



# The Monterey Park Cascades



Volume XV, No. VI

Citywide News for Business, Community and Education

September 2016

## September 11 Patriot Day Ceremony



The public is invited to attend a Patriot Day remembrance ceremony on Sunday, September 11 on the city hall front lawn. Monterey Park's event, to coincide with the U.S. Patriot Day and National Day of Service and Remembrance, will take place at 8:30 a.m. and feature a moment of silence as well as placement of a wreath by members of the police and fire departments. The Mayor and City Council invite members of the community to join in the ceremony.

## Monterey Park Through the Eyes of an Artist



Monterey Park resident and artist Emi Motokawa with her "Through the Eyes of The Artist" Metro poster depicting scenes of Monterey Park that appears on board L.A. County buses and rail cars. Motokawa was recently recognized by the city for her contributions to the art and culture of the community. Motokawa's art and biography can be found on [www.Metro.net](http://www.Metro.net).

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Español Pagina 22

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Monterey Park, CA 91754-91755

City of Monterey Park  
320 W. Newmark Ave.  
Monterey Park, CA 91754

## Monterey Park Farmers' Market Brings Healthy Fall Produce to Your Table



Summer is winding down and the flavors of fall are starting to roll into the market. September brings a variety of healthful and delicious produce. You'll start to notice an abundance of cruciferous vegetables, such as: broccoli, bok choy, brussels sprouts, cabbage, cauliflower, collard greens, daikon radish and Asian greens. While these veggies grow in all different colors, shapes and sizes, they all are rich in nutritional value (high in fiber, vitamins, and minerals) and will add great flavor to your meal.

### Farmers' Market Tip of the Month

To some, cruciferous vegetables are often bitter or tasteless. Here are a couple of ways to tone down the bitterness and bring out the sweetness:

1. Eat within three to four days of purchase
2. Add lemon or lime juice with olive oil
3. Salt lightly
4. Don't overcook (they often produce a sulfur odor when cooked too long).

Monterey Park Farmers' Market runs rain or shine every Friday from 4-8 p.m. at 318 S. Ramona Avenue near the library and city hall. Eligible CalFresh, WIC and SSI customers can receive up to \$10 in free farmers' market money through our Market Match program. Have a question? Email the market at [info@farmermark.com](mailto:info@farmermark.com), follow on Facebook or visit [www.farmermark.com/montereypark](http://www.farmermark.com/montereypark) for more information.

## Save the Date: Third Annual Geranium Festival and ArtWalk

Amusements such as a dog pageant, art walk and rock climbing complement good old fashioned sack races and pie eating contests at the city fair-themed event Saturday, October 8. Admission is FREE

### City of Monterey Park Third Annual Geranium Festival and ArtWalk

Saturday, October 8, 2016  
11 a.m.-4 p.m.  
Free admission  
Barnes Park, 350 S. McPherrin Avenue,  
Monterey Park, CA 91754.

Come on down to Barnes Park Saturday, October 8 from 11 a.m.-4 p.m. for the Third Annual Geranium Festival and ArtWalk. This year's family friendly activities include a "Dog-tennial" pageant with awards for best personality, an ArtWalk highlighting various forms of art created by local community

artists, interactive STEM-related (science, technology, engineering and mathematics) activities, a dunk-a-principal tank, a rock climbing wall, train rides, sack races and more.

Or, just come out to the park and enjoy a fall day with your Monterey Park family, friends and neighbors. Whatever your interests, the Geranium Festival Committee has something planned for you.

Look for more details in the October issue of the Cascades newspaper and on the city website. For Dog-tennial pageant, ArtWalk, exhibitor or general event information, please visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) and

search for "Geranium Festival" or call the recreation department at 626-307-1388. Barnes Park is located at 350 S. McPherrin Avenue, Monterey Park, CA 91754.



Part of the centennial series of articles celebrating Monterey Park's 100 year history...

## The Downtown Business Improvement District and the Origin of the MPK Lunar New Year Festival

By Beryl Williams and Johnny Thompson

In November of 1985, five local business owners held a meeting to place Christmas decorations in the downtown Garvey/Garfield business area of Monterey Park. They were Fred Hsieh, John Weidner, Johnny Thompson, Doug Ball and Richard Kwok. After a petition had been circulated and approved, they formed the Business Improvement District (BID) and became an advisory committee to the city (BIDAC). Legislation had been passed that enabled the group to raise BID money from yearly business license fees from those businesses located inside the prescribed section of the downtown - from Ramona to Alhambra and from Newmark to Emerson Avenues.

By 1987, Monterey Park became the first incorporated city in the US to have an Asian majority, mainly of Chinese cultural background. Having achieved the goal of placing Christmas decorations, BIDAC decided to focus on celebrating the first Chinese New Year in Monterey Park in 1992. Back then it was called the Flower Market Festival and was held over a weekend in the back parking lot of Bank of America. By the next year the festival was moved to Garvey Avenue.

The multitude of activities and sunny

weather helped to bring an estimated 40,000 people to the Festival. By 1997, the festival was receiving national television coverage on CNN and locally by KNBC, KABC, Fox TV, KSCL, Jade Channel and ACTV. Coverage of the event praised the BID for expanding the festival and achieving national attention. After a time being known as the Lantern Festival, the event is now celebrated as the Lunar New Year Festival and is co-sponsored and produced by the city and World Journal Newspaper.

Serving on the BID advisory committee today are Daniel Fong, Ivan Ho, Gene Jeng, Josephine Louie and Johnny Thompson. There are 300 businesses located within the limits of the BID area and a percentage of business license fees are targeted for the BID. Activities funded by the BID include daily sidewalk cleaning and trash removal, furniture and flower-container upkeep, putting up Christmas decorations and pole banners and offering business assistance programs. From its inception, the Garvey/Garfield BID has provided businesses in the downtown area invaluable support to promote and develop its presence in Monterey Park as a leading destination for, not only local shoppers, but also travelers from afar including foreign visitors.



Traditional lion dancers perform at Monterey Park's Lunar New Year Festival when it was known as the Lantern Festival.



Johnny Thompson, Monterey Park business owner and member of the Business Improvement District, in his Garvey Avenue music store.



**CITY OFFICIALS**

Mitchell Ing, Mayor  
 Teresa Real Sebastian, Vice Mayor  
 Stephen Lam, Council Member  
 Hans Liang, Council Member  
 Peter Chan, Council Member

Vincent D. Chang, City Clerk  
 Joseph Leon, City Treasurer

Paul Talbot, City Manager  
 Mark Hensley, City Attorney

**CITY COUNCIL, COMMISSIONS, COMMITTEES AND BOARDS MEETING SCHEDULE**

**CITY COUNCIL**

1st & 3rd Wednesdays, 7:00 p.m.  
 City Hall Council Chambers

**COMMISSION ON AGING**

3rd Monday, 11:00 a.m.  
 Langley Senior Center, 400 W. Emerson Ave.

**BUSINESS IMPROVEMENT DISTRICT ADVISORY COMMITTEE**

Quarterly, 3rd Thursday, 3:30 p.m.  
 City Hall Room 266

**COMMUNITY PARTICIPATION COMMISSION**

3rd Tuesday, 6:00 p.m.  
 City Hall Community Room

**DESIGN REVIEW BOARD**

1st & 3rd Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

**ECONOMIC DEVELOPMENT ADVISORY COMMISSION**

1st Tuesday, 7:00 p.m.  
 City Hall, Room 266

**ENVIRONMENTAL COMMISSION**

2nd Tuesday, 6:00 p.m.  
 Engineering Conference Room 153

**LIBRARY BOARD OF TRUSTEES**

3rd Tuesday, 7:00 p.m.  
 Bruggemeyer Library

**PERSONNEL BOARD**

2nd Wednesday, 7:00 p.m.  
 City Hall Council Chambers

**PLANNING COMMISSION**

2nd & 4th Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

**RECREATION & PARKS COMMISSION**

1st Monday, 7:00 p.m.  
 City Hall Council Chambers

**SISTER CITIES COMMISSION**

Quarterly, 1st Tuesday, 7:00 p.m.  
 Bruggemeyer Library

**TRAFFIC COMMISSION**

3rd Thursday, 7:00 p.m.  
 City Hall Council Chambers

For more information please visit the community calendar at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov)



**Free Home Energy Assessments from the SGV Energy Wise Partnership**

The San Gabriel Valley Energy Wise Partnership is made up of the San Gabriel Valley Council of Governments, the cities within the San Gabriel Valley, Southern California Edison and the Southern California Gas Company. This partnership is funded by the California Public Utilities Commission and provides different programs to assist the San Gabriel Valley cities in lowering their energy consumption.

One useful program that is available to the residents of Monterey Park is the Energy Assessment Screening for Your Home (EASY) program. The EASY program provides a free home assessment that will help you identify opportunities to reduce your energy and water usage, therefore helping you to save some money. With the home assessment, you'll receive customized solutions and project recommendations, as well as

information on rebate and financing programs through local utility companies like Southern California Edison (SCE) and Southern California Gas Company (SCG).

Participation in the EASY home assessment is free, and is a wonderful program to utilize. The recommendations given through the assessment will give you the tools and knowledge you will need to lower your utility bills. The SGVEWP program assessors will review your energy usage and utility data to develop a customized action plan to increase the efficiency and comfort of your home. For more information on the EASY home assessment, visit [www.sgvenerywise.org](http://www.sgvenerywise.org) and click on the EASY tab above. To schedule your own EASY appointment, visit [easycivicspark.appointy.com](http://easycivicspark.appointy.com). Information provided by San Gabriel Valley Council of Governments.

**City Hall Frequently Used Phone Numbers**

Mayor and City Council	626-307-1465
City Manager	626-307-1255
City Clerk	626-307-1362
City Treasurer	626-307-1488
Animal Control	626-307-1217
Aquatics/ Rec. Classes	626-307-1388
Building Division	626-307-1300
Business License	626-307-1338
Code Enforcement	626-307-1415
Community & Economic Development	626-307-1315
Dial-a-Ride	626-307-1396
Economic Development	626-307-1382
Engineering	626-307-1320
Finance	626-307-1348
Fire Department Admin	626-307-1262
Fire Dept. Ambulance	626-307-1423
Fire Prevention	626-307-1308
Graffiti Removal	626-307-1449
Housing Rehabilitation	626-307-1385
Human Resources	626-307-1334
Job Hotline	626-307-1446
Langley Senior Center	626-307-1395
Library	626-307-1269
Planning and Zoning	626-307-1315
Police (emergency only)	9 1 1
Police (non emergency)	626-573-1311
Police Comm. Relations	626-307-1215
Police Reports & Records	626-307-1211
Pothole Report Line	626-307-2585
Public Works	626-307-1281
Recreation & Community Services	626-307-1388
Recycling Hotline	626-307-1320
Risk Management	626-307-1437
Special Events	626-307-1390
Trash Collection (Athens Services)	626-336-6100
Tree Trimming	626-307-1292
Water Billing	626-307-1342
Water Dept. After Hours	626-307-1282
Weed Abatement	626-307-1415

For additional numbers please visit the city directory at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov)

**City Hall Hours**

Monday-Thursday 7:30 a.m.-5:30 p.m.  
 Friday 7:30 a.m.-4:30 p.m.

**City Events Calendar**

September 5	Labor Day Holiday, City Hall and Library Closed.
September 7	Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
September 11	Patriot Day Ceremony, 8:30 a.m., City Hall Front Lawn.
September 17	Short Film Festival, 1 p.m., City Hall Council Chamber.
September 20	City Council Guests & Presentations Meeting, 6 p.m., City Hall Council Chamber.
September 21	Regular City Council Meeting, 7 p.m., City Hall Council Chamber.
October 8	Geranium Festival and Art Walk, 11 a.m.- 4 p.m., Barnes Park.

Regular city council meetings are held on the first and third Wednesdays of the month in the city hall council chamber at 320 W. Newmark Ave. For more city events please visit the event calendar at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov).

**MLC Academy 名軒學院**

課後輔導班 - AFTER SCHOOL PROGRAM  
 暑期班 - SUMMER CAMP  
 免費試堂 - FREE TRIAL LESSON  
**626-572-8855**  
 229 S GARFIELD AVE. MONTEREY PARK, CA  
憑此廣告報名即贈減免\$20 學費。Bring in this ad with you when enrolling for \$20 off tuition.

**林肯海鮮酒家 Lincoln Seafood Restaurant**

**春季大酬賓大特價** 每週七天

**茶市點心**  
 早午茶市 大、中、小點一律  
**\$1.88** (週一至週五·不分時間段) **\$2.18** (週末(全日))

**晚餐 \$7.99** Dinner 一律 (一百多款菜式)  
**明爐火鴨 \$9.99** Roasted Duck /隻

**晚飯送老火例湯**  
 Dinner will provide house soup (no charge)

**家庭套餐 \$138** (足10位用) /席  
**乳豬龍蝦冬瓜盅宴 \$198** (足10位用) /席  
**超值乳豬龍蝦海鮮餐 \$298** (足10位用) /席

每週七天營業 早、午市：7:30am-3:00pm (Open 7 days a week) 晚市：3:00pm-10:00pm  
 123 S. Lincoln Ave. Monterey Park, CA 91755 訂座熱線：626-571-0018



# MONTEREY PARK'S "100th" CENTENNIAL REFLECTION



## JOIN US FOR AN EVENING OF FOOD AND ENTERTAINMENT CELEBRATING MUSIC FROM THE LAST 100 YEARS

Option: Dress in the Era of your choice



DATE: SAT. OCTOBER 22nd  
 LANGLEY CENTER  
 5PM - 9 - Dinner @ 6:30  
 Limited Seating / Tickets  
 Available at  
 City Hall  
 Recreation Dept.  
 626.307.1388  
 Cost \$25  
 Must purchase by 10/11



Langley Center  
400 W. Emerson Ave., Monterey Park, Ca. 91754

 **AMY ART STUDIO 美術繪畫學院**  
 www.amyartstudio.com

Join our class to discover the power of drawing!

幼兒繪畫班 P-K Level \$16/60min; \$23/90min 3-5years old  
 初級繪畫班 Level 1 ; 中級繪畫班 Level 2  
 成人繪畫班 (2hrs); 油畫班 (成人, 青少年) 特價: \$25/2hrs

\*\*\*\*\*

另設: 暑假班 Summer Class \$120/week (1周)  
 中文班 Chinese class  
 托管班 Child Care

216 W Garvey Ave #F Monterey Park, CA91754  
 (626) 297 0618 (626) 863 9844



 **Amy Art Studio** (626)297 0618  
 216 W Garvey Ave #F Monterey Park, CA91754

This school has professional art teaching methods, patients, responsible teaching attitude. We have delivered a top quality classroom experience, engaging and educational. The Drawing, Sketching, painting class for all the kids, youth and Adult.

Students study drawing to raise their power of observation, their imagination and their memory. through our process of study students will feel confident in drawing their original work on independently. Our school hopes all the students will love to draw and see creativity around their lives.

We also spent the painting lesson of special price \$25/2hrs for Adult.

the painting lesson is going to open an acrylic and oil painting class for adult, here you can enjoy painting fun, relax, release the pressure from work during the week, and also can invite your family or friends together with you to join this club. you will have high quality painting to bring home.

Join our art class to discover the power of drawing!








2412 S. Garfield Ave. Monterey Park, CA 91754  
**(323) 724-4324**  
 We Deliver! Call for details

**Come try the best pizza in town!!**  
 Don't forget to try our delicious garlic cheese sticks, Chicken wings, Salads, and other sides we have here at Jay's Pizza

Medium 2 Topping Pizza  
 \$ 10 tax included  
 Pick up only  
\* Must bring coupon. Cannot be combined with any other offer.

**\$3 off**  
 Any large or jumbo pizza.  
 Pick up or delivery  
\*Must have coupon present. Cannot be combined



**Math Clinic**  
 AFTER SCHOOL PROGRAM  
[www.math-clinic.com](http://www.math-clinic.com)

**ENROLL TODAY**  
 Limited Spaces Available!

**Our Advantages:**

- Daily common core practice
- Excellent teaching environment
- High quality team of teachers
- Weekly subject quiz
- Improve academic performance
- Develop self-study skills
- ★ One-to-one tutoring service provided (Extra Charge)
- ★ Pick up service available (Extra Charge)

**Monthly Tuition:**

- ▶ 1<sup>st</sup> ~ 8<sup>th</sup> grade \$288
  - Courses include English, Essay, Reading Comprehension, Math, Science, History
- ▶ 9<sup>th</sup> ~ 12<sup>th</sup> grade \$330
  - Courses include Chemistry, Biology, Physics, Calculus, Trigonometric and AP.

\* Second kid in the same family get 10% off

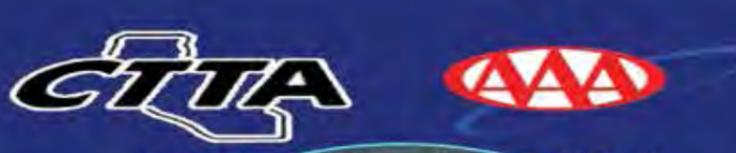
**Program Schedule:**

- ▶ **Monday to Friday: Start from 1:30pm-6:30pm**  
 Common Core practice and quiz will be emphasized. Students have talented and experienced instructors to assist them to get homework done on time. We will also offer snack (Milk, Sandwich, Donuts, Spaghetti, Pizza, Juice) and arrange break Time for students.
- ▶ **Class open until to 7:00pm**

We offer SAT and ACT class, one-to-one tutorial class, Art class, Reading & Writing class, Piano class, Ceramic class, please contact us for more details.

Tel: (626) 288-0882 | Fax: (626) 283-8388 | [math.clinic@yahoo.com](mailto:math.clinic@yahoo.com)  
 222 W. Garvey Ave., #M, Monterey Park, CA 91754

This Program/ Activity is not sponsored or endorsed by Alhambra Unified School District




**800-489-3666**

Locations to Serve you:  
 Monterey Park  
 Fontana  
 West Covina

## STREET BEAT MONTHLY CRIME LOG

Addresses are identified by block number, not exact address.

