



The Monterey Park Cascades



Volume X, No. XI

Citywide News for Business, Community and Education

November 2012

City Hall to Close on Fridays

Monday through Thursday hours expanded to 7 a.m.-6 p.m.

Monterey Park city hall will be closed every Friday effective the week of October 29, 2012. New city hall hours will be:

Monday through Thursday: 7 a.m. – 6 p.m.
Friday: Closed.

The Friday closure was taken in conjunction with several city employees groups agreeing to furloughs through December 2014. To assist the city in addressing a projected budget imbalance, general employees represented by the Service Employees' International Union, Local 721 (SEIU); the Mid-Management Association (MMA); and the Confidential Employees' Association (CEA) have agreed to continue 10% furloughs.

City hall will be closed every Friday beginning the week of October 29, 2012 and ending 27 months later on December 30, 2014. During this time period, the city hall operating hours will be expanded from 7 a.m. to 6 p.m.

In addition to the above changes, several holiday observances have been adjusted, notably that city hall will be open on Monday, November 12, 2012, the traditionally observed Veterans Day holiday.

City Manager Paul Talbot stated his appreciation to all the city employees' who have demonstrated in a significant way, that they understand the financial challenges the City of Monterey Park is facing and that they have chosen to be partners with the city in seeking solutions.

Emergency 9-1-1 services such as police and fire will continue to be available on a 24 hour schedule. However other city departments such as the police records counter, fire administration, library and senior center may operate on independent schedules. The public is encouraged to contact these departments for more information.

For individual departmental contact information, please visit the city website at www.ci.monterey-park.ca.us or call the city's general information line at 626-307-1458.

City Holding Workshop to Improve Health and Sustainability

Members of the public are invited to a community visioning workshop on Thursday, November 8th to share thoughts and ideas about how health and sustainability can be improved in Monterey Park.

The workshop will be held at the following time and location:

Thursday, November 8, 2012 6:00 – 7:30 pm
Langley Senior Center, 400 W. Emerson Ave., Monterey Park

After a presentation about the purpose of the workshop and current conditions in Monterey Park, workshop participants will be able to provide input through individual activities and small-group discussions. Interpretation in Spanish and Chinese will be provided. Children and youth are welcome.

Promoting Health and Sustainability

Monterey Park will be one of the first cities in California to develop policies that specifically target health and sustainability. The purpose of this workshop is to find out what issues community members feel should be addressed, and what their visions are for a healthy and sustainable Monterey Park.

Cities can promote public health in many ways besides ensuring access to health care. The physical environment in a city can make it easier to live a healthy lifestyle or more difficult, depending on factors like the availability of parks and supermarkets, and whether people can walk or bike for some of their trips instead of driving.

Cities can also promote more sustainable use of natural resources like energy, land, and water. For instance, they can use policies and programs to reduce the amount of trash that goes to landfills, improve the energy efficiency of buildings, and clean up the water that flows from streets into local creeks.

Background and Funding

The City of Monterey Park will use public input from this workshop as it develops a pair of plans to promote health and sustainability, in a project funded by a state Sustainable Communities Planning Grant. The plans are intended to become new "elements," or sections, of the City's General Plan.

Participation

Public participation is important in this planning process. The City will conduct a number of community workshops and other events to hear from the community. To sign up for email notices about opportunities to participate, please visit the "Healthy & Sustainable Community" page on the City of Monterey Park Planning Division's website or use this shortcut: <http://tinyurl.com/healthy-sustainableMPK>.

More Information about Project

Please contact the Planning Division at planning@monterey-park.ca.gov or by phone at 626-307-1315.

City Reaches Labor Agreements with Three Employee Groups

Furloughs continue, city hall to close on Fridays

The City of Monterey Park has approved Memorandums of Understanding (MOUs) with three non-sworn employee association groups: Service Employees' International Union, Local 721; the Mid-Management Association; and the Confidential Employees' Association. The MOUs were approved at a City Council Meeting on October 17, 2012 and conclude a three month negotiation process. The new MOUs are effective October 1, 2012 through June 30, 2015.

"The City Council is pleased to announce the successful conclusion to negotiations with miscellaneous groups," City Manager Paul Talbot said.

All three agreements contain similar modifications:

- 33 month term. For the term of this agreement there are no salary adjustments
- Extension of 10% furloughs for 18 months ending March 30, 2014
- 5% furloughs for 9 months beginning April 1, 2014 and ending December 31, 2014
- City Hall will be open Monday thru Thursday, 7 a.m. – 6 p.m. and will be closed every Friday for 27 months or until December 30, 2014
- For the last six months of these contracts, from January 1, 2015 thru the end of the contracts on June 30, 2015, furloughs will end, employees will work 40 hours per week and City Hall will re-open 5 days a week for a minimum of 8 hours

- Employees will continue to pay 100% of the 8% employee share of retirement costs
- Slight increase for medical premiums for all units
- Effective January 1, 2013 the PERS retirement formula 2% @ 62 with the average of the three highest years of compensation begins for all miscellaneous new hires.

These three labor bargaining units were impacted significantly during these last few fiscally challenging years. Since 2010 the city has laid off approximately 15% of its miscellaneous members and for the past year and a half the employees of these units have been furloughed 5-10% of their working hours.

This furlough agreed to by these three miscellaneous units represented a savings to the city's funds in excess of a million dollars annually. This 33 month agreement will slowly phase out these furloughs.

The city's financial circumstances have required significant cooperation from all of the employee groups. The Mayor and City Council would like to acknowledge and thank the bargaining teams and the individual members of SEIU, the Mid-Management Association (MMA) and the Confidential Employees' Association (CEA) for coming to the table and agreeing to continue to help the City during these challenging fiscal times by continuing furloughs for next 27 months. This is a significant contribution on their part by assisting with the difficult but necessary steps to ensure the City's future financial health.

City employee MOUs are available for review and download from the Human Resources page of the city website at www.ci.monterey-park.ca.us.

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320 W. Newmark Ave.
Monterey Park, CA 91754

Register via the Internet for the Winter Recreation Classes

Save time and go online at www.ci.monterey-park.ca.us

Why wait in line to register for your favorite Monterey Park Recreation Dept. classes? Sign up via the Internet from the comfort of your home or work computer. Internet users can visit the city's webpage to browse and register for the full catalog of fitness, education, art, music, dance, tennis, martial arts, senior classes, and more available from the Recreation and Community Services Department.

Registration dates for Winter programming:

	Online	Walk-In
General Recreation Classes	Saturday, December 1, 2012	Monday, December 3, 2012

Online registration for both swim and general recreation classes is available via the City's website at www.ci.monterey-park.ca.us. Registration can be accessed by clicking on the Recreation Classes/Online Registration button on the front page; or by navigating to the recreation department page; or by searching for "registration information." For step-by-step instructions please see the online registration article on another page of this issue of the Cascades.

Walk-in registration is available at the city hall recreation department, 320 W. Newmark Avenue. For more information contact recreation at 626-307-1388 or visit www.ci.monterey-park.ca.us.



CITY OFFICIALS

- MITCHELL ING, MAYOR
- TERESA REAL SEBASTIAN, MAYOR PRO TEM
- ANTHONY WONG, COUNCIL MEMBER
- DAVID T. LAU, COUNCIL MEMBER
- DAVID BARRON, CITY CLERK
- JOSEPH LEON, CITY TREASURER
- PAUL TALBOT, CITY MANAGER
- MARK HENSLEY, CITY ATTORNEY

CITY OF MONTEREY PARK ELECTION NOTICE

The City of Monterey Park will hold its General Municipal Election on March 5, 2013. This election is for the purpose of electing two (2) members of the City Council, one (1) City Clerk and one (1) City Treasurer to each serve four-year terms ending in March 2017.

The Office of the City Clerk will conduct a Candidate Election Information Meeting at City Hall for prospective candidates at the following time.

Tuesday, December 18, 2012 at 3:00 p.m. in the Council Chambers

The dates of nomination for the above stated offices are November 12th through December 10, 2012. If an incumbent does not file, the nomination period will be extended to December 12, 2012. All potential candidates must be a registered voter and live in the city. All forms must be issued from and returned to the office of the City Clerk during these legal dates.

Any registered voter of the City Monterey Park interested in becoming a candidate may contact the Office of the City Clerk at (626) 307-1360.

MONTEREY PARK MEETING DATES

- CITY COUNCIL MEETINGS**
1st and 3rd Wednesday • 7:00 P.M.
City Hall • Council Chambers
320 W. Newmark Avenue
- ART & CULTURE COMMISSION**
2nd Wednesday • 6:30 P.M.
El Encanto • 700 El Mercado Avenue
- BUSINESS IMPROVEMENT DIST. ADVISORY COMMITTEE**
January, April, July, October
3rd Thursday • 3:30 P.M.
City Hall, Room 266
- COMMISSION ON AGING**
3rd Monday • 11:00 A.M.
Langley Senior Center • 400 W. Emerson Avenue
- COMMUNITY RELATIONS COMMISSION**
4th Wednesday • 7:00 P.M.
El Encanto • 700 El Mercado Avenue
- DESIGN REVIEW BOARD**
1st and 3rd Tuesday • 7:00 P.M.
City Hall • Council Chambers
- ECONOMIC DEVELOPMENT ADVISORY COMMISSION**
1st Tuesday • 7:00 P.M.
City Hall • Community Room 102
- ENVIRONMENTAL COMMISSION**
2nd Tuesday • 6:00 P.M.
City Hall, Room 266
- HISTORICAL-HERITAGE COMMISSION**
3rd Monday • 6:30 P.M.
City Hall • Community Room
- LIBRARY BOARD OF TRUSTEES**
3rd Tuesday • 7:00 P.M.
Monterey Park Bruggemeyer Library
318 S. Ramona Avenue
- MODIFICATION COMMITTEE**
Meets on Call
- PERSONNEL BOARD**
2nd Wednesday • 7:00 P.M.
City Hall • Council Chambers
- PLANNING COMMISSION**
2nd and 4th Tuesday • 7:00 P.M.
City Hall • Council Chambers
- RECREATION & PARKS COMMISSION**
1st Monday • 7:00 P.M.
City Hall • Council Chambers
- SISTER CITY COMMISSION**
Meets on Call Quarterly
- TRAFFIC COMMISSION**
3rd Thursday • 7:00 P.M.
City Hall • Council Chambers
- YOUTH ADVISORY BOARD**
4th Wednesday • 6:30 P.M.
El Encanto • 700 El Mercado Avenue

City Hall at Your Service

- Mayor and City Council (626) 307-1255
- City Manager (626) 307-1255
- City Clerk (626) 307-1362
- City Treasurer (626) 307-1488
- Animal Control (626) 307-1217
- Aquatics/ Rec. Classes (626) 307-1388
- Building Division (626) 307-1300
- Business License (626) 307-1338
- Code Enforcement (626) 307-1415
- Community Development (626) 307-1314
- Community Participation (626) 307-1390
- Dial-A-Ride (626) 307-1396
- Economic Development (626) 307-1385
- Engineering (626) 307-1320
- Fire Department Admin (626) 307-1262
- Fire Dept. Ambulance (626) 307-1423
- Fire Prevention (626) 307-1308
- Graffiti Removal (626) 307-1449
- Housing Rehabilitation (626) 307-1385
- Human Resources (626) 307-1334
- Langley Senior Center (626) 307-1395
- Library (626) 307-1333
- Planning and Zoning (626) 307-1315
- Police (emergency only) 911
- Police (non emergency) (626) 573-1311
- Police Comm. Relations (626) 307-1215
- Police Reports & Records (626) 307-1211
- Pothole Report Line (626) 307-2585
- Public Works (626) 307-1281
- Recreation and Community Services (626) 307-1388
- Recycling Hotline (626) 307-2510
- Redevelopment (626) 307-1385
- Refuse (Athens Services) (626) 336-3636
- Special Events (626) 307-1390
- Tree Trimming (626) 307-1292
- Water Billing (626) 307-1342
- Water Dept. After Hours (626) 307-1282
- Weed Abatement (626) 307-1415

Visit the City at: www.ci.monterey-park.ca.us

City Hall Hours

Monday-Thursday: 7:00 a.m.-6:00 p.m.
Closed Fridays

City Events Calendar

- November 3: Community Clean Up Day, 7:30 a.m., La Loma Park
- November 7: Regular City Council mtg., 7:00 p.m., City Hall Council Chamber
- November 11: Veterans Day ceremony, 11:00 a.m., City Hall front lawn
- November 17: Health Fair, 9:00 a.m.-1:00 p.m., City Hall
- November 20: City Council guests & presentations mtg., 6:00 p.m., City Hall Council Chamber
- November 21: Regular City Council mtg., 7:00 p.m., City Hall Council Chamber
- November 22: Thanksgiving Day holiday, City Hall closed

Regular City Council meetings are held on the first and third Wednesdays of the month in the City Hall Council Chamber, 320 W. Newmark Ave.

For other city events please visit the Community Calendar at www.ci.monterey-park.ca.us.

When Timing is of the Essence, Call the Most Trusted Hard-Working Neighborhood Specialist



Monterey Park
Unobstructed Panoramic View! 4 Bd/4 Ba Enclosed Balcony, 2950 Sqft, Hill top!



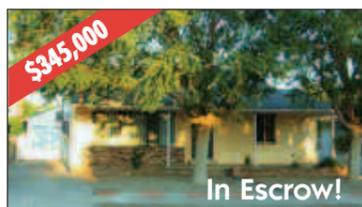
Monterey Park
Affordable view home, 3 Bd/1.5 Ba, Move-In Condition, Center of City, Alhambra USD



521 S. Lincoln Ave., Monterey Park
2 Bed/ 1 Bath, Den/Family room Prime Location.



2128 Verde Vista Dr., Monterey Park
3 Bed/2.5 Bath, Family Room 1818 sq. ft., New Paint, View



2046 Vancouver Ave., Monterey Park
3 Bed/1 Bath, Covered Patio Nice, Clean Affordable Home



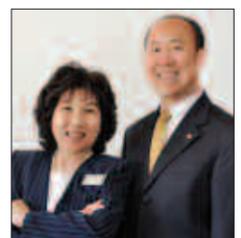
2189 Brightwood, Monterey Park
3 Bed/Family Room/1.75 Bath. Sharp! Remodeled View Home. 1500 Sqft



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Let's Get Ready for the Rain!

After a long, hot and dry summer, it's time to get ready for the wet rainy season. Rain is much needed for Southern California; however, there are some necessary steps we need to prepare before it comes.

During months of dry weather, various of pollutants have been accumulated in the gutters or on the streets. Among them are cigarette butts, dog wastes, food wrappers and oil stains from leaky cars. Once the first rain hits the ground, all the pollutants get washed away to nearby gutters and eventually to rivers, creeks and the ocean. Not only it pollutes our waterways, it also closes local beaches and harms marine lives and people's health. Below is a list of recommended measures you may follow to ensure a safer and cleaner winter:

- Check your sprinkler system and fix broken ones as necessary. Turn the sprinkler off when it rains, or install a rain sensor that will shut off your sprinkler system automatically.

- Do not apply pesticides or any chemical to lawns and gardens before watering or predicted rainstorms.

- Clean out leaves from roof and gutters so they don't clog the drain. Make sure you clean the outdoor area with a broom, not a hose.

- Recycle unwanted or old hazardous products, such as used motor oil, filters, paint, paint thinner, pesticides, pool chemicals, used needles and unwanted or expired prescriptions at a Household Hazardous Waste Roundup Event hosted by the Los Angeles County. For more information on upcoming Household Hazardous Waste Round events near you or to visit one of the free permanent collection centers call 1 (888) CLEAN LA or visit www.888cleanla.com.

- Recycle your used motor oil and filters at the following certified centers in the city of Monterey Park:

Silver Star Services 600 Garvey Avenue (626) 284-0312
 Vo Auto Repair 631 N. Garfield Avenue (626) 288-8871

It is advisable to call before taking oil to any of the listed centers

- Keep your vehicles in good condition and prevent leaks. Fluids dripped or spilled onto streets will be washed into the storm drain system, which in turn, drains to the ocean.

Let's do our part to reduce pollution while getting ready for the holiday season! For questions, upcoming events or to get more information on the city's environmental programs, go to <http://www.ci.monterey-park.ca.us> or call the Public Works Department at (626) 307-1320.

Take the Cascades Newspaper Survey

Your opinions will help determine the future of this newspaper

The City is reviewing the value and effectiveness of this newspaper to you – Monterey Park residents and business owners. Please take a moment to complete and return the survey on page (5) of this issue and make your opinions and preferences known.

For your convenience, this survey is also available on the city website at www.ci.monterey-park.ca.us. Look for the "Cascades Newspaper Survey" link.

Publishing Options

Because of budgetary and societal changes, the city is considering other options to the monthly Cascades such as...

1. Converting to an email or other electronic version and discontinuing the copies sent through the mail
2. Reducing to a quarterly publication consisting of only recreation class listings sent through the mail
3. Downsizing to a smaller, 2-4 page newsletter sent through the mail, but only to residents who request it
4. A combination of the above or other options.

Your responses to the survey will help determine the demand for the Cascades and potential format of any future changes. Please fill out the survey and return it to the city hall recreation department as soon as possible. Thank you for your input.

U.S. Passport Services



Available at the

Monterey Park City Clerk's Office

320 West Newmark Avenue, Monterey Park, CA 91754 (626) 307-1361

Hours of Operation

Monday through Thursday from 9:00 a.m. – 3:00 p.m. Appointments preferred

On-site Photo Services Available

No appointment required \$10 for a set of 2 photos

For emergency passport service contact:

National Passport Information Center Customer Service Office
 11000 Wilshire Blvd. 1st floor, West Los Angeles, CA 90024 1 (877) 487-2778

To download passport forms or for additional information

Visit the Passport Services, Bureau of Consular Affairs, U.S. Department of State at www.travel.state.gov or call toll-free 1-877-487-2778.

