the sidewalks
- Tax credits on bikes
- Donate more money
- Volunteer and participate
- Create more volunteer events/fundraisers involving bicycling/walking

Youth Actions:

- Ride more bikes so we use bike lanes, can be more acknowledged

- Buy more bikes
- Ride bikes/talk to city hall by petition or letters
- Bike more

Topic 3: Neighborhoods

Goal:

- *Beautify Neighborhoods*
- *More security*
- *No more gangs*
- *Safer neighborhoods*
- *Clean neighborhoods*
- *Safe and clean☺*
- *More green grass, flowers, plants*
- *Safer neighborhood.*

Community Actions:

- Rebuild/remodel old buildings/plant more plants
- Organize more neighborhood watch
- Neighborhood police
- Neighborhood watch
- Street lamps
- Better security
- Planting gardens
- [Illegible] to connect with City

Youth Actions:

- Volunteer to plant in the community
- Volunteer to patrol the streets at night
- Watch for suspicious things. Call 911 if suspect anything
- Help to keep the neighborhood safe
- Help plant gardens
- Plant trees, clean after each other
- Get to know your neighbors
- Get the community together

Topic 4: Physical Activity and Outdoors

Goal:

- *Have more people excited about exercising*
- *Have programs come around school to get students included*
- *Exercise more*

- *More people walking their dogs*
- *Have more people get out and exercise*
- *Exercise*
- *People outdoors more often*
- *People being with the environment outside*
- *Cleaner and nicer looking outdoors*
- *More active kids*
- *More people outside*

Community Actions:

- Build improve playground for youth
- Have fun events at Barnes Park that involve fun stuff for families
- Organized events that gives people the chance to exercise
- Encourage by creating doggie park
- More outdoor volunteering events
- Create incentive: festivals.
- More park
- Give
- Host special events
- Clean up
- Hold races
- Festivals or events
- Open festivals for people to attend.

Youth Actions:

- Demand for better recreational areas
- Participate in these kinds of physical activities
- Walk my dog more
- Participate actively in community events
- Exercise
- Promote/invite people to events
- Work together to clean
- Play a sport
- Get your friends to go out and play a game together

Topic 5: Retail and Gathering Places

Goal:

- *More lights during the night*
- *Cheaper prices*
- *More trees in parking lots*

Community Actions:

- Install lights
- Start new restaurants/tea bars and charge less
- Build a night market
- Promotion of small businesses

Youth Actions:

- Go out at night more
- Go to the cheaper restaurants

Topic 6: Healthy Food

Goal:

- *More organics*
- *Healthier food*
- *Better quality food*
- *Limit the amount of junk food stores sell*
- *Less overweight people*
- *More organic food*
- *People eat healthier*
- *Cheaper health foods for people to eat at restaurants; more local restaurants offering healthy alternatives*
- *Safer foods for people*
- *Make healthy food taste better*
- *More vegetables*

Community Actions:

- Promote healthier food
- Open farmers market
- Give more samples of dishes
- Promote healthy food, discourage junk food.
- Plant more vegetables
- Get a Trader Joe's (organic food)
- Plant more gardens
- Promote it and spread knowledge of their benefits
- Build a Trader Joe's and build community gardens
- Less pesticides
- Encourage or persuade food industries to make sure foods are safe
- Provide cheaper healthy food

Youth Actions:

- Start a marathon for the community
- Eat healthier, not buy so much junk food
- Plant home gardens
- Eat healthy = no obesity 😊
- Eat healthier
- Grow personal gardens
- Buy healthy foods
- Sign petitions and write letters
- Stop eating junk food
- Eat more vegetables and eat healthier
- Make better food choices
- Exercise. Play more sports

Topic 6: Emergencies

Goal:

- *Better prepared families during emergencies*
- *Better ERs*
- *Help from people nearby and bystanders*
- *Shorter waits at Emergency Rooms (normally wait is 3+ hours)*
- *Efficient ways to deal with emergencies*
- *Less emergencies*

Community Actions:

- *Increase awareness of possible emergencies – fires and earthquakes; more ERs; be more friendly and helpful; more awareness to public safety and procedures; be careful; complain about the wait to hospital/city authorities!*

Youth Actions:

- Make sure we have canned food, water, first aid kit, and other necessities
- Make better friends with community
- Don't injure yourself – duh!
- Let families gather and discuss plans
- Have people be more excited to learn
- Have kids be closer to their families and spend time with them
- Watch your back
- Write letter to complain because people are dying while waiting and you might not know it!

Topic 6: Waste

Goal:

- *Less waste*
- *Less waste in streets*
- *Less waste*
- *More waste*
- *Use less things*
- *Less trash in the streets*
- *Less trash go to landfills*
- *Have less waste in the environment*
- *More recycling*
- *Convert waste to energy*

Community Actions:

- Watch how much waste you produce
- Stricter enforcement for littering
- Strict laws against littering
- Litter more
- Use less
- Fine those that litter in the streets
- Provide ways to recycle trash
- More littering policies
- Recycling centers
- Fund a waste-to-energy plant
- Special recycling bins for paper, cans, bottles, etc. at each household

Youth Actions:

- Don't be careless about trash
- Community cleanups
- Reduce, reuse, recycle
- Eat less
- Organize trash clean up every two weeks
- Pick up trash when you see them
- Think wisely when using resources
- Reduce, reuse, and recycle items
- Petition

Topic 6: Energy and Water

Goal:

- *Less littering*

- *Cleaner water and cheaper energy*
- *Nuclear fusion in core of earth*
- *Greener energy*
- *More solar panel, solar energy, and solar water heater*
- *Use resources wisely*
- *Be more water and energy efficient*
- *Stop wasting energy and water*

Community Actions:

- Less wasting and polluting of water
- Encourage others to use alternative forms of energy
- Install more solar panels on houses
- Only use needed resources and don't waste
- Unplug unnecessary electricals
- Set limits on energy and water usage
- Make sure there are always trash cans around
- Promote better usage

Youth Actions:

- Conserve water
- Show elders and other people how to do that
- Help fundraise for the solar panel money
- Set goals to reduce water/energy usage
- Turn off unnecessary lights
- Not litter
- Turn off lights when not in use and don't let unused water run