JUNE 2016	JULY 2016
<p><b>AUTO BURGLARY</b>                      400 E MARKLAND DR                      400 S GARFIELD AVE                      900 W GARVEY AVE                      200 GLADYS AVE                      1100 BRANHAM ST                      2100 S ATLANTIC BLVD                      100 N ATLANTIC BLVD                      300 W ARLIGHT ST                      500 JADE TREE DR                      1900 SUNRISE DR                      2400 COLLEGIAN AVE                      400 S ORANGE AVE                      2300 HILLVIEW AVE                      300 N NICHOLSON AVE                      100 N ALHAMBRA AVE                      1900 S GARFIELD AVE                      700 S GARFIELD AVE                      1900 S GARFIELD AVE                      2000 S GARFIELD AVE                      2000 S GARFIELD AVE                      2000 S GARFIELD AVE                      700 S GARFIELD AVE                      400 S GARFIELD AVE                      700 S GARFIELD AVE                      400 S GARFIELD AVE                      400 S GARFIELD AVE                      700 RIDGECREST ST                      700 RIDGECREST ST                      700 RIDGECREST ST                      700 RIDGECREST ST                      700 NACHI WAY</p> <p><b>AUTO THEFT</b>                      800 E GRAVES AVE                      900 DE LA FUENTE ST                      2000 S ATLANTIC BLVD                      600 N LINCOLN AVE                      100 FLORENCE AVE                      600 W POMONA BLVD                      300 S GARFIELD AVE                      1301 AVENIDA CESAR CHAVEZ                      1301 AVENIDA CESAR CHAVEZ                      300 S GARFIELD AVE                      1400 RIDGECREST ST                      900 W FLORAL DR                      HAMPTON AVE / N HUNTINGTON AVE                      300 GLADYS AVE                      200 W POMONA BLVD                      2000 WOODS AVE                      600 W FERNFIELD DR</p> <p><b>BURGLARY COM</b>                      300 S GARFIELD AVE                      2300 S GARFIELD AVE                      500 N ATLANTIC BLVD                      300 N GARFIELD AVE                      300 N GARFIELD AVE                      500 N ATLANTIC BLVD                      2300 S GARFIELD AVE                      600 N GARFIELD AVE                      400 POTRERO GRANDE DR                      300 S GARFIELD AVE</p> <p><b>BURGLARY RES</b>                      400 S ORANGE AVE                      1000 GRANDRIDGE AVE                      1700 BRIGHTWOOD ST                      400 GRANDRIDGE PL                      300 E FLORAL DR                      1800 ISABELLA AVE                      600 BARNUM WAY                      600 N HUNTINGTON AVE                      1800 CREST VISTA DR                      1800 CREST VISTA DR                      220 N MOORE AVE                      300 N NICHOLSON AVE                      1000 BRADSHAW AVE</p> <p><b>ROBBERY</b>                      N LINCOLN AVE / E EMERSON AVE                      2300 S ATLANTIC BLVD                      1800 W GARVEY AVE                      2000 S GARFIELD AVE</p>	<p><b>AUTO BURGLARY</b>                      1200 AVENIDA CESAR CHAVEZ                      600 W POMONA BLVD                      300 W FERNFIELD DR                      500 N ATLANTIC BLVD                      100 N ATLANTIC BLVD                      1301 AVENIDA CESAR CHAVEZ                      1400 ARRIBA DR                      ACCROSS 300 N BALTIMORE AVE                      500 W POMONA BLVD                      1000 COLLEGE VIEW DR                      2400 FOXGLOVE DR                      1100 WHITMORE ST                      300 N LINCOLN AVE                      300 N MC PHERRIN AVE                      400 MONTEREY PASS RD</p> <p><b>AUTO THEFT</b>                      900 METRO DR                      600 RUSSELL AVE                      1900 LUPINE AVE                      200 E POMONA BLVD                      1301 AVENIDA CESAR CHAVEZ                      700 EL MERCADO AVE                      500 N ORANGE AVE                      COLLEGE VIEW DR / W FLORAL DR                      100 N ATLANTIC BLVD                      500 GLADYS AVE                      600 W RIGGIN ST                      100 S ALHAMBRA AVE                      300 N GARFIELD AVE                      2000 BROCKWELL AVE                      1301 AVENIDA CESAR CHAVEZ                      200 N CHANDLER AVE                      400 N HUNTINGTON AVE                      2500 CORPORATE PL                      300 S GARFIELD AVE                      200 W POMONA BLVD                      W RAMONA BLVD / 710 SOUTH ONRAMP                      1900 S MC PHERRIN AVE                      1400 SOLAR DR</p> <p><b>BURGLARY COM</b>                      700 E GARVEY AVE                      140 N ATLANTIC BLVD                      500 N GARFIELD AVE                      1900 POTRERO GRANDE DR                      800 S ATLANTIC BLVD                      100 S ATLANTIC BLVD                      2000 S ATLANTIC BLVD                      2000 S ATLANTIC BLVD                      4400 RAMONA BLVD</p> <p><b>BURGLARY RES</b>                      300 N NICHOLSON AVE                      300 N NICHOLSON AVE                      400 N YNEZ AVE                      1300 MIRA VALLE ST                      700 ALTA MESA PL                      1200 BRIGHTWOOD ST                      300 S MOORE AVE                      300 N ALHAMBRA AVE                      300 N NICHOLSON AVE                      200 CORAL VIEW ST                      700 RODMAN CIRCLE                      600 CADIZ ST                      200 W MARKLAND DR                      2100 BRIGHTWOOD ST                      1900 S MC PHERRIN AVE                      100 S ORANGE AVE                      400 POTRERO GRANDE DR                      200 N CHANDLER AVE                      1000 RIDGESIDE DR</p> <p><b>ROBBERY</b>                      400 POTRERO GRANDE DR                      500 W GARVEY AVE                      E HELLMAN AVE / N SIERRA VISTA ST                      100 W GARVEY AVE                      500 N ATLANTIC BLVD</p>

**LA Star Dance Studio**

**Hip Hop Class**  
 [Level 2] Friday (6:00 p.m. – 8:00 p.m.)  
 [Level 1] Saturday (11:00 a.m. – 1:00 p.m.)  
 [Popping] Sunday (3:00p.m. –5:00p.m.)

122W. Garvey Ave,  
 Monterey Park, CA 91755  
 (626) 288-0266  
[www.stardancela.com](http://www.stardancela.com)



**Children Latin Class (Regular)**  
 Friday (5:00 p.m. – 6:00p.m.)  
 Saturday (2:00 p.m. – 3:00p.m.)  
 Sunday (2:00 p.m. –3:00p.m.)  
 (Beginning Class)  
 Saturday (1:00p.m. –2:00p.m.)



# MONTEREY PARK BRUGGEMEYER LIBRARY

Hours: Mondays and Tuesdays 12pm - 9pm, Wednesdays and Thursdays 10am - 6pm  
 Fridays and Saturdays 10am - 1pm, Sundays 1pm - 5pm

318 S. Ramona Avenue, Monterey Park Follow us on Twitter! @MontereyParkLib

### Monterey Park Bruggemeyer Library Celebrates 10th Renovation Anniversary!

The Monterey Park Library will be celebrating its 10th year with free giveaways and birthday cupcakes on Saturday September 10 at 10:00 a.m. in the Friends Room. Join the celebration by coming to hear the history of the renovation and enjoy the photos on display on the journey to where the library is today and see local history photos of Monterey Park. For more information, please call Library Administration at (626) 307-1269.

### Mid-Autumn Festival Program

Celebrate the Mid-Autumn Festival, a time to celebrate good fortune and longevity with family and friends on Sunday, September 18 at 2 pm in the Friends Room. The program will include Guessing Lantern Riddles, games, crafts, prizes, refreshments and a Chinese language film with English subtitles. For more information about the free program, please call the Reference Desk at (626) 307-1368.

### Celebrate Hispanic Heritage Month

Join our Chile Fiesta with guest speakers, refreshments, prizes and surprises! Celebrate Hispanic Heritage Month on Sunday, September 25 at 2 pm in the Friends Room. Join us as we taste and select the best salsas, introduce our new Latin American cuisine cookbooks, hear guest speaker, chef and food historian Ernest Miller talk about "Chili, Chiles, & Hot Sauce." Enter a special prize drawing by bringing a recipe for our centennial cookbook! Contact the Reference Desk at (626) 307-1368 for more information.

### Basic Mandarin Chinese Classes for Adults

Learn and practice basic Mandarin Chinese with two new classes co-sponsored by the Sun Yat Sen Chinese Institute at the library. Adult students with little or no prior experience with the language will learn basic vocabulary, general communication and grammatical skills through fun and effective teaching. Two classes begin on Thursday, September 8 and Saturday, September 17 from 10 am - 12 noon. Adults may enroll in one series of classes (Thursdays or Saturdays) not both days. Space is limited for both classes. To register for the free classes contact the Reference Desk or call (626) 307-1368.

### Little Explorers

September 1 at 11:00am

Explore process-based art and sensory play through a series of programs for infants through preschool. Each program will last 45 minutes to an hour and will be located in the Friends Room. Children must be accompanied by an adult. Please wear play clothes that can get dirty, as some activities may be messy.

### CPR and First Aid for Parents

September 7, 10:00am-12:00pm

Join us as the Monterey Park Fire Department presents a class on the CPR and basic first aid for families. This program is presented in partnership with the MOMS Club of Monterey Park and Alhambra.

### Children's Computer Classes

September 14 at 3:30pm

Monthly computer classes for 6 - 11 year olds that will teach kids the basic computer skills they need to complete homework assignments. The program will last 45 minutes to an hour and be held in the Computer Lab.

### Tween Program

September 15 at 3:00pm

Our monthly tween programs are just for children 8 - 12 years of age and feature arts, crafts, science experiments and other activities. The program will last 45 minutes to an hour in the Friends Room and snacks will be provided for children.

### Library Storytimes

Storytimes for all age levels are held in the Library's Storytime Room with each program lasting 25-45 minutes. Children must be accompanied by an adult caregiver at all times during storytime programs. No registration is required. Family Storytime (all ages): Tuesdays, 7:30 pm and Wednesdays, 4:00 pm; Baby Storytime (birth to age 2): Thursdays, 10:00 am; and Preschool Storytime (ages 3-5): Thursdays, 10:30 am.

### Monday Night iPad Basics Classes

Did you have a new iPad and want to learn how to use it? Join us on Mondays, September 12, 19, and 26 from 7 pm - 8:30 pm in the Computer Lab to learn iPad essentials. Adults should bring their own iPads for hands-on practice at the classes. To register for the free classes contact the Reference Desk or call (626) 307-1368.

### Computer Keyboard Practice Classes

Become familiar with the computer keyboard and practice touch typing. Improve your typing speed and accuracy. Classes are designed to offer reinforcement and practice time for adult students in the library's computer classes and for individuals wanting to improve their typing skills. Classes are scheduled on Wednesdays, September 7, 14, 21, and 28 from 10:30 am - 12 noon in the Computer Lab. Space is limited and registration is required for the free classes. Please contact the Reference Desk or call (626) 307-1368 to register.

### e-Research Classes

Learn how to use online research resources available on the library's website. Explore a data base to help readers learn about what to read next. Learn how to search the library's book catalog. Learn how to research a span of topics and how to access legal forms and understand common legal procedures. Classes are scheduled on Thursdays, September 8, 15, 22 at 10:30 am in the Computer Lab. Prerequisites: Basic computer skills and please bring your library card when attending the classes. Contact the Reference Desk or call (626) 307-1368 to register for the free classes.

### Job and Career Resources Class

Discover job and career resources available at the library on Thursday, September 29 at 10:30 am in the Computer Lab. Learn about career assessments, job test preparation, resume builders and more. Participants should have a library card and knowledge of basic computer skills is recommended. Space is limited and registration is required for the free classes. Please contact the Reference Desk or call (626) 307-1368.

### Film Program Schedule

**Midweek Movie @ the Library**  
 Wednesday, September 7 at 3 pm

**Saturday Morning Family Movies**  
 Saturday, September 24 at 10:00am

Enjoy and movie and snacks in the Friends Room. Parents must attend with children. Please call 626-307-1358 for the movie name.

### Monthly Film Program

Wednesday, September 21 at 2 pm

All films are screened in the Friends Room located on the 2nd floor. For film titles and more information about the free programs contact the Reference Desk at (626) 307-1368.

### Free Legal Assistance Clinic

Volunteer attorneys will be on hand to answer legal questions at a free legal assistance clinic on September 13 from 6 -8 pm in the Friends Room. The clinic is sponsored by the Asian Pacific American Bar Association (APABA). Volunteer attorneys will answer questions about immigration, criminal law, civil matters, estate planning, government benefits, labor and employment. For more information and to register for the free clinic call the Reference Desk at (626) 307-1368.

### College Personal Essay Workshop

The Chinese American Citizens Alliance Youth Council will present a College Personal Essay Workshop on Sunday, September 11 at 2 pm in the Friends Room. The workshop will include tips on writing personal essays for college and scholarship applications. Students are encouraged to bring college entrance essays to the workshop where a panel will review drafts of essays on the spot at the workshop or via email. For more information about the free workshop, please call the Reference Desk at (626) 307-1368.

### JF Programs

#### Fun Programs by Youth for Youth

The Junior Friends, a library teen volunteer group hosts a youth program at the Monterey Park Bruggemeyer Library each month. Do you have the urge to create? Are you a tinker at heart? Join the program and help us celebrate the Mid Autumn Festival in style. Check out our special teen program after school on September 14 in the Friends Room at 3 pm.

#### Anime/Manga Club

Join the library's Anime and Manga Club and watch the latest Anime releases, meet other Otaku and discuss new titles for the library. We meet on fourth Wednesday of each month, from 3:30-5:00 p.m. in the Friends Room. See you on September 28!

### LAMP Literacy & Citizenship Fall Program Begins September 6

The literacy program has every level of ESL classes available to help adult English learners gain reading, writing and speaking skills. Adult learners who are more proficient in the English language can further their language acquisition with individualized tutoring to set a personalized learning plan and attain personal goals. Citizenship Preparation classes are also available for individuals who plan on becoming new citizens to gain knowledge on American History, Government and Civics which are covered during the examination.

Enrollment into all ESL and Citizenship Preparation classes, as well as for the one-to-one literacy program is FREE. Monterey Park residents are given priority. All students are pre-tested and assessed to determine their proficiency levels in Basic English skills and to assist in placement of appropriate classes and services. Proper identification with photo and residence verification MUST BE PRESENTED. Please contact the LAMP office at (626) 307-1251 or email lamp@montereypark.ca.gov for inquiries.

### Day at the Races Saturday, October 15

Save the Date! Join a fun event at Santa Anita Racetrack Park in Arcadia on Saturday, October 15 for a "Day at the Races" event sponsored by the Library Foundation! The event will offer a buffet lunch. Tickets will go on sale in August. Ticket price of \$75.00 includes a delicious buffet, parking and free program. For more information, please call the library administration office @ (626) 307-1269.



# Pajama

## FUN RUN/WALK 5K

\*\*\*\*\* November 05, 2016 \*\*\*\*\*

Join us for a fun filled pajama themed (pajamas are optional) 5K Fun Run or Walk; We welcome walkers and runners of all ages. This event is brought to you by the City of Monterey Park Centennial Committee; For more information contact Recreation and Community Services at (626)307-1388 or visit [www.montereypark.ca.gov](http://www.montereypark.ca.gov)

# LANGLEY SENIOR CENTER

400 W. EMERSON AVENUE MONTEREY PARK

(626) 307-1395

Open Monday – Friday, 8:00 A.M. – 4:45 P.M.  
Saturday and Sunday – 8:00 A.M.- 1:45 P.M.

## SPECIAL DATES TO REMEMBER . . .

SEPTEMBER 5 - LABOR DAY HOLIDAY CENTER CLOSED  
SEPTEMBER 6 - HOUSING RIGHTS CENTER, 1:00 A.M.  
SEPTEMBER 15 - MATURE DRIVER'S CLASS, 8:00 A.M.  
SEPTEMBER 19 - COMMISSION ON AGING MEETING, 11 A.M.  
SEPTEMBER 22 - ANNIVERSARY/RECOGNITION, 11:00 A.M.  
SEPTEMBER 30 - LEGAL ADVISE FOR SENIORS, 10 - NOON

## Monterey Park's Senior Citizen Groups Meet:

M.P. Senior Citizens Club, Friday, 10:00 a.m.  
Japanese/American Club, 3rd Saturday, 1:00 p.m.  
Club Amistad, Wednesday, 9:30 p.m.  
Chinese/American Sr. Citizens Club, 1st Saturday, 11:00 a.m.  
Gardening Club, 4th Monday, 1:00 p.m.  
Wu Dang Tai Chi Club, Friday, 4:00 p.m.

## IMPROVING YOUR WELL-BEING

On the SECOND AND FOURTH Tuesday of the month, a Care Manager will be available from 10:00 A.M. – 12:00 Noon. Services, provided by YWCA San Gabriel Valley, Intervale Senior Services, include referrals for medical, counseling and mental health; in-home services; transportation; caregiver resources, and nutritional referrals. Staff can assist with advocacy related to Medicare, Medi-Cal and Social Security benefits. Call YWCA Case Management Program if you require supportive services at 626.214.9467, or schedule an appointment at Langley - 626.307-1395.

## INTERNET CAFÉ - OPEN MONDAY MORNINGS

11:00A.M. – 2:30 P.M.  
Help is available for questions if you are stuck on how to access the your account.

**FREE LEGAL ADVISE FOR SENIORS - SEPTEMBER 30, 10 a.m. – 12 noon**, Attorney Emma Hilario will provide a free 20 – minute maximum legal consultation. If you have questions and would like to schedule a consultation, call 626 307-1395. Appointments on a first come, first served basis.

## ACTIVITIES, CLASSES AND SERVICES

### BLOOD PRESSURE SCREENING -

Every Friday morning, 11:00 A.M.- NOON - in the AB room  
**BLOOD PRESSURE SCREENING -** (3rd TUESDAY of the month) 8:30 A.M.-10:30 A.M., Provided by CVS Pharmacy and Chinatown Service Center.

**BINGO -** Every Friday from 12:30 P.M. - 4:00 P.M. Doors open at 11:00 A.M., everyone over 18 years of age is invited to play. No children are allowed.

**BINGO -** On the 1st, 2nd, 3rd and 5th Sunday of the month. Door open at 10:30 A.M., everyone over 18 years of age is invited to play. No children are allowed.

**BRIDGE -** Contract or Duplicate – Mondays and Thursdays, 12:30 p.m. – 3:45 p.m. If you play contract Bridge and are looking for a good group to share an afternoon of bridge with, come join us. Those who play 500 also welcome new players.

### BALLROOM DANCE CLASSES

Glenn Yata, Instructor, 6:30 P.M.-9:30 P.M. Learn the basics of ballroom dance and enjoy a wonderful evening with a classic instructor that will teach you fundamentals. Fee: \$5.00 per lesson  
Wednesday 7:30 P.M. Regular class \$7.00  
8:30 P.M. Regular class \$7.00  
9:30 P.M. Advanced class \$9.00  
Friday 6:30 P.M. Beginner class \$7.00  
7:30 P.M. Regular class \$7.00  
8:30 P.M. Practice \$1.50

**DANCE EVERY TUESDAY, 1:00 P.M. – 3:30 P.M.,** Dance to live music performed by Gary and Eric. \$2.50 per person.

**JEWELRY AND WATCH REPAIR -** Wednesday, 8:00 a.m. -11:00 a.m., for repair or estimate.

**LUNCH PROGRAM -** American or Chinese Hot Lunch served Monday thru Friday to those 60 years and over. Reservations must be made in advance in person on Monday mornings for the following week. Limited number of lunches. Suggested donation is \$3.00.

**MAH JONG -** 12:00 p.m. – 4:30 p.m., Monday through Friday.  
**HOUSING RIGHTS CENTER -** Walk-In-Fair Housing Clinic –July 5, August 2, 1:00 P.M. (1ST Tuesday for the month.) For information, call 1-800-477-5977.

**IN-HOME REGISTRY SERVICE -** Service can provide you with names of individuals who can work in your home offering a variety of skills. Our registry includes: LVNS for skilled nursing care, Certified Nurse Assistants for personal care needs such as feeding, bedside care, bathing, etc.; Homemakers/companions, handymen, gardeners. Payment for the work performed is determined between the worker and you. If you reside in Monterey Park and are 60 or over and need this type of in-home care, please call (626) 307-1373. Applications for work are available.

**NOTARY -** Virginia Greene, a Notary Public, Wednesdays, 12 Noon – 2:00 P.M.

### DIAL-A-RIDE

Service available Monday through Friday, 8:30 A.M.– 4:00 P.M., (626) 307-1396. Free service for seniors 55 years of age and over, transportation within Monterey Park City limits, except for medical needs, and then into adjacent communities only.

### MATURE DRIVER'S IMPROVEMENT

Class held from 8:00 A.M. – 5:00 P.M. Register for the September 15 class. Each senior must register in person with a valid California Driver's License. Seniors completing the 8-hour course will be certified and eligible to get a 5% to 10% reduction on their premiums for bodily injury and property damage liability for up to three years with participating

insurance companies. \$1.00 FEE includes State Certificate of Completion. For information call (626) 307-1395.

### METRO "TAP CARD"

Renewal is offered from the 25th of the month through the 10th of next month, Mon. – Fri., 8:30 A.M. – 4:30 P.M. To receive the City's discount, you must be 62 or older and have proof of Monterey Park residency, which must include identification with name and address imprinted, such as a Driver's License, DMV ID Card, and a valid "TAP CARD". Senior Citizen/Handicapped monthly fee is \$20 non-residents or \$17 for Monterey Park residents.

### TAXI COUPONS

Issued monthly from 1st Monday of the month, availability on a first come, first served basis - to qualified senior residents, 65 years and older, whose household income meets the L. A. County poverty guidelines (\$11,770 per year for one member, \$15,930 for two, \$20,090 for three or \$24,250 for four), are allowed 2 coupons a month, value of each coupon is \$11.00 and only valid for the month issued.

### SENIOR CLASSES – FREE

#### AMERICAN CULTURE

Explore American life and language. Paul Cheng, Instructor  
Thursday, 1:00 P.M.– 4:30 P.M.

#### BEADING CLASS

Pay for materials used. Francis Lau, Instructor  
Monday, 9:00A.M.-11:00A.M.