A & B TEST ONLY CENTER

501 E. Garvey Ave., #B-2 Monterey Park
 (corner of Sierra Vista St., Next to ACE Auto Repair)
(626) 280-2678
 Open Mon. through Fri. 9 a.m. to 6 p.m. • Sat. 9 a.m. to 5 p.m.

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\$36⁷⁵
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 Total \$45.00
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Attorney at Law
 & Associates

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Recent Case Results

Ahn v. City of Los Angeles	\$5,650,000	Rosales v. L.A. County	\$235,000
Bisceglia v. Keshisyan	\$3,445,000	Vann v. Thatcher	\$225,000
Martinez v. ElVaquero	\$717,712	Liess v. Mars, Inc.	\$205,000
Heise v. Cimms	\$475,000	De Vela v. Loya	\$140,000
Baumann v. Cochran	\$375,000	Cancino v. Torres	\$130,000
Lopez v. MLK Hospital	\$285,000	Sherman v. Carlson	\$127,000
Veluz v. Kaiser	\$250,000	Steele v. Dryer	\$125,000

Call For a FREE Consultation

(323) 888-1005 or FAX (323) 888-2962

5410 E. Beverly Blvd., Los Angeles, CA 90022

Mark Keppel High School Presents Honoring Our Veterans Concert 7 p.m. Friday, November 9th

- Everyone is Invited
- Free Admission

Mark Keppel High School Auditorium • 501 E. Hellman Ave. • Alhambra
 Veterans & Active Military Personnel contact Dr. Bartlett at bartlett_carla@ausd.us so we may honor you at the concert.

City Council Action Review

Live webcasts and on-demand archives of Monterey Park City Council meetings are available at www.ci.monterey-park.ca.us

City Council Meeting of September 19, 2012

The City Council meeting was called to order at 7:05 p.m., with all Council Members present.

Agenda Item 1 There were no Agenda additions, deletions, changes or adoptions.

Agenda Item 2 Presentation: A proclamation was presented to the Fire Department for NATIONAL PREPAREDNESS MONTH.

CONSENT CALENDAR

Agenda Item 3 (SA) The City Council approved payment of warrants and adopted Resolution No. SA-18 of the Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated September 19, 2012 totaling \$1,294,249.64 and specifying the funds out of which the same are to be paid.

Agenda Item 4 (SA) The City Council received and filed the investment report as of August 2012.

Agenda Item 5 (SA) The City Council approved the minutes from the Successor Agency to the former Monterey Park Redevelopment Agency regular meetings of July 18, 2012 and August 15, 2012; and special meetings of August 8, 2012 (5:30 pm) and August 8, 2012 (7:00 pm).

Agenda Item 6 (SA) The City Council adopted Resolution No. SA-19 amending the Housing Asset Form for the transfer of Housing Assets to the Housing Successor Agency.

Agenda Item 6a (SA) The City Council

adopted Resolution No. SA-20 approving a final settlement agreement with Atlantic Times Square II, LLC, announced the action taken during closed session on September 11, 2012 authorizing the City Manager to execute a settlement agreement, in a form approved by the City Attorney, with Atlantic Times Square II, LLC and recommended that the Oversight Board approve the final settlement agreement at its next scheduled meeting.

CONSENT CALENDAR

Agenda Item 7 (HSA) The City Council approved payment of warrants and adopted Resolution No. HSA-9 of the Housing Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated September 19, 2012 totaling \$278.89 and specifying the funds out of which the same are to be paid.

Agenda Item 8 (HSA) The City Council approved the minutes from the Housing Successor Agency to the former Monterey Park Redevelopment Agency regular meeting of July 18, 2012; and special meeting of August 8, 2012 (7:00 pm).

CONSENT CALENDAR

Agenda Item 9 The City Council approved payment of warrants and adopted Resolution No. 11516 allowing certain claims and demands per Warrant Register dated September 19, 2012 Totaling \$1,376,845.25 and specifying the funds out of which the same are to be paid.

Agenda Item 10 The City Council received and filed the investment report as of

August 2012.

Agenda Item 11 The City Council approved the minutes from the City Council Regular Meetings of July 18, 2012 and August 15, 2012; and the Special Meetings of August 8, 2012 (5:30 pm), August 8, 2012 (7:00 pm), August 15, 2012 (5:30 pm) and August 17, 2012 (11:30 am).

Agenda Item 12 The City Council awarded the bid to Fire Service Specification & Supply "FS3" (Holmatro Rescue Tools) for \$59,655.71; and approved the expenditure of \$11,931.14 from the Public Safety Impact Fund to fulfill the City's 20 percent match requirement.

Agenda Item 13 The City Council approved and accepted the American Red Cross Shelter Agreement to become effective November 1, 2012 and authorized the City Manager to execute the agreement in a form approved by the City Attorney.

Agenda Item 14 The City Council accepted the slurry seal work completed by Roy Allan Slurry Seal Inc. and authorized the filing of a Notice of Completion and payment of the retention which will be held for 35 days as required by law.

Agenda Item 15 The City Council increased Savannah Tech's purchase order from \$74,300 to \$124,300 to cover the additional inspection services needed for the Transit Center project and adjusted the City's local match allocation from \$7,430 to \$12,430 accordingly.

Agenda Item 16 The City Council approved the Consolidated Annual Performance and Evaluation Report (CAPER) for FY 2011-12 and authorized the City Manager to submit the CAPER to the

U.S. Department of Housing and Urban Development (HUD).

Agenda Item 17 Oral and Written Communications

PUBLIC HEARING

Agenda Item 18 The City Council adopted Resolution No. 11517 approving a negative declaration for the Monterey Park Climate Action Plan (CAP) and adopting the CAP by reference; waived first ready and introduced Ordinance amending the Monterey Park Municipal Code to add Regulations implementing the Climate Action Plan; and scheduled the second reading and adoption of Ordinance for October 3, 2012.

NEW BUSINESS

Agenda Item 19 The City Council adopted Resolution No. 11518 declaring the City Council's intention to establish an Underground Utility District on Monterey Pass Road from Garvey Avenue to Floral Drive and set the date for the Public Hearing on October 17, 2012.

Agenda Item 20 The City Council discussed creating an Email Newsletter to replace Cascades Newspaper. No action was taken.

COUNCIL COMMUNICATIONS AND MAYOR/COUNCIL AND AGENCY MATTERS

Council communications and committee reports from Council Representatives of specific organizations. No action was taken.

Adjourned: The City Council adjourned the meeting at 10:10 p.m.

Special Council Meeting of October 1, 2012

The City Council meeting was called to order at 5:35 p.m., with all Council Members present.

NEW BUSINESS

Agenda Item 1 The City Council adopted Resolution No. SA-21 for the due diligence review of the Low and Moderate Income Housing Fund (LMIHF), authorized staff to take the due diligence review to the Oversight Board for its review and consideration, and authorized staff to forward the review to the Department of Finance following the Oversight Board's consideration.

Adjourned: The City Council adjourned the meeting at 6:20 p.m.

City Council Meeting of October 3, 2012

The City Council meeting was called to order at 7:00 p.m., with all Council Members present.

Agenda Item 1 There were no Agenda additions, deletions, changes or adoptions.

CONSENT CALENDAR

Agenda Item 2 There were no Agenda additions, deletions, changes or adoptions.

CONSENT CALENDAR

Agenda Item 3 (HSA) The City Council approved payment of warrants and adopted Resolution No. HSA-10 of the Housing Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated September 19, 2012 and October 3, 2012 totaling \$2,378.09 and specifying the funds out of which the same are to be paid.

CONSENT CALENDAR

Agenda Item 4 The Strategic Plan Update was received and filed.

Agenda Item 5 The City Council approved payment of warrants and adopted Resolution No. 11519 allowing certain claims and demands per Warrant Register dated September 19, 2012 and October 3, 2012 Totaling \$2,242,579.47 and specifying the funds out of which the same are to be paid.

Agenda Item 6 The City Council adopted Ordinance No. 2093 amending the Monterey Park Municipal Code to add Regulations implementing the Climate Action Plan.

Agenda Item 7 The City Council waived the bidding requirements in accordance with Monterey Park Municipal Code § 3.20.050(4) and authorized the City Manager, or designee, to purchase Metron-Farnier meters of varying sizes, parts and radios in an amount not to exceed \$200,000 for Fiscal year 2012.2013.

Agenda Item 8 The City Council adopted Resolution No. 11520 approving the design and plans for the construction of the Emergency Operations Center pursuant to

Government Code § 830.6 and established a project payment account.

Agenda Item 9 The City Council Adopt Resolution No. 11521 adopted the 2012 Conflict of Interest Code for the City of Monterey Park in accord with the Political Reform Act.

Agenda Item 10 The City Council continued the item to Adopt a Resolution nominating Council Member Luis Ayala from the City of Alhambra to represent Cities with Prescriptive Water Pumping Rights on the Board of the San Gabriel Basin Water Quality Authority.

Agenda Item 11 The City Council adopted Resolution No. 11523 calling a General Municipal Election on March 5, 2012 pursuant to Elections Code §§ 1301 and 10403; adopted Resolution No. 11524 requesting that the Los Angeles County Board of Supervisors provide Election Services to the City for the March 5, 2013 Election; and adopted (OPTION 1, Deposit of not less than \$2,500 for Candidate Statements) Resolution No. 11525 establishing requirements for Candidate Statements filed with the City

Clerk to be included with voter information for an Election on March 5, 2013.

Agenda Item 12 The City Council adopted Resolution No. 11522 consenting to consolidation of the City Of Los Angeles (including the Los Angeles Community College District and the Los Angeles Unified School District) elections with the City Of Monterey Park's General Municipal Election to be held on Tuesday, March 5, 2013.

Agenda Item 13 Oral and Written Communications

NEW BUSINESS

Agenda Item 14 The City Council received and filed the Water and Sewer Rate Studies Report.

COUNCIL COMMUNICATIONS AND MAYOR/COUNCIL AND AGENCY MATTERS

Council communications and committee reports from Council Representatives of specific organizations. No action was taken.

Adjourned: The City Council adjourned the meeting at 9:57 P.M.

Monterey Park CASCADES is published monthly by the City of Monterey Park.

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To subscribe, visit the city website at www.ci.monterey-park.ca.us and look for the email and social media link.

Community Clean-Up Day November 3 at La Loma Park

Don your work clothes and gloves and help spruce up Monterey Park

The next Community Clean-up Day is Saturday, November 3rd at La Loma Park, 1950 Fulton Avenue in Monterey Park.

Clean-up Day volunteers will be asked to paint, plant landscaping, pull weeds, pick up trash, sweep sidewalks, etc. in an effort to help the city look its best. Check-in will start at approximately 7:30 a.m., with clean-up starting at 8:00 a.m. Juice and donuts will be served in the morning. Volunteers are encouraged to wear work clothes and gloves, and students can earn service hours. The event is scheduled to conclude by 12 noon. Because of the overwhelming success and attendance at the previous Clean-up Days, pre-registration is necessary and space is limited. Please contact the Recreation and Community Services Department at 626-307-1388 to confirm your attendance.

Additional information, including a waiver form for participants under 18 years of age, will be available on the city's website at <http://ci.monterey-park.ca.us/>.

Students Put on their Walking Shoes and Pound the Pavement

Approximately 1,200 students from Ramona, Monterey Highlands, Fremont, Repetto and Ynez Elementary Schools formed walking school buses as they walked together for health in October. In the early hours of the morning with the sun not yet risen, local fire and police departments lighted up the streets and escorted students and parents making their way to school.

International Walk to School Week is celebrated in more than 40 countries around the world. Walk to School Week is more than just getting together with children for a walk. It encourages physical activity by teaching children the skills to walk safely, how to identify safe routes to school, and the benefits of walking. It raises awareness of how walkable a community is and concern for the environment. More importantly, it allows individuals to share valuable time with one another as they get a little conversation and physical activity.

"Walk to School Week provides students and adults opportunities to learn about Eating Healthy and Being Active. This event is just one of the many opportunities provided for creating a healthy school environment, as well as creating communities that are safe places to walk," shared Judy Huffaker, R.D., Nutrition Educator for Alhambra Unified School District's Network for a Healthy CA.

For more information on International Walk to School, visit www.iwalktoschool.org



Alhambra Unified School District students and parents participate in an annual event to promote walking.

Please cut out completed survey and return to the address below.

Monterey Park Cascades Newspaper Readership Survey Fall 2012

Your responses to this survey will help the city improve its communications products.

Take this survey on the web. Visit the city website at www.ci.monterey-park.ca.us and look for the "Quick Links>Surveys" menu.

1. Please select the answer that best describes your relationship to the City of Monterey Park.

- A Monterey Park resident
- I work or have a business in Monterey Park
- I both live and work in Monterey Park
- A visitor

2. How do you usually receive the Cascades newspaper?

- At home via U.S. Mail
- At a business via U.S. Mail
- At a city facility such as the city hall, library, senior center, etc.
- I usually don't receive it or have access to it
- Other

3. How much of the Cascades do you read?

- 0%-I don't read it at all
- 10%
- 30%
- 50%
- 70% or more

4. How would you rate the overall quality of the Cascades?

- Very poor
- Poor
- Fair
- Good
- Very good
- No opinion

5. If given a choice, how would you prefer to receive the Cascades?

- By email
- As a printed copy mailed to my home/business
- Neither, I'm not interested in receiving the Cascades

6. If you would like to receive an electronic version of the Cascades newsletter (scheduled for late 2012), please supply your email address.

Email address:

Thank you for completing this survey on the Cascades newspaper. Please return your completed survey to:



City of Monterey Park
Attn.: Recreation Dept.
320 W. Newmark Avenue
Monterey Park, CA 91754

Free Health Screenings! Monterey Park Health Fair

Monterey Park City Hall
Saturday, Nov 17, 2012
9:00am - 1:00pm
320 West Newmark Ave,
Monterey Park, CA 91754

FREE Services Offered:

- | | |
|---------------------------|------------------------------------|
| Blood Pressure Screening | Dental Check-up |
| Body Mass Index | Orthopedics |
| Body Fat Percentage | Bone Density Screening |
| Blood Glucose Screening | Osteopathic Manipulative Treatment |
| Cholesterol Screening | Vision Screenings |
| Hepatitis B Screening | And more! |
| Carotid Artery Screenings | |

No Health Insurance Required.



The event is organized by the Asian Pacific Health Corps at UCLA, funded by the Community Activities Committee of the Program Activities Board at UCLA, and co-sponsored by the City of Monterey Park.

STREET BEAT

Crimes by Location

September 2012

AUTO BURGLARY

- 400 E GARVEY AVE
- 400 S ATLANTIC BLVD
- 300 N ATLANTIC BLVD
- 1300 AVENIDA CESAR CHAVEZ
- 500 N ATLANTIC BLVD
- 1000 MC COMB WAY
- 700 W EL REPETTO DR
- 500 N ATLANTIC BLVD
- W MARKLAND DR / FINDLAY AVE

AUTO THEFT

- 1200 MONTEREY PASS RD
- 1200 WILLIAMS ST
- EASTERN/BLANCHARD
- 200 W RIGGIN ST
- 300 S ORANGE AVE
- 200 N ALHAMBRA AVE
- 1500 COLLEGE VIEW DR
- 300 S MOORE AVE
- 600 CREST VISTA DR
- 400 S NEW AVE

BURGLARY COMMERCIAL

- 900 E GARVEY AVE
- 2100 S ATLANTIC BLVD
- 1900 POTERO GRANDE DR
- 400 S ATLANTIC BLVD

BURGLARY RESIDENTIAL

- 2300 BLEAKWOOD AVE
- 2300 GERHART AVE
- 2300 FINDLAY AVE
- 600 W FERNFIELD DR
- 100 E HELLMAN AVE
- 200 E FERNFIELD DR
- 2300 COLLEGE VIEW DR
- 800 DIVINA VISTA ST
- 1500 S ATLANTIC BLVD
- 200 N NICHOLSON AVE
- 200 S MC PHERRIN AVE
- 1000 FULTON AVE
- 800 EL MERCADO AVE
- 900 W GARVEY AVE

ROBBERY

- N LINCOLN AVE / E EMERSON AVE

ROBBERY CARJACKING

- 600 N MC PHERRIN AVE

ADDRESSES ARE LISTED BY HUNDRED BLOCK NOT THE ACTUAL ADDRESS

Mark Keppel Senior Wins \$10,000 Nordstrom Scholarship

Senior year began auspiciously for Mark Keppel High School's Eric Ho who won a \$10,000 scholarship and a MacBook Air computer from Nordstrom. On September 24, Principal Jas Cisneros summoned Mr. Ho between classes to come to a staff meeting where a surprise party and Rodney Friend, Nordstrom Diversity Affairs Director for Orange County/L.A. Regions awaited. Mr. Friend presented the check and computer to Mr. Ho whose parents were in attendance.

"I was extremely surprised but also very ecstatic to learn that I won the scholarship," said Mr. Ho. "I am extremely grateful to Nordstrom for this scholarship and for the support of my parents and the school administration."

Mr. Ho learned of the scholarship his junior year through a PTSA email and applied for it last spring. The application required a personal statement, a short essay, and a letter of recommendation. Mr. Ho competed against 1,300 applicants in the Los Angeles/Orange County area, making it to the semifinal round of 40 applicants, then the finalist round of 18, and finally, a committee interview in August to be named one of the 12 local winners. The scholarship is open to high school juniors with applications available online in early 2013 at nordstrom.com/scholarship.

