



The Monterey Park Cascades



Volume XVII, No. VI

Citywide News for Business, Community and Education

July/August 2018

City of Monterey Park Offers Discount on Popular Video Doorbell

“Ring” video doorbells will be available on a first come, first served basis on July 17 while supplies last

The Monterey Park Police Department is inviting residents to participate in a special offer to purchase video doorbells at a \$100 discount. On July 17, 2018 from 6-8 p.m. at Langley Senior Center, residents will be able to purchase one subsidized Ring doorbell per household on a first come first serve basis. Residents must provide a utility bill under their name and government identification with photograph.

Ring doorbells can stream video of whoever rings the bell or activates the motion sensor to a resident’s smartphone, tablet or computer.

The city has budgeted \$10,000 to provide a \$50 subsidy on Ring doorbells for 200 households. Ring will match that with a \$50 discount of its own, meaning residents will save \$100 total on each unit. Monterey Park’s program reduces the cost of the video doorbells from their regular pricing of between \$199 and \$249 to between \$99 and \$149, depending on the model selected.

Monterey Park joins the cities of Alhambra, Arcadia, La Cañada Flintridge and Temple City in partnering with Ring.

For more information please contact the MPPD Community Services Bureau at 626-307-1215. Langley Senior Center is located at 400 W Emerson Ave, Monterey Park, CA 91754 (corner of Emerson and Ynez Avenues).

中文版第14頁
Español Pagina 14

PRSR.T. STD
U.S. POSTAGE
PAID
PERMIT # 97
MONTEREY PARK
ECRWSS

Postal Customer
Monterey Park, CA 91754-91755

City of Monterey Park
320 W. Newmark Ave.
Monterey Park, CA 91754

Monterey Park Celebrates America on July 4

Residents are invited to spend a festive day at Barnes Park filled with food, fun and a nighttime fireworks show. Independence Day festivities begin at 2:30 p.m. Free fireworks show at 9 p.m.

Happy Birthday America! Bring out that lawn chair, picnic basket and ice chest and invite the family to Barnes Park on Wednesday, July 4. Monterey Park’s annual Independence Day celebration will feature live entertainment, delicious food, activities for the entire family and the annual spectacular fireworks show. The fabulous fireworks spectacular is scheduled for 9 p.m.

July 4 at Barnes Park Schedule

- 2:30 p.m. Barnes Park Pool open for public swim (admission fee applies)
- 3:00 p.m. Food booths, children’s games and activities begin
- 5:00 p.m. Monterey Park Concert Band
- 6:45 p.m. Recognition of new citizens, military families, and dignitaries
- 7:30 p.m. Live musical entertainment
- 9:00 p.m. Fireworks spectacular

In addition to the food, games and entertainment, the City of Monterey Park would like to invite all new citizens and military families to be recognized during the celebration for your achievement and sacrifice and receive a special certificate from the Monterey Park City Council. If you are a Monterey Park resident and a new U.S. Citizen or part of a military family and would like to be included, please contact the Recreation and Community Services Department at 626-307-1388.

In the interests of safety and to facilitate fireworks show viewing, certain streets around Barnes Park (McPherrin, Harding and Ramona Avenues) will be closed to vehicular traffic and be available for pedestrian use from 5-11 p.m.

The July 4th celebration is made possible from the help of community sponsorships. Sponsorship is always greatly appreciated and donors will be recognized during the event, as well as in a future issue of the Cascades newspaper. Individuals and groups who can make a financial contribution are encouraged to send their donations to: City of Monterey Park, July 4th Committee, 320 W. Newmark Avenue, Monterey Park, CA 91754.

Barnes Park is located at 350 S. McPherrin Avenue, Monterey Park, CA 91754. For more information, please contact the Recreation Department at 626-307-1388 or search for “Fourth of July” at www.MontereyPark.ca.gov.

CITY OF MONTEREY PARK FREE
Prospects
4th of July CELEBRATION
WEDNESDAY, JULY 4, 2018
BARNES PARK 350 S. MCPHERRIN AVE.

2:30 PM BARNES PARK POOL OPENS FOR PUBLIC SWIM (ADMISSION FEE APPLIES)	5:00 PM MONTEREY PARK CONCERT BAND
3:00 PM FOOD BOOTHS OPEN, CHILDREN'S GAMES & ACTIVITIES	6:45 PM RECOGNITION OF NEW CITIZENS, MILITARY FAMILIES & DIGNITARIES
	7:30 PM LIVE MUSICAL ENTERTAINMENT

9 PM Fireworks Show
STREET CLOSURES:
McPherrin, Harding and Ramona Avenues will be closed to vehicular traffic from 5-11 PM to enable pedestrian use and fireworks show viewing.
FOR MORE INFORMATION PLEASE CALL (626) 307-1388 OR VISIT WWW.MONTEREYPARK.CA.GOV

A message from the Monterey Park Fire Department

Monterey Park Fireworks Guidelines

A thousand times **NO!**
\$1000 fine

for illegal fireworks in Monterey Park

The City of Monterey Park allows the use of fireworks on the Fourth of July from 10 a.m. to 10 p.m. only in the City; however, they are not allowed in City parks. Permitted fireworks must be “Safe and Sane” and cannot be modified or altered (MPMC 5.48.190).

Due to the extreme fire danger in California and to make sure everyone in the community can enjoy the holiday, the City encourages everyone to have a safe Fourth of July by ensuring the use of “Safe and Sane” fireworks only. Make sure children are supervised at all times when safe and sane fireworks are being discharged and also make sure to take care of your pets. Many

times pets are forgotten during this holiday, and many are sensitive to loud noises. The fireworks can scare the animals and cause them to run off. It is recommended to bring your pets indoors and play calming music while the fireworks are being ignited or seek the advice of your local veterinarian before the 4th.

Additionally, the Fire Department’s Arson Team and the Police Department will be patrolling the City to ensure safe preservation of the community. Citizens and visitors that fail to comply with the City’s Fireworks Ordinance and are found with illegal fireworks, igniting illegal fireworks, allowing illegal fireworks to be discharged on their property or discharging safe and sane fireworks before July 4th may be susceptible to fines ranging from \$500 to \$1,000 and confiscation of the fireworks.

So enjoy the 4th of July, but remember to use Safe and Sane Fireworks only within the allowable times. If you and your family would like to celebrate somewhere other than your home, join the City of Monterey Park at its 4th of July Celebration at Barnes Park, 350 S. McPherrin Avenue. For more information about the City’s Fourth of July Celebration, please visit www.MontereyPark.ca.gov.

Animal Services Summer Safety Tips

By Police Department Staff

We all love spending the long days of summer outdoors with our furry companions, but being overeager in hot weather can spell danger. To prevent your pet from overheating, take these simple precautions:

- Never leave your animals alone in a parked vehicle. Not only can it lead to fatal heat stroke, it is illegal. (California Penal Code Section 597.7 PC: Leaving a Pet Unattended in a Vehicle)
- Visit the vet for an early-summer checkup.
- Pets can get dehydrated quickly, so give them plenty of fresh, clean water when it’s hot or humid outdoors.
- Make sure your pets have a shady place to get out of the Sun and be careful not to over-exercise them.

Know the symptoms of overheating in pets:

- Excessive panting or difficulty breathing
- Increased heart and respiratory rate
- Drooling, mild weakness, stupor, or even collapse.

Symptoms can also include: seizures, bloody diarrhea, and vomit with an elevated body temperature of over 104 degrees.

Animals with flat faces, like Pugs and Persian cats, are more susceptible to heat stroke since they cannot pant as effectively. These pets, along with the elderly, the overweight, and those with heart or lung diseases, should be kept in a cool environment as much as possible.

Continued on Page 2



CITY OFFICIALS

Stephen Lam, Mayor
 Peter Chan, Mayor Pro Tem
 Hans Liang, Council Member
 Mitchell Ing, Council Member
 Teresa Real Sebastian, Council Member

Vincent D. Chang, City Clerk
 Joseph Leon, City Treasurer

Ron Bow, City Manager
 Mark Hensley, City Attorney

CITY COUNCIL, COMMISSIONS, COMMITTEES AND BOARDS MEETING SCHEDULE

CITY COUNCIL
 1st & 3rd Wednesdays, 7:00 p.m.
 City Hall Council Chambers

COMMISSION ON AGING
 3rd Monday, 11:00 a.m.
 Langley Senior Center, 400 W. Emerson Ave.

BUSINESS IMPROVEMENT DISTRICT ADVISORY COMMITTEE
 Quarterly, 3rd Thursday, 3:30 p.m.
 City Hall Room 266

COMMUNITY PARTICIPATION COMMISSION
 3rd Tuesday, 6:00 p.m.
 City Hall Community Room

DESIGN REVIEW BOARD
 1st & 3rd Tuesdays, 7:00 p.m.
 City Hall Council Chambers

ECONOMIC DEVELOPMENT ADVISORY COMMISSION
 1st Tuesday, 7:00 p.m.
 City Hall, Room 266

ENVIRONMENTAL COMMISSION
 2nd Tuesday, 6:00 p.m.
 Engineering Conference Room 153

LIBRARY BOARD OF TRUSTEES
 3rd Tuesday, 7:00 p.m.
 Bruggemeyer Library

PERSONNEL BOARD
 2nd Wednesday, 7:00 p.m.
 City Hall Council Chambers

PLANNING COMMISSION
 2nd & 4th Tuesdays, 7:00 p.m.
 City Hall Council Chambers

RECREATION & PARKS COMMISSION
 1st Monday, 7:00 p.m.
 City Hall Council Chambers

SISTER CITIES COMMISSION
 Quarterly, 1st Tuesday, 7:00 p.m.
 Bruggemeyer Library

TRAFFIC COMMISSION
 3rd Thursday, 7:00 p.m.
 City Hall Council Chambers

For more information please visit the community calendar at www.MontereyPark.ca.gov

Animal Services Summer Safety Tips (Continued from Page 1)

Properties with swimming pools: introduce your pets to water gradually. Do not leave pets unsupervised around a pool—not all dogs are good swimmers. Rinse your dog off after swimming to remove chlorine or salt from their fur, and try to keep your dog from drinking pool water, which contains chlorine and other chemicals.

Open windows and doors are common during hot weather to cool down your home. This can pose an opportunity to escape and can be a real danger to your pets. Make sure your window and door screens are properly secured.

Grooming your dog by trimming longer hair can help them stay cool, but never shave your dog. The layers of a dog's coat protects them from overheating and sunburn. Brushing cats more often than usual can prevent problems caused by excessive heat. Be sure that any sunscreen or insect repellent product you use on your pets is labeled specifically for use on animals.

When the temperature is very high, exercise your dog in the morning or in the evening. Since these are the cooler parts

of the day, this will make the walk more comfortable for both you and your dog. Walking your dog on hot asphalt during peak temperatures mid-day can lead to heat stroke, burns, and sensitive paw pads.

Please leave pets at home when you head out to Fourth of July celebrations and never use fireworks around pets. Exposure to lit fireworks can potentially result in severe burns or trauma, and even unused fireworks can contain hazardous materials. Many pets are also fearful of loud noises and can become lost, scared or disoriented. It is best to keep your pets safe from the noise in a quiet, sheltered, and escape-proof area of your home.

Be prepared in the event that your pet does escape by making sure your pet is wearing a current pet license and ID tag. Also get a microchip implant for your pet and have a current photograph of your furry companion.

