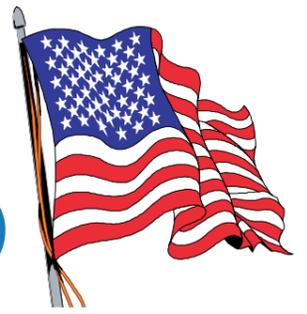




# The Monterey Park Cascades



Volume XII, No. X

Citywide News for Business, Community and Education

December 2014 / January 2015

## Lunar New Year Festival Celebrates the Year of the Sheep

### MONTEREY PARK LUNAR NEW YEAR FESTIVAL

Saturday and Sunday,  
February 7-8, 2015  
Saturday 10 a.m.-9 p.m.,  
Sunday 10 a.m.-7 p.m.  
Downtown Monterey Park  
Free admission

The City of Monterey Park, the city's Business Improvement District Advisory committee (BIDAC) and World Journal Los Angeles, LLC will again collaborate to produce one of the largest events of the season in the San Gabriel Valley and East Los Angeles areas.

This 2015 Monterey Park Lunar New Year Festival has been scheduled for Saturday, February 7, 10 a.m.-9 p.m. and Sunday, February 8, 10 a.m.-7 p.m. in downtown Monterey Park on Garvey Avenue.

There will be live entertainment and over 250 vendor booths, representing different types of ethnic Chinese, Taiwanese, Korean, Japanese, Thai, Vietnamese, Malaysian, Indonesian as well as other Asian cuisines and snacks. Other areas of attraction include gifts and souvenirs, toys, home appliances, various businesses and services.

Admission is free and open to the public. All residents of Southern California are welcome to bring family and friends to the two-day celebration of Asian culture.

For more information, please visit the city website at [www.montereypark.ca.gov](http://www.montereypark.ca.gov) and search for "Lunar New Year Festival."

## Holiday Snow Village Brings Winter Fun and Festivities to Barnes Park



Monterey Park's Annual Holiday Snow Village event will feature our annual tree lighting, snow sled runs, holiday music and pictures with Santa, all at the Barnes Park Amphitheatre. On Friday, December 5 join us at 6:00 p.m. as we welcome Santa with carols and help him light the Monterey Park tree. Following the tree

lighting, attendees will be entertained by holiday music, snow play, refreshments and a chance to win a beautiful Christmas tree and other great prizes in a holiday raffle. Remember to dress warm for this outdoor event and wear closed toe shoes to play in the snow.

Holiday entertainment will be provided by Meher Montessori School, Rice Elementary School Choir, Garvey Intermediate School Choir, Schurr High School Band, and the audience singing holiday favorites.

Special thanks to our major sponsors: Monterey Park Marketplace Shopping Center (Coming Soon!), Southern California Gas Company, Wells Fargo, Camino Real Chevrolet, Action Sales, Charles Company, Terramar and Southern California Edison.

We hope that you and your family will join us for this perfect start to the holiday season. For more information, please call the Recreation and Community Services Department at 626-307-1388.

## Monterey Park to Ring In 2015 with New Year's Eve Block Party on Garvey Avenue



Monterey Park's first annual International New Year's Eve Countdown will take place on Garvey Avenue between Atlantic Blvd. and Ynez Avenue. The multicultural street fair-style event will begin at 6:00 p.m. on New Year's Eve and

will feature live entertainment, a variety of foods, a magic show and over 70 vendor booths. Scheduled to attend are Taiwanese singer Yao Yao and a Michael Jackson impersonator. Other highlights include carnival rides, an auto show, flower market and more. And of course, the evening will conclude with a countdown to the new year 2015. Admission is free.

Because this event is being held on Garvey Avenue, the street will be closed early in the morning on December 31. Access to Garvey at Atlantic, Chandler, Moore and Ynez will also be blocked before 10:00 a.m. The recommended detours for

east/west traffic are Newmark to the south and Emerson to the north. Large crowds are expected to attend this event, which will impact parking in the immediate areas. The public is encouraged to carpool to the event.

The new year's event is organized by Sing Tao Daily Newspaper, CMPG marketing and the City of Monterey Park. For more information on the Monterey Park New Year's Eve Countdown please contact Sing Tao at 626-956-8200 or visit the city website at [MontereyPark.ca.gov](http://MontereyPark.ca.gov).

## Farmers' Market Delivers Healthy Winter Options



Butternut, kabocha and acorn, oh my! This month we're raving about root vegetables and can't get enough of them. Other than being jam packed with antioxidants and vitamin B6, butternut squash (which is actually a fruit) is

extremely versatile. Buy one or two at the market and roast them in the oven, or turn them into a decadent soup.

By the way, don't be shy with your local farmers! If you're unsure what a fruit or vegetable is, ask them. If you're unsure what herb goes best with lamb or how to cook that butternut squash you just purchased, let them know you would like a recipe. You can bet they have a few delicious answers to give you.

The holidays are coming up, and we couldn't be more excited! The market lands on the day after Christmas this year, so the market will be closed on Friday, December

26. So don't forget to pick up all of your holiday produce at the market during the previous weeks. The market will be up and running again on January 2.

For more great tips, follow the market on Facebook at [montereyparkFM](http://montereyparkFM) and check out the blog at [www.farmermarket.com/blog](http://www.farmermarket.com/blog).

Monterey Park Farmers' Market is open rain or shine every Friday at 318 S. Ramona Ave. from 4-8 p.m. If you have any questions, please feel free to stop by the information booth or email [montereyparkFM@gmail.com](mailto:montereyparkFM@gmail.com).

## Historical Society Invites Public to Open House December 7

Event features a talk on Father Junípero Serra and a visit with the astronomical society

The Monterey Park Historical Society invites the public to an open house at the historical museum on Sunday, December 7, 2014 from 2-4 p.m.

At 2:30 p.m. the speaker for this event will be Bruce Allen Buonauro paying tribute to Father Junípero Serra - the founder of several California Spanish missions - in honor of Serra's 300th birthday. The Los Angeles Astronomical Society has also

been invited to share in the festivities. Admittance is free and refreshments will be provided after the program. Historical society members will also be participating in an election of officers. The Monterey Park Historical Museum is located at Garvey Ranch Park, 781 S. Orange Ave., Monterey Park. For additional historical society information please visit their Facebook page at [www.facebook.com/MontereyParkHistoricalSociety](http://www.facebook.com/MontereyParkHistoricalSociety).

中文版第21頁  
Español Pagina 21

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Monterey Park, CA 91754



**CITY OFFICIALS**

Hans Liang, Mayor  
 Peter Chan, Mayor Pro Tem  
 Mitchell Ing, Council Member  
 Teresa Real Sebastian, Council Member  
 Anthony Wong, Council Member

Vincent D. Chang, City Clerk  
 Joseph Leon, City Treasurer

Paul Talbot, City Manager  
 Mark Hensley, City Attorney

**CITY COUNCIL, COMMISSIONS, COMMITTEES AND BOARDS MEETING SCHEDULE**

**CITY COUNCIL**

1st & 3rd Wednesdays, 7:00 p.m.  
 City Hall Council Chambers

**COMMISSION ON AGING**

3rd Monday, 11:00 a.m.  
 Langley Senior Center, 400 W. Emerson Ave.

**BUSINESS IMPROVEMENT DISTRICT ADVISORY COMMITTEE**

Quarterly, 3rd Thursday, 3:30 p.m.  
 City Hall Room 266

**COMMUNITY PARTICIPATION COMMISSION**

2nd Wednesday, 6:30 p.m.  
 Service Club House, 440 S. McPherrin Ave.

**DESIGN REVIEW BOARD**

1st & 3rd Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

**ECONOMIC DEVELOPMENT ADVISORY COMMISSION**

1st Tuesday, 7:00 p.m.  
 City Hall, Room 266

**ENVIRONMENTAL COMMISSION**

2nd Tuesday, 6:00 p.m.  
 City Hall Community Room

**LIBRARY BOARD OF TRUSTEES**

3rd Tuesday, 7:00 p.m.  
 Bruggemeyer Library

**PERSONNEL BOARD**

2nd Wednesday, 7:00 p.m.  
 City Hall Council Chambers

**PLANNING COMMISSION**

2nd & 4th Tuesdays, 7:00 p.m.  
 City Hall Council Chambers

**RECREATION & PARKS COMMISSION**

1st Monday, 7:00 p.m.  
 City Hall Council Chambers

**SISTER CITIES COMMISSION**

Quarterly, 1st Tuesday, 7:00 p.m.  
 Bruggemeyer Library

**TRAFFIC COMMISSION**

3rd Thursday, 7:00 p.m.  
 City Hall Council Chambers

For more information please visit the community calendar at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov)

**A Guide to the Night Sky**

By Tre Gibbs, Los Angeles Astronomical Society

As the year 2014 comes to a close, 2015 ushers in the long awaited return of Jupiter and Venus!

Let's begin with December. Early in the month, the skies are relatively quiet - planet wise. Though Mars still faintly looms in the southwest just after sunset, it's so faint and pale it's barely discernible. In fact, it sets at 7.30 p.m. just when the observing hours are beginning.

Look for familiar Orion-The Hunter rising in the east just after 8.30 p.m. He will travel the night sky, followed by the mighty Jupiter, which rises in Leo the Lion around 11.00 p.m. early in the month. On December 12, Jupiter and the moon travel the sky together - though not as close as they have been in the past. With the moon so fickle, can you blame Jupiter for wanting to keep some distance?

If you are really intent on finding

Mars, look for the young waxing crescent moon, low in the southwest after sunset on Christmas Eve, December 24th. The lower "point" or "horn" of the crescent moon will point to The God of War.

Another familiar object slowly makes her way into our twilight skies over the next couple of months and that object is, of course, the brilliant Venus - the third brightest object in the sky after the sun and moon. On New Year's Eve, Venus will appear very low on the horizon in the WSW just after sunset, but you will need to have an unobstructed view of the horizon in order to catch her quick but brilliant glow. But don't fret, as 2015 progresses, Venus climbs higher and higher in the sky, making her easier to spot, week after week. Actually, in late January, Venus really begins to put on a show! She appears noticeably higher in the western sky after sunset, while Jupiter rises in the east around 6.30 p.m.

The Los Angeles Astronomical Society (LAAS) would like to take this time to say thanks and happy holidays! It's been a pleasure sharing our passion for the night sky with all of you. So, have a safe and happy holiday season... and remember, keep looking up!

LAAS meets at the Garvey Ranch Observatory every Wednesday night, rain or shine, from 7-10 p.m. All members are eager to answer your questions, and let you have a peek through our 8" telescope, weather permitting. Feel free to contact us via any of the methods below. We would love to see you there!

The Los Angeles Astronomical Society (LAAS): 781 S Orange Ave., Monterey Park, CA 91755; [laas.org](http://laas.org); [facebook.com/losangelesastronomicalsociety](https://www.facebook.com/losangelesastronomicalsociety); or 213-673-7355.

**City Hall Frequently Used Phone Numbers**

Mayor and City Council	626-307-1465
City Manager	626-307-1255
City Clerk	626-307-1362
City Treasurer	626-307-1488
Animal Control	626-307-1217
Aquatics/ Rec. Classes	626-307-1388
Building Division	626-307-1300
Business License	626-307-1338
Code Enforcement	626-307-1415
Community & Economic Development	626-307-1315
Dial-a-Ride	626-307-1396
Economic Development	626-307-1382
Engineering	626-307-1320
Finance	626-307-1348
Fire Department Admin	626-307-1262
Fire Dept. Ambulance	626-307-1423
Fire Prevention	626-307-1308
Graffiti Removal	626-307-1449
Housing Rehabilitation	626-307-1385
Human Resources	626-307-1334
Job Hotline	626-307-1446
Langley Senior Center	626-307-1395
Library	626-307-1269
Planning and Zoning	626-307-1315
Police (emergency only)	9 1 1
Police (non emergency)	626-573-1311
Police Comm. Relations	626-307-1215
Police Reports & Records	626-307-1211
Pothole Report Line	626-307-2585
Public Works	626-307-1281
Recreation & Community Services	626-307-1388
Recycling Hotline	626-307-1320
Risk Management	626-307-1437
Special Events	626-307-1390
Trash Collection (Athens Services)	626-336-6100
Tree Trimming	626-307-1292
Water Billing	626-307-1342
Water Dept. After Hours	626-307-1282
Weed Abatement	626-307-1415

For additional numbers please visit the city directory at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov)

**City Hall Hours**

Monday-Thursday 7:30 a.m.-5:30 p.m.  
 Friday 7:30 a.m.-4:30 p.m.

**City Events Calendar**

December 3	Regular City Council Mtg., 7:00 p.m., City Hall Council Chamber.
December 5	Holiday Snow Village, 6 p.m., City Hall/Barnes Park.
December 16	City Council Guests & Presentations Mtg., 6:00 p.m., City Hall Council Chamber.
December 17	Regular City Council Mtg., 7:00 p.m., City Hall Council Chamber.
December 24-25	Christmas Day Holidays, City Hall Closed.
Dec. 31-Jan. 1	New Year's Holidays, City Hall Closed.
January 7	Regular City Council Mtg., 7:00 p.m., City Hall Council Chamber.
January 19	Martin Luther King, Jr. Holiday, City Hall Closed.
January 20	City Council Guests & Presentations Mtg., 6:00 p.m., City Hall Council Chamber.
January 21	Regular City Council Mtg., 7:00 p.m., City Hall Council Chamber.

Regular city council meetings are held on the first and third Wednesdays of the month in the city hall council chamber, 320 W. Newmark Ave.  
 For more city events please visit the event calendar at [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov).

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- 3 Academic Sessions
- Enrichment Activities
- Fun Activities
- Field Trips

[SparkAfterschool.org](http://SparkAfterschool.org) [SparkSummerSchool.com](http://SparkSummerSchool.com)

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Regular \$36.99  
 Large \$39.99

**SHAM TSENG BBQ SHOP**  
 DINE IN · TAKE OUT · CATERING

Pan Baked Red Cod Fish  
 鐵鑊生焗紅斑 \$28.99

Lobster & Seafood Fried Rice  
 中式或西式 龍蝦海鮮炒飯

**Party Tray**  
 Company Meeting / Birthday / Family Party  
 Open 7 Days 8:00am - 1:00am  
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**New Years Treasure Pot Now Available**  
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 大盤 (L) \$158  
 中盤 (M) \$68

**Stewed Pork Trotters in Brown Sauce**  
 紅燒大元蹄 \$13.99

**Brasied Lamb Hot Pot**  
 紅燒野生羊鍋

**Badong Village Lamb Hot Pot**  
 野生羊巴東鍋

# Holiday Shopping Crime Prevention Tips from the MPPD

As the holiday season approaches, it is important to remember that not everyone out there is full of cheer. While most are running around frantically trying to finish shopping, there are those who are more interested in stealing what you've purchased rather than holding a job and buying their gifts like most law-abiding citizens. So, it's also the season to remind everyone that those crooks are out there lurking. The good news is that there are things that you can do to prevent being their next target because most crimes are crimes of opportunity that can easily be prevented with just a little thought.

The majority of robberies occur when people are walking along the street/sidewalk or to/from their vehicle. It is important to be vigilant about being aware of your surroundings. Take note of strangers walking towards you or approaching from behind. Try to avoid carrying valuables in plain sight. Ladies, while it is not very fashionable, it is always a good idea to put the strap of your purse across your body instead of over your shoulder as this makes it much more difficult for robbers to take it and much more likely that they will move on to another victim. Also try to avoid talking on your cell phone when you are walking in public.

Your attention is focused on your conversation and not on those around you, and it is very common for crooks to run up and grab cell phone as they are being used. Stay in well lit areas and in areas where there are other people. If you are leaving a location alone at night such as work, ask a co-worker to walk you out.

Avoid being the victim of a car related crime by taking a few simple common sense precautions. Always lock your car, no matter where you are, even if it's parked in your own driveway. Avoid parking in isolated areas where there are few people and/or limited lighting. Consider the use of theft deterrent devices such as car alarms, the "Club" or similar type products, etc. Most importantly, never leave valuables behind in your car. Unbelievably, a large percentage of auto burglaries involve the theft of high price items such as expensive name brand purses, laptop computers, iPods, and portable GPS systems that are left out in plain view on dashboards and car seats for all to see. This is an open invitation for crooks. Plus, car burglars will smash a window for as little as the loose change they see in an open ashtray or a dangling cell phone charger. And once they're inside, they will find everything else that you've "hidden" in your glove

compartment, under your seat, or in your trunk. Either way, bad guys see things they want and do whatever they need to take them.

Remember, too, that car burglars are usually involved in other types of crime including identity theft. So avoid leaving your wallet, mail, bills, etc in your vehicle, particularly those items that contain personal identifying information such as birthdates, Social Security numbers, bank checks, etc.

Lastly, if you're shopping at a mall or other venue with multiple businesses and find yourself making a trip to the car to drop off a load of packages with plans to go back in for more shopping, move your car to another location in the parking lot before returning inside to give the appearance to those nearby that you are leaving the area.

For further information about crime prevention and the Monterey Park Neighborhood or Business Watch programs, contact the Monterey Park Police Community Relations Bureau at 626-307-1215 or contact your local police department.

# Police Department Citizen's Academy Class to Begin in January

Have you ever wondered what goes on behind the scenes at the Monterey Park Police Department? Are you unsure of the programs offered to the community by the police department, but you didn't know who to ask? The free Citizen's Academy could be just what you're looking for.

Citizens Academy is a fun, informative course that meets once a week for eleven weeks. It's designed to provide city residents and non-residents alike with an interactive, comprehensive overview of the Monterey Park Police Department and the City. Classes include an introduction to the detective bureau, K-9 units, patrol procedures, communications/dispatch, and citizen's patrol as well as other police department and city bureaus. Each session is facilitated by an experienced city employee from each of the bureaus featured that week. The presentations include interesting and interactive demonstrations on a variety of topics within each bureau, including simulated firearms and

search procedures. The goal of the Monterey Park Citizens Academy is to be informative and to better equip the community to participate in building Monterey Park's future. We encourage you to join us and be part of that process.

For an exciting and informative experience, participate in the next Citizens Academy class. The first class is held at the Monterey Park City Hall Community Room on Thursday, January 15, 2015 and will conclude in March. The free class meets every Thursday evening for eleven weeks from 6:15 to 9:00 p.m. The final session culminates with a dinner and graduation ceremony. Program participants also

receive a certificate of achievement. Applications can be picked up from the city hall community relations bureau at 320 W. Newmark Avenue, Monterey Park. Minimum age of participants is 16 years; minors under the age of 18 years must have a signed parental consent form on file. Participants cannot have any felony convictions, be on parole or probation, or have been arrested for a misdemeanor within the past year. For further information or to have an application mailed to you, please contact Officer Danny Salazar at 626-307-1253 or any member of the community relations bureau at 626-307-1215.