Topic 6: Air

Goal:

- *Less smog*
- *Make it cleaner*
- *Cleaner air*
- *Breathe less*
- *Less pollution*
- *Less pollution*

Community Actions:

- Carpool and use buses
- Buy hybrid cars
- Plant trees
- Less car usage

- Filter air
- Public transportation

Youth Actions:

- Take bus at least once a month
- Ride bikes!
- Plant trees
- Plant trees
- Walk
- Drive less!
- Walk more
- Walk places if it's in the City

Lunar New Year Festival Outreach Booth
February 2, 2013



On Saturday, February 2, 2013, the City of Monterey Park hosted a community outreach booth at the Lunar New Year Festival/Chinese New Year Festival. Project staff distributed informational project flyers in both Chinese and English. Staff also interacted with community members, collecting input on how the city can be more healthy and sustainable. The comments from participants below are organized into the categories presented in the vision plan for the Healthy Community and Sustainable Community Elements of the General Plan, which were also used as prompts for comments at the festival. Participants also expressed the need for community outreach to immigrants.

Post-It Note Comments:

- **Reducing Waste**
 - Recycling for batteries
 - Less plastic plates. Paper cups
 - Recycling – add waste category for plastic and newspaper

- Not many people recycling to get CRV
- Make events “Zero Waste” events
- Recommend to ban small advertisement post on walls and telephone pole
- Collect CRV from recycling and give the money to schools.
- The entire USA needs to be better at recycling and sorting. Its limited!
Residents need to sort!
- Recycling cans in parks
- Recycling for plastic bag bins.
- Move scattered facilities in parks
- Sort waste for recycling at parks and at home
- Blue bin to make recycling easier
- Get the whole community into recycling and how!
- Clean up trash in the parks
- Separate bins at home for recycling



▪ *Being Physically Active and Enjoying the Outdoors*

- Why is there a fence around the park?
- Want a running track at the park with soft turf
- Nicer baseball fields and maintenance of parks
- Good activities at park
- We need more green space and parks.
- We need restroom facilities in parks for elderly.
- More trees for shade
- We would like shade in our parks – like gazebos, more trees, shelter from sun and rain.
- More playgrounds for kids
- More youth (below teen) programs and activities
- More green spaces

- Swimming pool, badminton grounds for adults, education program for adults.
- At Bella Vista School – the kids need more P.E.! More outside time.
- *Enjoying Our Neighborhoods and Gathering Places*
 - More trees and more money – encourage residents to make their front yard more beautiful.
 - We need more space for the elderly.
 - Need more senior housing and parks.
 - Event facilities – more restrooms
 - Parking is a problem – police is good.
 - Clean up the streets – too many cars
 - Lots of people, traffic, cars, overcrowded housing
 - Compared to other cities, Monterey Park’s inspection on housing buying and selling is too strict.
 - Recommend to enact laws regulate room sharing by tenants; Recommend to close down Family Inn in residential area; Recommend to control noise after 11:00p.m, including talking in the neighborhood.
- *Eating, Selling, and Growing Healthy Food*
 - Too much fast food everywhere
 - Want Whole Foods, Trader Joe’s, Sprouts
 - The produce at the Farmer’s Market isn’t fresh, but the other vendors are good.
 - Community gardens to grow own food
 - We’d like a Fresh and Easy Market
 - Community Gardens for healthy community
- *Walking and Biking Around Our Community*
 - Multi-use trail in the park so mom and daughter can ride bikes.
 - More bike lanes
 - Bike lanes and rider education (riding wrong way)
 - More bike lanes
 - More bike lanes
 - Fix the street pavement

- *Learning and Getting Involved*
 - Education for new immigrants for appropriate behavior – especially dropping cigarette butts on the ground.
 - More outreach
 - More community programs – walks, education.
 - Cultural – educate the population. Give incentive to recycle. Reach out – be clean.
 - Educate people to not litter their trash
 - More family oriented events
- *Preparing for Emergencies and Maintaining Safety*
 - Need better cell phone signal
 - Safety for kids
 - Safety issues – maybe more police will help
- *Accessing Health Care and Preventing Illness*
 - Need cleaner restaurants
 - Stray animal problem
 - Don't like hard water from tap
 - Bad skunk smell! They are everywhere – families of them (eye witness)
- *Breathing Clean Air*
 - Drugs and smoking in sierra vista park – challenge
 - Propose to ban smoking in all public spaces and outdoors
- *Wisely Using Water and Energy*
 - Solar



Earth Day Festival

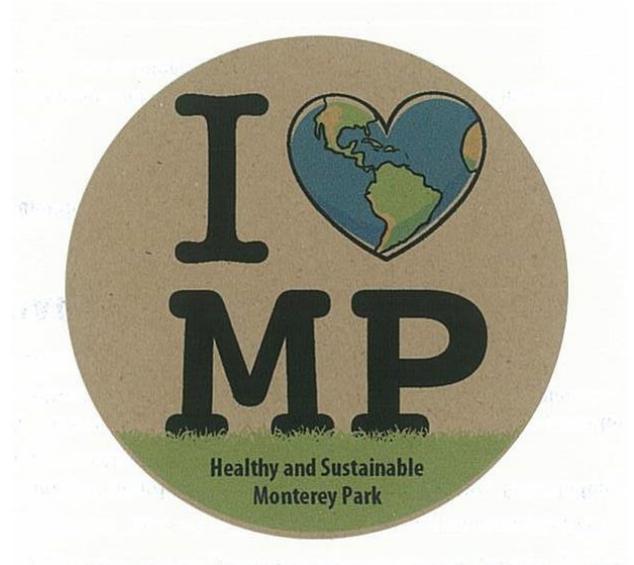
April 20, 2013

On April 20, 2013, the City held an Earth Day Festival on the City Hall front lawn from 9 am to noon. The Festival featured a Community Bike Ride at 7 am and many booths from local and regional organizations. Two side-by-side booths promoted the *Healthy and Sustainable Monterey Park* project.

At the booth, kids of varied ages (and some adults) drew their suggestions for what they or other community members could do to promote health or sustainability in Monterey Park. They drew their ideas on leaves and put them on a large drawing of a tree which was planned to be displayed at Monterey Park's City Hall.