After college, Mr. Ho plans to work in education as either a professor or an administrator. He is the founder and president of a school club called Student Advisors, president of the National Honor Society, president of band, and he participates in numerous community services. In the summer of 2011, he volunteered in Guatemala as a teaching assistant at a school for orphans.

His club Student Advisors is "dedicated to improving the educational and extracurricular experience of incoming freshmen and other MKHS students by giving them information about classes, clubs, the high school experience, and academia," Mr. Ho said. The club maintains a website <http://mkhsstudentadvisors.tumblr.com/> and answers questions and posts helpful articles. "We understand that high school can be daunting for freshmen, and so we hope to improve their educational experiences," he said.

Principal Cisneros shared her thoughts on Mr. Ho: "Eric is a remarkable young man who gives countless hours to the school and the community. He reflects the integrity, drive, and responsible attitude built by incredible supportive parents. As the first Keppel student to receive this award, we are very proud of him."

Nordstrom has been administering scholarships since 1994, awarding 80 scholarships nationwide, including twelve \$10,000 scholarships in the L.A./Orange County area. The scholarship recognizes students for exceptional scholastic achievement and community involvement and is awarded over a four-year period (\$2,500 per year). A minimum GPA of 2.7 is required.



Rodney Friend, Nordstrom Diversity Affairs Director for Orange County/L.A. Regions presents a \$10,000 scholarship award to Mark Keppel senior Eric Ho. Principal Jas Cisneros held a surprise party at a staff meeting on September 24 for Mr. Ho to receive his award. Left to right: Parents Mr. and Mrs. Ho, Mr. Friend, Eric Ho, Mrs. Cisneros.

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TOO TOXIC TO TRASH



Household Hazardous Waste and E-Waste Roundup

Saturday, November 10, 2012
 9:00 am - 3:00 pm

L.A. County Sheriff's Dept. STAR Training Center
 11515 South Colima Road
 South Whittier

Open to all Los Angeles County residents

Dispose of Household Hazardous Waste and E-Waste the right way on Saturday: NOVEMBER 10, 2012

BUSINESS WASTE WILL NOT BE ACCEPTED.

What you CAN bring to an event (examples):

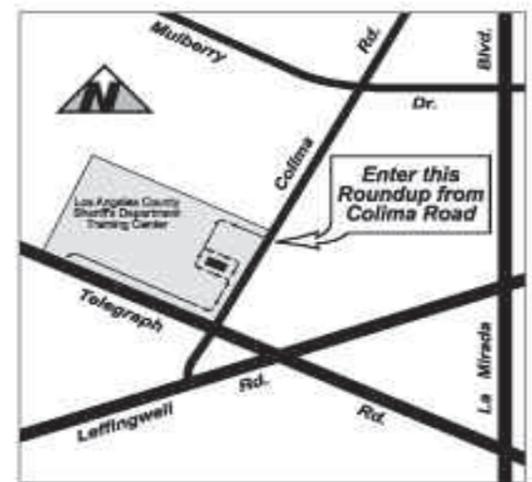
- Brake fluid, paint, paint thinner, cleaners with acid or lye, pesticides or herbicides, household batteries and car batteries, pool chemicals, motor oil, oil filters, expired pharmaceuticals, anti-freeze, and fluorescent light bulbs.
- Household electronic waste which includes: Computer monitors, televisions, computer CPUs, keyboards, printers, cellular phones, etc.

What you CAN'T bring to an event:

- Hazardous waste and electronic waste from businesses.
- Explosives, ammunition and radioactive materials.
- Trash and tires.
- White goods such as refrigerators, stoves and washing machines, etc.
- Controlled substances.

How to prepare items for transportation:

- Bring the items in a sturdy box, preferably in their original labeled containers.
- Do not mix the items together.
- There is a limit of 15 gallons or 125 pounds of hazardous waste per trip.
- Be prepared to leave your containers and boxes. Remove all other items from your trunk.



Conducted by the Los Angeles County Department of Public Works and the Sanitation Districts of Los Angeles County in cooperation with Los Angeles County Supervisor Don Krabe, the Los Angeles County Sheriff's Department, the Community Development Commission and the Cities of Artesia, Compton, La Habra Heights, La Mirada, Norwalk, Santa Fe Springs, and Whittier

Home-generated sharps waste such as hypodermic needles, pen needles, syringes, lancets, and intravenous needles SHOULD NOT be placed in your trash. Bring them to the Roundups or visit www.CLEANLA.com for alternate disposal options.

You can also take your used motor oil to more than 600 oil recycling centers in Los Angeles County. Call 1(888) CLEAN-LA for a complete listing.

For a complete listing of what you can and cannot bring or information on upcoming events, contact: 1(888) CLEAN-LA • www.CleanLA.com, or 1(800) 238-0172 • www.lacsd.org.

A Guide to the Night Sky for November 2012

By Tre Gibbs, L.A.A.S.

The evening sky in November heralds the return of the "King of the Gods"! The Ancient Greeks called him "Zeus" but the Romans gave him the name we still use today, "Jupiter". Although as a nod to the Greeks, Jupiter's four prominent moons are named after Zeus' lovers - Ganymede, Europa, Callisto and Io, which, by the way, you can see pretty easily with just a pair of ordinary binoculars.

Early to Mid November: Jupiter rises above the eastern horizon and should be visible on a clear evening just after 7:30 pm. As it climbs higher, you'll notice that to the right of Jupiter is a reddish, bright star - that's the red giant known as Aldebaran. It's the 'eye' of Taurus the Bull and it's a mere 65 light years away from us. The pair will continue their journey together, across each night sky for the next 6 months until early to mid May 2013, when they disappear into the glare of the sun. Making its annual appearance is the one of most recognizable constellations in the sky, Orion the Hunter (see figure). The asterism known as the Winter Triangle trails Orion - though you'll have to wait a little longer in the evening for both to rise. The Winter Triangle's appearance on the eastern horizon signals that winter is soon approaching (see figure).



Late Month: Jupiter rises earlier and earlier as Earth's orbit carries us closer to opposition. Grab a pair of binoculars, or better yet, come to the LAAS meeting at Garvey Ranch on any Wednesday night, and check out the storms in Jupiter's atmosphere, as well as Jupiter's four largest moons - the Galilean Satellites (named after their discoverer, Galileo Galilei).

In the early morning hours - around 5:30 am - look towards the east and you'll see brilliantly glowing Venus and the much fainter Saturn as they pair up for a spectacular conjunction. Venus appears to be actually heading towards the sun, while Saturn appears to be headed away from it. So if you're an adventurous insomniac, begin watching the eastern horizon prior to sunrise on the morning of the 21st through the 28th and watch for yourself as the two wanderers pass each other like two ships in the night (or this case, dawn).

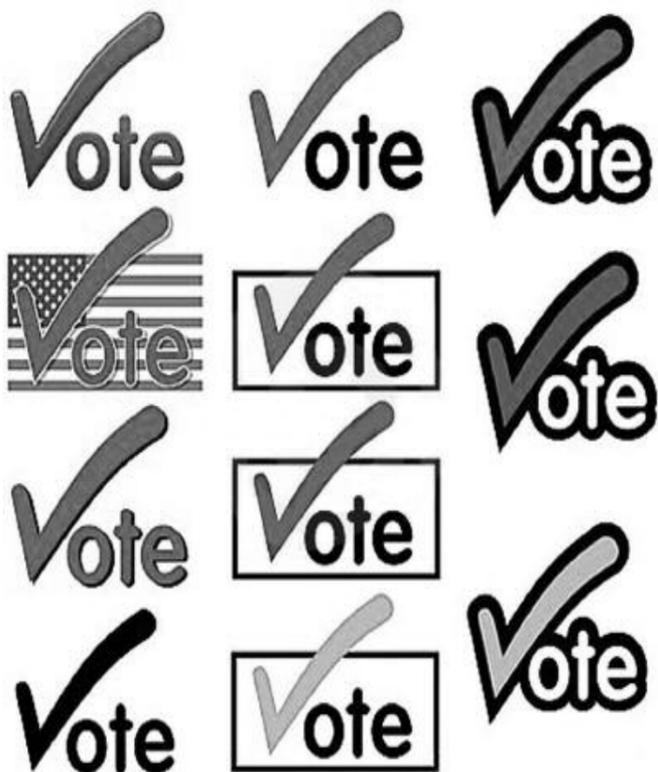
On the evening of the 28th, Jupiter and the full moon rise together in the east just as the sun sets in the west - though it'll have to get a little darker to make out Jupiter.

And to finish out the month, on November 30th, around 5:30 am, look low in the east and you will be treated to three planets (in order from top to bottom) Saturn, Venus and Mercury all in a line - one on top of the other in a beautiful linear formation! You will need a relatively unobstructed view of the horizon to guarantee the sighting of Mercury - but it's definitely worth setting an alarm clock for.

Enjoy the celestial wonders this November, celebrate Jupiter's magnificent return, and keep looking up!

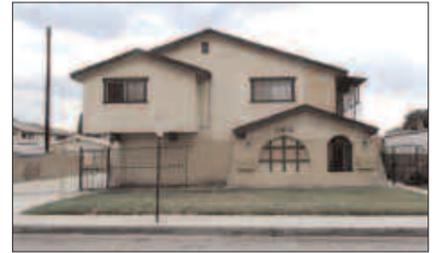
The Los Angeles Astronomical Society (L.A.A.S.) meets at Monterey Park's Garvey Ranch Observatory every Wednesday night, rain or shine, from 7 to 10 p.m. All members are eager to answer your questions, and let you have a peek through our 8" telescope, weather permitting. Feel free to contact us via any of the methods below. We would love to see you there!

Address: 781 S Orange Ave, Monterey Park, CA 91755
 Web: <http://www.laas.org/>
 Facebook: <http://www.facebook.com/losangelesastronomicalsociety>
 Phone: 213-673-7355



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MONTEREY PARK COMMUNITY CLEAN-UP DAY

Saturday, November 3, 2012

La Loma Park

1950 Fulton Ave, Monterey Park

Check-in 7:30 a.m.

Clean-up starts promptly at 8:00 a.m. and ends by 12 noon

Exhibit your community and city pride by volunteering to clean up Monterey Park!

- Join your neighbors and local businesses in sprucing up your hometown
- Wear your work clothes, gloves and city spirit
- Volunteers will paint, pull weeds, plant landscape, pick up trash, sweep sidewalks, etc.
- Students that participate the full four hours can earn service hours

Let's Keep Monterey Park Clean!

Pre-registration required, for information please contact the Recreation Department at 626-307-1388 or email recreation@montereypark.ca.gov

MONTEREY PARK BRUGGEMEYER LIBRARY

318 S. RAMONA AVENUE • MONTEREY PARK
Hours: Mon. and Tues. 12 – 9 pm • Wed. and Thurs. 10 am – 6 pm • Fri. and Sat. Closed Sun. 1- 5 pm

LAMP Literacy, ESL and Citizenship Preparation Program

The Monterey Park Bruggemeyer Library offers the opportunity for second language learners to learn English reading, writing and speaking skills all in one location. There are many levels of classes available to meet different needs of learners. Students will become familiar with many different American Cultures, writing techniques and styles as well as learning to speak the English Language to enter the workforce. Register in the Literacy and Citizenship Department of the library on the second floor.

ESL (English as a Second Language) Classes

The LAMP Literacy Program has every level of ESL classes available to help English Language Learners gain reading, writing and speaking skills. Students are pre-tested to determine their proficiency levels and to assist in placement of appropriate levels. ESL classes available are; Phonics – Tuesdays 5:30-6:30 p.m., Beginning Literacy- Mondays / Wednesdays 12-2:00 p.m. and also on Tuesdays /Wednesdays 12-2:00 p.m., Beginning Low- Mondays 7-8:30 p.m., Beginning High - Tuesdays/Wednesdays/Thursdays 1-3:00 p.m., Intermediate - Tuesdays 7-8:30 p.m., Advanced ESL - Mondays/Tuesdays/Wednesdays 3-5 p.m., and English Conversation on Wednesdays and Thursdays 10 -12 p.m. All classes are open enrollment and anyone interested in joining a class can come by the LAMP Literacy office located on the second floor of the library for more information and to register. A material fee of \$20.00 is required for each semester.

Citizenship Preparation Classes

Citizenship Preparation classes are available at the Monterey Park Bruggemeyer Library. Persons who plan on becoming New Citizens should prepare for their Interview exam within six months prior to submitting their N-400 application. Citizenship Preparation classes will assist students with knowledge of American History, Government and Civics covered during the examination. Classes are offered on Sundays from 1:15-3:15 p.m., Mondays from 6:00-8:00 p.m., and Tuesdays from 6:45-7:45 p.m. and Wednesdays from 10:00 - 11:30 a.m. Persons planning to become New Citizens should register early for these classes before submitting their N-400 Citizenship application. A material fee of \$20.00 is required for each semester. For more information, please contact the LAMP Literacy Office at (626) 307-1251.

Join the LAMP Team of Volunteers!

The LAMP Literacy Office is looking for motivated people who are interested in tutoring adult learners in one-to-one English Language Instruction, or small groups of adult learners, or Citizenship Preparation coaching. Training will be provided for all volunteers. The LAMP Literacy Program will supply all needed training materials at no cost. Please contact the LAMP Literacy Office at (626) 307-1251 for more information or stop by and fill out an application. Give the gift that will last a lifetime by helping someone learn English so they can flourish and prosper in their communities.

In-N-Out Burger Reading Program

Children ages 4-12 are invited to participate in the In-N-Out Burger "Cover to Cover Club" Reading Program, November 1-15 at the library. To participate, children need to register at the Children's Desk to receive a reading log and check out books at their reading level from the Monterey Park Bruggemeyer Library.

Children will receive credit for every five books read by returning to the Children's Desk with a parent or guardian signature on their reading log to receive a "Cover to Cover Club" achievement award, good for a free hamburger or cheeseburger at any In-N-Out Burger. Children who are too young to read may participate by having books read to them by their parent or guardian. The "Cover to Cover Club" Reading Program will end on Thursday, November 15. For further information, call the Children's Desk at (626) 307-1358.

"Thanksgiving Trivia Pursuit" Tween Program

Thursday, November 15 at 2:00 pm, the Children's Services Department will host a "Thanksgiving Trivia Pursuit" program for pre-teens ages 9-12 and their accompanying parents in the Friends Room. The program is free. Light refreshments will be served compliments of the Friends of the Library. For more information, call the Children's Department at (626) 307-1358.

Preschool "Make Your Own Turkey Puppet" Craft Program

To celebrate Thanksgiving, the library will present a Thanksgiving storytime in the Storytime Room on Thursday, November 15 at 10:00 a.m. After the storytime, preschool children can join the "Make Your Own Turkey" brownbag craft program in the Arts & Craft Room. For more information about this program, please call the Children's Desk at (626) 307-1358.

Homework Assistance Program

The Children's Department offers a free Homework Assistance Program for elementary school children who need help with their homework while studying at the library during the school year. Local high school students participate as homework helpers by volunteering their time and expertise on school subjects such as English, mathematics and science throughout the school year. The program is held in the Homework Assistance Room Monday through Thursday from 3:30-5:00 p.m. Please call the Children's Desk at (626) 307-1358 for more information.

Storytimes

Every Thursday at 10 am, the Children's Department presents a special storytime for infants and their caregivers in the story time room. This special storytime includes songs, movement, puppets, and play time. One parent or caregiver per infant at the storytime is required.

The library also offers the following storytimes:

Tuesdays	7:30 pm for kindergartners to third grade
Wednesdays	4:00 pm for kindergartners to third grade
Thursdays	10:30 am for preschoolers

Each storytime lasts about 30 minutes. For safety, children need to be accompanied by an adult/guardian during all storytime programs. For further information, please call the Children's Desk at (626) 307-1358.

Got Books?

The Friends of the Monterey Park Bruggemeyer Library are requesting donated items such as books and magazines for their bookstore in the library. If you have some of those treasured items you have not opened or read lately lying around your house and do not know what to do with them, bring to the library and donate them to the Friends Bookstore. All proceeds from sales of donated items go to support the library. Your old discards can help raise funds to purchase new books, provide refreshments for library Adult/ YA, Children's

and Literacy Programs and much more. So, box or bag those old books or magazines and bring them to the Monterey Park Bruggemeyer Library during opening hours. See our website for guidelines for donations.

Monday Night Computer Classes in English

Monday night computer classes in English are scheduled for November 5, 19 and 26 at 7 pm in the computer lab located on the second floor of the library. Space is limited and registration is required for the free classes. Adults wanting to learn basic computer skills that include mouse, keyboard, Microsoft Word and the Internet are encouraged to register for the free classes at the Reference Desk or by calling 626-307-1368.

Wednesday Morning Computer Classes

The library will offer Computer Classes in English on Wednesdays, November 7, 14, 21, and 28 in the Computer Lab from 10:30 am – 12 noon. The classes will focus on basic skills with keyboard, mouse, Word and Internet Searching. Pre-registration is required. For more information contact the Reference Desk at 626-307-1368.

Join the Library Team of Computer Volunteer Instructors

The library is looking for volunteers to teach computer classes, basic, intermediate, or advanced during the day or evening. Please call the Reference Desk at 626-307-1368 for additional information.

Chinese and International Film Programs

The public is invited to the library's special film screenings featuring award winning films. The Chinese Monthly Film Program on Sunday, November 18 at 2 pm in the Friends

Room and the International Film program on Wednesday, November 21 at 2 pm in the Friends Room are free programs with light refreshments courtesy of the Friends of the Monterey Park Library. For additional information contact the Reference Desk at 626-307-1368.