## Real Clients' Testimonies at **TheChuReviews.com**

**FREE**  
Property  
Evaluation

**Just Sold!** \$1.24 Million  
  
**1615 Bushnell Ave., South Pasadena**  
3bed/2bath, 1960 Sqft.

**Just Sold!** \$675,000  
  
**964 Ridgecrest St., Monterey Park**

**Just Sold!** \$662,000  
  
**1430 Rockview St., Monterey Park**  
4bed/2bath 1529 Sqft, Remodeled

**Just Sold!** Sold \$590,000  
Listed \$588,000  
  
**706 Fotoni Pl., Monterey Park**  
Huge flat lot(7629 sqft) at prime location  
Brightwood Elm. school  
3Bed/2bath, Family room (1627Sqft)

**Just Sold!** Sold \$590,000  
Listed \$585,000  
  
**1490 Garfield Ave., Monterey Park**  
3Bed/2bath, Huge Family Room  
1901 Sqft. Up dated Kitchen, Baths  
Repetto, Mark Keppel school

**Just Sold!** Sold \$538,000  
  
**309 W. Floral Dr., Monterey Park**  
Pride of The Ownership!  
Beautifully Remodeled  
3Bed/2Bath, Family Room

**Just Sold!** Sold \$636,500  
  
**8728 Burghardt Rd. San Gabriel**  
Temple City SD quite cur-sac 3bed/2Bath

**In Escrow!** \$643,000  
  
**1100 Dover Way, Monterey Park**  
Prime Location, Great View  
Cur-de-sac, 3bed/2bath, Remodeled baths.

**In Escrow!** \$478,000  
  
**1451 Piedra Way, Monterey Park**  
3Bed/1.5Bath 1,238 Sqft, Lot 9015 Sqft  
New Painted interior, Quiet Cu-de-Sac,

**In Escrow!** Listed \$498,000  
  
**676 Kempton Ave., Monterey Park**  
3bed/1bath, Sharp Move-in Condition

**Coming Soon!**  
  
**1400 Crest Vista Dr., Monterey Park**  
4bed/2bath, 1620 Sqft, Brightwood School

**Coming Soon!**  
  
**433 Andrix St., Monterey Park**  
3bed/1bath, 1070 Sqft/ Lot 5,398  
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**Lunch 午餐 11AM - 3PM**              **Late Night 宵夜 Mon-Thu, Sun 9:30PM - 1AM**  
**Tea Time 下午茶 3PM - 5PM**              **Fri-Sat 9:30PM - 2AM**

**Tel: 626.288.8383 220 W. Garvey Ave., Monterey Park, CA 91754**

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*Capital Seafood Restaurant*

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**House Special Lobster (per pound)**  
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**755 West Garvey Ave., Monterey Park, CA 91754**



### Holiday Snow Village

**Monterey Park - Barnes Park Amphitheatre - Friday, December 5, 2014 - starts at 6 p.m.**  
 holiday tree lighting ceremony - Santa Claus - hot cocoa and cider - raffle 20 Christmas trees  
 performances by local school children - snow (wear snow attire) - many other holiday surprises.

Thank you to our event sponsors:

Market Place Shopping Center, Southern California Gas Company, Southern California Edison, Charles Company, Action Sales, Sister Cities Commission, Commerical Waste Services, Starbucks, John's Kabobs, Venice Room, Bollini's Pizzeria, Niko Niko Sushi, Meher Montessori School, Kim Phuoc Jewelry, A&A Pool & Spa Cleaning Service and G. Cervantes

For more information, please contact the Recreation & Community Services Dept. at 626-307-1388 or visit [www.MontereyPark.ca.gov](http://www.MontereyPark.ca.gov).

# Council Action Review

## Regular Meeting of October 15, 2014

The meeting was called to order at 7:03 p.m., with all members present.

Item 6A was moved to be heard after the Presentations.

**Presentations:** The Mayor gave his outgoing address.

### SUCCESSOR AGENCY CONSENT CALENDAR

**Agenda Item 2-A.** Approved payment of warrants and adopted Resolution No. SA-81 of the Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated October 15, 2014 totaling \$66.06 and specifying the funds out of which the same are to be paid.

**Agenda Item 2-B.** The Monthly Investment Report for September 2014 was received and filed.

**Agenda Item 2-C.** The minutes from the September 17, 2014 regular meeting were approved.

### CONSENT CALENDAR

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. 11689 allowing certain claims and demands per Warrant Register dated October 15, 2014 Totaling \$560,596.35 and specifying the funds out of which the same are to be paid.

**Agenda Item 3-B.** The Monthly Investment Report for September 2014 was received and filed.

**Agenda Item 3-C.** The Regular and Special Meeting Minutes of September 17, 2014 were approved.

**Agenda Item 3-D.** Resolution No. 11690 was adopted to support California Proposition 1, the Water Bond (Assembly Bill 1471).

**Agenda Item 3-E.** A Resolution opposing Proposition 47 was not adopted due to lack of second.

**Agenda Item 3-F.** Council accepted the George Elder and Highlands Picnic Shelter Replacement project completed by Interlog Construction; authorized the allocation of an additional \$5,700 in General Fund Capital Improvement Reserves to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-G.** Council accepted the La Loma and Pine Tree Play Equipment Replacement project completed by R.E. Shultz; authorized the allocation of an additional \$4,150 in General Fund Capital Improvement Reserves to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-H.** Council accepted the George Elder and Sunnyslopes Play Equipment Replacement project completed by Creative Nile Builders; authorized the payment \$63 in Grant Fund Capital Improvement Reserve monies

for additional work to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-I.** Council accepted the Barnes Park ADA Improvements completed by A.J. Fistes Corporation; authorized the payment \$800 in General Fund monies for additional work related to the Americans With Disabilities Park Access Program to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-J.** Council accepted the La Loma, Sunnyslopes and Pine Tree ADA Improvements completed by El Camino Construction and Engineering; authorized the payment \$1,000 in General Fund monies for additional work related to the Americans With Disabilities Park Access Program to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-K.** Council accepted the Highlands and George Elder ADA Improvements completed by Interlog Construction; authorized the payment \$33,400 in General Fund monies for additional work related to the Americans With Disabilities Park Access Program to cover the final cost of the project; and authorized the Public Works Director, or designee, to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-L.** Council adopted Resolution No. 11691 calling for a General Municipal Election on March 3, 2015 pursuant to Elections Code §§ 1301 and 10403; adopted Resolution No. 11692 requesting that the Los Angeles County Board of Supervisors provide election services for the March 3, 2015 election; adopted Resolution No. 11693 establishing requirements for candidate statements filed with the city clerk to be included with voter information for an election on March 3, 2015; and awarded Martin & Chapman Company an agreement for election services and authorized the City Manager to execute the agreement, in a form approved by the City Attorney.

**Agenda Item 3-M.** Council adopted Resolution No. 11694 consenting to consolidation of the City of Los Angeles (including the Los Angeles Community College District and the Los Angeles Unified School District) elections with the City of Monterey Park's General Municipal election to be held on Tuesday, March 3, 2015.

**Agenda Item 3-N.** Council adopted Resolution No. 11695 amending the City's Conflict of Interest Code.

**Agenda Item 3-O.** Council adopted Resolution No. 11696 authorizing the City Manager to enter a reciprocal

agreement, in a form approved by the City Attorney, with the California Board of Equalization to exchange data specific to business license information; and designated Municipal Auditing Services ("MAS") to examine the tax records of the City pertaining to business license taxes.

A recess was called at 8:30 PM. and the meeting reconvened at 8:40 PM.

### [4.] PUBLIC HEARING

**Agenda Item 4-A** A Public Hearing was held and Resolution No. 11697 was adopted approving the Healthy Community and Sustainable Community Elements and Council directed staff to outreach to the southern quadrants of the City and to present for approval for incorporation into the element.

### [5.] UNFINISHED BUSINESS NONE.

### [6.] NEW BUSINESS

This item was heard after Presentations.

**Agenda Item 6-A** Council approved the City's support of the 2015 Special Olympics World Games in Los Angeles by allowing Monterey Park Host Town to use the City logo, subject to the City's standard terms and conditions, but with the license fee waived; providing Monterey Park Host Town access to City facilities at no charge for events during the athletes stay in Monterey Park; and authorized City staff to assist with Monterey Park Host Town efforts including such things as public relations, security, and planning and hosting event; and Set aside an amount not to exceed \$10,000 in the City's 2015-2016 Budget Year for costs related to marketing and hosting events.

### [7.] COUNCIL MEMBER COMMUNICATIONS

The Council meeting adjourned at 9:25 P.M.

## Special City Council/Successor Agency Mayoral Meeting of November 3, 2014

The City Council meeting was called to order at 6:40 p.m., with one Council Member absent.

There were no Agenda additions, deletions, changes, and adoptions.

### NEW BUSINESS

**Agenda Item 1** Council appointed the Mayor and the Mayor Pro Tem in accordance with City Council policy established by Resolution No. 11507.

ADJOURNED - 8:00 P.M.

## Regular Meeting of November 5, 2014

The meeting was called to order at 7:02 p.m., with all members present.

There were no additions, deletions, changes or adoptions.

**Presentations:** None.

### SUCCESSOR AGENCY CONSENT CALENDAR

**Agenda Item 2-A.** Approved payment of warrants and adopted Resolution No. SA-82 of the Successor Agency to the former Monterey Park Redevelopment Agency allowing certain claims and demands per warrant register dated November 5, 2014 totaling \$3,310.22 and specifying the funds out of which the same are to be paid.

**Agenda Item 2-B.** The minutes from the October 1, 2014 regular meeting were approved.

### CONSENT CALENDAR

**Agenda Item 3-A.** Approved payment of warrants and adopted Resolution No. 11699 allowing certain claims and demands per Warrant Register dated November 5, 2014 Totaling \$1,221,079.25 and specifying the funds out of which the same are to be paid.

**Agenda Item 3-B.** The Regular and Special Meeting Minutes of October 1, 2014 were approved.

**Agenda Item 3-C.** Resolution of Intent No. 11700 was adopted to set a Public Hearing for November 19, 2014 for consideration of the 2015 BID assessments.

**Agenda Item 3-D.** Resolution No. 11701 was adopted authorizing the Public Works Director to record Notices of Completion for public works projects.

**Agenda Item 3-E.** Council authorized the City Manager to execute an amendment, in a form approved by the City Attorney, to the agreement with DMR Team to increase the contract price from \$122,000 to \$141,230 to pay for the total cost of the construction management services provided for the Park Master Plan Capital Improvements and Americans with Disabilities Act Programs.

**Agenda Item 3-F.** Council accepted the George Elder Park Parking Lot Improvements constructed by Ben's Asphalt as complete; authorized the allocation of an additional \$9,800 in General Fund Capital Improvement Reserves to pay for the final cost of the project; and authorized the Public Works Director to file a Notice of Completion with the Los Angeles County Recorder's Office and pay the final retention 35 days thereafter.

**Agenda Item 3-G.** Council awarded a contract for the Parking Lot Improvements at Barnes Park Service Club and Garvey Ranch Park to the lowest responsible bidder, United Paving Company of Corona, in the amount of \$174,487.00; authorized the Public Works Director to approve construction change orders up to \$17,400 (up to ten percent of construction contract amount) for this project; and authorized the City Manager, or designee, to execute the contract on behalf of the City in a form approved by the City Attorney.

**Agenda Item 3-H.** Council adopted Resolution No. 11702 authorizing the City Manager, or designee, to award pool rehabilitation work to Mountain View Pools in the amount of \$120,000 for the rehabilitation and replastering of the Cascade Fountain area; and authorized the City Manager, or designee, to execute an amendment, in a form approved by the City Attorney, to the agreement with Mountain View Pools on behalf of the City.

**Agenda Item 3-I.** Council authorized the City Manager to execute the Fourth Amendment to the agreement on behalf of the City, in a form approved by the City Attorney, with JWA Urban Consultants, Inc., in the amount not to exceed \$181,492 for professional services to be performed in Fiscal Year 2014-15.

### [4.] PUBLIC HEARING

**Agenda Item 4-A** A Public Hearing was held and Ordinance No. 2114 was adopted amending Title 8 of the Monterey Park Municipal Code in its entirety regarding the regulation of animals within the City's jurisdiction and incorporation of

Title 10 of the Los Angeles County Code.

**Agenda Item 4-B** A Public Hearing was held and Council approved the proposed Substantial Amendment to the 2010-2015 Consolidated Plan and authorized the City Manager, or designee, to execute and submit the necessary documents to U.S. Department of Housing and Urban Development (HUD) for its review and approval.

The Meeting was recessed at 8:55 p.m. and reconvened: 9:08 p.m.

### [5.] UNFINISHED BUSINESS

**Agenda Item 5-A.** Council adopted Resolution No. 11703 authorizing acquisition of Real Property at 2000 S. Isabella Avenue amending section 2 to do an outreach within 60 days after draft of sample rendering and authorized the City Manager to finalize and execute a purchase agreement between the City and a private Property owner, form to be approved by the City Attorney (Attachment B), and other required documents to complete the purchase of property;

The Meeting was recessed at 10:09 p.m. and reconvened: 10:24 p.m.

### [6.] NEW BUSINESS NONE.

### [7.] COUNCIL MEMBER COMMUNICATIONS

This item was heard after Successor Agency Items.

**Agenda Item 7-A.** Council adopted Resolution No. 11698 recognizing the importance of the in-home care provider workforce and National Family Caregivers Month as amended to replace section 2(b) change \$15 hourly rate to wages based on experience and education and include appropriate health care insurance.

The Council meeting adjourned at 10:41 P.M.

# Protect You, Your Family and Pets from Debilitating Mosquito-borne Diseases

Fight West Nile Virus, Dengue, Eastern Equine Encephalitis and other life threatening mosquito-borne diseases by eliminating standing water or contacting the SGV Mosquito and Vector Control District

Monterey Park Code Enforcement and San Gabriel Valley Mosquito and Vector Control District have worked closely together throughout the years. The district is a public health agency that manages and/or eliminates insects that spread diseases to humans.

A majority of the work that the district does involves the surveillance and control of mosquitoes. Mosquitoes are the most dangerous insect in the world, killing more than 750,000 people every year through the transmission of deadly diseases. Families are devastated every year by debilitating and sometimes life threatening mosquito-borne diseases including West Nile virus, Dengue and Eastern Equine Encephalitis. As of October this year in California alone there have been 654 cases of West Nile virus reported statewide resulting in 15 deaths.

October 15 was the official start of rainy season. Mosquitoes need standing water (stagnant water that is trapped and cannot drain away) to lay their eggs and grow. By eliminating these sources of standing water through property inspections, mosquitoes have no place to reproduce. It is very important to prevent mosquitoes from breeding on your property. Residents should inspect their property at least once a week to ensure there is no standing water. You should look for any container or object that holds water, no matter how small. Obvious sources such as swimming pools and fish ponds are easy to identify. As long as these water features have functional pumps and filters that keep the water moving they should be mosquito free. It is just as important that residents learn to identify the small and less obvious sources. Old tires, watering cans, rain barrels, buckets, flower pot saucers, trash cans, children's toys, and loose trash (even a bottle cap) can provide habitat for growing mosquitoes. Don't forget that

common garden plants such as bamboo, traveler's palms, and bromeliads all hold enough water in their leaves and stems to allow mosquitoes to proliferate. It is best to remove these plants altogether or to maintain them in a way that prevents mosquitoes from gaining access to them. Store items that can hold even a small amount of water where rain or sprinklers cannot fill them constantly.

There are three invasive mosquitoes that have been found this summer in Los Angeles County: Aedes albopictus, Aedes notoscriptus and Aedes aegypti. Aedes mosquitoes are all aggressive day-biters, they prefer to live and grow near humans and typically lay their eggs in small man-made containers. All Aedes mosquitoes are capable of transmitting a number of dangerous viruses to humans and parasitic worms to pets. These mosquitoes evolved to live in close contact with humans and can survive indoors. The good news is that residents can control their spread and keep them from growing on their property by keeping their yards free of standing water. They can educate their neighbors and assist each other in making routine inspections of their entire neighborhood for standing water and the presence of mosquitoes at any stage. Our residents have the ability to make a real difference in protecting themselves and their community from mosquitoes and the threat of dangerous mosquito-borne diseases.

Residents should report day biting mosquitoes and call for property inspections if they are seeing mosquito activity. Together we can make Monterey Park and the San Gabriel Valley a safer and healthier place for us all. For more information about mosquito biology or the vector control services, please contact the San Gabriel Valley Mosquito and Vector Control District at 626-814-9466 or visit [www.SGVMosquito.org](http://www.SGVMosquito.org).

# Pacific Asian Consortium in Employment (PACE)

PACE is a non-profit organization that has served Los Angeles County since 1976. PACE's mission is to create economic solutions to meet challenges of employment, education, housing, business development, and the environment in the diverse communities. Last year, PACE assisted over 50,000 families with a wide scope of services, they include: an extensive workforce development program; an affordable housing and a home repair service programs; an environmental and energy conservation program; an early childhood education program; a financial education and asset building program; and a business development center with access to capital and commercial training.

PACE's Business Development Center (BDC) serves aspiring entrepreneurs and existing small business owners who want to start or expand their business. PACE BDC's mission is to advance the wealth of our communities by giving individuals the tools to develop sustainable businesses and successfully manage their personal finances. It offers a wide variety of services including credit/financial

counseling, business development training, technical assistance counseling, and access to capital.

PACE BDC is funded by the City of Los Angeles BusinessSource program and includes a U.S. SBA Women's Business Center (WBC) which serves women entrepreneurs and small business owners. PACE BDC is also an approved SBA Lender and a certified CDFI able to offer loans from \$5,000 up to \$2,500,000. Additionally BDC has an Office of Refugee Resettlement Micro-Enterprise Development Program (MED) that serves refugees and asylees to help them start a new small business. BDC training and counseling is available in English, Spanish, Korean, Vietnamese, Chinese, and Cambodian.

Founded in 1994, PACE BDC has trained 29,321 aspiring entrepreneurs to start or expand over 10,699 businesses and create/retain more than 15,600 jobs. For more information, please visit PACE BDC website at [www.pacelabdc.org](http://www.pacelabdc.org) or contact BDC counselors at (323) 286-2656 or (213) 353-9400.

## MONTHLY PRESS DOCUMENTED CRIMES BY LOCATION

Addresses are identified by block number, not exact address.