The draft goals from the Healthy Community and Sustainable Community General Plan Elements were displayed on poster boards, and fact sheets about the Elements were distributed. The booth also included an interactive model provided by James Rojas, where participants could imagine their ideal city. Booth participants were offered "I ⊂ MP" stickers and packets of wildflower seeds to thank them for stopping by.





Survey – Online Responses November 2012 to July 2013

A survey was posted online to gather additional responses to questions asked in person at the visioning workshop. The link to an online survey was provided on the project website. There had been 11 responses to the survey when it was closed at the end of July 2013. Results are summarized below.

Similar to responses in the visioning workshop, participants felt that they made healthy choices and that they generally contribute to the sustainability of the community, but were not sure whether they knew about most of the health-related or sustainability-related programs in Monterey Park. They felt more positively that Monterey Park was a healthy community and less positively that it was a sustainable community.

Suggestions for making Monterey Park a healthier community:

- More support for walking, bicycling, and transit
- More physical activity in daily life
- More parks and park activities
- More healthy and locally owned food retail
- Eliminate smoking near public places (still an issue)
- Enforcement of health laws
- Create more awareness of health
- More City services

Suggestions for making Monterey Park a more sustainable community:

- Community education
- Water conservation (e.g. landscaping, toilets)
- Reducing waste (e.g. single-use containers)
- More support for walking, bicycling, and transit
- Recycling at household level
- Permanent site for toxic/hazardous waste disposal
- Residential solar installations
- More local businesses

Survey – Paper Responses July 2013

Paper copies mirroring the online survey were distributed by community members. There were 32 responses to the survey returned in July 2013. The following are comments provided in the surveys.

Suggestions for making Monterey Park a healthier and more sustainable community:

- More & cleaner parks and places to be active (e.g. dog park, green places, recreation facilities)
- More & cheaper fruits & vegetables (e.g. markets, school & community gardens, healthier school lunches, picnics)
- More healthy choices
- Less junk food and fast food, fewer restaurants
- More bikes and walking, nicer streets, fewer cars
- More events and free recreation classes
- No litter or dog litter
- Less pollution
- Less smoking
- Nicer schools
- Earthquake-safe buildings
- Senior homes

Healthy and Sustainable Monterey Park - Vision Survey



1. What is your age group?

		Response Percent	Response Count
Under 20 years old		18.2%	2
20-35 years old		63.6%	7
36-50 years old		18.2%	2
51-65 years old		0.0%	0
Over 65 years old		0.0%	0
answered question			11
skipped question			0

2. Are you taking this survey as a representative of an organization, public agency, or other entity? Please specify:

		Response Percent	Response Count
A public agency		0.0%	0
An organization focused on health		18.2%	2
An organization focused on sustainability		0.0%	0
Another community or special interest organization		0.0%	0
Other		18.2%	2
None of the above		63.6%	7
answered question			11
skipped question			0

3. Which of the two topics interests you most?

		Response Percent	Response Count
Health		27.3%	3
Sustainability		9.1%	1
Equally interested in both		63.6%	7
Undecided		0.0%	0
answered question			11
skipped question			0

4. I generally feel like I make healthy choices.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	36.4% (4)	45.5% (5)	9.1% (1)	9.1% (1)	0.0% (0)	1.91	11
answered question							11
skipped question							0

5. I know about most of the health-related programs in Monterey Park.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	0.0% (0)	36.4% (4)	27.3% (3)	36.4% (4)	0.0% (0)	3.00	11
answered question							11
skipped question							0

6. I think Monterey Park is generally a healthy community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	0.0% (0)	27.3% (3)	63.6% (7)	9.1% (1)	0.0% (0)	2.82	11
	answered question						11
	skipped question						0

7. I generally feel like I contribute to the sustainability of our community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	0.0% (0)	54.5% (6)	36.4% (4)	9.1% (1)	0.0% (0)	2.55	11
	answered question						11
	skipped question						0

8. I know about most of the sustainability-related programs in Monterey Park.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	0.0% (0)	27.3% (3)	45.5% (5)	27.3% (3)	0.0% (0)	3.00	11
	answered question						11
	skipped question						0

9. I think Monterey Park is generally a sustainable community.

	Strongly Agree	Agree Somewhat	Neutral / Don't Know	Disagree Somewhat	Strongly Disagree	Rating Average	Rating Count
	0.0% (0)	0.0% (0)	63.6% (7)	27.3% (3)	9.1% (1)	3.45	11
answered question							11
skipped question							0

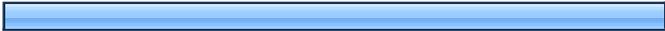
10. Healthy Community CHALLENGES What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

		Response Percent	Response Count
Challenge 1:		100.0%	7
Challenge 2:		100.0%	7
Challenge 3:		71.4%	5
answered question			7
skipped question			4

11. Healthy Community OPPORTUNITIES What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

		Response Percent	Response Count
Opportunity 1:		100.0%	4
Opportunity 2:		100.0%	4
Opportunity 3:		50.0%	2
		answered question	4
		skipped question	7

12. Sustainable Community CHALLENGES What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

		Response Percent	Response Count
Challenge 1:		100.0%	4
Challenge 2:		100.0%	4
Challenge 3:		100.0%	4
		answered question	4
		skipped question	7

13. Sustainable Community OPPORTUNITIES What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

		Response Percent	Response Count
Opportunity 1:		100.0%	5
Opportunity 2:		80.0%	4
Opportunity 3:		60.0%	3
		answered question	5
		skipped question	6

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Page 2, Q10. Healthy Community CHALLENGES

**What challenges does Monterey Park face in becoming a healthier community?
What are the issues or needs that should be addressed?**

Challenge 1:

1	Improving safety for walking and bicycling, especially for youth and students (e.g., ELAC)	Apr 23, 2013 11:42 AM
2	Walkability	Apr 16, 2013 12:40 AM
3	People dont exercise; need to have more public transit to get them walking and moving	Mar 29, 2013 1:43 PM
4	Too many people are still smoking near public places (i.e. in front of restaurants)	Feb 11, 2013 1:29 AM
5	Actual enforcement of existing laws on health.	Jan 17, 2013 2:40 PM
6	Teaching the whole community the importance of being a healthy community	Jan 11, 2013 5:53 PM
7	Public transit (e.g. interconnect Spirit with Metro Gold Line)	Nov 10, 2012 8:51 PM