If your pet is lost or if you find a pet in the City Monterey Park you can contact the Monterey Park Animal Services Bureau at 626-307-1217. All animals that are picked up in the city are taken to the L.A. County Downey Animal Shelter at 11258 S. Garfield Avenue, Downey, CA 90242.

City Hall Frequently Used Phone Numbers

Mayor and City Council	626-307-1465
City Manager	626-307-1255
City Clerk	626-307-1362
City Treasurer	626-307-1488
Animal Control	626-307-1217
Aquatics/ Rec. Classes	626-307-1388
Building Division	626-307-1300
Business License	626-307-1338
Code Enforcement	626-307-1415
Community & Economic Development	626-307-1315
Dial-a-Ride	626-307-1396
Economic Development	626-307-1382
Engineering	626-307-1320
Finance	626-307-1348
Fire Department Admin	626-307-1262
Fire Dept. Ambulance	626-307-1423
Fire Prevention	626-307-1308
Graffiti Removal	626-307-1449
Housing Rehabilitation	626-307-1385
Human Resources	626-307-1334
Job Hotline	626-307-1446
Langley Senior Center	626-307-1395
Library	626-307-1269
Planning and Zoning	626-307-1315
Police (emergency only)	9 1 1
Police (non emergency)	626-573-1311
Police Comm. Relations	626-307-1215
Police Reports & Records	626-307-1211
Pothole Report Line	626-307-2585
Public Works	626-307-1281
Recreation & Community Services	626-307-1388
Recycling Hotline	626-307-1320
Risk Management	626-307-1437
Special Events	626-307-1390
Trash Collection (Athens Services)	888-336-6100
Tree Trimming	626-307-1292
Water Billing	626-307-1342
Water Dept. After Hours	626-307-1282
Weed Abatement	626-307-1415

For additional numbers please visit the city directory at www.MontereyPark.ca.gov

City Hall Hours
 Monday-Thursday 7:30 a.m.-5:30 p.m.
 Friday 7:30 a.m.-4:30 p.m.

City Events Calendar

July 4	Independence Day Celebration with Live Entertainment and Fireworks, 2:30-9:30 p.m., Barnes Park.
July 17	City Council Guests & Presentations Meeting, 6 p.m., City Hall Council Chamber.
July 18	Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
July 20	Free Summer Movie, "Wonder," 8 p.m., Cascades Park.
August 1	Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
August 3	Free Summer Movie, "Coco," 8 p.m., Barnes Park Amphitheater.
August 7	National Night Out, 6 p.m., City Hall.
August 12	Free Summer Concert, "Cold Duck," 6 p.m., Barnes Park Amphitheater.
August 14	City Council Guests & Presentations Meeting, 6 p.m., City Hall Council Chamber.
August 15	Regular City Council Meeting, 7 p.m., City Hall Council Chamber.

Regular city council meetings are held on the first and third Wednesdays of the month in the city hall council chamber, 320 W. Newmark Avenue, Monterey Park, CA 91754. For more city events please visit the event calendar at www.MontereyPark.ca.gov.



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\$20/hr/UP
 Scrubs/Biofreeze/Hot Stones

10 a.m. to Midnight
www.harmonyharmony.com
 (626)380-8954

321 W. Garvey Ave.
 Monterey Park, CA 91754




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 7 Weeks of Lessons Value - \$99.99 (uniform included)
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**** 今天就來報名！第一堂課免費 ****

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1790 W Garvey Ave, Suite H, Monterey Park, CA 91754



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 金教練
 U.S. Team Head Coach
 美國隊總教練





**City of Monterey Park
DISASTER
PREPAREDNESS DAY**

Is Your Family Ready?



10 a.m.–12 p.m. at the following locations in Monterey Park:

Saturday, July 7, 2018, Edison Trails Park, 1600 Garfield Ave S. (Activity Code: 6101.102)

Saturday, October 20, 2018, Sierra Vista Park, 311 N Rural Dr. (Activity Code: 6101.103)

Reserve your spot today by registering at www.MontereyPark.ca.gov.

With disasters happen throughout the world, are you ready? It is more important than ever to be prepared for a disaster. The City of Monterey Park Fire Department, together with the Recreation and Community Services Department is holding a sidewalk training course that will give you the knowledge and tools to prepare for emergencies and disasters, respond accordingly, and keep you, your family and friends safe.

First 30 participants to arrive will receive a travel first aid kit and flashlight compliments of the Recreation and Community Service Department.

**Family & Friends
Sidewalk CPR**
Take a free and fast course in basic CPR

**Emergency Kit and Disaster Plan Instructions
First-Aid, Fire & Emergency Equipment
Demonstrations**

For more information, call 626-307-1388 or visit www.MontereyPark.ca.gov.

What Are Those Blue Trash Barrels?

If you live in or near a multi-family complex, you may have seen these new containers



To comply with the state's mandatory commercial recycling legislation (Mandatory Commercial Recycling (AB 341) and Mandatory Commercial Organics Recycling (AB 1826)) Athens Services has recently delivered blue 96 gallon barrel recycling containers free of charge to multi-family complexes with five or more units. These containers are serviced weekly on Thursdays. Property owners or tenants will need to bring the barrels out to the curb for service and return them to the enclosure after the barrels are emptied. Property owners may be cited by the City of Monterey Park personnel if barrels are not removed from the curbside after collection.

It should be noted that these blue barrels are for recyclables only, not trash. Any contamination will result in refusal of service if identified by Athens Services' drivers in order to avoid a contaminated truck load. We appreciate residents' cooperation in being better recyclers and environmental stewards. If you wish to have additional containers, please contact Athens Services at 888-336-6100. Note that this program is only available for multi-family complexes with five or more units. For more information, contact the Department of Public Works at 626-307-1320.

Did You Know That Bulky Item Collection Is Free-of-charge?

By Public Works staff



Bulky items are items too large to fit in your container such as household appliances, furniture, carpets, mattresses, clothing and oversized wood waste. Bundled cardboard and tree trunks/large branches are also considered bulky items as long as they are no larger than two feet in diameter and four feet in length.

All you have to do is call Athens Services at 888-336-6100 during business hours at least 24 hours before your next trash collection day. Place bulky items out for pick-up by 6 a.m. on your trash pick-up day, but no earlier than 24 hours before your trash day, otherwise, owners may be cited by city staff. Bulky items do not include E-Waste and Household Hazardous Waste.

For E-Waste collection opportunities visit the Los Angeles County Department of Public Works at www.cleanla.com or call 888-CLEANLA. LA County's free Household Hazardous & E-Waste Recycling Roundup event flyers are also available at Public Works counter at city hall. Everyone can help make the City of Monterey Park a better living environment. Your participation will help us comply with State and Federal laws and help preserve our environment for future generations. For more information, contact the City of Monterey Park Public Works at 626-307-1320.



SATURDAY, JULY 21ST 2018 MONTEREY PARK VACCINATION, MICROCHIP & LICENSING CLINIC

- ❖ Rabies vaccine: \$10
- ❖ Microchipping: \$15 (includes lifetime registration)
- ❖ Vaccines: Canine Feline
 - DHLPP \$14 - FVRCP \$15
 - Bordetella \$15
 - Canine Influenza \$10

For additional information contact the Monterey Park Police Department Animal Control Bureau at (626) 307-1217 or www.montereypark.ca.gov



SAVE THE
DATE

LOW COST
VACCINES

Get your pet
MICROCHIPPED

Renew your Pet's
License

Make an
appointment for
FREE
Spay or Neuter

LOCATION:
Garvey Ranch Park
(By Observatory)
781 S. Orange Avenue
Monterey Park, CA
917545

Saturday, July 21st 2018
Time: 9:00 am- 2:00 pm

www.animalcare.lacounty.gov

BUSINESS SPOTLIGHT

By Economic Development Staff

Big 5 Sporting Goods 2062 S. Atlantic Boulevard, Monterey Park

Monterey Park residents have had the convenience of shopping at Big 5 Sporting Goods since they first opened their doors in 1992. For residents not aware, Big 5 is one of the leading retailers of name brand sporting goods and accessories. Their 9,400 square foot store is located in the Atlantic Square Shopping Center between Rhapsodielle and Queeny Nails & Spa. The next time you need a fishing rod, pair of batting gloves, or a yoga mat, visit Big 5. Big 5 offer those items and many more at competitively low prices.

The Monterey Park store has a wide mix of sporting goods and accessories, including athletic equipment for team sports, fitness, camping, hunting, fishing, tennis, golf, winter and summer recreation, and roller sports. Thousands of products are available in the store. Merchandise is organized by sport or activity, making it easy to locate. This time of year, the store stocks up with merchandise for baseball and summer activities. You will find the sections for adult and youth baseball, water activities, and camping, loaded with merchandise. The largest section at the store, throughout the year, is the shoe department. Customers can find between 190-220 shoes on display, including running, basketball, soccer, hiking, and even tactical boots.

Big 5 promote an active lifestyle, specifically for families trying to outfit their kids for sporting activities. According to manager Albert Popoca, Big 5 sells a range of pricing from high to low so no family is left out. Big 5 will have quality merchandise at a variety of prices.

Big 5 employees are friendly, available to answer questions, and ready to pass their knowledge of

any sports or activity onto their customer. All Big 5 employees go through extensive training and testing on merchandise sold. If a customer is shopping for a tennis racquet, and has no clue what to buy, you simply ask one of their employees and they will tell you all about the important things to consider before purchasing an item.

In addition to providing quality merchandise at competitive prices, Big 5 further adds to customer savings by offering various coupons and sales throughout the year. Big 5 have developed a way to tailor coupons to customer's likes through their E-Team program. Upon registering at their website and entering your favorite categories on a profile, Big 5 will email you coupons related to those categories as they become available. Big 5 are well known for weekly or holiday specials for hundreds of their items. These weekly ads can be found on their website www.big5.com or on paper copies available in their stores.

Big 5 Sporting Goods is also active in the communities surrounding their store locations. Here in Monterey Park, you can find them at local baseball league opening day offering coupons to their stores. Big 5 does not sponsor individual teams, but they offer other forms of donations and sponsorships, such as their Ticket to Shop eCard. For more information on how Big 5 gives back to neighborhoods, please visit their website under Community.

Big 5 Sporting Goods, 2062 S. Atlantic Boulevard, Monterey Park, CA 91754. Open Mon.-Fri. 10 a.m.-9 p.m., Sat. 9 a.m.-9 p.m., Sun. 10 a.m.-7 p.m.



John's Kabob 440 S. Atlantic Boulevard, Monterey Park

Located south of the Monterey Park mall on the corner of Atlantic and Harding, a tiny restaurant stands on an island. This local gem is called John's Kabob, a family run restaurant that sells quality Greek/Mediterranean inspired food.

An eatery is only a "gem" when it sells tasty food, and John's Kabob comes through in that respect. Chef John, who is also co-owner, has been preparing Mediterranean food for over 20 years and it shows in the meals prepared in his kitchen. The food is made from scratch daily, and only fresh ingredients are used. Many of John's dishes take a long time to prepare, meaning these dishes are made with love and packed with flavor. For example, the staple plate at John's is the chicken kabob. Black pepper and all-spice are used to season the chicken before being placed on the grill. The result is juicy and flavorful chicken that can stand on its own. But wait, if ordered in a plate it comes with two sides (choice of salad, fries, rice, or hummus), amazing home-made garlic sauce, and crispy on-the-outside, soft in-the-inside pita bread. Everything on the chicken plate comes together to make for a memorable mouth watering experience.