Artists of the Month Exhibit Youth Art Works: Democracy and Diversity

Award winning student artwork from the Chinese American Citizens Alliance competition, "Democracy and Diversity" is the featured November Artists of the Month exhibit at the Monterey Park Bruggemeyer Library. The exhibit includes paintings with student perspectives on what democracy and diversity means and family and community images about democracy and diversity. The exhibit will be on display November 1 - 29 in the main lobby on the first floor of the library. The Artists of the Month programs are partnership programs with the Friends of the Monterey Park Library and the Monterey Park Art & Culture Commission. For more information about the exhibit contact the Reference Desk at 626-307-1368.

Midweek Movies @ the Library

The first Wednesday of each month features an action pack adventure that rocked the box-office. On Wednesday, November 7 at 3 pm, a dark, action-fantasy film based on the Brothers Grimm fairy tale featuring Kristen Stewart will be screened in the Friends Room. Stewart plays the only person in the land fairer than the evil queen (Charlize Theron) who is out to destroy her. Who will win? The movie is rated PG 13 and is 127 minutes long. Snacks will be provided courtesy of the Friends of the Monterey Park Library. For more information contact the Reference Desk at 626-307-1368.

Continued next page





MONTEREY PARK
BRUGGEMEYER LIBRARY

318 S. Ramona Avenue, Monterey Park, CA 91754
www.ci.monterey-park.ca.us/library (626) 307-1269

BOOK DONATION GUIDELINES

Thank you for your interest in making a donation to the Monterey Park Bruggemeyer Library. All donations become the property of the Library and may be added to the collection, sold in the Friends of the Library Bookstore or recycled in order to raise funds for the Library.

We accept:

- Hardcover and paperback books in good condition
- Commercially published media—CDs, DVDs, BluRay discs
- Magazines less than one year old

We cannot accept:

- Damaged books including ones that are dusty, damp, moldy, soiled or missing pages
- Clearly outdated material including textbooks
- Encyclopedias
- Non-commercially published (home-recorded) media
- VHS tapes and Audio Cassette tapes
- Workbooks

It is preferred that donations be made through the Donation Drop slot, open 24/7, located on the east side of the building at the rear entrance. If you wish to bring in your donations, staff will accept no more than three (3) boxes or bags per visit (containers will not be returned).

The Library does not determine the value of donations. However, receipts can be provided designating the number of donated items. Thank you again for your support.

LIBRARY Continued from page 8

8 v 8

Teens are invited to join the 8 vs. 8 tournament on Wednesday, November 21 at 3 pm in the computer lab. Come prove your computer war craft skills in this fantasy style role playing game. For more information contact the Reference Desk at 626-307-1368.



**JF Programs
Fun Programs By Youth For Youth**

The Junior Friends, a teen volunteer organization at the library will host a National Games Day @ Your Library program on Wednesday, November 14 at 3 pm in the Friends Room. Games Day@ Your Library is an initiative of the American Library Association to reconnect communities through their libraries around the educational, recreational, and social value of all types of games. For more information contact the Reference Desk at 626-307-1368.



Former professional athletes team up with the Alhambra Unified School District to promote an anti-bullying campaign that will run till the end of November. Back row, from left to right: Matt Vanderbeek, Dallas Cowboys; Steve Yeager, Los Angeles Dodgers; Willie Gault, Chicago Bears; and Greg Townsend, Los Angeles Raiders. Front row: Alhambra High School seniors who spoke at the kick-off rally, from left to right: Ezra Broadus, Lauren Wong, Sommer Gomez, and Angel Jimenez.

**NFL, NBA Players Join District,
City Campaign to Eradicate Bullying**

Alhambra Unified School District's Gateway to Success Program and the City of Alhambra Police Department have joined forces to eradicate bullying by strengthening the bonds that tie school and community together. The District, City, and corporate sponsor MobileTREC launched a community empowerment, anti-bullying campaign on October 22 at Alhambra High School with students, local dignitaries, and professional athletes in attendance at a kick-off rally in the auditorium.

Lasting until the end of November, the campaign features NBA and NFL players, courtesy of Sportz Dreamz Foundation. At the launch, former professional athletes Steve Yeager (Los Angeles Dodgers), Willie Gault (Chicago Bears), Greg Townsend (Los Angeles Raiders), and Matt Vanderbeek (Dallas Cowboys) signed autographs and lent their support against bullying.

"The players delivered a message of compassion and understanding to help bring us to the truth that we all have a hand in every child's success," said Dr. Laurel Bear, director of Student Services/Gateway to Success.

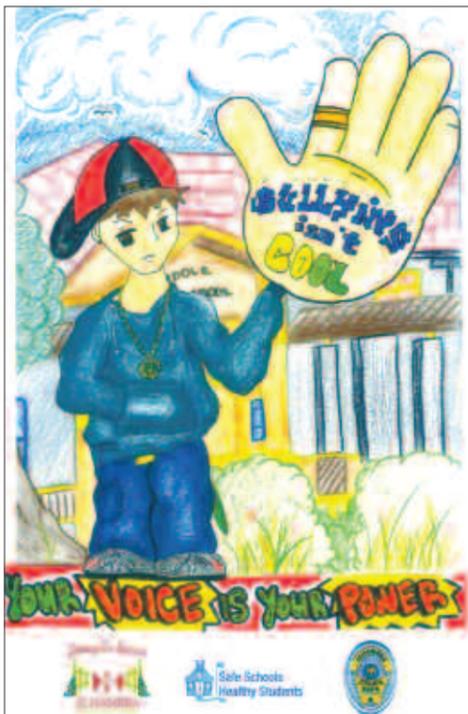
Assemblymember Mike Eng, D-Alhambra, spoke about his own experiences with being bullied in school. "I was bullied so badly and repeatedly that I had bad grades. But back in those days no one saw the connection between my dropping out of class and my being an F student and the fact that I was being bullied."

Four Alhambra High School seniors also took the stage and delivered speeches on how to create a school climate without bullying. Angel Jimenez recalled his days of being bullied as a youngster and how his older brother protected him. Mr. Jimenez thanked the Gateway to Success program for giving him an extra hand and support when he needed it most.

Police Chief Mark S. Yokoyama addressed the risks and consequences of bullying: "If we can prevent [bullying], we are going to be able to reinvent the future of our kids in society today. It's because of this that we have all banded together to unify and ensure that we change a culture and become part of this noble cause to eradicate bullying."

In addition to raising anti-bullying awareness, the campaign will raise funds for the Gateway to Success Program through school competitions. Participants will receive rewards like "Lunch with a Legend" for every dollar donated to Gateway to Success, a comprehensive school safety and mental health project that provides free counseling to students. Corporate sponsor MobileTREC is donating use of its product SafeKidZone, a cell phone help button, to all campaign contributors.

For more information, contact Dr. Bear at (626) 943-3410 or email: bear_laurel@ausd.us
To make a donation to the campaign, please visit:
<https://login.safekidzone.com/alhambra>



One of the winning posters from the Alhambra Unified School District's Anti-Bullying poster contest held during the 2011-12 school year. The artist is Ying Joy Li, who was then an 8th grader at Repetto.

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Volunteer Spotlight: Tom Guzman

"Be Prepared" is not just a bumper sticker for Tom Guzman. As a scoutmaster and leader, Monterey Park resident Tom Guzman dedicated his time to prepare his scouts for life. As a neighbor, he wants his neighborhood and friends to be prepared in the event of an emergency or disaster.



Tom Guzman

Tom Guzman moved into Monterey park by chance. A friend who worked in real estate told him, "I have a home for you." Guzman was reluctant. He was married, with a young family, and a manageable mortgage on a home already. But his friend put in an offer anyway. Now, close to 40 years later, Guzman and his wife, Yoshiko, still lives in the same home in Monterey Park where they lovingly raised their sons Glenn and Gary, both Eagle Scouts, and now with families of their own. After serving in the military, Guzman continued his education and obtained his bachelor degree in sociology - the same year that both sons celebrated their own graduations. Guzman went on to earn a master's degree in human resources and organization development. The Guzman family has always been active members of their church and the community. Initially a Webelos Leader for a Cub Scout pack, Guzman later served as scoutmaster for 13 years and was also Chairman of the El Camino District Camporee. During the course of his service, Guzman received numerous awards and recognition.

Emergency Response Team Advocate

In September, Monterey Park's Pebble Vale neighborhood took part in a simulated 7.9 earthquake disaster preparedness drill. Guzman organized a training and practice drill for the implementation of an emergency disaster plan utilizing their local neighborhood watch group - an idea he had conceptualized and submitted for approval to both Fire Chief Jim Birrell and Police Chief Jim Smith. With 50 residents and 28 homes participating in the exercise, the fire department, led by Captain Matthew Hallock, provided instructions in the proper procedure for turning off utilities with the right tools; hands on experience with using a fire extinguisher; and how to properly do chest compressions using a practice dummy (don't worry, no dummies were hurt in this exercise). According to Hallock, "Mr. Guzman is one of the most dedicated citizens I have ever come across in Monterey Park. He has a true desire to ensure every resident is prepared for any type of emergency and his commitment to that goal is second to none. Mr. Guzman has taken the initiative to prepare for, design and implement emergency plans within his own community and his efforts are very much appreciated by the Fire Department."

An Emergency Operations Center (EOC) was set up and residents including local Boy Scout volunteers, performed their duty by going house to house to locate victims and simulate turning off the water, gas and electrical panels. They also documented disaster conditions and reported the home evaluation to the EOC. The universal 'X' symbol was taped on the exterior of each house that have been triaged to alert professional first responders that the home was secure in order to avoid unnecessary duplication for house inspection. It was an amazing day - complete with teamwork, camaraderie and friendship. A long term goal of Guzman's is to bring this day to surrounding neighborhoods in the city.

Neighborhood Watch Leader

Guzman also takes pride in, and is protective of his neighborhood. In 2002, when a series of robberies were reported, Guzman reached out to each of his neighbors and started a neighborhood watch group. Guzman recalls an interesting story. Following one of the neighborhood watch meetings, a neighbor received a knock on his door. The person at the door asked for some unknown individual. The stranger went away after he was told there was no such person at the home. But the neighbor was wary - the neighborhood watch training taught him to pay attention to his instincts and trust his gut feeling. He immediately called the police who sent a patrol unit to the neighborhood. The unit kept a close patrol in the neighborhood. Later that afternoon, they came upon the same guy that the neighbor had described. When stopped, his suspicious nature led police to ask the individual to show what he had in his pockets. As it turns out, he had just broken into a nearby home and his pockets contained a few quite valuable items. The reason he had been knocking on doors is to find a house with no one home.

For everything that he has accomplished and contributed to the neighborhood, neighbors and friends share a mutual admiration and respect for Guzman. They enthusiastically share their appreciation. "The neighborhood is fortunate to have Guzman as their (neighborhood watch) captain. "It's not uncommon to see him walking around the neighborhood, chatting with residents, and it is apparent he feels a genuine responsibility for their well-being," said Lori Ito, daughter of a neighbor. In the last 10 years, serving as the neighborhood watch captain, Guzman continues to keep his neighbors and friends informed. As Irene Ota, member of the neighborhood watch, describes, "Using his personal resources and money he earns through collections of neighbors' recyclables, (Tom) writes (neighborhood watch) newsletters to alert residents of suspicious activity and (includes) personal and medical safety (tips). He prints a copy for each neighbor, and hand delivers each one. More recently, he emails the newsletter to those with email addresses, while hand delivering the rest."

The "Glue" of the Neighborhood

Extending beyond such efforts to keep his neighbors informed, he also regularly helps elderly neighbors by weeding their yards, clearing debris, repairing gates and taking out their trash every week. He also stops by often to see how they are doing. Guzman is the 'go to' person in the neighborhood. Always ready when an emergency occurs, he has personally come to the rescue, helping neighbors and fixing broken water pipes in neighboring homes. As Emily Matsumura, another member of neighborhood watch and the daughter of an elderly neighbor describe, "Tom is basically the 'glue' that binds our neighborhood together. (He) is a caring and giving individual. He has served our neighborhood as a dedicated leader and puts his whole heart into it."

The Guzmans

Tom Guzman moved into Monterey park by chance. A friend who worked in real estate told him, "I have a home for you." Guzman was reluctant. He was married, with a young family, and a manageable mortgage on a home already. But his friend put in an offer anyway. Now, close to 40 years later, Guzman and his wife, Yoshiko, still lives in the same home in Monterey Park where they lovingly raised their sons Glenn and Gary, both Eagle Scouts, and now with families of their own. After serving in the military, Guzman continued his education and obtained his bachelor degree in sociology - the same year that both sons celebrated their own graduations. Guzman went on to earn a master's degree in human resources and organization development. The Guzman family has always been active members of their church and the community. Initially a Webelos Leader for a Cub Scout pack, Guzman later served as scoutmaster for 13 years and was also Chairman of the El Camino District Camporee. During the course of his service, Guzman received numerous awards and recognition.

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Pebble Vale Neighborhood Watch Group.

Good Neighbor Policy

Tom Guzman reverts back to the traditional philosophy and wholeheartedly believes in the good neighbor policy. He offers his time unselfishly and embodies the true spirit of volunteerism. He has provided the means for his neighborhood to be self-reliant and above all, he wants his neighbors to be prepared. "My mission," according Guzman, "is to raise 'community conscientiousness' in both crime prevention and preparing for emergency disasters." As for final words of wisdom from Guzman, in case of an earthquake: "Drop, cover, and hold."

(Tom Guzman is a volunteer captain in the M.P. Fire Department's Community Emergency Response Team (CERT) program. The CERT program is designed to help the residents protect themselves, their families, neighbors and the neighborhood in an emergency situation. The training, which is offered at the fire station, is a comprehensive 3 week course followed by a disaster simulation drill. The overall goal, according to the CERT manual, is 'to do the greatest good for the greatest number.' For more information on the CERT program please contact the fire department at 626-307-1271 or visit the city website.)

Written by Janet Yu, Cascades contributor.

San Gabriel High School wins \$20,000 National Writing Project Grant

Partnering with the UCLA Writing Project, San Gabriel High School has been awarded a \$20,000 grant from the National Writing Project to develop writing instruction for the school's English language learner population.

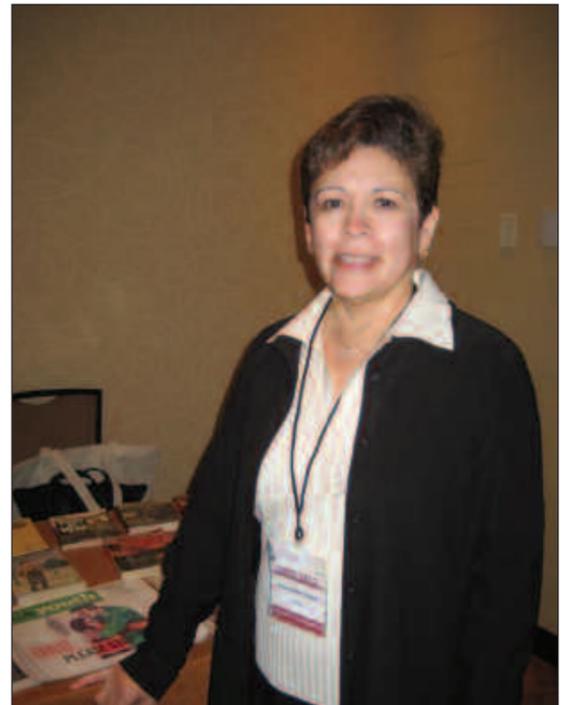
Funded under the U.S. Dept. of Education's Supporting Effective Educators Development program (SEED), the grant allows the UCLA Writing Project to lead 30 or more hours of intensive professional development training for a group of ten San Gabriel teachers of English, English Language Development, Science, Social Studies, World Languages, and Spanish Native Speakers. The ten teachers will meet periodically throughout the year with UCLA teacher consultants to read, discuss, and analyze student writing within their subject areas. In addition, the teachers will attend "With Different Eyes," a conference for teachers of English learners across the disciplines, at UCLA in November.

Dr. Faye Peitzman, director of the UCLA Writing Project, wrote the grant after meeting with SGHS teachers and deciding that writing across the curriculum was a need. The grant is for the 2012-13 school year.

Norma Mota-Altman, an associate director of the UCLA Writing Project and department chair of the Structured English Immersion depart at SGHS, will participate in the grant and explained it further:

"Specifically, the Writing Project will bring in subject specific Teacher Consultants who have been working to integrate and strengthen the writing that students produce in Science and Social Studies. Those teacher consultants will model and share lessons within their content areas with San Gabriel teachers. This is all in keeping with the new Common Core standards to develop and strengthen the academic writing of each curricular area."

Ms. Mota-Altman looks forward to learning more about the writing strengths and needs of students. "It's so exciting to be working on writing, across all disciplines, with great teachers from the different content areas. That's the most exciting part -- to learn about writing and how we can develop our students' writing skills in all the content areas."



SEI teacher Norma Mota-Altman is participating in the National Writing Project's grant to San Gabriel High School to improve writing across the curriculum. Ms. Mota-Altman is pictured here presenting at the 2012 California Association of Teachers of English (CATE) conference in Ontario, Calif.