#### CHINESE PAINTING

\$25 materials fee. Ping Wen Chiang, Painting Instructor  
Thursday, 9:30A.M.-11:45 Noon

#### CHINESE BRUSH PAINTING II

Material fee. Peter Lee, Instructor  
Thursday, 9:30A.M.-11:45 Noon

#### ENGLISH CONVERSATION

Refine you English language skills in conversation with other students.

Betty Cheng, Instructor

Thursday, 9:15 A.M.-11:30 A.M.

#### KARAOKE

Betty Cheng, Instructor

Tuesday, 9:00 A.M. – 12 Noon

#### NEEDLECRAFT WORKSHOP

Sew or knit with friends learning new skills or sharing your designs.

Tuesday, 9:00A.M.-11:00A.M.

#### LINE DANCING – Main Room

Beginning: Friday 8:45 A.M. - 10:00 A.M.

Instructors: Jeannie Chau, Sandra Lin, Beryl Shieh

Advanced: Monday and Tuesday, 10:00 A.M. – 11:00 A.M.

Instructors: Jeannie Chau, Mary Chan, Beryl Shieh

Beginner: Friday - 9:00 A.M. – 11:00 A.M.

Class Room 2

#### YUAN CHI DANCE/TAI CHI EXERCISE

Sandra Lin and Rosa Yee, Instructors

Monday – Tuesday, 8:00 A.M. – 10:00 A.M.

Wednesday – Thursday, 8:00 A.M. – 10:30 A.M.

#### FRIENDSHIP CHORUS

Director: Prof. Ping Qiao

Wednesday, 9:30 A.M. – 12:00 Noon

#### CHINESE EVERGREEN CHORUS

Director: Delly Chow

Wednesday, 1:00 P.M. – 3:00 P.M.

#### CHINESE OPERA

Instructor: Fuller Chen

Monday, 9:00 A.M. – 12 Noon

#### CHINESE OPERA

Friday, 9:00 A.M. – 12 Noon

#### MONTEREY PARK CHORUS

Wei Pu, Conductor

Monday, 7:00 P.M. – 9:00 P.M.

#### CONCERT BAND of MONTEREY PARK

Monday, 7:30 P.M. – 9:30 P.M., Monthly fee

#### MEMORY MAKERS FITNESS

Includes Yuan Chi Dance, Line Dance and Tai Chi Exercises

Sandra Lin and Rosa Yee

Saturday, 9:00 A.M. – 11:00 A.M.

#### TABLE TENNIS, BILLIARDS AND EXERCISE

Doors open for regular activities at 8:00 A.M. – 4:45 P.M., Monday – Friday.

Saturday or Sunday 8:00 A.M. – 1:45 P.M.

#### EARLY MORNING PLAY/EXERCISE AREA

Only seniors that have paid activity fees may participate OR occupy the room during the posted times.

#### OCTOBER 3 - DECEMBER 23

4602.201 Monday – Friday 6:00 A.M.– 8:00 A.M.

\$39.00 Seniors 50 yrs and up

## FALL EXERCISE AND FITNESS CLASSES

OCTOBER 3 - DECEMBER 9

KATALINA BELTRAN, Exercise/Dance Instructor

### CHAIR FITNESS EXERCISE

4215.201 Tues/Thurs 1:30 P.M. - 2:30 P.M. \$48.00

4215.202 Thurs Only 1:30 P.M. - 2:30 P.M. \$28.00

Tuesday - Friends Room, Thursday - Main Room

Aerobic movement, range of motion exercises, strength training, performed in a seated position. This wellness course blends yoga, breath work, strength building and most importantly brain charging exercise.

### FITNESS AFTER 50 - BEGINNING LEVEL

4215.203 Mon/Wed 1:00 P.M.- 2:30 P.M.

\$50.00 Main Room

Heart healthy low impact aerobics, strength and flexibility training are the focus of this class. Improve your balance, muscle tone, and posture.

### FITNESS AFTER 50 - INTERMEDIATE CLASS

4215.204 Friday 12:15 P.M.- 1:15 P.M.

\$30.00 Friends Room

NEW CLASS - level is between Beginning and Advance. Class

offers targeted body sculpting exercises with energetic low impact moves, small weights and exercise band to tone arms, abs, back and thighs. Students will not do any exercises on the floor. Bring weights and exercise band to class.

### FITNESS AFTER 50 - ADVANCE CLASS

4215.205 Mon/Thurs 2:45 P.M.- 4:15 P.M.

\$50.00 Main Room

Seniors are invited to come and exercise in this advanced program which helps improve balance, strengthening, flexibility, muscle tone, bone density, and posture.

### ZUMBA GOLD

4215.207 Tuesday 12:15 P.M. - 1:15 P.M.

\$30.00 Friends Room

Zumba gold is an aerobic class that uses Latin based rhythms and other dance inspired tempos to create a fun upbeat workout. Low impact, easy to follow dance fitness class.

### LATIN DANCE

4215.211 Friday 1:30 P.M. - 2:30 P.M.

\$30.00 Friends Room

Learn to dance Salsa, Merengue, Cha Cha, Rumba and other Latin dances with easy to follow steps and routines. Our Friday afternoon class is for everyone from absolute beginners to seasoned dancers, and you don't need a partner!!!

### YOGA

4215.208 Tuesday 2:45 P.M. - 3:45 P.M.

\$30.00 Friends Room

This easy to follow class is designed for all levels that use special breathing and strength-building yoga postures. A modified version is simultaneously demonstrated for those with limited flexibility and strength. Students can do the class in the chair or standing with or without shoes. Elevate your health and well-being with these one hour sessions.

## SENIOR CITIZEN TRIPS and TOURS

### TOUR DESK IS OPEN FROM

9:00 A.M. – 3:00 P.M., MONDAY - FRIDAY

All reservations must be made in person at Langley Center. Trips and tours are for senior citizens 50 years and older only, no exceptions. Trips are limited and are on a first pay basis. For information and reservations contact: Langley Senior Center, Trips and Tours Travel Coordinator Joyce Knox at (626) 307-1395.

### UTAH CANYON ROYALE - SEPTEMBER 26-29

Travel by deluxe motor coach, with professional tour escort and luggage handling. First stop is the Valley of Fire State Park; then it's off to the exciting Casa Blanca Resort and Casino in Mesquite, Nevada for the next three nights. \$20.00 meal coupon is included. Day two we are off to the awe inspiring Zion National Park, Utah; then back to Mesquite; and Cedar Breaks National Monument, Utah, the destination for day three. Las Vegas, Nevada will be a our last stop as we head back home. \$499 Per Person double occupancy, \$769, Single occupancy, Deposit \$200 per person, balance due August 12

### SAN FRANCISCO, RENO, LAKE TAHOE -

OCTOBER 14 - 18

Travel by deluxe motor coach to beautiful Northern California. Spend the next two nights at the Concord Hilton Hotel; where you will get a taste of San Francisco, Pier 39, and the Golden Gate Bridge, and Union Square. On day three we are off to the El Dorado Resort and Casino Hotel in Reno, Nevada, and venture up the hill to the wonder of spectacular Lake Tahoe. \$799 Per Person double occupancy, \$999 Single occupancy. Deposit of \$200 per person, Balance due August 14, 2016.

### PECHANGA RESORT CASINO - MONDAY, OCTOBER 24

Gambler's get-away- Delight! – \$9.00 Per person, Plus \$1.00 DRIVER'S TIP. Must have Player's Card # and original valid State driver's license, or original State Senior ID or valid current government issued photo ID at time of registration. Check in 7:45 a.m., Depart 8:30 a.m. – return at approximately 5:30 p.m.

### LAS VEGAS GOLDEN NUGGET HOTEL,

LONGSTREET HOTEL AND CASINO in

DEATH VALLEY - NOVEMBER 1 - 4

Board the bus and away we go up Highway 395, where you will see sculpted rocks, sand dunes and colorful canyons. Two nights stay at Longstreet Hotel and Casino in Death Valley; visit Scotty's Castle, Furnace Creek and Badwater Basin (the lowest point in the Western Hemisphere). Then it's off to the Golden Nugget Hotel in Las Vegas . . . try your hand with 'Lady Luck' and enjoy the Fremont Street experience. \$699 Per Person double occupancy; \$999 Single occupancy, Deposit \$200 per person, balance due September 17.

### RIVERSIDE RESORT and CASINO LAUGHLIN,

NEVADA - NOVEMBER 6 - 8

Travel by deluxe motor coach and head for the River. Enjoy three days and two nights at Riverside Resort and Casino; where you can enjoy Colorado River activities, delicious food and gambling fun at the casino. Driver' tip and luggage handling, plus three meals are included. Depart Sunday morning at 8:00 a.m. and return Tuesday at approximately 5:30 p.m.. check in at 7:15 a.m. \$155 per person, double occupancy, \$215 per person, single occupancy. Sign up no later than October 1.

### HOLIDAY CELEBRATION - BRANSON, MISSOURI -

NOVEMBER 6 -10

Exciting Branson Holiday Music tour begins as we board our flight from LAX. Four nights at the Radisson Hotel, in Branson, six holiday shows, including The Ozark Mountain Christmas, Dublin's Irish Tenors and the Celtic Ladies, the Hughes Brothers and SIX, an Orchestra of Human Voices. A visit the Stone Hill Winery and College of the Ozarks. Finally, we will follow the Trail of Lights, a drive through animation display celebrating the holiday. Round trip airfare, deluxe motorcoach, professional tour guide....\$1,899 Per Person double occupancy; \$2,299 Single occupancy, Deposit \$200 per person, balance due September 16. An insurance package is available.

# Council Action Review

## Regular Meeting of June 15, 2016

The meeting was called to order at 7:04 p.m., with all members present.

**Presentations** None.

The City Council acting on behalf of the Successor Agency

**NEW BUSINESS**

**Agenda Item 2-A.** Received and filed the Monthly Investment Report for May 2016.

**Agenda Item 2-B.** Approved the minutes from the regular meeting of May 18, 2016 and special meeting of May 25, 2016.

**Consent Calendar** None.

**Public Hearing** None.

**OLD BUSINESS**

**Agenda Item 5-A.** Waived second reading and adopted Ordinance No. 2135 and directed staff to add a code amendment regarding new residential standards which shall be tied to the number of bedrooms or bathrooms, whichever is greater, that will be presented to the Planning Commission no later than July 31, 2016, and upon their approval will be presented to the Council within 30 days.

Ordinance 2135 entitled:

AN ORDINANCE AMENDING THE MONTEREY PARK MUNICIPAL CODE ("MPMC") AFFECTING REGULATIONS GOVERNING THE DEFINITIONS, RESIDENTIAL, COMMERCIAL, OFFICE PROFESSIONAL, PLANNED DEVELOPMENT, OFF-STREET PARKING AND PROCEDURAL REQUIREMENTS FOR LAND USE. THE PROPOSED AMENDMENTS TO THE MPMC ARE INTENDED TO ADDRESS SPECIFIC CONCERNS THEREBY PRESERVING AND PROTECTING THE PUBLIC HEALTH, SAFETY, AND WELFARE OF THE COMMUNITY

**NEW BUSINESS**

**Agenda Item 6-A.** Approved payment of warrants and

adopted Resolution No. 11842 allowing certain claims and demands per Warrant Register dated June 15, 2016 totaling \$1,256,347.46 and specifying the funds out of which the same are to be paid.

Resolution No. 11842 entitled:

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MONTEREY PARK, CALIFORNIA ALLOWING CERTAIN CLAIMS AND DEMANDS PER WARRANT REGISTER DATED THE 15TH DAY OF JUNE TOTALING \$1,256,347.46 AND SPECIFYING THE FUNDS OUT OF WHICH THE SAME ARE TO BE PAID

**Agenda Item 6-B.** Received and filed the monthly investment report for May 2016.

**Agenda Item 6-C.** Approved the minutes from the regular meeting of May 18, 2016 and special meeting of May 25, 2016.

**Agenda Item 6-D.** Adopted Resolution No. 11843 the City's and Successor Agency's Fiscal Year 2016-2017 Annual Budget that was presented on May 26, May 31, and June 6, 2016 as amended to add the approval of a police captain and two police officers and directed staff to adjust the budget accordingly.

Resolution No. 11843 entitled:

A RESOLUTION ADOPTING THE FISCAL YEAR 2016-2017 FINAL OPERATING BUDGET FOR THE CITY OF MONTEREY PARK AND THE SUCCESSOR AGENCY TO THE MONTEREY PARK REDEVELOPMENT AGENCY; AND ADOPTING THE 2016-2017 CAPITAL IMPROVEMENT BUDGET

**RECESSED AND RECONVENED**

The City Council recessed at 9:03 p.m. and reconvened with all council members present at 9:14 p.m.

**Agenda Item 6-E.** Authorized the City Manager to execute a contract in a form approved by the City Attorney with Michael Baker International in the amount not to exceed \$105,700 for

additional design services and public improvements in the South Garfield Village Specific Plan area.

**Agenda Item 6-F.** Professional Service Agreements for On-call Plan Check and Inspection Services was tabled to the July 6, 2016 City Council meeting.

**Agenda Item 6-G.** Adopted Resolution No. 11844 appointing representatives to specific organizations as amended.

Resolution No. 11844 entitled:

A RESOLUTION ASSIGNING REPRESENTATIVES TO SPECIFIC ORGANIZATIONS IN ACCORDANCE WITH SECTION VIII OF THE CITY COUNCIL POLICIES AND PROCEDURES

**Agenda Item 6-H.** Received and filed the Economic Development Activity Update.

**Council Member Communications**

Discussion only – no action taken

Adjourned - 11:35 p.m.

## Special Meeting of June 22, 2016

The meeting was called to order at 5:30 p.m., with all members present.

**New Business**

**Agenda Item 3.** Interviewed and considered appointing Liane Kwan to serve on the Personnel Board as a "community at large" appointee."

**Agenda Item 4.** Appointed applicant Jason Dhing to fill the vacant seat of Library Board Trustee whose term has expired. Appointed applicant Gloria Guerrero to fill the seat of the Library Board Trustee who is not requesting reappointment.

Adjourned - 8:08 p.m.

## Regular Meeting of July 6, 2016

The meeting was called to order at 7:04 p.m., with all members present.

**Presentations** None.

The City Council acting on behalf of the Successor Agency

**New Business**

**Agenda Item 2-A.** Approved payments of warrants and adopted Resolution No. SA-121 of the Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated July 6, 2016 totaling \$46.55 and specifying the funds out of which the same are to be paid.

Resolution No. SA-121 entitled:

A RESOLUTION OF THE SUCCESSOR AGENCY TO THE FORMER COMMUNITY REDEVELOPMENT AGENCY (SA) ALLOWING CERTAIN CLAIMS AND DEMANDS PER WARRANT REGISTER DATED 6TH DAY OF JULY 2016 TOTALING \$46.55 AND SPECIFYING THE FUNDS OUT OF WHICH THE SAME ARE TO BE PAID

**Agenda Item 2-B.** Approved the minutes from the regular meeting of June 1, 2016 and special meetings of May 26, 2016, May 31, 2016, June 1, 2016, and June 6, 2016.

**Consent Calendar** None.

**Public Hearing** None.

**Agenda Item 4-A.** Opened the continued public hearing regarding Monterey Park's 2015 Urban Water Management Plan at 7:42 p.m. and continued the public hearing to August 3, 2016.

**OLD BUSINESS** None.

**NEW BUSINESS**

**Agenda Item 6-A.** Approved payment of warrants and adopted Resolution No. 11845 allowing certain claims and demands per Warrant Register dated July 6, 2016 totaling \$2,360,671.04 and specifying the funds out of which the same are to be paid.

Resolution No. 11845 entitled:

A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF MONTEREY PARK, CALIFORNIA ALLOWING CERTAIN CLAIMS AND DEMANDS PER WARRANT REGISTER DATED THE 6TH DAY OF JULY TOTALING \$2,360,671.04 AND SPECIFYING THE FUNDS OUT OF WHICH THE SAME ARE TO BE PAID

**Agenda Item 6-B.** Approved the minutes from the regular meeting of June 1, 2016 and special meetings of May 26, 2016, May 31, 2016, June 1, 2016, and June 6, 2016.

**Agenda Item 6-C.** Authorized staff to release a Request for Qualification (RFQ) for the new City-wide residential and commercial trash service contracts with amendments noted in the minutes.

**Agenda Item 6-D.** Continued the Professional Service Agreement for Community Development Block Grant and Home Investment Partnerships Program services to the August 3, 2016 meeting.

**Agenda Item 6-E.** Adopted Resolution No. 11846 authorizing advertisement of the Garvey Ranch Park Basketball Courts Project.

Resolution No. 11846 entitled:

A RESOLUTION APPROVING THE PLANS AND SPECIFICATIONS FOR THE GARVEY RANCH BASKETBALL PROJECT PURSUANT TO GOVERNMENT CODE § 830.6 AND ESTABLISHING A PROJECT PAYMENT ACCOUNT

**Agenda Item 6-F.** Adopted Resolution No. 11847 authorizing advertisement of the Barnes Park Pool Filter Project.

Resolution No. 11847 entitled:  
A RESOLUTION APPROVING THE PLANS AND SPECIFICATIONS FOR THE BARNES PARK POOL FILTER PROJECT PURSUANT TO GOVERNMENT CODE § 830.6 AND ESTABLISHING A PROJECT PAYMENT ACCOUNT

**Agenda Item 6-G.** Adopted Resolution No. 11848 to install a STOP sign at the intersection of Lupine Avenue.

Resolution No. 11848 entitled:  
A RESOLUTION TO INSTALL STOP SIGNS AT THE INTERSECTION OF LUPINE AVENUE AND FLORAL DRIVE

**Agenda Item 6-H.** Adopted Resolution No. 11849 to install a STOP sign at the intersection of Bradshaw Avenue and Divina Vista Street.

Resolution No. 11849 entitled:  
A RESOLUTION TO INSTALL STOP SIGNS AT THE INTERSECTION OF BRADSHAW AVENUE AND DIVINA VISTA STREET

**Council Member Communications**

Discussion only – no action taken

Adjourned - 9:54 p.m.

## Willie's Tires & Alignment



**Free mounting, balancing & rotation, when you purchase 4 tires.**

- ✓ Computerized Wheel Balancing
- All Major Brands – Low Cost!**
- Wholesale & Retail**
- Over 1,400 tires in stock!**

**Computerized Four Wheel Alignment \$59.99**

*We Fix Flat Tires!*

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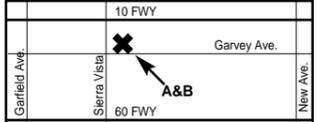
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# Share Our Famous Moon Cakes With Your Loved Ones Happy Moon Festival!



**KEE WAH SUPREME MOONCAKE**  
Since 1938



最快樂 是一起快樂

珍貴的  
**奇華月餅**

敬請認明香港奇華餅家

Mid-Autumn Festival (中秋節) also known as **Moon Festival** is on the 15th of August in the Lunar Calendar and is probably the most celebrated day in Chinese culture next to Chinese New Year. This year's Moon Festival lands on the **15th of September, 2016**. Although there are many different stories about the origin of Moon Festival, one thing for certain is that the Chinese have come to share this special day with families and friends with lanterns and mooncakes.



**Kee Wah Bakery** was founded in 1938 in Hong Kong by an ordinary family man. Over the next 75 years, it has become famous for its **Chinese Bridal Cakes** and **Mooncakes**. Although this tiny store has grown and become an internationally recognized Chinese company, the traditions and philosophies have not changed and carried on by his descendants which are high quality products and exceptional customer services. Following these beliefs, Kee Wah Bakery would like to wish everyone a safe and happy Moon Festival and celebrate this special day with a taste of our famous mooncakes.