In addition to the plates where customers can choose between a variety of meats, seafood, or falafel; John's also provides appetizers, sandwiches, salads, veggie plates, and desserts. Classic Mediterranean appetizers include hummus, baba ganoush, tabbouleh and grape leaves. Sandwiches made of gyros, chicken shawarma, lamb chop, and sauté shrimp is also on the menu. The restaurant sells Mediterranean food at its

core but sprinkles of American items are also on the menu, such as hot wings, fish, and Philly Cheesesteak. Delicious home-made baklava, basbousa, and chocolate cake are offered for desert.

John's Kabob is tailor-made for take-out and delivery. Customers can order delivery service from the restaurant or online through various delivery applications, including Doordash, Eat24, or Postmates. Frank, co-owner, says their own delivery service has a far reaching radius - having delivered to Pasadena and the USC Medical Center in East LA but recommends you call to make ensure delivery can be made to your area. Their catering options are a great value for large groups as well. The King Kabobs are sold in large trays ranging between 4-20 skewers and include a Greek or Ceasar Salad, hummus, and pita bread.

John's Kabob opened its doors in 2014, and John and his nephew Frank are co-owners in the business. John handles the cooking, Frank handles everything on the business side, and Frank's sister helps in the kitchen - making this a true family business. Frank is not new to doing business in Monterey Park as he owns two other businesses in the City. Understanding the foot traffic and a need for Mediterranean style food in that part of the city, Frank took the opportunity to start the business after the bakery closed.

John's Kabob, 440 S. Atlantic Boulevard, Monterey Park, CA 91754. Open Mon.-Thurs. 10 a.m.-9 p.m., Fri. 10 a.m.-10 p.m., Sat. 11 a.m.-10 p.m., Sun. 11 a.m.-7 p.m.





City of Monterey Park Will Join Cities Nationwide August 7 for "America's Night Out Against Crime"

On Tuesday, August 7, 2018, neighborhoods throughout the City of Monterey Park are invited to join forces with thousands of communities nationwide for the "35th Annual National Night Out" (NNO) crime prevention event. National Night Out, which is sponsored by the National Association of Town Watch (NATW) and co-sponsored locally by the Monterey Park Police Department, will involve over 16,000 communities from all 50 states, United States territories, Canadian cities and military bases around the world. In all, over 37 million people are expected to participate in "America's Night Out Against Crime" on August 7. Come join us for an evening with the police department, including educational activities, displays from our Special Response Team, K9 Unit, Community Services Bureau, Animal Services and members of the Monterey Park Fire Department and Community Emergency Response Team (C.E.R.T.).

National Night Out is designed to: (1) Increase crime prevention awareness; (2) Generate support for, and relationships in, local anti-crime efforts; (3) Strengthen neighborhood spirit and police-community partnerships; (4) Send a message to criminals by letting them know that our neighborhoods are organized and fighting back.

Bring your family, friends and neighbors. We look forward to seeing you at city hall.



Location: 320 W. Newmark Avenue (front of city hall).
 Date: Tuesday, August 7, 2018.
 Time: 6-8 p.m.
 Cost: Free. Get Involved!

Refreshments such as hot dogs, chips, and sodas and more will be served. For more information, please contact the Monterey Park Police Department Community Services Bureau at 626-307-1215.

USDA program provides free meals to children under 18

Free summer food programs available at Barnes and Garvey Ranch Parks



With summer in full swing, it's time to think about keeping children healthy while school is out. The San Gabriel Unified School District (SGUSD) in conjunction with the U.S. Department of Agriculture (USDA) will provide free meals to children during the summer in Monterey Park.

Each year the USDA partners with local organizations like the SGUSD to provide free meals to children when school is out for the summer. This summer, meals will be served until through August 10 at Barnes and Garvey Ranch Parks, Monday through Friday, from 11:30 a.m. to 12:30 p.m. Lunches will be served at the picnic shelters of each respective park. Any child under age 18 may come to eat. There are no income requirements or registration procedures.

Barnes Park is located at 350 S. McPherrin Ave., with the picnic shelter located near the southwest corner of the park at Harding and McPherrin Aves. Garvey Ranch Park is located at 781 S. Orange Ave.

Stay Informed - Sign Up for the City E-Newsletter, News Releases and Council Agendas

Sign up for the Monterey Park e-newsletter and stay informed about what's happening in your community. Available by email, the newsletter is designed to be a quick roundup of city events for people on the go. The e-newsletter is produced about twice a month as a companion to the monthly Cascades and features updated news and information that might not have made it into the Cascades.



Scan Me to Subscribe!

For people who want a bit more city information, you can also sign up for our news release and city council agenda mailing lists.

As a news release subscriber you'll receive the same timely information that the media receives about current issues and events. Subscribers to the council agendas will receive meeting notifications and a summary of items. Email from both lists contain links back to the city website for further reference or updates.

In addition to our e-mail lists, some city departments also offer links to popular social media like Nixle or Twitter. For the official City of Monterey Park Twitter feed, follow us @ CityofMPK.

Your subscription insures that you're receiving official city notifications as soon as they're released. And of course, you can unsubscribe at any time.

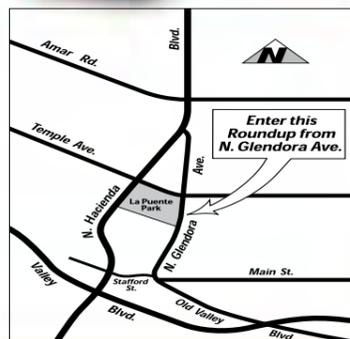
To subscribe, visit the city website at www.MontereyPark.ca.gov/Social and look for the social media, e-newsletter, "News" and "Notify Me" links.

TOO TOXIC TO TRASH



FREE Household Hazardous & E-Waste Recycling Roundup SATURDAY, JULY 7 • 9AM - 3PM

La Puente Park
 501 N. Glendora Avenue • La Puente



- Bring items in a sturdy box, preferably in their original labeled containers.
- Limit of 15 gallons or 125 pounds of hazardous waste per trip.
- No business waste accepted.
- No explosives, ammunition, radioactive materials, trash, tires, large appliances like refrigerators, stoves and washing machines or controlled substances.



(888) CLEAN-LA • CleanLA.com • lacsd.org • 1(800) 238-0172



Event serves the cities of Baldwin Park, Covina, El Monte, Industry, Irwindale, La Habra Heights, La Puente, South El Monte, Walnut, West Covina, and Whittier.



CITY OF MONTEREY PARK

FREE

Presents

4th of July

CELEBRATION

WEDNESDAY, JULY 4, 2018

BARNES PARK 350 S. MCPHERRIN AVE.

2:30 PM

BARNES PARK POOL OPENS FOR PUBLIC SWIM (ADMISSION FEE APPLIES)

3:00 PM

FOOD BOOTHS OPEN, CHILDREN'S GAMES & ACTIVITIES

5:00 PM

MONTEREY PARK CONCERT BAND

6:45 PM

RECOGNITION OF NEW CITIZENS, MILITARY FAMILIES & DIGNITARIES

7:30 PM

LIVE MUSICAL ENTERTAINMENT

9 PM Fireworks Show

STREET CLOSURES:

McPherrin, Harding and Ramona Avenues will be closed to vehicular traffic from 5-11 PM to enable pedestrian use and fireworks show viewing.

FOR MORE INFORMATION PLEASE CALL, (626) 307-1388 OR VISIT WWW.MONTEREYPARK.CA.GOV

Tech Trek Helps Girls See Their Future in Science and Technology

By Tilda De Wolfe, American Association of University Women

Fifteen rising seventh grade girls from Alhambra and Montebello Unified School Districts will attend the weeklong Tech Trek STEM Camp at Whittier College this June. All show ability in science and math.

The Tech Trek Committee of Alhambra/San Gabriel American Association of University Women (AAUW) raises the \$950 scholarship for each girl. Members work through the year to gather donations from local groups, members and friends. Some of our members are paid as Community Staffers at the Pasadena Showcase House for the Arts and the money they earn goes directly to Tech Trek.

The Monterey Park Woman's Club and the Eastside Optimist Club in Monterey Park are local groups who gave generously. A current council member and former Council Members Francisco Alonso and Anthony Wong are among a number of individual donors who also kindly contributed. A "Dine-In Night" at Polly's Pies Restaurant in Montebello added to the scholarship fund.

This year's Tech Trek campers were selected from applicants who were nominated by their teachers, then completed applications and wrote essays about how they would make the world a better place using science, technology, engineering and/or math. They participated in interviews with AAUW members. Applicants were chosen who were seen to benefit the most from the Tech Trek camp experience. The goals of Tech Trek include stimulating interest in math and the sciences and encouraging college attendance. A luncheon thanking donors will be held in September at which the campers will share their experiences.

This year Tech Trek celebrated its 20th anniversary. We hope to continue this worthy mission and welcome volunteers. If you would like more information please call Jackie Fisher at 626-808-3528.



Tech Trek awardees. Front row: Ysabelle Comia (Eastmont Intermediate), Sa Sha Sanchez (Park School), and Natalia Solis (Montebello Intermediate). Middle row: Amanda Mendez (La Merced Intermediate), Nathalie Huang (Monterey Highlands), Francesca Calderon (Emery Park), Tramia Kwok (Repetto Elementary), Brooklyn Martinez (Granada Elementary), and Kristian Strong (Ynez Elementary). Back row: Evelyn Tang (Brightwood Elementary), Isabella Lopez (William Northrup Elementary), Kiani Lujan (Ramona Elementary), Ashley Alvarez (Macy Intermediate), Brianna Evelyn Lares (Garfield School), and Ximena Sanchez (Suva Intermediate).

Thank You **Monterey Park** For Letting Us Serve You!

FREE
Property Evaluation

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GOOD NEWS!

Is time of the essence?

On average we have been selling homes **5.6% higher than market prices and at a faster pace.**
Let us show you how we can sell your home too.
(By appointment only.)

COMING SOON!

Listed \$788,000

Brightwood Hill, Monterey Park
Clean, remodeled 3bed/2bathrooms view home at desirable location, countless matured fruits trees.

JUST SOLD!

Listed \$1.15 Million

921 Ridgcrest St. Monterey Park
3,095 sqft / half acre lot. Monterey Hill Estate. The greatest breathtaking view on the market in Monterey Park. Fixer, cash buying only.

JUST LEASED!

For Sale \$1.25 Million
For Lease \$4000/M

753 Ridgcrest St. Monterey Park
4 beds/2.5baths 2,384 sqft
Prime location w/ amazing panoramic view. Remodeled kitchen. Bright & spacious living room.

SOLD!

Sold \$835,000
Listed \$778,000

2130 Abajo Dr. Monterey Park
3beds/3baths 1,824 sqft. Dazzling city lights view from living room, dining area, master bedroom & back yard. Remodeled bathrooms. Sharp move-in condition.

SOLD!

Sold \$788,000
Listed \$788,000

1197 Brier Cliff Way., Monterey Park
Prime location at view lot. Clean, well maintained 3bed/2bath, Den/Dining room 1500 Sqft.

SOLD!

Sold \$745,000
Listed \$698,000

1374 S Isabella Ave., Monterey Park
Fantastic city lights view. Alh SD. 3 bed/ 2bath / 1,688 sqft. Bright remodeled home w/ rare-find open concept.

SOLD!