### October 2014

#### AUTO BURGLARY

200 W RIGGIN ST  
1500 RIDGECREST ST  
600 S GARFIELD AVE  
300 N NICHOLSON AVE  
200 S ATLANTIC BLVD  
1100 RIDGESIDE DR  
300 S ATLANTIC BLVD

#### AUTO THEFT

1800 W GARVEY AVE  
200 W RIGGIN ST  
2300 FERDINAND AVE  
400 S GARFIELD AVE  
N MOORE AVE / W HELLMAN AVE  
800 BRIGHTWOOD ST  
1800 SATURN ST  
2400 GLADMAR ST  
1100 COLLEGE VIEW DR  
1100 W NEWMARK AVE  
500 HARRISON RD  
400 E GRAVES AVE

#### BURGLARY COMMERCIAL

400 W GARVEY AVE  
400 W GARVEY AVE  
500 MONTEREY PASS RD  
400 E GARVEY AVE  
300 E GARVEY AVE  
200 E GARVEY AVE  
2100 S ATLANTIC BLVD  
500 W GARVEY AVE  
100 N LINCOLN AVE  
100 N LINCOLN AVE  
400 S ATLANTIC BLVD  
400 S ATLANTIC BLVD  
400 S ATLANTIC BLVD  
500 N CHANDLER AVE  
2300 S GARFIELD AVE  
2300 S GARFIELD AVE  
700 S ATLANTIC BLVD  
300 N ATLANTIC BLVD  
1900 S ATLANTIC BLVD  
2200 S GARFIELD AVE  
2000 S ATLANTIC BLVD  
2000 S ATLANTIC BLVD  
1500 S ATLANTIC BLVD

#### BURGLARY RESIDENTIAL

500 W ARLIGHT ST  
2300 FINDLAY AVE  
1100 KNOLL DR  
200 W FLORAL DR  
1900 ABAJO DR  
1300 AVION DR  
1500 FULTON AVE  
500 COLINA TER  
500 BRIGHTWOOD ST  
500 W FLORAL DR  
500 W FLORAL DR  
800 MOONEY DR  
900 METRO DR  
500 W FLORAL DR  
1500 RIDGECREST ST  
1800 SIERRA ALTA WAY

#### ROBBERY

2200 S ATLANTIC BLVD

**MONTEREY PARK SPORTS CLUB**  
**2015 SPRING PONY BASEBALL/ASA SOFTBALL**





**Registration Fees:**

3 - 4 years old, Foal Division - Early Bird \* \$60, after Dec. 14 \$75  
5 - 14 years old, all other divisions - \*\$100, after Dec. 14 \$115  
\*after Jan 30 \$130 (\$90 for Foal)

Uniform is not guaranteed for opening day if signed up after February 8<sup>th</sup>  
Please bring your birth certificate to registration  
Family Discount: \$10 off each sibling  
Snack Bar/Deposit: \$40 per family  
Fundraiser: Every family must commit to purchasing 3 Dodger tickets.

BASEBALL INFO	SOFTBALL INFO
MPSPORTSCLUBPONY@GMAIL.COM	MPSPORTSCLUBASA@GMAIL.COM
<b>Registration Dates:</b>	<b>Registration Dates:</b>
<u>Early Bird</u>	<u>Early Bird</u>
December 6th and 13th 10:00 am - 1:00 pm Barnes Park Gym	December 6th and 13th 10:00 am - 1:00 pm Barnes Park Gym
<u>Regular Registration</u>	<u>Regular Registration</u>
January 3rd, 10th, 17th, and 24 <sup>th</sup> 10:00 am - 1:00 pm Barnes Park Gym	January 3rd, 10th, 17th, and 24 <sup>th</sup> 10:00 am - 1:00 pm Barnes Park Gym
<b>Player Evaluations/Draft</b>	<b>Player Evaluations/Draft</b>
Upper La Loma Please arrive 30 min early to sign in/warm up February 2nd- Pinto 6pm/Mustang 7pm February 4th - Bronco 6pm/Pony 7pm	Upper La Loma Please arrive 30 min early to sign in/warm up January 26th - 8u 6pm/10u 7pm January 27th - 12u 6pm/14u 7pm
<b>Opening Ceremonies</b>	<b>Opening Ceremonies</b>
March 14 <sup>th</sup>	February 22 <sup>nd</sup>

**MPSPONYBASEBALLASASOFTBALL.COM**



**Free Electronic Waste Collection Event**

**幫助在我們的城市和廢渣填埋減少電子廢物**  
Help our City get rid of E-Waste the right way by diverting it from the landfills to a proper recycling process!

**Saturday & Sunday, January 24-25, 2015**  
9 am - 3 pm  
1月24日(星期六)和1月25日(星期日)在馬凱波高中  
**Mark Keppel High School**  
501 E Hellman Ave - Alhambra, CA

**Fundraiser for the Mark Keppel High School Band Boosters.**  
Proceeds will benefit students & teachers at Mark Keppel.

For more info contact Attan (909)591-8408 or [www.attanrecyclingcorp.com](http://www.attanrecyclingcorp.com)

這次活動的目的是免費提供服務去幫助企業和城市居民適當地處理他們不需要的電子廢物。我們收集電子廢物後會交由 Attan 公司負責處理,而 Attan 會有一些捐款幫助馬凱波高中的老師和學生。電子廢物(e-垃圾)包括電子產品或設備。譬如電腦螢幕、電視、個人電腦系統、打印機家庭娛樂活動系統、影印機、傳真機等等。不管好的還是壞的。我們都會一律回收。有關詳情請聯絡 Attan 電話: (909) 591-8408

Anything that plugs in or uses batteries will be accepted:  
Computer Monitors, Television sets, Printers, PC Systems, Laptops, Copiers, Scanners, Fax Machines, Toner Cartridges, UPS & PDAs, Tower Supplies, Main Frame Units, Networking Equipment, Mother Board Systems, VCR/VCD/DVD Players, Home Entertainment Systems, Landline and Cellular Phones, Small Portable Devices

# LANGLEY SENIOR CENTER

400 W. EMERSON AVENUE MONTEREY PARK

(626) 307-1395

Open Monday – Friday From 8:00 a.m. – 5:00 p.m.

FOR ALL ACTIVITIES

CLOSED SATURDAY and SUNDAY  
EXCEPT FOR FEE BASED ACTIVITIES

## SPECIAL DATES TO REMEMBER . . .

**DECEMBER 15** - COMMISSION ON AGING MEETING, 11:00 A.M.  
**DECEMBER 11** - LANGLEY HOLIDAY LUNCH  
**DECEMBER 28** - CLUB AMISTAD DANCE  
**DECEMBER 24 & 25** - CHRISTMAS HOLIDAY - CENTER CLOSED  
**DECEMBER 31** - NEW YEAR'S EVE - CENTER CLOSED  
**JANUARY 01** - NEW YEAR'S DAY - CENTER CLOSED  
**JANUARY 19** - MARTIN LUTHER KING JR. OBSERVANCE - CENTER CLOSED  
**JANUARY 25** - CLUB AMISTAD DANCE  
**JANUARY 26** - COMMISSION ON AGING MEETING, 11:00 A.M.

## MONTEREY PARK'S SENIOR CITIZEN GROUPS MEET AT LANGLEY CENTER ON THE FOLLOWING SCHEDULE:

M.P. Senior Citizens Club, Friday, 10:00 a.m.  
Japanese/American Club, 3rd Saturday, 1:00 p.m.  
Club Amistad, Wednesday, 12:30 p.m.  
Club Bella Vista, Thursday, 12:30 p.m.  
Chinese/American Sr. Citizens Club, 1st Saturday, 1:00 p.m.  
Gardening Club, 4th Monday, 1:00 p.m.

## IMPROVING YOUR WELL-BEING

Each month on the second and fourth Tuesday, except on holidays, Care Manager, Vivian Chen will be at Langley Center from 10:00 A.M. – 12:00 Noon. Care Manager services, provided by YWCA San Gabriel Valley, Intervale Senior Services, include referrals for medical, counseling and mental health; in-home services; transportation; caregiver resources, and nutritional referrals. Monterey Park seniors, ages 60+, can obtain free assistance as a means to help them live independently and safely in their homes for as long as possible. Staff also can assist with advocacy related to Medicare, Medi-Cal and Social Security benefits. Please call the YWCA Case Management Program if you require supportive services at 626.214.9467, or schedule an appointment at the Langley Senior Center front desk.

## PEDESTRAIN & BICYCLE SAFETY CLASS –

JANUARY 3 • 10:00 A.M. - 11:30 A.M.

Monterey Park Police Department class will promote pedestrian and bicycle transportation use, safety, and accessibility. No class in December.

## ACTIVITIES, CLASSES AND SERVICES

**BINGO** – Every Friday from 12:30 P.M. - 4:00 P.M. Doors open at 11:00 A.M., everyone over 18 years of age is invited to play. No children are allowed.

**BINGO** - On the 1st, 2nd, 3rd and 5th Sunday of the month. Door open at 10:30 A.M. No children are allowed.

**BRIDGE** - Contract or Duplicate – Mondays and Thursdays, 12:30 p.m. – 3:45 p.m. If you play contract Bridge and are looking for a good group to share an afternoon of bridge with, come join us. Those who play 500 also welcome new players.

**DANCE EVERY TUESDAY**, 1:00 P.M. – 3:30 P.M., Dance to live music performed by the Incredible Time Machine \$2.50

**HAIRCUTS** - First come, first served. Wednesdays and Fridays, 8:00 a.m. - 11:00 a.m. Barber: Robert Delgadillo Suggested donation, \$5.00. Beautician, Martha Pineda, suggested donation, \$6.00. (The donation maintains equipment and purchases barber supplies.)

**JEWELRY AND WATCH REPAIR** - Wednesday, 8:00 a.m. - 11:00 a.m. for repair or estimate.

**LUNCH PROGRAM** – American or Chinese Hot Lunch served Monday thru Friday to those 60 years and over. Reservations must be made in advance in person on Monday mornings for the following week. Limited number of lunches. Suggested donation is \$2.00.

**MAH JONG** - 12:00 p.m. – 4:30 p.m., Monday through Friday.  
**HOUSING RIGHTS CENTER** - Walk-In-Fair Housing Clinic – December 2 and January 6, 1:00 P.M. (1st Tuesday of month). For information, call 1-800-477-5977.

**IN-HOME REGISTRY SERVICE** - Service can provide you with names of individuals who can work in your home offering a variety of skills. Our registry includes: LVNS for skilled nursing care, Certified Nurse Assistants for personal care needs such as feeding, bedside care, bathing, etc.; Homemakers/companions – for housework, meals, laundry, errands, plumbers, electricians, handymen, gardeners. Payment for the work performed is determined between the worker and you. If you reside in Monterey Park and are 60 or over and need this type of in-home care, please call (626) 307-1373. Applications for work are available.

**NOTARY** - Virginia Greene, a Notary Public, Wednesdays, 12 Noon – 2:00 P.M.

## TRANSPORTATION

### DIAL-A-RIDE

Service available Monday through Friday, 8:30 A.M.– 4:00 P.M., call (626) 307-1396. Free service for seniors 55 years of age and over, transportation within Monterey Park City limits, except for medical needs, and then into adjacent communities only

### MATURE DRIVER'S IMPROVEMENT

Class held from 8:00 A.M. – 5:00 P.M. Register for the January

12 class. No class in December. Each senior must register in person with a valid California Driver's License. Seniors completing the 8-hour course will be certified and eligible to get a 5% to 10% reduction on their premiums for bodily injury and property damage liability for up to three years with participating insurance companies. \$1.00 FEE includes State Certificate of Completion. For information call (626) 307-1395.

### METRO "TAP CARD"

Renewal is offered from the 25th of the month through the 10th of next month, Mon. – Fri., 8:30 A.M. – 4:30 P.M. To receive the City's discount, you must be 62 or older and have proof of Monterey Park residency, which must include identification with name and address imprinted, such as a Driver's License, DMV ID Card, and a valid "TAP CARD". Senior Citizen/Handicapped monthly fee is \$20 non-residents or \$17 for Monterey Park residents.

### TAXI COUPONS

Issued monthly from 1st Monday of the month, availability on a first come, first served basis - to qualified senior residents, 65 years and older, whose household income meets the L. A. County poverty guidelines (\$11,670 per year for one member, \$15,730 for two, \$19,790 for three or \$23,850 for four), are allowed 2 coupons a month, value of each coupon is \$11.00 and only valid for the month issued.

### SENIOR CLASSES – FREE

#### AMERICAN CULTURE

Explore American life and language. Paul Cheng, Instructor  
Thursday, 1:00 P.M.– 3:00 P.M.

#### BEADING CLASS

Pay for materials used. Francis Lau, Instructor  
Monday, 9:00A.M.-11:00A.M.

#### CHINESE HEALTH EXERCISE

Easy movement health exercise class early in the morning in the main room.

Monday-Friday, 7:00 A.M. – 8:00 A.M.

#### CHINESE PAINTING II

\$25 materials fee. Yu Zhou So, Painting Instructor

Thursday, 9:30A.M.-12:00 Noon

#### ENGLISH CONVERSATION

Refine your English language skills in conversation with other students.

Betty Cheng, Instructor

Thursday, 9:15 A.M.-11:30 A.M.

#### GARDEN GROUP

Learn tips for making your garden look terrific!

Suzy Juarez, Leader

4th Monday of the month, 1:00 P.M.

#### KARAOKE

Betty Cheng, Instructor

Tuesday, 9:00 A.M. – 12 Noon

#### NEEDLECRAFT WORKSHOP

Sew or knit with friends learning new skills or sharing your designs.

Tuesday, 9:00A.M.-11:00A.M.

#### LINE DANCING

Alice Tsao, Instructor

Monday and Tuesday, 10:00 A.M. – 11:00 A.M.

#### LINE DANCING

Beginning level. Sandra Lin and Alice Hao, Instructors

Friday, 8:45 A.M. – 10:30 A.M.

#### LINE DANCING

Intermediate/advance, Wilson Ng, Instructor

Friday, 9:00 A.M. – 10:30 A.M.

#### YUAN CHI DANCE/TAI CHI EXERCISE

Sandra Lin, Alice Tsao, and Rosa Yee, Instructors

Monday – Tuesday, 8:00 A.M. – 10:00 A.M.

Wednesday – Thursday, 8:00 A.M. – 10:30 A.M.

#### FRIENDSHIP CHORUS

Prof. Ping Qiao, Instructor

Wednesday, 9:30 A.M. – 12:00 Noon

#### CHINESE EVERGREEN CHORUS

Delly Chow, Instructor

Wednesday, 1:00 P.M. – 3:00 P.M.

#### CHINESE OPERA

Fuller Chen, Instructor

Monday, 9:00 A.M. – 12 Noon

#### CHINESE OPERA

C.L. Shen, Instructor

Friday, 9:00 A.M. – 12 Noon

#### MONTEREY PARK CHORUS

Wei Pu, Conductor

Monday, 7:00 P.M. – 9:00 P.M.

#### CONCERT BAND of MONTEREY PARK

Monday, 7:30 P.M. – 9:30 P.M., Monthly fee

## SENIOR CLASSES

### BALLROOM DANCE CLASS

Glenn Yata, Instructor Fee: \$5.00 per lesson

Wednesday and Friday, 7:00 P.M. – 10:00 P.M.

### MEMORY MAKERS FITNESS

Includes Yuan Chi Dance, Line Dance and Tai Chi Exercises

Sandra Lin, Alice Tsao, and Rosa Yee

Fee: \$10.00 per quarter

Saturday, 9:00 A.M. – 11:00 A.M.

### TABLE TENNIS, BILLIARDS AND EXERCISE

Doors open for regular activities at 8:00 A.M., Monday – Friday. No open play on Saturday or Sunday

### WINTER SESSION

DECEMBER 1 – MARCH 13, 2015

\$39.00 Seniors 50 yrs and Up

4602.301 Monday – Friday 6:00A.M.– 8:00 A.M.

DECEMBER 6 – MARCH 14, 2015

\$27.00 Seniors 50 yrs and Up

4602.302 Saturday 8:00A.M.– 12:00 Noon

### CHAIR FITNESS

Sonja Holladay, 50 yrs & Up for OLDER ADULTS

### WINTER SESSION

1 Day \$32.00. 2 days \$58.00, 3 days \$85.00

JANUARY 5 – MARCH 12, 2015

4215.301 Tuesday & Thursday 1:30 P.M. to 2:30 P.M., \$52.00

4215.302 Thursday 1:30 P.M. to 2:30 P.M., \$28.00

### TOTAL FITNESS FOR SENIORS

Sonja Holladay, 50 yrs & Up

4215.303 Beginner Mon & Wed, 1:00 P.M. to 2:30 P.M., \$58.00

4215.304 Inter/Adv Mon & Thurs, 2:45 P.M. to 4:15 P.M., \$58.00

4215.305 Inter/Adv Tuesday, 2:45 P.M. to 4:15 P.M., \$32.00

4215.306 Inter/Adv Mon, Tues, Thurs, 2:45 P.M. to 4:15 P.M., \$85.00

### ZUMBA GOLD

Sonja Holladay, 50 yrs & Up

JANUARY 6 – MARCH 11, 2015

4215.307 Tuesday 12:15 P.M. to 1:15 P.M., \$35.00

## SENIOR CITIZEN TRIPS AND TOURS

TOUR DESK IS OPEN FROM 9:00 A.M. – 3:00 P.M., MONDAY - FRIDAY

ALL TRIP RESERVATIONS MUST BE MADE IN PERSON AT LANGLEY CENTER

Trips and tours are for senior citizens 50 years and older only, no exceptions. Trips are limited and are on a first pay basis. All casino dividends are subject to change. Monterey Park's Recreation and Community Services Department acts only as an agent in putting together day and extended trip packages and does not assume any liability for illness, injury, damages, loss, accident, or delay due to any act or default of any company or person involved in the trip, nor can we be held responsible for changes made by the tour operator or hotels. CANCELLATIONS: To receive a refund, if you must cancel a trip, bring your ticket to the office. You may not substitute another person for your space on the trip, a waiting list will be used. (Day Trips: at least five working days prior to date of trip; Overnight Trips and Extended Excursions: as stipulated for specific tour). For information and reservations contact: Langley Senior Center, 400 W. Emerson Avenue, Monterey Park, CA or call Trips and Tours travel coordinator Joyce Knox at (626) 307-1395.

### PECHANGA RESORT CASINO - THURSDAY, DECEMBER 4

Gambler's get-away- Delight! – \$7.00 Per person, Plus \$1.00 DRIVER'S TIP. Must have Player's Card # and original valid State driver's license, or original State Senior ID or valid current government issued photo ID at time of registration. Check in 7:45 a.m. Depart 8:30 a.m. – return at approximately 5:00 p.m. Upon arrival receive \$5.00 for added play at Casino.

### FARMERS MARKET - MONDAY, DECEMBER 8

Come see the Grove and Farmers Market at 3rd and Fairfax in Los Angeles decorated for the holiday season. CHECK IN 8:15 a.m, depart at 9:00 a.m. and return at 3:00 p.m. Plenty of shops of festival cheer - multi cultural food choices. Ride the trolley between the Grove and Farmers Market where you are just steps away from its wide range of delights. \$7.00 Per person, Plus \$1.00 DRIVER'S TIP.

### PALA CASINO RESORT AND SPA - JANUARY 12, 2015

Gambler special get-away-day of gaming fun on the PALA Indian Reservation. Depart at 9:00 a.m. and return at approximately 5:00 p.m., check in time 8:00 a.m. \$7.00 Per person, Plus \$1.00 Driver's tip; receive \$5.00 for added play at casino. Must have Player's Card # and original valid State driver's license, or original State Senior ID or valid current government issued photo ID at time of registration.

### ARIZONA GEM TOUR - JANUARY 20-22, 2015

\$299.00 per person, based on double occupancy, \$399.00 single person in room. Deposit required of \$200.00 per person. Balance due December 6. Two night stay at the Blue Water Resort and Casino in Parker, Arizona. The town of Quartzsite has been a rock hound's paradise since the 1960's! In January rock hounders, jewelers and vendors attend the major gem and mineral shows. Highlight of the tour is visiting Quartzsite for the Tyson Wells Sell-A-Rama Show, QIA'S Pow Wow Show, Rock, Gem & Mineral shopping in Quartzite, Arizona, Celia's Garden, Quartzite Museum.