Challenge 2:

1	Increasing recreational opportunities for youth/families	Apr 23, 2013 11:42 AM
2	Healthy food access	Apr 16, 2013 12:40 AM
3	City always attempts to bring nationally recognized restaurants for tax revenues over local foods	Mar 29, 2013 1:43 PM
4	Make the road safer for bikers	Feb 11, 2013 1:29 AM
5	Making sure that signages are placed in public common spaces that are declared smoke-free.	Jan 17, 2013 2:40 PM
6	Defining a healthy community	Jan 11, 2013 5:53 PM
7	Walkability	Nov 10, 2012 8:51 PM

Challenge 3:

1	Integrating physical activity into the lives of residents (e.g., stairs in new buildings should be easy to find and accessible; safe, secure and convenient bike parking should be incorporated into new residential/commercial construction)	Apr 23, 2013 11:42 AM
3	No public activities planned to bring community together at the parks	Mar 29, 2013 1:43 PM
5	Making violators accountable	Jan 17, 2013 2:40 PM
6	How to contribute to building a healthier community	Jan 11, 2013 5:53 PM
7	Bicycle lanes	Nov 10, 2012 8:51 PM

Page 2, Q11. Healthy Community OPPORTUNITIES

**What opportunities do you see to make Monterey Park a healthier community?
What would a healthy community look like?**

Opportunity 1:

- | | | |
|---|---|-----------------------|
| 1 | Making the City safer for walking and bicycling (e.g., shorter crossing distances, high visibility crosswalks, bike lanes, shade trees) | Apr 23, 2013 11:42 AM |
| 2 | Fix political corruption and impasse and focus on retaining and expanding local services | Mar 29, 2013 1:43 PM |
| 3 | More enforcement to prevent smoking near public places | Feb 11, 2013 1:29 AM |
| 4 | Have "Health Awareness" Events with prizes as incentives | Jan 11, 2013 5:53 PM |

Opportunity 2:

- | | | |
|---|--|-----------------------|
| 1 | Developing and implementing a traffic calming plan | Apr 23, 2013 11:42 AM |
| 2 | Since city doesnt generate enough tax, health is a bottom tier priority, focus on taxes to make people work again and have more city staff | Mar 29, 2013 1:43 PM |
| 3 | Provide more bike paths | Feb 11, 2013 1:29 AM |
| 4 | Make public "health awareness" signs and place at easy-to-see places | Jan 11, 2013 5:53 PM |

Opportunity 3:

- | | | |
|---|---|-----------------------|
| 1 | Improving public transportation options (e.g., adding more bus shelters, benches) | Apr 23, 2013 11:42 AM |
| 4 | Give statistics | Jan 11, 2013 5:53 PM |

Page 3, Q12. Sustainable Community CHALLENGES

**What challenges does Monterey Park face in becoming a more sustainable community?
What are the issues or needs that should be addressed?**

Challenge 1:

- | | | |
|---|--|-----------------------|
| 1 | Resident dependence on single-occupancy automobile use | Apr 23, 2013 11:46 AM |
| 2 | Transit, everyone uses cars and the SPIRIT bus is mediocre at best | Mar 29, 2013 1:46 PM |
| 3 | How to educate the community about the importance of being a sustainable community | Jan 11, 2013 5:55 PM |
| 4 | No garbage sorting bins | Dec 20, 2012 8:13 PM |

Challenge 2:

- | | | |
|---|--|-----------------------|
| 1 | Water conservation - further incentives to reduce water use for landscaping | Apr 23, 2013 11:46 AM |
| 2 | Parks never host specialized events to bring local community, why, no staff to plan it | Mar 29, 2013 1:46 PM |
| 3 | Defining sustainability | Jan 11, 2013 5:55 PM |
| 4 | Old faucets, big toilet flush tank. Especially older complex apartments. | Dec 20, 2012 8:13 PM |

Challenge 3:

- | | | |
|---|--|-----------------------|
| 1 | Waste - reduce single-use waste and carry-out containers, especially non-biodegradables such as polystyrene (i.e. styrofoam) | Apr 23, 2013 11:46 AM |
| 2 | City requires planting of trees that are neither native nor sustainable, lawns are evil water grabbers and the CITY code requires them | Mar 29, 2013 1:46 PM |
| 3 | Achieving sustainability | Jan 11, 2013 5:55 PM |
| 4 | Not enough community awareness of conserving. | Dec 20, 2012 8:13 PM |

Page 3, Q13. Sustainable Community OPPORTUNITIES

**What opportunities do you see to make Monterey Park a more sustainable community?
What would a sustainable community look like?**

Opportunity 1:

1	Increasing number of school-aged children who walk, bike to school	Apr 23, 2013 11:46 AM
2	Focus on xeriscape gardens	Mar 29, 2013 1:46 PM
3	Recycling	Jan 17, 2013 2:41 PM
4	Educational events that teach the community about possible ideas for a sustainable community	Jan 11, 2013 5:55 PM
5	Each household will have recycling bin.	Dec 20, 2012 8:13 PM

Opportunity 2:

1	Increasing number of residents who walk, bike around town	Apr 23, 2013 11:46 AM
2	Expand and revitalize public transit	Mar 29, 2013 1:46 PM
4	Contests for how to make Monterey Park a sustainable community	Jan 11, 2013 5:55 PM
5	Permanent "too toxic to trash" drop off location	Dec 20, 2012 8:13 PM

Opportunity 3:

1	Increasing adoption of residential solar installations	Apr 23, 2013 11:46 AM
2	Focus on sustaining local businesses versus fatty national franchises	Mar 29, 2013 1:46 PM
4	Make public signs educating the community about sustainability	Jan 11, 2013 5:55 PM

Healthy & Sustainable Monterey Park

Welcome to the 2014 survey for the Healthy & Sustainable Monterey Park project. The background information about the project is available at [www.ci.montereypark.ca.us/Community/Projects/Healthy&SustainableMontereyPark](http://www.ci.montereypark.ca.us/Community/Projects/Healthy%20&%20Sustainable%20Monterey%20Park). If you have any questions, please contact the project manager at info@montereyparkca.gov.