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Recreation and Community Services Department



CLASSES AND PROGRAMS

ART CLASSES

ART, DRAWING, SKETCHING & PAINTING

A beginning group lesson class introducing the basic skills of drawing, sketching and painting. A \$12 materials fee is due at first class meeting. Rainbow Art Studio, 260 East Garvey Avenue Monterey Park



12 Weeks: January 9, 2013

Fees: \$120.00	5yrs to 12 yrs	
1501.304	Wednesday	5:45-6:45pm
1501.301	Thursday	4:00-5:00pm
1501.305	Thursday	5:45-6:45pm
1501.302	Friday	3:00-4:00pm
1501.306	Friday	4:15-5:15pm
1501.307	Friday	5:30-6:30pm
1501.303	Sunday	1:00-2:00pm
1501.308	Sunday	2:15-3:15pm

ARTS & CRAFTS

Students will learn various crafts, using the latest materials: Wall Art, Greeting Cards, 3D Pictures, Jewelry, Clay, Holiday Projects, Ribbon Embroidery, Stained Glass and much more Marlene Cardinali, Barnes Park Community Room #2

12 Weeks: January 10, 2013

Fees: \$47.00	18yrs & Up	
1509.301	Thursday	9:00-12 noon



CARTOON DRAWING

Learn to draw funny cartoons the easy way with creative use of color blends. Students will be responsible for all supplies: paper, crayons & pencils on the first day of class.

Simon Yen, Barnes Park Community Room #2

10 Weeks: January 11, 2013

Fees: \$47.00	3yrs to 8yrs	
1504.301	Friday	5:00-6:00pm

PENCIL DRAWING

Learn basic drawing techniques using the latest materials. Students will be responsible for all materials: colored pencils (28-30) and A4 drawing book at the first class.

Simon Yen, Barnes Park Community Room #2

10 Weeks: January 11, 2013

Fees: \$47.00	7yrs to 13yrs	
1505.301	Friday	4:00-5:00pm

WATERCOLOR PAINTING

Watercolor Painting is fun and relaxing. Join us as we paint bright & beautiful watercolors from photos. This is an adult class and is geared for beginning, intermediate, and advanced students. Students are responsible for any/all art supplies.

Darryl Yee, Barnes Park Community Room #2

10 Weeks: January 8, 2013

Fees: \$50.00	18yrs & Up	
1510.301	Tuesday	6:30 to 8:30pm

General Registration Information

Online registration for general recreation classes begins Saturday, December 1.

Walk-in registration for general classes begins Monday, December 3.

Register online at www.ci.monterey-park.ca.us - look for the Winter Recreation Classes/Online Registration button. Walk-in registration is available at the City Hall Recreation Department counter, 320 W. Newmark Avenue.

For more information regarding the online registration process including fees, discounts, refunds, and how to setup parent/child accounts, please see the registration instructions on page 13 of this issue of the Cascades.

DANCE CLASSES

BALLET

Ballet is the foundation for all dances and can help dramatically improve other dance techniques. Students are responsible for pink leather or canvas split sole ballet slippers and additional materials fee which will include: leotard, tights, etc.



JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	5yrs to 8yrs	
1402.301	Monday	3:30 to 4:30pm
1402.302	Wednesday	3:30 to 4:30pm

BALLET & TAP COMBO

This class is a great introduction to Tap and Ballet basics. Students are responsible for pink leather or canvas split sole ballet slippers and an additional materials fee which will include: leotard and tights.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	2yrs to 4yrs	
1402.303	Monday	4:30 to 5:15pm
1402.304	Thursday	5:30 to 6:30pm

BELLY DANCING - INTRO

Get all the basics of this alluring dance form. Students will learn basic belly dance techniques such as hip undulations, muscle isolations and body placement. Hip scarf optional but available for purchase at the Arte Flamenco.

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

9 Weeks: January 9, 2013

Fees: \$92.00	15yrs & Up	
1404.303	Wednesday	7:30 to 8:30pm
1404.304	Saturday	12:00 to 1:00pm

BREAK DANCING

Learn breaking fundamentals such as top rock, footwork, freezes and musicality. Students are responsible for tennis shoes and an additional materials fee which will include: t-shirt, basketball shorts and sweatpants.



JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 10, 2013

Fees: \$108.00	6yrs & Up	
1402.316	Thursday	3:30 to 4:30pm
1402.317	Thursday	5:30 to 6:30pm

DANCE AEROBICS

Dance Aerobics is American Folk Dancing, also called Clogging. It is done to music such as Latin, Polka, Irish, Dixieland and Bluegrass - A true exercise without exercising. No Partner required and No experience necessary.

Reggie Stevens, George Elder Community Center

3 Months: January 10, 2013

Fees: \$32.00	All Welcome	
1420.301	Beginner	Thursday 6:00 to 7:00pm
1420.302	Intermediate	Thursday 7:00 to 9:00pm

FOLKLORICO

Viva Mexico! Students of all ages will be introduced to traditional dance movements, skirt work and heelwork of the dances of Mexico.

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$92.00	4yrs & Up	
1404.307	Monday	6:00 to 7:00pm
1404.308	Tuesday	7:00 to 8:00pm
1404.310	Wednesday	6:00 to 7:00pm
1404.311	Wednesday	6:30 to 7:30pm



FLAMENCO

Ole! These introductory classes will cover basic arm and body placement, heelwork and hand clapping while learning a basic flamenco rhythm. Flamenco shoes are required.

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$92.00	4yrs & Up	
1404.312	Monday	6:00 to 7:00pm
1404.314	Thursday	6:00 to 7:00pm
1404.315	Thursday	7:00 to 8:00pm
1404.316	Sunday	11:00 to 12:00noon



HIP HOP CHOREOGRAPHY

Bringing together the culture of street dancing and the technical training of dance, Hip Hop has an entertainment quality that is uniquely its own. Students are responsible for tennis shoes and an additional materials fee which will include: t-shirt, basketball shorts/sweatpants.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	4yrs to 18yrs	
1402.305	Monday	6:30 to 7:30pm
1402.306	Tuesday	3:30 to 4:30pm
1402.307	Tuesday	4:30 to 5:30pm
1402.308	Tuesday	5:30 to 6:30pm
1402.310	Tuesday	7:30 to 8:30pm
1402.311	Thursday	4:30 to 5:30pm

HAWAIIAN-HULA-TAHITIAN DANCE

Students will learn the national dance of Hula.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 9, 2013

Fees: \$108.00	13yrs & Up	
1402.312	Wednesday	7:30 to 8:30pm

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

9 Weeks: January 10, 2013

Fees: \$92.00	6yrs to 12yrs	6yrs to 12yrs	
1404.305	Thursday	6:00 to 7:00pm	
1404.317	Saturday	12:00 to 1:00pm	

JAZZ

This class is an upbeat modern version of Broadway style dancing! Emphasis is on the basic skills of Jazz technique with a focus on ballet training, rhythmic and modern combinations of music and movement. Students responsible for split sole tan or black jazz shoes and an additional materials fee which will include: leotard and jazz shorts/leggings.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	6yrs & Up	
1402.309	Monday	4:30 to 5:30pm
1402.314	Monday	5:30 to 6:30pm
1402.315	Thursday	6:30 to 7:30pm

POPPING

Where hip hop culture began! This class will concentrate on body and muscle isolations while incorporating hip hop dance choreography and robot skills. Students learn how to free style and find their own creative popping style and freedom. Students are also responsible for t-shirt, basketball shorts/sweatpants and tennis shoes.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	7yrs to Teen	
1402.313	Monday	6:30 to 7:30pm

STREET DANCE

This class will cover all the street styles of dance including house, krump, popping, break dance, and more. Student responsible for tennis shoes and an additional materials fee which will include: t-shirt, basketball shorts/sweatpants.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 7, 2013

Fees: \$108.00	7yrs to Teen	
1402.318	Friday	4:30 to 5:30pm

SALSA

Salsa is very energetic and fun Latin Dance as well as great exercise. Beginning students will learn all the fundamental steps and partnering techniques for salsa dancing. Intermediate students will learn more advanced partnering and more sophisticated footwork. Lessons also include: Cha Cha Cha, Bachata, Merengue and Cumbia. No partner necessary.

Dorothy Tsu & Moses Navarro, Garvey Ranch Park

10 Weeks: January 11, 2013

Fees: \$72.00	All Welcome	
1406.301	Friday	7:30 to 8:30pm
1406.302	Friday	8:30 to 9:30pm

CLASSES AND PROGRAMS WINTER 2013

If you have any questions about the classes or registration process, please contact us at (626) 307-1388 or e-mail us at

recreation@montereypark.ca.gov

EDUCATION

CHILD - PARENT EDUCATION

Children will learn social and academic skill through music, crafts and other learning activities. Class will also lend insight about child development and personality. A \$10 materials fee per child required at first class meeting.



Child - Parent, Garvey Ranch Park
12 Weeks: January 7, 2013

Fees: \$77.00	Infant to 3yrs		
1305.301	0mos to 24mos	Monday	9:00 to 11:00am GRPB
1305.305	3 years old	Wednesday	9:00 to 11:00am GRPB

Child - Parent, Barnes Park

12 Weeks: January 8, 2013

Fees: \$77.00	Infant to 3.5yrs		
1305.302	0yrs to 3.5yrs	Tuesday	9:00 to 11:00am BPCC

CHINESE LANGUAGE - ADULTS

This class will focus on middle and high school courses to improve students reading and writing abilities.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 6, 2013

Fees: \$127.00	18yrs & Up		
1302.305		Sunday	9:00 to 11:00am
1302.306		Sunday	11:15 to 1:15pm
1302.307		Sunday	2:00 to 4:00pm

CHINESE LANGUAGE - GRADE 1

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 5, 2013

Fees: \$77.00	6yrs to 7yrs		
1301.301	Book 3	Saturday	11:15 to 1:15pm BPCC #2
1301.302	Book 1	Saturday	11:15 to 1:15pm BPCC #4
1301.303	Book 2	Saturday	2:00 to 4:00pm BPCC #1

CHINESE LANGUAGE - GRADE 2

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 5, 2013

Fees: \$77.00	7yrs to 8yrs		
1301.304	Book 1	Saturday	9:00 to 11:00am BPCC #1
1301.305	Book 5	Saturday	9:00 to 11:00am BPCC #4

CHINESE LANGUAGE - GRADE 3

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 5, 2013

Fees: \$77.00	8yrs to 9yrs		
1301.306	Book 4	Saturday	9:00 to 11:00am BPCC #2
1301.307	Book 4	Saturday	11:15 to 1:15pm BPCC #1
1301.308	Book 6	Saturday	2:00 to 4:00pm BPCC #2

CHINESE LANGUAGE - GRADE 4 & 5

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters.

Shoulun Yan, Service Club House

12 Weeks: January 5, 2013

Fees: \$77.00	10yrs to 12yrs		
1301.309	Book 6, 7	Saturday	11:15 to 1:15pm SCH

CHINESE LANGUAGE - JR HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 5, 2013

Fees: \$127.00	12yrs to 14yrs		
1302.301		Saturday	2:00 to 4:00pm BPCC#4

CHINESE LANGUAGE - HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities.

Shoulun Yan, Barnes Park Community Center

12 Weeks: January 6, 2013

Fees: \$127.00	14yrs & Up		
1302.302		Sunday	9:00 to 11:00am BPCC #2
1302.303		Sunday	11:15 to 1:15pm BPCC #2
1302.304		Sunday	2:00 to 4:00pm BPCC #2

DRIVER'S EDUCATION

Driver education is a California-required course for teens to receive a driver's license. Students may choose from an internet-course or a 60 day home study course. DMV-accepted completion certificates issued upon successful completion of the course. Class is on-going & does not include behind-the-wheel driving.



All Good Drivers, On Line Class

3 Months: January 7, 2013

Fees: \$82.00	14yrs to 18yrs		
1304.301	Internet Course	Mon-Sun	12:00am to 11:59pm
Fees: \$97.00	14yrs to 18yrs		
1304.302	Home Study Course	Mon-Sun	12:00am to 11:59pm

MUSIC & THEATER CLASSES

BEGINNING ACTING FOR CHILDREN

Students will learn the basics of acting building confidence and self esteem through cooperation and team work with theater games and improvisation. Class includes a performance for parents at the end of the session.

Lee Chen Norman, George Elder Community Center

10 Weeks: January 6, 2013

Fees: \$97.00	7yrs to 11yrs		
1801.301		Sunday	2:00 to 2:50pm GECC

BEGINNING ACTING FOR YOUTH

Students will learn the basics of acting building confidence and self esteem through cooperation and team work with theater games and improvisation. Students will perform a monologue or scene for parents at the end of the session.

Lee Chen Norman, George Elder Community Center

10 Weeks: January 6, 2013

Fees: \$97.00	12yrs to 15yrs		
1801.302		Sunday	3:00 to 3:50pm GECC

CREATIVE DRAMA AND MOVEMENT FOR CHILDREN

Students will use their voice, body and imagination to explore the folk-tales of the world. Students will build confidence and self esteem through cooperation and team work with theater games, creative movements and storytelling.

Lee Chen Norman, George Elder Community Center

10 Weeks: January 6, 2013

Fees: \$97.00	4yrs to 8yrs		
1801.303		Sunday	4:00 to 4:50pm GECC

IMPROVISATIONS FOR NON-ACTING ADULTS

Exercises are based on Viola Spolin Improvisation techniques. Enjoy the freedom of your intuition and imagination and exercise your mental health.

Lee Chen Norman, George Elder Community Center

10 Weeks: January 6, 2013

Fees: \$57.00	18yrs & Up		
1801.304		Sunday	11:00 to 12:00noon GECC

MUSIC PREPARATORY CLASS - TOTS

Cultivate music interest and knowledge. Ear training to identify tunes, rhythm clapping for stable speed and beat patterns, Theory games to inspire interest and music knowledge, Children's music provided to experience a variety of music genre and expression, dance steps for coordination and vocal techniques to build healthy techniques. An additional music fee of \$20 also required at first day of class - Go to www.littleangelschorale.com for more information. Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park

6 Weeks: January 6, 2013

Fees: \$97.00	4yrs to 6yrs		
1717.301		Sunday	4:30 to 5:45pm

MUSIC CLASS - YOUTH

This quarter will incorporate musical piece training from the Little Mermaid! Build graceful character from signing to stage performance. Vocalize to train proper singing technique, breathing, diaphragm support, larynx, rhythm clapping for stable speed and beat patterns, Theory writing, Performance training through choreography and script. An additional music fee of \$20 also required at first day of class - Go to www.littleangelschorale.com for more information.

Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park

6 Weeks: January 6, 2013

Fees: \$115.00	6yrs to 12yrs		
1717.302		Sunday	3:00 to 4:30pm

PIANO

Have you always wanted to play the piano? Learn notes and chords but owning a piano is not necessary.

Ai Hwa Kung, Barnes Park Community Room #4

8 Weeks: January 9, 2013

Group Fees: \$60.00	5yrs & Up		
1710.304	Group-Beg	Wednesday	5:30 to 6:15pm
1710.305	Group-Adv	Wednesday	6:30 to 7:15pm
Private Fees: \$257.00	5yrs & Up		
1710.306	Private	Wednesday	5:00 to 5:30pm

PIANO PREP - GROUP LESSONS

Class will focus on basic finger training, rhythm counting, sight reading, chord application and performance repertoires. Students will be required to provide earphones and purchase piano books - for additional material fees go to www.littleangelschorale.com for more information.

Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park

10 Weeks: January 6, 2013

Fees: \$150.00	6yrs & Up		
1717.306	6yrs to 8yrs	Sunday	6:00pm to 7:00pm
1717.307	9yrs to 12yrs	Sunday	7:00am to 8:00pm
1717.308	12yrs & Up	Sunday	8:00pm to 9:00pm

PRIVATE MUSIC AND VOICE LESSONS

One on one efficient expert teacher will guide students step by step into the beautiful world of music. Voice lessons include vocalizing, sight singing and stage performance. Violin and Piano lessons include finger technique, sight reading and beat counting. Individual lessons run 30 minutes per session - time to be worked out with instructor. Additional material fees may be required - Go to www.littleangelschorale.com for more information.

Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park

6 Weeks: January 6, 2013

Fees: \$175.00	5yrs & Up		
1717.303	Private Piano	Mon-Sun	9:00am to 9:00pm
1717.304	Private Violin	Mon-Sun	9:00am to 9:00pm
1717.305	Private Voice	Mon-Sun	9:00am to 9:00pm

SATURDAY CONSERVATORY OF MUSIC

Saturday Conservatory of Music offers a complete foundation for the music enthusiast. Basic class schedule includes: One Small Group Instrument Lesson, One Group Class in One of Four Orchestra Settings or Choir and One Music Theory Class each week. Class also includes a recital (3/2) and concert (3/9) during the last two weeks of each session. Students are responsible for providing their own instruments where required and are expected to adhere to all rules and policies established by the Conservatory. Auditions required - please refer to website www.saturdayconservatoryofmusic.org.