### MONTEREY /CARMEL - MARCH 6 - 8, 2015

3 DAYS and 2 NIGHTS, \$349.50 per person, based upon double occupancy, \$459.50 single person in room. Fully escorted tour. Deposit required of \$100 per person, balance due February 6, 2015. This trip includes deluxe air conditioned motor coach, overnight stay in San Simeon at the beach front Cavalier resort, overnight stay in Monterey. Visit elephant seals, Big Sur, Monarch Grove butterfly sanctuary and Carmel by the Sea. Shopping stops at Solvang, Cambria and Cannery Row in Monterey.

### NEW ORLEANS - APRIL 13 - 17, 2015

5 days and 4 nights, \$1,629 per person, based upon double occupancy, \$1,959 single person in room. Booking Deposit required of \$300 per person, Additional deposit due February 6, 2015 of \$300, Balance due March 6, 2015. Fully escorted tour includes round trip airfare to and from New Orleans, deluxe transportation throughout, four nights deluxe accommodations in the French quarter, Paddle Wheel Dinner Cruise with Jazz Band, and Alligator swamp boat tour.

# MONTEREY PARK BRUGGEMEYER LIBRARY

318 S. Ramona Avenue, Monterey Park

Hours: Mondays and Tuesdays 12 - 9 pm • Wednesdays and Thursdays 10 am - 6 pm

Fridays and Saturdays 10 am - 1 pm • Sundays 1 - 5 pm

Registrations for Phonics Class Opens January 6, 2015

Registrations for the Tuesday Phonics class will begin on Tuesday, January 6 at 12:00 p.m. This class is for students who have had no exposure to Basic English Instruction and are seeking beginning phonetic instruction. A material fee of \$20.00 is required for each class for books and materials needed in the classroom.

## ESL (ENGLISH AS A SECOND LANGUAGE) CLASSES

The literacy program has every level of ESL classes available to help English Language Learners gain reading, writing and speaking skills. Students are pre-tested to determine their proficiency levels in Basic English skills and to assist in placement of appropriate levels. ESL classes available are; Phonics - Tuesdays 5:30-6:30 p.m., Beginning Literacy- Tuesdays / Thursdays 12-2:00 p.m. Beginning Low- Mondays 6-7:30 p.m., Beginning High - Mondays and Wednesdays from 12:00 - 2:00 p.m., Intermediate - Tuesdays, Wednesdays and Thursdays from 1:00 - 3:00 p.m. and also on Tuesday evenings 7-8:30 p.m., Advanced ESL on Mondays/ Tuesdays/Wednesdays 3-5 p.m., and English Conversation on Saturdays 10:00 a.m. to 12:00 p.m., and Sundays 1-3:00 p.m. All classes are open enrollment and anyone interested in joining a class can come by the LAMP Literacy office located on the second floor of the library for more information and to register. A material fee of \$20.00 is required for each class each semester.

## CITIZENSHIP PREPARATION CLASSES

Citizenship Preparation classes are available at the Monterey Park Bruggemeyer Library. Persons who plan on becoming New Citizens should prepare for their Interview exam within six months prior to submitting their N-400 application. Citizenship Preparation classes will assist students with knowledge of American History, Government and Civics covered during the examination. Classes are offered on Sundays from 1:00-3:00 p.m., Mondays from 6:00-8:00 p.m., and Wednesdays from 10:00 - 11:30 a.m. Persons planning to become New Citizens should register early for these classes before submitting their N-400 Citizenship application. A material fee of \$20.00 is required for each semester. For more information, please contact the LAMP Literacy Office at (626) 307-1251.

## 1 TO 1 TUTORING FOR ADULT LITERACY

If you know an adult learner who cannot read or struggles in reading, call the LAMP Literacy Program. Our success rate for assisting adult learners is well established. Adult learners are matched with trained literacy tutors who will give reading and writing instruction in English to adult learners who have little or no reading skills. All learners are pretested for accurate placement with tutors. Enrollment to the one to one literacy program is free and funded by California State Library Literacy Services. Monterey Park residents are given priority on waiting list. Please be prepared to present identification. Please call the LAMP office for more information at (626) 307-1251 or visit the literacy office on the second floor of the library. No material fee for tutoring sessions is necessary.

## JOIN THE LAMP TEAM OF VOLUNTEERS!

Are you interested in giving back to the community of Monterey Park and have command of English writing, reading and speaking skills? Then we need you to join our team! The LAMP Literacy Office is looking for motivated people who are interested in tutoring adult learners in one-to-one English Language Instruction, or small groups of adult learners, or Citizenship Preparation coaching. Training will be provided for all volunteers. The LAMP Literacy Program will supply all needed training materials at no cost. Please contact the LAMP Literacy Office at (626) 307-1251 for more information or stop by and fill out an application. Give the gift that will last a lifetime by helping someone learn English so they can flourish and prosper in their communities.

## SANTA PROGRAM

Ho! Ho! Ho! Santa Claus will arrive at the library for a special program on Tuesday, December 16 at 7 pm in the Friends Room. Children and their parents are invited to join in the holiday fun and visit with Santa. Each attending family will receive a copy of a free holiday children's book courtesy of the Monterey Park Library Foundation. Parents can bring their cameras to take pictures of their children while they visit with Santa. For more information about the holiday program, contact the Children's Desk at (626) 307-1358.



## HOLIDAY PRESCHOOL STORYTIME/CRAFT PROGRAM

Preschool children are invited to a holiday storytime on Thursday, December 11 at 10:30 am in the Storytime Room. Preschoolers can join in a "Gingerbread Man" craft program in the Arts & Craft Room after the storytime. For more information about the program, please call the Children's Desk at (626) 307-1358.



## WINTER PRESCHOOL PROGRAM

Preschool children are invited to a special winter-themed storytime on Thursday, January 15 at 10:30 am in the Storytime Room. Preschoolers can join in a "polar bear" paper craft program in the Arts & Craft Room after the storytime. For more information about the program, please call the Children's Desk at (626) 307-1358.



## TWEEN STEAM PROJECTS

The Children's Services Department will host STEAM projects for children aged 9-12 in the Friends Room on Thursday, December 11 and January 15 at 3:00 pm. The December program will feature an ice cream science project and the January program will involve tweens in a "Make Your Own Rubber Band Car,"

project. STEAM, an acronym of science, technology, and engineering, the arts and mathematics inspire and motivate youth with fun hands-on learning activities. The program is free, but pre-registration is required and the sign-up sheet will be available one week prior to the program. The program is supported by the Friends of the Library. For more information, call the Children's Department at (626) 307-1358.



## MANDARIN STORYTIME PROGRAMS

Ni hao! Come and enjoy stories, rhymes and songs in Mandarin on Mondays, December 15 and January 12 at 3 pm in the Storytime Room. Mandarin speaking children and children interested in learning the language are invited to participate and learn basic Mandarin words and phrases through books, songs and activities. For more information about the free programs, call the Children's Desk at (626) 307-1358.



## MEET CHILDREN'S AUTHOR, EDITH COHN

Children's author Edith Cohn will speak to young readers and sign copies of her new middle grade novel, *Spirit's Key* on Thursday, December 4 at 3 pm in the Friends Room. The author will read from her new debut novel about twelve-year old Spirit Holden who can see into the future. Spirit uses her power to solve the mystery of an illness affecting the wild dogs on the island. The newly published book has received praises from readers, reviewers and fellow authors as a "magical story of overcoming loss and believing in the gifts of the past and the future." The event is free and open to the public. Copies of the book are available for purchase and signing following the author's presentation. Readers of all ages are encouraged to attend the event. For more information, call the Children's Desk at (626) 307-1358.



## STORYTIMES

Children are invited to participate in the library's storytime programs on the following days:

Tuesdays	7:30 - 8:00 pm
Wednesdays	4:00 - 4:30 pm
Thursdays	10:00 - 10:30 am for infants (one parent or caregiver per child is required)
Thursdays	10:30 - 11:00 am for preschoolers

All storytimes are held in the children's storytime room with each storytime lasting about 30 minutes. For safety, children need to be accompanied by an adult caregiver/guardian during all storytime programs. For further information, please call the Children's Desk at (626) 307-1358.

## INTRODUCTION TO EMAIL WORKSHOP

Do you want to learn about email? Join the email workshop on Thursday, December 11 at 10:30 am - 12 noon in the computer lab located on the second floor. Adults enrolling in the one-time class will learn how to create an email account, practice sending and receiving email messages, and will learn tips on protecting your email. To register for the free class call the Reference Desk at (626) 307-1368.

## MONDAY NIGHT BASIC COMPUTER CLASSES IN ENGLISH

Basic Computer Classes in English are scheduled on Monday nights, December 1, 8, 15, and 22 from 7 pm - 8:30 pm in the computer lab located on the 2nd floor. Space is limited and registration is required for the free classes. Adults will practice mouse and keyboard drills, Internet searching skills and an introduction to Microsoft Word. To register for the free classes contact the Reference Desk or call (626) 307-1368.

## IPAD BASICS CLASSES

Did you have a new iPad and want to learn how to use it? Join us on Mondays, January 5, 12, and 26 pm from 7 pm - 8:30 pm in the computer lab to learn iPad essentials and ask questions. Adults should bring their own iPads for hands-on practice at the classes. To register for the free classes contact the Reference Desk or call (626) 307-1368.

## THURSDAY MORNING BASIC COMPUTER CLASSES IN ENGLISH

Basic Computer Classes in English are scheduled on Thursdays, January 8, 15, 22, and 29 from 10:30 am to 12 noon in the computer lab located on the 2nd floor. Space is limited and registration is required for the free classes. Adults will practice mouse and keyboard drills, Internet searching skills and an introduction to Microsoft Word. To register for the free classes contact the Reference Desk or call (626) 307-1368.

## OPEN COMPUTER LAB

Join the Open Computer Lab on Tuesday, January 6 and every Tuesday evening in January from 7-8:30 pm in the computer lab. The lab offers practice time for adults in the library computer classes and is also open for those needing personalized help with e-mail, Microsoft Word, Excel and the Internet. A library staff member is present to answer questions. There is no registration required but seating is limited to a first-come, first-serve basis. For more information contact the Reference Desk at (626) 307-1368.

Join the Library Team of Computer Volunteer Instructors. The library is looking for volunteers to teach computer classes, basic, intermediate, or advanced during the day or evening. Please call the Reference Desk at (626) 307-1368 for additional information if you are interested in becoming a volunteer.

## INTERNATIONAL FILM PROGRAMS

The public is invited to the library's film screenings featuring award winning international films on Wednesdays, December 17 and January 21 at 2 pm in the Friends Room. The programs are free with light refreshments compliments of the Friends of the Monterey Park Library. For more information contact the Reference Desk at (626) 307-1368.

## FAMILY HOLIDAY FILM

Join us as we board a magical train and journey to the North Pole. This holiday film based on the book by Chris Van Allsburg became a blockbuster holiday movie when it was first released in 2004. Now, 10 years later, the film rated PG and running 100 minutes, remains a holiday favorite for people of all ages. Watch the film on Sunday, December 14 at 1:30 pm in the Friends Room. Prize drawings of the book and DVD and refreshments are part of the 10th anniversary celebration of this holiday film classic. For more information contact the Reference Desk at (626) 307-1368.

## SALUTE TO WWII FLYING TIGERS IN CHINA EXHIBIT

The photo exhibit "Salute to WWII Flying Tigers in China" will be on display December 2-31 at the Monterey Park Bruggemeyer Library. The exhibit depicts the historical events of the Flying Tigers in some 200 photos in 48 free standing retractable banners. The exhibit is the work of Pedro Chan, a long-time collector and donor of Flying Tiger items. Mrs. Anna Chennault, widow of Army Lieutenant General Chennault who commanded the Flying Tigers, CATF, and the 14th AAF, is an honorary sponsor of the exhibit. For more information about the exhibit contact the Reference Desk at (626) 307-1368.

## AUTHOR TALK WITH JOHN JUNG

Author John Jung will talk about his new book, *Chinese American Odyssey* on Sunday, January 25 at 2 pm in the Friends Room. Part memoir, part how-to book, includes an engaging study of author Jung's transformation from a psychologist into a public historian of the Chinese in America. The event is free and open to the public. Copies of the book are available for purchase and signing following the author's presentation. For more about the program contact the Reference Desk at (626) 307-1368.



## BE SANTA FOR THE LIBRARY NOW AND IN THE NEW YEAR!

The Monterey Park Library Foundation asks that you please consider supporting the library during the holidays and beyond by donating towards the purchase of books, e-books, magazines, DVDs, CD, audio books and equipment for the library. A wish list of suggested purchases is posted in the library and on the library website. Donors will be recognized on a poster in the library and on the website and will have a nameplate noting their contributions placed in any book added to the collection. All donations are tax deductible. The children and adults of this community will greatly appreciate your generosity!



## LOVE BOOKS? LOVE TO SAVE MONEY? LOVE THE LIBRARY? SHOP AT THE FRIENDS BOOKSTORE!



Book lovers and bargain hunters are always welcome to visit the Friends Bookstore located just inside the rear entrance of the library. You can purchase hardcover books, paperbacks, magazines, videos, DVDs and CDs at rock-bottom prices! All proceeds go to the Friends of the Monterey Park Library and support library programs and services.

## DECEMBER MIDWEEK MOVIE @ THE LIBRARY

The library will showcase a blockbuster hit on Wednesday, December 3 at 3 pm in the Friends Room. The sci-fi adventure film starring Patrick Stewart and Hugh Jackman is rated PG 13 and runs 131 minutes. Forming an alliance, Professor Xavier and Magneto send Wolverine back in time in an attempt to change history and prevent an event that results in doom for both humans and mutants. For more information about the free film program contact the Reference Desk at (626) 307-1368.

## JANUARY MIDWEEK MOVIE @ THE LIBRARY

A group of interstellar outlaws team up to save the galaxy from a villain who seeks ultimate power in this sci-fi action adventure film. Watch the blockbuster film on Wednesday, January 7 at 3 pm in the Friends Room. The film rated PG runs 121 minutes and features a star-studded cast including Chris Pratt, Vin Diesel, Bradley Cooper and more. For more information about the free film program contact the Reference Desk at (626) 307-1368.

## JF PROGRAMS

### FUN PROGRAMS BY YOUTH FOR YOUTH

The Junior Friends, a teen volunteer organization at the library, hosts a program each month to serve the youth at Monterey Park Bruggemeyer Library. Do you have the urge to create? Are you a tinker at heart? Come check out our special holiday programs on Wednesday, December 10 and January 14 at 3 pm in the Friends Room. For more information about these creative and free programs contact the Reference Desk at (626) 307-1368.

## 8V8

Teens are invited to join the 8 vs. 8 tournaments on Wednesday, December 17 at 3 pm in the Computer Lab. Come prove your computer League skills in this fantasy style RPG. For more information about the program contact the reference desk or call (626) 307-1368



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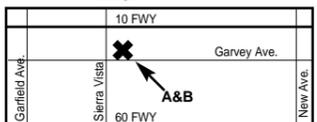
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## Recreation and Community Services Department

# WINTER

## CLASSES AND PROGRAMS

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Walk in Registration Monday, December 1st, 2014

### ART CLASSES

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1501.305	Thursday	5:45-6:45pm
1501.306	Friday	2:45-3:45pm

#### ARTS & CRAFTS

Students will learn various crafts, using the latest materials: Wall Art, Greeting Cards, 3D Pictures, Jewelry, Clay, Holiday Projects, Ribbon Embroidery, Stained Glass and much more!

**Marlene Cardinali,**



#### Barnes Park Service Club

**12 Weeks: January 8, 2015 - March 26, 2015**

<b>Fees: \$47.00</b>	
1509.301	Thursday 9:00-12:00 pm

#### CARTOON DRAWING

Learn to draw funny cartoons the easy way with creative use of color blends. Students will be responsible for all supplies: paper, crayons, & pencils on the first day of class. Students must verify any holiday make ups with instructor.

#### Simon Yen, Barnes Park Service Club

**10 Weeks: January 9, 2015 - March 13, 2015**

<b>Fees: \$55.00</b>	<b>3yrs to 8yrs</b>
1504.301	Friday 5:00-6:00pm

#### PENCIL DRAWING

Learn basic drawing techniques using the latest materials. Students will be responsible for all materials: colored pencils (28-30) and A4 drawing book at the first class. Students must

verify any holiday make ups with instructor.

#### Simon Yen, Barnes Park Service Club

**10 Weeks: January 9, 2015 - March 13, 2015**

<b>Fees: \$55.00</b>	<b>7yrs to 13yrs</b>
1504.302	Friday 4:00-5:00pm

#### WATERCOLOR PAINTING

Watercolor Painting is fun and relaxing. Join us as we paint bright & beautiful watercolors from photos. This is an adult class and is geared for beginning, intermediate, and advanced students. Students are responsible for any/all art supplies.



#### Peter Morris, Barnes Park Service Club

**10 Weeks: January 6, 2015 - March 10, 2015**

<b>Fees: \$50.00</b>	<b>18yrs &amp; Up</b>
1510.301	Tuesday 6:30 to 8:30pm

### DANCE CLASSES

#### BALLET

Ballet is the foundation for all dances and can help dramatically improve other dance techniques. Students are responsible for pink leather or canvas split sole ballet slippers and additional materials fee which will include: leotard, tights, etc. Students must verify any holiday make ups with instructor.



#### JayVee Dance Center,

**216 East Main Street, Alhambra**

**8 Weeks: January 10, 2015 - February 28, 2015**

<b>Fees: \$90.00</b>	<b>5yrs &amp; up</b>
1402.302	5yrs to 8yrs Tuesday 3:30 to 4:30pm
1402.303	8yrs to 18yrs Wednesday 3:30-4:30pm

**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**

**9 Weeks: January 3, 2015 - February 28, 2015**

<b>Fees: \$92.00</b>	
1404.301	4-5yrs. Saturday 10:00 to 11:00am
1404.302	6yrs-12yrs Saturday 11:00am-12:00pm

#### BELLY DANCING - INTRO

Get all the basics of this alluring dance form. Students will learn basic belly dance techniques such as hip undulations, muscle isolations and body placement. Hip scarf optional but available for purchase at the Arte Flamenco. Students must verify any holiday make ups with instructor.

Arte Flamenco Dance Theater, 230 West Main Street, Alhambra

**10 Weeks: January 7, 2015 - March 11, 2015**

<b>Fees: \$92.00</b>	<b>15yrs &amp; Up</b>
1404.303	Wednesday 7:30 to 8:30pm

#### DANCE RHYTHM FITNESS

Dance Rhythm Fitness is an American Folk Dance, also called Clogging. It is done to music such as Latin, Polka, Irish, Dixieland and Bluegrass - A true exercise without exercising. No Partner required and No experience necessary.



#### Reggie Stevens,

**George Elder Community Center**

**12 Weeks: January 8, 2015 - March 26, 2015**

<b>Fees: \$32.00</b>	<b>All Welcome</b>
1407.301	Thursday 7:00 to 9:00pm

#### FOLKLORICO

Viva Mexico! Students of all ages will be introduced to traditional dance movements, skirt work and heelwork of the dances of Mexico. Students must verify any holiday make ups with instructor.

**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**

**10 Weeks: January 7, 2015 - March 11, 2015**

<b>Fees: \$92.00</b>	
1404.306	6yrs to 12yrs Wednesday 6:00 to 7:00pm
1404.307	4yrs to 5yrs Wednesday 6:30 to 7:30pm

#### FLAMENCO

Ole! These introductory classes will cover basic arm and body placement, heelwork and hand clapping while learning a basic flamenco rhythm. Flamenco shoes are required. Students must verify any holiday make ups with instructor.



