



# Cascades

Volume XVIII, No. VIII

Citywide News for Business, Community and Education

October 2019

See Our Disaster Preparedness Guide On Page 9

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Sign up for the Monterey Park e-newsletter and stay informed about what's happening in your community. Available by email, the newsletter is designed to be a quick roundup of city events for people on the go. The e-newsletter is produced about twice a month as a companion to the monthly Cascades and features updated news and information that might not have made it into the Cascades.



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For people who want a bit more city information, you can also sign up for our news release and city council agenda mailing lists.

As a news release subscriber you'll receive the same timely information that the media receives about current issues and events. Subscribers to the council agendas will receive meeting notifications and a summary of items. Email from both lists contain links back to the city website for further reference or updates.

But wait, there's more! In addition to our e-mail lists, some city departments also offer links to popular social media like Nixle or Twitter. For the official City of Monterey Park Twitter feed, follow us @CityofMPK. The Cascades Newspaper is also available by electronic delivery or download via the city website.

Your subscription insures that you're receiving official city notifications as soon as they're released. And of course, you can unsubscribe at any time.

To subscribe, visit the city website at [www.MontereyPark.ca.gov/Social](http://www.MontereyPark.ca.gov/Social) and look for the social media, e-newsletter and "Notify Me" links.

## City of Monterey Park Celebrates 6th Annual Geranium Festival and ArtWalk

Dog costume contest, Dia de los Muertos art walk, and rock climbing complement good old fashioned sack races and eating contests at the city fair-themed event. Admission is free to the public

For some "Art in the Park, with a Little Bark," come on down to Barnes Park Saturday, October 12 from 5-10 p.m. for the Sixth Annual Geranium Festival and ArtWalk. This year's family friendly activities include train rides, sack races, a rock climbing wall, Dia de los Muertos (Day of the Dead) costume contest (for humans and for dogs) and altar contest. Plus, enjoy art by local community artists, interactive STEAM-related (science, technology, engineering, art and mathematics) activities, police and fire demonstrations, games, food and more.

**Sixth Annual Geranium Festival and ArtWalk**  
Saturday, October 12, 2019  
5-10 p.m.  
Free admission  
Barnes Park  
350 S. McPherrin Avenue,  
Monterey Park, CA 91754.

Or, just come out to the park and enjoy a fall evening with your Monterey Park family, friends and neighbors. Whatever your interests, the Geranium Festival has something for you.

For costume and altar contests info, ArtWalk exhibitor or general event information, please visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) and search for "Geranium Festival" or call the recreation department at 626-307-1388. Barnes Park is located at 350 S. McPherrin Avenue, Monterey Park, CA 91754.



## Monterey Park to Host 'Monster Mash and Movie Bash' Halloween Event October 18

The City of Monterey Park will be hosting the second annual "Monster Mash and Movie Bash" Halloween event on Friday, October 18, 2019 from 5-9 p.m. at the Barnes Park Amphitheater. Admission is free.

This family friendly event, co hosted by the Recreation and Community Services Department and Monterey Park Bruggemeyer Library, will feature carnival games, a costume parade (with participation medals), trick or treat bags, children's activities, giveaways, popcorn, drinks, and a free screening of the popular 2017 animated feature "Coco."

**Monster Mash and Movie Bash Schedule**  
5-6 p.m. Carnival games, activities  
6 p.m. Costume parade  
6:30 p.m. Movie screening

The Monster Mash and Movie Bash event is held in collaboration with the Monterey Park Library, Monterey Park Library Foundation, Friends of the Library and the Recreation and Community Services Department.

For more information, please visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) or contact the Recreation and Community Services Department at 626-307-1388. The amphitheater is located at the corner of Harding and Ramona Avenues at Barnes Park, 350 S. McPherrin Avenue, Monterey Park, CA 91754.



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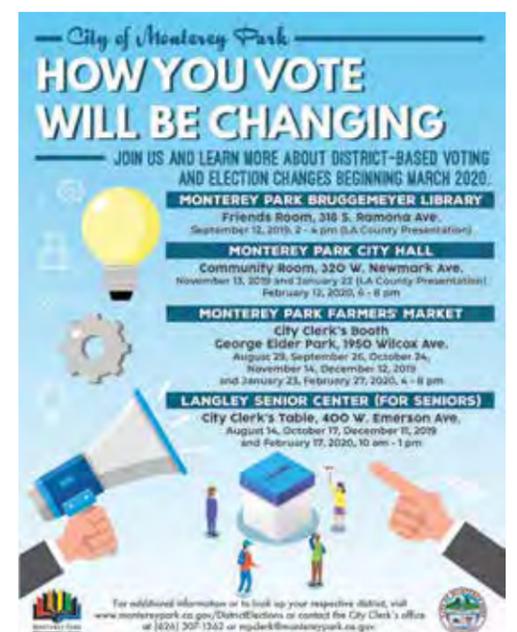
## Questions About Monterey Park's Switch to District Voting? Attend One of These Events

The Monterey Park City Clerk's Office will be presenting information on district-based voting, including the process for the upcoming 2020 and 2022 elections. Staff will be available to look up residents' specific districts and answer questions.

Please join us at one of these events:

- Monterey Park City Hall, Community Room, 320 W. Newmark Ave.: November 13, 2019, January 22, 2020 (County presentation), and February 12, 2020; 6-8 p.m.
- Monterey Park Farmers' Market, City Clerk's booth, George Elder Park, 1950 Wilcox Ave.: October 24, November 14, December 12, 2019, and January 23, February 27, 2020; 4-8 p.m.
- Langley Senior Center (for seniors), City Clerk's table, 400 W. Emerson Ave.: October 17, December 11, 2019 and February 17, 2020; 10 a.m.-1 p.m.

For additional information, or to look up your respective district, visit [www.MontereyPark.ca.gov/DistrictElections](http://www.MontereyPark.ca.gov/DistrictElections) or contact the city clerk's office at 626-307-1362 or [mpclerk@montereypark.ca.gov](mailto:mpclerk@montereypark.ca.gov).





## CITY OFFICIALS

Hans Liang, Mayor  
 Mitchell Ing, Mayor Pro Tem  
 Teresa Real Sebastian, Council Member  
 Stephen Lam, Council Member  
 Peter Chan, Council Member

Vincent D. Chang, City Clerk  
 Joseph Leon, City Treasurer

Ron Bow, City Manager  
 Mark Hensley, City Attorney

## CITY COUNCIL, COMMISSIONS, COMMITTEES AND BOARDS MEETING SCHEDULE

### CITY COUNCIL

1st & 3rd Wednesdays, 7:00 p.m.  
 City Hall Council Chambers

### COMMISSION ON AGING

3rd Monday, 11:00 a.m.  
 Langley Senior Center, 400 W. Emerson Ave.

### BUSINESS IMPROVEMENT DISTRICT ADVISORY COMMITTEE

Quarterly, 3rd Thursday, 3:00 p.m.  
 City Hall Room 251

### COMMUNITY PARTICIPATION COMMISSION

3rd Tuesday, 6:00 p.m.  
 City Hall Community Room

### DESIGN REVIEW BOARD

1st & 3rd Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

### ECONOMIC DEVELOPMENT ADVISORY COMMISSION

2nd Wednesday, 6:00 p.m.  
 City Hall Room 153

### ENVIRONMENTAL COMMISSION

2nd Tuesday, 6:00 p.m.  
 Engineering Conference Room 153

### LIBRARY BOARD OF TRUSTEES

3rd Tuesday, 7:00 p.m.  
 Bruggemeyer Library

### PERSONNEL BOARD

2nd Wednesday, 7:00 p.m.  
 City Hall Council Chambers

### PLANNING COMMISSION

2nd & 4th Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

### RECREATION & PARKS COMMISSION

1st Monday, 6:00 p.m.  
 City Hall Council Chambers

### SISTER CITIES COMMISSION

Quarterly, 1st Tuesday, 7:00 p.m.  
 Bruggemeyer Library

### TRAFFIC COMMISSION

3rd Thursday, 7:00 p.m.  
 City Hall Council Chambers

For more information, please visit  
[www.MontereyPark.ca.gov/Boards](http://www.MontereyPark.ca.gov/Boards)

## CITY HALL HOURS

Monday-Thursday 7:30 a.m.-5:30 p.m.  
 Friday 7:30 a.m.-4:30 p.m.

## CITY EVENTS CALENDAR

- October 2 Coffee with a Cop, 8-10 a.m., Barnes Park.
- October 2 Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
- October 12 Geranium Festival and ArtWalk, 5-10 p.m., Barnes Park.
- October 15 City Council Guests & Presentations Meeting, 6 p.m., City Hall Council Chamber.
- October 16 Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
- October 18 Halloween Monster Mash & Movie Bash, 5-9 p.m., Barnes Park Amphitheater.
- October 18 Sister Cities International Friendship Dinner, 6 p.m., Capital Seafood Restaurant.
- October 26 Free Community Health Fair, 9 a.m.-1 p.m., Langley Senior Center.

Regular city council meetings are held on the first and third Wednesdays of the month in the city hall council chamber, 320 W. Newmark Avenue, Monterey Park, CA 91754. For more city events please visit the event calendar at [www.MontereyPark.ca.gov/Now](http://www.MontereyPark.ca.gov/Now)



## CITY HALL FREQUENTLY USED PHONE NUMBERS

Mayor and City Council	626-307-1465
City Manager	626-307-1255
City Clerk	626-307-1362
City Treasurer	626-307-1488
Animal Control	626-307-1217
Aquatics/ Rec. Classes	626-307-1388
Building Division	626-307-1300
Business License	626-307-1338
Code Enforcement	626-307-1415
Community & Economic Development	626-307-1315
Dial-a-Ride	626-307-1396
Economic Development	626-307-1382
Engineering	626-307-1320
Finance	626-307-1348
Fire Department Admin	626-307-1262
Fire Dept. Ambulance	626-307-1423
Fire Prevention	626-307-1308
Graffiti Removal	626-307-1449
Housing Rehabilitation	626-307-1385
Human Resources	626-307-1334
Job Hotline	626-307-1446
Langley Senior Center	626-307-1395
Library	626-307-1269
Planning and Zoning	626-307-1315
Police (emergency only)	9 1 1
Police (non emergency)	626-573-1311
Police Comm. Relations	626-307-1215
Police Reports & Records	626-307-1211
Pothole Report Line	626-307-2585
Public Works	626-307-1281
Recreation & Community Services	626-307-1388
Recycling Hotline	626-307-1320
Risk Management	626-307-1437
Special Events	626-307-1390
Trash Collection (Athens Services)	888-336-6100
Tree Trimming	626-307-1292
Water Billing	626-307-1342
Water Dept. After Hours	626-307-1282
Weed Abatement	626-307-1415

For more information, please visit  
[www.MontereyPark.ca.gov/Directory](http://www.MontereyPark.ca.gov/Directory)

## Monterey Park Cascades FOR ADVERTISING INFORMATION

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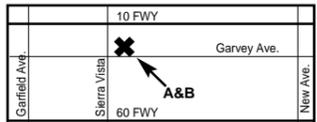
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# Monterey Park Police Department Reminds Pedestrians and Drivers to Think Two Steps Ahead

By Monterey Park Police Department staff

Monterey Park Police Department is working with law enforcement agencies across the state to promote safe behaviors that allow drivers and those on foot to get where they need to go safely.



California continues to see more and more pedestrians getting injured or killed on roads. In 2016, 867 pedestrians were killed and more than 14,000 injured in California alone. A report released earlier this year by the Governors Highway Safety Association (GHSA) projected that more than 6,200 pedestrians were killed in the United States last year, the highest number since 1990.

In order to reduce the number of collisions involving pedestrians, Monterey Park Police Department had additional officers on patrol throughout the month of September specifically focused on drivers and pedestrians who violate traffic laws that increase the risk of crashes. These violations include speeding, driving or walking distracted and/or impaired, failing to stop for signs and signals, and not yielding to drivers/pedestrians who have the right of way.

“Someone crossing the street should not have to fear for one’s life, but they should also be mindful that drivers are going places too,” said Monterey Park Police Chief Jim Smith. “It goes both ways.”

Despite advancements in vehicle technology that increase the chance of survival for drivers and passengers in crashes, pedestrians face the same amount of risk of getting seriously injured or killed when struck by a vehicle.

“Sooner or later, a driver has to get out of their car and walk, so we are all pedestrians at some point,” Chief Smith said. “Think about how you would want a driver to act when you are walking and vice versa. Keep that in mind and follow

the rules of the road so we can all arrive where we’re headed safely, regardless of how we get there.”

Monterey Park Police Department offers steps drivers and pedestrians can take to keep everyone safe:

For Pedestrians

- Look left-right-left before crossing the street. Watch for cars turning and obey traffic signals.
- Only cross the street in marked crosswalks, preferably crosswalks at stop signs or signals.
- Avoid distractions. Stay off the phone while walking.
- Make eye contact with drivers. Don’t assume drivers can see you.
- Be seen. Wear bright clothing during the day and use a flashlight at night.
- Always walk on the sidewalk. If there is no sidewalk, walk on the shoulder, facing traffic and as far away from cars as possible.
- Do not walk near traffic after drinking or using drugs that affect judgment and coordination.

For Drivers

- Follow the speed limit. The higher the speed, the longer it takes to stop.
- Never drive distracted or under the influence of alcohol and/or drugs.
- Look out for people walking, especially at night and in poorly lit areas.
- Pedestrians have the right of way at crosswalks even if they are not at a stop sign or signal. Prepare to stop when a pedestrian enters a crosswalk.
- Avoid blocking the crosswalk when attempting to make a right-hand turn.
- Be careful backing up and leaving parking spaces in shopping centers with heavy foot traffic.

Funding for pedestrian safety enforcement is provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration. For more information about the Monterey Park Police Department, please visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) or call 626-307-1215.

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# Monterey Park Police Department and Pink Patch Project Bring Awareness to the Fight Against Breast Cancer

By Corporal Robin Lopez, Monterey Park Police Department

In 2013, the Seal Beach Police Department started what has become one of the most recognizable fund raising campaigns around. It began with a simple idea: creating a uniform patch that incorporated the bright pink color now associated with breast cancer awareness and enlisting their officers and other uniformed personnel to wear them on their uniforms the entire month of October during Breast Cancer Awareness Month. Two years later, the Irwindale Police Chief brought the idea to his agency and challenged his officers to give Seal Beach PD some competition in their fund raising efforts. From there the idea made its way to the Los Angeles County Police Chiefs Association, and the rest, as they say, is history. Currently there are several hundred agencies throughout California, across the country, and around the world participating in this worthwhile endeavor with partners from police, sheriff, fire, EMS, and federal departments.

The goal is simple: To raise public awareness about the importance of early detection in the fight against breast cancer and to raise funds to support both research and treatment. Participating agencies design their own patches unique to their departments and sell them along with other items to raise those funds.