Saturday Conservatory of Music, 393 North Lake Avenue, Pasadena

10 Weeks: January 5, 2013 - March 9, 2013

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1701.301	Bass-Beginner	Saturday	8:30am to 12:30pm
1701.302	Bass-Intermediate	Saturday	8:30am to 12:30pm
1701.303	Bass-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1702.301	Cello-Beginner	Saturday	8:30am to 12:30pm
1702.302	Cello-Intermediate	Saturday	8:30am to 12:30pm
1702.303	Cello-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1703.301	Clarinet-Beginner	Saturday	8:30am to 12:30pm
1703.302	Clarinet-Intermediate	Saturday	8:30am to 12:30pm
1703.303	Clarinet-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1704.301	Classical Guitar-Beg	Saturday	8:30am to 12:30pm
1704.302	Classical Guitar-Inter	Saturday	8:30am to 12:30pm
1704.303	Classical Guitar-Adv	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1705.301	Flute-Beginner	Saturday	8:30am to 12:30pm
1705.302	Flute-Intermediate	Saturday	8:30am to 12:30pm
1705.303	Flute-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1706.301	French Horn-Beg	Saturday	8:30am to 12:30pm
1706.302	French Horn-Inter	Saturday	8:30am to 12:30pm
1706.303	French Horn-Adv	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Conservatory Provides Instrument			
1707.301	Harp - Beginner	Saturday	8:30am to 12:30pm
1707.302	Harp - Intermediate	Saturday	8:30am to 12:30pm
1707.303	Harp-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1708.301	Oboe-Beginner	Saturday	8:30am to 12:30pm
1708.302	Oboe-Intermediate	Saturday	8:30am to 12:30pm
1708.303	Oboe-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1709.301	Percussion-Beg	Saturday	8:30am to 12:30pm
1709.302	Percussion-Inter	Saturday	8:30am to 12:30pm
1709.303	Percussion-Adv	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Conservatory Provides Instrument			
1710.301	Piano-Beginner	Saturday	8:30am to 12:30pm
1710.302	Piano-Intermediate	Saturday	8:30am to 12:30pm
1710.303	Piano-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1711.301	Saxophone-Beg	Saturday	8:30am to 12:30pm
1711.302	Saxophone-Inter	Saturday	8:30am to 12:30pm
1711.303	Saxophone-Adv	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1712.301	Trombone-Beg	Saturday	8:30am to 12:30pm
1712.302	Trombone-Inter	Saturday	8:30am to 12:30pm
1712.303	Trombone-Adv	Saturday	8:30am to 12:30pm

Fees: \$130.00	6yrs to 17 yrs		
Student Provides Instrument			
1713.301	Trumpet-Beginner	Saturday	8:30am to 12:30pm
1713.302	Trumpet-Intermediate	Saturday	8:30am to 12:30pm
1713.303	Trumpet-Advanced	Saturday	8:30am to 12:30pm

Fees: \$130.00

SPORTS CLASSES

GOLF

Instruction provided by professional staff includes grip, stance, swing, club selection and etiquette. Golf clubs are provided by instructor. Students are responsible for the purchase of range balls at each class.

Monterey Park Golf Course, 3600 Ramona Blvd, Monterey Park

5 Weeks: **January 8, 2013**

Fees: \$59.00	8yrs & Up	
1601.301	Tuesday	9:00 to 10:00am
1601.302	Saturday	11:00 to 12:00pm
1601.303	Saturday	1:00 to 2:00pm

GYMNASTICS – PARENT & ME

Enhance your child's development and share their experiences as you assist them through a structured class designed to encourage fun, flexibility and coordination. One adult must participate in the class. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

Payke Gymnastics, 107 S. Garfield Ave, Alhambra

8 Weeks: **January 9, 2013**

Fees: \$110.00	2yrs to 3yrs	
1602.301	Wednesday	9:30 to 10:15am

GYMNASTICS

Learn basic gymnastics and concentration skills along with coordination, strength and self confidence. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

Payke Gymnastics, 107 S. Garfield Ave, Alhambra

8 Weeks: **January 8, 2013**

Fees: \$110.00	5yrs to 8yrs	
1602.303	Tuesday	4:00 to 5:00pm

KINDER-GYM

This program is specially designed for the introduction of basic fundamental skills of gymnastics on vault, bars, beam, floor, mini-tramp and trampoline. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

Payke Gymnastics, 107 S. Garfield Ave, Alhambra

8 Weeks: **January 8, 2013**

Fees: \$110.00	4yrs to 5yrs	
1602.302	Tuesday	3:15 to 4:00pm

PING PONG

Sierra Vista Ping Pong class will include basic Ping Pong Instruction and open play. \$10 Punch Cards good for 10 days of play, are also available at City Hall Recreation Counter.

Michelle Trinh, Sierra Vista Park

3 Months: **January 7, 2013**

Fees: \$22.00	6yrs & Up	
1610.301	Monday-Friday	8:00 to 12:00pm

TENNIS - ADULT

Students are required to bring 2 cans of tennis balls with them to the first class

Dean Eddow, Barnes and Elder Tennis Courts

10 Weeks: **January 8, 2013**

Fees: \$45.00	18yrs & Up		
1609.301	Inter/Adv	Tuesday	7:00 to 8:30pm
1609.302	Advance	Tuesday	8:30 to 10:00pm
1609.303	Inter/Adv	Thursday	7:00 to 8:30pm
1609.304	Advance	Thursday	8:30 to 10:00pm
1609.305	Beg/Inter	Saturday	4:00 to 5:30pm
1609.306	Intermediate	Sunday	4:00 to 5:30pm

Victor Wong, Barnes Tennis Courts

10 Weeks: **January 12, 2013**

Fees: \$90.00	18yrs & Up		
1608.301	Beg/Inter	Saturday	11:00 to 12:30pm

TENNIS – PEE WEE

Students are required to bring 2 cans of tennis balls with them to the first class

Victor Wong, Barnes Tennis Courts

10 Weeks: **January 10, 2013**

Fees: \$65.00	4yrs to 7yrs		
1608.303	Beginner	Thursday	3:30 to 4:30pm
1608.304	Beginner	Friday	3:30 to 4:30pm
1608.308	Beginner	Saturday	9:00 to 10:00am

TENNIS – LITTLE LEAGUE

Students are required to bring 2 cans of tennis balls with them to the first class

Victor Wong, Barnes Tennis Courts

10 Weeks: **January 10, 2013**

Fees: \$65.00	8yrs to 11yrs		
1608.306	Beginner	Thursday	4:30 to 5:30pm
1608.309	Beginner	Saturday	10:00 to 11:00am

TENNIS - JUNIOR

Students are required to bring 2 cans of tennis balls with them to the first class.

Victor Wong, Barnes Tennis Courts

10 Weeks: **January 11, 2013**

Fees: \$90.00	8yrs & Up		
1608.305	Inter (8yrs-11yrs)	Friday	4:30 to 6:00pm
1608.307	Beg/Inter (12yrs & Up)	Friday	4:30 to 6:00pm
1608.310	Beg/Inter (12yrs & Up)	Saturday	11:00 to 12:30pm

MARTIAL ARTS CLASSES

NIPPON KEMPO KARATE

Nippon Kempo is a full force sport based on techniques of striking, kicking, throwing, reverse holds and ground combat. Advanced class requires Instructor's approval.

Mark Ishida, Garvey Ranch Park

1 Month: **January 8, 2013**

Fees: \$33.00 & \$28.00 Subsequent Family	5yrs & Up		
1102.301	Oct-Beg	Thursday	6:30 to 8:00pm
		Saturday	9:00-10:30am
1102.302	Nov-Beg	Thursday	6:30 to 8:00pm
		Saturday	9:00-10:30am
1102.303	Dec-Beg	Thursday	6:30 to 8:00pm
		Saturday	9:00-10:30am
1102.304	Oct-Adv	Thursday	7:30 to 9:00pm
		Saturday	10:00 to 11:30am
1102.305	Nov-Adv	Thursday	7:30 to 9:00pm
		Saturday	10:00 to 11:30am
1102.306	Dec-Adv	Thursday	7:30 to 9:00pm
		Saturday	10:00 to 11:30am



SHOBU KAI KARATE DO

Shobu Kai Karate-Do is a traditional karate style. It will help students learn self defense. Class will help improve self-discipline, confidence and concentration.

Ricky Wong, George Elder Community Center

1 Month: **January 8, 2013**

Fees: \$29.00 & \$24.00 Subsequent Family	6yrs & Up		
1105.301	Oct	Tues & Thurs	7:00 to 8:00pm
1105.302	Nov	Tues & Thurs	7:00 to 8:00pm
1105.303	Dec	Tues & Thurs	7:00 to 8:00pm

SHOTOKAN KARATE DO

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional.

Richard Kageyama, George Elder Community Center

1 Month: **January 7, 2013**

Fees: \$35.00 & \$30.00 Subsequent Family	6yrs & Up		
1103.301	Oct-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.302	Nov-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.303	Dec-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.304	Oct-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.305	Nov-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.306	Dec-Adv	Mon/Wed/Fri	8:00 to 9:00pm

WING CHUN KUNG FU

Authentic Wing Chun, Desui Kung Fu including: Chinese ground grappling and Tai Ji Chi Gong breathing exercises for health and self discipline.

Thomas Wong, Garvey Ranch Park

1 Month-Wing Chun 1: **January 10, 2013**

Fees: \$85.00	All Welcome		
1104.301	Oct-Beg	Thursday 8:00 to 9:00pm	Or Saturday 4:00 to 5:00pm
1104.302	Nov-Beg	Thursday 8:00 to 9:00pm	Or Saturday 4:00 to 5:00pm
1104.303	Dec-Beg	Thursday 8:00 to 9:00pm	Or Saturday 4:00 to 5:00pm

1 Month-Wing Chun 2: **January 12, 2013**

Fees: \$85.00	All Welcome		
1104.304	Oct-Adv	Saturday	2:00 to 4:00pm
1104.305	Nov-Adv	Saturday	2:00 to 4:00pm
1104.306	Dec-Adv	Saturday	2:00 to 4:00pm

Recreation Classes Online Registration

Save time by visiting Monterey Park's online registration site to review class information and register for classes. Users can create an account, register for classes from home or work and conveniently pay your fees by credit card. Convenience fees do apply. Walk-in registration and payments are also accepted at City Hall, 320 W. Newmark Avenue, Monterey Park. For information, call 626-307-1388.

Online Registration Instructions:

1. Go To: <https://activenet11.active.com/montereyparkrecreation>.
2. New online enrollees... (never registered online or only registered at City Hall): Click on Request Account and fill out all starred areas. Remember to add adult/parent first, if you are registering your child. You will be sent an e-mail shortly- follow the listed instructions to activate the account. Returning enrollees: Click on My Account (upper right corner) and Type in your Login Name and password. (If you forgot your password, choose that option and you will be prompted on what to do-You will be sent a temporary password).
3. Click on Register for Activities (located under Other Services).
4. If you know the Section Number for the Activity, eg.1208.102, enter it and you can view class description and register. Or--If you would like to browse through classes, you may type a key-word such as "Yoga" and it will take you to those types of classes.
5. Once you choose the class, you may click "Add to Cart". By default, the person chosen to enroll in the class is you. If this class is for someone else, scroll down and choose the person or add a family member. Then click Continue. Any coupon code or discount should be entered or if it is a subsequent family member, it will automatically deduct the amount from the total. To add additional classes, choose "Show Activities" – otherwise, click on Continue again to go to Checkout.
6. Please review the prices for all classes under Order confirmation, and note that a convenience fee is charged.
7. The waiver must be reviewed - scroll down to activate the check box.
8. You will then be prompted to pay for the class, and will proceed to pay by entering your credit card information.
9. Check the box to confirm you are 13 years of age or older. There is no requirement to purchase the magazines that are offered.
10. Click the Continue button to complete your order. You may then print out your receipt to take to the first class meeting.
11. If you have any difficulties, please call the Recreation Office during business hours Monday through Thursday, 7 a.m.-6 p.m. at 626-307-1388, or e-mail recreation@montereypark.ca.gov and staff will work with you to solve the problem. Please note that some work computers have 'firewalls' installed that do not allow online payments.

General Information:

- Classes are filled on a first-come first-serve basis. Space is limited.
- \$2 Senior Discount for Residents 55 years of age and older. Discount may not be combined with any other discount offer.
- A cancellation fee of \$7.00 will be deducted from all refunds made prior to the start of first class meeting. No refunds will be made after class begins. Cancellations must be made in person. No telephone cancellations will be accepted.
- Full refund by City check will be made if class is cancelled by the Recreation Department. Refunds may take from (3) three to (5) five weeks.
- All programs are subject to cancellation or schedule to change if class minimums are not reached. Classes are closed when class maximums are met. The department will make an attempt to contact all cancelled class participants by phone, letter or email. To assure that your class has not been cancelled, please call our office at 626-307-1388 the first day of class.

EXERCISE CLASSES

AEROBICS - HIGH & LOW IMPACT

This class combines strength and cardiovascular training to maximize fat burning as well as improve aerobic and strength fitness. **NO CHILDREN ARE ALLOWED.**

Leane Sumimoto, Brightwood Cafeteria

10 Weeks: January 7, 2013

Fees: \$44.00 (1-day); \$54.00 (2-days)	17yrs & Up
1201.301 Monday	7:00 to 8:00pm
1201.302 Tuesday	7:00 to 8:00pm
1201.303 Mon/Tue	7:00 to 8:00pm

AEROBICS - STRENGTH TRAINING

This low impact workout will tone up and strengthen your body while burning fat. Students are required to bring their own exercise mat - Pair of dumb bells optional.



Dolores Arredondo, Brightwood Cafeteria

10 Weeks: January 10, 2013

Fees: \$50.00	17yrs & Up
1202.301 Thursday	7:00 to 8:00pm

BODY SCULPTING & CORE

A workout for men and women that will burn fat, increase muscle strength and endurance. Students are required to bring a pair of light hand weights and their own exercise mat.

Dolores Arredondo, Brightwood Cafeteria

10 Weeks: January 10, 2013

Fees: \$35.00	17yrs & Up
1202.302 Thursday	6:00 to 6:45pm

CHI GONG

Class incorporates 36 chi-gong movements and 12 tai-chi movements for a gentle, relaxing exercise. Tone your body, gain flexibility, be healthier and more vibrant

Nelson Ong, Barnes Park Memorial Bowl

10 Weeks: January 11, 2013

Fees: \$90.00	All Welcome
1203.301 Friday	10:00 to 11:30am
1203.302 Saturday	9:00 to 10:30am

PILATES - MAT CLASS

Pilates is an exercise system for the mind and body - toning different muscles, developing proper breathing, posture, and mental concentration. This class will use props for quicker results. Students must provide their own exercise mat, one pound weights and flexi-band.

Gabriela Kasanjian, Service Club House

10 Weeks: January 10, 2013

Fees: \$71.00	All Welcome
1207.301 Thursday	5:30 to 6:30pm

TAI CHI - CHEN STYLE

The Chen Style is the origin of Tai Ji Quan and requires the mind to be in control of Qi which in turn activates the body.

Nelson Ong, Barnes Park Memorial Bowl

10 Weeks: January 6, 2013

Fees: \$90.00	All Welcome
1208.301 Sunday	9:30 to 10:30am

TAI CHI - MIXED STYLE

Learn Tai Chi stemming from all styles including Chen, Sun, Woo, Wu and Yang.

Jie Guo, Garvey Ranch Park

3 Months: January 6, 2013

Fees: \$67.00	All Welcome
1217.305 24 Hand Form	Sunday 9:30 to 10:45am
1217.306 48 Hand Form	Sunday 8:30 to 9:30am

Fees: \$127.00	All Welcome
1217.301 New Frame	Sunday 7:30 to 8:45am
1217.302 New Frame	Sunday 12:15 to 1:30pm
1217.303 Ba Gua Zhang 1	Sunday 8:15 to 9:30am
1217.304 24 Hand Form	Sunday 8:30 to 9:30am
1217.307 56 Fan form	Sunday 10:15 to 11:30am
1217.308 32 Sword Form	Sunday 11:30am to 12:45pm
1217.309 Ba Gua Zhang 2	Tuesday 7:45 to 9:00pm
1217.310 24 Hand Form	Tuesday 6:00 to 7:00pm
1217.311 Youth Martial Arts	Tuesday 5:00 to 6:00pm
1217.312 Basic Training	Tuesday 7:00 to 8:15am

TAI CHI - WU DANG STYLE

The following Tai Chi classes combine Qi Gong and gentle body and hand movements to create the Wu Dang Style.

Chiu Sang Lee, Sierra Vista Park

3 Months: January 9, 2013

Fees: \$67.00	All Welcome
1209.301 Basic Form	Wednesday 4:30 to 5:30pm
1209.302 Basic Form	Friday 4:30 to 5:30pm
1209.303 Basic Form	Saturday 9:30 to 10:30am

Fees: \$97.00	All Welcome
1210.301 Circle Form	Wednesday 5:00 to 6:00pm
1210.302 Circle form	Friday 5:00 to 6:00pm
1210.303 Circle Form	Saturday 10:00 to 11:00am

Fees: \$80.00	All Welcome
1213.301 Meditation	Saturday 11:00 to 11:45am

Fees: \$67.00	All Welcome
1214.301 Qi Gong	Wednesday 5:00 to 6:00pm
1214.302 Qi Gong	Friday 5:00 to 6:00pm
1214.303 Qi Gong	Saturday 10:00 to 11:00am

Fees: \$97.00	All Welcome
1211.301 Saber Form	Wednesday 5:00 to 6:00pm
1211.302 Saber Form	Friday 5:00 to 6:00pm
1211.303 Saber Form	Saturday 10:00 to 11:00am

Fees: \$97.00	All Welcome
1212.301 Sword Form	Wednesday 5:00 to 6:00pm
1212.302 Sword Form	Friday 5:00 to 6:00pm
1212.303 Sword Form	Saturday 10:00 to 11:00am

TOTAL BODY CONDITIONING

Intense workout class that hits all body parts through different techniques including interval training and yoga to improve your cardio and lower your body fat percentage while sculpting muscle. Students are responsible for pilates/yoga mat, comfortable athletic attire and tennis shoes.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 8, 2013

Fees: \$108.00	18yrs & Up
1205.310 18yrs & Up	Saturday 8:30 to 9:30am

YOGA - HATHA

Ideal class for students new to yoga - combines posture, breathing and meditation. Students must provide their own towel, blanket or exercise mat.

Chieko Fosterling, George Elder Community Center

10 Weeks: January 12, 2013

Fees: \$85.00	18yrs & Up
1204.301 Beginner	Saturday 9:00 to 10:15am
1204.302 Intermediate	Saturday 10:30 to 11:45am



ZUMBA FITNESS

Zumba combines Latin and international music with dance in an effort to make exercise fun. Students are responsible for comfortable athletic attire and tennis shoes.