#### Arte Flamenco Dance Theater,

**230 West Main Street, Alhambra**

**10 Weeks: January 3, 2015 - March 8, 2015**

<b>Fees: \$92.00</b>	<b>4yrs &amp; Up</b>
1404.308	4yrs to 6yrs Saturday 9:00 to 10:00am
1404.309	6yrs to 12yrs Thursday 6:00 to 7:00pm
1404.310	15yrs & Up Thursday 7:00 to 8:00pm
1404.311	15yrs & Up Saturday 12:00 to 1:00pm
1404.312	15yrs & Up Sunday 11:00 to 12:00pm
1404.313	7yrs to 12yrs Saturday 10:00 to 11:00 am

#### JAZZ

This class is an upbeat modern version of Broadway style dancing! Emphasis on basic skills of Jazz technique with a focus on ballet training, rhythmic, and modern combinations of music and movement. Specific dance attire is required at an additional request. Please contact studio for specifics.

**JayVee Dance Center, 216 East Main Street, Alhambra**

**8 Weeks: January 7, 2015 - February 25, 2015**

<b>Fees: \$90.00</b>	<b>6yrs to 18yrs</b>
1402.312	6yrs to 9yrs Wednesday 3:30-4:30pm

#### HIP HOP

Bringing together the culture of street dancing and the technical training of dance, Hip Hop has an entertainment quality that is uniquely its own. Students are responsible for tennis shoes and an additional materials fee which will include: t-shirt, basketball shorts/sweatpants. Students must verify any holiday make ups with instructor.



#### JayVee Dance Center,

**216 East Main Street, Alhambra**

**8 Weeks: January 8, 2015 - February 26, 2015**

<b>Fees: \$90.00</b>	<b>4yrs to 18yrs</b>
1402.313	4yrs to 6yrs Thursday 3:30 to 4:30pm

**8 Weeks: January 6, 2015 - February 28, 2015**

<b>Fees: \$90.00</b>	<b>4yrs &amp; up</b>
1402.314	4yrs to 6yrs Tuesday 3:30 to 4:30pm
1402.315	7yrs to 9yrs Tuesday 4:30 to 5:30pm
1402.316	10yrs to 13yrs Tuesday 5:30 to 6:30pm
1402.317	13yrs to 18yrs Tuesday 7:30 to 8:30pm
1402.319	13yrs to 18yrs Saturday 12:30 to 1:30pm
1402.320	18yrs & Up Monday 7:30 to 8:30pm

#### HAWAIIAN-HULA-TAHITIAN DANCE

Students will learn the national dance of Hula. Students must verify any holiday make ups with instructor.

**JayVee Dance Center, 216 East Main Street, Alhambra**

**8 Weeks: January 7, 2015 - February 25, 2015**

<b>Fees: \$90.00</b>	
1402.322	13yrs & Up Wednesday 7:30 to 8:30pm

**Arte Flamenco Dance Theater, 230 West Main Street, Alhambra**

**10 Weeks: January 3, 2015 - March 12, 2015**

<b>Fees: \$92.00</b>	<b>6yrs to 12yrs</b>
1404.305	Thursday 6:00 to 7:00pm
1404.317	Saturday 12:00 to 1:00pm

#### SALSA

Salsa is very energetic and fun Latin Dance as well as great exercise. Beginning students will learn all the fundamental steps and partnering techniques for salsa dancing. Intermediate students will learn more advanced partnering and more sophisticated footwork. Lessons also include: Cha Cha, Bachata, Merengue and Cumbia. No partner necessary. Students - must verify any holiday make ups with instructor.

**Dorothy Tsu & Moses Navarro, Garvey Ranch Park**

**12 Weeks: January 2, 2015 - March 20, 2015**

<b>Fees: \$96.00</b>	<b>All Welcome</b>
1406.301	Beginner Friday 7:30 to 8:30pm
1406.302	Intermediate Friday 8:30 to 9:30pm

#### ZUMBA FITNESS

Zumba combines Latin and international music with dance in an effort to make exercise fun. The class, created with specific beats and tempo changes, transitions the workout from one toning, strengthening or cardio move to another and targets every major muscle group in the body. Please wear comfortable athletic attire and tennis shoes.

**JayVee Dance Center, 216 East Main Street, Alhambra**

**8 Weeks: January 6, 2015 - February 28, 2015**

<b>Fees: \$90.00</b>	
1402.323	18yrs & Up Tuesday 6:30 to 7:30pm
1402.324	18yrs & Up Thursday 6:30 to 7:30pm
1402.325	18yrs & Up Saturday 9:30 to 10:30am

## EDUCATION CLASSES

### CHILD - PARENT EDUCATION

Children will learn social and academic skill through music, crafts and other learning activities. Class will also lend insight about child development and personality. A \$10 materials fee per child required at first class meeting.



Credentialed Parent Education Instructor, Garvey Ranch Park OR Barnes Park Service Club  
CHILD - PARENT EDUCATION

**Barnes Park Service Club**

**10 Weeks: January 6, 2015 – March 10, 2015**

**Fees: \$77.00**

**0yrs to 3.5yrs**

1305.302

Tuesday

9:00 to 11:00am

### CHILD - PARENT EDUCATION

**Garvey Ranch Park**

**10 Weeks: January 5, 2015 – March 9, 2015**

**Fees: \$77.00**

**0yrs to 18 months**

1305.303

Monday

9:00 to 11:00am

### CHILD - PARENT EDUCATION

**Garvey Ranch Park**

**10 Weeks: January 7, 2015 – March 11, 2015**

**Fees: \$77.00**

**3yrs Old- Must turn 3 by September 1, 2014**

1305.304

Wednesday

9:00 to 11:00am

### CHINESE LANGUAGE - ADULTS

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 23, 2014 – December 21, 2014**

**(Close on Thanksgiving, Christmas Weekends)**  
**Fees: \$57.00**

**18yrs & Up**

1301.321

Sunday

9:00 to 11:00am

1301.322

Sunday

11:15 to 1:15pm

1301.323

Sunday

2:00 to 4:00pm

### CHINESE LANGUAGE - GRADE 1

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 22, 2014 – December 20, 2014(Close on Thanksgiving, Christmas weekends)**

**Fees: \$37.00**

**6yrs to 7yrs**

1301.324 Book 1

Saturday

9:00 to 11:00am

1301.325 Book 2

Saturday

9:00 to 11:00am

1301.326 Book 2

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE - GRADE 2

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 22, 2014 – December 20, 2014(Close on Thanksgiving, Christmas weekends)**

**Fees: \$37.00**

**7yrs to 8yrs**

1301.327 Book 3

Saturday

11:15 to 1:15pm

1301.328 Book 4

Saturday

11:15 to 1:15pm

1301.329 Book 4

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE - GRADE 3

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English.

Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 22, 2014 – December 20, 2014**

**(Close on Thanksgiving, Christmas weekends)**

**Fees: \$37.00**

**8yrs to 9yrs**

1301.330 Book 5

Saturday

9:00 to 11:00am



### CHINESE LANGUAGE - GRADE 4 & 5

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic Alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.



**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 22, 2014 – December 20, 2014(Close on Thanksgiving, Christmas weekends)**

**Fees: \$37.00**

**10yrs to 12yrs**

1301.331 Book 7

Saturday

9:00 to 11:00pm

1301.332 Book 7

Saturday

2:00 to 4:00pm

### CHINESE LANGUAGE – JR HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 22, 2014 – December 20, 2014(Close on Thanksgiving, Christmas weekends)**

**Fees: \$57.00**

**12yrs to 14yrs**

1301.233

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE – HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**4 Weeks: November 23, 2014 – December 21, 2014(Close on Thanksgiving, Christmas weekends)**

**Fees: \$57.00**

**14yrs & Up**

1301.334

Sunday

9:00 to 11:00am

1301.335

Sunday

11:15 to 1:15pm

1301.336

Sunday

2:00 to 4:00pm

### CHINESE LANGUAGE - ADULTS

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

**Fees: \$127.00**

**18yrs & Up**

1301.301

Sunday

9:00 to 11:00am

1301.302

Sunday

11:15 to 1:15pm

1301.303

Sunday

2:00 to 4:00pm

### CHINESE LANGUAGE - GRADE 1

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

**Fees: \$77.00**

**6yrs to 7yrs**

1301.304 Book 1

Saturday

9:00 to 11:00am

1301.305 Book 2

Saturday

9:00 to 11:00am

1301.306 Book 2

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE - GRADE 2

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

**Fees: \$77.00**

**7yrs to 8yrs**

1301.307 Book 3

Saturday

11:15 to 1:15pm

1301.308 Book 4

Saturday

11:15 to 1:15pm

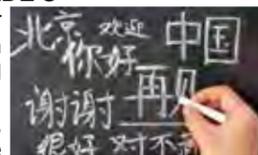
1301.309 Book 4

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE - GRADE 3

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English.



Learn phonetic alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

**Fees: \$77.00**

**8yrs to 9yrs**

1301.310 Book 5

Saturday

9:00 to 11:00am

### CHINESE LANGUAGE - GRADE 4 & 5

Experienced instructors use regular Chinese teaching material and can speak Mandarin, Cantonese and English. Learn phonetic Alphabet (Pinyin), simplified and traditional Chinese characters. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

**Fees: \$77.00**

**10yrs to 12yrs**

1301.311 Book 7

Saturday

9:00 to 11:00pm

1301.312 Book 7

Saturday

2:00 to 4:00pm

### CHINESE LANGUAGE – JR HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

**Fees: \$127.00**

**12yrs to 14yrs**

1301.213

Saturday

11:15 to 1:15pm

### CHINESE LANGUAGE – HIGH SCHOOL

This class will focus on middle and high school courses to improve students reading and writing abilities. Students must verify any holiday make ups with instructor.

**Amie (Xiaodong) Wang, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

**Fees: \$127.00**

**14yrs & Up**

1301.314

Sunday

9:00 to 11:00am

1301.315

Sunday

11:15 to 1:15pm

1301.316

Sunday

2:00 to 4:00pm

### DRIVER'S EDUCATION

Driver education is a California-required course for teens to receive a driver's license. This is an online study course. DMV accepted completion certificates issued upon successful completion of the course. Class is on-going & does not include behind-the-wheel driving.



**All Good Drivers, On Line Class**

**3 Months: January 5, 2015 – March 29, 2015**

**Fees: \$82.00**

**14yrs to 18yrs**

1304.301 Internet Course

Mon-Sun

12:00am to 11:59pm

## EXERCISE CLASSES

### AEROBICS - HIGH & LOW IMPACT

This class combines strength and cardiovascular training to maximize fat burning as well as improve aerobic and strength fitness. NO CHILDREN ARE ALLOWED. Students must verify any holiday make ups with instructor.



**Mae Pang, Brightwood Cafeteria**

**12 Weeks: December 1, 2014 – March 12, 2015**

**Fees: \$50.00 (1-day) or \$60.00 (2-days)**

**17yrs & Up**

1201.301

Monday

7:00 to 8:00pm

1201.302

Thursday

7:00 to 8:00pm (Wed 12/3, Tues 12/23)\*

1201.303

Mon/Th

7:00 to 8:00pm (Wed 12/3, Tues 12/23)\*

12 Weeks: December 1, 2014 – March 10, 2015 (December 1(Mon), 3 (Wed)\*, 22(Mon), 23 (Tues)\*, Mondays: January 5, 12, 19, 26, Feb 2, 9, 16, 23 March 2, 9.

**3 Months: January 3, 2015 – March 28, 2015**

<b>Fees: \$67.00</b>	<b>All Welcome</b>		
1209.302	Basic Form	Friday	4:30 to 5:30pm
<b>Fees: \$97.00</b>	<b>All Welcome</b>		
1209.305	Circle form	Friday	5:00 to 6:00pm
<b>Fees: \$67.00</b>	<b>All Welcome</b>		
1209.309	Qi Gong	Friday	5:00 to 6:00pm
<b>Fees: \$97.00</b>	<b>All Welcome</b>		
1209.312	Saber Form	Friday	5:00 to 6:00pm
<b>Fees: \$97.00</b>	<b>All Welcome</b>		
1209.315	Sword Form	Friday	5:00 to 6:00pm

**YOGA HATHA – ALL LEVELS**

Ideal class for students new to yoga- combines posture, breathing and meditation. Students must provide their own towel, blanket or exercise mat. Students must verify any holiday make ups with instructor.

**Chieko Fosterling, Langley Center**

**10 Weeks: January 3, 2015 – March 7, 2015**

<b>Fees: \$90.00</b>	<b>18yrs &amp; Up</b>		
1204.301	Beginner	Saturday	9:00 to 10:15am

**NEW!! BEGINNING YOGA LEVEL**

This class is ideal for the student new to yoga. This course introduces the basic poses, principles of movement and posture, yoga philosophy and simple relaxation techniques. In Iyengar yoga, weak parts are strengthened and stiff parts are stretched, thus awakening and realigning the whole body. This class is perfect for beginning yoga students!



**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: January 3, 2015 – March 12, 2015**

<b>Fees: \$110/10 wks or \$190/20 mtgs.</b>			
1219.301	Ages 16+	Select One Day	
1219.302	Ages 16+	Select Two Days	
Saturdays		12 PM - 1:15 PM	
Sundays		11:30 AM - 12:30 PM	
Mondays - Thursdays		7:15 PM - 8:15 PM	
Tuesdays		9 am to 10:15 am	

**NEW!! GENTLE YOGA & MEDITATION**

Meditation and yoga are both healing and will enhance mental clarity, strength, flexibility and balance. This class is ideal for all ages including Seniors and for Prenatal and Postnatal. Please bring a yoga mat, an empty stomach and wear comfortable clothing.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: January 3, 2015 – March 9, 2015**

<b>Fees: \$110/10 wks or \$190/20 mtgs.</b>			
1219.303	Ages 16+	Select One Day	
1219.304	Ages 16+	Select Two Days	
Mondays		9:00 – 10:15 AM	
Saturdays		9:00 – 10:15 AM	

**NEW!! YOGA FOR ALL LEVELS**

Discover the healing benefits of Hatha Yoga; health, strength, energy, flexibility, mental clarity, and much more. Learn the basic fundamentals of asanas along with relaxation. Please bring a yoga mat and an empty stomach.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: January 4, 2015 – March 13, 2015**

<b>Fees: \$110/10 wks or \$190/20 mtgs.</b>			
1219.305	Ages 16+	Select One Day	Monday – Sunday
1219.306	Ages 16+	Select Two Days	Monday – Sunday
<b>Weekday Schedule</b>			<b>Weekend Schedule</b>
Monday – Friday	.....	6:00 – 7:15 pm	Sunday.....
Monday.....		4:15 – 5:30 pm	Sunday...10:00 – 11:15 am
Wed & Fri.....		7:45 - 9:00 am	Sunday.....6:00 – 7:30 pm
Thursday.....		9:00 – 10:15am	

**NEW!! YOGA FOR INTERMEDIATE STUDENTS**

Join us for a deeper study of asanas (postures). Students focus on continuing studies of inversions including headstand, shoulderstand and back-bend variations. Relaxation is practiced.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: January 8, 2015 – March 12, 2015**

<b>Fees: \$110/10 wks</b>			
1219.307	ges 16+	Tuesday & Thursdays	6:00 – 7:15 pm
		Sunday	10:00- 11:15am

**NEW!! PRENATAL YOGA**

This class is designed to support the most healthy and comfortable pregnancy possible. During pregnancy, yoga helps keep the body fit and the mind at ease. Mothers-to-be will find that yoga can

maintain strength and functioning during pregnancy which can ease the difficulty of labor and postpartum recovery. Practicing yoga while pregnant is an especially gratifying experience; yoga can give a mother time to discover her deep, emotional bond with her baby even before birth.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

**10 Weeks: January 5, 2015 – March 9, 2015**

<b>Fees: \$110/10 wks</b>			
1219.308	Ages 18+	Mondays	4:15 – 5:30 PM

**New!! INTRODUCTORY COURSE FOR STUDENTS NEW TO YOGA**

This course is a total of four sessions and introduces the basic yoga poses, principles of movement and posture. Each session is a cumulative experience with each class building on the one before it. The needs of each individual will be addressed. This course is a great way to begin your study of yoga or to refresh your understanding of the basics.

Some of the benefits include, rejuvenation and overcoming fatigue, increased vitality, reduction of stress and anxiety; helps correct postural imbalances, decrease in back and neck pain; learn simple relaxation techniques.

**Dora Hasenbein, Yoga Darsana, 11 N. Fourth St., Alhambra**

<b>4 Sessions: Fees: \$60.00</b>			
1219.309	Ages 18+		
	Saturday Dates:	1:15 pm - 2:45 pm	
	Sunday Dates:	4:00 pm - 5:30 pm	
	Saturdays,	January 3, 10, 17 and 24	
	Sundays,	May 3, 10, 17 and 24	
	Saturdays,	February 7, 14, 21, 28	
	Sundays,	June 7, 14, 21 and 28	
	Saturdays,	March 7, 14, 21 and 28	

**ZUMBA FITNESS**

Zumba combines Latin and international music with dance in an effort to make exercise fun. Students are responsible for comfortable athletic attire and tennis shoes. Students must verify any holiday make ups with instructor.

**JayVee Dance Center, 216 East Main Street, Alhambra**

**8 Weeks: January 6, 2015 – February 28, 2015**

<b>Fees: \$90.00</b>	<b>18yrs &amp; Up</b>		
1219.311	Tuesday		6:30 to 7:30pm
1219.312	Thursday		6:30 to 7:30pm
1219.313	Saturday		9:30 to 10:30am

**MARTIAL ARTS CLASSES**

**NIPPON KEMPO KARATE**

Nippon Kempo is a full force sport based on techniques of striking, kicking, throwing, reverse holds and ground combat. Advanced class requires Instructor's approval. Students must verify any holiday make ups with instructor.



**Mark Ishida, Garvey Ranch Park**

**Each Month: December 8, 2015 – March 26, 2015**

<b>Fees: \$33.00 or \$28.00 Subsequent Family</b>	<b>5yrs &amp; Up</b>		
1102.301	Jan-Beg	Thursday 6:30 - 8:00pm	
		& Saturday 9:00-10:30am	
1102.302	Feb-Beg	Thursday 6:30 - 8:00pm	
		& Saturday 9:00-10:30am	
1102.303	Mar-Beg	Thursday 6:30 - 8:00pm	
		& Saturday 9:00-10:30am	
1102.304	Jan-Adv	Thursday 7:30 - 9:00pm	
		& Saturday 10:00 - 11:30am	
1102.305	Feb-Adv	Thursday 7:30 - 9:00pm	
		& Saturday 10:00 - 11:30am	
1102.306	Mar-Adv	Thursday 7:30 - 9:00pm	
		& Saturday 10:00 - 11:30am	
1102.307	Dec-Beg	Thursday 6:30 - 8:00pm	
		& Saturday 9:00-10:30am	
1102.308	Dec-Adv	Thursday 7:30 - 9:00pm	
		& Saturday 10:00 - 11:30am	

**SHAOLIN KUNG FU**

The Shaolin Kung Fu class teaches various Shaolin Martial Arts to help improve your body flexibility and overall health. The class also allows students to foster their martial virtues, perseverance, and independence so that they will become more disciplined and confident. The Shaolin Kung Fu class is taught by Peter Thai, a Shaolin disciple, who has been practicing martial arts for 15 years.