1. What is your age group?

Under 20 yrs 20-35 yrs 36-50 yrs 51-65 yrs Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency Organization focused on Health Organization focused on Sustainability Community or Special Interest Organization Other None of the above

3. Which of the two topics interest you most?

Health Sustainability Equally interested in Both Undecided

HEALTH

4. I generally feel like I make healthy choices.	Strongly Agree	<u>Agree Somewhat</u>	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
5. I know about most of the health-related problems in Monterey Park.	Strongly Agree	Agree Somewhat	<u>Neutral/ Don't Know</u>	Disagree Somewhat	Strongly Disagree
6. I think Monterey Park is generally a healthy community.	Strongly Agree	<u>Agree Somewhat</u>	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.	Strongly Agree	<u>Agree Somewhat</u>	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
8. I know about most of the sustainability-related programs in Monterey park.	Strongly Agree	Agree Somewhat	<u>Neutral/ Don't Know</u>	Disagree Somewhat	Strongly Disagree
9. I think Monterey Park is generally a sustainable community.	Strongly Agree	<u>Agree Somewhat</u>	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: We need more parks.

Challenge 2: We need safer schools.

Challenge 3: We need a Trader Joes!

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: *Healthy Restaurants*

Opportunity 2: *Trails for walking / Bike riding*

Opportunity 3: *More Parks*

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: *Lack of Parking*

Challenge 2: *Lack of Funding*

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: *More Parks*

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the Vision Survey for the Healthy & Sustainable Monterey Park. Before we begin, we need some background information about you and how you use the park. Please take a few minutes to complete this survey. If you have any questions, please call 650-353-1234 or visit us online at www.montereypark.org.

1. What is your age group?

- Under 20 yrs
 20-35 yrs
 36-50 yrs
 51-65 yrs
 Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
 Organization focused on Health
 Organization focused on Sustainability
 Community or Special Interest Organization
 Other
 None of the above

3. Which of the two topics interest you most?

- Health
 Sustainability
 Equally interested in Both
 Undecided

HEALTH

- | | | | | | |
|---|----------------|--|------------------------|---|-------------------|
| 4. I generally feel like I make healthy choices. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | <input checked="" type="radio"/> Disagree
<input type="radio"/> Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|--|---|------------------------|---|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | <input checked="" type="radio"/> Strongly Agree
<input type="radio"/> Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | <input checked="" type="radio"/> Disagree
<input type="radio"/> Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | <input checked="" type="radio"/> Strongly Agree
<input type="radio"/> Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: No littering
Opportunity 2: Keep the park clean

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

N/A

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

N/A

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. For background information about the project, please visit <http://www.ci.montereypark.ca.us/sustainability/> where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: Should be more fruits and vegetables

Challenge 2: Not enough healthy choices

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: more parks

Opportunity 2: more bikes

Opportunity 3: less cars

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: more healthy choices

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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Healthy & Sustainable Monterey Park

Welcome to the Vision Survey for the Healthy & Sustainable Monterey Park project. The background information about the project, which will help you understand the project's goals, is available at www.montereypark.gov/healthy-sustainable. If you are interested in participating in the project, please visit the project website to sign up for more information.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: Not a lot of vegetables

Challenge 2: Not enough markets

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

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Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. This survey is designed to gather background information about the current state of the community and to identify key challenges and opportunities. Please take a few minutes to complete this survey and help us create a healthier and more sustainable future for our community.

1. What is your age group?

- Under 20 yrs
 20-35 yrs
 36-50 yrs
 51-65 yrs
 Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
 Organization focused on Health
 Organization focused on Sustainability
 Community or Special Interest Organization
 Other
 None of the above

3. Which of the two topics interest you most?

- Health
 Sustainability
 Equally interested in Both
 Undecided

HEALTH

4. I generally feel like I make healthy choices.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree
5. I know about most of the health-related problems in Monterey Park.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree
6. I think Monterey Park is generally a healthy community.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree
8. I know about most of the sustainability-related programs in Monterey park.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree
9. I think Monterey Park is generally a sustainable community.
 Strongly Agree
 Agree
 Somewhat
 Neutral/ Don't Know
 Disagree
 Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: We don't have enough grocery stores with a variety of vegetables.

Challenge 2: There is not a lot of

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

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Healthy & Sustainable Monterey Park

Welcome to the island survey for the Healthy & Sustainable Monterey Park project. If you have any background information about the survey, please visit the Community Center of Sustainability website: www.ccsustainability.org where you can also sign up for email updates.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- | | | | | | |
|---|-----------------------|----------------|----------------------------|--------------------------|-------------------|
| 4. I generally feel like I make healthy choices. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|-----------------------|----------------|----------------------------|-------------------|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Welcome to the Vision Survey for the Healthy & Sustainable Monterey Park project. To help us get the most accurate information about the community, please fill out this survey as honestly as possible. If you have any questions, please contact the project staff at (650) 353-1234 or visit our website at www.montereypark.gov/healthy-sustainable.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- 4. I generally feel like I make healthy choices.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------
- 5. I know about most of the health-related problems in Monterey Park.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------
- 6. I think Monterey Park is generally a healthy community.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------

SUSTAINABILITY

- 7. I generally feel like I contribute to the sustainability of our community.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------
- 8. I know about most of the sustainability-related programs in Monterey park.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------
- 9. I think Monterey Park is generally a sustainable community.