Once again, the Monterey Park Police Department is joining in the fight against breast cancer. Officers and other department personnel can be seen wearing the brightly colored patches on their uniforms during the month of October. In addition, we will be selling the patches along with t-shirts, challenge coins, and key chains. All proceeds are donated to the City of Hope, one of the main Pink Patch Project Partners. Look for these items at various Monterey Park events. They can also be purchased at the front counter of the police department. Again, all proceeds go directly to the City of Hope to help in the fight against breast cancer and to further the research and continue the treatment needed.

And remember, we all have moms, sisters, aunts, and nieces, and statistics show that someone you know will be diagnosed with this disease. Remember too that early detection saves lives, so encourage your loved ones to get checked annually.

For more information on the Pink Patch Project and the fight against breast cancer, please visit [www.cityofhope.org/pinkpatchproject](http://www.cityofhope.org/pinkpatchproject), [pinkpatchproject.com](http://pinkpatchproject.com) or the Pink Patch Project Facebook page. For Monterey Park's Pink Patch efforts, visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) and search for "pink patch project." Monterey Park Police Department is located at city hall, 320 W. Newmark Avenue, Monterey Park, CA 91754.



Monterey Park Police Officer Recruit Judy Chen, Officer Guatao Zheng and Corporal Robin Lopez at the Pink Patch booth at the city's National Night Out event.

# America's Best Contacts & Eyeglasses Opens in the Monterey Park Market Place

By Jesus Hernandez, Economic Development Department

America's Best Contacts & Eyeglasses store is the latest addition to the Monterey Park Market Place. As one of the largest optical retailers in the country, America's Best carries a wide selection of designer eyeglass frames, contact lenses and accessories for men, women and children. Do not worry about not finding the perfect frame as most locations have hundreds of eyeglass frames to choose from in-store.

Not only will you find the right frame but you will get them at a great price. Due to their volume purchasing power, they are able to offer affordable designer brand glasses. They also offer veteran discounts. It is the America's Best mission to deliver the best value in quality eye care and eyewear at low prices. By participating in the America's Best Vision Plan, you have access to two pairs of eyeglasses for \$69.95, inclusive of an eye exam.



Eye exams are provided by professional, independent, licensed optometrists, who are equipped with state of the art optometric equipment to ensure that they provide the best eye care available. Scheduling an eye exam is very simple and can be done through a computer, tablet, smartphone, or a phone call. However, you can also bring in a current and valid prescription to the store to purchase eyeglasses or contact lenses.

America's Best Contacts & Eyeglasses, 2200 Market Place Drive, Suite B, Monterey Park (next to MOD Pizza); Monday-Friday 9 a.m.-7 p.m., Saturday 9 a.m.-6 p.m., closed Sunday.



To ensure that your new eye glasses meet your needs they carry a variety of lens options at an additional cost like Transitions® Signature™, polarized sunglasses, impact-resistant polycarbonate material, and Neverglare Advantage® anti-reflective coating. Other options include bifocal lenses, solid or gradient tints, scratch resistant coating, and a UV protective coating. However, if frames are simply not your style they also offer contact lenses and a 3-Year Contact Lens Exam Benefit Plan which will give you a 10% discount on contact lenses.

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**CITY OF MONTEREY PARK**  
**6th Annual Geranium Festival and ARTWALK**  
**SATURDAY, OCTOBER 12TH**  
**BARNES PARK | 5PM-10PM**  
 350 S. MC PHERRIN AVE

**Festival Activities**  
 ARTWALK · TRAIN RIDES · ROCK WALL · KIDS WORKSHOPS  
 INTERACTIVE BOOTHS · LIBRARY ACTIVITIES · FOOD · GAMES  
 SCIENCE-TECHNOLOGY-ENGINEERING-ART-MATH ACTIVITIES & MORE!

Featuring **DI A DE LOS MUERTOS**  
 ALTAR & COSTUME CONTESTS!  
\*HUMAN & DOG COSTUME CONTESTS

**CONTEST SCHEDULE**

5 PM	MUSICAL CHAIRS, TEAM HULA, & GIANT SKIS	7 PM	DI A DE LOS MUERTOS ALTAR & COSTUME CONTEST
6 PM	POTATO SACK & 3-LEGGED RACE	8 PM	DOG COSTUME CONTEST
		9 PM	EATING CONTESTS

FOR MORE INFORMATION OR TO SIGN UP FOR CONTESTS, PLEASE CALL 626-307-1388 OR VISIT [WWW.MONTEREYPARK.CA.GOV](http://WWW.MONTEREYPARK.CA.GOV)

**City of Monterey Park**  
**MONSTER MASH AND MOVIE BASH**  
**Friday, October 18, 5-9 PM**  
**Barnes Park Amphitheater**  
**350 S. McPherrin Avenue**  
**Monterey Park, CA 91754**



**5-6 PM CARNIVAL GAMES**  
**6 PM COSTUME PARADE**  
**6:30 PM MOVIE SCREENING**

**TRICK-OR-TREAT BAGS · CANDY · FOOD FOR PURCHASE**

For more information, please visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) or call Recreation and Community Services Department at (626) 307-1388.

This event is intended for families with children ages 0-12, but everyone is welcome.

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# Night Sky Report

By David Nakamoto, Los Angeles Astronomical Society

Nights are finally longer than days. Jupiter is pretty much gone from our evening skies, and while Saturn is still up, it too is setting in the southwest as October wanes. The constellations of autumn dominate the sky.

The Moon begins the month as a very thin crescent in the evening skies. It ends the month as a thin crescent in the morning skies. First quarter – 7th, full moon – 14th, last quarter – 22nd and new moon – 28th.

Finding things in the sky can be easy or hard. Easy, if what you're looking for is bright enough that, if you aren't standing under or next to a bright light, you can see the brightest stars up there. Even from Monterey Park's Garvey Ranch observatory, I'm lucky to see the brightest dozen or so stars easily, and perhaps a dozen or more not so bright.

The Summer Triangle is still high overhead. Facing south, Vega is the bright star up and to the right. Much fainter Deneb is up and to the left. Altair is south of both, almost as bright as Vega.

Harder to spot is the Great Square of Pegasus, due east of the Triangle. See if you can spot it. It's about as wide as the space between Vega and Deneb.

Jupiter is very low in the southwest, and is almost gone from the evening skies, so get your looks at it before it vanishes for about six months. During that time, Jupiter passes near the Sun, then enters into the morning skies. Because the observing time is brief, I don't have any Jovian moon events to report. For those willing to wake up early to do your observing, Jupiter will be high enough to observe in the morning by February.

Saturn trails behind and to the left of Jupiter in the southwest. Binoculars and low power telescopes will show that Saturn is definitely oval in shape, not round, but you'll need magnifications around 50x or more to see the rings distinctly. Despite being just about everyone's favorite planet, Saturn is small. With the rings it appears about as large as Jupiter. Without the rings, about half Jupiter's size, 45 times smaller than the Moon.

### Lunar-X

Some features on the Moon are very transient, meaning they're only visible for an hour or so. Some



are due to the Sun illuminating crater rims but nothing else. As such, luck is needed to see them, for while the Sun does slowly move across the lunar sky, it does move, and as such, the appearance of lunar features does change, even from hour to hour.

On Saturday, October 5, around 9:17 p.m., the feature known as the Lunar-X will be visible in telescopes capable of around 50x magnification. It will be located on the lunar terminator, the area between lunar day and night. It is formed by sunlight illuminating part of the crater walls of Blanchinus, La Caille and Purbach.

This image was taken by fellow LAAS member Todd Kunioki through Griffith Observatory's 12-inch f/15 refractor on November 26, 2017, using a 1/25th sec exposure at ISO 200. The Lunar-X feature is visible near the lower left corner, and Lunar-V is near the upper right corner.

On the night of October 5, Los Angeles' Griffith Observatory will host a public star party. The members of the Los Angeles Astronomical Society will set up a dozen or so scopes on the lawn to give views of the heavens to all those in attendance, so if you want a view of Lunar-X and -V, come join us up at Griffith!

The Los Angeles Astronomical Society (LAAS) operates the Garvey Ranch Park observatory. The observatory is located just off the east parking lot. It's open to the public every Wednesday night from 7-10 p.m. An 8-inch 9-foot long refracting telescope is available to look through, weather permitting. People often set up their own telescopes out on the lawn beside the observatory. There's a telescope making workshop on the ground floor, and LAAS members are ready to provide advice and knowledge on all things astronomical. And perhaps on a few other things with a little coaxing, all free of charge. So drop on by and bring your curiosity and sense of adventure! More info is available at [www.laas.org](http://www.laas.org); [www.facebook.com/losangelesastronomicalsociety/](https://www.facebook.com/losangelesastronomicalsociety/); or 213-673-7355.



## STREET BEAT MONTHLY CRIME LOG

Addresses are identified by block number, not exact address.

### AUGUST 2019

#### AUTO BURGLARY

200 W POMONA BLVD  
100 W GARVEY AVE  
400 N CHANDLER AVE  
100 N LINCOLN AVE  
700 W GARVEY AVE  
2300 BRADSHAW AVE  
400 W RIGGIN ST  
2000 S GARFIELD AVE  
1800 FULTON AVE  
600 W RIGGIN ST  
200 W GARVEY AVE  
HILLSIDE ST / BRIGHTWOOD ST  
2100 S ATLANTIC BLVD  
500 E GRAVES AVE  
1500 SUNNYSLOPE DR  
1000 COLLEGE VIEW DR  
200 S YNEZ AVE  
5500 MARKET PLACE DR  
300 S CHANDLER AVE  
300 S CHANDLER AVE  
300 S MC PHERRIN AVE  
100 AVONDALE AVE  
220 E GARVEY AVE  
400 S NEW AVE  
100 N ATLANTIC BLVD  
5500 MARKET PLACE DR  
200 W POMONA BLVD  
2000 S ATLANTIC BLVD  
3500 MARKET PLACE DR  
100 N ATLANTIC BLVD

#### AUTO THEFT

300 E HELLMAN AVE  
400 N SIERRA VISTA ST  
400 BRIGHTWOOD ST  
600 W FERNFIELD DR  
1000 COLLEGE VIEW DR  
200 E POMONA BLVD  
200 MARGUERITA AVE  
1300 BRIGHTWOOD ST  
600 W EMERSON AVE  
1200 S ATLANTIC BLVD  
100 N ATLANTIC BLVD  
2000 S ATLANTIC BLVD  
1000 E HELLMAN AVE  
600 S GARFIELD AVE  
400 W HELLMAN AVE  
200 S MOORE AVE  
GARFIELD AVE / E GRAVES AVE

#### BURGLARY COM

400 S ATLANTIC BLVD  
600 W GARVEY AVE  
300 N GARFIELD AVE  
2300 S ATLANTIC BLVD  
300 E GARVEY AVE  
1500 AVENIDA CESAR CHAVEZ  
600 N NEW AVE  
200 E GARVEY AVE  
500 N ATLANTIC BLVD  
500 N ATLANTIC BLVD  
500 N ATLANTIC BLVD  
2300 S GARFIELD AVE  
2100 S ATLANTIC BLVD  
2200 S ATLANTIC BLVD  
2100 S ATLANTIC BLVD  
2000 MARKET PLACE DR  
2200 S ATLANTIC BLVD  
2000 S ATLANTIC BLVD  
3500 MARKET PLACE DR  
2100 S ATLANTIC BLVD  
2200 S ATLANTIC BLVD  
600 W GARVEY AVE  
2200 S ATLANTIC BLVD

#### BURGLARY RES

500 S POMELO AVE  
2300 FULTON AVE  
800 ACKLEY ST  
1300 ISABELLA AVE  
2000 HEATHER DR  
900 VILLAGE DR  
1800 BUCHANAN PL  
200 N SIERRA VISTA AVE  
800 E MABEL AVE  
200 E RIGGIN ST  
1800 BRIGHTWOOD ST  
900 E HELLMAN AVE  
100 LADERA ST  
200 LADERA ST  
200 N NICHOLSON AVE  
500 S POMELO AVE

#### ROBBERY

200 S ATLANTIC BLVD  
2100 S ATLANTIC BLVD  
1100 GARVEY AVE



Join the best & largest league around.  
Sign up early, spots fill quickly.  
Coaches positions available



## MONTEREY PARK SPORTS CLUB BASKETBALL

### BASKETBALL SIGN-UPS!

BOYS & GIRLS AGES: 4-15

SEPT. 14TH, 21ST, 28TH AND OCT. 5TH

OCT. 12TH IF NECESSARY

OUTSIDE BARNES GYM 9:00AM TO 1:00PM

FEES: \$150

PREP FEES: \$90.00 PREP TEAMS WELCOME

- PRACTICES, GAMES & PLAYOFFS
- BARNES & ELDER GYMS
- TROPHIES
- HIGH SCHOOL REFS
- UNIFORMS
- CLOSING CEREMONY RAFFLES



EMAIL: [basketball.mpsc@gmail.com](mailto:basketball.mpsc@gmail.com)

# Council Action Review

## Regular Meeting of August 7, 2019

The meeting was called to order at 7:01 p.m., with all council members present.

**Presentation**

**Agenda Item 1-A.** City Manager Ron Bow summarized the July 10, 2019 LAX roundtable concerning the community proposal regarding north downwind arrival procedure altitudes and was available for questions.

**Agenda Item 1-B.** Fire Captain Hallock presented a PowerPoint presentation regarding disaster preparedness and was available for questions.

**Old Business**

**Agenda Item 2-A.** Received and filed this update on the status of ongoing emergency replacement of the sewer and water mains along the alley east of Atlantic Boulevard between El Mercado and El Portal; and ended the emergency approved by Resolution No. 12088 and authorized the City Manager to memorialize that conclusion.

Resolution No. 12088 entitled:  
A RESOLUTION ADOPTED PURSUANT TO PUBLIC CONTRACTS CODE § 20168 FINDING THAT AN EMERGENCY EXISTS WITHIN THE CITY AND AUTHORIZING CONTRACTING WITHOUT THE NEED FOR BIDDING PURSUANT TO § 22050 AND MONTEREY PARK MUNICIPAL CODE ("MPMC") CHAPTER 2.52 AND FINDING THAT THE PROJECT IS EXEMPT FROM REVIEW UNDER THE CALIFORNIA ENVIRONMENTAL QUALITY ACT AS AN EMERGENCY REPAIR  
RECESSED AND RECONVENED

The City Council recessed at 8:43 p.m. and reconvened with all council members present at 8:59 p.m.

**Consent Calendar**

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. 12093 allowing certain claims and demands per Warrant Register dated July 17 and August 7, 2019 totaling \$1,758,080.84.

**Agenda Item 3-B.** Received and filed the monthly investment report for June 2019.

**Agenda Item 3-C.** Adopted Resolution No. 12094 identifying the amount of tax revenue required to fulfill the voters' intent in funding the City's retirement system on Consent Calendar.

Resolution No. 12094, entitled:  
A RESOLUTION IDENTIFYING THE AMOUNT OF TAX REVENUE REQUIRED TO FULFILL THE VOTERS' INTENT

IN FUNDING THE CITY'S RETIREMENT SYSTEM DURING FISCAL YEAR 2019-2020 AND AUTHORIZING THE LEVY OF APPROPRIATE TAXES

**Agenda Item 3-D.** Approved the minutes from the regular meetings of June 5 and June 19, 2019 and the special meetings of May 29, June 5 & June 19, 2019 on Consent Calendar.