**4 weeks: November 22, 2014 -- December 20, 2014(Close on Thanksgiving, Christmas weekends)**

<b>Fees: \$47.00 5 years &amp; up</b>			
1301.337	Beginner/Intermediate	Saturday	9:00am to 10:30am
1301.338	Beginner/Intermediate	Saturday	11:00am to 12:30am
1301.339	Beginner	Saturday	1:30 pm to 3:00pm
1301.340	Beginner	Saturday	3:00 pm to 4:30pm

**SHAOLIN KUNG FU**

The Shaolin Kung Fu class teaches various Shaolin Martial Arts to help improve your body flexibility and overall health. The class also allows students to foster their martial virtues, perseverance, and independence so that they will become more disciplined and confident. The Shaolin Kung Fu class is taught by Peter Thai, a Shaolin disciple, who has been practicing martial arts for 15 years.

**Amie Wang, George Elder Community Center**

**10 weeks: January 3, 2015 – March 7, 2015**

<b>Fees: \$97.00 5 years &amp; up</b>			
1301.317	Beginner/Intermediate	Saturday	9:00 am to 10:30am
1301.318	Beginner/Intermediate	Saturday	11:00 am to 12:30am
1301.319	Beginner	Saturday	1:30 pm to 3:00pm
1301.320	Beginner	Saturday	3:00 pm to 4:30pm

**SHOBU KAI KARATE DO**

Shobu Kai Karate-Do is a traditional karate style. It will help students learn self defense. Class will help improve self-discipline, confidence and concentration.



**Ricky Wong, George Elder Community Center**

**1 Month: December 9, 2015 – March 26, 2015**

<b>Fees: \$29.00 or \$24.00 Subsequent Family</b>	<b>6yrs &amp; Up</b>		
1105.304	Dec	Tues & Thurs	7:00 to 8:00pm
1105.301	Jan	Tues & Thurs	7:00 to 8:00pm
1105.302	Feb	Tues & Thurs	7:00 to 8:00pm
1105.303	Mar	Tues & Thurs	7:00 to 8:00pm

**SHOTOKAN KARATE DO**

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional. Students must verify any holiday make ups with instructor.

**Richard Kageyama, George Elder Community Center**

**Each Month: December 8, 2015 – March 28, 2015**

<b>Fees: \$35.00 or \$30.00 Subsequent Family</b>	<b>6yrs &amp; Up</b>		
1103.301	Jan-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.302	Feb-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.303	Mar-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.304	Jan-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.305	Feb-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.306	Mar-Adv	Mon/Wed/Fri	8:00 to 9:00pm
1103.307	Dec-Beg	Mon/Wed/Fri	6:30 to 7:45pm
1103.308	Dec-Adv	Mon/Wed/Fri	8:00 to 9:00pm

**WING CHUN KUNG FU**

Authentic Wing Chun, Desui Kung Fu including: Chinese ground grappling and Tai Ji Chi Gong breathing exercises for health and self discipline. Students must verify any holiday make ups with instructor.

**Thomas Wong, Garvey Ranch Park**

**Each Month-Wing Chun 1: January 4, 2015 – March 28, 2015**

<b>Fees: \$85.00 All Welcome</b>			
1104.301	Jan-Beg	Thursday 8:00 - 9:00pm	
		or Saturday 4:00 - 5:00pm	
1104.302	Feb-Beg	Thursday 8:00 - 9:00pm	
		or Saturday 4:00 - 5:00pm	
1104.303	Mar-Beg	Thursday 8:00 - 9:00pm	
		or Saturday 4:00 - 5:00pm	

**Each Month-Wing Chun 2: January 4, 2015 – March 28, 2015**

<b>Fees: \$95.00 All Welcome</b>			
1104.307	Jan-Adv	Saturday	2:00 to 4:00pm
1104.308	Feb-Adv	Saturday	2:00 to 4:00pm
1104.309(Sept)	Mar-Adv	Saturday	2:00 to 4:00pm

**MUSIC & THEATER CLASSES**

**ACTING AND CREATIVE DRAMA FOR CHILDREN**

Students will learn the basics of acting, building confidence and self esteem through cooperation and team work with theater games and improvisation. Class includes a performance for parents at the end of the session. Students must verify any holiday make ups with instructor.



**Lee Chen Norman, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

<b>Fees: \$97.00</b>	<b>6yrs to 11yrs</b>		
1801.301	Sunday		2:00 to 2:50pm GECC

**AUDITION TECHNIQUES FOR CHILDREN**

Students will learn the basic techniques for stage, commercial, and TV/film auditions. Children will work on commercial copies, monologues, and scenes from stage plays and TV/film. Team work, theater games and improvisation will be taught in the class. From the 5th classes, students will be taped. Students will perform two monologues and a scene for parents at the end of the



session. Students must verify any holiday make ups with instructor.

**Lee Chen Norman, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

<b>Fees: \$97.00</b>	<b>8yrs to 13yrs</b>		
1801.302	Sunday		3:00 to 3:50pm GECC

**SPEECH AND VOICE FOR PRESENTATION**

Techniques on speech and voice will be taught to students. A progression from group work, to two person work, then individual work will be taken place in class. Students will give a speech at the end of the session for parents. Students must verify any holiday make ups with instructor.



**Lee Chen Norman, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

<b>Fees: \$97.00</b>	<b>8yrs to 15yrs</b>		
1801.303	Sunday		4:00 to 4:50pm GECC

**IMPROVISATIONS FOR NON-ACTING ADULTS**

Exercises are based on Viola Spolin Improvisation techniques. Enjoy the freedom of your intuition and imagination and exercise your

mental health. Students must verify any holiday make ups with instructor.

**Lee Chen Norman, George Elder Community Center**

**10 Weeks: January 4, 2015 – March 8, 2015**

<b>Fees: \$97.00</b>	<b>18yrs &amp; Up</b>		
1801.304	Sunday		11:00 to 12:00noon GECC

**SINGING CLASS – GROUP LESSON**

LA Little Angels Children's Chorale provides an excellent foundation for young performers of the future. Class A (Kindergarten) - vocalization, rhythm, ear training, theory, body coordination, famous cute songs.



Class B (Elementary) – Vocal technique, Rhythm, Ear training, theory exploration, famous Choral, Musical performance, Community services  
www.LittleAngelsChorale.com

**LA Little Angels Children's Chorale,**

**401 Garfield Ave #B, Monterey Park**

**4 Weeks: January 4, 2015 – January 25, 2015**

**Fees: \$70.00 Kindergarten**

1717.301 Sunday (A Class) 4:30 to 5:45pm  
**Fees: \$80.00**  
 1717.302 Sunday (B Class) 3:00 to 4:30pm  
**Elementary**

**PIANO PREP – GROUP LESSONS**

Class will focus on basic finger training, rhythm counting, sight reading, and chord application and performance repertoires. Students will be required to provide earphones and purchase piano books – for additional material fees may be required. Visit the website at www.littleangelschorale.com for more information. Students must verify any holiday make ups with instructor.

**Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park**  
**4 Weeks: January 5, 2015 – January 26, 2015**  
**Fees: \$80.00**  
 1717.303 5yrs to 6yrs Monday 6:00pm to 7:00pm  
**5yrs & Up**

1717.304 7yrs to 9yrs Monday 7:00pm to 8:00pm

**PRIVATE PIANO, VIOLIN, GUITAR AND VOICE LESSONS**

One on one efficient expert teacher will guide students step by step into the beautiful world of music. Voice lessons include vocalizing, sight singing and stage performance. Violin and Piano lessons include finger technique, sight reading and beat counting. Individual lessons run 30 minutes per session – time to be worked out with instructor. Additional material fees may be required – Visit website at www.littleangelschorale.com for more information. Students must verify any holiday make ups with instructor.

**Little Angels Children's Chorale, 401 Garfield Ave #B, Monterey Park**  
**4 Weeks: January 5, 2015 – February 1, 2015**  
**Fees: \$120.00**  
**5yrs & Up**

1717.305 Private Piano Mon-Sun 30 minutes/per session  
 1717.306 Private Violin Mon-Sun 30 minutes/per session  
 1717.307 Private Voice Mon-Sun 30 minutes/per session  
 1717.308 Private Guitar Mon-Sun 30 minutes/per session

**PIANO**

Have you always wanted to play the piano? Learn notes and chords but owning a piano is not necessary.

**Ai Hwa Kung, Barnes Park Service Club**  
**8 Weeks: January 7, 2015 – February 25, 2015**

**Group Fees: \$60.00** **5yrs & Up**  
 1710.304 Group-Beg Wednesday 5:30 to 6:15pm  
**Private Fees: \$257.00** **5yrs & Up**  
 1710.306 Private Wednesday 5:00 to 5:30pm

**SENIOR FITNESS CLASSES**

**CHAIR FITNESS FOR OLDER ADULTS - 50yrs & Up**

Aerobic movement, range of motion exercises, strength training, stretching all performed in a seated position Perfect for students with balance or mobility issues and those recovering from illness or injury. Light hand weights and resistance bands are used in each class. Purchase band from instructor \$3.00



**Sonja Holladay, Langley Center**  
**10 Weeks: January 6, 2015 – March 12, 2015**

**Fees: \$54.00** **50yrs & Up**  
 4215.301 Tuesday & Thursday 1:30 to 2:30pm

**Fees: \$29.00** **50yrs & Up**  
 4215.302 Thursday 1:30 to 2:30pm

**TOTAL FITNESS FOR SENIORS - 50yrs & Up**

Heart healthy low impact aerobics, strength training and flexibility all wrapped up into one class! Light hand weights (2lbs-5lbs) and resistance bands are used in each class. Floor mat also required for Intermediate and Advance levels. Purchase band from instructor \$3.00

**Sonja Holladay, Langley Center**  
**10 Weeks: January 5, 2015 – March 12, 2015**  
**Fees: \$33.00 (1-day class) or \$60.00 (2-day class) or \$85.00 (3-day class)**

4215.303 Beginner Mon & Wed 1:00 to 2:30pm

4215.304 Inter/Adv Mon & Thu 2:45 to 4:15pm  
 4215.305 Inter/Adv Tuesday 2:45 to 4:15pm  
 4215.307 Inter/Adv Mon,Tues & Thurs. 2:45 to 4:15pm

**ZUMBA GOLD - 50yrs & Up**

Dress to sweat in this low impact, easy to follow, Latin-Inspired dance fitness party that keeps you in a groove for life. Some of the dance styles include: merengue, salsa, and cumbia. Instructor is ZUMBA and ZUMBA Gold licensed. Bring water and towel to class.

**Sonja Holladay, Langley Center**  
**10 Weeks: January 6, 2015 – March 11, 2015**

**Fees: \$37.00** **50yrs & Up**  
 4215.306 Tuesday 12:15 to 1:15pm

**SENIOR CLASSES - 50yrs & Up**

**GOLF - 4 SENIOR'S**

Learn the basics of golf - putt, chi, pitch, sand, full swing). experience the fun of playing on the golf course, under the guidance of a PGA member. 12 hours of instructions, average of cost is \$100 per hour for private lessons. Golf clubs are provided by instructor. Students are responsible for the purchase of range balls at each class.



**Kevin Norwall, PGA PRO Instructor**  
**Monterey Park Golf Course 3600 W. Ramona Blvd, Monterey Park,**

**CA 91754**  
**5 Week: January 6, 2015 – February 5, 2015**  
**Fee: \$100.00 Seniors 50 yrs and Up**

4602.310 Tues & Thurs 9:00am - 10:00am

**TABLE TENNIS, BILLIARDS AND EXERCISE**

Come early and play or exercise at Langley Center. Only participants that have paid activity fees may participate or occupy the rooms during the posted times. Doors open for regular activities at 8:00 A.M., Monday – Friday. No Saturday early entrance.

**Langley Senior Center**  
**9 WEEKS: January 5, 2015 – March 6, 2015**  
**FEE: \$39.00 seniors 50 yrs and Up**

4602.301 Monday – Friday 6:00 a.m. – 8:00 a.m.  
**9 Weeks: January 4, 2015 – February 28, 2015**

**FEE: \$27.00 seniors 50 yrs and Up**  
 4602.302 Saturday 8:00 a.m. – 12:00 noon

**BALLROOM DANCE CLASS**

Learn the basics of ballroom dance and enjoy a wonderful evening with a classic instructor that will teach you fundamentals and ballroom classic style.

**Glenn Yata, Langley Senior Center**  
**12 Weeks: January 7, 2015 – March 28, 2015**

**Fee: \$5.00 per lesson**  
 4403.301 Wednesday and Friday 7:00pm – 10:00pm

**SENIOR CLASSES – FREE**

**Please come to the center and enjoy these free classes. Register on-line for fee based classes only.**

**AMERICAN CULTURE - Intermediate**

Explore American life and language.

**Paul Cheng, Langley Senior Center**  
**12 Weeks: January 6, 2015 – March 24, 2015**

**Fee: FREE**  
 Thursday 1:00pm – 3:00pm

**ENGLISH CONVERSATION**

Refine you English language skills with Betty Cheng, Instructor.

**Betty Cheng, Langley Senior Center**  
**12 Weeks: January 8, 2015 – March 26, 2015**

**Fee: FREE**  
 Thursday 9:15 A.M.-11:30 A.M.

**BEADING CLASS**

Come create one-of-a-kind designs under the direction of Francis Lau, Instructor. Free - Pay for materials used.

**Francis Lau, Langley Senior Center**  
**12 Weeks: January 5, 2015 – March 23, 2015**

**Fee: FREE**  
 Monday 9:00A.M.-11:00A.M.

**CHINESE PAINTING II & CALLIGRAPHY**

Learn Chinese painting - one of the oldest traditions in the world; \$25 materials fee.



Calligraphy - the writing of characters is an art which has developed over many centuries in China. Louie Valdivia, Calligraphy Instructor.

**Yu Zhou So, Painting Instructor, Langley Senior Center**  
**Louie Valdivia, Calligraphy Instructor, Langley Senior Center**  
**12 Weeks: January 8, 2015 – March 26, 2015**

**Fee: FREE**  
 Thursday 9:30A.M.-12:00 Noon

**NEEDLECRAFT CLASS**

Sew or knit with friends in the warm atmosphere of learning new skills or sharing your designs.

**Langley Senior Center**  
**12 Weeks: January 6, 2015 – March 24, 2015**

**Fee: FREE**  
 Tuesday 9:00A.M.-11:00A.M.

**CHINESE HEALTH EXERCISE**

Easy movement exercise early in the morning.

**Mary Tam, Langley Senior Center**  
**12 Weeks: January 5, 2015 – March 27, 2015**

**Fee: FREE**  
 Monday-Friday 7:00 A.M. – 8:00 A.M.

**YUAN CHI DANCE/TAI CHI EXERCISE**

**Sandra Lin, Alice Tsao, and Rosa Yee, Langley Senior Center**

**12 Weeks: January 5, 2015 – March 26, 2015**  
**Fee: FREE**

Monday – Tuesday 8:00 A.M. – 10:00 A.M.  
 Wednesday – Thursday 8:00 A.M. – 10:30 A.M.

**MEMORY MAKERS FITNESS**

Includes Yuan chi Dance, Line Dance and Tai chi Exercises

**Sandra Lin, Alice Tsao, and Rosa Yee, Langley Senior Center**  
**12 Weeks: January 3, 2015 – March 21, 2015**

**Fee: \$10.00 per quarter**  
 Saturday 9:00 A.M. – 10:00 A.M.

**LINE DANCING**

**Alice Tsao, Langley Senior Center**

**12 Weeks: January 5, 2015 – March 24, 2015**  
**Fee: FREE**

Monday and Tuesday 10:00 A.M. – 11:00 A.M.



**LINE DANCING Beginning**

**Sandra Lin and Alice Hao, Langley Senior Center**

**12 Weeks: January 9, 2015 – March 28, 2015**  
**Fee: FREE**

Friday 8:45 A.M. – 10:30 A.M.

**LINE DANCING Intermediate/advance**

**Wilson Ng, Langley Senior Center**

**12 Weeks: January 9, 2015 – March 28, 2015**  
**Fee: FREE**

Friday 9:00 A.M. – 10:30 A.M.

**KARAOKE**

A means of recreation to sing your favorite song or belt out your best ballad.

**Betty Cheng, Langley Senior Center**

**12 Weeks: January 6, 2015 – March 24, 2015**  
**Fee: FREE**

Tuesday 9:00 A.M. – 12 Noon

**FRIENDSHIP CHORUS**

**Prof. Ping Qiao, Langley Senior Center**

**12 Weeks: January 7, 2015 – March 25, 2015**  
**Fee: FREE**

Wednesday 9:30 A.M. – 12:00 Noon

**CHINESE EVERGREEN CHORUS**

**Delly Chow, Langley Senior Center**

**12 Weeks: January 7, 2015 – March 25, 2015**  
**Fee: FREE**

Wednesday 1:00 P.M. – 3:00 P.M.

**CHINESE OPERA**

**Fuller Chen, Langley Senior Center**

**12 Weeks: January 5, 2015 – March 23, 2015**

**Fee: FREE**  
 Monday 9:00 A.M. – 12 noon



**CHINESE OPERA**

**C.L. Shen, Langley Senior Center**

**12 Weeks: January 9, 2015 – March 27, 2015**

**Fee: FREE**  
 Friday 9:00 A.M. – 12 noon

**MONTEREY PARK CHORUS**

**DR. S.S. CHANG**

**Friendship Room at Langley Senior Center**

**Fee: FREE**  
 Monday 7:00 P.M. – 9:00 P.M.

**CONCERT BAND OF MONTEREY PARK**

Musicians are wanted-brass, woodwinds and drums. Must be able to read music and have own instrument and music stand. Main Room at Langley Senior Center.

**Fee: Monthly**  
 Mondays 7:30 P.M. – 9:00 P.M.

**GARDEN GROUP CLASS**

Learn tips for gardening to make your garden look wonderful. For further information, contact Suzie Juarez at (626) 695-8059.

**Suzie Juarez, Langley Senior Center**

**Fee: FREE**  
**4th Monday –**  
 Mondays 1:00 p.m.

# SPORTS CLASSES

## GOLF

Learn the fundamentals of putting, chipping, pitching, full swing, grip, stance, swing, club selection and etiquette. Instructor is a P.G.A. member. Experienced golfers will improve their skills as well. Golf clubs are provided by instructor. Students are responsible for the purchase of range balls at each class. Students must verify any holiday make ups with instructor.