### LOS ANGELES, USA :

**NEW**

**Arcadia Store:** 1010 Baldwin Ave, Arcadia, CA 91007

Tel: (626) 574-1103

**Monterey Park Store:** 729 W. Garvey Ave., Monterey Park, CA 91754

Tel: (626) 281-2680

**San Gabriel Store:** 150 W. Valley Blvd., San Gabriel, CA 91776

Tel: (626) 280-2515

**Rowland Heights Store:** 18912-B East Gale Ave., Rowland Hts, CA 91748

Tel: (626) 913-1881

Online Order [www.KeeWah.us](http://www.KeeWah.us) Worldwide Delivery

Professional Delivery Service Inquiry: [MoonCake@keewah.us](mailto:MoonCake@keewah.us)

HK Head Office Contact: (852) 2785-6066

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**Monterey Park**  
Superior location w/Panoramic View.  
Top of the hill of Monterey Park



**208 W. Doncrest St., Monterey Park**  
4 Bed/2 Bath, Tranquil city view, spacious master bedroom, separate family room with fireplace and storage room. Convenient location.



**1200 Ridgcrest St., Monterey Park**  
3 Bed/3 Bath, Family Room, Den, Pool, City View, Brightwood Hill



**808 Browning Place, Monterey Park**  
Clean & well maintained house.  
Mark Keppel High School. 4 Bed / 2.5 Bath, built in 1971



**187 Ladera St, Monterey Park**  
3 Bed/2.5 Bath, Family room, Excellent view, Huge lot, Monterey Highland Elementary School



**2319 Fulton Avenue, Monterey Park**  
5 Bed / 3 Bath, Family room, easy access to freeway and shopping



**Highland Area, Monterey Park**  
3 Bed/2 Bath, New floor, Remodeled kitchen & Bath, Close to Monterey Highlands Elementary School



**360 S. Euclid Ave #131, Pasadena**  
Pasadena's prime location, Remodeled 2 Suites, Private Patio



**1670 S. Bradshaw Ave., Monterey Park**  
Beautiful home in quiet area, 3 Bed/2 Bath, Jacuzzi & Pool



**2001 Pebble Ct., Monterey Park**  
3 Bed/2 Bath + recreational room, Amazing View!



**585 Harrison Rd., Monterey Park**  
3 Bed/2 Bath, Great location, Top of the Hill



**1101 Rose Glen Avenue, Rosemead**  
4 Bed/2 Bath, Easy access to freeway, Montebello Towne Center, AMC, & Walmart

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# BUSINESS SPOTLIGHT

By Danielle Garcia, Economic Development Department

## Daw Yee Myanmar Café 111 N Rural Dr, Monterey Park, CA 91755

Burmese food is said to be a cross cultural mix between Thai, Indian, and Chinese fare. Daw Yee Myanmar Café is one of two Burmese restaurants in Monterey Park and is consistently rated among the top five Burmese restaurants to dine at in the County.

Daw Yee Myanmar Cafe is a family run operation with Delyn Chow at the helm. Delyn moved to Monterey Park from Myanmar, formerly known as Burma, when he was 13 years old. When his family decided to open up a Burmese restaurant the family knew of no better place to start than the City they call home. Delyn said that their roots are planted in Monterey Park, so the decision to start a business here was easy. That decision has proven itself to be a good call. Monterey Park residents and visitors have treated themselves to the Chow's family restaurant so much that Daw Yee Myanmar has had the opportunity to expand. Daw Yee Myanmar Corner opened in Silver Lake this past June.

The menu is filled with an array of noodle dishes, curries, soups, salads, and intriguing drink options. A few customer favorites off the menu are the Tea Leaf Salad, Kima Platha, and the Hot Milk Tea. The Tea Leaf Salad was a motley serving of freshness and textures. Kima Platha is a pan fried bread stuffed with chicken or beef. This appetizer is served with a spicy ketchup dipping sauce that was a perfect heat.



Walking through the front door of Daw Yee Myanmar Café delivers a wave of positivity via its warm decorative hues of red and gold accents and cultural charm. The walls are pleasantly adorned by eye catching pieces of Burmese



works of art. Overall, the mindfulness of the interior is a welcoming arena to bring in your next meal. Join in on the positive experience of eating at Daw Yee Myanmar Café, open every week day except Tuesday from 11 a.m. to 9 p.m..

## OSHO Sushi 112 N Chandler Ave #101, Monterey Park, CA 91754

OSHO Sushi officially reopened on May 5 from a brief hiatus. The reopening introduced new owners with an enlivened spirit to deliver high quality food at competitive prices. The two owners, Andy Bolin Cao and Frank Feng, are also the only chefs at OSHO. Andy explained that the reason for only having two chefs is to be able to keep prices low for customers. Frank has been teaching Andy the trade for over 15 years and their synergy is palpable at first bite. The two men work steadily, with considerable patience and ease, a reflection of their passion and comfort.

OSHO Sushi serves traditional Japanese cuisine. The restaurant is best known for their sushi, sashimi, BBQ, and dinner specials. The owners choose to buy high quality proteins because they want to provide a product that guests will truly enjoy. Their fish was noticeably fresh and flavorful. A co-worker of mine noted the quality of fish and cut, an opinion I trust and value, as he purchases over fifty pounds of fish to make sushi each New Year's. The beef short ribs were mouth wateringly juicy and generously sprinkled with thinly sliced green onion, adding wonderful texture and color to the dish.

I capped off my meal by trying the Japanese Style Mont Blanc. The waitress informed me that the dessert was not your typical overly sugared American style desserts. I fortunately, or unfortunately, never lost my childhood cravings for all things sugary sweet so I ordered the dessert without question. The Japanese Style Mont Blanc was faintly sweet, light, and a perfect portion size. The dessert rests on a thin sponge cake base with a mound of whipped cream atop the cake. A few red bean surprises can be found in the whipped cream and a covering of green tea cream is over the top of the whipped cream. Each component of the treat is a delight and deserving of a try.

OSHO Sushi is decorated in Japanese flare and earth tones. There are three massive black and white wall hangings



that depict Japanese landscape. Walking about the restaurant one is able to see numerous artful touches of culture. I felt a true sense of being transported when inside OSHO Sushi, especially glancing into the tatami rooms. I would recommend this restaurant to people wanting not only a meal but a meal coupled with an experience. OSHO Sushi is open Tuesday through Sunday from 11 a.m.-2:30 p.m. and 5 p.m.-10 p.m. Experience OSHO Sushi and be sure to take advantage of the coupon in this paper for a discount on your meal.



**10% off the entire bill at  
OSHO SUSHI JAPANESE RESTAURANT**

**10% off entire bill!**

*Sushi, Sashimi, BBQ, and more!*



*Host a group social event, meeting, or luncheon in one of their two Tatami Rooms! Call in advance to reserve a room!*

*Bring in this ad to receive a 10% discount on your bill*

Tel: (626) 281-5288  
(626) 766-1666

Limit one coupon per table  
Expiration Date: 10/31/16

112 N Chandler Avenue Ste 101

Recreation and Community Services Department

Fall

CLASSES AND PROGRAMS

Online and walk-in registration begins Tuesday, September 6 at 7:30 a.m. at www.MontereyPark.ca.gov or city hall at 320 W. Newmark Avenue.

ART CLASSES

WATERCOLOR PAINTING

Watercolor Painting is fun and relaxing. Join us as we paint bright & beautiful watercolors from photos. This is an adult class and is geared for beginning, intermediate, and advanced students. Students are responsible for any/all art supplies.



**Peter Morris, Barnes Park Service Club**  
**10 Weeks: October 4, 2016 – December 14, 2016**  
**Fees: \$52.00 18yrs & Up**  
 1510.201 Tuesday 6:30-8:30pm

ART AND CRAFTS

Students will learn various crafts using the latest materials: Wall Art, Greeting Cards, 3D Pictures, Jewelry, Clay, Holiday, Projects, Ribbon Embroidery, Stained Glass and much more!

**Marlene Cardinali, Barnes Park Service Club**  
**12 Weeks: September 22 2016 – December 8, 2016**  
**Fees: \$49.00**  
 1509.201 Thursday 9:00am-12:00pm

Ballet & Lyrical - NEW CLASS

Beginning to intermediate levels. Ballet and lyrical dance with its graceful and flowing styles; from traditional to contemporary music. Performance opportunities available.



**Laura Torres, Barnes Park Amphitheatre Dance Room**  
**Monthly: October 4, 2016 – December 27, 2016**  
**Fee: \$40.00 or \$60.00**  
**(both classes- includes Jazz & Hip Hop) Ages: 12 years – Adult**  
 1421.201 Oct- beg/inter Tuesday 6pm- 7pm  
 1421.202 Nov- beg/inter Tuesday 6pm – 7pm  
 1421.203 Dec- beg/inter Tuesday 6pm – 7pm

Jazz & Hip Hop - NEW CLASS

Upbeat jazz & Hip Hop with the latest movements, music and styles. Each class will include dance warm-ups & technical training in each form. Dance steps & Choreography will be introduced as well as dance routines for performances. Dance creates self-esteem, creativity, strength & exercise. Dance is fun!

**Laura Torres, Barnes Park Amphitheatre Dance Room**  
**Monthly: October 4, 2016 – December 27, 2016**  
**Fee: \$40.00 (1-hour) or \$50.00 (both classes) Ages: 12 years – Adult**  
 1421.204 Oct – beg/inter Tuesday 7pm – 8pm  
 1421.205 Nov – beg/inter Tuesday 7pm – 8pm  
 1421.206 Dec – beg/inter Tuesday 7pm – 8pm

Ballet & Lyrical / Jazz Hip Hop- Both Classes - \$60 NEW CLASS

1421.207 Oct-beg/inter Tuesday 6pm-8pm  
 1421.208 Nov-beg/inter Tuesday 6pm-8pm  
 1421.209 Dec-beg/inter Tuesday 6pm-8pm

Tippi Toes Toddler & Me

Music, movement, balance and the basic dance steps are introduced to boys and girls in a fun, friendly and positive manner during this 30 minutes class. Mom, dad or another loved one participates in the class along with the little dancer. We will enjoy watching these dancers learn and grow! Check out www.TippiToesDance.com for more information. Class begins with circle time then continues with high-energy,

SIGN AND SING BABY

Enhance communication between you and baby through signing and singing! Baby signing has many benefits including bonding, the acceleration of speech development, increased confidence and aiding intellectual and emotional development. Each week is themed and will build on what was learned the previous week. Instructor Rose Scobie is an experienced baby signer and speaks Mandarin and Spanish. Please visit www.signandsingbaby.com for more information. Eight weeks, \$89.



用嬰兒手語與你的孩子交流！父母與嬰幼兒用手語溝通、會話，能有效促進嬰幼兒的語言發展，增加孩子的自信心，加快寶寶的智力發育，深化與父母的情感交流。嬰幼兒手語老師 Rose Scobie 有豐富的嬰幼兒手語的使用經驗。(授課可用中、英文)。

DANCE CLASSES

kid-friendly music which incorporates basic choreography. Boys & girls will do activities across the floor and class is completed with a sticker and a high five! Annual Material Fee Paid to Tippi Toes: \$35 (includes a T-Shirt and surprise gift)

**Tippi Toes Staff, Barnes Park Amphitheater Dance Room & Service Club (Saturdays)**

**8 week Session: September 10, 2016 – October 29, 2016**  
**Fee: \$80.00 18 months - 3 years**  
 1408.201 Thursday 5:15pm – 5:45pm (September 8, 2016 – October 27, 2016)  
 1408.202 Saturday 9:15am – 9:45am (September 10, 2016 – October 29, 2016)

**6 Week Session**  
**Fee: \$60.00 18 months - 3 years**  
 1408.203 Thursday 5:15pm – 5:45pm (November 3, 2016 – December 15, 2016 \*No Class Nov 24\*)  
 1408.204 Saturday 9:15am – 9:45am (November 5, 2016 – December 17, 2016 \*No Class Nov 26\*)

Tippi Toes Ballet, Tap & Jazz

Ballet, Tap & Jazz dance classes offered for children 3-6 years old. Incorporates an even mix of ballet, tap & jazz during the 45 minute class time using high-energy music. Boys & girls will have a blast learning dance techniques while using their imagination and building confidence. Check out www.TippiToesDance.com for more information. Class begins with circle time then continues with high-energy, kid-friendly music which incorporates ballet, tap & jazz choreography. Boys & girls will do activities across the floor and class is completed with a sticker and a high five! Annual Material Fee Paid to Tippi Toes: \$35 (includes a T-Shirt and surprise gift)

**Tippi Toes Staff, Barnes Park Amphitheater Dance Room & Service Club (Saturdays)**

**\*8 Week Session**  
**Fee: \$96.00 3 years - 6 years**  
 1408.205 Thursday 6:00pm – 6:45pm (September 8, 2016 – October 27, 2016)  
 1408.206 Saturday 10:00am – 10:45am (September 10, 2016 – October 29, 2016)

**\*6 Week Session**  
**Fee: \$72.00 3 years - 6 years**  
 1408.207 Thursday 6:00pm – 6:45pm (November 3, 2016 – December 15, 2016 \*No Class Nov 24\*)  
 1408.208 Saturday 10:00am – 10:45am (November 5, 2016 – December 17, 2016 \*No Class Nov 26\*)

Tippi Toes Hip-Hop/Jazz

Hip Hop/Jazz dance classes created especially for children 6-12 years of age. Using popular and current music the students start learning dances and choreography quickly as well as learning various dance elements. Our version of hip hop/jazz dance is extremely tasteful and clean and our priority is offering age-appropriate material. Annual Material Fee Paid to Tippi Toes: \$35 (includes a T-Shirt and surprise gift) \*Winter Showcase December 10th\*

**Tippi Toes Staff, Barnes Park Amphitheater Dance Room & Saturdays (Service Club)**

**Monthly: October 6, 2016 – December 29, 2016**  
**\*8 Week Session**  
**Fee: \$96.00 6 years - 12 years**  
 1408.209 Tuesday 5:00pm – 5:45pm (September 6, 2016 – October 25, 2016)  
 1408.210 Saturday 11:00am – 11:45am (September 10, 2016 – October 29, 2016)

**\*6 Week Session**  
**Fee: \$72.00 6 years - 12 years**  
 1408.211 Tuesday 5:00pm – 5:45pm (November 1, 2016 – December 13, 2016 \*No Class Nov 22\*)  
 1408.212 Saturday 11:00am – 11:45am (November 5, 2016 – December 17, 2016 \*No Class Nov 26\*)

EVENT!!!



Tippi Toes Dance "Drop & Shop" Frozen Themed Event!

(Child does not need to be a current Tippi Toes Dancer)  
 Contact Ms. Jeanine Jeanine@TippiToesDance.com (626)863-7863  
 www.TippiToesDance.com/West-San-Gabriel-Valley  
 Need to get some last minute holiday shopping done? Need a night off? Drop your kids off to us for some super FROZEN fun! Kids will meet Elsa and Ana, eat pizza, play games, dance, make crafts, and watch a movie!  
**\$40 per child- All Ages! \*Must be potty trained\***  
 1408.213 Friday December, 16th 2016 - 5pm-9pm

International Style Latin and Ballroom Dance

Learn to dance Cha Cha Cha, Rumba, Jive, Samba, Paso Doble, Waltz, and Tango. No partner necessary.  
**Winnie Fung and Asst. Wilson Ng, Sierra Vista Park**  
**9 Weeks: October 2, 2016 – December 18 (Oct. 16, 23 & 30 no class)**  
**Fees: \$45.00 18yrs and Up**  
 1409.201 Sunday 1:30 to 4:30pm

Line Dance (Intermediate Class)

Learn to dance your way to beautiful variety music from various culture includes Cha Cha, Rumba, Swing, Tango, Waltz, and upbeat modern music to reduce tension, using dance step to improve memory, enhances coordination and build your stamina. Requirement: must be able to adapt to loud and some line dance preferred.  
**Laurinda Truong, Sierra Vista Park**  
**10 Weeks: October 4, 2016 – December 6, 2016**  
**Fees: \$50.00 18yrs – 68 yrs.**  
 1405.201 Tuesday 7:00 to 10:00pm (7:00-8:00 review, 8:00-8:30 new dance, 8:30-9:30 advance)

Line Dancing - Clogging

Clogging is an American Folk Dance. It is done to music such as Latin, Polka, Irish, Dixieland and Bluegrass. It is true exercise without exercising. You don't dance with a partner and no experience is necessary. The instructor has been teaching for over thirty years.  
 Video of the class at the following websites: For YouTube go to www.tinyurl.com/clogclass1. For Facebook go to www.tinyurl.com/clogclass2.  
**Reggie Stevens, George Elder Community Center**  
**3 Months: October 6, 2016 – December 29, 2016**  
**Fees: \$34.00 All Welcome**  
 1407.201 Thursday 5:30 to 9:00pm (Beginners 6:15 to 7:00pm)

SALSA

Salsa is very energetic and fun Latin Dance as well as great exercise. Beginning students will learn all the fundamental steps and partnering techniques for salsa dancing. Intermediate students will learn more advanced partnering and more sophisticated footwork. Lessons also include: Cha Cha Cha, Bachata, Merengue and Cumbia. No partner necessary. Students must verify any holiday make ups with instructor.  
**Dorothy Tsu & Moses Navarro, Garvey Ranch Park**  
**10 Weeks: October 7 – December 16, 2016 (No class on 11/25/16)**  
**Fees: \$90.00 All Welcome**  
 1406.201 Beginner Friday 7:30 to 8:30pm  
 1406.202 Intermediate Friday 8:30 to 9:30pm

EDUCATION CLASSES

**Rose Scobie, Barnes Park Service Club**  
**8 weeks: October 3, 2016 to November 21, 2016**

**Fees: \$89.00 0yrs to 3yrs**  
 1309.201 Monday 9:30 – 10:15am  
 1309.202 Monday 10:30am – 11:15am

CHILD - PARENT EDUCATION

Children will learn social and academic skill through music, crafts and other learning activities. Class will also lend insight about child development and personality. A \$10 materials fee per child required at first class meeting. Credentialed Parent Education Instructor, Garvey Ranch Park OR Barnes Park Service Club

CHILD - PARENT EDUCATION

**Barnes Park Service Club**  
**10 Weeks: September 27, 2016 – December 6, 2016**

(No Class 11/22)  
**Fees: \$97.00 0yrs to 4yrs**  
 1305.202 Tuesday 9:00 to 11:00am

CHILD - PARENT EDUCATION

**Garvey Ranch Park**  
**10 Weeks: September 26, 2016 – December 5, 2016**  
**(No Class 11/21)**  
**Fees: \$97.00 2yrs old – Must be 2 by September 1, 2016**  
 1305.203 Monday 9:00 to 11:00am

CHILD - PARENT EDUCATION

**Garvey Ranch Park**  
**10 Weeks: September 5, 2016 – December 7, 2016**  
**(No Class 11/23)**  
**Fees: \$97.00 3yrs Old- Must be 3 by September 1, 2016**  
 1305.204 Wednesday 9:00 to 11:00am

**CHINESE LANGUAGE - ADULT**

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 2, 2016 - December 11, 2016**

<b>Fees: \$129.00</b>	<b>18yrs &amp; Up</b>		
1301.201	Sunday	9:00 to 11:00am	
1301.202	Sunday	11:15 to 1:15pm	
1301.203	Sunday	2:00 to 4:00pm	

**CHINESE LANGUAGE - GRADE 1**

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters.



Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 1 - December 10, 2016**

<b>Fees: \$79.00</b>	<b>6yrs to 7yrs</b>		
1301.204	Book 1	Saturday	9:00 to 11:00am
1301.205	Book 2	Saturday	9:00 to 11:00am
1301.206	Book 2	Saturday	11:15 to 1:15pm

**CHINESE LANGUAGE - GRADE 2**

Experienced instructors use regular Chinese teaching

material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.



**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 1 - December 10, 2016**

<b>Fees: \$79.00</b>	<b>7yrs to 8yrs</b>		
1301.207	Book 3	Saturday	11:15 to 1:15pm
1301.208	Book 4	Saturday	11:15 to 1:15pm
1301.209	Book 4	Saturday	11:15 to 1:15pm

**CHINESE LANGUAGE - GRADE 3**

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 1, 2016 - December 10, 2016**

<b>Fees: \$79.00</b>	<b>8yrs to 9yrs</b>		
1301.210	Book 5	Saturday	9:00 to 11:00am

**CHINESE LANGUAGE - GRADE 4 & 5**

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English.