**Agenda Item 3-E.** Waived bidding requirements pursuant to Monterey Park Municipal Code § 3.20.050(5) and authorized the City Manager to amend the contract (Agreement # 1967-A) with Wondries Fleet Group, in a form approved by the City Attorney, for the purchase of two, 2020 Ford Utility Police Interceptor SUV's through Wondries Fleet Group; and authorized the City Manager to amend the contract (Agreement 1967-AC) with West Coast Lights and Siren, in a form approved by the City Attorney, for the conversion/up-fitting of two 2020 Ford Utility Police Interceptor SUV's through West Coast Lights and Siren.

**Agenda Item 3-F.** Authorized the City Manager to execute a one year agreement, in a form approved by the City Attorney, with Presidio Networked Solutions Group, LLC for an amount not to exceed \$69,742.45, for Verdugo Fire Emergency Communication System Upgrade, based on MPMC § 3.20.050 (5).

**Agenda Item 3-G.** Authorized the City Manager to execute an agreement, in a form approved by the City Attorney, with Tom's Clothing & Uniforms for an amount not to exceed \$51,106 per fiscal year, for the purchase of firefighter uniforms.

**Agenda Item 3-H.** Authorized the City Manager to execute a Renewal Agreement, in a form approved by the City Attorney, with NEOGOV for a human resources information system.

**Agenda Item 3-I.** Adopted Resolution No. 12095 providing notice of an intent to amend the City's CalPERS contract to increase contributions made by POA members to CalPERS retirement costs; (2) waived first reading and introduce an Ordinance that would amend the City's CalPERS contract. Second reading and adoption would be scheduled for September 18, 2019; and (3) authorized the City Clerk to sign the "Certificate of Compliance with Government Code Section 7507".

Resolution No. 12095, entitled:  
A RESOLUTION OF INTENTION TO APPROVE AN AMENDMENT TO CONTRACT BETWEEN THE BOARD OF ADMINISTRATION CALIFORNIA PUBLIC EMPLOYEES'

RETIREMENT SYSTEM AND THE CITY COUNCIL CITY OF MONTEREY PARK

**Public Hearing**

**Agenda Item 4-A.** Opened the public hearing to receive testimonial and documentary evidence at 9:31 p.m.; there being no speakers, closed the public hearing at 9:33 p.m.; and adopted the One Year Action Plan for Program Year 2019-2020 and authorized the City Manager to implement the adopted Action Plan including, without limitation, to execute appropriate agreements in a form approved by the city attorney; and directed staff to bring back at a later date amendment to include sidewalk improvement project.

**Agenda Item 4-B.** Opened the public hearing to receive verbal and documentary testimony regarding nuisance abatement costs at 9:47 p.m., there being no speakers, closed the public hearing at 9:54 p.m.; and adopted Resolution No. 12096 approving Weed Abatement Clearance Charge List and authorized collection of such costs through the property tax rolls.

Resolution No. 12096, entitled:  
A RESOLUTION CONFIRMING THE ITEMIZED WEED ABATEMENT CHARGE LIST OF WEED ABATEMENT COSTS AND DIRECTING THE LOS ANGELES COUNTY AGRICULTURAL COMMISSIONER TO COLLECT THESE COSTS THROUGH PROPERTY TAX BILLINGS

**New Business**

**Agenda Item 5-A.** Discussed and considered joining a Joint Powers of Authority (JPA) – Transit Corridor Agency – with the cities of El Monte, Industry, Montebello, Rosemead, and South El Monte; and authorized the City Manager to enter into a JPA agreement with the cities of El Monte, Industry, Montebello, Rosemead, and South El Monte, in a form approved by the City Attorney, and authorize the City Manager to appropriate \$25,000 in Measure M and/or Measure R funds to fund the membership contributions as amended to add a condition that this agreement will take effective only if all named cities enter into the JPA.

**Agenda Item 5-B.** Received and filed the 2018/19 Library Annual Report.

**Council Member Communications and Mayor/Council and Agency Matters**

Discussion only – no action taken

**Adjourned – 10:51 p.m.**

## Regular Meeting of August 21, 2019

The meeting was called to order at 7:02 p.m., with all council members present.

**Presentation**

**Agenda Item 1-A.** Michael Cacciotti, Council Member of South Pasadena and Member of South Coast Air Quality Management District (AQMD) along with Dan May, American Green Zone Alliance presented information regarding the current air quality in the San Gabriel Valley as well as rebates available to both cities and residents. The City Council directed City Manager Bow to work with Mr. Cacciotti to place a monitoring device to detect air quality levels due to low flying aircraft.

**Old Business**

**Consent Calendar**

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. SA-171 of the Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated August 21, 2019 totaling \$41.31 and specifying the funds out of which the same are to be paid.

**Agenda Item 3-B.** Approved payment of warrants and adopted Resolution No. 12097 allowing certain claims and demands per Warrant Register dated August 21, 2019 totaling \$1,534,002.99 specifying the funds out of which the

same are to be paid.

**Agenda Item 3-C.** Received and filed the monthly investment report for July 2019.

**Agenda Item 3-D.** Received and filed the 2018-19 Annual Investment report; and adopted Resolution No. 12098 and SA-172.

**Agenda Item 3-E.** Authorized the City Manager to execute a one year agreement, in a form approved by the City Attorney, with Foothill Communications, Inc. for an amount not to exceed \$68,772.97, for the purchase of multi band and single band radios.

**Agenda Item 3-F.** Authorized the City Manager to execute a 2-year professional service agreement extension with The Code Group and Interwest Consulting Group to provide On-Call Plan Check and Inspection Services in a form approved by the City Attorney.

**Agenda Item 3-G.** Adopted a Resolution No. 12099 approving Final Map No. 75007 and authorizing the City Manager to execute a Subdivision Improvement Agreement in a form approved by the City Attorney.  
Resolution No. 12099, entitled:  
A RESOLUTION APPROVING FINAL MAP NO. 75007 FOR A SIX-UNIT RESIDENTIAL CONDOMINIUM PROJECT AT 320-322 SOUTH MOORE AVENUE

**Public Hearing** None

**New Business**

**Agenda Item 5-A.** The City Council by consensus continued the item regarding the LA County update to Ballot Proposition to impose a ¼ cent sales tax to the next regular City Council meeting.

**RECESSED AND RECONVENED**

The City Council recessed at 8:38 p.m. and reconvened with all Council Members present at 8:48 p.m.

**Agenda Item 5-B.** Authorized the City Manager to execute the Partnership Agreement, in a form approved by the City Attorney, to cooperatively share costs with County of Los Angeles and City of Montebello in the implementation of the East Los Angeles Sustainable Median Stormwater Capture Project as amended to direct the City Attorney to work with the County and/or Central Basin to include language regarding credit back to the City.  
Council Member Communications and Mayor/Council and Agency Matters

**Agenda Item 6-A.** The City Council continued the item regarding the Code of Conduct; Meeting Procedures; Healthy Workplace Environment to a future meeting.

**Adjourned – 10:56 p.m.**

## Regular Meeting of September 4, 2019

The meeting was called to order at 7:03 p.m., with all council members present.

**Presentation**

**Agenda Item 1-A.** The City Clerk presented a PowerPoint presentation on the new Los Angeles County Vote Center as well as provided information on the city's District based Election both taking place in March 2020 election.

**RECESSED AND RECONVENED**

The City Council recessed at 9:07 p.m. and reconvened with all council members present at 9:17 p.m.

**Old Business**

**Agenda Item 2-A.** The City Council received and filed the LA County update to ballot proposition to impose a ¼ cent sales tax.

**Consent Calendar**

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. 12100 allowing certain claims and demands per Warrant Register dated September 4, 2019 totaling \$1,053,029.75 specifying the funds out of which

the same are to be paid.

**Agenda Item 3-B.** Adopted Resolution No. 12101 approving the design and plans for the Police Locker room Remodel and authorized solicitation of bids on Consent Calendar

Resolution No. 12101, entitled:  
A RESOLUTION APPROVING THE DESIGN AND PLANS FOR THE POLICE LOCKER ROOM REMODEL PROJECT PURSUANT TO GOVERNMENT CODE § 830.6 AND ESTABLISHING A PROJECT PAYMENT ACCOUNT

**Agenda Item 3-C.** Adopted Resolution No. 12102 approving a One-Year Time Extension (EX-19-01) for Tentative Map No. 76041 (TM-17-06) to subdivide one lot into two lots – 620 Cadiz Street/623 Hermosa Vista Street.  
Resolution No. 12102, entitled:  
A RESOLUTION APPROVING A one-year extension of time (ex-19-01) for tentative MAP NO. 76041 (TM-17-06) to subdivide one lot into two lots at 620 Cadiz street/623 Hermosa vista street.

**Agenda Item 3-D.** Authorized the City Manager to

execute an agreement, in a form approved by the City Attorney, with Efficient Janitorial Services.

**Public Hearing**

**Agenda Item 4-A.** Opened the public hearing at 10:41 p.m. to receive public comment and; there being no speakers, closed the public hearing at 10:47 p.m.; (2) approved the draft 2018-2019 Consolidated Annual Performance and Evaluation Report (CAPER); (3) authorized the City Manager, or designee, to execute and submit the necessary documents to HUD for its review and approval.

**Agenda Item**

**New Business**

**Agenda Item 5-A.** The City Council received and filed the report on the Land Use Element Update and Next Steps.

**Council Member Communications and Mayor/Council and Agency Matters**

Discussion only – no action taken

**Adjourned – 11:14 p.m.**

## Regular Meeting of September 18, 2019

The meeting was called to order at 7:00 p.m., with all council members present.

**Presentation**

**Agenda Item 1** None

**Old Business**

**Agenda Item 2-A.** None

**Consent Calendar**

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. 12103 allowing certain claims and demands per Warrant Register dated September 18, 2019 totaling \$1,766,266.95 specifying the funds out of which the same are to be paid.

**Agenda Item 3-B.** Received and filed the monthly investment report for August 2019.

**Agenda Item 3-C.** Waived the second reading and adopted Ordinance No. 2164.

Ordinance No. 2164, entitled:  
An Ordinance of the City Council of the City of Monterey Park authorizing an amendment to the contract between the City Council of the City of Monterey Park and the Board of Administration of the California Public Employees' Retirement System

**Agenda Item 3-D.** Continued the item for the FY 2018 Assistance to Firefighters Grant Program.

**New Business**

**Agenda Item 5-A.** Authorized the City Manager to execute two license agreements, in a form approved by the City Attorney for Bingo at the Langley Center as amended to

waive the license fee if they operate within the senior center hours and have staff negotiate a percentage of the net profit and those funds be earmarked for used only at the Langley Senior Center. Council gave staff 60 days to negotiate the terms.

**RECESSED AND RECONVENED**

The City Council recessed at 9:35 p.m. and reconvened with all council members present at 9:42 p.m.

**Council Member Communications and Mayor/Council and Agency Matters**

Discussion only – no action taken

**Adjourned – 10:09 p.m.**

# Langley Senior Center

400 W. Emerson Ave., Monterey Park CA 91754  
Open Hours: Monday - Sunday 8am - 5pm

## DATES TO REMEMBER



### October

- 4 Brain Health Workshop 1 - 3pm
- 7 Mature Driver Class 8am - 4:30pm
- 11 Matinee Movie 1pm
- 15 AARP Smartphone Workshop 8am - 4:30pm
- 15 Medicare Workshop 1:30 - 2:30pm
- 17 GHC Health Screening 1 - 4pm
- 21 T65 Medicare Workshop 10 - 11am
- 22 Blood Pressure Screening 9 - 11am
- 24 Chocolate Tour & Steakhouse Trip
- 25 Matinee Movie 1pm
- 25 Birthday Celebration 11:30am - 12:30pm
- 26 Community Health Fair 9am - 2pm
- 29 Halloween Costume Party 1 - 3pm

### November

- 1 Brain Health Workshop 1 - 3pm
- 8 Matinee Movie 1pm
- 9 Langley Craft Fair 8am - 2pm
- 12 Healthy Cooking 2 - 3pm
- 12 CalFresh Workshop 9 - 11am
- 14 Birthday Celebration 11:30am - 12:30pm
- 15 Identity Theft Workshop 9 - 11am
- 18 T65 Medicare Workshop 10 - 11am
- 19 Medicare Workshop 1:30 - 2:30pm
- 21 GHC Health Screening 1 - 4pm
- 22 Matinee Movie 1pm
- 25 Blood Pressure Screening 9 - 11am
- 28/29 Thanksgiving Holiday, Langley Center Closed

## TRIPS & TOURS

626-307-1478

Try something new and explore different points of interests! Trips are for ages 50+ with valid ID. Cancellation fees apply per person. Pets are not permitted except for service trained dogs.

### EDELWEISS CHOCOLATE TOUR & BRAZILIAN STEAKHOUSE

\$58

Thursday  
OCTOBER 24, 2019  
9am - 5pm Approximately.  
Includes tour, candy bar & lunch at Fogo De Chao Brazilian Steakhouse.



### HARVEST FEST AT POMONA FAIRPLEX

\$20

Friday  
December 6, 2019  
9am - 5pm Approximately.  
Shoppers alert! Over 24,000 handmade creations to choose from at the harvest festival original art & craft show.



### MISSION INN FESTIVAL OF LIGHTS, RIVERSIDE

\$10

Saturday  
December 14, 2019  
12 - 9:30pm Approximately.  
Join us for a special holiday trip to experience the holiday magic of Riverside's 27th Annual Holiday Festival of Lights tradition! Dress warm and wear comfortable shoes!



### MATURE DRIVERS CLASS

1st or 2nd Mondays 8am - 5pm. \$1  
Registration in person. Seniors completing course will be certified & eligible to receive a reduction for participating insurance companies.

**October 26 2019 SAT 9AM - 1PM**

## Community FALL HEALTH FAIR

with UCLA Asian Pacific Health Corps

FREE HEALTH SCREENINGS

- Core Nutrition
- Exercise Health
- Fitness

FLU SHOT

WELLNESS

OVER 40+ VENDORS  
EXHIBITS & RESOURCES  
GIVEAWAYS & PRIZES

LOCATION: LANGLEY CENTER  
400 W. EMERSON AVE.  
MONTEREY PARK, CA 91754

JOIN US FOR A FREE COMMUNITY EVENT FOR ALL AGES INCLUDING:

- BLOOD PRESSURE READINGS, BODY MASS INDEX, CHOLESTEROL, DENTISTRY, GLUCOSE, STROKE, & VISION SCREENINGS
- HEALTHCARE INFORMATION & SERVICES
- COMMUNITY RESOURCES
- PLUS FREE GIVEAWAYS, PRIZES, AND MUCH MORE

FOR MORE INFORMATION - CALL 626-307-1395 OR WWW.MONTEREYPARK.CA.GOV

## \$2.50 TUESDAY DANCE



Dance, socialize, and snack with us on Tuesdays from 1 - 3:30pm. \$2.50 admission include:

- Live Entertainment
- Snacks & Coffee
- Raffle tickets for prizes

## ywca



### LUNCH PROGRAM

626-307-1478

Join us for a hot lunch on weekdays

#### Weekday operations:

- 8am - 12:30pm Lunch RSVP
- 9:30am check in
- 11:15am Lunch serving
- \$3 Suggested donation
- Meals on Wheels
  - Please call YWCA
  - (626) 214-9465

#### Requirements:

- Ages 62 and over
- Call 1 weekday ahead to RSVP
- New members must complete LA County form

### METRO TAP CARD



Refill your tap card for 30 days at our center during open hours 8am - 5pm. Residents \$17 and non-residents \$20. Must show ID or current bill.