Kevin Norwall, PGA PRO Instructor  
**Monterey Park Golf Course 3600 W. Ramona Blvd, Monterey Park, CA 91754**  
**5 Weeks: January 7, 2015 - February 4, 2015**  
**Fees: \$59.00 8yrs & Up**  
 1601.301 Wednesday 9:00 to 10:00am  
 1601.302 Saturday 11:00 to 12:00pm  
 1601.303 Saturday 1:00 to 2:00pm

## GYMNASTICS - PARENT & ME

Enhance your child's development and share their experiences as you assist them through a structured class designed to encourage fun, flexibility and coordination. One adult must participate in the class. Payke Gymnastics requires an additional



waiver to be signed by a parent or legal guardian at the first class.  
**Payke Gymnastics, 107 S. Garfield Ave, Alhambra**  
**8 Weeks: January 6, 2015 - February 27, 2015**  
**Fees: \$110.00 2yrs to 3yrs**  
 1602.301 Tuesday 11:15am to 12:00pm

## GYMNASTICS

Learn basic gymnastics and concentration skills along with coordination, strength and self confidence. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

**Payke Gymnastics, 107 S. Garfield Ave, Alhambra**  
**8 Weeks: January 6, 2015 - February 27, 2015**  
**Fees: \$110.00 5yrs to 8yrs**  
 1602.302 Tuesday 4:00 to 5:00pm

## KINDER-GYM

This program is specially designed for the introduction of basic fundamental skills of gymnastics on vault, bars, beam, floor, mini-tramp and trampoline. Payke Gymnastics requires an additional waiver to be signed by a parent or legal guardian at the first class.

**Payke Gymnastics, 107 S. Garfield Ave, Alhambra**  
**8 Weeks: January 6, 2015 - February 27, 2015**  
**Fees: \$110.00 4yrs to 5yrs**  
 1602.303 Tuesday 3:15 to 4:00pm

## PING PONG

Sierra Vista Ping Pong class will include basic Ping Pong Instruction and open play. \$10 Punch Cards good for 10 days of play, are also available at City Hall Recreation Counter. Students must verify any holiday make ups with instructor.



**Sierra Vista Park**  
**3 Months: January 5, 2015 - March 27, 2015**  
**Fees: \$22.00 6yrs & Up**  
 1610.301 Monday-Friday 8:00 to 12:00pm

## TENNIS - ADULT

Students are required to bring 2 cans of tennis balls with them to the first class. Students must verify any holiday make ups with instructor. Dean Eddow, Barnes and Elder Tennis Courts

**10 Weeks: January 3, 2015 - March 12, 2015**  
**Fees: \$50.00 18yrs & Up**  
**Elder Tennis Courts**  
 1609.301 Inter/Adv Tuesday 7:00 to 8:30pm  
 1609.302 Advance Tuesday 8:30 to 10:00pm  
 1609.303 Inter/Adv Thursday 7:00 to 8:30pm  
 1609.304 Advance Thursday 8:30 to 10:00pm  
**Barnes Tennis Courts**  
 1609.305 Beg/Inter Saturday 4:00 to 5:30pm

# WATER CLASSES

## LAP SWIM - ADULTS

For the fitness conscious, a Morning Lap Swim Program is available at Barnes Park Pool.



**Barnes Park Pool**  
**1 Month**  
**Fees: \$34.00 or \$60.00**  
**Subsequent Family**  
**14yrs & Up**

2301.301	Dec	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.302	Jan	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.303	Feb	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.307	Mar	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am

## LAP SWIM - SENIORS

For the fitness conscious, a Morning Lap Swim Program is available at Barnes Park Pool.

**Barnes Park Pool**  
**1 Month**  
**Fees: \$22.00 50yrs & Up**

2301.304	Dec	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.305	Jan	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.306	Feb	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am
2301.308	Mar	Monday-Friday Sat & Sun	6:00 to 8:00am 6:00 to 10:00 am

## WATER AEROBICS - DEEP

\*\*\*If you will be registering for Sonja Holladay's Water Aerobics classes, the following fees will be applied:



**3 Week Mini Session - December 1st - 19th, 2014**  
 1216.305 One Class per week: \$19  
 1216.306 Two Classes per week: \$25  
 1216.307 Three Classes per week: \$30  
 1216.308 Unlimited Classes: \$37  
**13 Week Session - December 1st - March 13th, 2015**  
 1216.309 One Class per week: \$59  
 1216.310 Two Classes per week: \$85  
 1216.311 Three Classes per week: \$110  
 1216.312 Unlimited Classes: \$137  
**10 Week Session January 5th - March 13th, 2015**  
 1216.301 One Class per week: \$47  
 1216.302 Two Classes per week: \$67  
 1216.303 Three Classes per week: \$87  
 1216.304 Unlimited Classes: \$107

Water Aerobics is a great way to strengthen and tone muscles while building cardiovascular fitness. Students wear a buoyancy belt during class to provide flotation, alignment and freedom of movement. Students should feel comfortable in deep water. Students are responsible for a \$15.00 materials fee (buoyancy belt) at the first class meeting.

**Sonja Holladay, Barnes Park Pool**  
**18yrs & Up**  
 Tuesday 8:30 to 9:30am  
 Thursday 8:30 to 9:30am  
 Friday 8:30 to 9:30am

## WATER AEROBICS - SHALLOW

\*\*\*If you will be registering for Sonja Holladay's Water Aerobics classes, the following fees will be applied:

**3 Week Mini Session - December 1st - 19th, 2014**  
 1216.305 One Class per week: \$19  
 1216.306 Two Classes per week: \$25  
 1216.307 Three Classes per week: \$30  
 1216.308 Unlimited Classes: \$37  
**13 Week Session - December 1st - March 13th, 2015**  
 1216.309 One Class per week: \$59  
 1216.310 Two Classes per week: \$85  
 1216.311 Three Classes per week: \$110  
 1216.312 Unlimited Classes: \$137  
**10 Week Session January 5th - March 13th, 2015**  
 1216.301 One Class per week: \$47  
 1216.302 Two Classes per week: \$67  
 1216.303 Three Classes per week: \$87  
 1216.304 Unlimited Classes: \$107

Water aerobics is an effective low impact class that provides Cardiovascular benefits as well as flexibility and muscular toning. Students are required to provide their own water equipment (noodle) and must wear aqua shoes.

**Sonja Holladay, Barnes Park Pool**  
**18yrs & Up**  
 Monday 8:30 to 9:30am  
 Monday 9:45 to 10:45am  
 Tuesday 9:45 to 10:45am  
 Wednesday 8:30 to 9:30am  
 Wednesday 9:45 to 10:45am  
 Thursday 9:45 to 10:45am  
 Friday 9:45 to 10:45am

# WINTER TRIPS

## CRUISE OF LIGHTS - HUNTINGTON HARBOR

Enjoy a myriad of colored lights and animated displays reflected in the waters of the Huntington Harbor Channels. The holiday bus leaves BPCC at 6:00 pm and will return at approx 9:30 pm. Participants are encouraged to dress warm and bring blankets, hot chocolate and snacks for the trip.

**Barnes Park Community Center to Huntington Harbor**  
**1 Day: December 18, 2014**  
**Fees: \$17.00 All Welcome**  
 1901.301 Thursday 6:00-9:30pm

## SNOW DRIFT INNER-TUBE PARK - LAKE ARROWHEAD

Join us for some Inner Tube fun in the beautiful San Bernardino Mountains. Three dare-devil slopes are available at this site including: Advanced, Intermediate and the ever favorite Bunny Slope for all you rookies. The holiday bus leaves BPCC at 7:30 am and will return at approx 4:00 pm. Participants are encouraged to bundle up - dress warm, bring a sack lunch and snacks. Inner Tubes are provided.

**Barnes Park Community Center to Lake Arrowhead**  
**1 Day: December 26, 2014**  
**Fees: \$15.00 All Welcome**  
 1901.302 Friday 7:30am-4:00pm

## Use this form for Mail-In Registration ONLY

### WALK IN

Register starting Monday, December 1st, 2014  
 Come to the Recreation and Community Services Counter at Monterey Park City Hall from Mon - Thurs 7:30am - 5:30pm, Friday 7:30am - 4:30pm.  
 CREDIT CARDS (Visa, Mastercard & American Express) ARE ACCEPTED.

### MAIL IN

- Complete Registration Form (Photocopies can be used)
- Enclose stamped, self-addressed envelope
- Include a check for EXACT AMOUNT for each class payable to: City of Monterey Park
- Mail form and check to:

Recreation and Community Services  
 320 W. Newmark Ave.  
 Monterey Park, CA 91754

### GENERAL INFORMATION

- Classes are filled on a first come first serve basis. Space is limited.
- \$2 Senior Discount for residents 55 years of age and older. DISCOUNT MAY NOT BE COMBINED WITH ANY OTHER DISCOUNT OFFER.
- A cancellation fee of \$7.00 will be deducted from all refunds made prior to the start of first class meeting. No refunds will be made after class begins. Cancellations must be made in person.
- No telephone cancellations will be accepted.
- Full refund by City check will be made if class is cancelled by the Recreation and Parks Department. REFUNDS MAY TAKE FROM (3) THREE TO (5) FIVE WEEKS.
- All programs are subject to cancellation or schedule to change if class minimums are not reached. Classes are closed when class maximums are met. The department will make an attempt to contact all cancelled class participants by phone, letter or email. To assure that your class has not been cancelled, please call our office at (626) 307-1388 the first day of class.
- Do not buy class supplies until you have received confirmation that the class has been filled.

PARTICIPANT: \_\_\_\_\_  
 ADDRESS: \_\_\_\_\_  
 CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 HOME PHONE: \_\_\_\_\_ WORK PHONE: ( ) \_\_\_\_\_  
 AGE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

CLASS #	NAME OF CLASS	DAY	TIME	FEE
1				
2				
3				

Name of Parent or Guardian \_\_\_\_\_  
 Emergency Phone # \_\_\_\_\_ or \_\_\_\_\_

By placing my signature on the registration form, I understand and will comply with the rules set forth by the Parks and Recreation Department regarding participation in the above named classes. I further agree for myself, my heirs, executors, administrators, and assigns to waive all rights and claims for damages against the organizations, this event, its agents, representatives, successors and assigns for any and all injuries suffered by the above-named participant at and/or during said event or activity.

I also consent to emergency treatment for my child.  
 \_\_\_\_\_ Date: \_\_\_\_\_  
 Signature of Adult Participant or Parent/Guardian



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# Acetaminophen (Tylenol) and Ibuprofen (Advil) in Combination Better Than One or the Other

By John Chao, DDS and Sarah Kennedy, RDH



Dr. John Chao, DDS

For mild to moderate pain after surgery, patients are asked to take over-the-counter (OTC) pills. There are basically two kinds of OTC pills. One is represented by pain pills such as Tylenol and is called acetaminophen. The other is represented by Advil, and is called ibuprofen.

For quite some time now many doctors have advised their patients to take both acetaminophen and ibuprofen together, in the belief that taken together brings about more relief from pain than just taking one kind. However, it has not been strongly established that this is true. An article reviewing various studies involving a total of 1909 patients published in the September issue of the Journal of the American Dental Association has concluded that taking acetaminophen (e.g.,

Tylenol) in combination with ibuprofen (Motrin or Advil) would be better for dental post-operative pain than taking only one or the other. In other words, if you take a Tylenol at the same time you taken an Advil, you would have better relief from pain from dental surgery than if you took just Tylenol or just Advil.

According to the author, Ferne Kraglund, D.D.S., these two kinds of over-the-counter pain pills "are widely available and inexpensive, with a well-established reputation for safety and efficacy (effectiveness)." This review of a number of very strident, scientific studies, called randomized clinical trials, involving these 1909 patients showed that the combination of these two kinds of drugs effectively lowers pain intensity and decreases the need for higher

dosage or the addition of other supplementary drugs.

Of course, you should only use these over the counter drugs at the direction of your dentist to make sure that in your particular case it is safe and effective. Just as importantly, you need to be instructed by your dentist as to how much and under what circumstances you should take or not take these drugs.

The FDA recommends certain limits as to strength and daily dosage of these drugs. For example, each tablet of acetaminophen should contain no more than 325 milligrams and the maximum dosage should not exceed 4000 mg per day. It is critical you follow your doctor's instruction and contact your doctor in case of unusual reactions.

## City Employees to Run from the "Stadium to the Sea" for Charity

On March 15, a group of City of Monterey Park employees will embark upon their journey to run 26.2 miles through historic Los Angeles neighborhoods to aid local causes. Approximately ten employees will be part of the 2015 ASICS LA Marathon in order to raise funds for charity. Employees will seek sponsors for the marathon's iconic trek from Dodger Stadium to Santa Monica to garner funds for the Special Olympics. Look for more details about this event to be featured in an upcoming issue of the Cascades and on the city website.

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This fundraiser supports the Drama program at Mark Keppel High School. Proceeds will help support our Production of Peter Pan both at MKHS and in Scotland.

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Changes to Board positions will take place at the Dec. 9 meeting

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2014-2015  
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# District holds annual college fair, provides resources



Students and parents visited college representative tables at AUSD's seventh annual College Fair on Oct. 16, held at San Gabriel High School.

Alhambra Unified School District hosted its seventh annual College Fair on Oct. 16 at San Gabriel High School. From 6:00 p.m. to 8:00 p.m., over 80 representatives from colleges, vocational schools, and the military were available for questions. Many colleges, including those in the University of California and California State Systems, compete in the Alhambra area to try and attract more students.

Students learned about how colleges view applicants.

"Berkeley acceptance is different from other schools," a representative of UC Berkeley said. "Instead of scoring one for everything, [Berkeley] looks at everything and scores you holistically with one score from one to five with one being the highest."

Including local universities, there were many out-of-state colleges recruiting students in the San Gabriel Valley. Some schools came all the way from Indiana to Pennsylvania.

Hawai'i University was also present, trying to attract students living on the west coast.

"Students from the west coast get a good discount when applying for this school," the Hawai'i representative said. "They would only pay about \$15,000, while non-residents who want to get in would have to be charged \$30,000 for tuition."

Parents along with their children attended the fair and found this event to be extremely helpful.

"I've been [at the college fair] for four years now," parent Maria Chow-Kakazu said. "And it's very beneficial to look at all the colleges because it's a really good learning experience."

Coordinator Monica Marquez believes that the college fair is also a beneficial factor toward the students' futures.

"Overall it's a nice experience for students of all ages," she said. "They can come and explore the many different options like community colleges, four-year colleges, or they can jump into the workforce and look at technical institutes. They can all get their answers from one location."

This article was written by Frank Lieu, junior, reporter, The Matador, San Gabriel High School.



The Alhambra High School Speech & Debate Team scores another home run at the baseball-themed Spartan Fall Classic held at Schurr High School on Oct. 25-26. Along with more than forty awards, the team caught 2nd place Speech Sweepstakes and 1st place Debate Sweepstakes. Pictured above, following a long two-day double header, what's left of the team beams proudly at the success.

## Northrup students learn financial literacy



Northrup teacher Phillip Vi works with a student on a Financial Literacy and math lesson.

Students in Phillips Vi's math class are making money count. As a dedicated educator at William Northrup School, led by Principal Stacie Coleman-Hsu, Mr. Vi is teaching students about the true value of money. This year with the advent of Common Core, Mr. Vi is implementing "Financial Literacy" as part of his mathematics Universal Access (UA) curriculum. Some of the areas he will cover, along with his Mathematics curriculum, will include; Personal finance (i.e. income, expenses, savings, home buying, budgeting, car purchase, etc.), Interests and Loans, Tax basics, Credit Cards and Credit History, Credit Bureaus and FICO Score, and building a safety net.

Mr. Vi sees the value in showing students the importance and the relationship between knowing their math facts and understanding the relationship that the latter has on their daily lives. He says, "In addition to understanding and enjoying math, I want students to see its relevancy and applicability in everyday life." Mr. Vi goes on to say that "Financial Literacy UA would not have been possible without the incredible and ongoing support from Mrs. Colman-Hsu.

Students alike are excited to have the opportunity to learn about money in their math class and are becoming more interested as they begin to see the impact and the relationship between money, math, and shopping.

## Alhambra High School's Homecoming



HEAD ON Alhambra Moors face off against the Schurr Spartans during the Homecoming game at Moor Field on Oct. 31.



CAR CONVOY AHS Principal Duane Russell waves to bystanders during the first annual Homecoming Parade.



THE COURT Pictured from left to right: Freshman Princess Claudia Anzora, Sophomore Princess Violet Cordova, Homecoming Queen Danielle Medina, Junior Princess Jade Lieu, Senior Princess Josephine Lim



THE COURT Pictured from left to right: Senior Prince Ivan Yu, Junior Prince Raymond Lam, Homecoming King Robert Saris, Sophomore Prince Dmitri Madyomo, Freshman Prince Kobe Lu

# AEF supports college counselors on campus

by Rebecca Lei, senior, editor-in-chief, The Matador, San Gabriel High School

About fifty years ago, the national college enrollment rate for high school graduates was 45 percent - a number that climbed up to 70 percent in 2009. While this rapid ascension can be attributed to a number of factors, including increased gender equality, the outstanding component of the growth is the quality of support in the college application process in America's schools.

In trying to emulate that growth, the nonprofit fundraising organization Alhambra Educational Foundation (AEF) partnered with the Alhambra Unified School District (AUSD) to offer students an alternate avenue of aid by opening up new part-time college counselor positions on high school campuses.

The project will include personalized help and tours to various colleges in Calif., assisting the student body with any concerns they may have about their college prospects.

"The college counselors focus on helping students research college options and application processes, as well as integrate some career [preparation]," AEF Executive Director Sheryl MacPhee said. "Not all students are suited for a 4-year university, and we want students to know that.

We want to help students explore more types of colleges and help find the best fit for the students."

Not to be confused with the guidance counselors already present at the high schools, the AEF funded counselors will specialize in helping students demystify the concept of college. The project hopes to relieve some of the strain that guidance counselors experience when meeting with hundreds of seniors every fall, while simultaneously boosting college enrollment rates.

"The [guidance] counselors work so hard - they all have a huge workload between them with a lot of students, so there's not a lot of time to devote to individual college processes," Ms. MacPhee said. "[Many] juniors and seniors are starting to go through those processes, so we want to solve two problems by lightening workloads and providing individual help to those that need it."

To date, there are three planned counselor positions - Janice Liu and Suzana Yu are respectively stationed at Alhambra High School and Mark Keppel High School, while the counselor at San Gabriel has not yet been established.

The feedback for the project so far has been extremely positive, especially from students looking to apply to college in the next two years.

"I'm really glad [AEF] decided to start something like this," sophomore April Vuong said. "Applying to college always seemed so stressful and confusing, and I was worried about how I would get through the process. But now that I know they're opening up these positions, I'm a bit relieved. It's nice to know the support is there."

From this point forward, AEF hopes to eventually add more full-time counselor positions to increase the amount of support given to students in need of a helping hand in the process or simply information about the prospects.

"It's about knowing what's possible," Ms. MacPhee said. "If you know what's possible, then your expectations [can grow] and you can go after your dreams."

This article was written by Rebecca Lei, senior, editor-in-chief, The Matador, San Gabriel High School.

# Mark Keppel dons kilts for Scotland trip fundraiser



Because the Mark Keppel High School Theatre Company reached its goal of \$2000 by Homecoming, 21 teachers, four coaches, three campus supervisors, and five administrators wore their kilts for the school's Homecoming Pep Rally. Mr. and Mrs. Aztec were named and the winners were two of teachers in kilts. "The school fundraising effort was a huge success," drama teacher Page Phillips said, "but only a fraction of what we need to raise by June 15 for our Scotland Fringe Festival trip. If you would like to donate to help send our students to Scotland, please go to <https://mkhs.myschoolcentral.com>, or send a check c/o MKHS Theatre Company/Scotland, 501 E. Hellman, Alhambra, CA 91801. Thank you!"