Sold \$675,000
Listed \$675,000

2193 College View Dr., Monterey Park
Located in Alh SD, Brightwood School/ Mark Keppel High school. Clean, Spacious 3 bed/2bath, Family room 1728Sqft.

SOLD!

Sold \$645,000
Listed \$598,000

849 Mira Valle St., Monterey Park
Totally Remodeled Beautiful House in Alh SD. Brightwood School Dist. 2bed/2bath, Bonus room, view, Call us today to see it, before too tale.

SOLD!

Sold \$768,000
Listed \$768,000

240 W. Markland Dr., Monterey Park
Beautifully remodeled, 4 Bed, 3Full Bath, Dining Room, Family Rooms 2638 Sq.Ft with Fantastic View

SOLD!

Sold \$935,000
Listed \$918,000

Triplex

120 N Sierra Vista St. Monterey Park
Triplex (2321 Sqft) on Lot 9607 Sqft Great Location, Investor's Dream

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MONTEREY PARK BRUGGEMEYER LIBRARY

Hours: Mondays and Tuesdays 12pm - 9pm, Wednesdays and Thursdays 10am - 6pm

Fridays and Saturdays 10am - 1pm, Sundays 1pm - 5pm

318 S. Ramona Avenue, Monterey Park Follow us on Twitter! @MontereyParkLib

6th Annual Classic Film Screening Program

With Foster Hirsch and Actress Millie Perkins

The sixth annual Classic Film Screening on Tuesday, July 31 at 2 pm in the Friends Room will feature a 1959 Academy Award winning film. The film stars Millie Perkins and Shelley Winters, and tells the story of a teenage Jewish girl who was forced into hiding with her family in Nazi-occupied Netherlands during World War II. Film Historian and Mark Keppel High School alumnus Foster Hirsch will introduce the film and interview actress Millie Perkins who played the role of Anne Frank in the film. For more information about the free program, contact the Reference Desk (626) 307-1368.

Children's Summer Library Program

Read books, win prizes, have fun! Children ages 0-12 can participate by signing up at the Children's Desk to receive a log to keep track of the books they read or listen to over the summer. Throughout the summer kids receive prizes for the time that they read. This program continues through August 12 and also features weekly activities for the whole family including movies, storytimes, musical performances and magicians. All programs and activities are completely free of charge. Come into the library to pick up a flyer, or check the library website at www.montereypark.ca.gov/library for more details.

Family Entertainment at the Library

Bring the whole family to the library for our 2018 Summer Reading Performance Series! All programs are held in the Library Friends Room. Performances are made possible by the generous support of the Friends of the Monterey Park Library. Programs are free of charge and no registration is required, however attendance is strictly limited to the first 100 people. All ages are welcome!

Wolves, Coyotes and Wildlife! Education Program

Thursday, July 5 at 4:00 pm

Wolves, Coyotes and Wildlife! Education Program takes a close look at the differences and similarities between wolf and coyote biology, behavior, social structure, historical and current ranges, and ecosystem roles. We'll also look at how our domesticated dogs compare and contrast with these wild canids. The mission of the program is to embrace biodiversity and facilitate peaceful coexistence of all species.

Justin Rivera, Magician

Thursday, July 12 at 4:00 pm

Beat the heat with a performance by Justin Rivera featuring comedy magic, amazing illusions, and tons of audience participation.

End of Summer Pool Party

Monday, July 30, 2015, 2:00-4:30 pm

Barnes Park Pool, 400 S. McPherrin Avenue

Wrap up your summer with some fun in the sun at our End of Summer Pool Party! Bring your swimsuits and towels for a get together for the whole family. All ages are welcome. No registration is required; however attendance is limited so plan to arrive on time.

Storytimes

Please note: our Storytime schedule has changed! Storytimes for all age levels are held in the Library's Storytime Room and last 25-45 minutes. Children must be accompanied by an adult caregiver at all times. No registration is required.

Family Storytime (all ages): Tuesday at 7:30 pm and Wednesday at 4:00 pm
Preschool Storytime (ages 3-5): Tuesday at 12:00 pm
Baby Storytime (birth to age 2): Thursday at 10:00 am

Spanish Bilingual Storytime

Mondays, July 9 and August 6 at 4:30 pm

Families are invited to join us for our new monthly Spanish bilingual storytime, where they will hear books, sing songs and learn vocabulary. Children of all ages and language abilities are welcome and no registration is required.

Starlings

The Starling early education tracker is now available for free checkout to families with children 0-3. Research shows that the number of words that your child hears early in life is essential for healthy brain development and learning. The Starling works like a Fitbit for your child's cognitive development and tracks the number of words spoken to your child each day. The easy to use Starling app encourages parent-child interaction by setting a word count goal for families and giving easy, daily tips for helping your child learn. This program is made possible by a generous donation from Asian American Economic Development Enterprises. Visit the Children's Desk or call 626-307-1358 for more information.

1,000 Books Before Kindergarten

The 1,000 Books Before Kindergarten program encourages parents and caregivers to read 1,000 books with their child before he or she enters school – a goal experts say helps prepare children to be successful readers once they enter school. Reading to children helps develop important literacy skills that provide a solid foundation for learning and academic success. To participate:

1. Sign up at the Children's Desk of the Monterey Park Bruggemeyer Library to receive a 1,000 Books Before Kindergarten reading log and tote bag.
2. Read together and write the titles on the reading log. If you read a book more than once, you can record it each time. Books read at library storytime, at daycare, or books that are read by others to your child also count!
3. After each 100 books, bring your reading log to the library to:
 - Place your name on our Readers Board.
 - Collect your next reading log and receive a prize

Free Legal Assistance Clinics

Tuesdays, July 10 and August 14, Friends Room 6-8 pm

Volunteer attorneys will be on hand to answer legal questions at a free legal assistance clinic sponsored by the Asian Pacific American Bar Association (APABA). Volunteer attorneys will answer questions about immigration, criminal law, civil matters, estate planning, government benefits, labor and employment at the legal clinics. For more information and to register for the free legal assistance clinics, call the Reference Desk at (626) 307-1368.

Adult Summer Library Program

Summer is a great time to visit the library and participate in exciting programs. Join the adult summer library program, Reading Takes You Everywhere! Explore new interests, read for prizes, and attend new programs. It's easy to join – just sign up at the Reference Desk. Interested in reading for prizes? Just read a Monterey Park Bruggemeyer Library book and complete a reading coupon for prize drawings. Continue reading and submitting reading coupons for weekly prize drawings (one prize per person) through August 26. Gift cards and other great prizes are part of the weekly drawings.

July – August

Reading Takes You Everywhere Book Club

Catch up with your reading and learn about some great reads at the Reading Takes You Everywhere! Book Club. Share what you are currently reading – fiction or nonfiction – with a friendly group of enthusiastic readers who enjoy hearing about good books to read. Book Club meetings are scheduled in the Friends Room on Monday, July 16 at 1 pm and Monday, August 20 at 1 pm. For more information, contact the Reference Desk at (626) 307-1368.

July-August

Summer Film Programs

Wednesday, July 18 at 2 pm in the Friends Room

A brother and sister travel the universe with a friend to rescue their missing father with the help of three magical beings. The fantasy adventure film is based on the 1962 novel by Madeleine L'Engle and stars Oprah Winfrey, Reese Witherspoon, and Mindy Kaling. The film is rated PG and runs 109 minutes. Audience: adults and teens.

Monday, July 23, Friends Room 2 pm

A young woman travels to the city of Verona, home of the star-crossed lover Juliet Capulet of Romeo and Juliet. She joins a group of volunteers who respond to letters to Juliet seeking advice about love and starts a chain of events. The film, a romantic comedy, is rated PG and runs 105 minutes. Audience: adults and teens.

Wednesday, August 1 at 3 pm in the Friends Room

Virtual reality world users try to win a reality-bending treasure hunt to become the heir of Oasis and win an immense fortune in the year 2045. The sci-fi/action/adventure movie is rated PG 13 and runs 134 minutes. Audience: adults and teens.

Wednesday, August 15 at 2 pm in the Friends Room

Free movie and snacks in the Friends Room. Watch a newly released feature film DVD or an award winning international film. Audience: adults.

July Monday Night

Beginning Computer Classes in English

Beginning Computer Classes in English are scheduled on Monday nights, July 9, 16, and 23 from 7 pm - 8:30 pm in the Computer Lab located on the second floor. Space is limited and registration is required for the free classes. Adults will practice mouse, keyboard drills, and Internet searching skills. To register for the free classes, contact the Reference Desk or call (626) 307-1368.

Tuesday Open Computer Labs

The open Computer Lab runs every Tuesday in the evenings from 7:00-8:30 pm. The lab is designed to offer reinforcement and practice time for adults in the library's computer classes and is also open for individual help with E-mail, Microsoft Word, Excel, and the Internet. A library staff member will be present to answer questions. There is no registration required, but seating is limited to a first-come, first-serve basis. For more information, contact the Reference Desk at (626) 307-1368.

July and August Wednesday Intermediate Word

Practice internet searching skills and learn intermediate Word skills with fun travel themes. Classes are scheduled on Wednesdays, July 11, 18, 25, and August 8, 15, and 22 at 10:30 am in the Computer Lab. To register for the free classes, contact the Reference Desk or call (626) 307-1368.

August Beginning Computer Classes in Spanish

Beginning Computer Classes in Spanish are scheduled on Monday nights, August 6, 13, 20 and 27 from 7 pm - 8:30 pm in the Computer Lab located on the second floor. Space is limited and registration is required for the free classes. Adults will practice mouse, keyboard drills, and Internet searching skills. To register for the free classes contact the Reference Desk or call (626) 307-1368.

Teen Summer Reading Program

Full Steam Ahead is the theme for the 2018 Teen Summer Reading Program running through August 8 with reading, prizes, and exciting programs. As teens read books, they can receive coupons for a free DVD checkout or use the coupons to enter drawings for great prizes. The Summer Reading Ice Cream social and last day to turn in reading logs is August 8 at 3 pm in Barnes Park. Look for other exciting movies and STEAM related programs each Wednesday. To register for the program and for more information, call the Reference Desk at (626) 307-1368.

Anime/Manga Club

Join the library's Anime and Manga Club and watch the latest Anime releases, meet other Otaku and discuss new titles for the library. Members meet on the fourth Wednesday of each month, from 3:30-5:00 pm in the Friends Room. See you on August 22.

Game Day

Join us for an afternoon of fast moving fun playing board games. Come test your mettle the old school way on August 29 at 3 pm in the Friends Room. Teens can compete against each other, or together as a team playing Chess, Uno, and other board games.

LAMP Literacy ESL Registration Day August 6

Registration for the Fall semester of ESL classes at the library begins Monday, August 6 at 12:00 pm. The literacy program has every level of ESL classes available to help adult English learners gain reading, writing and speaking skills. All students are pre-tested and assessed to determine their proficiency levels in Basic English skills and to assist in placement of appropriate classes and services. Space in the classes is limited and Monterey Park residents will be given priority on waiting list. Adult learners who are more proficient in the English language can further their language acquisition with individualized tutoring to set a personalized learning plan and attain personal goals. Citizenship Preparation classes are also available for individuals who plan on becoming new citizens to gain knowledge on American History, Government and Civics which are covered during the examination. Registration for Citizenship classes is open year-round. Please contact the LAMP office at (626) 307-1251 or email lamp@montereypark.ca.gov for inquiries.

Join the LAMP Team of Volunteers!