Learn phonetic Alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 1, 2016 - December 10, 2016**

<b>Fees: \$79.00</b>	<b>10yrs to 12yrs</b>		
1301.211	Book 7	Saturday	9:00 to 11:00am
1301.212	Book 7	Saturday	2:00 to 4:00pm

**CHINESE LANGUAGE - JR HIGH SCHOOL**

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 1, 2016 - December 10, 2016**

<b>Fees: \$129.00</b>	<b>12yrs to 14yrs</b>		
1301.213	Saturday	11:15 to 1:15pm	

**CHINESE LANGUAGE - HIGH SCHOOL**

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Michelle Liang, George Elder Community Center**  
**10 Weeks: October 2, 2016 - December 11, 2016**

<b>Fees: \$129.00</b>	<b>14yrs &amp; Up</b>		
1301.214	Sunday	9:00 to 11:00am	
1301.215	Sunday	11:15 to 1:15pm	
1301.216	Sunday	2:00 to 4:00pm	

**EXERCISE CLASSES**

**Aerobic - Hi-Lo Impact Class - NEW CLASS**

This class will focus on cardio and strength training. Improving stretch, balance and resistance. A total body workout. 17 years and up. NO CHILDREN ALLOWED. Dress comfortably and bring water bottle and mat

**Margaret Nalbandian, Barnes Park Amphitheatre Community Room**  
**6 Weeks: November 7, 2016 - December 16, 2016**

<b>Fees: \$50.00</b>			
1222.201	Tuesday/Thursday	9:30 to 10:30am	

**AEROBICS - HIGH & LOW IMPACT**

This class combines strength and cardiovascular training to maximize fat burning as well as improve aerobic and strength fitness. NO CHILDREN ARE ALLOWED. Students must verify any holiday make ups with instructor.



**Mae Pang, Brightwood Cafeteria**  
**10 Weeks: September 19, 2016 - November 21, 2016 (make-up classes 11/28 if needed)**

<b>Fees: \$46.00 (1-day)</b>	<b>17yrs &amp; Up</b>		
1201.201	Monday	7:00 to 8:00pm	

**CHI GONG**

Class incorporates 36 chi-gong movements and 12 tai-chi movements for a gentle, relaxing exercise. Tone your body,

gain flexibility, be healthier and more vibrant. Students must verify any holiday make ups with instructor.

**Nelson Ong, Barnes Park Memorial Bowl**  
**8 Weeks: September 6, 2016 - October 30, 2016**

<b>Fees: \$100.00</b>	<b>All Welcome</b>		
1203.201	Friday	10:00 to 11:30am	
1203.202	Saturday	9:00 to 10:30am	



**TAI CHI - CHEN STYLE**

The Chen Style is the origin of Tai Ji Quan and requires the mind to be in control of Qi which in turn activates the body. Students must verify any holiday make ups with instructor.

**Nelson Ong, Barnes Park Memorial Bowl**  
**8 Weeks: September 11, 2016 - October 30, 2016**

<b>Fees: \$100.00</b>	<b>All Welcome</b>		
1208.202	Sunday	9:00 to 10:30am	

**PILATES - MAT CLASS**

Pilates is an exercise system for the mind and body - toning different muscles, developing proper breathing, posture, and mental concentration. This class will use props for quicker results. Students must provide their own exercise mat, one pound weights, and flexi-band.

**Gabriela Kasanjian, Service Club House**  
**10 Weeks: October 6, 2016 - December 8, 2016**

<b>Fees: \$73.00</b>	<b>All Welcome</b>		
1207.201	Thursday	5:30 to 6:30pm	

**TAI CHI - MIXED STYLE**

Learn Tai Chi stemming from all styles including Chen, Sun, Woo, Wu and Yang. Students must verify any holiday make ups with instructor.

**Jie Guo, Garvey Ranch Park**  
**3 Months: October 2, 2016 - December 27, 2016**

<b>Fees: \$129.00</b>	<b>All Welcome</b>		
1217.201	48 Hand Form	Sunday	9:30 to 10:30am
1217.202	24 Hand Form	Sunday	8:30 to 9:30am
<b>Fees: \$129.00</b>	<b>All Welcome</b>		
1217.203	New Frame (Int)	Sunday	7:30 to 8:30am
1217.204	Tai Chi (Adv)	Sunday	12:30 to 1:30pm
1217.205	48 Tai Chi Hand	Sunday	8:30 to 9:30am
1217.206	Tai Chi Sword	Sunday	9:30 to 10:30am
1217.207	24 Hand Form	Sunday	8:30 to 9:30am
1217.208	48 Hand Form	Sunday	9:30 to 10:30am
1217.209	32 Tai Chi Sword Beg	Sunday	10:30 to 11:30am
1217.210	Tai Chi Push Hand	Sunday	11:30 to 12:30pm
1217.211	New Frame Tai Chi Hand	Tuesday	8:00 to 9:00pm
1217.212	Tai Chi Hand Form Review	Tuesday	6:00 to 7:00pm
1217.213	Shao Lin	Tuesday	5:00 to 6:00pm
1217.214	Basic Training	Tuesday	7:00 to 8:00pm



**MARTIAL ARTS CLASSES**

**NIPPON KEMPO KARATE**

Nippon Kempo is a Japanese Martial Art based on techniques of striking, kicking, throwing, reverse holds and ground combat. **Advanced class requires instructor's approval.** Students must verify any holiday make ups with instructor.

**Mark Ishida, Garvey Ranch Park**  
**Each Month: October 6, 2016 - November, 2016**

<b>Fees: \$35.00 or \$30.00</b>	<b>Subsequent Family</b>		
<b>5yrs &amp; Up</b>			
1102.201	Oct-Beg	Thursday	6:15 - 7:30pm & Saturday 8:45-10:00am
1102.202	Nov-Beg	Thursday	6:15 - 7:30pm & Saturday 8:45-10:00am
1102.204	Oct-Adv	Thursday	7:30 - 8:30pm & Saturday 10:00 - 11:00am
1102.205	Nov-Adv	Thursday	7:30 - 8:30pm & Saturday 10:00 - 11:00am



**SHAOLIN KUNG FU**

The Shaolin Kung Fu class teaches various Shaolin Martial Arts to help improve your body flexibility and overall health. The class also allows students to foster their martial virtues, perseverance, and independence so



that they will become more disciplined and confident. The Shaolin Kung Fu class is taught by Peter Thai, a Shaolin disciple, who has been practicing martial arts for 15 years.

**Michelle Liang, George Elder Community Center**  
**10 weeks: October 1, 2016 - December 10, 2016**

<b>Fees: \$99.00</b>	<b>5yrs &amp; Up</b>		
1301.237	Beginner/Intermediate	Saturday	9:00 to 10:30am
1301.238	Beginner/Intermediate	Saturday	11:00 to 12:30am
1301.239	Beginner	Saturday	1:30 to 3:00pm
1301.240	Beginner	Saturday	3:00 to 4:30pm

**SHOBU KAI KARATE DO**

Shobu Kai Karate-Do is a traditional karate style. It will help students learn self defense. Class will help improve self-discipline, confidence and concentration.

**Ricky Wong, George Elder Community Center**  
**1 Month: October 4, 2016 - December 29, 2016**

<b>Fees: \$31.00 or \$26.00</b>	<b>Subsequent Family</b>	<b>6yrs &amp; Up</b>	
1105.201	Oct	Tues & Thurs	7:00 to 8:00pm
1105.202	Nov	Tues & Thurs	7:00 to 8:00pm
1105.203	Dec	Tues & Thurs	7:00 to 8:00pm



**SHOTOKAN KARATE DO**

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional.

Students must verify any holiday make ups with instructor.

**Richard Kageyama, George Elder Community Center**  
**Each Month: October 3, 2016 - December 30, 2016**

<b>Fees: \$37.00 or \$32.00</b>	<b>Subsequent Family</b>	<b>6yrs &amp; Up</b>	
1103.201	Oct-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.202	Nov-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.203	Dec-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.204	Oct-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.205	Nov-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.206	Dec-Adv	Mon/Wed/Fri	8:00 to 9:00pm

**WING CHUN KUNG FU**

Authentic Wing Chun, Desui Kung Fu including: Chinese ground grappling and Tai Ji Chi Gong breathing exercises for health and self discipline. Students must verify any holiday make ups with instructor.

**Thomas Wong, Barnes Park Bowl (Thu) Garvey Ranch Park (Sat)**  
**Each Month-Wing Chun 1: October 6, 2016 - December 31, 2016**

<b>Fees: \$87.00</b>	<b>All Welcome</b>		
1104.201	Oct-Beg	Thursday	8:00 - 9:00pm or Saturday 4:00 - 5:00pm
<b>Each Month-Wing Chun 2: October 1, 2016 - December 31, 2016</b>			
<b>Fees: \$97.00</b>	<b>All Welcome</b>		
1104.207	Oct-Adv	Saturday	2:00 to 4:00pm



**SPORTS CLASSES**

**PING PONG**

Sierra Vista Ping Pong is an open play. **Sierra Vista Park**  
**3 Months: September 12, 2016 - December 2, 2016**

<b>Daily Fees: \$3.00</b>	<b>Monthly Fee: \$39.00</b>		
<b>6yrs &amp; Up</b>			
1610.201	Monday-Friday	8:00 to 12:00pm	



<b>Fees: \$50.00</b>	<b>Elder Tennis Courts</b>	<b>18yrs &amp; Up</b>	
1609.201	Inter/Adv	Tuesday	7:00 to 8:30pm
1609.202	Advance	Tuesday	8:30 to 10:00pm
1609.203	Inter/Adv	Thursday	7:00 to 8:30pm
1609.204	Advance	Thursday	8:30 to 10:00pm
<b>Barnes Tennis Courts</b>			
1609.205	Beg/Inter	Saturday	4:00 to 5:30pm

<b>8 Weeks: September 17, 2016 - November 5, 2016</b>			
<b>Fees: \$65</b>	<b>Ages</b>		
1608.201	4 - 7 yrs	Saturday	9:00 - 10:00am
1608.202	8 - 11 yrs	Saturday	10:00 - 11:00am
1608.203	12 & up	Saturday	11:00 - 12:00pm

**Tennis**

Students are required to bring 2 cans of tennis balls with them to the first class.

**Tony Grbac, Barnes Park Tennis Courts**  
**4 weeks: September 12 - October 5**

<b>Fees: \$50</b>	<b>High School age</b>		
1607.201	Beginner/Intermediate	Mon/Wed	3:30pm - 4:30pm

**TENNIS - ADULT**

Students are required to bring 2 cans of tennis balls with them to the first class.

**Dean Eddow, Barnes and Elder Tennis Courts**  
**10 Weeks: October 4, 2016 - December 10, 2016**

Students are required to bring 2 cans of tennis balls with them to the first class.

**Victor Wong, Barnes Park Tennis Courts**

## LANGLEY SENIOR CENTER CLASSES

# SENIOR FALL EXERCISE AND FITNESS CLASSES

OCTOBER 3 - DECEMBER 9, KATALINA BELTRAN, Exercise/Dance Instructor

**EARLY MORNING PLAY/EXERCISE AREA**  
 Only seniors that have paid activity fees may participate OR occupy the room during the posted times.  
**OCTOBER 3 - DECEMBER 23**  
 4602.201 Monday - Friday  
 6:00 A.M. - 8:00 A.M.  
**\$39.00 Seniors 50 yrs and up**

**CHAIR FITNESS EXERCISE**  
 4215.201 Tues/Thurs 1:30 P.M. - 2:30 P.M. \$48.00  
 4215.202 Thurs Only 1:30 P.M. - 2:30 P.M. \$28.00  
**Tuesday - Friends Room, Thursday - Main Room**  
 Aerobic movement, range of motion exercises, strength training, performed in a seated position. This wellness course blends yoga, breath work, strength building and most importantly brain charging exercise.

**FITNESS AFTER 50 - BEGINNING LEVEL**  
 4215.203 Mon/Wed 1:00 P.M. - 2:30 P.M. \$50.00  
**Main Room**

Heart healthy low impact aerobics, strength and flexibility training are the focus of this class. Improve your balance, muscle tone, and posture.

**FITNESS AFTER 50 - INTERMEDIATE CLASS**  
 4215.204 Friday 12:15 P.M. - 1:15 P.M. \$30.00  
**Friends Room**  
 NEW CLASS - level is between Beginning and Advance. Class offers targeted body sculpting exercises with energetic low impact moves, small weights and exercise band to tone arms, abs, back and thighs. Students will not do any exercises on the floor. Bring weights and exercise band to class.

**FITNESS AFTER 50 - ADVANCE CLASS**  
 4215.205 Mon/Thurs 2:45 P.M. - 4:15 P.M. \$50.00  
**Main Room**  
 Seniors are invited to come and exercise in this advanced program which helps improve balance, strengthening, flexibility, muscle tone, bone density, and posture.

**ZUMBA GOLD**  
 4215.207 Tuesday 12:15 P.M. - 1:15 P.M. \$30.00

**Friends Room**  
 Zumba gold is an aerobic class that uses Latin based rhythms and other dance inspired tempos to create a fun upbeat workout. Low impact, easy to follow dance fitness class.

**LATIN DANCE**  
 4215.211 Friday 1:30 P.M. - 2:30 P.M. \$30.00  
**Friends Room**  
 Learn to dance Salsa, Merengue, Cha Cha, Rumba and other Latin dances with easy to follow steps and routines. Our Friday afternoon class is for everyone from absolute beginners to seasoned dancers, and you don't need a partner!!!

**YOGA**  
 4215.208 Tuesday 2:45 P.M. - 3:45 P.M. \$30.00  
**Friends Room**  
 This easy to follow class is designed for all levels that use special breathing and strength-building yoga postures. A modified version is simultaneously demonstrated for those with limited flexibility and strength. Students can do the class in the chair or standing with or without shoes. Elevate your health and well-being with these one hour sessions.

↓ **FALL 2016 Off-Site Classes** ↓

## ART CLASSES

**DRAWING & PAINTING FOR YOUNG ARTIST**  
 A beginning level group art class introducing the basic skills of drawing and painting. \$10 materials fee is due at first class meeting. Students must verify any holiday make ups with instructor.  
**MAX 10 students only.**  
**Rainbow Art Studio, 260 East Garvey Avenue Monterey Park**  
**10 weeks: October 5, 2016 - December 18, 2016**  
**Fees: \$190.00 5yrs to 7yrs**  
 5501.201 Wednesday 5:30-7:00pm  
 5501.202 Thursday 5:30-7:00pm  
 5501.203 Sunday 11:15-12:45pm

**222 W Garvey Ave, #L/M/N, Monterey Park**  
**10 weeks: October 1, 2016 - December 9, 2016**  
**Fees: \$150.00 (materials included) Age: 5yrs to 12yrs**  
 5502.201 Saturday 10:00 - 12:00pm  
 5502.202 Saturday 1:00-3:00pm  
 5502.203 Friday 1:00 - 3:00pm  
 5502.204 Friday 3:00 - 5:00pm

**PENCIL DRAWING**  
 If your child wants to learn how to draw in pencil, this is the place to begin. Learn basic drawing techniques using the latest materials. Students must verify any holiday make ups with instructor.\*Instructors graduated from Pasadena Art Center and all of them are professional cartoonist, illustrator, and educator.

**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park/ 222 W Garvey Ave, #L/M/N, Monterey Park**  
**10 weeks: October 1, 2016 - December 3, 2016**  
**Fees: \$88.00 (materials included) Age: 7yrs to 13yrs**  
 5502.205 Saturday 3:00-4:00pm  
 5502.206 Saturday 4:00-5:00pm

**CHARACTER DESIGN, LIFE DRAWING & SKETCHING—JR HIGH SCHOOL**  
 Learn the basics of character design, life drawing, & sketching in general. Expend your knowledge and discover the techniques

that will help you along the way to become the artist. Students must verify any holiday make ups with instructor. \*Instructors graduated from Pasadena Art Center and all of them are professional cartoonist, illustrator, and educator.  
**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park/ 222 W Garvey Ave, #L/M/N, Monterey Park**  
**10 weeks: October 1, 2016 - December 4, 2016**  
**Fees: \$159.00 (materials included) Age: 7yrs & Up**  
 5502.207 Saturday 10:00-12:00pm  
 5502.208 Saturday 1:00-3:00pm  
 5502.209 Saturday 3:00-5:00pm  
 5502.210 Sunday 10:00-12:00pm

**BEAD MAKING AND CRAFT**  
 A beginner class where students will explore different techniques to make intricate bracelets, key chains and necklaces. A fun chains relaxing class that also provides a learning experience.  
**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park/ 222 W Garvey Ave, #L/M/N, Monterey Park**  
**10 weeks: October 1, 2016 - December 3, 2016**  
**Fees: \$90.00 (materials included) Age: 7yrs & Up**  
 5502.211 Saturday 10:00-11:00am  
 5502.212 Saturday 11:00-12:00pm



**CARTOONING CLASS FOR KIDS & YOUTH**  
 Cartooning Class is a space designed to help kids and young teens develop their creativity, imagination, and artistic skills through comics and cartooning. Students will learn the basics in drawing, character design, composition, storytelling, page layout, and publishing. Students must verify any holiday make ups with instructor. \*Instructors graduated from Pasadena Art Center and all of them are professional cartoonist, illustrator, and educator.  
**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park**

## DANCE CLASSES

**BALLET**  
 Ballet is the foundation for all dances and can help dramatically improve other dance techniques. Students are responsible for pink leather or canvas split sole ballet slippers and additional materials fee which will include: leotard, tights, etc. Students must verify any holiday make ups with instructor.  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 1, 2016 - December 3, 2016**  
**Fees: \$92.00**  
 5401.201 3 - 5 years Saturday 9:00-10:00am  
 5401.202 3 yrs Saturday 10:00-11:00am  
 5401.203 4-5yrs. Saturday 10:00-11:00am  
 5401.204 6yrs-12yrs Saturday 11:00-12:00pm  
 5401.208 6yrs-12yrs Wednesday 6:00-7:00pm

**Fees: \$92.00**  
 5401.209 15yrs & Up Saturday 12:00 to 1:00pm  
 5401.210 6 - 12yrs Saturday 10:00 to 11:00am  
 5401.211 15yrs & Up Thursday 7:00 to 8:00pm

**HIP HOP**  
 Bringing together the culture of street dancing and the technical training of dance, Hip Hop has an entertainment quality that is uniquely its own. Students are responsible for tennis shoes and an additional materials fee which will include: t-shirt, basketball shorts/sweatpants. Students must verify any holiday make ups with instructor.  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 1, 2016 - Decmeber 6, 2016**  
**Fees: \$92.00**  
 5401.213 7yrs to 10yrs Saturday 10:00 to 11:00am  
 5401.214 Teen/ Adult Tuesday 7:00 to 8:00pm  
**Fees: \$112.00**  
 5404.220 11yrs to 16yrs Saturday 11:00 to 12:30pm



**10 Weeks: October 5, 2016 - December 7, 2016**  
**Fees: \$120.00**  
 5404.201 7 - 14 yrs Wednesday 7:00pm - 8:00pm  
 5404.202 15 yrs & Up Wednesday 7:00pm - 8:00pm

**DANCING WITH THE STARS KIDS (CHA CHA CHA CLASSES)**  
 One fun way to bond with your children is to dance with them. Let them take the lead and reveal their artistic talent through simple dance steps and light-hearted music. Learn basic steps of Cha Cha Cha. Children can partner with their parents, siblings and even grandparents.  
**Artson Dancesport Center, 401 E. Main St., #102 Alhambra, CA 91801**  
**10 Weeks: October 1, 2016 - December 3, 2016**  
**Fees: \$90.00**  
 5404.203 4-6 yrs Saturday 3:00 - 4:00pm  
 5404.204 7-12 yrs Saturday 3:00 - 4:00pm  
**Fees: \$135.00**  
 5404.204 Parent & Child Saturday 3:00 - 4:00pm

**BELLY DANCING - INTRO**  
 Get all the basics of this alluring dance form. Students will learn basic belly dance techniques such as hip undulations, muscle isolations and body placement. Hip scarf optional but available for purchase at the Arte Flamenco. Students must verify any holiday make ups with instructor.  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 5, 2016 - December 7, 2016**  
**Fees: \$92.00 15yrs & Up**  
 5401.205 Wednesday 7:30 to 8:30pm