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
--	----------------	----------------	---------------------	-------------------	-------------------

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1: I don't know
- Challenge 2: N/A
- Challenge 3: N/A

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: ~~N/A~~

Opportunity 2: N/A

Opportunity 3: N/A

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: N/A

Challenge 2: N/A

Challenge 3: N/A

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: N/A

Opportunity 2: N/A

Opportunity 3: N/A

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to mlieberman@rbfconsulting.com or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Aligns to the vision given to the Healthy & Sustainable Monterey Park and to the following information about the survey please see the following link for more information where you can also sign up for other surveys.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: Garden

Challenge 2: More parks

Challenge 3: Markets

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: Garden

Opportunity 2: Health Market

Opportunity 3: NA

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: NA

Challenge 2: NA

Challenge 3: NA

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: Garden

Opportunity 2: School

Opportunity 3: NA

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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3. By Email - Scan and send to mlieberman@rbfconsulting.com or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Thanks to the recent survey on health, I know how Monterey Park needs to
 make sure it's a place where people can live and work happily and
 sustainably. I will be sure to do my best.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

4. I generally feel like I make healthy choices.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
5. I know about most of the health-related problems in Monterey Park.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
6. I think Monterey Park is generally a healthy community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
8. I know about most of the sustainability-related programs in Monterey park.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
9. I think Monterey Park is generally a sustainable community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1: *7 elevators*
- Challenge 2: *junk food*
- Challenge 3: *fast food places*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: less pollution

Opportunity 2: less restaurants

Opportunity 3: don't know

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: keeping the city stable

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.

Additional Comments

Sorry, have ~~no~~ ideas

THANK YOU!

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2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park



Welcome to the 2015 on survey for the Healthy & Sustainable Monterey Park project. To help us get the most out of this survey, please take a few minutes to provide us with your contact information. If you have any questions, please call the City of Monterey Park at (916) 255-1000 or visit www.montereypark.org. We will contact you if you can be reached via email or phone.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the vision survey to help Healthy & Sustainable Monterey Park create a compelling information about the issues that will help Monterey Park become a healthy & sustainable community where you can do your part to make a difference.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: Garden

Opportunity 2: Health Market

Opportunity 3: NA

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. In background information about the project, please visit <http://www.montereypark.org/healthy-sustainable> where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: nicer parks

Challenge 2: nicer schools

Challenge 3: nicer streets

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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3. By Email - Scan and send to Michelle.Lieberman@rbfconsulting.com or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Thank you for participating in this survey to help Healthy & Sustainable Monterey Park create a neighborhood information about the various parks and recreation programs in Monterey Park where you can also see the survey results.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

**Strongly
Agree**

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

**Agree
Somewhat**

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

**Neutral/
Don't Know**

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

**Agree
Somewhat**

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

**Agree
Somewhat**

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

**Strongly
Agree**

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: *nice parks*

Challenge 2: *clean park restrooms*

Challenge 3: *Park garden*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. By acknowledging information about the project please visit www.montereypark.org/sustainable where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

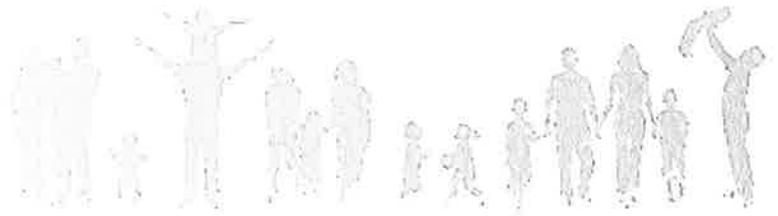
14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

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Healthy & Sustainable Monterey Park



Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. For background information about the project, please visit <http://tinyurl.com/healthysustainableMPK> where you can also sign up for email updates.

1. What is your age group?

- Under 20 yrs
 20-35 yrs
 36-50 yrs
 51-65 yrs
 Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
 Organization focused on Health
 Organization focused on Sustainability
 Community or Special Interest Organization
 Other
 None of the above

3. Which of the two topics interest you most?

- Health
 Sustainability
 Equally interested in Both
 Undecided

HEALTH

- | | | | | | |
|---|----------------|--|------------------------|----------------------|-------------------|
| 4. I generally feel like I make healthy choices. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|----------------|--|------------------------|----------------------|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: *SANDBAGS*

Challenge 2: *PARKS*

Challenge 3: *shelter*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to _____ or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park



Welcome to the 2019 survey for the Healthy & Sustainable Monterey Park. We are looking for residents' information about the health and sustainability issues in our community. Please visit [our website](#) where you can sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: nicer streets

Challenge 2: nicer parks

Challenge 3: nicer school

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park project. In background information about the project, please visit www.montereypark.org/sustainablepark where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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Healthy & Sustainable Monterey Park

Welcome to the 2014 survey for the Healthy & Sustainable Monterey Park. We have all worked together to improve our community and we are excited to hear from you about the project. Please take a few minutes to complete this survey where you can. We will use the information to help us create a healthier and more sustainable community.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- | | | | | | |
|---|--|--|---------------------|-------------------|-------------------|
| 4. I generally feel like I make healthy choices. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|--|--|---------------------|-------------------|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1: nice streets
- Challenge 2: nice places
- Challenge 3: nice parks

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Answers to the 13-item survey for the Healthy & Sustainable Monterey Park project. The background information about the survey process will be included in the final report.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- 4. I generally feel like I make healthy choices.

Strongly Agree	<input checked="" type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	----------------------------------	-------	-----------------------	---------------------	-----------------------	----------	-----------------------	-------------------
- 5. I know about most of the health-related problems in Monterey Park.

Strongly Agree	<input type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	-----------------------	-------	-----------------------	---------------------	-----------------------	----------	-----------------------	-------------------
- 6. I think Monterey Park is generally a healthy community.

Strongly Agree	<input type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input checked="" type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	-----------------------	-------	-----------------------	---------------------	----------------------------------	----------	-----------------------	-------------------

SUSTAINABILITY

- 7. I generally feel like I contribute to the sustainability of our community.

Strongly Agree	<input type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input checked="" type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	-----------------------	-------	-----------------------	---------------------	----------------------------------	----------	-----------------------	-------------------
- 8. I know about most of the sustainability-related programs in Monterey park.

Strongly Agree	<input type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	-----------------------	-------	-----------------------	---------------------	-----------------------	----------	-----------------------	-------------------
- 9. I think Monterey Park is generally a sustainable community.