Are you interested in giving back to the community of Monterey Park and have command of the English writing, reading and speaking skills? We are looking for motivated people who are interested in tutoring adult learners in the English Language via a one-to-one approach, a small group, or a full class if you are comfortable and qualified. On-going training and coaching will be provided for all volunteers. Give the gift that will last a lifetime by helping someone learn English so they can flourish and prosper in their communities. Please contact the LAMP office at (626) 307-1251 or email jgarcia@montereypark.ca.gov for inquiries.



LANGLEY CENTER

400 WEST EMERSON AVE., MONTEREY PARK CA 91754 www.langleycenterconnection.com
OFFICE HOURS ARE 8AM-5PM MONDAY - FRIDAY & WEEKENDS 8AM-2PM (626) 307-1395

FRIDAY MATINEE

LOUNGE AFTER LUNCH & JOIN US IN THE AFTERNOON WITH A MOVIE EVERY 2ND & 4TH FRIDAYS

SHOWTIMES START AT 1:00 PM • CLUB ROOM 2
FREE ADMISSION & POPCORN BAG FOR EACH GUEST

JUNE 29 - THE BUCKET LIST (2007)
JULY 13 - INDEPENDENCE DAY (1996)
JULY 27 - GRAN TORINO (2009)
AUGUST 10 - THE NOTEBOOK (2004)
AUGUST 24 - LETTERS TO JULIET (2010)








LANGLEY CENTER
400 W. EMERSON AVE. MONTEREY PARK
CALL 626-307-1395

NEW RESERVATION SENIOR LUNCH PROGRAM

Join us for a hot lunch meal in our Main Dining Room. Reservations must be made 1 weekday in advance from 8:00 am- 12:30pm for the next weekday in the front office or by phone (626) 307-1478. Lunch tickets are claimed the day of RSVP from 9:30am-11:30am. Lunch is served Monday—Friday 11:00 a.m.—12:15 p.m. Must be at least 60 yrs and older. Suggested donation \$3.00

ACTIVITIES, SERVICES & WORKSHOPS

NOTARY - Virginia Greene, a Notary Public with over 23 years of professional service is available to make your documents convenient. Wednesdays, 11:30 am—3:00 pm. Appointments and walk-ins are welcome.

BINGO - Every Friday from 12:30 P.M. - 4:00 P.M. Doors open at 11:00 A.M., everyone over 18 years of age is invited to play. No children are allowed.

BINGO - On the 1st, 2nd, 3rd and 5th Sunday of the month. Doors open at 10:30 A.M., everyone over 18 years of age is invited to play. No children are allowed.

BRIDGE - Contract or Duplicate - Mondays and Thursdays, 12:30 p.m. - 3:45 p.m. If you play contract Bridge and are looking for a good group to share an afternoon of bridge with, come join us.

MAH JONG - 12:00 p.m. - 4:30 p.m., Monday through Friday.

TUESDAY DANCE, 1:00 P.M. - 3:30 P.M., Dance to live music performed by Gary and Eric. \$2.50 per person.

JEWELRY AND WATCH REPAIR - Wednesdays, 8:00 a.m. -11:00 a.m., for repair or estimate.

MEALS ON WHEELS

The Home Delivered Meals Program is available on a donation basis for qualifying homebound seniors that are delivered each weekday, or can be frozen meals that are delivered once per week. Please call the YWCA Intervale Senior Services at 626-214-9465 for information.

TRANSPORTATION SERVICES DIAL-A-RIDE

Service available Monday through Friday, 8:30 A.M.– 4:00 P.M., (626) 307-1396. Free service for seniors 55 years of age and over, transportation within Monterey Park City limits, except for medical needs, and then into adjacent communities only.

什麼是耆英免費接送專車 (DIAL-A-RIDE) 耆英專車接送服務是免費的，專為蒙特利公園市居住的年齡在55歲以上長者或者是殘障需求的居民，提供蒙特利公園市市內專車接送服務。因醫療方面的預約，蒙特利公園市居民還可以享受專車接送服務到，阿罕布拉市，蒙地貝婁市，聖蓋博谷市及其他洛杉磯郡附近相鄰的城市

NEW Dial-A-Ride Membership ID Card



- All Dial-A-Ride members will be issued a new ID Card.
- Applications and photos will be taken on site
- Valid current photo ID required
- ID Cards cost \$5.00 for all registered members
- **New Costco shopping trip on Thursdays in Monterey Park, call Dial-A-Ride to make your appointment! 626-307-1396**

MATURE DRIVER'S CLASS July 9, 2018

Class is held from 8:00 A.M. - 4:00 P.M. Each senior must register in person with a valid California Driver's License. Seniors completing the 8-hour course will be certified and eligible to get a 5% to 10% reduction on their premiums. FEE of \$1.00 includes State Certificate of Completion. For more information call (626) 307-1395

METRO "TAP CARD"

TAP Cards are sold Monday- Friday 8:30 A.M. - 4:30 P.M. and Saturday-Sunday from 8:00am-1:00pm! To receive the City's discount, you must be 62 or older and have proof of Monterey Park residency, which must include identification with name and address imprinted, such as a Driver's License, DMV ID Card, and a valid "TAP CARD". Senior Citizen/Handicapped monthly fee is \$20 non-residents or \$17 for Monterey Park residents.

DATES TO REMEMBER:

- ❖ July 9 / Aug 13.....Mature Driving Class
- ❖ July 10,17,24,31...Diabetes Class by RegalMed
- ❖ July 12.....Birthday Month Celebration 12PM
- ❖ July 13.....Friday Movie- Independence Day (1996)
- ❖ July 16.....Commission on Aging Meeting 11AM
- ❖ July 19.....GHC Health Screening
- ❖ July 26.....Uber & Lyft Workshop
- ❖ July 27.....Friday Movie- Gran Torino (2009)
- ❖ August 7&14.....Diabetes Class by RegalMed
- ❖ August 9.....The Getty Villa, Malibu Trips & Tour
- ❖ August 20.....Commission on Aging Meeting 11AM
- ❖ August 20.....Birthday Month Celebration 12PM
- ❖ August 23.....Uber & Lyft Workshop
- ❖ August 24.....Aloha Summer Luau
- ❖ September 5.....San Manuel Indian Casino Trips & Tour

Aloha!

HAWAIIAN LUAU

Wear your favorite Hawaiian attire and Join us to celebrate the Summer!

FRIDAY, AUGUST 24, 2018
11:30 AM - 1:00 PM

400 W. Emerson Ave, Monterey Park
Cost: \$5.00 (Pre-Sale Tickets only)

Hawaiian Lunch plate, Ice Cream Float, & Drink
Special live entertainment & performance!

For more info- call 626-307-1395

TRIPS & TOURS

All trips require a valid State Driver's license or State issued Senior ID. Trips depart from Langley Center at 400 W. Emerson Ave., Monterey Park CA 91754 unless otherwise noted. Please note overnight parking is not allowed in the center. For more information please call (626) 307-1395.

SAWDUST

Art & Craft Festival

ENTER A WHOLE NEW WORLD OF ART

ART ENTERTAINMENT EXHIBITS FAMILY FUN SPECIAL

Sawdust Art & Craft Festival Thursday July 5, 2018

Cost: \$12.00
Check-in Time: 8:00 am
Bus departs at 8:30am - 6:00pm
Join us at the 52nd Annual Sawdust Art Festival located in Laguna Beach, Orange County. Invite your friends and enjoy plenty of free hands on art and jewelry classes, demonstrations and outdoor eateries!

SAN MANUEL

INDIAN BINGO & CASINO



San Manuel Indian Casino Thursday, September 5, 2018

Cost: \$10 (lunch not included)
Check-In Time: 8:00 a.m.
Bus Departs at 8:30 a.m. and Returns approx 5:00 p.m. Gambler's get away Delight! This get-away includes a \$10.00 FREE SLOT PLAY on your Player's Card upon arrival.



The Getty Villa, Malibu Thursday August 9, 2018

Cost: FREE (lunch not included)
Check-In Time: 8:00 a.m.
Bus Departs at 9 a.m. and Returns approx 4:30 p.m.
Enroll today, the first 30 participants can receive a FREE 45 minute tour with a docent.



2018 Volunteer of the Year Lance Kung

On May 17, 2018 Lance Kung was honored at the 53rd Annual Older Adults Recognition Gala by the Los Angeles County Commission at the Dorothy Chandler Pavilion. He has a variety of experience, skills and knowledge working with LAUSD and different agencies and is currently enjoying the retirement life. His passion and dedication to the center and community is greatly valued.

Happy Birthdays!

Langley Center would like to invite birthday celebrants with light dessert sponsored by LACare on July 12, 2018 & Anthem on August 20, 2018 12PM

Free Class

Introduction to




Please RSVP

By phone (626) 307-1396 or email fbaulista@montereypark.ca.gov

Time: 2pm-3pm
Dates Available:
• July 26, 2018
• August 23, 2018
• September 27, 2018

Location: AB Room
Langley Center
400 W. Emerson Ave
Monterey Park, CA 91754

Required:
1) Age 50 and up
2) Name & Phone #
3) Smartphone
4) Email /User Account Information
5) Credit / Debit Card

DIABETES

6 week Class

Sponsored by RegalMed

Please RSVP

By email fbaulista@montereypark.ca.gov or phone (626) 307-1396

The Diabetes Empowerment Education Program (DEEP) is a Medicare-approved, evidence-based diabetes education program for people with prediabetes or diabetes. Participants will gain knowledge and skills necessary to help manage the disease and reduce complications that may result. Topics presented include understanding the human body, diabetes risk factors and complications, nutrition education, meal planning, weight loss strategies, medications, physical activity, and working with your health team. The classes are educational, fun, and highly interactive; they are offered in a supportive environment by a trained DEEP health educator.

CLASSES ARE 1PM-3PM ON TUESDAYS:
JULY 10, 17, 24, 31
& AUGUST 7, 14 2018
LANGLEY CENTER
400 W. EMERSON AVE.
MONTEREY PARK CA, 91754
REQUIRED:
1. AGE 60 AND UP
2. NAME & PHONE #

SUMMER PROGRAMS

FREE CLASS TRIAL AVAILABLE FROM JULY 9 - 14 OPEN HOUSE
Classes begin in July and end by September 28, 2018. Registrations are taken in front office or on-line at www.montereypark.ca.gov

PING PONG, BILLIARDS AND FITNESS ROOM

Available Monday to Friday 8:00 A.M.– 4:45 P.M. Saturday and Sunday 8:00 A.M.-1:45 P.M. Our fitness center provides seniors with a safe and comfortable workout environment. Equipment is available for cardiovascular and strength training. Comfortable clothes and athletic shoes required at all times.



Guide to the Night Sky

By Tre Gibbs, Los Angeles Astronomical Society

This month will be a good time to view multiple planets without having to be up just before sunrise, as Saturn and Mars return to our evening skies.

Venus, the Goddess of Beauty and Love, and Jupiter, the Roman King of the Gods, have been gracing our evening skies together for a little over a month now, Venus low in the west-northwest and Jupiter in the southeast, both appearing shortly after sunset. As Jupiter continues to move westward, Venus has begun her slow, long decent towards the glare of the Sun, on her way to becoming the Morning Star by the end of the year.

Early in the month, Saturn, in Sagittarius the Archer, rises in the southeast at sunset. Although Saturn is so far away (roughly 840 million miles or 76 light minutes) it doesn't stand out nearly as much as Venus and Jupiter. It appears as almost an average non-twinkling star.