### FRIDAY MATINEE MOVIE

2nd and 4th Fridays at 1pm  
Lounge at Langley while we play popular movies and serve you snacks!



10/11



10/25



11/8



11/22

### HEALTH SCREENINGS

3rd Thursdays 1 - 4pm  
By Garfield Health Center

Blood pressure screening  
9 - 11am 3rd Tuesdays by  
Chinatown Service

Blood pressure screening  
9 - 11am 4th Tuesdays by AHMC

Brain workshop  
1st Fridays 1 - 3pm by Cogniciti

## Langley's 1st Annual Craft Fair!

Saturday November 9, 2019  
8:00 AM - 2:00 PM

## Dial - A - Ride Transportation

RSVP at (626) 307-1396

FREE TRANSPORTATION AVAILABLE WEEKDAYS 8AM-4PM FOR AGES 55 AND OVER RESIDENTS WITHIN CITY OF MONTEREY PARK. MEDICAL NEEDS ARE ALLOWED WITHIN 5 MILES OUTSIDE OF CITY HALL.

\$5 DIAL A RIDE MEMBERSHIP FEE. VALID CURRENT PHOTO ID REQUIRED, APPLICATIONS & PHOTOS WILL BE TAKEN ON SITE.

### Rite Aid

1ST WEDNESDAYS OF THE MONTH  
9:45AM - 11AM

- MEET UP AT LANGLEY & RECEIVE 20% DISCOUNT OFF SHOPPING AT RITE AID
- FREE GOODIE BAGS & GIFTS
- FOR AGES 65+



### Costco & Home Depot

THURSDAYS  
12:30PM - 2:30PM

- JOIN US AS WE CONVENIENTLY TRANSPORT YOU FOR YOUR ERRANDS
- FOR AGES 55+



# Monterey Park Fire Department

# DISASTER PREPAREDNESS GUIDE



Monterey Park Community Members,

It is my pleasure to provide you with our most recent Disaster Preparedness Guide. The intent of the Disaster Preparedness Guide is not to alarm you but rather to empower you. We at the City of Monterey Park want to ensure your preparedness in the event of an earthquake or other natural disaster that might impact our region. The goal of the guide is to challenge every resident to put together a preparedness plan that will provide for you and your family should you be without services such as water or food for as many as seven days. The Disaster Preparedness Guide is a thorough document that covers every aspect of preparedness, but as with any personal preparedness plan, I encourage you to make it your own. I want you to add or delete items that will aid in your preparation for any type of event. As the saying goes, "An ounce of prevention is worth a pound of cure." Being properly prepared given an incident such as an earthquake will not only help you in the immediate aftermath of such an event, it will aid in the long-term recovery as well.

In the following pages of the Cascades, we have captured some of the most important aspects of the guide. However, if you would like a full version of the guide (also available in Chinese and Spanish), you can access it through our website at [www.montereypark.ca.gov](http://www.montereypark.ca.gov) or by scanning the QR Code below. Should you have any questions or concerns, feel free to contact the Fire Department at 626-307-1262.



Respectfully,

Ron Bow, City Manager  
City of Monterey Park





# FAMILY PREPAREDNESS

## FAMILY DISASTER PLAN

Regularly discuss with your family what actions will be taken following an earthquake or other disaster, regardless of where they may be when the disaster occurs. Post your family's disaster plan on the refrigerator, by the phone, or in some other conspicuous place. Ensure all family members are familiar with the plan and are prepared to take appropriate actions if they are at home alone when the disaster occurs. Address the following issues when developing the Family Plan:

### Evacuation

- Identify all exits and alternate escape routes from your house or apartment and keep them clear.
- Establish a safe meeting place outside of the house where all family members will meet.
- Maintain one-half tank of gas in your car at all times and identify an evacuation route, which is most likely to remain open and passable following an earthquake. (Avoid bridges, freeways, underpasses, and overpasses.)
- Identify the nearest Red Cross-designated shelter to your home and workplace. Note: Limited medical assistance will be available at all shelters.
- Post a message indicating where you have gone.
- Take vital documents and emergency supplies and equipment, including medications with you.
- Confine pets in basement, garage, or bathroom with plenty of water.

### Family Reunification

- Establish 1 or 2 reunion locations (e.g. Red Cross shelter, relative or friend's home) in the event of separation. Note: The Red Cross will compile a list of missing persons.
- Designate an out-of-state or area contact for family members to notify of their location and condition.

### Communications

- Do NOT use the telephone, except for emergencies.
- Disaster information and emergency instructions will be announced on radio station KFI (640AM).
- Identify nearest source of emergency two-way radio communication for requesting emergency aid. (e.g. amateur radio operator, fire or police department, and hospital)
- Inform friends and relatives of the phone number for your out-of-area contact person.

### For Baby (3 Days Supply)

- Formula / Powdered milk
- Diapers
- Bottles
- Medications
- Baby wipes

### Children, Elderly, & Disabled

- Authorize a neighbor or relative to pick-up and care for children in your absence.
- Provide the elderly or disabled with a whistle or other method to call for help if they can not evacuate.
- Arrange for a neighbor or friend to check on elderly or disabled family members in your absence.
- Identify a method for evacuating disabled family members.

### For Adults

- Prescription drugs (e.g. heart and high blood pressure medications)
- Insulin
- Denture needs
- Contact Lenses and supplies
- Extra eye glasses

### Important Family Documents

- Keep these in a waterproof, fire resistant, portable container
- Will, Insurance Policies, Contracts, Deeds, Stocks and Bonds
- Passports, Social Security cards, Immunization records
- Bank Account numbers
- Credit Card Account numbers and companies
- Inventory of valuable household goods Important telephone numbers
- Family records

### Pets

- Keep license and I.D. tags current with your telephone number and your out-of-town contact number.
- Make arrangements with neighbors to rescue or care for your pet if you are away.
- For evacuation: keep on a leash and pack supplies that include food, water bowl, blanket, and plastic bags for disposing of droppings.
- Plan how they will be cared for after evacuation. Pets may not be allowed in shelters due to health regulations.

### School Plan

- Familiarize yourself with your children's school plan, including the release policy following disasters. Note: All schools conduct regular earthquake drills and most are prepared to shelter students until they are picked up by a parent or authorized representative.
- Authorize a relative, friend, or neighbor to pick up your children in case you are unable to get to the school following a disaster.
- Ensure that school authorities have made arrangements to provide for any special needs that your children may have. (e.g. medications)

### Work Plan

- Have portable supplies in your car or at work in case you cannot return home for several days.
- Store a pair of sturdy walking shoes in your vehicle.
- Have maps or guides of alternate routes to get home from work in case your normal route is impassable.
- Include a flashlight and a small portable radio in your work emergency supplies.
- Have a copy of your family's emergency plan and contact telephone numbers in your vehicle.

### Child Safety

#### Does your child know or carry . . .

- Contact names and numbers (home, work, pager, cell, e-mail)? Emergency procedures including how to call 911?
- Where to meet in case of an emergency?
- How to recognize danger signals (such as fire alarms)?

#### Do you and school officials . . .

- Know school emergency procedures? Is your child's school prepared? Have contact names and numbers (home, work, pager, cell, e-mail)? Have updated information to reach parent and caretakers for pick up?
- Know type of authorization school requires to release a child to someone? Have a child pick up staging area in the event of a disaster?

#### Do you . . .

- Limit your child's TV viewing of news and raw footage of disasters? Make sure baby-sitter knows emergency procedures?

### Special Needs and Disability

- Carry a health information card if you have special needs. Evaluate your capacities, limitations, needs, and surroundings Determine type of help you may need during an emergency.
- List information: Doctors, Allergies, Medications, Disabilities, Equipment Keep sufficient medication and supplies for at least 7 days on hand.

### Communication Plan

- Meet with household and create communication plan.
- Choose out-of-town contact that your household will reach to check on each other. Contact person should have everyone's numbers and live far enough away that they would be unlikely to be affected by the same event.
- Make sure household members have this contact number plus numbers for each other (include home, work, pager, cell, e-mail).
- Identify 2 neighbors and agree to watch out for each other.
- During disaster, phone may not work. Be patient and retry. Try e-mail.

# DISASTER SUPPLY KIT

You may need to survive on your own for three days or more. This means having your own water, food, and emergency supplies. Try using backpacks or duffel bags to keep the supplies together. Assembling the supplies you might need following a disaster is an important part of your disaster plan. You should prepare emergency supplies for the following situations:

- **Home Grab & Go** A disaster supply kit with essential food, water, and supplies for at least three days. This kit should be kept in a designated place and be ready to "grab and go" in case you have to leave your home quickly because of a disaster, such as a flash flood or major chemical emergency. Make sure all household members know where the kit is kept.
- **2 Week Confinement Kit** Consider having additional supplies for sheltering or home confinement for up to two weeks.
- **Work Grab & Go** You should also have a disaster supply kit at work. This should

be in one container, ready to "grab and go" in case you have to evacuate the building.

- **Car Kit** A car kit of emergency supplies, including food and water, to keep stored in your car at all times. This kit would also include flares, jumper cables, and seasonal supplies.

Above checklists will help you assemble disaster supply kits that meet the needs of your household. The basic items that should be in a disaster supply kit are water, food, first aid supplies, tools and emergency supplies, clothing and bedding. You will need to change the stored water and food supplies every six months, so be sure to write the date you store it on all containers. You should also re-think your needs every year and update your kit as your household changes. Keep items in airtight plastic bags and put your entire disaster supply kit in one or two easy-to-carry containers such as an unused trash can, camping backpack or duffel bag.

## WATER: THE ABSOLUTE NECESSITY

Stocking water reserves should be a top priority. Drinking water in emergency situations should not be rationed. Therefore, it is critical to store adequate amounts of water for your household.

- Individual needs vary, depending on age, physical condition, activity, diet, and climate. A normally active person needs at least two quarts of water daily just for drinking. Children, nursing mothers, and ill people need more. Very hot temperatures can double the amount of water needed.
- Because you will also need water for sanitary purposes and, possibly, for cooking, you should store at least one gallon of water per person per day.

Store water in a thoroughly washed plastic or enamel-lined metal container. Don't use containers that can break, such as glass bottles. Never use a container that has held toxic substances. Sound plastic containers, such as soft drink bottles, are best. You can also purchase food-grade plastic buckets or drums.

- Containers for water should be rinsed with a diluted bleach solution (one part bleach to ten parts water) before use. Previously used bottles or other containers may be contaminated with microbes or chemicals. Do not rely on untested devices for decontaminating water.
- If your water is treated commercially by a water utility, you do not need to treat water before storing it. Additional treatments of treated public water will not increase storage life.
- If you have a well or public water that has not been treated, follow the treatment instructions provided by your public health service or water provider.
- Seal your water containers tightly, label them,



Don't forget our four-legged friends also need food and water.

- Allow people to drink according to their need. The average person should drink between two and two-and-one-half quarts of water or other liquids per day, but many people need more. This will depend on age, physical activity, physical condition, and time of year.
- Under no circumstances should a person drink less than one quart of water each day. You can minimize the amount of water your body needs by reducing activity and staying cool.
- Drink water that you know is not contaminated first. If necessary, suspicious water, such as cloudy water from regular faucets or muddy water from streams or ponds, can be used after it has been treated. If water treatment is not possible, put off drinking suspicious water as long as possible, but do not become dehydrated.

### In addition to stored water, other sources include:

- Melted ice cubes.
- Water drained from the water heater faucet, if the water heater has not been damaged.
- Water dipped from the flush tanks (not the bowls) of home toilets. Bowl water can be used for pets.
- Liquids from canned goods such as fruit and vegetable juices.
- Carbonated beverages do not meet drinking-water requirements. Caffeine and alcohol dehydrate the body, which increases the need for drinking water.
- If water pipes are damaged or if local authorities advise you, turn off the main water valves to prevent water from draining away in case the water main breaks. The pipes will be full of water when the main valve is closed. To use this water, turn on the faucet at the highest point in your house (which lets air into the system). Then draw water, as needed, from the lowest point in your house, either a faucet or the hot water tank.

### Unsafe Water Sources Include:

- Radiators.
- Hot water boilers (home heating system).
- Water beds (fungicides added to the water or chemicals in the vinyl may make water unsafe to use).
- Swimming pools and spas (chemicals used in them to kill germs are too concentrated for safe drinking, but can be used for personal hygiene, cleaning and related uses).

### Managing Water Supplies

**Water is critical for survival.**

- Plan to have about one gallon of water per person per day for drinking, cooking and personal hygiene. You may need more for medical emergencies.

# Water Treatment

Treat all water of uncertain purity before using it for drinking, food washing or preparation, washing dishes, brushing teeth or making ice. In addition to having a bad odor and taste, contaminated water can contain microorganisms that cause diseases such as dysentery, cholera, typhoid, and hepatitis.

There are many ways to treat water. None is perfect. Often the best solution is a combination of methods. Before treating, let any suspended particles settle to the bottom, or strain them through layers of clean cloth.

Following are four treatment methods. The first three methods of boiling, chlorination, and water treatment tablets will kill microbes but will not remove other contaminants such as heavy metals, salts, most other chemicals, and radioactive fallout. The final method distillation will remove microbes as well as most other contaminants, including radioactive fallout.

**Boiling** is the safest method of treating water.

- Boiling water kills harmful bacteria and parasites. Bringing water to a rolling boil for 1 minute will kill most organisms. Let the water cool before drinking.
- Boiled water will taste better if you put oxygen back into it by pouring it back and forth between two containers. This will also improve the taste of stored water.

**NOTE:** People with hidden or chronic liver or kidney disease may be adversely affected by iodized tablets and may experience worsened health problems as a result of ingestion. Iodized tablets are safe for healthy, physically fit adults and should be used only if you lack the supplies for boiling, chlorination, and distillation.

**Chlorination** uses liquid chlorine bleach to kill microorganisms such as bacteria.

- Use regular household liquid bleach that contains no soap or scents. Some containers warn, "Not For Personal Use." You can disregard these warnings if the label states sodium hypo-chlorite as the only active ingredient and if you use only the small quantities mentioned in these instructions.

Add six drops (1/8 teaspoon) of unscented bleach per gallon of water, stir, and let stand for 30 minutes. If the water does not taste and smell of chlorine at that point, add another dose and let stand another 15 minutes. This treatment will not kill parasitic organisms.

