



City of Monterey Park News Release

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City of Monterey Park Unveils New Playground and Outdoor Fitness Court at Barnes Park

Monterey Park, Calif. - March 8, 2021 - The City of Monterey Park Recreation and Community Services Department is excited to announce the grand opening of a new playground and fitness court at Barnes Park.

The previous Barnes Park playground was over 20 years old and has been upgraded with two entirely new play structures - one for children 2-5 years of age and another for 5-12 years of age. Each structure includes slides, various play apparatuses with shade canopies, swing sets and rubberized safety surfaces.



Adjacent to the playground is a new outdoor "fitness court." The city has partnered with the National Fitness Campaign (NFC) with the goal of providing the community with outdoor equipment that residents of all fitness abilities could utilize. This outdoor bodyweight circuit training system enables users to perform a full body workout within a seven movement, seven-minute system. Community members can also download a [free fitness court app](#) designed to help users learn different fitness court exercises and compete in fitness challenges.



On Monday, March 8, 2021 at 2:00 p.m., a brief ribbon cutting ceremony (no live audience) was held at Barnes Park. The virtual ceremony recording will be available for viewing on the city's social media accounts, on MPK-TV cable TV and at www.youtube.com/Montparktv.

For everyone's safety, anyone visiting the new playground or fitness court is reminded to adhere to [LA County Public Health Orders](#) for outdoor playgrounds and gyms/fitness establishments. All visitors are required to wear a face covering, maintain social distance, and are encouraged to bring their own hand sanitizer.

To download the free fitness court app or learn more about the National Fitness Campaign please visit www.montereypark.ca.gov/fitnesscourt.

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