Mars, the God of War, in Capricornus the Sea Goat, rises in the southeast around 11-11:30 p.m., with its unmistakable reddish hue. Jupiter, in the constellation of Libra the Scales, appears high in the south at sunset, which makes it ideal for viewing. Even with a pair of good binoculars, you should be able to see four of its 69 moons, known as the Galilean Satellites, since Galileo discovered them back in 1610. Looking through binoculars, they will appear as small pinpricks of light, all in a straight line. Galileo first thought that they were background stars until, over time, he noticed that they stayed with Jupiter - even as Jupiter moved across the sky. They also appeared sometimes on the left side of Jupiter, sometimes on the right...and different combinations, too - two on either side of Jupiter, one on one side, three on the other. That's when Galileo realized something astounding: these things were moons that orbited Jupiter, which suddenly meant Earth was not the only center of motion in the universe - a truly radical challenge to the way of thinking by The Catholic Church at the time. This discovery would eventually lead to Galileo spending the rest of his life under house arrest. FYI, the Catholic Church issued a formal apology to Galileo in 1992, 350 years after his death. So grab a pair of binoculars, or better yet, get a telescope and see these historical moons for yourself!

By the end of the month, Saturn appears in the south southeast at sunset, while Mars rises at sunset, much like Saturn did at the beginning of the month. Jupiter (still in Libra) will appear high in the south southwest at sunset, and all three wanderers will appear to keep moving slightly further west every day, as Earth speeds past them, continuing her orbit around our nearest star, the Sun.



The Moon will be passing by all of the above mentioned planets, which is a great way to make certain of which planet you are seeing. On the 15th, the thin waxing (getting bigger) crescent moon is incredibly close and to the left of Venus, low in the west just after sunset. Five days later, on July 20, the Moon has moved further east in its orbit around Earth, now half full and will travel the sky with Jupiter. Four days after that, on the 24th, the Moon - still moving eastward away from the Sun and getting even bigger - is now right above Saturn. Finally, three days after that, on the 27th, the Moon is directly opposite the Sun, the biggest it will get (full) and pairs up with Mars for the evening, both traveling the night sky as a pair. FYI - this particular full moon is known as "The Full Buck Moon" since this is the time of year young bucks grow new antlers.

And speaking of the Moon, it's slowly leaving us. On July 16, 1969, Apollo 11 launched from Cape Kennedy in Florida. Four days later on July 20, Neil Armstrong would be the first man to walk on the Moon. In addition to placing an American flag and a commemorative plaque on the Moon, he also placed something that is still in use today - a lunar laser ranging reflector, which is a two foot wide panel covered with mirrors. With the help of a laser beam shot from Earth and reflected back to us, we can measure the ever growing distance between us and the Moon, which is about 3.8 centimeters per year. So don't take the Moon for granted - it won't always be there. Yet another reason to keep looking up!

The Los Angeles Astronomical Society meets at Monterey Park's Garvey Ranch Observatory every Wednesday night, rain or shine, from 7-10 p.m. All members are eager to answer your questions and let you have a peek through our 8" telescope, weather permitting. Feel free to contact us, we would love to see you there. Address 781 S Orange Ave, Monterey Park, CA 91755; www.laas.org; Facebook www.facebook.com/losangelesastronomicalsociety; or phone 213-673-7355.

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Too Much Sugar: Diabetes and Gum Disease

By John Chao, D.D.S.



Dr. John Chao, DDS

We know too much sugar can cause cavities. So, it is not surprising that too much glucose, also called sugar in your blood from diabetes can cause pain, infection, and other problems in your mouth, according to the National Institute of Diabetes and Digestive and Kidney Diseases. Glucose is present in your saliva—the fluid in your mouth that makes it wet. When diabetes is not controlled, high glucose levels in your saliva help harmful bacteria grow. These bacteria combine with food to form a soft,

sticky film called plaque. Plaque also comes from eating foods that contain sugars or starches. Some types of plaque cause tooth decay or cavities. Other types of plaque cause gum disease and bad breath. Therefore, diabetics who are not careful in controlling sugar intake are more prone to cavities as well as gum disease,

Emerging research also suggests that the relationship between serious gum disease and diabetes is two-way, according to the American Diabetic Association. Not only are people with diabetes more susceptible to serious gum disease, especially when blood glucose is high, but serious gum disease may have the potential to affect blood glucose control and contribute to the progression of diabetes. Research suggests that people with diabetes are at higher risk for oral health problems, such as gingivitis (an early stage of gum disease) and periodontitis (serious gum disease). People with

diabetes are at an increased risk for serious gum disease because they are generally more susceptible to bacterial infection and have a decreased ability to fight bacteria that invade the gums.

It can be said that overconsumption of sugar may be a major cause of two of the most prevalent diseases in the world, i.e., gum disease and diabetes.

National surveys have found that the average American consumes around 85 grams of sugar every day. According to the new USDA guidelines, we should really be eating a fraction of that amount. The recommended sugar intake for adult women is 22 grams of sugar per day, for adult men, it's 36 grams daily, and for children, it's 12 grams a day.

Over time, consistently taking in more sugar will lead to insulin disease, otherwise known as diabetes. What's alarming is that many people do not realize they are on the road to diabetes. This epidemic of "on the way to diabetes" is called prediabetes. Type 2 diabetes doesn't appear suddenly and the slow, long and invisible road there is "prediabetes," which is where blood sugar levels are consistently higher than normal over a long time slowly affecting insulin signaling.

So, overconsumption of sugar leads not only to cavities and gum disease, but also can predispose you to prediabetes and even diabetes.

In summary, cut down on the sugar intake. Be regular in your home dental care as well as your visits to your dentist.

STREET BEAT MONTHLY CRIME LOG

Addresses are identified by block number, not exact address.

May 2018

- AUTO BURGLARY**
 400 W GARVEY AVE
 200 N LINCOLN AVE
 400 W POMONA BLVD
 MC PHERRIN AVE / PARK AVE
 200 N NEW AVE
 HELLMAN AVE / BALTIMORE AVE
 500 N NICHOLSON AVE
 200 CENTRE PLAZA DR
 200 N ATLANTIC BLVD
 200 N ATLANTIC BLVD
 300 KINGSFORD ST
 1400 COLLEGE VIEW DR
 200 N GARFIELD AVE
 200 N GARFIELD AVE
 2400 HENDRICKS AVE
 1300 AVENIDA CESAR CHAVEZ
 400 N LINCOLN AVE
 1300 AVENIDA CESAR CHAVEZ
 300 S MC PHERRIN AVE
 1500 MONTEREY PASS RD
 500 N ATLANTIC BLVD
 500 N ATLANTIC BLVD

- AUTO THEFT**
 220 W POMONA BLVD
 400 N NEW AVE
 500 ELIZABETH AVE
 100 N GARFIELD AVE
 2000 BROCKWELL AVE
 200 W RIGGIN ST
 400 N NICHOLSON AVE
 500 N ATLANTIC BLVD
 2500 CORPORATE PL
 300 E GRAVES AVE
 500 N ATLANTIC BLVD
 1100 S GARFIELD AVE
 1000 GRANDRIDGE AVE
 1000 MC COMB WAY
 1000 E EMERSON AVE
 500 SEFTON AVE
 300 S POMELO AVE

- BURGLARY COM**
 400 POTRERO GRANDE DR
 400 POTRERO GRANDE DR
 200 S ATLANTIC BLVD
 4000 RAMONA BLVD
 400 POTRERO GRANDE DR
 400 POTRERO GRANDE DR
 200 N GARFIELD AVE
 400 POTRERO GRANDE DR
 400 POTRERO GRANDE DR
 500 W GARVEY AVE
 2500 CORPORATE PL
 1100 E GARVEY AVE
 2000 S ATLANTIC BLVD
 400 POTRERO GRANDE DR
 1400 MONTEREY PASS RD
 400 POTRERO GRANDE DR
 2300 S ATLANTIC BLVD
 2000 S ATLANTIC BLVD
 200 W POMONA BLVD
 2200 S GARFIELD AVE
 2100 S ATLANTIC BLVD
 2200 S ATLANTIC BLVD
 2100 S ATLANTIC BLVD
 2100 S ATLANTIC BLVD
 2200 S ATLANTIC BLVD
 2300 S ATLANTIC BLVD
 700 S GARFIELD AVE
 2300 S ATLANTIC BLVD

- BURGLARY RES**
 1700 S ORANGE AVE
 1500 DORNER DR
 1900 HOLLY OAK DR
 1200 BRIGHTWOOD ST
 1400 HIGHLAND DR
 600 ACKLEY ST
 1800 ACKLEY PL
 200 W EL REPETTO DR
 200 KELLER ST
 1000 PELON WAY
 1100 W NEWMARK AVE
 400 N ALHAMBRA AVE
 600 BRADSHAW AVE
 700 HERSHEY AVE
 1000 ACKLEY ST
 1000 ABAJO DR
 400 N LINCOLN AVE
 800 HERSHEY AVE
 300 E RIGGIN ST
 300 S POMELO AVE
 200 N BALTIMORE AVE

- ROBBERY**
 200 E POMONA BLVD
 200 E POMONA BLVD
 500 SEFTON AVE
 300 N CHANDLER AVE
 1000 E GARVEY AVE
 500 N ALHAMBRA AVE
 100 N ATLANTIC BLVD
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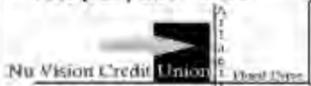
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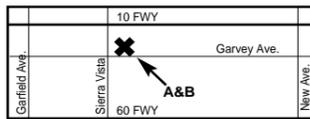
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Dr. Laurel Bear: Pioneer, Team-builder, Change Agent, Transformative Leader, Mentor, Friend



Dr. Laurel Bear, second from left, with members of the Alhambra Police Department celebrating the GARFIELD 5th Grade graduation from the six week G.R.E.A.T. Program, a special Safety effort to help students make good decisions. Family members in the audience joined in the applause.



Dr. Laurel Bear appearing on NBC4 News to talk about nationally acclaimed AUSD Gateway to Success student mental health + safety program and student suicide prevention during National Suicide Prevention Week.

“A visionary who saw what could be, Dr. Bear modeled how to safeguard student mental health and safety - until she taught the rest of us what we could do to help ‘one soul at a time’”

- Denise Jaramillo Superintendent Alhambra Unified

To witness the embodiment of someone who views her work as a calling, one needs only to look at any 15-hour day in the life of Dr. Laurel Bear over her last 38 years with the Alhambra Unified School District.

With stamina clearly one of her superpowers, Dr. Bear has spent years of 70-hour work weeks to build the AUSD Gateway to Success program. Ahead of her time, Dr. Bear envisioned Gateway as a way to deliver lifeline school-based mental health assessments, education, and services to 17,000 K-12 students on 19 campuses, together with the vital safety component.

This now nationally recognized model of the combined student mental health and school safety approach is the program every school district in the nation needs in this era of the unthinkable.

That Dr. Bear was able to accomplish such a pioneering achievement is more remarkable when you realize that she was working in one of the most richly culturally diverse student populations in the State, with 66 percent of the students socioeconomically disadvantaged, many of whom are immigrant English Learners, who have been in the U. S. less than four years.