If you do not have a dropper, use a spoon and a square-ended strip of paper or thin cloth about 1/4 inch by 2 inches. Put the strip in the spoon with an end hanging down about 1/2 inch below the scoop of the spoon. Place bleach in the spoon and carefully tip it. Drops the size of those from a medicine dropper will drip off the end of the strip.

**Purification** Tablets release chlorine or iodine. They are inexpensive and available at most sporting goods stores and some drugstores. Follow the package directions carefully.

# FOOD: PREPARING AN EMERGENCY SUPPLY

- If activity is reduced, healthy people can survive on **half** their usual food intake for an extended period or without any food for many days. Food, unlike water, may be rationed safely, except for children and pregnant women.
- You don't need to go out and buy unfamiliar foods to prepare an emergency food supply. You can use the **canned** foods, **dry** mixes and other **staples** on your cupboard shelves. Canned foods do not require cooking, water, or special preparation. Be sure to include a **manual can opener**.
- **Familiar** foods are important. They can lift **morale** and give a feeling of **security** in time of stress. Also, canned foods won't require cooking, water, or special preparation.
- Keep canned foods in a **dry** place, where the temperature is fairly cool. To **protect** boxed foods from pests and to extend their shelf life, **store** the food in tightly closed plastic or metal containers.
- Replace items in your food supply **every six months**. Throw out any canned good that becomes swollen, dented, or corroded. Use foods before they go bad, and replace them with fresh supplies. Date each food item with a marker. Place new items at the back of the storage area and older ones in front.

- Food items that you might consider including in your disaster supply kit **include:** ready-to-eat meats, fruits, and vegetables; canned or boxed juices, milk, and soup; high-energy foods like peanut butter, jelly, low-sodium crackers, granola bars, and trail mix; vitamins; foods for infants or persons on special diets; cookies, hard candy; instant coffee, cereals, and powdered milk.
- If your water supply is limited, try to **avoid** foods that are high in fat and protein, and don't stock salty foods, since they will make you thirsty. Try to eat salt-free crackers, whole grain cereals, and canned foods with high liquid content.
- For emergency cooking, heat food with **candle** warmers, **chafing** dishes and **fondue** pots, or use a fireplace. Charcoal grills and camp stoves are for outdoor use only.
- Commercially **canned food** can be eaten out of the can without warming. Before heating food in a can, remove the label, thoroughly wash the can, and then disinfect them with a solution consisting of one cup of bleach in five gallons of water, and open before heating. Re-label your cans, including expiration date, with a marker.

## Storage Tips

- Keep food in a dry, cool spot – a dark area if possible.
- Keep food covered at all times.
- Open food boxes or cans carefully so that you can close them tightly after each use.
- Wrap cookies and crackers in plastic bags, and keep them in tight containers.
- Empty opened packages of sugar, dried fruits, and nuts into screw-top jars or airtight cans to protect them from pests.
- Inspect all food for signs of spoilage before use.
- Use foods before they go bad and replace them with fresh supplies. Write the date it was placed in storage on the top with a permanent marker. Place new items at the back of the storage area and older ones in front.
- Do not eat foods from cans that are swollen, dented, or corroded even though the product may look okay to eat.
- Do not eat any food that looks or smells abnormal, even if the can looks normal.
- Discard any food not in a waterproof container if there is any chance that it has come into contact with contaminated floodwater.
- Food containers with screw-caps, snap-lids, crimped caps (soda pop bottles), twist caps, flip tops, snap-open, and home canned foods should be discarded if they have come into contact with floodwater because they cannot be disinfected. For infants, use only pre-prepared canned baby formula. Do not use powdered formulas with treated water.

## How to Cook if the Power Goes Out

For emergency cooking indoors, you can use a fireplace. A charcoal grill or camp stove can be used outdoors. You can also heat food with candle warmers, chafing dishes, and fondue pots. Canned food can be eaten right out of the can. If you heat it in the can, be sure to open the can and remove the label first.

## Short-term Food Supplies

Even though it is unlikely that an emergency would cut off your food supply for two weeks, you should prepare a supply that will last that long. The easiest way to develop a two-week stockpile is to increase the amount of basic foods you normally keep on your shelves.

## Nutrition Tips

During and right after a disaster, it will be vital that you maintain your strength. So remember:

- Eat at least one well-balanced meal daily.
- Drink enough liquid to enable your body to function properly (two quarts a day).
- Take in enough calories to enable you to do any necessary work.
- Include vitamin, mineral, and protein supplements in your stockpile to assure adequate nutrition.

## Managing Food Supplies

It is important to be sanitary when storing, handling, and eating food.

- Keep food in covered containers.
- Keep cooking and eating utensils clean.
- Keep garbage in closed containers and dispose outside. Bury garbage, if necessary. Avoid letting garbage accumulate inside, both for fire and sanitation reasons.
- Keep hands clean. Wash frequently with soap and water that has been boiled or disinfected.

## Hygiene

Be sure to wash your hands thoroughly:

- Before preparing or eating food
- After toilet use
- After participating in flood cleanup activities
- After handling articles contaminated with floodwater or sewage



## If the Electricity Goes Off

FIRST, use perishable food and foods from the refrigerator.

THEN, use the foods from the freezer. To minimize the number of times you open the freezer door, post a list of freezer contents on it. In a well-filled, well-insulated freezer, foods will usually still have ice crystals in their centers (meaning foods are safe to eat) for at least three days.

## Shelf Life of Food for Storage

Here are some general guidelines for rotating common emergency foods.

### Use within six months:

- Powdered milk (boxed)
- Dried fruit (in metal container)
- Dry, crisp crackers (in metal container)
- Potatoes

### Use within one year:

- Canned condensed meat and vegetable soups
- Canned fruits, fruit juices, and vegetables
- Ready-to-eat cereals and uncooked instant cereals (in metal containers)
- Peanut butter & Jelly
- Hard candy and canned nuts
- Vitamin C

### May be stored indefinitely (in proper containers and conditions):

- Wheat
- Vegetable oils
- Dried corn
- Baking powder
- Soybeans
- Instant coffee, tea, and cocoa
- Salt
- Non-carbonated soft drinks
- White rice
- Bouillon products
- Dry pasta

Your refrigerator will keep foods cool for about four hours without power if it is left unopened. Add block or dry ice to your refrigerator if the electricity will be off longer than four hours. Thawed food usually can be eaten if it is still "refrigerator cold," or re-frozen if it still contains ice crystals. To be safe, remember, "When in doubt, throw it out." Discard any food that has been at room temperature for two hours or more, and any food that has an unusual odor, color, or texture.

If you are without power for a long period:

- Ask friends to store your frozen foods in their freezers if they have electricity.
- Inquire if freezer space is available in a store, church, school, or commercial freezer that has electrical service.
- Use dry ice, if available. Twenty-five pounds of dry ice will keep a ten-cubic-foot freezer below freezing for 3-4 days. Use care when handling dry ice, and wear dry.



It may be difficult to obtain prescription medications during a disaster because stores may be closed or supplies may be limited. Ask your physician or pharmacist about storing prescription medications. Be sure prescriptions are stored to meet instructions on the label and be mindful of expirations dates.

- First Aid manual
- Sterile adhesive bandages in assorted sizes
- Assorted sizes of safety pins
- Cleansing agents: isopropyl alcohol, hydrogen peroxide, soap, germicide
- Antibiotic ointment
- Latex gloves (2 pairs)
- Petroleum jelly
- 2-inch and 4-inch sterile gauze pads (4-6 each size)
- Triangular bandages (3)
- 2-inch and 3-inch sterile roller bandages (3 rolls each)
- Cotton balls
- Scissors
- Tweezers
- Needle
- Moistened towelettes
- Antiseptic Thermometer
- Tongue depressor blades (2)
- Tube of petroleum jelly or other lubricant
- Sunscreen
- Extra pair of prescription glasses or contact lenses

### Non-Prescription Drugs

- Aspirin and non-aspirin pain reliever
- Anti-diarrhea medication, antacid, and laxative (for stomach upset)
- Syrup of ipecac (use to induce vomiting if advised by the poison control center)
- Vitamins

# TOOLS & EMERGENCY SUPPLIES

It will be important to assemble these items in a disaster supply kit in case you have to leave your home quickly. Even if you don't have to leave your home, if you lose power it will be easier to have these items already assembled and in one place.

## Tools and Other Items:

A portable, battery-powered radio or television and extra batteries  
Flashlight and extra batteries Signal flare  
Matches in a waterproof container (or waterproof matches)  
Shut-off wrench, pliers, shovel and other tools  
Duct tape and scissors Plastic sheeting Whistle  
A-B-C-type fire extinguisher (small canister)  
Dome tent Compass Work gloves  
Paper, pens, and pencils Needles and thread  
Battery-operated travel alarm clock

## Kitchen Items

Manual can opener  
Paper cups, plates, and plastic utensils  
All-purpose knife

Household liquid bleach to treat drinking water  
Sugar, salt, and pepper  
Aluminum foil and plastic wrap  
Re-sealing plastic bags  
If food must be cooked, a small cooking stove, and a can of cooking fuel

## Sanitation and Hygiene Items:

Washcloth and towel  
Towelettes, soap, hand sanitizer, liquid detergent  
Toothpaste, toothbrushes, shampoo, deodorants  
Comb and brush, razor, shaving cream  
Lip balm, sunscreen, insect repellent  
Contact lens solutions, mirror  
Feminine supplies  
Heavy-duty plastic garbage bags and ties for personal sanitation uses, and toilet paper  
Medium-sized plastic bucket with tight lid Disinfectant and household chlorine bleach  
Consider including a small shovel for digging a latrine

# CLOTHING & BEDDING MINI SURVIVAL KITS

## Household Documents and Contact Numbers

Personal identification  
Money or Traveler's Checks, and a credit card  
Copies of important documents: birth certificate, marriage certificate, driver's license, social security cards, passport, wills, deeds, inventory of household goods, insurance papers, immunization records, bank and credit card account numbers, stocks and bonds. Be sure to store these in a watertight container  
Emergency contact list and phone numbers  
Map of the area and phone numbers of places you could go  
An extra set of car keys and house keys

## Clothing and Bedding

One complete change of clothing and footwear for each household member.  
Shoes should be sturdy work shoes or boots.  
Rain gear  
Hat and gloves Extra socks  
Extra underwear and/or thermal underwear  
Sunglasses  
Blankets and pillows or a sleeping bag for each household member

## Work Mini Survival Kit

Since we spend 1/3 of your time at work, there is a 33% chance of being at work when a disaster strikes. A mini survival kit could make the hours or days more comfortable and safe until you can get home.  
Snack type nutritious foods (non perishable)  
Comfortable shoes Bottled water Small first aid kit Blanket  
Light stick or flashlight with extra batteries  
Essential medication Battery operated radio Ziploc bags  
Toilet tissue  
Personal hygiene items Swiss Army type knife  
Employee Emergency Handbook/ Manual  
A pair of heavy work gloves Whistle  
Money and change for telephone calls (pay telephones)

## Car Mini Survival Kit

We spend many hours each week in our vehicles. In addition our vehicles are often parked close to our places of employment or recreation. A major disaster could force us to rely on our cars for shelter and survival.

Assemble a survival kit in your car with some or all of the following items. Storing these supplies in a small day or back pack will make them convenient to carry if you need to walk.

Snack type nutritious foods  
(dried fruits, nuts, Granola bars, crackers, seeds, jerky, etc)  
Comfortable shoes  
Bottled water  
Small first aid kit  
(include personal medications)  
Fire extinguisher  
Flares  
Blanket  
Local maps and compass  
Flashlight and batteries  
Hand tools (screwdriver, pliers, etc)  
Swiss Army type knife  
A pair of heavy work gloves  
Ziploc bags  
Toilet tissue  
Personal hygiene items

Never let your gas tank get below ½ full. Gas stations may not be open the first few days following a major

It is important for you to be ready, wherever you may be when disaster strikes. With the checklists above you can now put together an appropriate disaster supply kit for your household:

- A disaster supply kit kept in the home with supplies for at least three days.
- Although it is unlikely that food supplies would be cut off for as long as two weeks, consider storing additional water, food, clothing, and bedding other supplies to expand your supply kit to last up to two weeks.
- A work place disaster supply kit. It is important to store a personal supply of water and food at work; you will not be able to rely on water fountains OR coolers. Women who wear high-heels should be sure to have comfortable flat shoes at their workplace in case an evacuation requires walking long distances.
- A car disaster supply kit. Keep a smaller disaster supply kit in the trunk of your car. If you become stranded or are not able to return home, having these items will help you be more comfortable until help arrives. Add items for severe winter weather during months when heavy snow or icy roads are possible salt, sand, shovels, and extra winter clothing, including hats and gloves.

# EARTHQUAKE ACTIONS



## During the Shaking

### Indoors

- Get under a sturdy table, desk or bed, or brace yourself in a doorway.
- Keep your back to windows, protect face, and head by covering with your arms.
- Maintain position until shaking stops.

### Outdoors

- Move to an open area away from buildings, trees, and power lines and poles.
- Drop to your knees and protect face and head by covering with your arms.
- Maintain position until shaking stops.

### Automobile

- Pullover to the side of road and avoid stopping on or under overpasses.
- Turn off ignition and set brake.
- Remain inside the car until shaking stops.

### Disabled

- If in a wheelchair, stay in it. Move under a doorway or to an inside wall. Lock wheels and cover face and head with your arms.
- If in bed or out of wheelchair, seek cover under bed or table, if possible, and cover face and head with your arms.
- Maintain position until shaking stops.

## After the Shaking

- Do not turn on lights or light any matches.
- Put on sturdy shoes to avoid injury from broken glass or other debris.
- Check for injuries and render first aid.
- Check for fire hazards and shut off utilities, if indicated.

*Note: Do not turn utilities back on until the utility company has advised that it is safe to do so.*

- Draw water into bathtub or sink. If there are major leaks or ruptured pipes, close water valve to prevent contamination.
- Check foundation, roof, and chimney for damage and clean up any potentially harmful material.
- Check neighbors for trapped or injured people.
- Report to Neighborhood Disaster Coordinator if you have participated in Neighborhood Disaster Training.

## Evacuation

Evacuations are more common than many people realize. Hundreds of times each year, transportation and industrial accidents release harmful substances, forcing thousands of people to leave their homes. Fires and floods cause evacuations even more frequently. And almost every year, people along the Gulf and Atlantic coasts evacuate in the face of approaching hurricanes.

When community evacuations become necessary, local officials provide information to the public through the media. In some circumstances other warning methods, such as sirens or telephone calls, are also used. Government agencies, the American Red Cross, Salvation Army, and other disaster relief organizations provide emergency shelter and supplies. To be prepared for an emergency, you should have enough water, food, clothing, and emergency supplies to last at least three days. In a catastrophic emergency, you might need to be self-sufficient for even longer.

The amount of time you have to evacuate will depend on the disaster. If the event can be monitored, like a hurricane, you might have a day or two to get ready. However, many disasters allow no time for people to gather even the most basic necessities. This is why you should prepare now.