Strongly Agree	<input type="radio"/>	Agree	<input type="radio"/>	Neutral/ Don't Know	<input checked="" type="radio"/>	Disagree	<input type="radio"/>	Strongly Disagree
----------------	-----------------------	-------	-----------------------	---------------------	----------------------------------	----------	-----------------------	-------------------

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1:
- Challenge 2:
- Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Fruits & veggies

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

They eat a lot of chips

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

10/11/17

Participants of the Vision Survey for a Healthier & Sustainable Monterey Park are invited to participate in this survey about the community's health and sustainability. Where you can also sign up for other surveys.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- | 4. I generally feel like I make healthy choices. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
|---|----------------|----------------|---------------------|-------------------|-------------------|
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|----------------|----------------|---------------------|-------------------|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: N/A

Challenge 2: N/A

Challenge 3: N/A

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: N/A

Opportunity 2: N/A

Opportunity 3: N/A

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: N/A

Challenge 2: N/A

Challenge 3: N/A

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: N/A

Opportunity 2: N/A

Opportunity 3: N/A

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to Michelle.Lieberman@rbfconsulting.com or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the 2015 survey by the Healthy & Sustainable Monterey Park. The goal of this survey is to gather information about the issues and needs that should be addressed in Monterey Park. We will use the information you provide to help us create a plan for the future of our community. Thank you for your participation. If you have any questions, please contact us at (650) 353-1234. We will be in contact with you again to sign up for other surveys.

1. What is your age group?

- Under 20 yrs 20-35 yrs 36-50 yrs 51-65 yrs Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency Organization focused on Health Organization focused on Sustainability Community or Special Interest Organization Other None of the above

3. Which of the two topics interest you most?

- Health Sustainability Equally interested in Both Undecided

HEALTH

4. I generally feel like I make healthy choices. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree
5. I know about most of the health-related problems in Monterey Park. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree
6. I think Monterey Park is generally a healthy community. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree
8. I know about most of the sustainability-related programs in Monterey park. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree
9. I think Monterey Park is generally a sustainable community. Strongly Agree Agree Somewhat Neutral/Don't Know Disagree Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

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Healthy & Sustainable Monterey Park

As a member of the Monterey Park community, you are invited to share your thoughts on the health and sustainability of our community. Your input will help us identify the challenges we face and the opportunities we have to create a healthier and more sustainable community. We are your partner in this journey.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: Obesity

Challenge 2: temptations

Challenge 3: All the unhealthy foods

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: Gardens

Opportunity 2: organic sections

Opportunity 3: N/A

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: N/A

Challenge 2: N/A

Challenge 3: N/A

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: N/A

Opportunity 2: N/A

Opportunity 3: N/A

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Thanks to the fact that we are healthy & sustainable, we can enjoy the benefits of a high-quality environment. We are now looking for ways to improve our community's health and sustainability. We would like to hear from you about your thoughts on these issues. We would like to hear from you about your thoughts on these issues. We would like to hear from you about your thoughts on these issues.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

4. I generally feel like I make healthy choices.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
5. I know about most of the health-related problems in Monterey Park.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
6. I think Monterey Park is generally a healthy community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
8. I know about most of the sustainability-related programs in Monterey park.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
9. I think Monterey Park is generally a sustainable community.	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1:

- Challenge 2:

- Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

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Healthy & Sustainable Monterey Park

Please refer to the Vision survey for the Health, & Sustainability in Monterey Park. This survey is asking for more information about the current status of the community. Please use the information provided to help you answer the questions. If you have any questions, please contact the staff at the community center.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Welcome to the vision survey for the Healthy & Sustainable Monterey Park. All of our feedback information about the project phase will be [discussed](#) in [public meetings](#) where you can come to sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
4. I generally feel like I make healthy choices.		<u>Agree Somewhat</u>			
5. I know about most of the health-related problems in Monterey Park.		Agree Somewhat	<u>Neutral/ Don't Know</u>	<u>Disagree Somewhat</u>	
6. I think Monterey Park is generally a healthy community.		Agree Somewhat	<u>Neutral/ Don't Know</u>	Disagree Somewhat	

SUSTAINABILITY

	Strongly Agree	Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	Strongly Disagree
7. I generally feel like I contribute to the sustainability of our community.		Agree Somewhat	Neutral/ Don't Know	<u>Disagree Somewhat</u>	<u>Strongly Disagree</u>
8. I know about most of the sustainability-related programs in Monterey park.		Agree Somewhat	Neutral/ Don't Know	Disagree Somewhat	<u>Strongly Disagree</u>
9. I think Monterey Park is generally a sustainable community.		Agree Somewhat	<u>Neutral/ Don't Know</u>	Disagree Somewhat	Strongly Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: People like food

Challenge 2: Good food is bad for you

Challenge 3: NO self restrain

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: No junk food

Opportunity 2: Have more energy

Opportunity 3: No more obese

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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3. By Email - Scan and send to _____ or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the online survey for the Healthy & Sustainable Monterey Park project. The purpose of this survey is to gather information about the project, which will help us understand the community's needs and preferences. We will use this information to develop a plan for the project. We will also use this information to help us understand the community's needs and preferences. We will use this information to help us understand the community's needs and preferences.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: We need cheaper prices for healthy foods

Challenge 2: more fun events

Challenge 3: free dancing or sports lessons

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: Picnics

Opportunity 2: Partys

Opportunity 3: tredmils outside

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: They need more earthquake and flood safe building

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: *more exercise*

Challenge 2: *eat healthy*

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: *wiser choices*

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: *more exercise*

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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Healthy & Sustainable Monterey Park

Thanks to the recent survey for the Healthy & Sustainable Monterey Park project, we've improved information about the project. Please visit <http://www.montereypark.org/healthy-sustainable/> where you can always up for great updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: picnics

Challenge 2: fruits

Challenge 3: healthier foods

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: picnics

Opportunity 2: walking places

Opportunity 3: fruits

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: more exercising

Challenge 2: activities

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Handwritten scribbles

Welcome to the online survey for the Healthy & Sustainable Monterey Park project. Background information about the project is available at www.montereypark.org/sustainable, where you can also sign up for email updates.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- | | | | | | |
|---|----------------|--|---|----------------------|-------------------|
| 4. I generally feel like I make healthy choices. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 5. I know about most of the health-related problems in Monterey Park. | Strongly Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | <input checked="" type="radio"/> Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 6. I think Monterey Park is generally a healthy community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