Laurel created the sustainable, all-encompassing Gateway program in the face of budget challenges, multiple student languages and many under-insured or uninsured students by inspiring all those in her orbit — whether within the district, in the community, county or the State — to see untapped possibilities to make a difference and to want to give more than their share to help students to not only survive, but flourish. Dr. Bear and Gateway to Success are proof that giving is contagious. “Seeing the real impact we can make on our students’ lives is what drives all of us,” says Dr. Bear. “Gateway is possible because of amazing team efforts — both internally and within the community.”

Combining her vision, relentless effort and a rare talent to truly listen, Dr. Bear won over students, parents, AUSD colleagues, staff, community leaders, elected officials, grantors, police departments, faith-based groups, nonprofits, elected officials, city, county and state agencies, universities, and many other partners — one meeting at a time — to build Gateway to Success. The California School Boards Association calls Gateway “an infrastructure of hope and opportunity — a model for the nation.”

Dr. Bear has been advocating for student suicide prevention and mental health education, assessments and services long before anyone wanted to discuss the possibility of such a programs, let alone consider implementing one.

More than a decade before the California Bill AB2246 requiring student suicide prevention programs for grades 7-12 became law, Dr. Bear and the AUSD Gateway to Success team were creating mental health, prevention and safety programs for K-12 students, parents, teachers, staff, police, and the community. Not only did Gateway treat the symptoms of mental health challenges, Dr. Bear and her team understood that the root causes of student lethal despair — hunger, homelessness, grief, abuse, absent parents — must also be addressed.

Some of the community partnerships that are part of that Gateway infrastructure of hope include the award-winning Intern Academy which trains local university Master of Social Work students to work with AUSD students who are without insurance.

The Tzu Chi Foundation donates beautiful monthly Food Pantries to help students who endure food insecurity and they also donate new school clothes, shoes, hair cuts, and school supplies.

The YMCA of West San Gabriel Valley takes homeless and hungry AUSD students and families under their wing with dozens of proactive programs, never turning anyone away.

The Kingdom Causes Alhambra-Monterey Park Coalition adopts, AUSD schools and donates food baskets, backpacks, Parent Centers, and supplies and works to end homelessness.

The Alhambra Police Department works with students and parents at AUSD schools and participates in the Gateway Parent Project, Parent University Gateway workshops and leads the G.R.E.A.T. anti-gang programs. APD works with AUSD on school security and safety planning, including Critical Incident Training. Gateway programs educate all new APD cadets in mental health and suicide prevention.

It is no surprise that the poised, elegant Dr. Bear, passionate about student mental health and safety, has become a media expert resource for area television stations, is asked to speak at conferences around the country and to advise police departments and school districts.

One of Dr. Bear’s gifts is seeing what others are capable of doing — often before they do — and her long history of mentoring employees, colleagues, students and parents helps others to see and act upon undreamed of possibilities for their future. “I reflect back to those around me what I see in them,” Dr. Bear explains. “Personal growth sometimes needs a mirror.”

“It takes all of us to help our most precious resource, our children. Together we can save one soul at a time.” Dr. Bear says. “In partnership, miracles happen. Because of the support of the ASUD School Board, the District, teachers, staff, parents, students, the Gateway team and our many extraordinary community partners, we are seeing the incredible impact for good that we can have on our students.”

If asked, AUSD parents will tell you that Alhambra USD is a family and “the magic of Gateway is we all share ownership in its greatness.”

Together in ownership and partnership is one of the secrets of Gateway to Success and the foundation of Dr. Bear’s approach in advocating for children.

Though she may be retiring in May, Dr. Bear’s legacy is woven into the fabric of the district and the community and is a model for school districts across the country in this era of the unthinkable.

Brava Dr. Bear! Thank you!

Repetto Elementary to Launch Monthly Hands-on Introduction to Engineering Opportunities for 8th Grade Students

Collaboration, communication, creativity, critical thinking, problem solving are only a few words that educators at Repetto have in mind as they plan on how to best educate students to prepare them with 21st century skills, a solid academic foundation, and social awareness to leave elementary school and enter high school equipped for the next steps in their academic journey.



During their time at Repetto, students begin to think about their future careers and the colleges they may want to attend. Many students consider college majors based on interest or job potential upon college graduation. According to the BusinessInsider, the 50 best college majors for finding the highest-paying jobs after graduation include careers in the field of Engineering.

When students think about Engineering as a career option, some students may find the prospect unappealing due to this misconceived ideas of what engineers do. Engineering relates to things we use every single day of our lives. Engineers are the people that create, design, and develop these items. This includes everything from cosmetics, toys, electronic devices, social media apps, video games, buildings and everything in our homes, schools, and communities. The list is endless.

In an effort to support student interest and to expand student understanding of wide field of Engineering, Repetto School, during the 2018-2019 school year will provide monthly Engineering opportunities to all 8th grade students.

These presentations will include information and hands-on opportunities for students to explore the various fields of engineering from Aerospace to Robotics. "Our goal is to spark an interest in students who may otherwise never consider Engineering as a possibility," says Principal Carin Gasca. "We are excited to launch this program as part of our focus on exploring 21st Careers."

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Featured Stories in Chinese and Spanish

蒙特利公園市於7月4日 慶祝美國獨立日慶祝活動

邀請居民在巴恩斯公園度過一個充滿美食、娛樂和夜間煙花表演的節日。獨立日慶祝活動從下午2點30分開始。免費煙火表演晚上9點開始。
美國生日快樂！帶上草坪椅、野餐籃子和小冰櫃，並邀請家人在星期三7月4日到巴恩斯公園。蒙特利公園市的年度獨立日慶祝活動將提供現場娛樂活動、美味佳餚、整個家庭的活動以及每年的壯觀煙花表演。神話般的煙花將定於晚上9點開始。

7月4日在巴恩斯公園表演活動時間表	
2:30 PM	巴恩斯公園游泳池開放供公眾游泳 (有入場費用)
3:00 PM	開放美食攤位、兒童遊戲和活動
5:00 PM	蒙特利公園音樂隊演奏表演
6:45 PM	表揚新入籍公民、軍人家屬和地方官員
7:30 PM	現場樂隊演奏
9:00 PM	壯觀的煙花表演



除了美食、遊戲和娛樂節目之外，蒙特利公園市政府還希望在慶祝活動期間邀請所有新宣誓的公民和軍人家屬獲得成就和犧牲精神表揚，並獲得蒙特利公園市議會所頒發的特別證書。如果您是居於蒙特利公園的新宣誓入籍的美國公民或軍人家屬成員，希望您來加入我們的活動，請於6月22日前聯繫休閒娛樂及社區服務部，電話號碼626-307-1388報名。
為了安全和方便觀看煙花表演，巴恩斯公園周圍的一些街道 (McPherrin, Harding和Ramona Ave) 車輛將禁止通行，時間從下午5點至11點，只供行人步行使用。

7月4日的慶祝活動收益來自於社區贊助商大力的幫忙。贊助商總是受到高度讚賞，捐贈者將在活動期間以及在蒙特利市官方報紙Cascades的未來版位中得到表揚。我們鼓勵捐款的個人或團體將他們的捐款發送到：City of Monterey Park, July 4th Committee, 320 W. Newmark Ave, Monterey Park, CA 91754。

巴恩斯公園位於350 S. McPherrin, Monterey Park, CA 91754。欲了解更多信息，請聯繫休閒娛樂部 626-307-1388或在www.MontereyPark.ca.gov上搜索“七月四日”查詢詳情。

由蒙特利公園消防部門提供

七月四日燃放煙花指引標

“安全和明智的”煙花是市內唯一允許的產品，並且僅可在7月4日上午10點到晚上10點才允許使用。

蒙特利市公園只允許在7月4日上午10點至晚上10點在城市裡燃放煙花。但不允許在城市公園內放煙花。合法使用的煙花必須是“安全和明智的”，不能被修改或改造 (MPMC 5.48.190)。

由於加州極端的火災危險，並確保社區中的每個人都可以享受假期，該市鼓勵每人僅使用“安全和明智的”煙花來保證安全。當使用安全和明智的燃放煙火鞭炮時，確保孩子們在任何時候都受到監督，並照顧您的寵物。有時候，寵物往往會在假期間被遺忘。由於寵物對大聲喧嘩的敏感度，煙花會嚇跑動物並導致它們走散。建議將您的寵物帶到室內，在煙花點燃時播放平靜的音樂，或在七月四日之前徵詢當地獸醫的意見。

今年消防部門的防火隊和警察局將巡邏該市，以確保社區的安全保護。在7月4日之前，市民和遊客未遵守城市煙花條例，被發現藏有非法煙花爆竹，燃放非法煙花爆竹，在家裏燃放非法煙花爆竹，可能面臨罰款500美元至1,000美元並沒收煙花爆竹。

因此，盡情享受7月4日，但請記住允許的時間內使用“安全和明智的”燃放煙花。

如果你和你的家人想要在你家以外的地方慶祝，可以參加在巴恩斯公園舉辦的7月4日慶祝活動在350 S. McPherrin大街。有關7月4日慶祝活動的更多信息，請查閱城市網站www.MontereyPark.ca.gov

蒙特利公園動物服務局夏季安全提示

由警察局工作人員提供

我們都喜歡與我們的毛茸茸的同伴在夏天一起在戶外度過漫長的一天，但在炎熱的天氣裡過度狂歡會帶來的些問題。為了防止寵物過熱，請採取以下簡單的預防措施：

- 切勿將您的動物獨自放置在停好的車輛中。它不僅會導致致命的中暑，也是非法的。(California Penal Code 加州刑法典第597.7節PC: 把寵物留在車內無人看管)
- 探訪獸醫進行初夏體檢。
- 寵物的身體狀態很容易脫水，所以在戶外炎熱或潮濕的天氣下，請給他們充足的新鮮清潔水。
- 確保你的寵物有一個陰暗涼快的地方避開太陽，小心不要過度鍛煉它們。
- 了解寵物過熱的症狀：
- 呼吸過度喘息或呼吸困難
- 心臟和呼吸頻率加快
- 流口水，輕微虛弱，昏迷，甚至崩潰。

症狀還可能包括：癲癇發作，血性腹瀉嘔吐和體溫升高超過104度。

具有平坦面孔的動物如帕格犬和波斯貓特別更容易受到中暑，因為它們不能有效地呼吸。這些類型的寵物，以及年長，超重和心臟病或肺病患者應盡可能住在涼爽的環境中。

有游泳池的房地產物業：逐漸慢慢將您的寵物適應游泳池的水。不要把寵物留在泳池旁邊無人看管-不是所有的狗都是很好的游泳運動員。游泳後請沖洗你的狗，洗去他們的毛皮上的氯氣或鹽份，並儘量不要讓你的狗喝到游泳池的水，因為池水裏含氯和其他化學物質。

在炎熱的天氣下，打開門窗很常見，可以使您的家居涼爽下來。但這可能會造成寵物逃跑的機會，並可能對您的寵物造成真正的危險。確保您的窗戶和紗窗門妥善鎖緊。

通過修剪梳理狗毛可以幫助他們保持涼爽，但不要剃掉狗毛。狗外層的毛髮可以防止它們過熱和曬傷。比平時更頻繁的梳刷貓毛可以防止過熱導致的問題。請確保您在寵物上使用的任何防曬產品或驅蟲產品均專門標註適用於動物。

當溫度非常高時，請在早上或傍晚帶您的狗運動。由於這是一天中較涼爽的時段，因此溜狗時會讓您的狗兒更舒適。在高溫天氣中，在熱瀝青上行走你的狗可能導致中暑，敏感的爪墊灼傷。

當您前往七月四日慶祝活動時，請將寵物留在家內，並且不要在寵物周圍燃放煙花。接觸點燃的煙花可能會導致嚴重的灼傷或創傷，甚至未經使用的煙花也可能含有有害物質。許多寵物也害怕大聲喧嘩，也有可能會走失，恐慌或迷失方向。最好把寵物放在家中的一個安靜、安全、和不能逃走的角落。

請準備好，一旦您的寵物跑出家外，您要確定寵物戴有最新的執照和身份證吊牌。您可以為寵物植入一個微芯片在體內，並擁有你毛茸茸的同伴最近的照片。

如果您的寵物丟失了或在蒙特利公園市檢到寵物，您可以撥打電話626-307-1217聯繫蒙特利公園市動物服務局。所有在城市檢到走失遺棄的動物都將會帶到L.A County Downey Animal Shelter動物收容所，位於11258 S. Garfield Avenue, Downey, CA 90242。

Monterey Park Celebra a América el 4 de Julio

Los residentes están invitados a pasar un día festivo en el Parque Barnes lleno de comida, diversión y un espectáculo nocturno de fuegos artificiales. Las festividades del Día de la Independencia comienzan a las 2:30 p.m. El espectáculo gratis de fuegos artificiales es a las 9:00 p.m.