San Gabriel High School's journalism and yearbook staffs shined at Calif. State University's, Northridge's Generation Journalism Day on Oct. 25. The student journalists swept the features writing category with senior Kaleen Luu winning first place; senior Kelsey Ko, second place; junior Ileana Perez, third place; and senior Jennifer Thai, honorable mention. In News, junior Erin Truong took first place and junior Amy Yee earned honorable mention. In Photojournalism, senior Jazzmin Perez claimed second prize for her portfolio, and in Editorial Cartooning, junior Emmanuel Maresca earned a special recognition for his cartoon. The students also attended workshops led by professional journalists from The Wall Street Journal, The Associated Press, and Univision.

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康洁丽公司的“前列神通”遭洛杉磯消費者控告! 法院案件號碼: BC459279

## Featured Stories in Chinese and Spanish

### 假日白雪村莊 (Holiday Snow Village) 為博恩斯公園帶來快樂和音樂

與白雪一起歡渡假期，聆聽現場音樂，點亮聖誕樹，和聖誕老人一起做訪問。

一年一度的蒙特利公園市假日白雪村莊(Holiday Snow Village)慶祝活動，將包括一年一度的聖誕樹亮燈儀式，雪橇奔跑比賽，節慶音樂以及和聖誕老人拍照等節目——所有表演將在博恩斯公園的大舞臺舉行。請大家在12月5日星期五下午6點，前來參加這個活動，並在聖誕頌歌的伴奏下，歡迎聖誕老人的到來，協助他點亮蒙特利公園市的聖誕樹。在亮燈儀式後，參加者將被邀請欣賞快樂的假日音樂，在白雪中玩耍，品嚐茶點，還可以有機會在假日抽獎活動中，贏得美麗的聖誕樹以及其它豐盛獎品。參加者請記住在參加室外活動時多穿一些保暖衣服，在玩雪的地方請穿著保護腳趾舒服的鞋。

今年的假日娛樂節目，由來自Meher Montessori學校，Rice小學，嘉偉中學的唱詩班，Schurr高中樂隊，以及聽眾合唱等提供。

特別感謝我們的主要贊助廠商：蒙特利公園市市場購物中心(即將開幕!)，南加州煤氣公司，富國銀行，Camino Real 雪佛蘭，Action Sales, Charles 公司，Terramar以及南加州Edison電力公司。

我們期待您和您的家人將前來加入這個節慶慶祝活動。若需更多信息，請致電626-307-1388，與休閒娛樂和社區服務部聯繫，或瀏覽網站montereypark.ca.gov。

### 蒙特利公園市在嘉偉大道上敲響除夕跨年鐘聲，慶祝2015新年的來臨

蒙特利公園市的第一年國際新年除夕倒數活動，將在太平洋大道(Atlantic Blvd)和Ynez街道之間的嘉偉大道(Garvey Avenue)上舉行。在新年除夕當天，多文化街市活動將於下午6點開始舉行，還將包括有現場娛樂節目，各類美食，魔術表演，以及超過70個具有特色的商家攤位展示。預定出席的表演嘉賓有來自臺灣的歌手瑤瑤以及Michael Jackson的模仿者。其他亮點包括大型乘騎遊戲，車展，花市等等。當然，晚會將包括2015新年倒數。本活動免費開放。



因為本次活動在嘉偉大道(Garvey Avenue)上舉行，所以在12月31日早上，將封閉此條道路。在早上10點以前，進入Atlantic, Chandler, Moore以及Ynez街道的道路也將關閉。東/西交通方向建議改道走Newmark大道，而南/北方向請改道走Emerson街道。預期屆時將有大批人潮參加本次活動，將對活動區域的停車場造成影響。鼓勵大眾儘量合夥共乘車輛參加本次活動。

新年活動由星島日報，CMPG公司以及蒙特利公園市政府聯合組織舉辦。若需更多有關蒙市新年除夕倒數活動詳情，請致電626-956-8200，與星島日報聯繫，或瀏覽市政府網站MontereyPark.ca.gov查閱相關內容。

### 農夫市場帶來健康的冬日選擇

哎呀，胡桃，南瓜和橡子！這個月我們叫嚷著這些根部蔬菜，又得不到足量的它們。除了塞滿抗氧化劑和維生素B6，胡桃南瓜(其實是水果)是非常多才多藝的。在市場上買一兩個，在烤箱裡烤一下，或者把它們煮成稠密的湯。



順便說一句，對當地農夫不要太害羞！若您不確定那是什麼水果或蔬菜，請向他們詢問。若您不確定什麼藥材和羊肉一起煮最好，或如何烹調您剛買的胡桃南瓜，告訴他們您想要一份料理方法。您能打賭他們將給您一些滿意的答覆。

假日快到了，我們迫不及待！農夫市場在今年聖誕節後繼續展開營業，所以12月26日星期五，農夫市場將停止營業。所以請不要忘了提前數週在農夫市場買好所有假日產品。農夫市場將在2015年1月2日再次開始營業。

若需更多好提示，請在臉書上(montereyparkFM)關注我們，或瀏覽我們的博客www.farmermark.com/blog。

無論是雨天還是晴天，農夫市場照樣正常運作，在每月週五下午4點至晚上8點，在市政廳附近及圖書館旁開放營業，地址：318 S. Ramona Ave。若您有任何疑問，請瀏覽信息攤位或電郵至：montereyparkFM@gmail.com。

### La Fiesta de Snow Village Trae Diversión y Música al Parque Barnes

Empiece la temporada con nieve, música en vivo, la iluminación del árbol de Navidad y una visita con Santa.

La Fiesta anual de Snow Village de Monterey Park incorporará la iluminación anual del árbol de Navidad, trineos en corredores de nieve, música festiva y fotografías con Santa – todo esto en el Anfiteatro del Parque Barnes. El viernes 5 de Diciembre, únanos a las 6:00 p.m. para darle la bienvenida a Santa con villancicos y a ayudarlo a prender las luces del árbol de Navidad de Monterey Park. A continuación de la iluminación del árbol, los concurrentes serán entretenidos con música festiva, juegos en la nieve, disfrutarán los refrigerios y tendrán la oportunidad de ganar un hermoso árbol de Navidad y otros buenos premios en una rifa de ésta festividad. Les recordamos que se deben abrigar bien para este evento al aire libre y usar zapatos cerrados para jugar en la nieve.



El entretenimiento festivo será provisto por la escuela Meher Montessori, el coro de la escuela Rice Elementary, el coro de la escuela Garvey Intermediate, la banda de Schurr High School y el acompañamiento de las canciones favoritas de la audiencia.

Un especial agradecimiento a nuestros principales auspiciadores: Centro de Compras Monterey Park Marketplace (¡Viniendo Pronto!), Southern California Gas Company, Wells Fargo, Camino Real Chevrolet, Action Sales, Charles Company, Terramar y Southern California Edison.

Esperamos que usted y su familia se nos unirán para este perfecto principio de la temporada festiva. Para más información, por favor llame al Departamento de Recreación y Servicios Comunitarios al (626) 307-1388 o visite MontereyPark.ca.gov.

### Monterey Park Recibirá al Año 2015 con una Fiesta de Vispera de Año Nuevo en la Calle Garvey Avenue

La primera celebración anual de Monterey Park de la Cuenta Regresiva Internacional de Vispera de Año Nuevo se llevará a cabo en la Avenida Garvey entre el Boulevard Atlantic y la Avenida Ynez. Este evento multicultural al estilo de feria callejera empezará a las 6:00 p.m. la Vispera de Año Nuevo y tendrá entretenimiento en vivo, variedad de comidas, un programa de magia y más de 70 quioscos de vendedores. El cantante Taiwanés Yao Yao y un imitador de Michael Jackson están programados a presentarse. Otras atracciones incluyen juegos de ferias, exhibición de carros, mercado de flores, y otros más. Y por supuesto, la noche terminará con la cuenta regresiva del año nuevo 2015. La entrada es gratis.

Como este evento se llevará a cabo en la Avenida Garvey, la calle se cerrará temprano en la mañana del 31 de Diciembre. Acceso para la Avenida Garvey por Atlantic, Chandler, Moore e Ynez también estará bloqueado antes de las 10:00 a.m. Los desvíos recomendados para el tráfico en dirección este/oeste son Newmark hacia el sur y Emerson hacia el norte. Se espera que una gran cantidad de gente atenderá este evento, lo cual causará un gran impacto para el estacionamiento en las áreas inmediatas. Se les sugiere que compartan sus vehículos para venir al evento.

El evento del año nuevo es organizado por Sing Tao Daily Newspaper, CMPG Marketing y por la Ciudad de Monterey Park. Para más información sobre la Cuenta Regresiva de Vispera de Año Nuevo de Monterey Park por favor llame a Sing Tao al 626-956-8200 o visite la red de la ciudad en el MontereyPark.ca.gov.

### El Farmers' Market Les Trae Saludables Opciones de Invierno

¡Butternut, kabocha y bellota, caramba! Este mes estamos entusiasmados con las verduras fundamentales y no nos cansamos de ellas. Además de estar llena de antioxidantes y de vitamina B6, la calabaza "butternut" (que en realidad es una fruta) es extremadamente versátil. Compre una o dos en el mercado y póngalas a asar en el horno, o conviertalas en una sopa.

¡A propósito, no sea tímido con sus granjeros locales! Si usted no está seguro de alguna fruta o verdura, pregúntele a ellos. Si no está seguro de qué hierba va mejor con cordero, o cómo cocinar esa calabaza "butternut" que acaba de comprar, hágale saber que le gustaría que le den una receta. Puede usted apostar que ellos tienen unas cuantas deliciosas respuestas para darle a usted.

¡Las festividades ya están cerca, y no podríamos estar más entusiasmados! El Farmers' Market cae el día después de Navidad este año, así que estará cerrado el viernes, 26 de Diciembre. No se olvide de comprar todos sus productos para las fiestas en el mercado durante las semanas anteriores. El mercado estará funcionando otra vez el 2 de Enero del 2015.

Para más consejos buenos, siga el mercado en Facebook en el montereyparkFM o inspeccione nuestro "blog" en el www.farmermark.com/blog.

El Farmers' Market de Monterey Park está abierto llueve o truene todos los viernes de 4:00 a 8:00 p.m. en el 318 S. Ramona Ave. Si usted tiene alguna pregunta, por favor visite el quiosco de información o envíe un email al montereyparkFM@gmail.com.



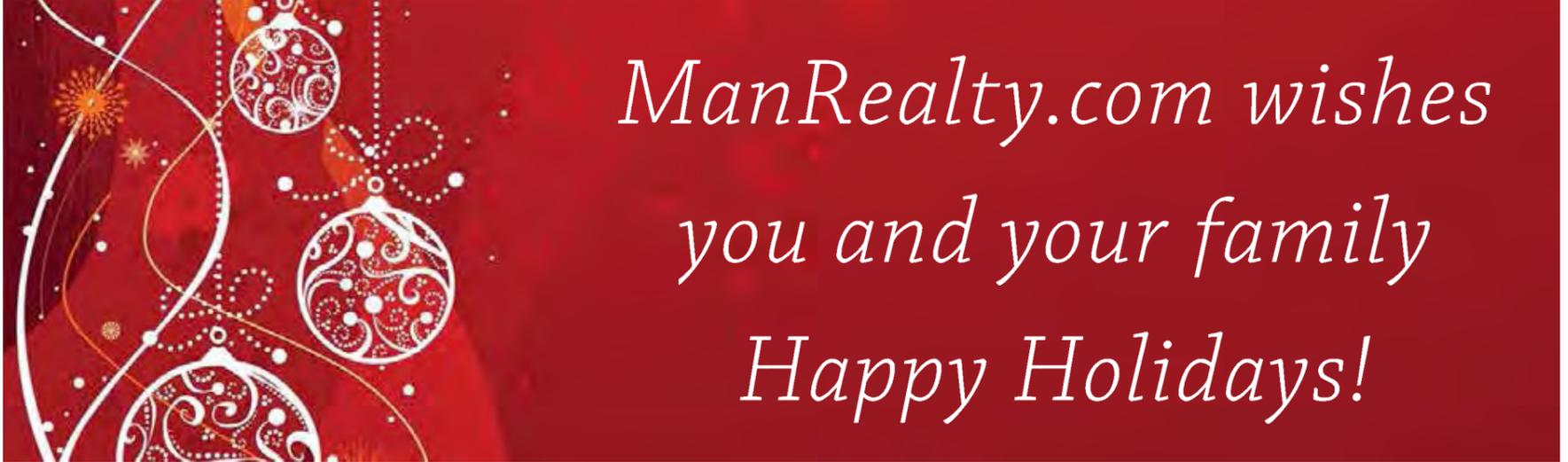
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**930 Ridgecrest St, Monterey Park**  
3 Bed/3 bath house with 2,200 sqft living space on a 9,948 sqft lot.



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**409 W. Riggin St, Monterey Park**  
Duplex: 2 Bed/1 bath each. 1,768 sqft living space total on a 6,332 sqft lot.



**JUST LISTED**

Listed at \$399,999

**17022 E. Devanah St, Covina**  
4 Bed/2 bath house with 1,614 sqft living space on a 6,090 sqft lot.



**JUST LISTED**

Listed at \$838,000

**1570 Fulton Ave, Monterey Park**  
6 Bed/5 bath house with 3,073 sqft living space on a 14,851 sqft lot.



**PENDING**

Listed at \$548,000

**1501 Sunnyhill Dr, Monterey Park**  
3 Bed/2 bath house with 1,362 sqft living space on a 8,505 sqft lot.



**PENDING**

Listed at \$285,000

**3524 Baldwin Ave #E, El Monte**  
3 Bed/2.5 bath condo w/1,175 sqft living space. 1st Time on Market!



**PENDING**

Listed at \$549,000

**125 Coral View St, Monterey Park**  
3 Bed/2 bath house with 1,568 sqft living space on a 6,450 sqft lot.



**JUST SOLD**

Sold for \$550,000

**1819 S McPherrin Ave, Monterey Park**  
5 Bed/2 bath house with 1,733 sqft living space on a 5,998 sqft lot.



**SOLD OVER ASKING**

SP:\$412,500  
LP:\$400,000

**27 Palmetto Dr #B, Alhambra**  
3 Bed/3 bath townhouse with 1,200 sqft living space.



**JUST SOLD**

Sold for \$520,000

**412 Mooney Dr, Monterey Park**  
3Bed/2ba house w/1,614 sqft living spc + 2 bonus rooms on 8,232 sqft lot.



**JUST SOLD**

Sold for \$650,000

**310 Harding Ave, Monterey Park**  
3 Bed/2 bath house with 1,702 sqft living space on a 5,745 sqft lot.



**JUST SOLD**

Sold for \$475,000

**7449 Young Ave, Rosemead**  
4 Bed/2 bath house with 1,683 sqft living space on a 9,138 sqft lot.



**JUST SOLD**

Sold for \$544,050

**129 Sefton Ave, Monterey Park**  
3 Bed/2 bath house with 1,292 sqft living space on a 5,753 sqft lot.



**SOLD OVER ASKING**

SP:\$1,091,275  
LP:\$980,000

**126 N Huntington Ave, Monterey Park**  
6 Bed/5 bath house with 3,297 sqft living space on a 6,712 sqft lot.



**JUST SOLD**

Sold for \$663,000

**279 Coral View St, Monterey Park**  
4 Bed/3 bath house with 2,505 sqft living space on a 6,594 sqft lot.



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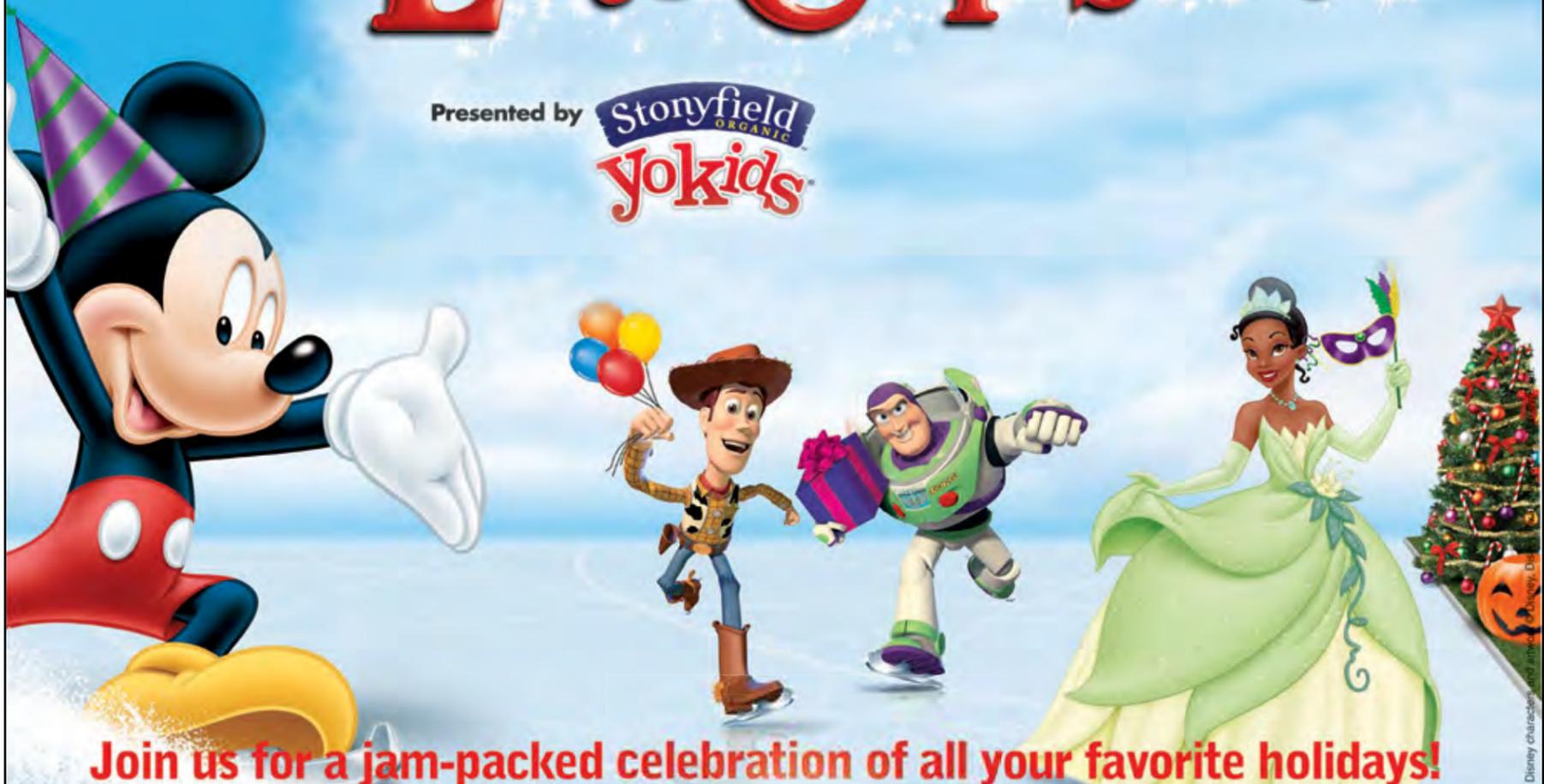
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