SUSTAINABILITY

- | | | | | | |
|---|----------------|--|---|----------------------|-------------------|
| 7. I generally feel like I contribute to the sustainability of our community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 8. I know about most of the sustainability-related programs in Monterey park. | Strongly Agree | <input type="radio"/> Agree
<input type="radio"/> Somewhat | <input checked="" type="radio"/> Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |
| 9. I think Monterey Park is generally a sustainable community. | Strongly Agree | <input checked="" type="radio"/> Agree
<input type="radio"/> Somewhat | Neutral/
Don't Know | Disagree
Somewhat | Strongly Disagree |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1: *More school gardens.*
- Challenge 2: *More community gardens.*
- Challenge 3: *Less fast food restaurants.*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: more parks

Opportunity 2: gardens

Opportunity 3: less cars

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: more parks

Challenge 2: more schools

Challenge 3: more senior homes

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: educational

Opportunity 2: business like

Opportunity 3: less car dealerships

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to Michelle.Lieberman@rbfconsulting.com or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Welcome to the 2018 survey for the Healthy & Sustainable Monterey Park project. The background information about the project please visit <http://www.montereypark.org/health-sustainability>, where you can also sign up for email updates.

1. What is your age group?

- Under 20 yrs
- 20-35 yrs
- 36-50 yrs
- 51-65 yrs
- Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

- Public Agency
- Organization focused on Health
- Organization focused on Sustainability
- Community or Special Interest Organization
- Other
- None of the above

3. Which of the two topics interest you most?

- Health
- Sustainability
- Equally interested in Both
- Undecided

HEALTH

- | | | | | | |
|---|----------------|----------------|---------------------|-------------------|-------------------|
| | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 4. I generally feel like I make healthy choices. | | | | | |
| 5. I know about most of the health-related problems in Monterey Park. | | | | | |
| 6. I think Monterey Park is generally a healthy community. | | | | | |

SUSTAINABILITY

- | | | | | | |
|---|----------------|----------------|---------------------|-------------------|-------------------|
| | Strongly Agree | Agree Somewhat | Neutral/ Don't Know | Disagree Somewhat | Strongly Disagree |
| 7. I generally feel like I contribute to the sustainability of our community. | | | | | |
| 8. I know about most of the sustainability-related programs in Monterey park. | | | | | |
| 9. I think Monterey Park is generally a sustainable community. | | | | | |

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

- Challenge 1: *recycleables*
- Challenge 2: *dogs*
- Challenge 3: *trash*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: more green places

Opportunity 2: more happy people

Opportunity 3: events

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: unhappy people

Challenge 2: smoking people

Challenge 3: dog parks

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: a better clean park

Opportunity 2: less dog poop

Opportunity 3: more cool events

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

-events are cool

(I don't live here, so some of the answers are kind of random..)

THANK YOU!

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Healthy & Sustainable Monterey Park

Welcome to the Health Survey for the Healthy & Sustainable Monterey Park project. A background information about the project please visit <http://www.montereypark.org/healthyandsustainable> where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: *Healthier lunches for schools*

Challenge 2: *more parks*

Challenge 3: *More projects*

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: more gardens

Opportunity 2: more parks

Opportunity 3: events

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: unhappy people

Challenge 2: uncleaned public restrooms

Challenge 3: more doggie parks

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: community projects

Opportunity 2: ?

Opportunity 3: ?

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

Have healthy meals.

THANK YOU!

Please return it as follows:

1. In Person Drop off at the Community Development counter, Monterey Park City Hall, 320 West Newmark Avenue
2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
3. By Email - Scan and send to or By Fax - Fax to (949) 837-4122 Attn: Michelle Lieberman

Healthy & Sustainable Monterey Park

Thank you for participating in the Healthy & Sustainable Monterey Park survey. This project is gathering information about the public's views on the health and sustainability of our community. Your input will help us make decisions about the future of our community.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: Monterey Park ^{citizens} like to eat junk food.

Challenge 2: Monterey Park ^{needs} ~~has~~ more gardens.

Challenge 3: Healthier Restaurants

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1: Only use bicycles or walk

Opportunity 2: More parks

Opportunity 3: Less restaurants

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1: More schools

Challenge 2: More parks

Challenge 3: More senior homes

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1: More park activities

Opportunity 2: ^{more} Add swimming pools

Opportunity 3: Add gyms

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

Please return it as follows:

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2. By Mail Send to Michelle Lieberman, RBF Consulting, 14725 Alton Parkway, Irvine, CA 92618
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Healthy & Sustainable Monterey Park

Welcome to the 4th survey for the Healthy & Sustainable Monterey Park project. For background information about the project, please visit <http://www.montereypark.org/health> where you can also sign up for email updates.

1. What is your age group?

Under 20 yrs

20-35 yrs

36-50 yrs

51-65 yrs

Over 65 yrs

2. Are you taking this survey as a representative of an organization, public agency, or other entity?

Public Agency

Organization
focused on
Health

Organization
focused on
Sustainability

Community or
Special Interest
Organization

Other

None of the above

3. Which of the two topics interest you most?

Health

Sustainability

Equally interested in Both

Undecided

HEALTH

4. I generally feel like I make healthy choices.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

5. I know about most of the health-related problems in Monterey Park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

6. I think Monterey Park is generally a healthy community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

SUSTAINABILITY

7. I generally feel like I contribute to the sustainability of our community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

8. I know about most of the sustainability-related programs in Monterey park.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

9. I think Monterey Park is generally a sustainable community.

Strongly
Agree

Agree
Somewhat

Neutral/
Don't Know

Disagree
Somewhat

Strongly
Disagree

10. Healthy Community CHALLENGES: What challenges does Monterey Park face in becoming a healthier community? What are the issues or needs that should be addressed?

Challenge 1: They should have less Restaurants.

Challenge 2:

Challenge 3:

11. Healthy Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a healthier community? What would a healthy community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

12. Sustainable Community CHALLENGES: What challenges does Monterey Park face in becoming a more sustainable community? What are the issues or needs that should be addressed?

Challenge 1:

Challenge 2:

Challenge 3:

13. Sustainable Community OPPORTUNITIES: What opportunities do you see to make Monterey Park a more sustainable community? What would a sustainable community look like?

Opportunity 1:

Opportunity 2:

Opportunity 3:

14. Please feel free to tell us any other thoughts you have about health and sustainability in Monterey Park.
Additional Comments

THANK YOU!

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