**HAWAIIAN-HULA-TAHITIAN DANCE**  
 Students will learn the national dance of Hula. Practice skirt needed for class. Available for purchase at studio. Students must verify any holiday make ups with instructor.  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 1, 2016 - December 8, 2016**  
**Fees: \$92.00**  
 5401.215 5yrs to 6yrs Saturday 9:00 to 10:00am  
 5401.212 6yrs to 12 yrs Thursday 6:00 to 7:00pm  
 5401.216 13yrs & up Thursday 7:00 to 8:00pm



**DANCING WITH THE STARS KIDS (RUMBA CLASSES)**  
 One fun way to bond with your children is to dance with them. Let them take the lead and reveal their artistic talent through simple dance steps and light-hearted music. Learn basic steps of Rumba. Children can partner with their parents, siblings and even grandparents.  
**Artson Dancesport Center, 401 E. Main St., #102 Alhambra, CA 91801**  
**10 Weeks: Oct 1, 2016 - Dec 3, 2016**  
**Fees: \$90.00**  
 5404.205 4-6 yrs Saturday 11:00 - 12:00pm  
 5404.206 7- 12 yrs Saturday 11:00 - 12:00pm  
**Fees: \$135.00**  
 5404.207 Parent & Child Saturday 11:00 - 12:00pm

**FOLKLORICO**  
 Viva Mexico! Students of all ages will be introduced to traditional dance movements, skirt work and heelwork of the dances of Mexico. Students must verify any holiday make ups with instructor.  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 5, 2016 - December 8, 2016**  
**Fees: \$112.00**  
 5401.206 7yrs to 12yrs Wednesday 6:00 to 7:30pm  
**Fees: \$92.00**  
 5401.207 4yrs to 6yrs Thursday 6:00 to 7:00pm

**FLAMENCO**  
 Ole! These introductory classes will cover basic arm and body placement, heelwork and hand clapping while learning a basic flamenco rhythm. Flamenco shoes are required. Students must verify any holiday make ups with instructor. (Subject to cancellation if less than 5 students.)  
**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**  
**10 Weeks: October 1, 2016 - December 8, 2016**



**CHA CHA CHA CERTIFICATE CLASS**  
 Learn the fundamental signature moves that signify the unique Latin dance styles of Cha Cha Cha (Bronze Level). Students will learn proper wrist rotation with arm moves technique, waist and footwork coordination, head and body placement. To be awarded the Specialist Diploma in Art Education by the Artson Dancesport Center (ADC), participants must satisfy the following requirements: Complete Every Single Item Specified Classes, for a total of 8 Classes or above, in a 2-months period, under the Specialist Diploma in Dance Arts Education Program.  
**Artson Dancesport Center, 401 E. Main St., #102 Alhambra, CA 91801**

**DANCING WITH THE STARS KIDS (SAMBA CLASSES)**  
 One fun way to bond with your children is to dance with them. Let them take the lead and reveal their artistic talent through simple dance steps and light-hearted music. Learn basic steps of Samba. Children can partner with their parents, siblings and even grandparents.  
**Artson Dancesport Center, 401 E. Main St., #102 Alhambra, CA 91801**  
**10 Weeks: October 2, 2016 - December 4, 2016**  
**Fees: \$90.00**  
 5404.208 4-6 yrs Sunday 11:00 - 12:00pm  
 5404.209 7- 12 yrs Sunday 11:00 - 12:00pm  
**Fees: \$135.00**  
 5404.210 Parent & Child Sunday 11:00 - 12:00pm

## EDUCATION CLASSES

### DRIVER'S EDUCATION

Driver education is a California-required course for teens to receive a driver's license. This is an online study course. DMV accepted completion certificates issued upon successful completion of the course. Class is on-going & does not include behind-the-wheel driving.



#### All Good Drivers, On Line Class

**3 Months: October 1, 2016 - December 31, 2016**

**Fees: \$49.00 14yrs to 18yrs**

5301.201 Mon-Sun 12:00am to 11:59pm

### BEGINNING YOGA LEVEL

This class is ideal for the student new to yoga. This course introduces the basic poses, principles of movement and posture, yoga philosophy and simple relaxation techniques. In Iyengar yoga, weak parts are strengthened and stiff parts are stretched, thus awakening and realigning the whole body. This class is perfect for beginning yoga students!

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 3, 2016 - December 11, 2016**

**Fees: \$112/10 wks or \$192/20 mtgs.**

5403.201 Ages 16+ Select One Day  
 5403.202 Ages 16+ Select Two Days  
 Monday - Friday 7:15 to 8:15pm  
 Tuesday 9:00 to 10:15am  
 Saturday 12:00 to 1:15pm  
 Sunday 11:30 to 12:30pm  
 Sunday 1:00 to 2:00pm

### GENTLE YOGA & MEDITATION

Meditation and yoga are both healing and will enhance mental clarity, strength, flexibility and balance. This class is ideal for all ages including Seniors and for Prenatal and Postnatal. Please bring a yoga mat, an empty stomach and wear comfortable clothing.



**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 3, 2016 - December 10, 2016**

**Fees: \$112/10 wks or \$192/20 mtgs.**

5403.203 Ages 16+ Select One Day  
 5403.204 Ages 16+ Select Two Days  
 Monday 9:00 to 10:15am  
 Saturday 9:00 to 10:15am

### YOGA FOR ALL LEVELS

Discover the healing benefits of Hatha Yoga; health, strength, energy, flexibility, mental clarity, and much more. Learn the basic fundamentals of asanas along with relaxation. Please bring a yoga mat and an empty stomach.

### SINGING CLASS - GROUP LESSON

LA Little Angels Children's Chorale provides an excellent foundation for young performers of the future.



Class A (Kindergarten) - vocalization, rhythm, ear training, theory, body coordination, famous cute songs.

Class B (Elementary) - Vocal technique, Rhythm, Ear training, theory exploration, famous Choral, Musical performance, Community services

www.LittleAngelsChorale.com

**LA Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park**

**4 Weeks: October 2, 2016 - October 23, 2016**

**Fees: \$90.00 Elementary (age 9-12)**

5701.201 Sunday (C Class) 1:30 to 3:30pm

**Fees: \$80.00 Elementary (age 6-9)**

5701.202 Sunday (B Class) 3:30 to 5:00pm

**Fees: \$70.00 Kindergarten (age 4-6)**

5701.203 Sunday (A Class) 5:00 to 6:15pm

### PRIVATE PIANO, VIOLIN, GUITAR AND VOICE LESSONS

One on one efficient expert teacher will guide students step by step into the beautiful world of music. Voice lessons include vocalizing, sight singing and stage

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 3, 2016 - December 11, 2016**

**Fees: \$112/10 wks or \$192/20 mtgs.**

5403.205 Ages 16+ Select One Day  
 5403.206 Ages 16+ Select Two Days

#### Weekday Schedule

Monday - Friday 6:00 to 7:15 pm  
 Wed & Fri 7:45 to 9:00 am  
 Thursday 9:00 to 10:15am

#### Weekend Schedule

Sunday 9:00 to 10:00 am  
 Sunday 10:00 to 11:15 am  
 Sunday 6:00 to 7:30 pm

### YOGA FOR INTERMEDIATE STUDENTS

Join us for a deeper study of asanas (postures). Students focus on continuing studies of inversions including headstand, shoulder stand and back-bend variations. Relaxation is practiced.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 4, 2016 - December 11, 2016**

**Fees: \$112 Ages 16+**

5403.207 Tuesday & Thursday 6:00 to 7:15 pm  
 Sunday 10:00 to 11:15am

### RESTORATIVE YOGA

The calming and resting benefits of the poses are cultivated through the support of props, such as blankets and bolsters, enabling the student to hold the poses for a longer duration. The poses of Restorative Yoga deeply rejuvenate and are most relaxing. This class is perfect for overcoming fatigue. The emphasis is on the breath, healing and letting go!

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 2, 2016 - December 4, 2016**

**Fees: \$110 Ages 18+**

5403.208 Sunday 6:00 - 7:30pm

### CHILDREN'S YOGA

Playful yoga practice! Join us and learn yoga asanas (postures) in a supportive, energetic, positive, enjoyable and creative environment.



Children will have fun while keeping their bodies healthy and building a foundation of inner strength. Asanas will strengthen their growing bodies; develop good posture, coordination and concentration. Children will have time and space to play and build independence while learning awareness and much more!

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: October 3, 2016 - December 5, 2016**

**Fees: \$100 Ages 8-12 years**

5403.209 Monday 4:00 - 5:00pm

## MUSIC & THEATER CLASSES

performance. Violin and Piano lessons include finger technique, sight reading and beat counting. Individual lessons run 30 minutes per session - time to be worked out with instructor. Additional material fees may be required - Visit website at [www.littleangelschorale.com](http://www.littleangelschorale.com) for more information. Students must verify any holiday make ups with instructor.

**Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park**

**4 Weeks: October 2, 2016 - October 23, 2016**

**Fees: \$125.00 5yrs & Up**

5701.204 Private Piano Mon-Sun 30 minutes/per session  
 5701.205 Private Violin Mon-Sun 30 minutes/per session  
 5701.206 Private Voice Mon-Sun 30 minutes/per session  
 5701.207 Private Guitar Mon-Sun 30 minutes/per session

### YACA PIANO CLUB

Certified teachers. YACA private tutors offer personalized lessons which includes all levels. In individual 1-on-1 instructors are also available to help students gain confidence, improve grades, and learn new skills. Prepare ABRSM examination. Individual lessons run 45 minutes per session-time to be worked out with instructor.



**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park/ 222 W**

### INTRODUCTORY COURSE FOR STUDENTS NEW TO YOGA

This course is a total of four sessions and introduces the basic yoga poses, principles of movement and posture. Each session is a cumulative experience with each class building on the one before it. The needs of each individual will be addressed. This course is a great way to begin your study of yoga or to refresh your understanding of the basics.

Some of the benefits include, rejuvenation and overcoming fatigue, increased vitality, reduction of stress and anxiety; helps correct postural imbalances, decrease in back and neck pain; learn simple relaxation techniques.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**4 Sessions: October 2, 2016 - October 23, 2016**

**Fees: \$62.00 Ages 18+**

5403.210 Sunday 12:30 to 1:30pm

### YOGA KURUNTA - ALL LEVELS - ROPE CLASS IN THE IYENGAR YOGA METHOD

Working on the ropes is called Yoga Kurunta, which translates as "yoga puppet." You will move your body using the resistance and gravity-defying assistance of the wall ropes to lengthen and deepen your yoga practice. Students are able to target specific areas of the body, performing postures with the assistance of the ropes, strengthening and stretching as they progress. The rope wall makes poses that are difficult due to age, stiffness, injury or fear possible. Balance is improved along with flexibility and stamina. The ropes can be applied to all categories of poses, including standing, forward and back extensions, twists, and inversions. In this Level 1 course, we will explore Yoga Kurunta in these various categories. The course is cumulative, some material will be reviewed, each class builds on previous instruction.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**4 weeks: October 2, 2016 - October 23, 2016**

**Fees: \$65.00 Ages 18+**

5403.211 Sunday 4:00 to 5:30pm

### NEW! YOGA TEACHER TRAINING PROGRAM

#### STARTS OCTOBER 2016

The Yoga Darsana Teacher Training Program is for students seeking to deepen their understanding and connection to the elements of the yoga practice. We will provide students with an in-depth immersion on the art, science and practice of Yoga. We will cover yoga philosophy, theory of practice, teaching, the art of sequencing a class, the art of observation, basic adjustments, principles of anatomy, mentoring and much more! You will receive a 200 hour teaching certificate upon completion of the course.

Please contact Yoga Darsana for additional information and scheduled program dates.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Month: starts October 1, 2016**

**Fees: \$2,000.00 Ages 18+**

5403.213 Meeting once a month, Saturdays and some Sundays

**Garvey Ave, #L/M/N, Monterey Park**

**4 Weeks: October 3, 2016 - October 30, 2016**

**Fee: \$125.00**

5702.201 Mon - Fri 10:00 to 6:30pm

(Private Piano - per 45 minute session)

5702.202 Sat - Sun 9:00 to 6:30pm

(Private Piano - per 45 minute session)

### YACA FLUTE CLASS

This course is according to the Royal College of Music syllabus design, including the basic structure of professors flute, basic music theory, music scores understanding and selection of different types of songs for practice purposes, to ensure students understand the basic playing methods, master mouth shape, pronunciation, breathing, tonguing and fingering techniques, through the music sheet to play simple tunes.

(Please bring your own flute and purchase of selected textbooks).

**YACA Art Gallery, 333 W Garvey Ave, #C, Monterey Park / 222 W**

**Garvey Ave, #L/M/N, Monterey Park**

**4 Lessons: October 3, 2016 - October 30, 2016**

**Fee: \$125.00**

5702.203 Mon-Fri 10:30 to 6:30pm

(Private Flute - per 45 minute session)

5702.204 Sat-Sun 1:00 to 6:30pm

(Private Flute - per 45 minute session)

## SPORTS CLASSES

### BASKETBALL CAMP

The Schurr High School Basketball Camp is designed to give young athletes between the 3rd - 12th grades the opportunity to develop and refine their basketball skills in a positive and well-organized learning environment. Once in camp, each individual will learn basic as well as advanced fundamental skills in all aspects of the game. Clinic will focus on:



\*Strength and conditioning \*Ball Handling \*Shot Mechanics

\*Individual skill development \*Defensive movement and positioning

\*Offensive footwork \*Offensive movement \*Team Play  
Please arrive 30 minutes early to check-in on the first day of camp

For more information Email: Chavez\_Paul@Montebello.k12.ca.us

**Schurr HS Basketball Staff, Schurr High School Gym**  
**5 weeks, 9 sessions: October 4, 2016 - November 1, 2016 (Excluding July 4th)**

**Fees: \$135.00 Includes T-Shirt (Please email Chavez\_Paul@Montebello.k12.ca.us with T-Shirt Size)**

**(Boys & Girls)**

5603.201 4yrs to 6yrs Tue & Thu 6:00 to 7:20pm

5603.202 3rd to 8th Grade Tue & Thu 6:00 to 7:20pm

5603.203 9th to 12th Grade Tue & Thu 7:30 to 9:00pm

### GOLF - 4 SENIOR'S

Learn the basics of golf - putt, chi, pitch, sand, full swing). Experience the fun of playing on the golf course, under

the guidance of a PGA member. 12 hours of instructions, average of cost is \$100 per hour for private lessons. Golf clubs are provided by instructor. Students are responsible for the purchase of range balls at each class.

**Kevin Norwall, PGA PRO Instructor**

**Monterey Park Golf Course 3600 W. Ramona Blvd, Monterey Park, CA 91754**

**5 Weeks: October 4, 2016 - November 1, 2016**

**Fee: \$102.00 50 yrs and Up**

5601.201 Tues & Thurs 9:00 to 10:00am

### GOLF

Learn the fundamentals of putting, chipping, pitching, full swing, grip, stance, swing, club selection and etiquette. Instructor is a P.G.A. member.



Experienced golfers will improve their skills as well. Golf clubs are provided by instructor. Students are responsible for the purchase of range balls at each class. Students must verify any holiday make ups with instructor.

**Kevin Norwall, PGA PRO Instructor**

**Monterey Park Golf Course 3600 W. Ramona Blvd, Monterey Park, CA 91754**

**5 Weeks: October 5, 2016 - November 5, 2016**

**Fees: \$61.00 8yrs & Up**

5601.202 Wednesday 9:00 to 10:00am

5601.203 Saturday 11:00 to 12:00pm

5601.204 Saturday 1:00 to 2:00pm

### GYMNASTICS

Learn basic gymnastics and concentration skills along

with coordination, strength and self confidence. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

**Payke Gymnastics, 107 S. Garfield Ave, Alhambra**

**8 Weeks: October 4, 2016 - November 22, 2016**

**Fees: \$112.00 5yrs to 8yrs**

5602.202 Tuesday 4:00 to 5:00pm

### Hitting Fundamentals for Beginning to Advanced Baseball / Fast-pitch Softball

This class is designed to teach boys and girls the fundamentals of hitting for baseball and fast-pitch softball. Students will get a lot of hitting repetition by utilizing the latest tee drills,



flip drills and toss drills in a structured environment. Classes are limited to 6 per class to ensure each student receives maximum instruction. Private instruction is also available. Players need their own bat and batting helmet. Contact instructor for times and days available (Jay Simper 626-664-4583)

**Jay Simper, La Loma Field**

**Group: October- December, 2016**

**(Group Includes: 1hr class (4) classes)**

**Fees: \$89.00 8yrs to 18yrs**

5604.201 Thursday 3:00pm to 7:00pm

**Private: October - December, 2016**

**(Group Includes: 1/2hr class (4) classes)**

**Fees: \$129.00 8yrs to 18yrs**

5604.202 Thursday 3:00pm to 7:00pm

# Fall

## SWIM CLASSES



### PARENT & TOT

Parents are required to be in the water during class time.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015 (No class on Sept. 24)**

**Fees: \$39.00 6mos to 5yrs**

2108.201 Saturday 10:30am to 11:20am

2108.202 Saturday 11:30am to 12:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 6mos to 5yrs**

2108.203 Saturday 10:30am to 11:20am

2108.204 Saturday 11:30am to 12:20pm

### LEVEL I: WATER EXPLORATION

Students must meet minimum age requirement - 5 years of age.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 5yrs to 7yrs**

2101.201 Saturday 10:30am to 11:20am

2101.202 Saturday 11:30am to 12:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 5yrs to 7yrs**

2101.203 Saturday 10:30am to 11:20am

2101.204 Saturday 11:30am to 12:20pm

### LEVEL II: PRIMARY SKILLS

Level 1 Water Exploration Pre-Requisite required. Pre-requisites can be met by showing a certificate or demonstrating all completion requirements.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 7yrs to 17yrs**

2102.201 Saturday 10:30am to 11:20am

2102.202 Saturday 11:30am to 12:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 7yrs to 17yrs**

2102.203 Saturday 10:30am to 11:20am

2102.204 Saturday 11:30am to 12:20pm

### LEVEL III: STROKE READINESS

Level 2 Primary Skills Pre-Requisite required. Pre-requisites can be met by showing a certificate or demonstrating all completion requirements.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 7yrs to 17yrs**

2103.201 Saturday 10:30am to 11:20am

2103.202 Saturday 11:30am to 12:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 7yrs to 17yrs**

2103.203 Saturday 10:30am to 11:20am

2103.204 Saturday 11:30am to 12:20pm

### LEVEL IV: STROKE DEVELOPMENT

Level 3 Stroke Readiness Pre-Requisite required. Pre-requisites can be met by showing a certificate or demonstrating all completion requirements.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 7yrs to 17yrs**

2104.201 Saturday 12:30pm to 1:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 7yrs to 17yrs**

2104.202 Saturday 12:30m to 1:20pm

### LEVEL V: STROKE REFINEMENT

Level 4 Stroke Development Pre-Requisite required. Pre-requisites can be met by showing a certificate or demonstrating all completion requirements.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015 (No class on Sept. 24)**

**Fees: \$39.00 7yrs to 17yrs**

2105.201 Saturday 12:30pm to 1:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 7yrs to 17yrs**

2105.202 Saturday 12:30pm to 1:20pm

### LEVEL VI: STROKE PROFICIENCY

Level 5 Stroke Refinement Pre-Requisite required. Pre-requisites can be met by showing a certificate or demonstrating all completion requirements.



**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 7yrs to 17yrs**

2106.201 Saturday 12:30pm to 1:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 7yrs to 17yrs**

2106.202 Saturday 12:30pm to 1:20pm

### ADULT LEARN TO SWIM

Beginning and Advanced classes for Adults.

**Staff, Barnes Park Pool**

**Cycle 1: September 10, 2015 - October 8, 2015**

**(No class on Sept. 24)**

**Fees: \$39.00 18yrs & Up**

2109.201 Beginner Saturday 12:30pm to 1:20pm

2110.201 Advanced Saturday 12:30pm to 1:20pm

**Cycle 2: October 15, 2015 - November 19, 2015**

**Fees: \$39.00 18yrs & Up**

2109.202 Beginner Saturday 12:30pm to 1:20pm

2110.202 Advanced Saturday 12:30pm to 1:20pm

## Use this form for Mail-In Registration ONLY

### WALK IN

- Register starting September 6, 2016 at 7:30am
- Come to the Recreation and Community Services Counter at Monterey Park City Hall from
- Mon - Thurs 7:30am - 5:30pm, Friday 7:30am - 4:30pm.
- CREDIT CARDS (Visa, Mastercard & American Express) ARE ACCEPTED.