JayVee Dance Center, 216 East Main Street, Alhambra

9 Weeks: January 8, 2013

Fees: \$108.00	18yrs & Up
1205.301 18yrs & Up	Tuesday 6:30 to 7:30pm
1205.302 18yrs & Up	Thursday 7:30 to 8:30pm
1205.303 18yrs & Up	Saturday 10:30 to 11:30am

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

9 Weeks: January 6, 2013

Fees: \$108.00	18yrs & Up
1220.301 18yrs & Up	Monday 6:30 to 7:30pm
1220.302 18yrs & Up	Wednesday 6:00 to 7:00pm
1220.303 18yrs & Up	Sunday 11:00 to 12:00noon

SENIOR FITNESS

CHAIR FITNESS FOR OLDER ADULTS

Aerobic movement, range of motion exercises, strength training, stretching all performed in a seated position Perfect for students with balance or mobility issues and those recovering from illness or injury. Light hand weights and resistance bands are used in each class.

Sonja Holladay, Langley Center

10 Weeks: January 8, 2013

Fees: \$50.00	50yrs & Up
1215.305	Tue & Thu 1:30 to 2:30pm
Fees: \$25.00	50yrs & Up
1215.306	Thursday 1:30 to 2:30pm

TOTAL FITNESS FOR SENIORS

Heart healthy low impact aerobics, strength training and flexibility all wrapped into one class! Light hand weights (2lbs-5lbs) and resistance bands are used in each class. Floor mat also required for Intermediate and Advance levels.

Sonja Holladay, Langley Center

10 Weeks: January 7, 2013

Fees: \$60.00 (2-day class); \$30.00 (1-day class)	50yrs & Up
1215.302 Beginner	Mon & Wed 1:00 to 2:30pm
1215.303 Inter/Adv	Mon & Thu 3:00 to 4:30pm
Fees: \$60.00 (2-day class); \$30.00 (1-day class)	
1215.304 Inter/Adv	Tuesday 3:00 to 4:30pm

ZUMBA GOLD

Dress to sweat in this low impact, easy to follow, Latin-inspired dance fitness party that keeps you in a groove for life. Some of the dance styles include: meringue, salsa, cumbia, raggaton and cha-cha. Instructor is ZUMBA and ZUMBA Gold licensed.

Sonja Holladay, Langley Center

10 Weeks: January 8, 2013

Fees: \$33.00	50yrs & Up
1215.301	Tuesday 12:15 to 1:15pm

WINTER TRIPS

CRUISE OF LIGHTS - HUNTINGTON HARBOR

Enjoy a myriad colored lights and animated displays reflected in the waters of the Huntington Harbor Channels. The holiday bus leaves BPCC at 6:00 pm and will return at approx 9:30 pm. Participants are encouraged to dress warm and bring blankets, hot chocolate and snacks for the trip.

Barnes Park Community Center to Huntington Harbor

1 Day: December 21, 2012

Fees: \$17.00	All Welcome
1801.301 Friday	6:00-9:30pm



SNOW DRIFT INNER-TUBE PARK - LAKE ARROWHEAD

Join us for some Inner Tube fun in the beautiful San Bernardino Mountains. Three dare-devil slopes are available at this site including: Advanced, Intermediate and the ever favorite Bunny Slope for all you rookies. The holiday bus leaves BPCC at 7:30 am and will return at approx 4:00 pm. Participants are encouraged to bundle up - dress warm, bring a sack lunch and snacks. Inner Tubes are provided.

Barnes Park Community Center to Lake Arrowhead

1 Day: December 28, 2012

Fees: \$15.00	All Welcome
1801.302 Friday	7:30am-4:00pm

WATER CLASSES

LAP SWIM - ADULTS

For the fitness conscious, a Morning Lap Swim Program is available at Barnes Park Pool.

Barnes Park Pool

1 Month: January 6, 2013

Fees: \$34.00 & \$26.00 Subsequent Family	14yrs & Up
2301.301 October	Monday-Friday 6:00 to 8:00am
2301.302 November	Monday-Friday 6:00 to 8:00am
2301.303 December	Monday-Friday 6:00 to 8:00am
	Sat & Sun 6:00 to 10:00 am

LAP SWIM - SENIORS

For the fitness conscious, a Morning Lap Swim Program is available at Barnes Park Pool.

Barnes Pool 1 Month: January 6, 2013

Fees: \$22.00	50yrs & Up
2301.304 October	Monday-Friday 6:00 to 8:00am
2301.305 November	Monday-Friday 6:00 to 8:00am
2301.306 December	Monday-Friday 6:00 to 8:00am
	Sat & Sun 6:00 to 10:00 am

WATER AEROBICS - DEEP

Water Aerobics is a great way to strengthen and tone muscles while building cardiovascular fitness. Students wear a buoyancy belt during class to provide flotation, alignment and freedom of movement. Students should feel comfortable in deep water. Students are responsible for a \$14.00 materials fee (buoyancy belt) at the first class meeting.

Sonja Holladay, Barnes Park Pool

10 Weeks: January 8, 2013

Fees: \$44.00 (1-Class); \$22.00 (each addl. class)	18yrs & Up
1216.301	Tuesday 8:15 to 9:30am
1216.302	Thursday 8:15 to 9:30am
1216.303	Friday 8:15 to 9:30am

WATER AEROBICS - SHALLOW

Water aerobics is an effective low impact class that provides cardiovascular benefits as well as flexibility and muscular toning. Students are required to provide their own water equipment (noodle) and must wear aqua shoes.

Sonja Holladay, Barnes Park Pool

10 Weeks: January 7, 2013

Fees: \$44.00 (1-Class); \$22.00 (each additional class)	18yrs & Up
1216.304	Monday 8:15 to 9:30am
1216.305	Monday 9:45 to 11:00am
1216.306	Tuesday 9:45 to 11:00am
1216.307	Wednesday 8:15 to 9:30am
1216.308	Wednesday 9:45 to 11:00am
1216.309	Thursday 9:45 to 11:00am
1216.310	Friday 9:45 to 11:00am



WATER AEROBICS - UNLIMITED

Any combination of classes Deep or Shallow Water - Students are required to provide their own water equipment.

Sonja Holladay, Barnes Park Pool

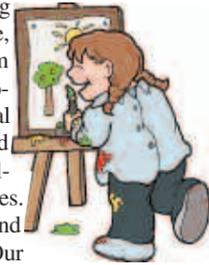
10 Weeks: January 7, 2013

Fees: \$110.00	18yrs & Up
1216.312	Monday-Friday 8:15 to 11:00 am

*City of Monterey Park
Recreation and Community Services*

Barnes Park Extended Day Care is Accepting Enrollment for Ages 5-13 years old

If your child loves engaging in activities, and spending time with friends in a place that is culturally diverse, Barnes Park Day Care is the place to be! Our program offers educational activities and fun! It is a quality program that is structured to enhance the social and physical development of children. The program is also geared towards strengthening the social and motor skills of children with special needs through interactive activities. Directed by the Recreation and Community Services, and staffed by a qualified experienced highly skilled team. Our goal and commitment is for the children to have an enjoyable and enriching experience in a positive and safe environment. Serving the community for over 22 years!!



(Accepting all programs: DCFS, MAOF,GAIN, ELARC, & more!)

Hours of Operation: 11:30 am – 6:30 pm Monday through Friday

Fees per week (10% off each additional child)

\$102.00 – Resident \$109.00 – Non-Resident \$124.00 – Full Day

Register Early for Winter Break! December 17 through January 4.
Hours 6:30 am – 6:30 pm \$124.00 per week • Breakfast Included! Field Trip:
AMC Theater Movie: King of The Elves (Disney P.G)

In addition to serving healthy snacks, a daily routine consists of activities such as arts & crafts, sports, cooking workshops, music, drawing & painting, trips to the library and homework assistance.

Transportation included: City vans pick up at Elementary Schools within the city limits. (Drop-off is welcomed)

Sign up today at 350 S. Mcpherrin Ave, Monterey Park. For more information call Ms Maricela Vazquez, Program Coordinator at (626) 307-1451 or (626) 307-1388, or email at: mvazquez@montereypark.ca.gov

TINY TOT PRE-K PROGRAM

BARNES PARK COMMUNITY CENTER, 350 S. MCPHERRIN AVENUE

AGES 3 TO 5 (MUST BE POTTY TRAINED)

FALL AND WINTER SESSIONS

CYCLE 1 SEPTEMBER 10 – OCTOBER 5

CYCLE 2 OCTOBER 8 – NOVEMBER 2

CYCLE 3 NOVEMBER 5 – NOVEMBER 30

CYCLE 1 DECEMBER 3- DECEMBER 28

TUITION FEE \$140.00 4 WEEK CYCLE

Our Tiny Tots Pre-K Program provides emotional, physical and educational growth development in a friendly, nurturing and safe learning environment! Our carefully planned programs focus on introduction and practice of early reading skills, socialization, communication and self-esteem and exploration and creation through hands-on activities. The activities presented throughout the program focus on particular themes, introduction of various concepts and include many subject areas: reading, social skills, math, science, and large and fine motor skills.

Themes within our curriculum for the Fall include the following:

- Family Traditions
- Weather
- Self-awareness
- Scienceand so much more!!

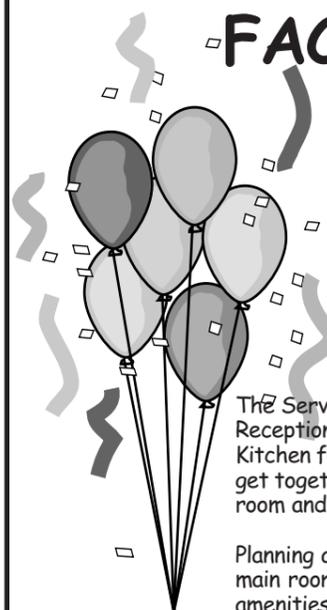
Hours
9:30 a.m. – 12:00 p.m.
Monday-Thursday
10:00 a.m. – 12:00 p.m. Friday

Register at 350 S. Mcpherrin Ave • Monterey Park CA 91754
For more information call Ms Maricela Vazquez, Program Coordinator at
(626) 307-1451 or (626) 307-1388

ACTIVITIES LOCATIONS

- BCR Brightwood Cafetorium/Rec. Bldg. • 1701 Brightwood St.
- BPCC Barnes Park Community Center • 350 S. McPherrin Ave.
- BPMB Barnes Park Memorial Bowl • 350 S. McPherrin Ave.
- CHCR City Hall Community Room • 320 W. Newmark Ave.
- GECC G. Elder Park Community Center • 1950 Wilcox Ave.
- GRPB Garvey Ranch Park Building • 781 S. Orange Avenue
- LC Langley Senior Citizens' Center • 400 W. Emerson Ave.
- LLP La Loma Park • 1902 Fulton Ave.
- SCH Service Club House • 440 S. McPherrin Ave.
- SVPB Sierra Vista Park Building • 311 Rural Dr.

FACILITIES AVAILABLE FOR RENT



LOOKING FOR AN AFFORDABLE VENUE FOR YOUR PARTY?

The Service Club House is perfect for you! It is an ideal place for Wedding Receptions, Anniversary Celebrations, Birthday Parties and Holiday events. Kitchen facilities large enough for a catering staff and side rooms for a small get together. The Club House can accommodate 100 - 125 people in the main room and 15 people in the adjoining small meeting room.

Planning a large event? Langley Center can accommodate 400 guests in the main room. A dance floor and large kitchen facilities are just a few of the amenities that are awaiting your party plans. LOTS OF PARKING!

Additionally, the City has other community buildings available to fit your needs. Fees vary according to size and room/facility, services and usage. Please call (626) 307-1388 for information.

Use this form for Mail-In Registration ONLY

WALK IN

- Register starting December 3
- Come to the Recreation and Parks Counter at Monterey Park City Hall from 7:00 a.m. to 6:00 p.m., Monday-Thursday
- CREDIT CARDS (VISA and MASTERCARD) ARE ACCEPTED.

MAIL IN

- Complete Registration Form (Photocopies can be used)
- Enclose stamped, self-addressed envelope
- Include a check for EXACT AMOUNT for each class payable to: City of Monterey Park
- Mail form and check to:

Recreation and Parks Department
320 W. Newmark Ave.
Monterey Park, CA 91754

GENERAL INFORMATION

- Classes are filled on a first come first serve basis. Space is limited.
- \$2 Senior Discount for residents 55 years of age and older. DISCOUNT MAY NOT BE COMBINED WITH ANY OTHER DISCOUNT OFFER.
- A cancellation fee of \$7.00 will be deducted from all refunds made prior to the start of first class meeting. No refunds will be made after class begins. Cancellations must be made in person.
- No telephone cancellations will be accepted.
- Full refund by City check will be made if class is cancelled by the Recreation and Parks Department. REFUNDS MAY TAKE FROM (3) THREE TO (5) FIVE WEEKS.
- All programs are subject to cancellation or schedule to change if class minimums are not reached. Classes are closed when class maximums are met. The department will make an attempt to contact all cancelled class participants by phone, letter or email. To assure that your class has not been cancelled, please call our office at (626) 307-1388 the first day of class.
- Do not buy class supplies until you have received confirmation that the class has been filled.

PARTICIPANT: _____

ADDRESS: _____

CITY: _____ ZIP _____

HOME PHONE: _____ WORK PHONE: () _____

AGE: _____ EMAIL: _____

CLASS #	NAME OF CLASS	DAY	TIME	FEE
1				
2				
3				

Name of Parent or Guardian _____

Emergency Phone # _____ or _____

By placing my signature on the registration form, I understand and will comply with the rules set forth by the Parks and Recreation Department regarding participation in the above named classes. I further agree for myself, my heirs, executors, administrators, and assigns to waive all rights and claims for damages against the organizations, this event, its agents, representatives, successors and assigns for any and all injuries suffered by the above-named participant at and/or during said event or activity.

I also consent to emergency treatment for my child.

Signature of Adult Participant or Parent/Guardian Date: _____

Paid Advertisement

Alhambra Dentist Honored for Revolutionary Patent for Gum Repair

Alhambra dentist, Dr. John Chao, was honored on June 11, 2012, at his office, by the Alhambra Mayor Barbara Messina for inventing a method of repairing receded gums, for which he was awarded two patents and a trademark from the U.S. Patent and Trademark Office, with the assistance of patent specialist, Attorney Kumar Maheshwari from the law firm of Foley and Lardner, LLP. An article describing and authenticating this method, called the "Pinhole Surgical Technique"®, has been accepted for publication by the International Journal of Periodontics and Restorative Dentistry and will be published online in July and will be published in print in October, 2012.



Mayor Barbara Messina honored Dr. Chao and made this statement:

"As mayor, I'm extremely honored to recognize one of Alhambra's finest dentists, Dr. John Chao, for his revolutionary gum repair process – the Pinhole Surgical Technique® – which has been awarded two patents and a trademark from the U.S. Patent and Trademark Office. In less than 20 minutes and with minimal discomfort, Dr. Chao's innovative process will enable literally millions of people to obtain immediate restoration of their gum lines without the customary pain, swelling and bleeding associated with traditional methods. Alhambra is extremely proud that Dr. Chao is a member of our community and that Alhambra will soon become the training ground for the dissemination of this cutting-edge new technique!"

There are literally millions of people who are self-conscious about showing a "long tooth" when they smile, according to Dr. Chao, a faculty member of the Ostrow School of Dentistry of USC. This long-tooth appearance resulted from over-brushing the front teeth and causing the gums to recede away from the normal gum line. Left untreated the gums may recede further and seriously affect the long-term prospects of the tooth. Dental decay can attack the tooth as well as sensitivity to cold.

"Up until now, the gold standard for repairing receded gums (long-tooth syndrome) is to harvest a small piece of tissue from the roof of the mouth and graft it onto the tooth where the gum shrunk away. Unfortunately this time-honored, reliable method is associated with a great deal of unwelcome symptoms, such as pain, swelling and bleeding during the healing period. The Pinhole Surgical Technique® calls for the use of specially designed, patented instruments that, in the hands of the experienced dentist, can restore the gums to its normal position through one tiny "pinhole," which measures less than 1/25th of an inch, without cutting or stitching. The average surgical time per tooth is only 20 minutes, less than half the time of the traditional method. Discomfort of any sort is minimal. The patients in the study only took 1.2 non-prescription, over-the-counter pain pills on the average. Almost without exception, patients in this study reported that they were very pleased to see immediate restoration of the position of the gum line."

Asked whether this method is available anywhere else at this moment, Dr. Chao said, "Although this service is only available at my practice right now, plans are underway to use my office on First Street as a weekend training center to teach as many dentists as possible to be competent in this method. I am also looking into possibilities of collaborating with dental schools in California and other states to widely disseminate information regarding the Pinhole Surgical Technique® and eventually facilitating the incorporation of this method into their pre-doctoral and post-doctoral curriculum."

Dr. Chao is the well-known host of Smile Talk, a dental radio show on KFWB, AM 980, which airs 7-8 p.m. on Sundays. He is a lecturer and clinical instructor at the Ostrow School of Dentistry of USC on the subject of Anxiety & Pain Management and Ethics & Professionalism. Dr. Chao was recently named the Outstanding Faculty of Year for 2012 at his alma mater, USC. He has been a regular columnist for Around Alhambra since 1995.