¡Feliz cumpleaños América! Traiga su silla de jardín, canasta de picnic y la caja de hielo e invite a su familia al Parque Barnes el miércoles, 4 de Julio. La celebración anual del Día de la Independencia de Monterey Park tendrá entretenimiento en vivo, deliciosa comida, actividades para toda la familia y el grandioso espectáculo anual de fuegos artificiales. El fabuloso espectáculo de fuegos artificiales está programado para las 9:00 p.m.

Horario del 4 de Julio del Parque Barnes	
2:30 p.m.	Piscina del Parque Barnes abre para natación pública (se aplica tarifa de admisión)
3:00 p.m.	Puestos de comida, juegos y actividades de niños comienzan
5:00 p.m.	Banda de conciertos de Monterey Park
6:45 p.m.	Reconocimiento de nuevos ciudadanos, familias militares y dignatarios
7:30 p.m.	Entretenimiento con música en vivo
9:00 p.m.	Espectaculares fuegos artificiales

Además de la comida, juegos y entretenimiento, la Ciudad de Monterey Park quisiera invitar a todos los nuevos ciudadanos y familias militares a ser reconocidos durante la celebración por sus hazañas y sacrificios y recibir un certificado especial del Concejo Municipal de Monterey Park. Si usted es residente de Monterey Park y un nuevo ciudadano estadounidense o parte de una familia militar y quisiera ser incluido, por favor póngase en contacto con el Departamento de Recreación y Servicios Comunitarios llamando al 626-307-1388 antes del 22 de Junio.

En interés de la seguridad y para facilitar la vista del espectáculo de los fuegos artificiales, ciertas calles alrededor del Parque Barnes (McPherrin, Harding y Ramona Avenues) estarán cerradas para el tráfico vehicular y estarán disponibles para el uso de peatones de 5:00 a 11:00 p.m.

La celebración del 4 de Julio se hace posible gracias a la ayuda de patrocinios comunitarios. El patrocinio es siempre muy apreciado y los donantes serán reconocidos durante el evento, así como en una futura edición del periódico Cascades. Se alienta a los Individuos y grupos que puedan hacer una contribución, a enviar sus donaciones a: Ciudad de Monterey Park, Comité del 4 de Julio, 320 W. Newmark Avenue, Monterey Park, CA 91754.

El Parque Barnes está ubicado en el 350 S. McPherrin Avenue, Monterey Park, CA 91754. Para más información, póngase en contacto con el Departamento de Recreación llamando al 626-307-1388 o busque el “Fourth of July” en www.MontereyPark.ca.gov.

Un mensaje del Departamento de Bomberos de Monterey Park

Guia para los Fuegos Artificiales de Monterey Park

La Ciudad de Monterey Park permite el uso de fuegos artificiales el 4 de Julio de 10:00 a.m. a 10:00 p.m. solamente en la ciudad; sin embargo, no son permitidos en los parques de la ciudad. Los fuegos artificiales permitidos deben de ser los “Seguros y Sanos” y no pueden ser modificados o alterados (MPMC 5.48.190).

Debido al extremo peligro de incendios en California y para asegurarse de que todos en la comunidad puedan disfrutar del día feriado, la ciudad alienta a todos a tener un seguro Cuatro de Julio asegurándose que solamente se usen los fuegos artificiales “Seguros y Sanos”. Asegúrese de que los niños estén supervisados en todo momento cuando los fuegos artificiales “Seguros y Sanos” estén siendo disparados y también asegúrese de cuidar a sus mascotas. Muchas veces, las mascotas son olvidadas durante esta fiesta, y muchas son sensibles a los ruidos fuertes. Los fuegos artificiales pueden asustar a los animales y causar que se escapen. Se recomienda que lleven a sus mascotas adentro y que pongan música calmante mientras que los fuegos artificiales están siendo encendidos o que busquen el consejo de su veterinario local antes del 4 de Julio.

Además, el Equipo de Incendios Premeditados del Departamento de Bomberos y el Departamento de Policía estarán patrullando la ciudad para garantizar la segura preservación de la comunidad. Los ciudadanos y visitantes que no cumplan con la Ordenanza de fuegos artificiales de la ciudad y que sean encontrados con fuegos artificiales ilegales, encendiendo fuegos artificiales ilegales, permitiendo que fuegos artificiales ilegales sean disparados de sus propiedades o disparando fuegos artificiales “Seguros y Sanos” antes del 4 de Julio, pueden ser susceptibles a multas que van de \$500 a \$1,000 y a la confiscación de los fuegos artificiales.

Por lo tanto, disfrute del 4 de Julio, pero recuerde de usar “Safe and Sane” solamente durante las horas permitidas. Si usted y su familia desean celebrar en otro lugar que no sea su hogar, únanse a la Celebración del 4 de Julio de la Ciudad de Monterey Park en el Parque Barnes, en el 350 S. McPherrin Avenue. Para obtener más información sobre la Celebración del Cuatro de Julio de la ciudad, por favor visite el sitio web de la ciudad en www.MontereyPark.ca.gov.

Servicios de Animales de Monterey Park - Consejos de Seguridad para el Verano

Por el Personal del Departamento de Policía

A todos nos encanta pasar los largos días de verano al aire libre con nuestros compañeros peludos, pero estar muy agitados en clima caliente puede significar peligro. Para evitar que su mascota se acalore mucho, tome estas simples precauciones:

- Nunca deje a sus animales solos en un vehículo estacionado. No sólo puede conducirlos a una insolación fatal, pero también es ilegal. (Código Penal de California Sección 597.7 PC: Dejar una Mascota Desatendida en un Vehículo)
- Visite al veterinario para un chequeo de principio de verano.
- Las mascotas se pueden deshidratar rápidamente, por eso déles suficiente agua fresca y limpia cuando esté caliente o húmedo afuera.
- Asegúrese de que sus mascotas tienen un lugar sombreado para salirse del sol y tenga cuidado de no ejercitarlos demasiado.
- Conozca los síntomas de insolación en las mascotas:
- Jadeo excesivo o dificultad para respirar
- Aumento del ritmo del corazón y de la respiración
- Babeo, debilidad leve, estupor, o incluso colapso.

Los síntomas también pueden incluir: convulsiones, diarrea con sangre, y vómito con una temperatura corporal elevada de más de 104 grados.

Los animales con caras chatas, como los Pugs y gatos persas, son más susceptibles a la insolación, ya que no pueden jadear tan eficazmente. Estas mascotas, así como las mascotas ancianas, los que sufren de sobrepeso, y los que tienen enfermedades cardíacas o pulmonares, deben de mantenerse en un ambiente fresco tanto como les sea posible.

Propiedades con piscinas: Introducir a sus mascotas al agua gradualmente. No deje a las mascotas sin supervisión alrededor de una piscina — no todos los perros son buenos nadadores. Enjuague a su perro después de nadar para remover el cloro o la sal de su piel, y trate de evitar que su perro beba agua de la piscina, que contiene cloro y otros productos químicos.

Las ventanas y puertas abiertas son muy común durante el clima caliente para refrescar su hogar. Esto puede presentar una oportunidad para escapar y puede ser un verdadero peligro para sus mascotas. Asegúrese de que las ventanas y puertas de tela metálica estén bien aseguradas.

Arreglar a su perro recortando el pelo puede ayudarles a mantenerse frescos, pero nunca afeite a su perro. Las capas de pelaje de los perros los protegen de acalorarse y quemarse. El cepillar a los gatos más a menudo de lo acostumbrado puede prevenir problemas causados por el calor excesivo. Asegúrese de que cualquier producto para proteger del sol o repelente de insectos que usted use en sus mascotas esté específicamente marcado para su uso en animales.

Cuando la temperatura está muy alta, ejercite a su perro en la mañana o al anochecer. Ya que estas son las partes más frescas del día, esto hará la caminata más cómoda para usted y para su perro. Hacer caminar a su perro en el asfalto caliente durante las temperaturas máximas del medio día puede causarle insolación, quemaduras y patas sensibles.

Por favor deje a las mascotas en su casa cuando vaya a las celebraciones del 4 de Julio y nunca use fuegos artificiales alrededor de mascotas. Exponerlas a fuegos artificiales encendidos puede posiblemente resultar en serias quemaduras o trauma, y aun los fuegos artificiales no usados pueden contener materiales peligrosos. Muchas mascotas tienen miedo a los ruidos fuertes y pueden perderse, asustarse o desorientarse. Es mejor mantener a sus mascotas en su casa a salvo del ruido, en un área tranquila, protegida, y a prueba de escape.

Esté preparado en caso de que su mascota se escape asegurándose de que esté usando su licencia de mascota actual y una identificación. También debe de obtener un implante de microchip para su mascota y una fotografía actual de su compañero peludo.

Si su mascota se pierde o si usted encuentra una mascota en la ciudad de Monterey Park, se puede poner en contacto con el Animal Services Bureau de Monterey Park llamando al 626-307-1217. Todos los animales que son recogidos en la ciudad son llevados al L.A. County Downey Animal Shelter ubicado en el 11258 S. Garfield Avenue, Downey, CA 90242.



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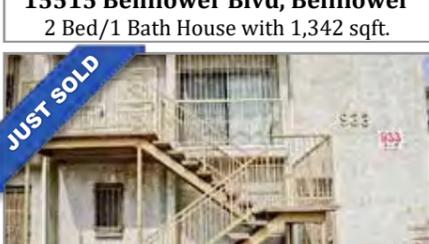
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<p>JUST LISTED</p>  <p>\$689,000</p> <p>15515 Bellflower Blvd, Bellflower 2 Bed/1 Bath House with 1,342 sqft.</p>	<p>PENDING</p>  <p>1790 Verde Vista Dr, Monterey Park 4 Bed/3 Bath House with 2,096 sqft.</p>	<p>FOR LEASE</p>  <p>3524 W. Beverly Blvd, Montebello Office Live/Work 1,371 sqft. 5,352 sqft. lot</p>	<p>FOR LEASE</p>  <p>822 S. Atlantic Blvd, Monterey Park Medical Office 1,700 sqft. Mod. Gross</p>
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