### MAIL IN

- Complete Registration Form (Photocopies can be used)
- Enclose stamped, self-addressed envelope
- Include a check for EXACT AMOUNT for each class payable to: City of Monterey Park
- Mail form and check to:

Recreation and Community Services  
320 W. Newmark Ave.  
Monterey Park, CA 91754

### GENERAL INFORMATION

- Classes are filled on a first come first serve basis. Space is limited.
- \$2 Senior Discount for residents 55 years of age and older. DISCOUNT MAY NOT BE COMBINED WITH ANY OTHER DISCOUNT OFFER. A cancellation fee of \$9.00 will be deducted from all refunds made prior to the start of first class meeting. No refunds will be made after class begins. Cancellations must be made in person.
  - No telephone cancellations will be accepted.
  - Full refund by City check will be made if class is cancelled by the Recreation and Parks Department. REFUNDS MAY TAKE FROM (3) THREE TO (5) FIVE WEEKS.
  - All programs are subject to cancellation or schedule to change if class minimums are not reached. Classes are closed when class maximums are met. The department will make an attempt to contact all cancelled class participants by phone, letter or email. To assure that your class has not been cancelled, please call our office at (626) 307-1388 the first day of class.
  - Do not buy class supplies until you have received confirmation that the class has been filled.

PARTICIPANT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ WORK PHONE: ( ) \_\_\_\_\_

AGE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CLASS #	NAME OF CLASS	DAY	TIME	FEE
1				
2				
3				

Name of Parent or Guardian \_\_\_\_\_

Emergency Phone # \_\_\_\_\_ or \_\_\_\_\_

By placing my signature on the registration form, I understand and will comply with the rules set forth by the Parks and Recreation Department regarding participation in the above named classes. I further agree for myself, my heirs, executors, administrators, and assigns to waive all rights and claims for damages against the organizations, this event, its agents, representatives, successors and assigns for any and all injuries suffered by the above-named participant at and/or during said event or activity.

I also consent to emergency treatment for my child.

\_\_\_\_\_ Date: \_\_\_\_\_

Signature of Adult Participant or Parent/Guardian



# Barnes Park Extended Day Care

Now Enrolling!

Ages 5-12

Licensed Facility

August 11, 2016 through May 26, 2017

Serving the community for over 26 years!



Small Student to Teacher Ratio

**Hours of Operation**  
11:30 a.m.-7:00 p.m.

**Fees per week**  
(10% OFF EACH ADDITIONAL CHILD)

\$ 107.00 Resident  
\$ 114.00 Non-Resident  
Transportation is provided

### Daily Routine

- Homework Assistance
- Outdoor Activities
- Arts/Crafts
- Music/Dance

**\*Accepting enrollment for Winter Break  
(Breakfast & Snack Provided)  
Hours: 6:30 a.m. – 7:00 p.m.**

**December 19 through January 6**

**Sign up today!** Location: 350 S. McPherrin Ave, Monterey Park CA 91754  
For more information call Ms. Maricela Vazquez, Program Coordinator at (626) 307-1451 or (626) 307-1388  
Email at: mvazquez@montereypark.ca.gov

# Monterey Park Woman's Club: Over 101 Years of Service



2016-17 MPWC officers back row: President Rita Aleman, 2nd VP Nena Cervantes-Garduno, 3rd VP Victoria Chavez-Calderon. Front row: 1st VP Marian Hallin, Co-Treasurer and Parliamentarian Pauline Lemire, Co-Treasurer and Philanthropy Marie Montanez, 4th VP Katherine Torres.

The Monterey Park Woman's Club, after a summer hiatus, resumes meeting on September 14 and looks forward to our 102nd anniversary in February 2017. We meet at the Service Clubhouse, 440 S. McPherrin Ave., Monterey Park at 9:45 a.m.

A very special program on the General Federation of Women's Club by two outstanding members from the Covina Woman's Club will follow our Business Meeting. Kim Plater and Alice Slaughter will give us the historical background of the founding purpose of our organization. Kim and Alice have spoken to our group in the past and always present a good program. Our many new members as well as long standing members are in for a special treat as we learn about how we got started and how we have made an impact in our communities across the country.

Please do join us, all interested people (women and men) are welcome to join us and learn about how we have and how we can continue to be of service to our community.

**TO SCHEDULE A FREE TRIAL**  
 7422 Garvey Ave #202,  
 Monterey Park, CA

**E-LOGIX ACADEMY**  
 626 940 5719

數學/閱讀/寫作學習中心  
 Matemáticas / Lectura / Escritura centro de aprendizaje

**TUTORING IN MATH/  
 READING AND  
 WRITING**

**OPERATION HOURS:**  
 TUESDAY 3:30PM-7:00PM  
 WEDNESDAY 3:30PM-7:00PM  
 THURSDAY 3:30PM- 7:00PM  
 SATURDAY 10:00AM-6:00PM

**GRADE LEVELS: 1-8**

**FOCUS ON HOMEWORK  
 ASSIGNMENTS AND  
 PREPARE STUDENTS  
 FOR COMMON CORE**

**SMALL GROUP TUTORING**  
 EMPOWERING CHILDREN TO REACH THEIR  
 FULL POTENTIAL  
 PERSONALIZED TUTORING FOR  
 SUCCESS  
 HAVE FUN IN LEARNING

For more information, visit our web page:  
[www.elogixacademy.com](http://www.elogixacademy.com) [www.facebook.com/elogixacademy](http://www.facebook.com/elogixacademy)

**GRAND OPENING**  
**Serenity Spa**

*Reflexology + Foot Massage = Well Being*  
*The Healing Power of Touch*

\$20 / 1 Hr. Foot Massage  
 \$40 / 1 Hr. Body Massage (Hot Stone)

Open 7 Days 10AM - 11PM  
 626-307-9988  
 215 South Garfield Ave. # F Monterey Park

Monterey Park Cascades  
**FOR**  
**ADVERTISING INFORMATION**

**SUCCESS PRINTING:**  
**(626) 280-5199**  
 (Simon)  
 E-mail: success668@yahoo.com  
 (Stephanie)  
 E-mail: successprinting.ad@gmail.com

**LIANG'S KITCHEN** 梁媽媽家 臺灣眷村美食

Liung's Kitchen

經典招牌菜 讓您吮指回味

滋補羊肉燴麵 Signature Lamb Noodle Soup	香辣大盤雞 Spicy Big Platter Chicken	香蒸滷麵 Steamed Noodles	酒釀芝麻湯圓 Sesame Mochi in Sweet Soup
牛肉夾饅 Shredded Beef Discuit	蒜泥羊肉 Stewed Lamb w Garlic Sauce	烤羊肉串 BBQ Lamb Skewers	

**OPEN 7 DAYS**

<b>Artesia Location</b> 18192 Norwalk Blvd., Artesia, CA 90701 <b>(562) 865-0600</b>	<b>Monterey Park Location</b> 788 S. Atlantic Blvd., Monterey Park, CA 91754 <b>(626) 282-8238</b>
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## A Guide to the Night Sky

By Tre Gibbs, Los Angeles Astronomical Society

Equal Night and The Goddess of Beauty and Love



This month on September 22nd at 7:21 a.m., Earth's northern hemisphere heralds the return of the fall season. In astronomical terms this is known as the Autumnal Equinox, "autumnal" or autumn, and "equinox" are Latin for equal night. On this day, the Sun will rise and set due east and due west respectively, and therefore both hemispheres will receive equal amounts of night and day - although in the southern hemisphere, this same event marks the return of spring. From our perspective here on Earth, we can document this annual event for ourselves. If you were to notice where the Sun rises and sets each day over the course of a year, you may notice that the Sun moves continuously from north to south and back again. In the summer months, the Sun rises and sets further north while in the winter months, the Sun rises and sets further south - both reaching their northern and southern extremes on their respective solstices. Solstice is Latin for "stand still," as the Sun appears to slow down and "stand still" before changing directions.

Since Earth's axis is always tilted in the same direction, as we orbit the Sun there are times of the year when Earth's top half is leaning towards the Sun (summer - longer days, shorter nights) and times of the year when it's leaning away from the Sun (winter - shorter days, longer nights). As this transition happens, there are also times when Earth isn't leaning towards the Sun at all, and these are known as the equinoxes - both vernal (spring) and autumnal (fall). So,

on Thursday, September 22, we welcome the return of autumn to the northern, or top half of planet Earth, while our "down under" Australian friends welcome spring.

Speaking of planets, Venus (named for the Goddess of Beauty and Love) makes her return to our western skies just after sunset. However, she will hug the western horizon until early November, after which she begins a gradual yet steady climb, reaching her summit in early February - then beginning her slow descent, inching towards the glare of the Sun and disappearing completely from our western skies by late March.

Mars, named for the Roman God of War and Saturn, named for the Roman God of Agriculture, are still dazzling in the southwest at sunset, but only for a short amount of time. Mars is the bright, steady, pinkish star-like object located approximately halfway up the sky in the south west at sunset. To the right of Mars - almost directly across in a straight line - is the much fainter Saturn. Even though Saturn is huge (you could easily fit nine Earths across the widest part of its disc), it's so far away that from Earth (884 million miles / approx. 80 light minutes), it only resembles a fairly bright star. The distance between the two will continue to grow until eventually Saturn, like Venus, slips closer towards the Sun's glare.

But look for Earth's own natural satellite, the Moon, to approach and slip past both Saturn and Mars. On the evening of September 7, the waxing crescent moon will approach Saturn, appearing to the right of the ringed giant. The following evening, September 8, the almost first quarter moon will appear directly above Saturn, and on the next evening, September 9, the quarter (or half) moon slips even further east and appears slightly higher above the planet Mars.

Enjoy the return of autumn and remember, keep looking up!

The Los Angeles Astronomical Society meets at Monterey Park's Garvey Ranch Observatory every Wednesday night, rain or shine, from 7-10 p.m. All members are eager to answer your questions and let you have a peek through our 8" telescope, weather permitting. Feel free to contact us, we would love to see you there. Address 781 S Orange Ave, Monterey Park, CA 91755; [www.laas.org](http://www.laas.org); Facebook [www.facebook.com/losangelesastronomicalsociety](http://www.facebook.com/losangelesastronomicalsociety); or phone 213-673-7355.

**FDA** U.S. Food and Drug Administration  
Protecting and Promoting Public Health

[www.fda.gov](http://www.fda.gov)

# FDA Regulation Seminar

Date: September 27, 2016

Time: 9:00 am- 12:00 pm

Location: San Gabriel Hilton

225 W. Valley Blvd., San Gabriel, CA 91776



### What You Need to Know:

- How to submit paperless data to FDA to avoid delays
- How to contact FDA when you have a question
- Updated information from CBP on the Automated Commercial Environment

### Did you know....

On February 19, 2014, President Obama signed an Executive Order to streamline the import and export process for America's businesses.  
» This comes into effect December 31, 2016.

RSVP to: Jean Coronel at [jcoronel@portla.org](mailto:jcoronel@portla.org) or register at: <http://tinyurl.com/EntryFDASGV>

Port of Los Angeles  
**TRADEconnect**



Asian American Economic  
Development Enterprises, Inc.



## CITY OF MONTEREY PARK RESIDENTIAL REHABILITATION PROGRAM



The City of Monterey Park offers financial assistance through a deferred payment loan of up to \$50,000 to qualified low- and moderate-income households to repair or improve their homes. The program is designed to preserve the City's housing supply and improve the health and safety of our neighborhoods. Funding for this program comes from the U.S. Department of Housing and Urban Development (HUD).

### ELIGIBLE INCOME LEVELS

To determine eligibility, locate your household size in the table below. Your household income cannot exceed the corresponding maximum income.

HOUSEHOLD SIZE	INCOME LEVEL
1	\$48,650
2	\$55,600
3	\$62,550
4	\$69,450
5	\$75,050
6	\$80,600

Source: HUD 3/28/16

### CONTACT

Ms. Debbie Sottek  
City Hall, Planning Division  
320 West Newmark Avenue  
Monterey Park, CA 91754  
Phone: 626-307-1384  
Email: DSottek@montereypark.ca.gov

This is a HOME Funded Program under the U.S. Department of Housing and Urban Development (HUD). The City of Monterey Park will not discriminate against any applicant for a down payment assistance loan based on race, color, religion, sex, marital status, ancestry or national origin. The City program will be conducted and administered in conformity with Title VI of the Civil Rights Act of 1964 and the Fair Housing Act and implementing regulations.

### FINANCIAL ASSISTANCE

**\$50,000** Loan  
(at 3% Simple Interest)  
**No Monthly Payment**

### ELIGIBLE IMPROVEMENTS

The owner/applicant must occupy the property and meet additional income requirements. The property must be located within the City of Monterey Park.

#### Types of eligible work include:

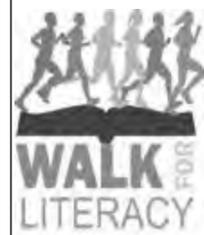
- Roofing
- Plumbing
- Electrical
- Painting
- Windows and Doors
- Heating and Insulation
- Weatherization
- Other Code Deficiencies



## Happy 100 Years Monterey Park!



The Monterey Park Library Foundation raises funds to supplement the library's budget, allowing for the purchase of new books, DVDs, magazines, newspapers, toys and technology. The Foundation raised more than \$600,000 for the expanded and renovated library which opened September 9, 2006. More recently, the Library Foundation held a Day at the Races fundraising event on October 3 that raised over \$1,000. The Foundation supports the LAMP Walk for Literacy, raising funds for literacy and citizenship programs. Last December the annual Foundation Holiday Wish List campaign raised more than \$1,700. The Foundation also solicited donations from the community towards a Holiday Book Giveaway that provided a gift of a Christmas-themed book to each family that attended the Visit from Santa event. On May 19, the Library Foundation held its annual Gala, generating over \$25,000 in net proceeds which will go to support the library! The Foundation greatly appreciates your generosity!



## 蒙特利公園市 住宅修復計劃



蒙特利公園市提供最高達5萬美金的延期付款貸款計劃，專為低收入和中等收入家庭提供經濟幫助，用以修復或改善他們的住所。該計劃旨在保護城市的住房供應和改善我們社區的健康和安全。資助這項計劃的基金來自美國住房及城市發展部 (HUD)。

**經濟支援**  
**\$50,000 貸款**  
(3% 的利息)  
**沒有月供**

### 符合要求的收入標準

測定您是否符合要求，請在下面的表格中找到您家庭的規模，您的家庭收入不能超過表格內的最大收入。

家中人數	收入標準
1	\$48,650
2	\$55,600
3	\$62,550
4	\$69,450
5	\$75,050
6	\$80,600

數據來源：美國住房和城市發展部  
3/28/16

### 聯絡方式

Ms. Debbie Sottek  
City Hall, Planning Division  
320 West Newmark Avenue  
Monterey Park, CA 91754  
Phone: 626-307-1384  
Email: DSottek@montereypark.ca.gov

### 可改善的項目

業主/申請人必須居住在房產內，並符合額外收入的要求。房產必須位於蒙特利公園市的範圍內。

#### 各類符合條件的修繕包括：

- 屋頂
- 水管
- 電氣
- 油漆
- 門窗
- 供暖和隔熱
- 禦寒
- 其它缺陷



## CIUDAD DE MONTEREY PARK PROGRAMA DE REHABILITACIÓN RESIDENCIAL



La Ciudad de Monterey Park ofrece asistencia financiera a través de un préstamo de pago diferido de hasta \$50,000 a familias calificadas de ingresos moderados para reparar o mejorar sus hogares. El programa está diseñado para preservar el suministro de viviendas de la Ciudad y mejorar la sanidad y seguridad de nuestros vecindarios. Los fondos para este programa provienen del Departamento de Vivienda y Desarrollo Urbano de EE.UU. (HUD).

**ASISTENCIA FINANCIERA**  
**Préstamo de**  
**\$50,000**  
(al 3% de interés simple)  
**Sin Pagos Mensuales**

### NIVELES DE INGRESOS ELEGIBLES

Para determinar la elegibilidad, encuentre el número de personas en su hogar en la tabla de abajo. Su ingreso familiar no puede superar el máximo de ingresos correspondientes.

NÚMERO DE PERSONAS	NIVEL DE INGRESOS
1	\$48,650
2	\$55,600
3	\$62,550
4	\$69,450
5	\$75,050
6	\$80,600

Origen: HUD 3/28/16

### CONTACTO

Ms. Debbie Sottek  
City Hall, Planning Division  
320 West Newmark Avenue  
Monterey Park, CA 91754  
Phone: (626) 307-1384  
Email: DSottek@montereypark.ca.gov

### MEJORAS ELEGIBLES

El propietario/solicitante debe ocupar la propiedad y cumplir con los requisitos de ingresos adicionales. La propiedad debe de estar ubicada dentro de la Ciudad de Monterey Park.

#### Los tipos de trabajos elegibles incluyen:

- Techos
- Plomería
- Eléctricos
- Pintura
- Ventanas y Puertas
- Calefacción y aislamiento
- Climatización
- Otras deficiencias



這是美國住房和城市發展部 (HUD) 下屬的家庭資助計劃。蒙特利公園市不會歧視任何申請人的頭款協助貸款基於種族、膚色、宗教、性別、婚姻狀況、家族血統或民族國家來源。該計劃將按照 1964 年的公民權利法案和公平住房法及實施條例的第六章執行和管理。

Este es un programa financiado por HOME bajo el U.S. Department of Housing and Urban Development (HUD). La Ciudad de Monterey Park no discriminará a ningún solicitante para darle un préstamo de pago diferido basada en la raza, color, religión, sexo, estado civil, linaje u origen nacional. El programa de la Ciudad será dirigido y administrado en conformidad con el Título VI del Decreto de Derechos Cívicos de 1964 y del Decreto en Equidad de Vivienda, e implementará las regulaciones.

# Alhambra HS Receives National Recognition

For years, AUSD has been faced with many challenges stemming from a large number of financially disadvantaged students. These circumstances require the district to maintain an extraordinary level of commitment from the teachers, administrators and students in order to uphold a learning environment that prepares students for college. This year, Newsweek magazine gave tribute to the efforts of Alhambra High School in persevering through this issue, ranking them in their list of “Top High

Schools for Low Income Students.” Out of a nation-wide list of 500 high schools, Alhambra HS came in at #89. Out of the top 100, AUSD was one of fourteen California high schools to make the list.

There were multiple key facts that Newsweek highlighted that contributed to the schools high ranking. Despite a 68.1% poverty rate among students, Alhambra HS managed a 94.2% graduation rate this past year.

Another contributing factor for this recognition is the 9:58 counselor-student ratio, which allows students to receive the necessary help and guidance that they need to become college ready. “We are proud of the progress Alhambra HS has made and appreciate the hard work of our faculty, staff and students,” Assistant Superintendent Gary Gonzales said in response to the ranking. He added, “We will continue to elevate the academic performance of all our high schools to ensure each student is prepared for college.”

## AUSD Sees Success in Open Enrollment Advanced Placement Policy

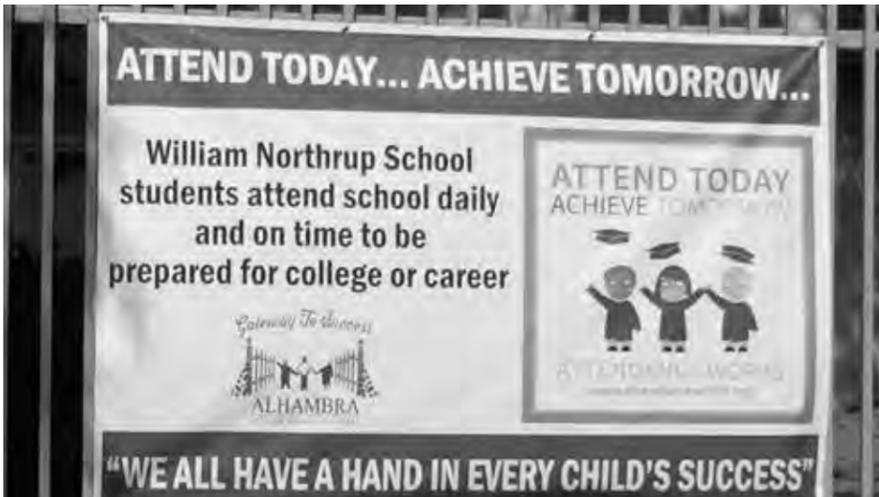
Eight years ago, AUSD established an open enrollment policy for all Advanced Placement (AP) courses. As a result, the district has seen many students who would not have customarily been recommended and enrolled in AP courses thrive in those very classes. Since the change in AP course enrollment procedures, AUSD has seen a rise in the number of students enrolled in AP courses from 1,319 to a district high of 2,019, for an increase of 700 students. Along with the increase of students enrolled in AP courses, AUSD has also seen a surge in the number of AP exams administered, from 2,596 to a district high of 3400, for an increase of 804 exams taken.