FOR LEASE - 2172 Verde Vista Dr. Monterey Park
3 Bedroom, View, \$1900/month
800 E. Grand Ave. Alhambra
3 Bedroom/1³/₄ Bath, \$2200/month

INVESTMENT - 501 Amailia Ave. East Los Angeles
8 Units, \$790,000
501 Amailia Ave. East Los Angeles
6 Units, \$590,000



Complimentary Market Analysis **COLDWELL BANKER**

Betty Yabu
Broker-Associate
Dre# 00595090

2065 Huntington Drive, San Marino
Cell: (626) 437-6579
E-Mail: byabu@earthlink.net 

Monterey Park Cascades

100% mail to Monterey Park homes & businesses

For Advertising Information

(626) 622-8157

or email: terrillpub@verizon.net

Special Sale 25 to 50% OFF

Sale Extended thru November



Business Hours
Mon-Fri 11:00 am - 5:00 pm
Saturday 10:00 am - 5:00 pm
Closed Sunday & Monday

(626) 571-0711

A Place to Shop for Hawaiian Fashions

1316 Potrero Grande Dr., Rosemead

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1515 West Mission Road
Alhambra, CA 91803-1618

2012-2013
ALHAMBRA UNIFIED SCHOOL DISTRICT
626.943.3330
www.ausd.us



Monterey Park Chamber of Commerce
Is proud to present

Monterey Park Fire Chief Jim Birrell
at our
Business to Business Luncheon
Wednesday, November 14, 2012

Monterey Hill Steakhouse Restaurant
3700 West Ramona Blvd.
Monterey Park, CA. 91754

Luncheon is 11:45 - 1:00 p.m.

"Our Business to Business Luncheon is an effective marketing method to expand your professional connections, build profitable relationships and get the opportunity to gather client referrals and leads."

Cost: \$15.00 R.S.V.P. or \$20.00 at the door.

R.S.V.P to mpccusa@yahoo.com or Deana Sewell at (626)570-9429

This is a special event do not miss out!!

LANGLEY SENIOR CITIZENS CENTER

400 W. EMERSON AVENUE • MONTEREY PARK
(626) 307-1395

Open Monday - Friday, 8 a.m. - 5 p.m.
for all activities;

Billiard Room, Lounge and Exercise Rooms
CLOSED SATURDAY and SUNDAY
EXCEPT FOR FEE BASED ACTIVITIES

Special Dates To Remember . . .

Nov 8 Flu Shots, 9 - 11:30 A.M.
Nov 12 Veteran's Day Observance
Center Closed
Nov 15 Thanksgiving Luncheon, 11 A.M.
(Limited Number Of Tickets)
Nov 16 Mature Driving Class
Nov 19 Commission On Aging, 11 A.M.
Nov 22 - 23 Thanksgiving Observance
Center Closed
Nov 25 Club Amistad Dance, 1 - 5 P.M.

Monterey Park's five senior citizen clubs meet at Langley Center on the following schedule:

M.P. Senior Citizens Club, Friday, 10 a.m.
Japanese/American Club, 3rd Saturday, 1 p.m.
Club Amistad, Wednesday, 12:30 p.m.
Club Bella Vista, Thursday, 12:30 p.m.
Chinese/American Sr. Citizens Club,
1st Saturday, 1 p.m.

BINGO - EVERY FRIDAY AT 1 P.M. COME JOIN THE FUN!

Everyone over 18 years of age is invited to play. No children are allowed.

BINGO - On the 1st, 2nd, 3rd and 5th SUNDAYS. Door open at 10 a.m. Early Bird, 12 Noon Everyone over 18 years of age invited. No children are allowed.

BRIDGE - Contract or Duplicate - Mondays and Thursdays, 12:30 p.m. - 3:45 p.m. If you play contract Bridge and are looking for a good group to share an afternoon of bridge with, come join us. Those who play 500 also welcome new players. All seniors are invited.

Classes Offered by Langley Center

AMERICAN CULTURE Thur., Beginner 1- 3 p.m.; Intermediate, 3-4 p.m., Free.

BEADING CLASS, Mon., 9-11 a.m. Free -Pay for materials used.

CHINESE HEALTH EXERCISE - Class every morning, 7 a.m. - 8 a.m. Free.

CHINESE KUNG FU FAN DANCE CLASS, Saturdays, 9 a.m.-10:30 a.m.

CHINESE BRUSH PAINTING - Mon. or Thur, 9 -11:30 a.m. \$4 per class plus cost of materials.

CHINESE PAINTING II and CALLIGRAPHY - Thurs., 9:30 a.m.-11:30 a.m., (donation)

CHINESE PAINTING FRIDAY AFTERNOON - 1:30 p.m. - 3 p.m.,

CHINESE YUAN CHI DANCE/EXERCISE CLASSES, Mon. - Thurs., 8 a.m. -10 a.m. Free.

COMPUTER - NEXT SESSION WILL BEGIN IN DECEMBER

DANCE CLASSES - Tues. and Thurs., 7:30 - 9:30 p.m., \$5.

DANCE CLASSES - Wed. and Fri., 7 p.m.-10 p.m. \$5

ENGLISH CONVERSATION - Thur., 9:15-11:30 a.m.

KARAOKE - Tuesday, 9 a.m. -12 noon

LINE DANCING Fri., 9 - 11 a.m. (donation)

NEEDLECRAFT WORK SHOP, Tue., 9-11 a.m.

Music Groups

FRIENDSHIP CHORUS Wed., 9:30 a.m.-12 noon

CHINESE EVERGREEN CHORUS Wed., 1 - 3 p.m.

CHINESE OPERA Mon., 9 a.m.. - 12 noon.

CHINESE OPERA Fri., 9 a.m.. - 12 noon.

City Exercise Classes

FALL CLASSES - 11 WEEKS
SEPTEMBER 25 - DECEMBER 13
(NO CLASSES WEEK OF NOVEMBER 19)

Chair Fitness for Seniors - 1:30 p.m. - 2:30 p.m., Tues /Thurs, \$55 Thurs only \$28

Total Fitness for Active Seniors - Fees \$66 2 day class, \$33 one day class

Beginning: 1:00 p.m.-2:30 p.m. Mon/Wed

Intermediate/Adv: 3:00 p.m.- 4:30 p.m. Mon/Thurs

Intermediate/Adv: 3 p.m.- 4:30 p.m. Tues

Zumba Gold for Seniors- Tuesday, 12:15 p.m.-1:15 p.m, \$33

COMMISSION ON AGING - The Commission will meet NOVEMBER 19, 11 a.m., at Langley Center. The public is invited.

CONCERT BAND of Monterey Park - Meets Mondays, 7:30 - 9:30 p.m. Musicians wanted, all instruments, brass, woodwinds and drums. Must be able to read music and have own instrument and music stand.

DANCE EVERY TUESDAY, 1-3:30 p.m. Dance to the music of the Incredible Time Machine, plus refreshments and door prizes, \$2.00.

DIAL-A-RIDE For service Monday through Friday, 8 a.m.- 4 p.m., dial (626) 307-1396. This is a free service for seniors 55 years of age and over, providing transportation within Monterey Park City limits, except for medical needs, and then into adjacent communities only. Dial-A-Ride provides two shopping tours a month to Town Center, Montebello or Wall-Mart, Rosemead, 12 - 2:30 p.m.

FOOD BANK FOR QUALIFIED SENIORS 60 PLUS - NOVEMBER 13, (2nd Tuesday of month), Barnes Park, from 2:00 p.m.-5:00 p.m.

HAIRCUTS First come, first served. Wednesdays and Fridays, 8-11 a.m. Suggested donation, \$5. Beautician - Suggested donation, \$6 (The donation maintains equipment and purchases barber supplies.)

Health Screening & Related Services

BLOOD PRESSURE CLINIC - Tuesdays, 9-11 a.m., Volunteer Nurse Ann Martinelle

BLOOD SUGAR SCREENING - Nov. 6, 8:30 a.m.-10:30 a.m., Nurse Claudia Ang, from Garfield Medical Center

FOR LOAN: Senior residents may check out a wheel chair, walker or crutches for a limited time.

HOUSING RIGHTS CENTER A Walk-In-Fair Housing Clinic (1st Tuesday of month) NOVEMBER 6, 1:00 p.m.- 4:00 p.m., for persons needing assistance related to landlord/tenant laws (no appointment needed) for a free consultation with a housing counselor. For information, call 1-800-477-5977.

INFORMATION AND REFERRAL Call 211 for services available throughout L.A. County.

IN-HOME REGISTRY SERVICE Provides you with names of individuals who can work in your home offering a variety of skills. Our registry includes: LVNS for skilled nursing care, injections, etc. Certified Nurse Assistants for personal care needs such as feeding, bedside care, bathing, etc.; homemakers/companions - for housework, meals, laundry, errands, etc; plumbers, electricians, handymen, gardeners, etc. who will come to your home. Payment for the work performed is determined between the worker and you. If you reside in Monterey Park and are 60 or over and need this type of in-home care, call Langley, (626) 307-1373. Applications for work are available

JEWELRY AND WATCH REPAIR at discounted prices. Bring your jewelry or watches to Langley Center on a Wednesday, 8 a.m. -11 a.m. for repair or estimate. Service provided by Mr. Kit Moc. Langley Center does not warrant or guarantee any aspect of any repair.

LUNCH PROGRAM - American or Chinese Hot Lunch served Mon. thru Fri. to those 60 years & over.. Reservations must be made at least 2 days in advance. Suggested donation, \$2.

MAH JONG The Bamboo Club meets from 1-4 p.m., Mondays through Fridays.

MATURE DRIVER'S IMPROVEMENT COURSE 8 a.m. - 5 p.m. Register for the NOVEMBER 16 class. Seniors completing the 8-hour course will be certified and eligible to get a 5% to 10% reduction on their premiums for bodily injury & property damage liability for up to three years with participating insurance companies. State Certificate of Completion, \$1. Information call (626) 307-1395.

METRO "TAP CARD" The CARDS will be processed from the 25th of the month through the 10th of next month, Mon. - Fri., 8:30 a.m. - 4:00 p.m. To receive the City's discount, you must be 62 or older and have proof of residency which must include identification with name and address imprinted, such as a Driver's License, DMV ID Card or Utility Bill, and a valid "TAP CARD".

NOTARY PUBLIC Virginia Greene, a Notary Public, Wednesday, 12 noon - 2 p.m. Notarizations \$8 per signature for Langley Center Seniors; Refinance Loan Documents, \$45 per set, Sale Loan docs - \$50 per set, 2 sets refinances docs - 1st set \$45, \$30 second set, (must be 2 loans for same property), 2 sets of sale loan docs - \$50 1st set, \$45 second set (must be 2 loans for same property); Subscribing witness forms - \$10; Custodial documents forms \$10.

SOCIAL SECURITY SERVICE The Montebello Social Security Office will no longer be offering this service at Langley Senior Center, due to Social Security Service staffing and budget constraints.

TAXI COUPONS will be issued each month, on the 1st Monday of the month - to qualified senior residents, 65 years and older; whose household income meets the Los Angeles County poverty guidelines (\$11,170 per year for one member, \$15,130 for two, \$19,090 for three or \$23,050 for four). Those meeting the guidelines are allowed 2 coupons a month, and the value of each coupon has changed from \$7 to \$11. You may use only 1 taxi coupon per trip. The coupon expiration date is 30 days and is only valid for the month it is issued. Sign up at the office.



EARLY MORNING TABLE TENNIS, BILLIARDS, AND EXERCISE ACTIVITIES FALL SESSION

EARLY MORNING PLAY
MON - FRI, 6 A.M. - 8 A.M.
SEPT 4 - DEC 7 - Fees are \$39.00

SATURDAY PLAY 8 A.M.- 12 NOON
SEPT 8 - DEC 8, Fees are \$26.00



Trips and Tours

TRIPS DESK IS OPEN FROM 9:00 A.M. - 3:00 P.M. MONDAY - FRIDAY

Trips are for senior citizens 50 years and older only, no exceptions. Sign up with Tour Director for all excursions as early as possible. Trips are limited and are on a first pay basis. All casino dividends are subject to change. Monterey Park's Recreation/Community Services Department acts only as an agent in putting together day and extended trip packages and does not assume any liability for illness, injury, damages, loss, accident, or delay due to any act or default of any company or person involved in the trip, nor can we be held responsible for changes made by the tour operator or hotels. CANCELLATIONS: To receive a refund, if you must cancel a trip, mail or bring your ticket to the office. A telephone call is not sufficient. (Day Trips: at least five working days prior to date of trip; Overnight Trips: at least 14 working days prior to departure date; Extended Excursions: as stipulated for specific tour). We make no refunds after the designated time. If you wish to cancel after the specified time limit, we will try to resell your ticket if a waiting list exists for the trip. A cancellation fee of \$2 per person on day trip ticket and \$5 per person on overnight trip ticket will be withheld from the refund. You may not transfer from one trip to another, sell, or give away your ticket without a cancellation fee. After paying the cancellation fee, (with the approval of the Tour Director) you can sell or give away your ticket to a qualifying senior prior to trip departure. On any trip there is the possibility of a fuel surcharge. If this occurs, you will be notified prior to the trip.

PACHANGA RESORT and CASINO - MONDAY, NOVEMBER 19

Gambler's Fun Day - \$8.00, Includes Driver's Tip. MUST HAVE PLAYERS CARD # AND VALID CURRENT GOVERNMENT ISSUED PHOTO ID AT TIME OF REGISTRATION. (\$10 Easy Play Coupon issued upon arrival at Casino.) Depart 9:00 a.m. - Return at approximately 5:45 p.m. Cancellation refund minus \$2.00, if made 5 working days prior.

FARMERS MARKET & GROVE - THURSDAY, DECEMBER 13

Depart at 9:00 a.m. - return at 3:00 p.m. See the Grove and Farmers Market decorated for the Holiday season at 3rd and Fairfax in Los Angeles. Plenty of shops full of festive cheer - (Nordstrom's, Banana Republic, Nike, the Gap, Swarovski, Crate & Barrel, Multi-cultural food choices, bakery, ice cream and candy shops.) Ride on the electric Trolley between the Grove and Farmers Market, where you're just steps away from its wide range of delights. \$8.00 (Monterey Park residents only. This is a Prop A trip.)

PALA CASINO - DECEMBER 17

Another Gamblers special get-away-day. Depart at 8:30 a.m. and return at approximately 5:30 p.m., check in time 7:45 a.m., \$8.00 per person; receive \$5.00 for added play at casino. MUST HAVE PLAYERS CARD # AND VALID PHOTO ID AT TIME OF REGISTRATION.

CABAZON OUTLET STORES and MORONGO CASINO - FEBRUARY 7

\$8, Find impressive savings at premium stores. Clothing, shoes, home furnishings, housewares, gift and specialty items, and a variety of food choices. Trip includes shopping and Driver's tip. Depart at 8:30 a.m. and return at approximately 4:30 p.m. (Monterey Park residents only. This is a Prop A trip.)



JAM World Record Gets Kids Moving

Fremont, Monterey Highlands, Ramona, Repetto, Ynez Elementary and San Gabriel High School students rallied together to break the 2012 JAM World Record on September 27, 2012. JAM is not a jam eating contest, but a fun campaign to motivate and inspire everyone to be active every day. Just-a-Minute (JAM) are fun one minute fitness routines that anyone can do, anywhere you are. The JAM World Record campaign is to raise awareness about the important benefits of being active and making it a daily habit.

A total of 1.3 million participants from over 50 states joined together to break the JAM World Record. Among those states included 30,000 Californian students in which, 5,000 alone were from Alhambra Unified School District.

“Students had fun as they “Raised the Roof,” one of the JAMmin’ minute routines. JAMmin’ Minutes are easy fitness routines that can be done in a short period of time. Students take on the challenge and lead others into JAMmin’ minute routines in the classroom! It’s a fun way to make physical activity part of one’s daily habit,” shared Judy Huffaker, Nutrition Education Specialist.

For more information visit: <http://www.healthtips.com/>



Alhambra Unified School District students participate in the 2012 JAM World Fitness record by doing one-minute fitness routines. The posters display directions for the routines.



After School Program for Junior/High School Students 2 Week Free Trial - For Every Student!



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1. Algebra I
2. Geometry
3. Algebra II
4. Trig & Pre-calculus

Saturday math classes for Junior high school students are enrolling.

Fee: \$280/month,
\$180/month for low-income families

Time: Mon.-Fri.: 1:30 – 6:30 pm

Location: 605 N. New Ave. Unit A
Monterey Park, CA 91755
(Walking distance from Mark Keppel High School)

To Register:

626-280-6368 323-823-9884

Dia de Los Muertos
Celebration of Life

Alhambra Latino Association
Non-profit Organization

Annual Cultural Festival
Bienvenidos Todos!

-----*

Saturday, November 3, 2012
11:00 am to 6:00 pm

San Gabriel High School
801 S. Ramona St.
San Gabriel, CA 91776

\$5.00 Donation - Children under 5 yrs. free!
Cash Only Thank You

Alhambra Latino Association
Non-profit Organization

Annual Cultural Festival

“Dia de Los Muertos-Celebration of Life”

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Ofelia Esparza, Speaker & Altar Artist
Joe Rodriguez, Master of Ceremonies

-----*

DAY OF THE DEAD ALTARES
STUDENT ART EXHIBIT & PERFORMERS
PAPEL PICADO/SUGAR SKULLS/OJOS DE DIOS
MASK MAKING/FLOWER MAKING BOOTHS
ARTISTS / CRAFTS / FOOD VENDORS

-----*

MUSIC & ENTERTAINMENT

11:00-12:00	SGHS Matador Band
12:00-1:00	Aztec Dancers (Quad)
1:00-2:00	Festival Performers (Auditorium)
2:00-3:00	Altars Display-Ofelia Esparza
3:00-4:00	Mr. Olivos & The Westerners
4:00-4:30	Raffles & Contest
4:30-5:30	Cali Caribe (Cuban, Cumbias, Folk)

ALHAMBRA LATINO ASSOCIATION

www.alhambralatinoassociation.com

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