## Planning for Evacuations

1. Ask your local emergency management office about community evacuation plans. Learn evacuation routes. If you do not own a car, make transportation arrangements with friends or your local government.
2. Talk with your household about the possibility of evacuation. Plan where you would go if you had to leave the community. Determine how you would get there. In your planning, consider different scales of evacuations. In a hurricane, for example, entire counties would evacuate, while a much smaller area would be affected by a chemical release.
3. Plan a place to meet your household in case you are separated from one another in a disaster. Ask a friend outside your town to be the "checkpoint" so that everyone in the household can call that person to say they are safe.
4. Find out where children will be sent if schools are evacuated.
5. Assemble a disaster supplies kit. Include a battery-powered radio, flashlight, extra batteries, food, water, and clothing.
6. Keep fuel in your car if an evacuation seems likely. Gas stations may be closed during emergencies and unable to pump gas during power outages.
7. Know how to shut off your home's electricity, gas, and water supplies at main switches and valves. Have the tools you would need to do this (usually adjustable pipe and crescent wrenches).

## What to Do When You Are Told to Evacuate

Listen to a battery-powered radio and follow local instructions. If the danger is a chemical release and you are instructed to evacuate immediately, gather your household and go. Take one car per household when evacuating. This will keep your household together and reduce traffic congestion and delay. In other cases, you may have time to follow these steps:

1. Gather water, food, clothing, emergency supplies, and insurance and financial records.
2. Wear sturdy shoes and clothing that provides some protection, such as long pants, long-sleeved shirts, and a cap.
3. Secure your home. Close and lock doors and windows. Unplug appliances. If a hard freeze is likely during your absence, take actions needed to prevent damage to water pipes by freezing weather, such as:
  - Turn off water main.
  - Drain faucets.
  - Turn off inside valves for external faucets and open the outside faucets to drain.
4. Turn off the main water valve and electricity, if instructed to do so.
5. Let others know where you are going.
6. Leave early enough to avoid being trapped by severe weather.
7. Follow recommended evacuation routes. Do not take shortcuts. They may be blocked. Be alert for washed-out roads and bridges. Do not drive into flooded areas. Stay away from downed power lines.

Disaster situations can be intense, stressful, and confusing. Should an evacuation be necessary, local authorities will do their best to notify the public, but do not depend entirely on this. Often, a disaster can strike with little or no warning, providing local authorities scant time to issue an evacuation order. Also, it is possible that you may not hear of an evacuation order due to communications or power failure or not listening to your battery-powered radio. Local authorities and meteorologists could also make mistakes, including underestimating an emergency or disaster situation. In the absence of evacuation instructions from local authorities, you should evacuate if you feel you and your household are threatened or endangered. Use pre-designated evacuation routes and let others know what you are doing and your destination.

### Shelter

Taking shelter is often a critical element in protecting yourself and your household in times of disaster. Sheltering can take several forms. In-place sheltering is appropriate when conditions require that you seek protection in your home, place of employment, or other location where you are located when disaster strikes. In-place sheltering may either be short-term, such as going to a safe room for a fairly short period while a tornado warning is in effect or while a chemical cloud passes. It may also be longer-term, as when you stay in your home for several days without electricity or water services following a winter storm. We also use the term "shelter" for mass care facilities that provide a place to stay along with food and water to people who evacuate following a disaster.

#### Short-term In-place Sheltering

The appropriate steps to take in preparing for and implementing short-term in-place sheltering depend entirely on the emergency situation. For instance, during a tornado warning you should go to an underground room, if such a room is available. During a chemical release, on the other hand, you should seek shelter in a room above ground level.

If you are requested to stay indoors rather than evacuate:

- Follow all instructions given by emergency authorities.
- Get household members and pets inside as quickly as possible.
- Close and lock all exterior doors and windows. Close vents, fireplace dampers, and as many interior doors as possible.
- Turn off air conditioners and ventilation systems. In large buildings, building superintendents should set all ventilation systems to 100 percent recirculation so that no outside air is drawn into the building. If this is not possible, ventilation systems should be turned off.
- Go into the pre-selected shelter room (the above-ground room with the fewest openings to the outside). Take a battery-powered radio, water, sanitary supplies, a flashlight, and the shelter kit containing plastic sheeting, duct tape, scissors, a towel, and modeling clay or other materials to stuff into cracks.
- Close doors and windows in the room. Stuff a towel tightly under each door and tape around the sides and top of the door. Cover each window and vent in the room with a single piece of plastic sheeting, taping all around the edges of the sheeting to provide a continuous seal. If there are any cracks or holes in the room, such as those around pipes entering a bathroom, fill them with modeling clay or other similar material.
- Remain in the room, listening to emergency broadcasts on the radio, until authorities advise you to leave your shelter.
- If authorities warn of the possibility of an outdoor explosion, close all drapes, curtains, and shades in the room. Stay away from windows to prevent injury from breaking glass.
- When authorities advise people in your area to leave their shelters, open all doors and windows and turn on air conditioning and ventilation systems. These measures will flush out any chemicals that infiltrated into the building.

#### Long-term In-place Sheltering

Sometimes disasters make it unsafe for people to leave their residence for extended periods. Winter storms, floods, and landslides may isolate individual households and make it necessary for each household to take care of its own needs until the disaster abates, such as when snows melt and temperatures rise, or until rescue workers arrive. Your household should be prepared to be self-sufficient for three days when cut off from utilities and from outside supplies of food and water.

1. Stay in your shelter until local authorities say it's okay to leave. The length of your stay can range from a few hours to two weeks.
2. Maintain a 24-hour communications and safety watch. Take turns listening for radio broadcasts. Watch for fires.
3. Assemble an emergency toilet, if necessary.
  - Use a garbage container, pail or bucket with a snug-fitting cover. If the container is small, use a larger container with a cover for waste disposal. Line both containers with plastic bags.
  - After each use, pour or sprinkle a small amount of regular household disinfectant, such as chlorine bleach, into the container to reduce odors and germs.

#### Staying in a Mass Shelter Care

The American Red Cross and Salvation Army, assisted by community and other disaster relief groups, work with local authorities to set up public shelters in schools, municipal buildings and churches. While they often provide water, food, medicine and basic sanitary facilities, you should plan to have your own supplies as well especially water.

1. Cooperate with shelter managers and others staying in the shelter. Living with many people in a confined space can be difficult and unpleasant.
2. Restrict smoking to designated areas that are well-ventilated. Ensure that smoking materials are disposed of safely.
  - If you go to an emergency shelter, remember that alcoholic beverages and weapons are prohibited in shelters. Pets, except for service animals, are also not allowed in public shelters. Contact your local humane society for additional information. Remain in the room, listening to emergency broadcasts on the radio, until authorities advise you to leave your shelter.
  - If authorities warn of the possibility of an outdoor explosion, close all drapes, curtains, and shades in the room. Stay away from windows to prevent injury from breaking glass.
  - When authorities advise people in your area to leave their shelters, open all doors and windows and turn on air conditioning and ventilation systems. These measures will flush out any chemicals that infiltrated into the building.

## FOR MORE INFO

### Helpful Websites

#### Preparing for a Disaster

- [www.Ready.gov](http://www.Ready.gov) ~ Emergency preparedness guidance from the U.S. Department of Homeland Security lists and explains specific threats and response. How to prepare, glossary, feedback form, and links to related government and private organizations.
- [www.dhs.gov](http://www.dhs.gov) ~ U.S. Department of Homeland Security
- [www.firstgov.gov](http://www.firstgov.gov) ~ FirstGov - The Official Web Portal of the US Federal Government
- [www.montereypark.ca.gov/415/Disaster-Preparedness](http://www.montereypark.ca.gov/415/Disaster-Preparedness) ~ Online and translated copy of Disaster Preparedness Guide

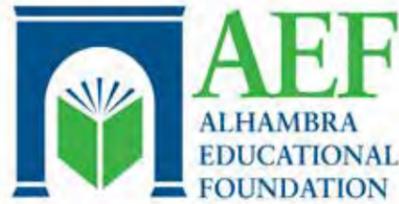
#### Disaster Help

- <https://www.disasterassistance.gov> ~ Access to Disaster Help and Resources. Provides disaster survivors with information, support, services, and a means to access and apply for disaster assistance through joint data-sharing efforts between federal, tribal, state, local, and private sector partners.

- [www.fema.gov](http://www.fema.gov) ~ Federal Emergency Management Agency
- [www.redcross.org](http://www.redcross.org) ~ American Red Cross
- <http://www.cdc.gov> ~ Centers for Disease Control and Prevention

### Useful Telephone Numbers

- 1-800-FED-INFO (1-800-333-4636) ~ Call the Federal Citizen Information Center for answers you can trust about federal agencies, programs, benefits or services.
- 1-800-BE-READY (1-800-237-3239) ~ Citizens can call 1-800-BE-READY to order a readiness pamphlet and to get more information about ways to protect themselves and their families.
- 1-866-GET-INFO (1-866-438-4636) ~ American Red Cross hotline for information on personal and family disaster preparedness, international humanitarian assistance, services to the military, and answers to questions about all Red Cross services.
- 626-307-1262 ~ Monterey Park Fire Department Headquarters



The Alhambra Unified School District Marching Band has been selected to participate in the **131<sup>st</sup> Rose Parade** presented by Honda

Let's help our Mark Keppel High School Band students experience this momentous event!

Your raffle ticket purchase will help with the costs for buses, uniforms, new instruments, additional rehearsals, marching instructors, new music and food/snacks and water.



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Ticket Order Form

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Please send \_\_\_\_\_ Drawing Ticket(s), Donation \$50 each \$ \_\_\_\_\_

Check  Cash  Visa  MasterCard  American Express

Account Number \_\_\_\_\_ Exp. \_\_\_\_ / \_\_\_\_ CVV Code \_\_\_\_\_

Signature \_\_\_\_\_

Make check payable to: Alhambra Educational Foundation

Mail to: Alhambra Educational Foundation, 1603 Chestnut Street, Alhambra CA 91803

Please send me more information about the "Magic in the Music" event on October 12, 2019.

Email address: \_\_\_\_\_



# MONTEREY PARK BRUGGEMEYER LIBRARY

Mondays and Tuesdays 12 – 9 pm, Wednesdays and Thursdays 10 am – 6 pm,  
Fridays Closed, Saturdays 10 am – 1 pm and Sundays 1 – 5 pm.  
318 S. Ramona Avenue, Monterey Park Follow us on Twitter! @MontereyParkLib

## Celebrate Hispanic Heritage Month at the Monterey Park Bruggemeyer Library

During the month of October, join the entire nation as we celebrate the presence and contributions of the Hispanic community including their heritage and culture. Please join us for the following activities:

### Candy Skulls

Wednesday, October 9, 3:00 pm, Friends Room  
Come check out our special program where teens will make tasty skulls to welcome Día de los Muertos. Sponsored by the Junior Friends of the Monterey Park Bruggemeyer Library.

### Hispanic Heritage Film

Sunday, October 13, 2:00 pm, Friends Room  
Watch the 2003 Academy Award nominee about a prolific Mexican painter who channeled the pain of a crippling injury and her tempestuous marriage into her work. This movie is rated R and runs 123 minutes.

### The History of the Rebozo

Sunday, October 20, 2:00-3:00 pm, Friends Room  
Join internationally renowned scholar, Maestra Miriam Quezada, as she explores the history of Rebozos, which are a cross between a shawl and a scarf. Highly recommended for teens and adults interested in learning more about this fascinating garment.

## Adult Services

### Basic Computer Class in Mandarin

Mondays, 7:00-8:30 pm, Computer Lab  
This series offers beginning instruction in Mandarin for first time computer users. Lessons include: basic computer operation, learning how to use a computer keyboard, operating a computer mouse, and basic instruction on Windows 10. To register for these classes, contact the Reference Desk or call (626) 307-1368. Classes are free to the public.

### Open Computer Lab

Tuesdays, 6:00-7:00 pm, Computer Lab  
The Computer Lab is designed to offer reinforcement and practice time for students in the library's computer classes and is open to all those who need personalized help with computer programs such as e-mail, Microsoft Word, Microsoft Excel, and the Internet. A library staff member will be present to answer questions. Seating is limited to a first-come, first-serve basis. For more information, contact the Reference Desk at (626) 307-1368.

### Free Legal Assistance Clinic

Tuesday, October 8, 6:00-8:00 pm, Friends Room  
Volunteer attorneys will be on hand to answer legal questions at the free legal assistance clinic sponsored by the Asian Pacific American Bar Association (APABA). Attorneys will answer questions about immigration, criminal law, civil matters, estate planning, government benefits, labor and employment at the legal clinics. For more information and to register for the free legal assistance clinic, call the Reference Desk at (626) 307-1368.

### Monthly Film Screening

Wednesday, October 16, 2:00 pm, Friends Room  
Watch the 2019 Golden Globe winner for Best Actor about Dick Cheney, an unassuming bureaucratic Washington insider, who quietly wielded immense power as Vice President to George W. Bush, reshaping the country and the globe in ways that we still feel today. The movie is rated R and runs 132 minutes.

### Small Business Workshop: Retail Food Inspection & Regulation

Saturday, October 26, 10:30 am, Friends Room  
Stop by to hear from the County of Los Angeles Department of Public Health Environmental Health Division who will discuss: Retail Food Inspection Process How to Prevent Critical Major & Minor Violations, How the Grading & Point Deduction System works, and Information on Food Handler Card Laws. This workshop will be conducted in Chinese and is sponsored by the Chinatown Service Center.

## Teen Services

### Midweek Movie

Wednesday, October 2, 3:00 pm, Friends Room  
Come and see Nick Morton, a soldier of fortune, who plunders ancient sites for timeless artifacts and sells

them to the highest bidder. When Nick and his partner come under attack, in the Middle East, the ensuing battle accidentally unearths Ahmanet, a betrayed Egyptian princess who was entombed under the desert for thousands of years. Morton must stop the resurrected monster as she embarks on a furious rampage through the streets of London. The movie is rated PG-13 and runs 151 minutes.

### Junior Friends Monthly Meeting

Mondays, October 14 & 28, 4:30 pm, Friends Room  
The Junior Friends is a teen volunteer organization here at the Monterey Park Bruggemeyer Library to help youth (ages 14-18) fulfill service hours needed for high school and college. To learn more about the Junior Friends, attend meetings or call 626-307-1368.

### Robot Meet & Greet with Mark Keppel High School's Robotics Team

Wednesday, October 23, 3:00 pm, Friends Room  
Come and meet a special robot created by the Mark Keppel High School Robotics team. The team will give a presentation and there will be a Q & A session where teens can interact with the robot.

### Resume Workshop

Sunday, October 27, 2:00 pm, Friends Room  
Join Elizabeth Wu, Director of Field Human Resources at the Panda Restaurant Group, to learn how write a great resume. Sponsored by the Chinese American Citizens Alliance of Los Angeles.

### Animation Club

Wednesday, October 30, 3:00 pm, Friends Room  
Join the library's Animation Club and watch the latest animated releases, meet other animation fans, and discuss new titles for the library.

## Children's Services

### Storytimes

Storytimes for all age levels are held in the Library's Storytime Room and last 25-45 minutes. Children must be accompanied by an adult caregiver at all times. No registration is required.