Through this open enrollment policy, a larger number

of AUSD students are elevating their level of proficiency and realizing an academic potential that was previously not achievable. The 2016 graduating classes from Alhambra, Mark Keppel and San Gabriel high schools combined for a College Board Equity & Excellence score of 43.53%, which is the highest score the district has ever had. Equity & Excellence scores indicate the percentage of seniors who scored a 3 or higher on at least one AP exam at any point during their high school career. Another impressive piece of data reported by College Board is that AUSD posted a 70.3% pass rate for exams taken in the 2015/2016 school year. When asked about the impact of AP open enrollment, AUSD Board of Education President, Mrs. Patricia Rodriguez-Mackintosh shared, “We are proud that so many

students are benefitting from this change in AP practice. This Board is committed to creating opportunities for students to reach their full potential.” AUSD has been on the AP open enrollment journey since the 2007/2008 and aims to continue to add AP courses that prepare students for college and professional careers. “The decision to establish a more inclusive AP enrollment process has had its challenges, but as the data demonstrates, the Board of Education made the right decision,” says Dr. Gary Gonzales, Asst. Superintendent, “we will continue to challenge ourselves to find new ways to engage and support all students in a rigorous educational environment that prepares students for the 21st Century.”

## Attendance Matters at AUSD



“Attend Today. Achieve Tomorrow” is the message being flown throughout Alhambra and Monterey Park, welcoming the students of district back to school. Last year, AUSD collectively achieved an impressive 96.74% attendance rate. The Division of Student/Employee Welfare and the Gateway To Success recognize the impact that school attendance has on academic success, and encourages students to attend school on time everyday, from the early days of Kindergarten through high school.

To support students in attending school, Intervention Advisers have been placed at every elementary school site to work with teachers, families and students in maintaining excellent attendance. The District’s LCAP specifically lists the placement of the

Intervention Adviser at each site to support students by ensuring students are attending school daily and on time, promoting a positive school climate, identifying and eliminating barriers to maximize overall student success through various interventions and supports, and including linking students to school based counseling services.

As children grow older and more independent, families play a key role in making sure students get to school safely every day and understand why attendance is important for success in school and in life. We realize some absences are unavoidable due to health and/or other circumstances. However, we also know that when students attend school, they achieve academically.

According to Attendance Works, Children regularly absent in Kindergarten and 1st grade are much less likely to read at grade level by the end of 3rd grade. By 6th grade, chronic absence is a proven early warning sign for students at risk for dropping out of school. By 9th grade, good attendance can predict graduation rates even better than 8th grade test scores.

Attending school is also the law. CA Education Code 48200 states that each student aged 6-18 who is not exempt from the law shall attend school each day on time. A student with three (3) or more unexcused absences or tardiness in excess of thirty (30) minutes, or a combination of the two, in one school year is deemed truant. Missing more than 10% of days over the course of an entire year puts students at greater risk of school failure. If your child is facing obstacles preventing him/her from attending school daily and on time, it is important that you communicate those concerns to your child’s school, or the Gateway To Success office at (626) 943-3410 in a timely manner, as students who “Attend Today. Achieve Tomorrow”.

## Board Member Profile: Adele Andrade-Stadler

### 1. How long have you been a member of the Board?

I have been a member of the Alhambra School Board for eleven years.

### 2. Why did you become a Board Member?

I made the decision to run primarily to have a greater impact on how decisions were being made for the students and parents of the district. I also had a daughter, a niece and a nephew who were attending Alhambra schools and so it was both personal and a righteous decision.

### 3. What has been your biggest accomplishment as a Board Member?

I don’t believe there is one “big” accomplishment, which stands out in the eleven years I have been on the board, but rather, many significant changes that have happened over the years. One was the collective decision to better scrutinize how

our bond money is spent and to watch the construction of so many of our schools. In addition, we needed to build better relations with our Teachers and support staff, by being fair at the negotiating table so that we could all focus on why we are there in the first place. “We are all in it for the kids” I am proud to have “Open Enrollment” under our tenure, which provides accelerated classes in the high schools for students who felt left out of the equation.

Our LIFT program for our developmentally delayed students helps them with daily living skills and our new academic calendar helps with advance placement testing and preparing for our college bound students.

### 4. What is the best part about your job?

The best part of my job is visiting the schools and seeing for myself the great work our staff is doing to provide opportunities for our students to excel. Late last school year

I witnessed a new generation of student’s use of technology in education. Some had paperless summer assignments to be done on their pads. In addition, our schools provide great, music, sports, dance, robotics, speech and debate and more. Our Gateway to Success helps our most vulnerable populations and helps us fulfill our promise to kids! We are here for you!

### 5. What are your future goals that you hope to accomplish for the district?

In the future, I would like to look at including in our students curriculum, the role, structure, and the function of our courts for a better understanding of the rule of law. I would like to see us provide more choices for students to develop more languages and include coding at the high schools. I would like to see our schools work closer with our cities and I would like to see free WIFI for all our schools.

# Security Technology Installed on AUSD School Campuses



Over recent years, AUSD has taken huge strides in providing each school site with the most secure learning environment possible. The most recent development in this effort is implementing a multi-faceted technology called The Raptor System. This addition will instantly provide an effective and affordable way to help schools and community facilities keep unwanted visitors out while tracking those they allow in.

Upon arrival at campus, each visitor will be required to scan a driver's license or other state issued ID. The Raptor System will instantly screen the ID card for registered sex offenders in all 50 states, individuals with restraining orders, custody issues, suspended or expelled students, known gang members, or any custom alert. When a visitor is cleared, the Raptor System prints a badge featuring the visitor's name, photo, date and time, and destination. If a potential threat is identified, the Raptor System will send instant alerts to designated officials, including administrators and security personnel via email and/or text messaging. Only the Raptor System has FP logic to help prevent repeat positive sex offender matches, making it unlike any other current security system available.

The Raptor System will also be advantageous for the day-to-day operations on campus, as it can also be used to track and report faculty and volunteer hours as well as student tardies and early sign-outs. AUSD is confident that the implementation of this technology will maintain a safe learning experience for its students and eliminate any potential distractions that take away from student success.

*Paid Advertisement*

## Alzheimer's Disease May Be Related to Poor Oral Health

By John Chao, Dds



Dr. John Chao, DDS

According to the Mayo Clinic, Alzheimer Disease may be related to poor oral health. Researchers are speculating that "a common inflammatory pathway may hold the key to a link, if such a link exists," according to the Dr. Bei Wu and associates of Duke University School of Nursing in Durham, NC. Dr. Wu's team analyzed studies published between 1993-2013. The results suggest that oral health measures, such as the number of teeth, cavities and the presence of gum disease may reflect the risk of cognitive decline or dementia.

Although some studies indicate no association between number of teeth lost or cavities, there is limited evidence that gum disease reflect the risk of cognitive decline or dementia. In other words, statistically those with gum disease are at higher risk of Alzheimer's Disease.

Poor nutrition, and systemic diseases such as diabetes and cardiovascular disease are also associated with poor cognitive function.

In fact, according to other sources, diabetes contributes to the higher risk for gum disease. Conversely, resolution of gum disease have been

said to help in the patient's ability to control blood sugar level.

Hence it is important for everyone to maintain the best oral health, regardless of age. Those who are older need to be especially cognizant of the important of oral health in the prevention of heart disease, diabetes, cognitive decline and other disease.

So see your dentist regularly to obtain and maintain the best possible dental health. Observe a balanced diet and exercise as directed by a health professional. You will then be able to minimize the risk of mental decline and other debilitating diseases.

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**Saturday, October 1, 2016**

San Gabriel Hilton Hotel  
225 W. Valley Blvd., San Gabriel  
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7 pm Dinner and Program  
9 pm Dancing 'til midnight (Dance Only admission at 9 pm)

To RSVP or for more info, contact Program Chair: Janet Yu - [cjayam@hotmail.com](mailto:cjayam@hotmail.com)  
**Please make check payable to: BSA** (Please do not send cash)  
The Boy Scouts of America is a 501c3 non-profit. Federal Tax ID: 95-1643982

Return this portion of the flyer with payment by **September 15, 2016.**

Contact Name: \_\_\_\_\_ REQUIRED: E-mail for Confirmation: \_\_\_\_\_

By Sept 15, 2016:	_____ \$100/person or \$1,000/table for Gold Sponsor	\$ _____	MAIL CHECKS TO:
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	_____ \$30/person for Dance Only At the Door	\$ _____	3450 E. Sierra Madre Blvd.
	I cannot attend, but I would like to make a donation:	\$ _____	Pasadena, Ca 91107
		TOTAL \$ _____	

\*TABLE GUESTS: List Names on the Back The Boy Scouts of America is a 501c3 non-profit. Federal Tax ID: 95-1643982

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## Featured Stories in Chinese and Spanish

### 蒙特利公園市農夫市場為您提供健康的秋季新鮮瓜果蔬菜

夏季即將結束，秋季的美味開始進入市場。九月是豐收的季節，各種健康美味的瓜果蔬菜不斷上市。您會在市場上看到大量的健康蔬菜，例如：西蘭花、白菜、甘藍、包心菜、花椰菜、羽衣甘藍、白蘿蔔和亞洲青菜。雖然這些蔬菜五顏六色、形狀各異、大小不一，但都具有豐富的營養價值(富含纖維、維生素和礦物質)，可以大大豐富餐桌的菜譜。

#### 本月農夫市場小貼示

對有些人而言，這些健康蔬菜的味道往往會偏苦或淡而無味。以下幾種方法可以緩解偏苦的口感，並將把蔬菜中的甜味帶出：

1. 購買後三到四天內食用
2. 混合檸檬、酸橙汁和橄欖油在蔬菜中
3. 放少量鹽
4. 不要過度烹煮(過度烹煮會產生硫磺味)



蒙特利公園市農夫市場每週五下午4點~8點營業，風雨無阻，都將正常開放營業，地址：318 S. Ramona Avenue 鄰近圖書館和市政廳附近。歡迎低收入購買者光臨，並可使用 CalFresh, WIC 以及 SSI 者英老人客戶可以通過我們的“Market Match”活動，並可免費獲取農夫市場補助的 \$10 元食物代購券，此折扣券並可現場立即可以購買使用。若是您有任何問題，可將郵件發送至 [info@farmermark.com](mailto:info@farmermark.com) 或添加我們的 Facebook 或訪問 [www.farmermark.com/montereypark](http://www.farmermark.com/montereypark) 上網查農夫市場的訊息。

### 請提前把日期預留下來：

### 第三屆天竺葵節 慶及藝術品展覽活動

有趣的活動中，所包含的娛樂項目有寵物狗選美大賽、藝術品展覽活動、攀岩+老式袋鼠跳、吃派大賽，日期：10月8日(週六)。此活動是不收門票，免費入場。

#### 蒙特利公園市第三屆天竺葵節慶和藝術品展覽活動

2016年10月8日(週六)  
上午11:00-下午4:00  
免費入場

蒙特利公園市巴恩公園  
350 McPherrin Avenue,  
Monterey Park, CA 91754



歡迎您闖家光臨參與此項有趣活動，10月8號(週六)，巴恩公園第三屆天竺葵節慶和藝術品展覽活動，我們不見不散。本年度的家庭歡聚活動包括“寵物狗”選美大賽，選出最佳氣質獎、藝術品展覽活動，亮點為當地社區藝術家創作的各種藝術作品、與STEM相關的互動類(科技、技術、工程和數學)活動、另一項精彩特色活動，(Dunk Tank)就是投靶活動，打中目標後，坐在目標下的人物會立即跌落入水中遊戲以及攀岩牆、火車之旅、袋鼠跳等等。

或者，來公園走走，與您在蒙特利公園市居住的家人、朋友和鄰居共用一個溫情秋日。無論您愛好什麼，在這個天竺葵節慶中，備有趣的活動等待您的光臨。

請查詢十月份的蒙特利公園市刊，瀑布報紙中(Cascades Newspaper)將有報導或是瀏覽市政府網站將有更多資訊。如需查看寵物狗選美大賽、藝術品展覽活動、參展商或基本活動資訊，若想知道更多活動詳情，請聯繫蒙特利公園娛樂部門，網站 [www.montereypark.ca.gov](http://www.montereypark.ca.gov) 查看“Geranium Festival”或者是電話626-307-1388。巴恩公園位於蒙特利公園市 McPherrin Avenue, Monterey Park, CA 91754。

### 九月十一日 愛國紀念日典禮



九月十一日，星期日，在市政廳前的草坪上，將舉行愛國紀念日典禮，邀請市民來參加。蒙特利公園市的活動，恰逢美國愛國紀念日和國家服務紀念日，將在早上八點半舉行，活動主要有默哀和警察及消防員獻花圈。市長和市議會邀請社區的成員一起參加這個典禮。

### El Farmers' Market de Monterey Park Les Trae Saludables Productos de Otoño a su Mesa



El verano está por terminar y los sabores de otoño están comenzando a llegar al mercado. Septiembre trae una variedad de productos saludables y deliciosos. Usted empezará a notar una gran cantidad de verduras crucíferas, tales como: brócoli, col china, col de Bruselas, col, coliflor, col rizada, rábano daikon y verduras asiáticas. Si bien estos vegetales crecen en distintos colores, formas y tamaños, todos ellos son ricos en valor nutritivo (alto contenido de fibra, vitaminas y minerales) y añadirán un gran sabor a sus comidas.

#### Consejo del Mes del Farmers' Market

Para algunas personas, las verduras crucíferas son a menudo amargas o sin sabor. Aquí hay un par de maneras de bajarles la amargura y realzar la dulzura:

1. Comerlas dentro de tres a cuatro días de haberlas comprado
2. Añadirles jugo de limón o lima con aceite de oliva
3. Echarles un poquito de sal
4. No las recocine (a menudo producen un olor a azufre cuando se cocinan por mucho tiempo)

El Farmers' Market de Monterey Park funciona con lluvia o con sol todos los Viernes de 4 a 8 p.m. en el 318 S. Ramona Avenue cerca de la biblioteca y de la Municipalidad. Los clientes elegibles de estampillas de comidas CalFresh, WIC y SSI pueden recibir hasta \$10 en dinero gratis del farmers' market a través de nuestro programa Market Match. ¿Tiene alguna pregunta? Envíe un Email al mercado al [info@farmermark.com](mailto:info@farmermark.com), síganos en Facebook o visite [www.farmermark.com/montereypark](http://www.farmermark.com/montereypark) para más información.

### Reserve la Fecha: Tercer Festival Anual del Geranio y Paseo de Arte

Diversiones tales como un concurso de perros, paseo de arte y el de trepar las rocas complementan los buenos y antiguos concursos de carreras de sacos y de comer pasteles en el evento de la ciudad con tema de feria el sábado, 8 de Octubre. La entrada es GRATIS.



#### Tercer Festival Anual del Geranio y Paseo de Arte de la Ciudad de Monterey Park

Sábado, 8 de Octubre del 2016

11 a.m.-4 p.m.

Entrada Gratuita

Parque Barnes, 350 S. McPherrin Avenue,  
Monterey Park, CA 91754.

Vengan al Barnes Park el sábado, 8 de Octubre de 11 a.m. a 4 p.m. para el Tercer Festival Anual del Geranio y Paseo de Arte. Las actividades para familias este año incluyen un concurso “Perro-nario”, con premios para la mejor personalidad, un Paseo de Arte que hace resaltar las diversas formas de arte creadas por artistas locales de la comunidad, actividades interactivas relacionadas con STEM (ciencia, tecnología, ingeniería y matemáticas), un tanque para sumergir a un director, una pared para trepar las rocas, paseos en tren, carreras de sacos y más.

O, simplemente, vengan al parque a disfrutar de un día de otoño con su familia de Monterey Park, amigos y vecinos. Sean cuales sean sus intereses, el Comité del Festival del Geranio tiene algo planeado para usted.

Busque más detalles en la edición de Octubre del periódico Cascades y en la página web de la ciudad. Para obtener información sobre el concurso Perro-nario, Paseo de Arte, expositor o información general del evento, visite el [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov) y busque el “Festival del Geranio” o llame al Departamento de Recreación al 626-307-1388. El Parque Barnes está ubicado en el 350 S. McPherrin Avenue, Monterey Park, CA 91754.

### Ceremonia del Día de los Patriotas el 11 de Septiembre

El público está invitado a asistir a una ceremonia de recuerdo del Día de los Patriotas el domingo 11 de Septiembre en el jardín delante de la Municipalidad. El evento de Monterey Park, que coincide con el Día de los Patriotas de EE.UU. y el Día Nacional de Servicio y Recuerdo, se llevará a cabo a las 8:30 a.m. y contará con un momento de silencio así como con la colocación de una corona por miembros de los Departamentos de Policía y de Bomberos. El Alcalde y el Concejo Municipal invitan a los miembros de la comunidad a participar en la ceremonia.



# JOHN MAN GROUP

## Ranked #1 Listing Team in Monterey Park

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**PROBATE & TRUST SPECIALISTS** 遺產管理及遺產信托專家

Dear Neighbors,

With the real estate market in San Gabriel Valley cooling down, we are seeing luxury properties in Arcadia, San Marino, and South Pasadena inventories doubling in recent months due to homes staying on the market for over 90 days.

As we head into the fourth quarter of 2016, I feel confident in predicting a slowdown in Monterey Park. As foreign investment dries up in the area and the upcoming election plays a large role in consumer confidence.

If you are planning to enter the market, schedule your free, no obligation 15 minute consultation by calling our office at 626-872-3736.



<b>228 Alice St, Arcadia</b> 3/3 PUD with 1,879 sqft. living space. 2-Car Garage.	<b>1889 Lupine Ave, Monterey Park</b> 6 Bed/4 bath house with 3,092 sqft. living space with a waterfall at the backyard	<b>1662 Lorain Rd, San Marino</b> 5 Bed/3 bath house with est. 3,200 sqft living space with 13,363 lot	<b>500 N. Moore Ave #A, Monterey Park</b> 3 Bed/3 bath condo with 1,717 sqft Living Space. 2-Car Garage



"I was going through a extremely hard time and needed to sell my property. My house was going to foreclosure and John's Team was able to get it sold 1 day before foreclosure and with the money from the sale. I was able to make a new purchase which John's Team closed in 14 days. John's Team did open house every week until my home was sold. I can express my gratitude for John and his Team." – [shannon3738](#)



"Dear John...thank you for your expertise in selling my home and finding buyers who will take good care of it as I have. The deft, skill and experience of your staff is inimitable. Thank you all for a smooth transition." – [marsuda](#)



"...BOTTOM LINE: Extremely happy with determining list price, showing the house and selling above list price. Ever thankful for the extra effort of the staff did above and beyond. I remember John saying "I'll help you prepare for sale" - [chickenvet](#)



"... What impresses me was that he had an automatic formula in place, He had all the right staff to implement different tasks to prep our house before showing, then do open house, he kept me up to date in the market so we can make timely decision on the different offers that came in, he helped us with the negotiation, help us close the deal , and because we close the deal at the end of the year he actually had one of his staff wait in line to get it recorded by New Years Ave..." - [TiffiniPhu](#)



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2hrs 39min  
Kelly Before Pinhole, February 2015 ©



Dr. Chao  
Kelly After Pinhole, March 2015 ©



Sharon: Before PST, full lower arch (March 2011).



**After** completion of PST on full lower arch. (This photo 3+ years later May 2014). Keratinized tissue appears to be regenerated.

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