**Family Storytime (all ages):** Monday & Tuesday at 7:30 pm and Wednesday at 4:00 pm  
**Preschool Storytime (ages 3-5):** Tuesday at 12:00 pm  
**Baby Storytime (birth to age 2):** Thursday at 10:00 am  
On October 3 and 17, Baby Storytime will begin at 11:00 am, preceded by Playtime at 10:00am.

### Baby & Toddler Playtime

October 3 and 17 from 10:00- 10:45 am, Children's Department  
On the first and third Thursdays of each month join Children's Services for creative, early learning play, art, sensory and motor skills activities for children 0-2 years old.

### Homework Help

Mondays, Tuesdays and Wednesdays from 3:30-5:00 pm in the Children's Department  
The library offers free homework assistance to elementary school children during the academic year. Students may bring in assignments and receive help from high school volunteers. No registration is required but parents must remain with their children – this is not a drop off program.

### In-N-Out Reading Program

Read five books and receive a certificate for a free burger in the In-N-Out Cover to Cover Reading Program. Children ages 4 to 12 are eligible to participate. Sign up begins at the Children's Desk on Saturday, October 5, 2019 and the program ends on November 16, 2019.

### Zombie Slime Tween Program

Thursday, October 17 at 3:30pm in the Friends Room  
Find a thrill in creating zombie slime with all of its unusual ingredients. Intended for tweens ages 8-12. Cantonese Bilingual Playgroup

Saturday, October 19, 10:30 -11:30 am, Friends Room  
An informal meet up and play group for parents raising Cantonese bilingual children ages 0-5. Share issues, ideas and successes; practice Cantonese and meet new friends.

### Afterschool Art

Thursday, October 24 at 3:30pm in the Friends Room  
Get creative at the library! Kids ages 5-12 will use

watercolors to create Halloween inspired art. No registration is required. Materials will be provided.

### Starlings

The Starling early education tracker is now available for free checkout to families with children 0-3. Research shows that the number of words that your child hears early in life is essential for healthy brain development and learning. The Starling works like a Fitbit for your child's cognitive development and tracks the number of words spoken to your child each day. The easy to use Starling app encourages parentchild interaction by setting a word count goal for families and giving easy, daily tips for helping your child learn. This program is made possible by a generous donation from Asian American Economic Development Enterprises. Visit the Children's Desk or call 626-307-1358 for more information.

### 1,000 Books Before Kindergarten

The 1,000 Books Before Kindergarten program encourages parents and caregivers to read 1,000 books with their child before he or she enters school – a goal experts say helps prepare children to be successful readers once they enter school. Reading to children helps develop important literacy skills that provide a solid foundation for learning and academic success. To participate:

1. Sign up at the Children's Desk of the Monterey Park Bruggemeyer Library to receive a 1,000 Books Before Kindergarten reading log and tote bag.
2. Read together and write the titles on the reading log. If you read a book more than once, you can record it each time. Books read at library storytime, at daycare, or books that are read by others to your child also count!
3. After each 100 books, bring your reading log to the library to:
  - Place your name on our Readers Board.
  - Collect your next reading log and receive a prize.

### LAMP Literacy & Citizenship Program

The literacy program has every level of ESL classes available to help adult English learners gain reading, writing and speaking skills. Adult learners who are more proficient in the English language can further their studies with individualized tutoring to set a personalized learning plan to attain more personal goals. Citizenship Preparation classes are also available for individuals who plan on becoming new citizens to gain knowledge of American History, Government and Civics which is covered during the examination. Current LAMP Citizenship students can take advantage of additional citizenship interview topics practice.

Enrollment to all ESL and Citizenship Preparation classes, as well as for the one-to-one literacy program is FREE. Monterey Park residents are given priority on waiting list. All students are pre-tested to determine their proficiency levels in Basic English skills and to assist in placement of appropriate classes and services. Proper personal identification with photo and residence verification MUST BE PRESENTED. Please contact the LAMP office at (626) 307-1251 or email lamp@montereypark.ca.gov for inquiries.

### Join the LAMP Team of Volunteers!

Are you interested in giving back to the community of Monterey Park and have command of the English writing, reading and speaking skills? We are looking for motivated people who are interested in tutoring adult learners in the English Language via a one-to-one approach, a small group, or a full class if you are comfortable and qualified. On-going training and coaching will be provided for all volunteers. Give the gift that will last a lifetime by helping someone learn English so they can flourish and prosper in their communities. Contact Jose Garcia at (626) 307-1251 | jgarcia@montereypark.ca.gov for details and inquiries.

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If you are looking for a simple, automatic way to support the Monterey Park Bruggemeyer Library by donating to the Monterey Park Library Foundation and you shop at Amazon.com, please consider starting your online shopping at smile.amazon.com. At no cost to you, Amazon donates 0.5% of the purchase price from your eligible AmazonSmile purchases to the Monterey Park Library Foundation! Just remember to shop via AmazonSmile – the Monterey Park Library Foundation only receives donations if you log in through smile.amazon.com



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**Wednesday, October 2, 2019**  
**8:00AM - 10:00AM**

No agenda or speeches; just a chance to ask questions, voice concerns, and get to know the officers in your neighborhood!  
For more information, contact Sergeant Hung at (626) 307-1253.

**MONTEREY PARK POLICE DEPARTMENT**

## Engaging in the Political Process: 150 Social Science Students Join SGHS Debate Watch Party

by SGHS AP government teacher, Nicole Manalang, with Toby Gilbert



For the SGHS Democratic Debate Watch Party on September 12, 2019, 150 social science students joined the event. "AP government students are learning about accessibility and how some people feel alienated from the political process," said Ms. Nicole Manalang, AP government teacher and AUSD 2018 Game Changer Award winner. "If students understand it a bit more, they can carry that information to people in their lives (parents, grandparents, friends, etc...) and help them understand the information better."

The San Gabriel High School social science department hosted a Democratic Debate Watch Party on Thursday, September 12, 2019, — and the student turnout surprised everyone. The debate watch party was the brainchild of Ms. Nicole Manalang's SGHS 4th period AP government class. When her students learned they would be watching the debate for homework, the class suggested watching it together at school. When Ms. Manalang brought up student interest in watching the debate as a group at a department meeting, teachers decided to open the invitation to all social science classes. Approximately 150 students participated in the event and were there during the entire debate.

The teachers were impressed by the turnout. "We didn't anticipate so many students wanting to join together and watch the debate," said, Ms. Manalang. "In AP government, we're learning about accessibility and how sometimes people feel alienated from the political process, so if students understand it a bit more, they can carry that information to people in their lives (parents, grandparents, friends, etc...) and help them understand the information better."

SGHS Senior Brittney Romero, said, "It's cool to see young people get involved in politics and actually have a good time, enjoying it with friends and their teachers."

Fellow SGHS senior, Stephen Watson Alegre, agreed. "Coming together as a community with the other history classes made me feel a sense of connection and wholeheartedness for the future of our country."

"We want to host another debate watch party," said Ms. Manalang, a 2018 AUSD Game Changer Award winner. "Next time, we will switch things up so the kids have even more ways to engage."



## UCLA Asian Pacific Health Corps Free Health Fair

Saturday, October 26th, 2019 || 9am-1pm

**LOCATION: Langley Senior Citizen Center**  
(400 W Emerson Ave, Monterey Park, CA 91754)

### SERVICES OFFERED:

Blood pressure, body mass index, dental and physician screenings, glucose/cholesterol, stroke, sun damage, hepatitis B/C, hearing screenings, flu shots, & more!

No insurance required || Translators provided



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[www.montereypark.ca.gov](http://www.montereypark.ca.gov)

## MKHS LINK CREW Makes Freshmen Feel Welcome

by Christina Carmona, LINK Crew advisor



Freshmen at MKHS are welcomed by the LINK CREW, a group of juniors and seniors who help 9th grade students adjust to high school, helping to build a culture of connection and belonging at the school.

At Mark Keppel High, the LINK CREW is dedicated to making sure the new 9th grade students feel welcome. The group consists of eager juniors and seniors who are driven to help incoming freshmen adapt to high school. On the first day of school, LINK CREW leaders present an engaging orientation and throughout the year they host a series of events. Through an inventive program of cooperative challenges, the LINK CREW makes it easier for the new freshmen to get to know one another while also helping them become more familiar with the campus. These activities not only assist freshmen in feeling more at ease, they also help to promote a school culture of positivity, connection and belonging throughout Mark Keppel High.



Monterey Park Police Officers Association (MPPOA) makes a donation to the Rebuilding Warriors Foundation who unites K9s with disabled veterans. Pictured are K9 Officer Ray Cota, a Rebuilding Warriors representative and K9 Officer Gonzalo Gabriel. Rebuilding Warriors trains and provides comfort dogs for injured veterans.



# MONTEREY PARK MANTA RAYS Swim Team

Pre-Competitive Team Tryouts

Open Enrollment  
Spots are limited!

Accepting swimmers  
ages 5 to 12

Minimum Requirements:

- Ages 9 and under: Water Safe
- Ages 10 to 12: 25 yards Freestyle and Backstroke

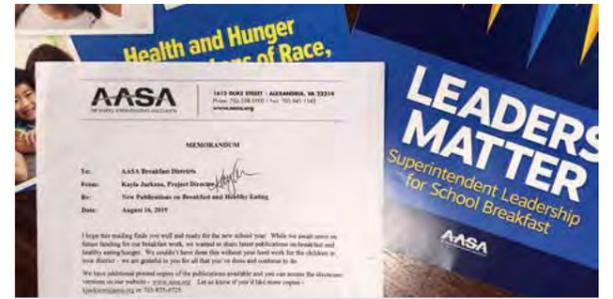
Interested swimmers may contact us to  
schedule a tryout by visiting the team website:

[TeamUnify.com/campmr](http://TeamUnify.com/campmr)

Tryouts and Practice Location:  
Barnes Park Pool,  
350 S. McPherrin Ave. Monterey Park, CA 91754

## AUSD Students + Parents Contribute to Diversity Study on Hunger and Health

by Toby Gilbert



The AUSD food & nutrition department won an AASA grant to provide Grab n' Go breakfasts and a USDA Champions of Breakfast award for the program. District students and parents participated in the newly published AASA study, *Health + Hunger Through the Lens of Race, Ethnicity and Culture*.

In 2017-18, the AUSD food & nutrition services department was awarded a competitive grant by the School Superintendents Association (AASA) to provide Grab 'n' Go Breakfasts for its schools. This alternative breakfast model also won USDA's 2018 Champions of Breakfast Award. Under the leadership of Superintendent Denise Jaramillo, the food & nutrition department continued to work with AASA after the initial grant year and contributed to their study on Health and Hunger through the Lens of Race, Ethnicity and Culture. Many AUSD students and parents were interviewed in December 2018 as part of the study.

"We are honored to be a partner in this endeavor to improve lives of the nation's students," said Vivien Watts, AUSD director of food and nutrition.

AASA recently published the results of the study. To learn more, visit: <https://www.aasa.org/uploadedFiles/AASA-Health-Hunger.pdf>

## Alhambra High Head Football Coach Named 2019 LA Rams Coach of the Week

by Toby Gilbert



Named the 2019 Los Angeles Rams Coach of the Week, Alhambra High head football coach, Eric Bergstrom celebrates with his coaching staff and team after winning 35-6 over Wilson High, their fourth straight win of the season.

How do you top a 4-0 winning start to this year's football season and a Moor victory of 35-6 over Wilson High? If you are Alhambra High head football coach, Eric Bergstrom, you get named 2019 Los Angeles Rams Coach of the Week.

This recognition comes as no surprise to his coaching staff or the team who celebrated the honor with Coach Bergstrom. On the field or off, the 6 foot 6 inch Coach stands out on the AHS campus for more reasons than one. Famous for initiating High Five Fridays at the high school, Coach Bergstrom's relationship-building skills are legendary.

"When you create a morning ritual to greet students — and colleagues, for that matter — that connection grows and now you belong to a friendlier, more inclusive group," says Coach Bergstrom. "Coaching is all about connecting to your players and with the assistant coaches. Together we are bigger, stronger and better problem-solvers than any one of us alone can be."

"When your players know you believe in them, that you really see what they are capable of achieving, they surprise themselves by becoming their best selves — and sometimes you get a week like this one," says a smiling Coach Bergstrom. "But win or lose, we are coaching character, on and off the field. Character is the secret to a successful life."

### Hip Hop Dance for Kids 兒童街舞

Barnes Park Amphitheatre  
Saturday 4:00pm-5:00pm

### Hip Hop Dance for Teenagers 青少年街舞

Barnes Park Amphitheatre  
Saturday 5:00pm-6:00pm



### Beginner Ballet Dance 基礎芭蕾舞

Barnes Park Amphitheatre  
Sunday 11:00am-12:00pm

### Chinese Classic Dance-Dunhuang Dance / Fan Dance / Folk / Ethnic Chinese Dance - New Class 中國舞

Barnes Park Amphitheatre  
Sunday 12:00pm-1:00pm



### Salsa Dance for Kids 兒童拉丁舞

Barnes Park Amphitheatre  
Sunday 1:00pm-2:00pm

### Advanced Salsa Dance 高級拉丁舞

Barnes Park Amphitheatre  
Sunday 2:00pm-3:00pm

### Belly Dance 肚皮舞

Barnes Park Amphitheatre  
Sunday 3:00pm-4:00pm



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# Baldwin School's High-Five Welcome Thrills 1000 Students

by Toby Gilbert

As a surprise welcome celebration on the first day of school, Martha Baldwin School principal, Chris Takeshita, gathered all his teachers, custodians, yard supervisors and administrators — and with balloons flying and music blaring — they met at the main gates in a high five line to personally greet more than thousand students.

"It was amazing," said Baldwin parent, Allison Gu. "This has never happened at Baldwin before. We hope it continues."

Ericka Villapondo, Baldwin School Community Coordinator, echoed that reaction, "It was so welcoming — everyone loved it."

"It was great to see all the smiling faces of all of our staff, students and parents — and to see how this simple act could bring such excitement and joy to so many," said Mr. Takeshita. "I'm proud that everyone on the Baldwin faculty and staff stopped what they were doing on that very busy day to help make this event special."

"At Baldwin, we are continuously looking for ways to add to our culture of connection," said Mr. Takeshita. "We want everyone in our community to feel excited about learning and excited about the relationships they will build this year."

David Byer, a Baldwin teacher, added, "This was such a fun way to welcome kids back to school. Four weeks later, I still have kids giving me high fives when they pass me in the hall. I've made connections to lots of new kids this way — when kids know we are glad to see them they just light up!"

Mr. Byers goes on to say, "Even after 31 years working there, Martha Baldwin School is still the best place to be and the best people to work with!"



In a surprise welcome-back-to-school celebration — with balloons flying and music blaring — every member of the Martha Baldwin staff greeted more than 1000 students and their parents in a high-five line. Everyone loved it.

# San Gabriel High's Latino Academic Alliance: Changing Student Futures

by Toby Gilbert



Miguel Quintana, SGHS graduate, former LAA President, now attending UC Santa Cruz, speaking to student members of Latino Academic Alliance, had their complete attention. "Coming into high school, I had no friends whatsoever, and I was really shy and quiet," Quintana told the students. "However, once I was invited to join the club, I quickly made friends and gained confidence socially and academically. With that boost, I was able to push and thrive in my own personal goals, which ultimately led to me being top 15% of my class."

Six years ago, the Latino Academic Alliance (LAA) began as a pioneering way to diversify upper level math classes (calculus in particular) at San Gabriel High — and along the way it has become a much bigger force for good, changing student futures.

The brainchild of SGHS retired math chair, Lu Ann Haslam, LAA is a club for 9-12 grade Latino students who are interested in academic support and want to broaden their educational experiences and opportunities.

Says SGHS principal, Ms. Debbie Stone, "Lu Ann Haslam is one of those transformational leaders with a vision of what can be and the inclusive, collaborative approach to make it happen. Her LAA efforts, mentoring, and successes are inspiring kids, colleagues and the community."

LAA students meet throughout the year on Monday at lunch and on Thursday for tutoring in whatever areas they need. They also visit college campuses, go on field trips, have guest speakers, work on college essays and applications, and see local art exhibits.

"One memorable experience for students was a marine biology field trip LAA took on a boat out of Newport Harbor that was affiliated with UC Irvine. A professor and two graduate students led us in performing underwater experiments. It was a great day," Ms. Haslam said.

LAA's impact on student lives is so significant that former club members, now in college, ask to return to SGHS to answer questions and encourage current LAA students, urging them to think about what college they will attend, and sharing what a difference LAA made in their own lives and their futures.

Miguel Quintana, a SGHS graduate and former LAA president, is now a sophomore at UC Santa Cruz. He recently returned again to speak to the LAA students about overcoming obstacles to success in both high school and college. "Coming into high school, I had no friends whatsoever, and I was really shy and quiet," Quintana told the students. "However, once I was invited to join the club, I quickly made friends and gained confidence socially and academically. With that boost, I was able to push and thrive in my own personal goals, which ultimately led to me being top 15% of my class."

Another former LAA member, Valaria Duran, now a Pitzer College '21 student, wrote, "Latino Academic Alliance gave me a sense of community and support from other Latinx students at San Gabriel. Through the academic resources provided by LAA, I gained the confidence to pursue a STEM degree in college."

"LAA offers mentoring, support, and a network for students who are often first generation high school graduates. We see students grow in confidence, learn to take risks, and in the process enlarge their sense of the possible," Ms. Haslam said. "When they see we how much we believe in them, the students begin to believe in themselves. Once they do that, they can accomplish whatever they set out to do."

# Northrup School Kicks Off Parent Workshop Series

by Toby Gilbert



Northrup School parents gather for the first in a series of bimonthly parent workshops led by principal Dr. Rosa Northcott and her team. "When parents and schools work closely together, we supercharge a student's learning in academics and in social emotional and behavior learning," says Dr. Northcott. "Parent involvement is the best gift you can give to your child." The parent workshop series is offered in Spanish, Mandarin and English.

To supercharge student learning, Northrup School kicked off its parent workshop series in August. The thoughtful bimonthly series offers two workshops per month, one focusing on the academic aspects of school and the other on positive parenting. Workshops are always provided in multiple languages (English, Chinese, Spanish) so all parents can participate.

"We want parents to have a variety of workshops and parent engagement opportunities to help us to work together to support our students both at school and at home," Principal Dr. Rosa Northcott explained. "We know it takes a community to raise our children and we take that to heart."

To start the new 2019-2020 school year in the most effective way, the first workshop focused on giving parents an overview on connecting with school staff, using all the resources at Northrup and in the district, and supporting their student's learning at home.

Upcoming parent workshops will focus on balanced literacy, goal-setting, next generation science standards, as well as on personal wellness, healthy eating, and establishing a growth mindset.

Northrup second grade teacher, Ms. Marianne Lau, told parents "You can make the greatest difference in your child's life. Parents who actively encourage their child to always do their best, foster their love of reading, stimulate their intellectual curiosity, support their child's school programs, and attend school functions are setting their child up for success. When we work together, we can make sure your student has the all the tools and guidance for a great school experience."



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# Featured Stories in Chinese and Spanish

## 蒙特利公園市慶祝第六屆年度天竺葵節暨藝術展及藝術漫步活動

寵物狗狗時裝秀比賽、Dia de los Muertos藝術展、攀岩，配上傳統的套布袋賽跑和飲食大賽……一切盡在城市歡樂嘉年華。市民大眾可享免費入場。

在10月12日(週六)下午5-10點來巴恩斯公園，參加第六屆年度天竺葵節暨藝術展活動。縱享愉悅歡樂時光及享受公園的藝術品！今年的家庭親子活動不僅有遊樂小火車、套布袋賽跑、攀岩牆壁，及Dia de los Muertos(亡靈節)主題的時裝秀比賽及變裝比賽(針對人及狗)、還有由當地社區藝術家組織的藝術作品、STEM(科學、技術、工程和數學)交互活動、警員和消防演示活動、各種娛樂遊戲、餐飲美食……更多精彩活動，等您探尋！

或者，您可以與本地的親人、朋友和鄰居一起來公園，悠然享受一個迷人而美好的秋夜。無論您偏愛何種休閒方式，天竺葵節都能夠滿足您的需求。若您希望瞭解時裝秀比賽或變裝比賽，藝術展參展商或一般活動資訊，請訪問www.MontereyPark.ca.gov網站，查詢“天竺葵節”，或者致電626-307-1388，諮詢康樂及社區服務部門。巴恩斯公園的地址是Barnes Park, 350 S. McPherrin Avenue, Monterey Park, CA 91754。



第六屆年度天竺葵節暨藝術展活動  
2019年10月12日星期六  
下午5-10點  
免費入場  
Barnes Park, 350 S. McPherrin Avenue  
Monterey Park, CA 91754

## La Ciudad de Monterey Park Celebra el 6to Festival Anual del Geranio y Paseo Artístico

El concurso de disfraces para perros, el paseo artístico del Dia de los Muertos, y el escalar las rocas complementan las buenas y anticuadas carreras de sacos y los concursos de comer en el evento de la Ciudad con tema de feria. La entrada es gratis para el público.

Sexto Festival Anual del Geranio y Paseo Artístico  
Sábado, 12 de Octubre del 2019  
5:00 -10:00 p.m.  
Entrada Gratis  
Barnes Park, 350 S. McPherrin Avenue,  
Monterey Park, CA 91754

Para un poco de “Arte en el Parque, con un Poquito de Ladrillos,” vengan al Barnes Park el sábado, 12 de Octubre de 5:00 a 10:00 p.m. para el Sexto Festival Anual del Geranio y Paseo Artístico. Las

actividades de este año para la familia, incluyen paseos en tren, carreras de sacos, un muro de rocas para escalar, concurso de disfraces del Dia de los Muertos (para seres humanos y perros) y concurso de altar. Además disfrute del arte de artistas de la comunidad local, actividades interactivas relacionadas con STEAM (ciencia, tecnología, ingeniería, arte y matemáticas), demostraciones de la Policía y de los Bomberos, juegos, comidas y más.

O, simplemente vengan al parque y disfruten de una tarde de otoño con su familia de Monterey Park, amigos y vecinos. Cualquiera que sean sus intereses, el Festival tiene algo para usted.

Para obtener información sobre los concursos de disfraces y altar, expositores del Paseo Artístico, o información general sobre el evento, por favor visite www.MontereyPark.ca.gov y busque el “Geranium Festival” o llame al Departamento de Recreación al 626-307-1388. El Barnes Park está ubicado en el 350 S. McPherrin Avenue, Monterey Park, CA 91754.

## 蒙特利公園市 (Monterey Park) 將於10月18日舉辦“怪物搗蛋和電影狂歡”萬聖節活動

蒙特利公園市將在2019年10月18日星期五下午5點至9點在巴恩斯公園露天劇場舉辦第二屆年度“怪物搗蛋和電影狂歡”萬聖節活動。免費入場。

這項由康樂及社區服務部門與蒙特利公園 Bruggemeyer圖書館共同舉辦的家庭友好活動將以嘉年華遊戲、萬聖節古靈精怪盛裝秀遊行(所有參與者有獎章)、萬聖節搗蛋袋子(trick a treat bags)、兒童活動、贈品、爆米花、飲料和免費放映受歡迎的2017年動畫電影“可可玩轉極樂園”。怪物搗蛋和電影狂歡活動是與蒙特利公園圖書館、蒙特利公園圖書館基金會、圖書館之友以及康樂及社區服務部門一同合作舉辦的。

有關更多信息，請參訪www.MontereyPark.ca.gov或致電626-307-1388與娛樂部門聯繫。巴恩斯露天劇場位於Barnes Park, Harding 大街和 Ramona Ave 交口, 350 South. McPherrin Avenue · CA 91754。



怪物搗蛋和電影狂歡時間表  
晚上5-6點 嘉年華遊戲、活動  
晚上6點 古靈精怪服裝秀遊行  
晚上6:30 電影放映

## Monterey Park será anfitrión del Evento de Halloween ‘Monster Mash y Movie Bash’ el 18 de Octubre

La Ciudad de Monterey Park será anfitrión del segundo evento anual de Halloween “Monster Mash y Movie Bash” el viernes, 18 de Octubre del 2019 de 5:00 a 9:00 p.m. en el Anfiteatro del Parque Barnes. La entrada es gratis.

Este evento familiar, organizado por el Departamento de Recreación y Servicios Comunitarios y por la Biblioteca Bruggemeyer de Monterey Park, contará con juegos de carnaval, un desfile de disfraces (con medallas de participación), bolsas de truco o trato, actividades para niños, regalos, palomitas de maíz, refrescos, y una proyección gratuita de la popular película animada del 2017 “Coco”.

El evento de Monster Mash y Movie Bash es llevado a cabo en colaboración con la Biblioteca de Monterey Park, la Fundación de la Biblioteca de Monterey Park, Amigos de la Biblioteca y el Departamento de Recreación y Servicios Comunitarios.

Para obtener más información, por favor visite www.MontereyPark.ca.gov o póngase en contacto con el Departamento de Recreación y Servicios Comunitarios llamando al 626-307-1388. El anfiteatro está ubicado en la esquina de Harding y Ramona Avenues en el Parque Barnes, 350 S. McPherrin Avenue, Monterey Park, CA 91754.

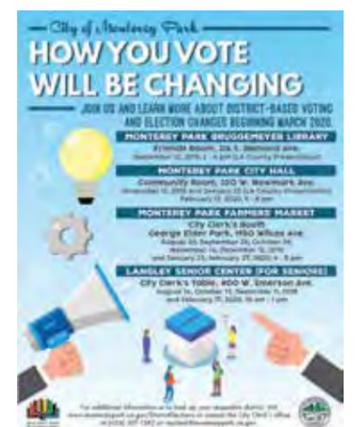
## ¿Tiene Preguntas Acerca del Cambio de Monterey Park a la Votación por Distrito? Asista a Uno de Estos Eventos

La Oficina del Secretario Municipal de Monterey Park presentará información sobre la votación por distrito, incluyendo el proceso para las próximas elecciones del 2020 y 2022. El personal estará disponible para buscar los distritos específicos de los residentes y responder las preguntas que tengan.

Por favor, únase a nosotros en uno de estos eventos:

- Municipalidad de Monterey Park, Sala Comunitaria, 320 W. Newmark Ave.: 13 de Noviembre del 2019, 22 de Enero del 2020 (presentación del Condado), y 12 de Febrero del 2020; de 6:00 a 8:00 p.m.
- Farmers' Market de Monterey Park, puesto del Secretario Municipal, George Elder Park, 1950 Wilcox Ave.: 24 de Octubre, 14 de Noviembre, y 12 de Diciembre del 2019, 23 de Enero, y 27 de Febrero del 2020; de 4:00 a 8:00 p.m.
- Langley Senior Center (para personas mayores), mesa del Secretario Municipal, 400 W. Emerson Ave.: 17 de Octubre, 11 de Diciembre del 2019, y 17 de Febrero del 2020; de 10:00 a.m. a 1:00 p.m.

Para obtener información adicional, o para buscar su respectivo distrito, visite www.MontereyPark.ca.gov/DistrictElections o póngase en contacto con la oficina del Secretario Municipal llamando al 626-307-1362 o mpclerk@montereypark.ca.gov.



## 對蒙特利公園市的選舉改為區域性投票有疑問嗎？請參加以下的這些活動之一

蒙特利公園市書記辦公室將提供有關區域投票的信息，包括即將到來的2020年和2022年選舉的程序過程。工作人員將可以查詢居民的特定區域並且可以回答問題。請參與以下的活動：

- 蒙特利公園市政廳·社區廳，320 W. Newmark Ave：2019年11月13日·2020年1月22日(洛杉磯縣將做簡報介紹)和2020年2月12日；晚上6時至8時
  - 蒙特利公園農夫市場·市府書記攤位，George Elder Park, 1950 Wilcox Ave：2019年10月24日·11月14日·12月12日和2020年1月23日, 2月27日；下午4時至-8時
  - 蘭利耆英中心(耆英老年人)，位於400 W. Emerson Ave·市府書記服務台：2019年10月17日, 12月11日·2020年2月17日；上午10時至下午1時
- 如需了解更多信息，或者要查找您所在的區域，請參訪www.MontereyPark.ca.gov/DistrictElections或通過626-307-1362或mpclerk@montereypark.ca.gov與市府書記辦公室聯繫。

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<p><b>JUST LISTED</b></p> <p><b>\$888,000</b></p> <p>1172 Crest Haven Way, Monterey Park 3 Bed/2 Bath House with 1,350 sqft.</p>	<p><b>JUST LISTED</b></p> <p><b>\$589,000</b></p> <p>2504 S. Fremont Ave #A, Alhambra 3 Bed/2 Bath Condo with 1,522 sqft.</p>	<p><b>FOR LEASE</b></p> <p>151 S. Atlantic Blvd, Monterey Park Vacant Lot   5-Year Lease   14,627 sqft. lot</p>	<p><b>FOR SALE</b></p> <p>228 E. Main St, Alhambra 5 Retail Units   12,220 sqft.   15,979 sqft. Lot</p>
<p><b>FOR SALE</b></p> <p><b>\$565,000</b></p> <p>1100 Wilshire Blvd #2808, LA 1 Bed/1 Bath Condo with 820 sqft</p>	<p><b>JUST SOLD</b></p> <p>2172 Durazno Dr, Hacienda Heights 4 Bed/3 Bath House with 2,040 sqft.</p>	<p><b>PENDING IN ESCROW</b></p> <p>328 N. 1st St, Alhambra 6-Unit Apt Complex   5,388 sf   7,761 sf lot</p>	<p><b>FOR SALE</b></p> <p>809 S. Sierra Vista Ave, Alhambra 13-Unit Apt Complex   9,848 sf   18k sf lot</p>

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### 楊安立律師

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法學博士 Juris Doctor  
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